

DATA COLLECTED WINTER 2019-20

# CHAFFEE COUNTY SENIOR NEEDS



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# Outline

Background

Methods

Findings

Participant Description

Qualitative Results

Other Results

Recommendations

SWOT and Asset Mapping Resources



# *Community Health Assessment and Public Health Improvement Plan 2016-2021*

## Top Priorities

- Behavioral Health
- Oral Health
- Senior Services and Supports

## *NextFifty Initiative 2019*

Senior Needs Assessment - *we are here TODAY*

Senior Master Plan - *where we are going!*

## Background

# Methods

## DATA COLLECTION

54 interviews

288 surveys

## ANALYSIS

Inductive thematic analysis

Descriptive statistics

Demographic stratifications



# Participant Description

## *Income*

Half below \$75,000

17% below \$30,000

## *Housing*

Most own home

Renting more common for income <\$30,000

## *Health*

Most in good health

80% access health services locally

## *Information Sources*

Print newspaper & Word of mouth

## *Socialization Frequency*

73% socialize every day or multiple times per week

# Top Themes

## *Activities*

Outdoor Sports  
and Recreation  
Exercise  
Reading  
Socializing

## *Exercise*

Outdoor  
Walking  
Indoor  
Mindfulness

## *Reason in County*

Outdoor  
Recreation  
Family/Friends  
Area Beauty &  
Mountains  
Job  
Retirement  
Size

# Concerns for Seniors

## SURVEY AND INTERVIEW\* COMPARISON

### *Top Personal Concerns*

Health  
Healthcare  
Aging in Place  
Finances  
Social  
Opportunities

### *Top Concerns All Seniors*

Healthcare  
Aging in Place  
Finances  
Transportation  
Senior Activities

### *Top Concerns\**

Healthcare  
Aging in Place  
Finances  
Transportation



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**I am concerned about  
"Being able to age in  
place - having some  
help [when] we can no  
longer do some of the  
things we need to..."**

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**AGING IN PLACE**



Chaffee County seniors desire to age *in place*.

**Stay in this community  
Access all the healthcare, graduated care and housing,  
and transportation resources they need.**

**Remain in own home with access to affordable nursing  
and home health supports**

**Affordable, quality senior living facilities within the county**



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**"It's easy for seniors to feel isolated and depressed. We have no mechanism for socializing..."**

## **SOCIAL ISOLATION**

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*Chaffee County seniors desire social connection and support.*

**Seniors say socialization is crucial to their wellbeing**

**Concerned about losing opportunities for human interaction, arts and crafts, and mental stimulation through games and activities.**

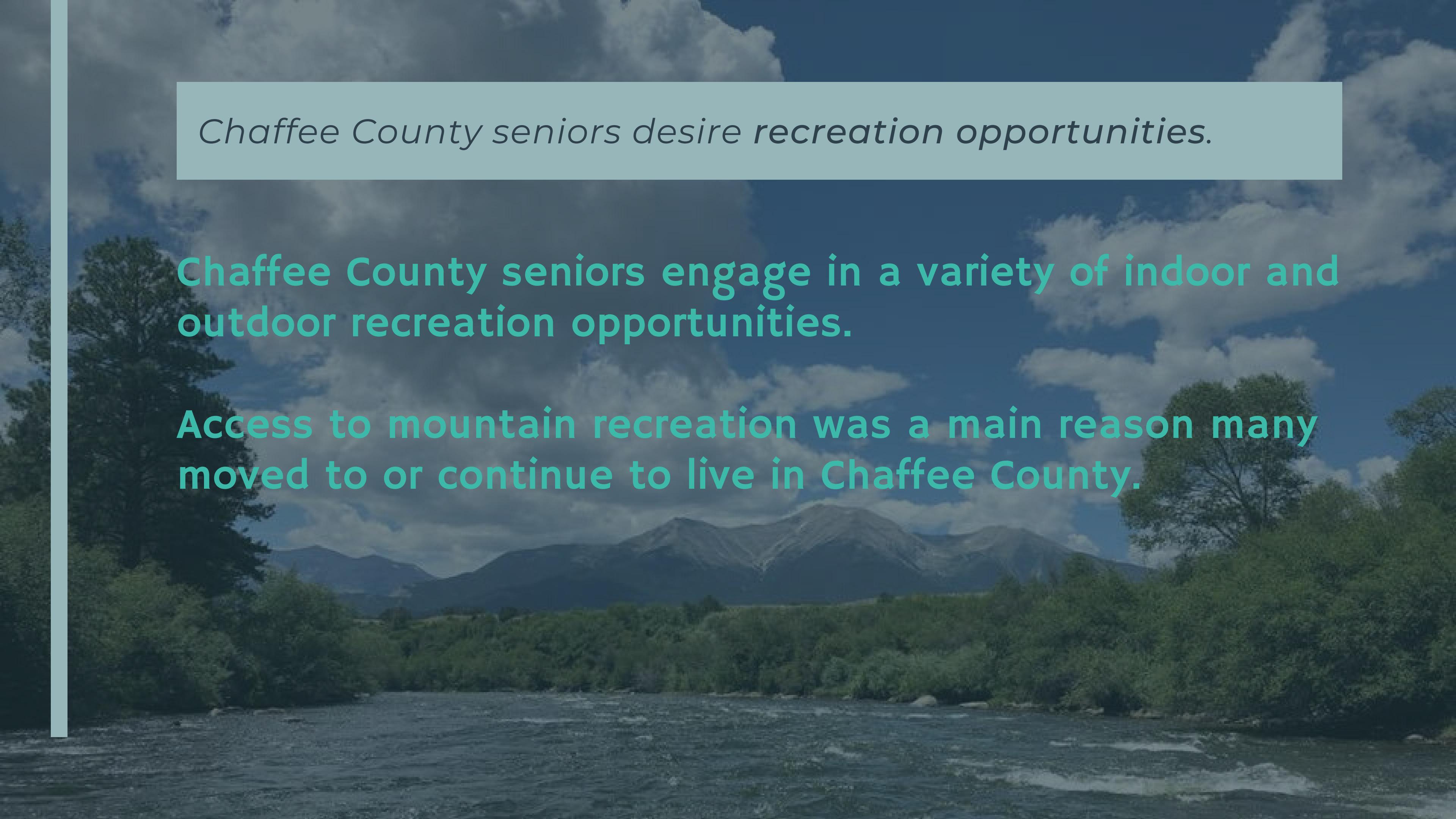


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**I moved to Chaffee  
County per my "desire  
for an active outdoor  
lifestyle".**

**OUTDOOR  
RECREATION**

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The background image shows a wide river flowing from the foreground towards a range of mountains in the distance. The sky is filled with large, white, billowing clouds against a clear blue sky.

*Chaffee County seniors desire recreation opportunities.*

**Chaffee County seniors engage in a variety of indoor and outdoor recreation opportunities.**

**Access to mountain recreation was a main reason many moved to or continue to live in Chaffee County.**

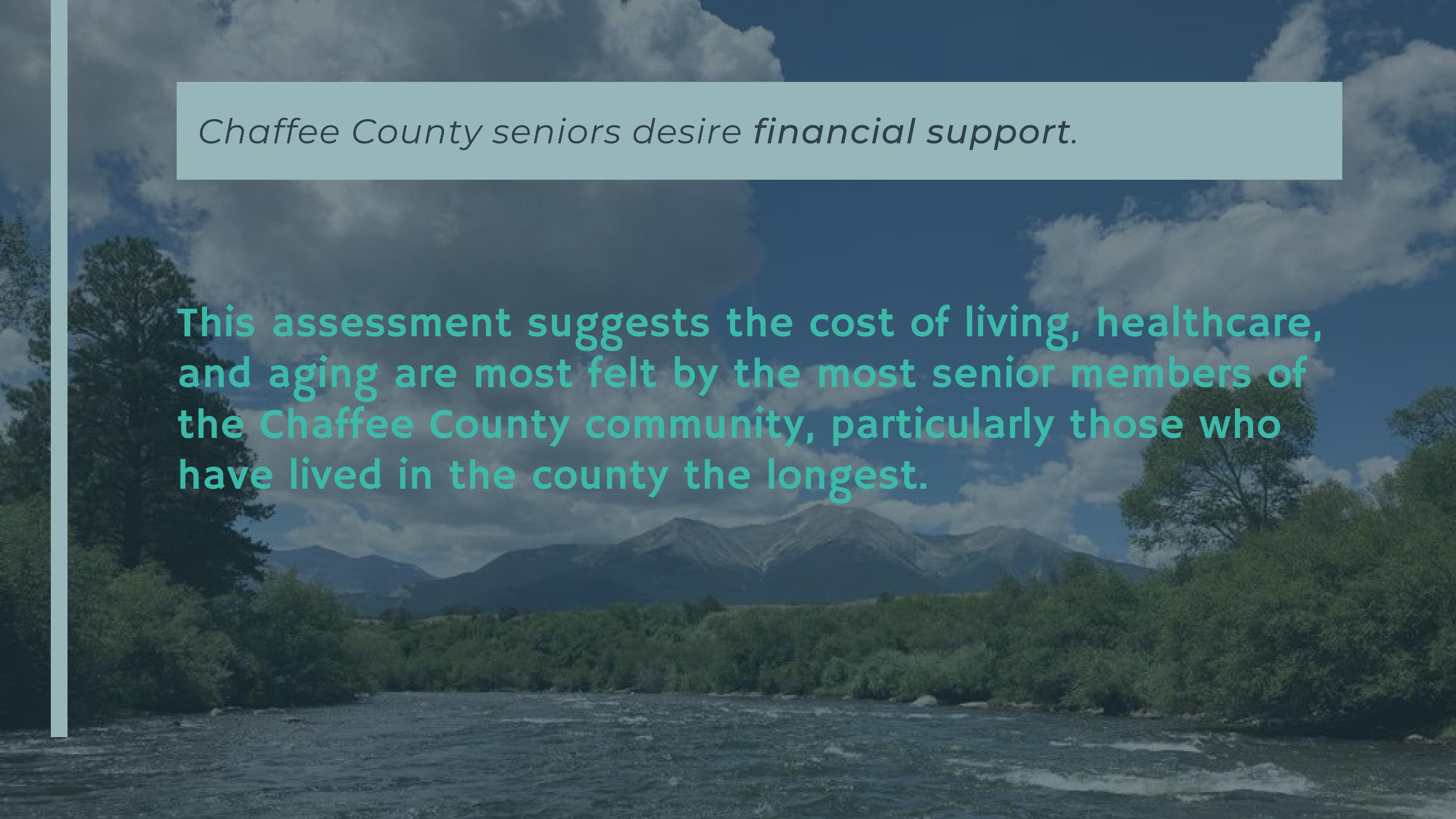


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**I am concerned about  
"keeping finances  
strong for the long  
term".**

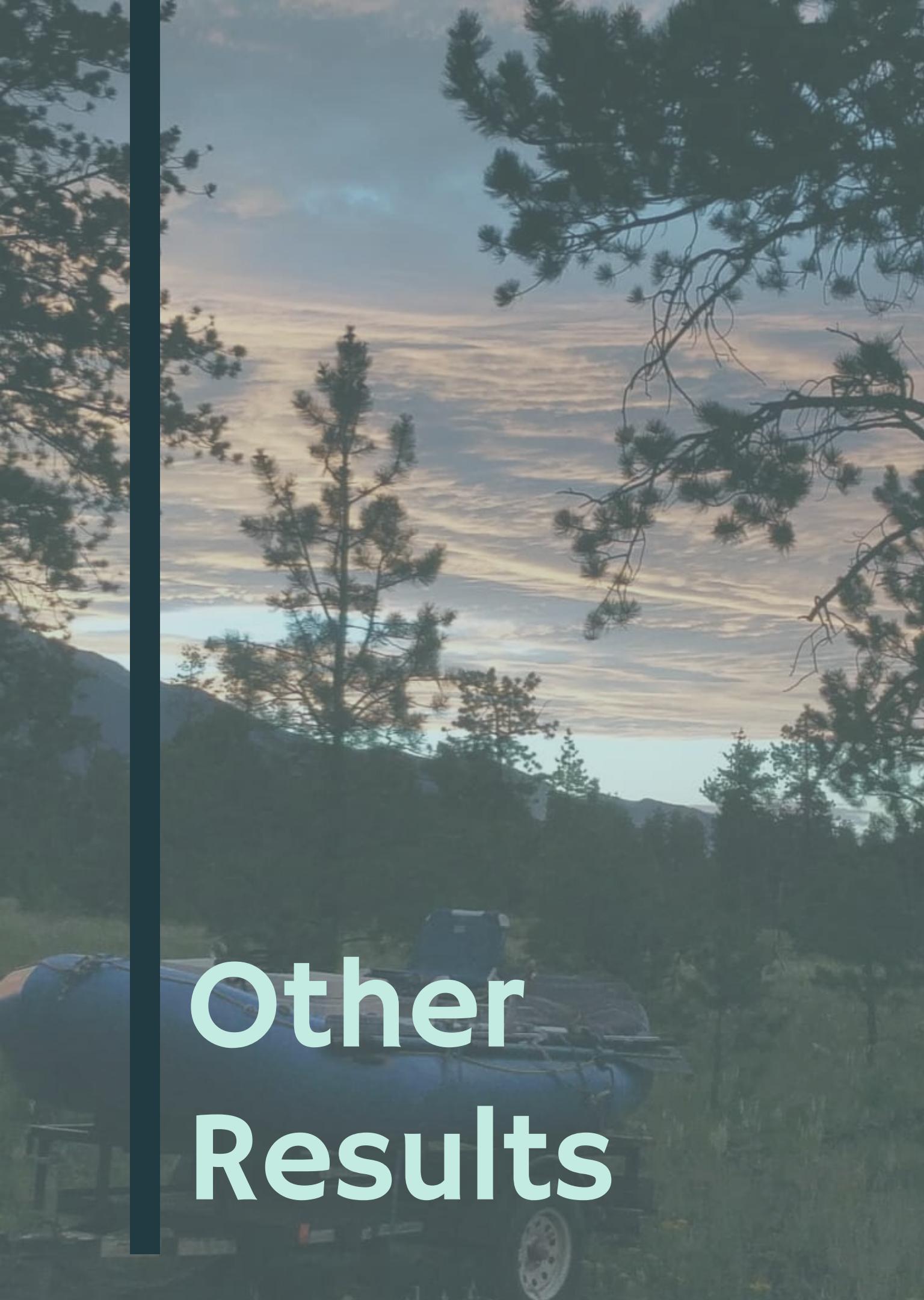
**FINANCES**

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A scenic landscape featuring a river flowing through a valley. In the background, there are majestic mountains under a sky filled with large, white clouds. The foreground shows the dark, flowing water of the river.

*Chaffee County seniors desire financial support.*

**This assessment suggests the cost of living, healthcare, and aging are most felt by the most senior members of the Chaffee County community, particularly those who have lived in the county the longest.**



# Other Results

## *Ideal Living Situation*

- Location preferences
- Size of home
- Accomodations

## *Disabilities*

- Chronic health conditions
- Age-related decline

## *Financial Needs*

- Type of needs
- How meet needs

## *Access Health Services Locally*

- Traveling for care
- Appreciate local doctors

# Recommendations

Understand current capacity for providing services for seniors to age in place  
Work to increase capacity as community ages

Continue and growth of senior-focused activities, socialization, and leisure groups

Ensure safe, affordable, and accessible access to snow sports, hiking, and river sports as residents age

Support vulnerable residents by continuing to provide access to basic needs and advocating for affordability and quality services for all

Conduct asset and gap analysis & SWOT analysis  
Gather additional community perspectives to dive deep and develop plan

# The Data Team



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