

Dr. (Prof) Raju Vaishya

Sr Consultant Orthopaedics & Joint Replacement Surgery
Indraprastha Apollo Hospitals, New Delhi

Fellowship/ Membership / Work Experience

Membership

- Royal College of Surgeons of England (RCSE)
- SICOT (No 17484)
- Indian Orthopedic Association (IOA)
- Indian Medical Association (IMA)
- Indian Arthroscopy Society of India (IAS)
- Indian Cartilage Society (ICS)
- Global Association of Physicians of Indian Origin (GAPIO)
- Int. Society of Arthroscopy, Knee Surg & Ortho Sports Medicine (ISAKOS)
- Indian Arthroplasty Association (IAA)
- Pediatric Orthopaedic Society of India (POSI)
- Indian Federation of Sports Medicine (IFSM)
- Association of British Scholars (ABS)
- Delhi Medical Association (DMA)
- Delhi Orthopaedic Association (DOA)
- South Delhi Orthopaedic Society (SDOS)
- Delhi Medical Council (DMC)
- Nepal Medical Council (NMC)
- Bangladesh Orthopaedic Society (BOS)
- IOA (MP Chapter)
- India Habitat Centre, N Delhi (IHC)
- India Islamic Cultural Centre, New Delhi (IICC)

Registrations

- Medical Council of India (6541)
- Delhi Medical Council (3421)
- General Medical Council of UK (Full Registration, 3430460)
- Royal College of Surgeons of England (9043745)
- Indian Orthopaedic Association (LM1524)
- Nepal Medical Council (3214)

Work Experiences

Dr. Raju Vyshya had a distinguished academic career as an undergraduate and post graduate student and had received various gold medals and distinctions during his career as a medical student. He completed the most prestigious and highest Orthopaedic degree of MCh Orth from Liverpool University (UK) at the age of 30.

He is now specialized in **Total Joint Replacement & Arthroscopic Surgery of Joints** and also actively involved in the management of chronic arthritics by primary & revision joint replacements of knees, hips, elbow, finer joints & shoulder etc. He deals with all types of hip replacements (cemented, uncemented, hybrid, bipolar, surface & revision) & knee replacements (unicondylar, fixed bearing mobile bearing total condylar, revision knees). Recently, he has started a project using **Patient Specific Instrumentation (PSI)** in TKA & has completed a randomized double blind controlled study on **multimodal analgesia** for pain relief in TKA. He has also earned the credit of doing the first arthroscopic assisted interpositional arthroplasty using Orthoglide implant & also doing the preplan PSI total knee arthroplasty, in Northern India in May 2013.

Arthroscopic surgery of knee, shoulder, elbow, & ankle joints are also his area of special interests. Incidentally, he is one of the pioneers to introduce the arthroscopic shoulder surgery, in India. In Knee arthroscopy, he has done variety of surgeries like meniscal excision, ligament reconstructions, patellar realignment, arthrolysis etc. He has the **largest published series** on Fracture neck radius in children, Irritable hips, Megaprosthesis for resistant non union of distal femur, Galeazzi variants in adults, and Acacia thorn injuries.

He was also invited to chair/moderate sessions, conduct workshops, & has given guest lectures in various national conferences of repute on various aspects of total joint replacement & arthroscopic surgery.

His recent interest is in the area of **Cartilage regeneration & restoration techniques** like Autologus Chondrocyte Implantation etc. He has established a centre for ACI at Apollo hospital.

Dr. Raju was invited as a faculty member for the UK Cartilage club meeting in London in Nov 2012 (the only person from Indian subcontinent). He was the first doctor to initiate the **personalized knee surgery plan** for doing the total knee arthroplasty in India using patient specific instruments.

He also manages a very successful fellowship training program for Orthopaedic Surgeons with the help of M/S Stryker India. So far more than 70 Orthopaedic Surgeons from within India, Bangladesh, Nepal, Africa & Iraq have been trained under his guidance at Indraprastha Apollo Hospitals under Joint Replacement Fellowship program & has trained more than 200 Indian Orthopaedic Surgeons.

Awards and Achievements

Awards

- Awarded **honorary life membership** of Bangladesh Orthopaedic Society. 2012
- Created a **world record** doing a bilateral Total Knee Replacement in a 93 years old (published in **Limca book of Records**, Jan 2012) and in the oldest couple in a single sitting (published in **Limca Book of Records**, 2013)
- Received **Distinguished service award** from Geriatric society of India, 2010.
- Appointed on the **advisory board** of Indian Journal of Geriatric Care (IJGC)
- Honored by IMA, Gwalior through a **Citation Award** for outstanding services to the society on Doctor's day, 1st July 2010.
- **'Doctor of the Year'**. Awarded by Delhi Medical Association, 2009.
- **'Best Doctor of the Year'** Awarded by Gwalior Vikas Samiti in their 31st Top Ten Persons of the Year Award, at Gwalior on 26th Jan 2008.
- **Outstanding Young Person** of Gwalior- Awarded by Junior Chamber, 1996.
- **Professor's gold medal** for the best research at Oswestry, University of Birmingham, UK (1989).

Achievements

- Awarded the honorary fellowship (**FRCS Eng**) by the Royal College of Surgeons of England (London), July 2012.
- Selected for the IOA-UK **fellowship** for 2011
- **President** of 'Arthritis Care Foundation' of India.
- **Secretary** of 'Forum for Rationale Scientific Temperament (FIRST)'.
- Has been **regular voluntary blood donor** for last 15 years & have donated blood more than 50 times, so far
- Awarded the **"Best paper publication award 2012, 2011 & 2009"** of Delhi Orthopaedic Association

- Appointed as **Adjunct Professor** of Apollo Hospitals for Educational and Research Foundation (AHERF)(2012-13, 2013-14)
- Appointed as **Visiting Professor of Orthopaedics** in Basra Medical School, Iraq, Chitwan School of Medical Sciences, Bharatpur, Nepal.
- Worked as **clinical teacher** and thesis guide for post graduate students of Diplomate of National Board of India (Orthopaedics) for the last 4 years.
- Appointed as the **academic & clinical coordinator** of the department of Orthopaedics at Indraprastha Apollo Hospitals, New Delhi.
- **Reviewer** of many reputed international journals like Lancet, British Medical Journal, Journal of Bone & Joint Surgery (Br), Indian Journal of Orthopaedics, Journal of Orthopaedic Surgery and Research, JIMA, Apollo Medicine, OMICS Group - Medical Journals
- Presented several **academic lectures** at various National & International conferences, in CME programs.
- Member of the **Editorial Board** of Indian Journal of Orthopaedics, Acta Orthopaedica Belgica & BMC Musculoskeletal Disorders.
- Appointed as the **national secretary of Indian Cartilage Society** for 2013-15.

Publications

- Numerous **publications** (more than 100) in international journals on various orthopedic subjects, including the original research in the field of knee & hip surgery.