I had high expectations for this ergonomic shopping bag handle that I printed out, and I anticipated it to reduce the amount of trips between the car and my dorm room significantly. However, this tool only complicates the process of shopping even further. The handle can only fit one, maybe two bags at a time. This prevents the tool from being useful in terms of carrying multiple bags with one hand comfortably. I felt I had to force myself to use the tool as opposed to simply carrying the bags on my arms and in my hands. The only practical application of this tool would be for toting something very heavy that was being carried by a string, even in that situation the tools usefulness is questionable as its only providing moderate change in comfort to the wearer. It was nearly impossible to use two of the handles at on at once, so only one can really be used at a time unless you have a friend help. In general, I would say this tool is completely useless and impractical, and I do not plan on using this tool in the future.