Eric Schirl was born in 1997 in Linz, Austria and joined the team behind the feature film "Birgitta's Friends" (Christian Kogler, 2021) after working on several short films. For this documentary, he was responsible for editing with Christian Kogler. "Throw Your Heart Into The Sea" is Eric Schirls directorial debut, which he produced in collaboration with Christian Kogler. Alongside his work as a filmmaker, Eric Schirl studies and works at the Institute for German Studies at the University of Vienna, and runs a film podcast called "Filmseiterl".