The Falaleeva - McGlincy hummus recipe

March 22nd, 2020

- 1. Blend 1 can (ca. 1.5 cups) drained chickpeas with a small amount of the water from the can.
- 2. Add to the blended chickpeas:
 - 1/4 cup tahini
 - 4 tablespoons extra-virgin olive oil
 - 2 large clove garlic, peeled
 - 1 teaspoon salt, and freshly ground black pepper to taste
 - Juice of 1/4-1/2 lemon, plus more as needed
 - Optionally, 1 tablespoon ground cumin or paprika
- 3. Continue to blend until smooth paste, add ca. 2 tablespoons water if too dense.
- 4. Garnish with ground cumin or paprika.