

# December 11, 2023

*Adam Chasse's Journal*

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**Reflection:**

Today was busy but enjoyable. I started the day by lifting at Payne Whitney gym, then I showered and had lunch at Commons with my friend Neil. After that, I spent some time with my mom, catching up and talking about our plans for the week. Lastly, I spent the afternoon studying probability theory. It was an enjoyable day filled with activity and quality time with family and friends.

**Completed Tasks:**

Lifted at Payne Whitney gym, Showered, Ate lunch at Commons with Neil, Hung out with my mom, Studied probability theory.

**Quote of the Day:**

"It is not enough to be busy. So are the ants. The question is: What are we busy about?" - Henry David Thoreau

**Fun Fact:**

The Scotch Opening is one of the oldest known openings in chess, with its origins dating back to the 16th century.

**Tomorrow:**

I will finish probability theory and econ.