

# Forecasting US Mortality

Neal Marquez

## Modeling Mortality

Modeling human mortality has had a long history of attempts and revisions since Gompertz first made his claim of human mortality patterns in the 1880s. The ability to accurately model and describe rates of mortality can have numerous effects on how social institutions and policies can be structured in order to meet the needs of its populations. For example knowing the age pattern of mortality allows a society to build the medical infrastructure to cope with the needs of different aged individuals. Knowing the root causes of mortality allow for the change of policy in order to reduce specific drivers of mortality.

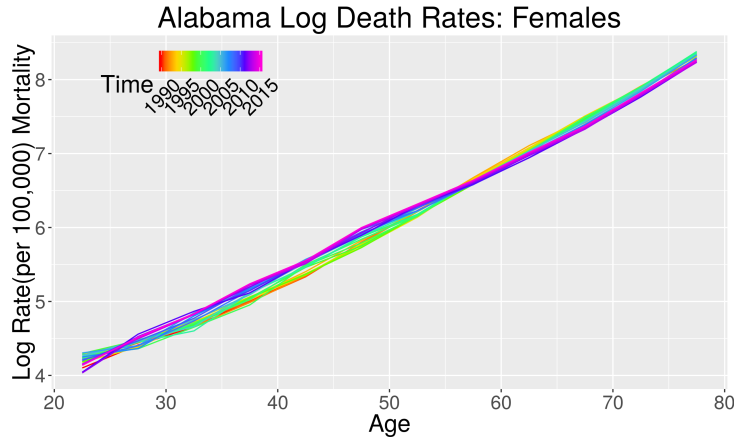
Another aspect of mortality that is often of concern is the future rates and how they differ from the past. Over the past century there has been dramatic declines in mortality across all locations and ages. While that progress has stagnated to some degree we still see dramatic decreases in mortality among developing countries where medical infrastructure is expanding and improving. As this happens we would expect there to be a direct effects on the population, production and needs of a society.

## History of Descriptive Models

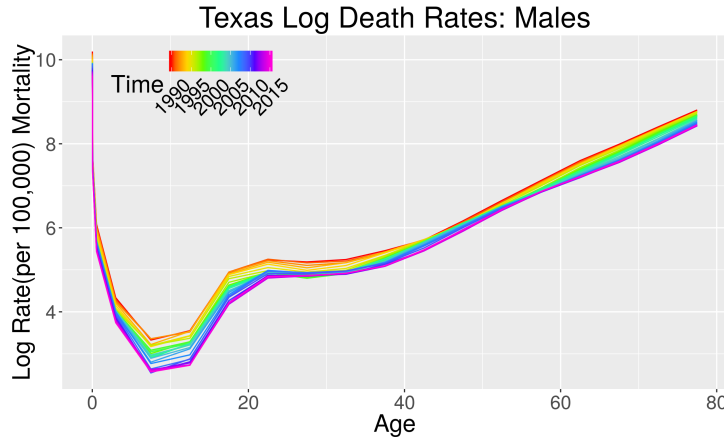
Descriptive models of mortality have an inherent age structure to them that allow for a simple descriptive explanation of how death effects individuals across their life-span. Gompertz first claim about human mortality was that there is a linear increase in log rate mortality as one aged. This model follows the form:

$$\ln(m(x)) = ax + b$$

where  $m_x$  is the mortality rate for an individual of age  $x$ ,  $a$  is the rate of increase in log rate mortality by increasing one unit of age, usually years, and  $b$  is the baseline mortality rate that you would expect to see at birth. Below is an example of this phenomenon where we graph the log rate mortality of women in Alabama between the ages of 22 and 77.



While this model holds well for older ages, henceforth referred to as the senescence group or period, younger individuals experience quite different mortality patterns as they age. From birth the rate of mortality decreases exponentially until the senescence period is started at which time the mortality rates will then again increase. Below is the log rate mortality for males in Texas which shows this pattern that is visible not just within the United States but nearly all countries since written records of mortality have allowed for demographic analysis.



In order to capture this in 1983 Siler proposed a model to capture this switch in mortality patterns by decomposing rate of mortality into three terms, an infant mortality term, a constant risk term and a senescence term. Siler had originally formulated the model in terms of a survivorship  $l(x)$ , that is the equation estimated the percentage of the population that would live to some age  $x$

$$l(x) = \exp\left(-\frac{a_1}{b_1}(1 - \exp(-b_1x))\right) \exp(-a_2x) \exp\left(\frac{a_3}{b_3}(1 - \exp(b_3x))\right)$$

If we assume that  $x$  represent discrete age groups then with  $l(x)$  we may calculate  $S(x)$  which is the survival rate or the rate that individuals survive to age group  $x + 1$  given that they have lived to age group  $x$  as well as  $m(x)$  which is the mortality rate.

$$S(x) = \frac{l(x+1)}{l(x)}$$

if  $S(x)$  is per person than

$$S(x) = 1 - m(x)$$

and it can be found that  $m(x)$  is

$$m(x) = a_1 \exp(-b_1 x) + a_2 + a_3 \exp(b_3 x)$$

In this form the Siler model can be seen to have three independent components which dictate the rate of mortality for three distinct stages in life. The first component dictates the rate of mortality that exponentially decreases from birth and is tuned by the parameters  $(a_1, b_1)$ , the second is the constant mortality threat that is faced by individuals and most experienced in adulthood, parameter  $a_2$ , and last is the exponentially increasing rate of mortality that is experienced late in life, parameters  $(a_3, b_3)$ .

The benefit of the Siler model of mortality is that it captures the change most of the phenomenon that we observe across age well while still being a fairly straightforward and interpretable model. Others have proposed more complex models in order to catch other nuances observed in mortality such as the higher than expected mortality rates for young adults however, as more terms have been added the generalizability of the model tends to suffer and the amount of data needed to fit the model greatly increases. Even so, models that solely focus on the age structure of mortality are ill suited at making projections, either into the future or geographically, and do not take into account how these relationships can effect the estimates of the parameters in the model.

## Forecasting and Lee Carter

These models all offer a descriptive frame work for mortality over age however they do not offer a good solution for mortality over time or across regions. In 2000 Lee & Carter developed a model that is still this day widely used for forecasting mortality at the all cause and cause specific level. Abandoning the traditional framework of looking at age patterns the model argues that better forecasts can be made by assuming that ages are largely independent in their level and only similar in their rate of change. In this model we estimate  $m_{x,t}$  which is the rate of mortality for age  $x$  at time  $t$ .  $m_{x,t}$  is estimated using the following equation

$$\log(m_{x,t}) = a_x + b_x k_t + e_{x,t}$$

The model has terms that are both age group specific ( $a_x$  and  $b_x$ ), a set of terms that are specific to time ( $k_t$ ) and an error term that follows a normal iid distribution

$$e_{x,t} \sim \mathcal{N}(0, \sigma_e)$$

Lee and Carter outline a least squares estimate to these specifications in their original paper.  $a_x$  is calculated as the mean of age specific log mortality rates over time or

$$a_x = \sum_{t=1}^T \log(m_{x,t}) / T$$

where  $T$  is the ordinal time points in the analysis indexed from 1, such as years.  $b_x$  and  $k_t$  are calculated simultaneously by taking the singular value decomposition of the matrix  $\log(m_{x,t} - a_x)$  such that the equation follows  $\log(m_{x,t} - a_x) = USV^\top$  from which  $b_x$  and  $k_t$  can be obtained from  $U[,1]$  and  $V[,1]$  respectively. These values then can generate estimates for any in sample time point. In order to forecast Lee Carter states that the  $k_t$  parameters can be forecasted forward using a forecasting method from the ARIMA family. In the paper they use a Random walk model that follows the specification

$$k_t = k_{t-1} + d + \epsilon_t$$

$$\epsilon_t \sim \mathcal{N}(0, \sigma_\epsilon)$$

This model produces sensible results in terms of short term forecasts and has performed well in datasets in the US from 1970 to 2005. Additionally, the Social Security Administration and the US Census Bureau have reported using variants of the Lee Carter model for their projections and social security planning.

While this model has preformed well when tested on US mortality data it has performed lackluster in other environments. Because of the lack of age structure, the model produces nonsensical results where adjacent age groups have differing and sometimes opposite rates of change log rate mortality. This is seldom a problem for sort term forecasting, such as 5 years, but with more long term forecasting creates patterns of mortality that does not resemble the standard age curve that Siler captured in his descriptive model. In 2006 Girosi and King wrote a response to the Lee- Carter model showing where the model works well and the many times that it does not and criticizing the approach for not pooling information across age and geography.

## Modified GeoTemporal Siler

In order to fit all the dimensions of concern while still maintaining a coherent age structure this project attempts to use a modification of the Siler model which accounts for deviations away from the expected value due to relatedness across multiple dimensions while also including temporal change. The model can be broken down into three familiar components. The first component is a modification of the Siler model specified above and follows the form

$$S_a = (N0exp(\lambda a) + c) \times (1 - pr_a) + pr_a \times (ma + b)$$

where

$$pr_a = 1/(1 + exp((\kappa - a)))$$

The first term in the first equation corresponds to infant mortality term in the Siler model and the second term is the senescence component. The term  $N0$  and  $c$  dictate the drop in infant mortality from birth as the constant and intercept in log space. The terms  $m$  and  $b$  account for the linear growth in log space of mortality in older ages. The  $pr_a$  term accounts for the transition from experiencing mortality at child levels to adult levels as the proportion of mortality threats that you experience. This component uses a logit transfer to model the parameters such that they scale from 0 to 1 as age increases such that as you get older you experience less and less of the infant mortality effects. The model also has a temporal trend added to it which accounts for some technological innovation over time.

$$temporal = \beta \times time$$

This component has the ability incorporate within it the effects of covariates the mark medical and technological innovations that effect mortality however we will simply use time in this exercise as a proxy for their effect on mortality. That is to say that we expect that as time passes mortality will decrease as innovations happen. The first two components will constitute what we will consider the deterministic skeleton. This is how we perceive that mortality is structured and how we believe it progresses over time independent of any observations. Observations that we do see will be centered off of this deterministic skeleton with some error.

The last component is the structured random error component which captures relatedness across three dimensions of error, age, space and time. In this way we acknowledge that the deterministic skeleton captures the baseline estimate and that our errors are not independent but rather are correlated across the dimensions that we have stated above. In order to capture the relatedness of these errors we use the following specification

$$\phi_{l,a,t} \sim \mathcal{N}(0, Q^{-1})$$

$\phi$  can either be thought of as a vector of random variables which follow the distribution as shown above or a 3-dimensional array for the dimensions location, age, and time which we show above for convenience of notation.

$Q$  acts as the precision matrix, which is the inverse of the variance-covariance matrix. This matrix is a square matrix of length equal to the product of the numbers of locations, ages, and times and is composed of three structured precision matrices for the dimensions of location, age, and time. These precision matrices can be combined for joint precision by using the Kronecker product as shown below.

$$Q = Q_{loc} \otimes Q_{age} \otimes Q_{time}$$

The age and the time precision components follow an AR1 process where the precision matrix is as follows

$$Q_{i,j}^{AR} = \begin{cases} \frac{1}{\sigma^2}, & \text{if } i = j = 0 | i = j = \max(i) \\ \frac{1+\rho^2}{\sigma^2}, & \text{else if } i = j \\ \frac{-\rho}{\sigma^2}, & \text{else if } i \sim j \\ 0, & \text{otherwise} \end{cases}$$

For modeling purposes we will be using discrete units for both age and time where the ages reflect Global Burden of Disease age Groups and years are single year groups. This allows for a trivial application for the AR1 precision matrix to be applied to each dimension.

The precision matrix for the geospatial portion follows a conditional autoregressive form where elements are autoregressive if they are considered neighbors. Because we are using an areal approach, using two dimensional units in space rather than a single point in space, we determine neighbors as those geographical units that share a border with one another. The matrix is defined as follows

$$Q_{i,j}^{CAR} = \begin{cases} \frac{1}{\sigma^2}, & \text{if } i = j \\ \frac{-\rho}{\sigma}, & \text{else if } i \sim j \\ 0, & \text{otherwise} \end{cases}$$

Restrictions to this precision matrix require that  $\sigma$  be greater than zero and the matrix be diagonal dominant. That is that any diagonal element for any row must be greater than the sum of the absolute values of the off diagonal for that row. This may be achieved, by making the maximum value of  $\rho$  be slightly less than 1 over the maximum numbers of neighbors any one location has. This may be achieved by a logit transform with a scale.

The full model is then seen as

$$\log(\mu_{lat}) = S_a + temporal_t + \phi_{lat}$$

with a probability distribution

$$\log(m_{lat}) \sim \mathcal{N}(\mu_{lat}, \sigma_{obs})$$

where  $m_{lat}$  is the observed data and  $\mu_{lat}$  is the predicted.

In structuring the model in this way the deterministic skeleton insures that estimates will follow a coherent age structure that fits with our past observations on how mortality operates.

## Fitting the model

### Data

In order to test the model we will evaluate the model as fitted on US state mortality data between the years of 1990 to 2015. US data has the luxury of being from a near complete and comprehensive vital registration system that tracks most deaths at the state level for any given year well while documenting age. This data also has the benefit of being tested on many times such that comprehensive benchmarks exist for forecasting. Data was collected from the Institute of Health Metrics and Evaluations reporting values for the states within the United States for every year between 1990-2015 and for the age groups reported in the Global Burden of Disease(GBD) project. Data on the number of deaths that occur in a state along with the population for each year and age group were obtained so that a rate of death could be obtained for each.

The model uses discrete age groups in line with what the GBD has produced for their studies and attempts to model mortality for ages between 0 and 80 in 5 year age groups save for younger ages which use age groups 0-7 days, 8-28 days, 28-365 days, and 1 year to 5 years as the first age groups.

### Evaluation

To evaluate the model performance the model will be fit on the years spanning between 1990 and 2005 and then error metrics, RMSE for varying time points, will be calculated using holdout data from 2006 to 2015. After this full forecasts will be made out to 2030 using the entire data set. Separate models will be run for males and females. In order to compare the model to a benchmark we will compare our results against the Lee-Carter model described above. Comparisons will be made by taking the out of sample root mean squared error for the holdout model in two time points, 2009 to 2011, and 2013 to 2015. These time points were

chosen to test how changes deeper in forecasting periods can reflect differences in model preference. Results will be reported separately for males and females.

## Statistical Approach

Both models were fit using R version 3.3.2 on a unix operating system. The modified Siler model used the package Template Model Builder (TMB) which uses a C++ template file to construct a model specified by the user. TMB allows users to specify which parameters to be considered as fixed effects vs random effects which dictate which part of the optimization process, either inner or outer, the parameter is a part of. All parameters in the deterministic skeleton were considered fixed effects for this analysis while all the others were considered random effects. The likelihood of the model is determined by the probability distribution specified above. The model is fit using a maximum likelihood estimate to minimize the negative log likelihood of the data given the random effects structure of our  $\phi$  parameter.

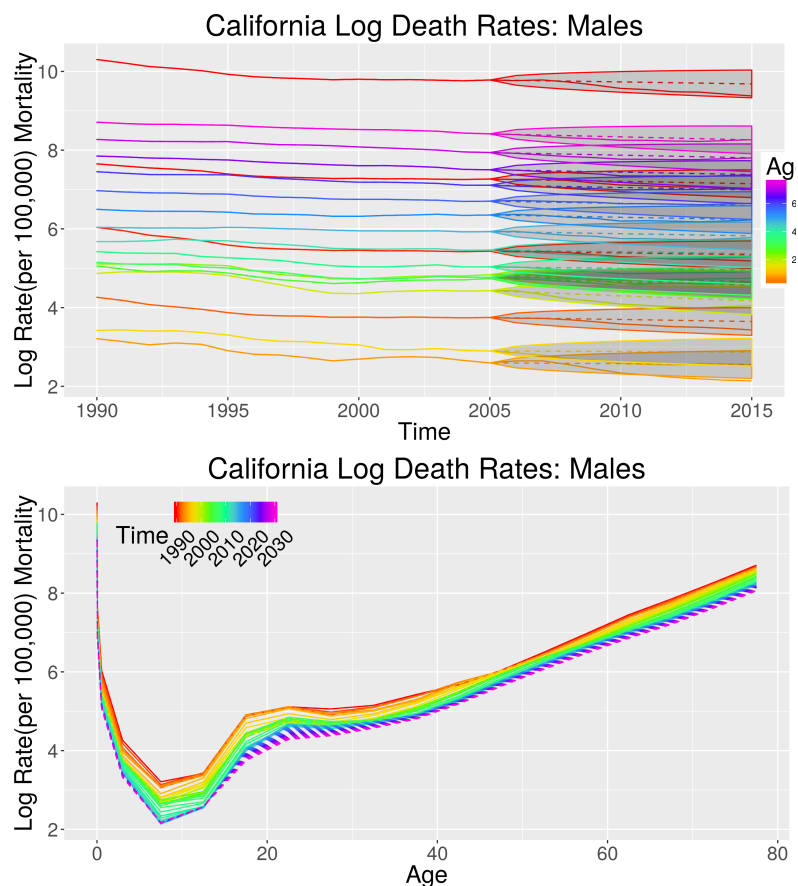
The full set of code used to run the analysis can be found here

[https://github.com/nmmarquez/2016\\_Spatio-temporal\\_models/tree/master/mort\\_project](https://github.com/nmmarquez/2016_Spatio-temporal_models/tree/master/mort_project)

## Results

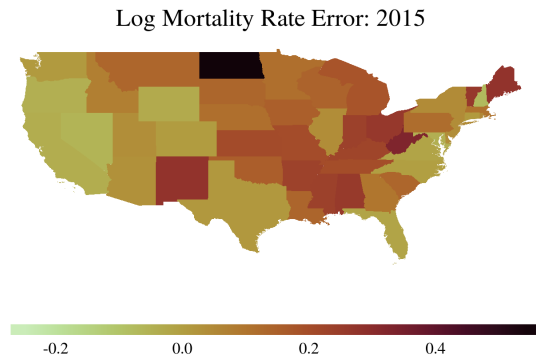
Below is the fit of data between the years 1990 and 2005 predicting from then on forward for the state of California. The second plot switches the age and time dimensions to show that as the model forecasts it maintains the Gompertz age structure. The second plot is fitted using the full data set and forecasted out to 2030.



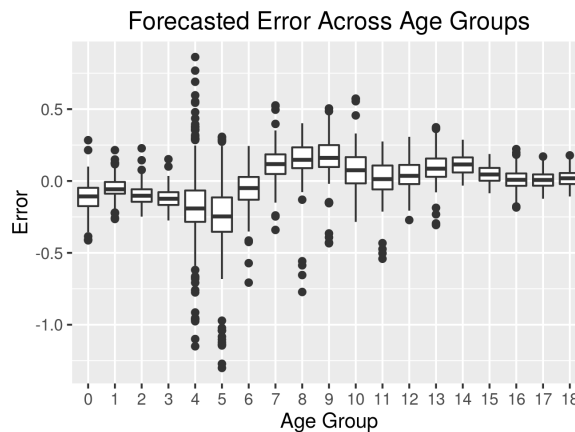


An important take away from these results is the difference in the rate of declining mortality for all age groups. Because the temporal component of the model varies by age group much of the explanation of temporal change is attributed to the correlation in the error with only a minimal portion attributed to the temporal component of the model. Because of this we see big drops in mortality in the future at the age groups around 20 year olds and smaller drops in mortality in other age groups.

Below is the error map shown with model for out of sample results between 2013 and 2015,



as well as a diagnostic plot for error by age for out of sample estimates.



The age distribution of the plot shows that there is systematic bias in the age groups in terms of the directionality and the variation of the error of the residuals. Younger age groups tend to have an underestimated prediction shown by the negative error in the age plot while the age groups in the middle ages tend to have a systematic over estimation in the mortality rate. In addition, looking at age group 4, which is the age group of individuals from 5 years to 10 years old, there is a large amount of variation in the residuals when compared to the adjacent age groups suggesting that our model may not be well capturing the transition from declining mortality rates at young ages to increasing rates at older ages.

The geographic error plot also shows that there is still some systematic bias to overestimate mortality in the Midwest states compared to states on the west coast.

## Comparison to Lee Carter Model

### Model RMSE Results for Males

YEARS EVALUATED	SILER	LEE CARTER
2009-2011	.1329	.1470
2013-2015	.1822	.1844

### Model RMSE Results for Females

YEARS EVALUATED	SILER	LEE CARTER
2009-2011	.1629	.1627
2013-2015	.1910	.1875

Despite the faults of the model stated above, when compared to the Lee-Carter model there is an even split on how well the model performs on tests of out of sample predictive validity. The modified Siler model performs better in measures of RMSE for both sets of years evaluated for males while the reverse is true for females. This result indicates that the Siler model is more robust to the shifts in mortality for males than for females. Both models performed worse for females than males indicating that there is more variation in females that is harder to capture with either model. (cite study here) has indicated that within the United States there has been a slow down in the decrease of mortality over time for middle age females in recent years that both models have struggled to capture however this has not been tested in this analysis.

## Discussion

In this analysis we presented an alternative model for forecasting mortality which uses a structured age format in is deterministic skeleton based of of the Sile model of mortality along with a temporal for development and structured random effects to be able to pool data across regions and forecast mortality results for separate locations and ages. This model differed from other models in that it incorporates the age structure that is inherent in descriptive models of mortality and leverages relationships in other dimensions of concern, namely time and space, in order to make forecasts. In doing so the model is able to take into account rates of changes observed in the past for a particular age group, such as in the Lee-Carter model, while simultaneously keeping a coherent age structure, a criticism that was posited by Girosi-King in their critique of the model.

In addition to addressing the theoretical concerns that are often addressed when

modeling mortality this model was shown to produce comparable results in terms of RMSE when compared to the Lee-Carter model, a model that is used heavily in demographic forecasting for mortality.

## References

- [1] Booth, Tickle (2008). Mortality Modeling and Forecasting. A Review of Methods.
- [2] Girosi, F., King, G. (2006). Demographic Forecasting. Cambridge University Press, Cambridge.
- Siler, W. (1983). Parameters of mortality in human populations with widely varying life spans. *Statistics in Medicine*, 2, 373-380. Lee, R.D., Carter, L.R. (1992). Modelling and forecasting U.S. mortality. *Journal of the American Statistical Association*, 87(419), 659-671.
- Heligman, L., Pollard, J.H. (1980). The age pattern of mortality. *Journal of the Institute of Actuaries*, 107(1, No 434), 49-80