

# Nihit Navroz Mehta

(510)-786-8882 | nnm32@case.edu | Cleveland, Ohio, 44114

<https://nmehta08.github.io/nmehta08/>

## PROFESSIONAL SUMMARY

Healthcare professional with a focus on the intersection of public health, domestic policy, and health informatics to advance modern medicine.

### EXPERIENCE Resident Physician, Family Medicine Program June, 2020 – October, 2023 Champlain Valley Physician's Hospital, Plattsburgh, NY

- Developed and led community outreach programs, including teaching elementary school children and implementing a patient gardening initiative.
- Independently assessed, formulated, and treated patient care plans.
- Awarded the Resident of the Year, Dr. Anderson Memorial Award.

### Resident Physician, Preventive Medicine Program July, 2024 - Current Case Western Reserve University/ University Hospitals, Cleveland, Ohio

- Participating in the NeoMed Fellowship in Academic Medicine and Research (FAME-R) Program.
- Developing and implementing personalized lifestyle medicine plans for patients.

## SKILLS

[Fluent in Hindi] | [R Programming] | [Lifestyle Medicine] | [Data Analytics] |

## EDUCATION Degree Type, Major Month/Year of Completion

**B.S. in Cell and Molecular Biology** December, 2012  
California State University, East Bay

**D.O. Doctor of Osteopathy** December, 2019  
University of New England, College of Osteopathic Medicine

**M.P.H Masters of Public Health** May, 2023  
University of New England

## COURSES PQHS 431 Statistical Methods I. Fall 2024 PUBLICATIONS

- Mehta, N. , Baskind, M. , Collins, K. and Acostamadiedo, J. (2022) **Mycotic Aneurysm from Abiotrophia Defectiva Causing Subdural Hematoma with Herniation**. *Advances in Infectious Diseases*, 12, 715-720. doi: [10.4236/aid.2022.124050](https://doi.org/10.4236/aid.2022.124050).

## **AWARDS/RECOGNITIONS/VOLUNTEER WORK**

- Dr. Anderson Memorial Award

June, 2023

## **CERTIFICATION**

2023

- Google Data Analytics (Coursera)