## **High-Dimensional Measures and Geometry**

## Lecture Notes from Mar 3, 2010

taken by Nick Maxwell

**0.0.1 Theorem.** If  $f: \mathbb{R} \to \mathbb{R}$  is differentiable with E[f] = 0, then  $E[f] \le E\left[\exp(\frac{\pi^2}{8}||\nabla f||^2)\right]$ , assuming this RHS is finite.

Proof.

$$F(x,y) := f(x) - f(y)$$

$$E\left[e^f\right] \le E\left[e^F\right] = E\left[\exp\left(-\int_0^{\pi/2} \frac{\partial}{\partial \theta} G(x,y,\theta) \, d\theta\right)\right] = E\left[\exp\left(-\int_0^{\pi/2} \nabla f(x(\theta)) \cdot x'(\theta) \, d\theta\right)\right]$$

with  $G(x,y,\theta)=f(x\cos\theta,y\cos\theta)$ , and  $x'(\theta)=-x\sin\theta+y\cos\theta=y(\theta)$ , which looks like rotation.

$$E\left[e^{F}\right] = E\left[\exp\left(-\frac{2}{\pi}\int_{0}^{\pi/2}\frac{\pi}{2}\frac{\partial}{\partial\theta}G(x,y,\theta)\,d\theta\right)\right] \stackrel{\text{Jensen}}{\underset{\text{Fubini}}{\leq}} \frac{2}{\pi}\int_{0}^{\pi/2}E\left[\exp\left(-\frac{\pi}{2}\nabla f(x(\theta))\cdot x'(\theta)\right)\right]\,d\theta.$$

Fix  $\theta$ , and change variables,