

Gastroenterology Associates, PA

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COLONOSCOPY PREP INSTRUCTIONS VISICOL PREP

Begin the day before scheduled procedure: _____

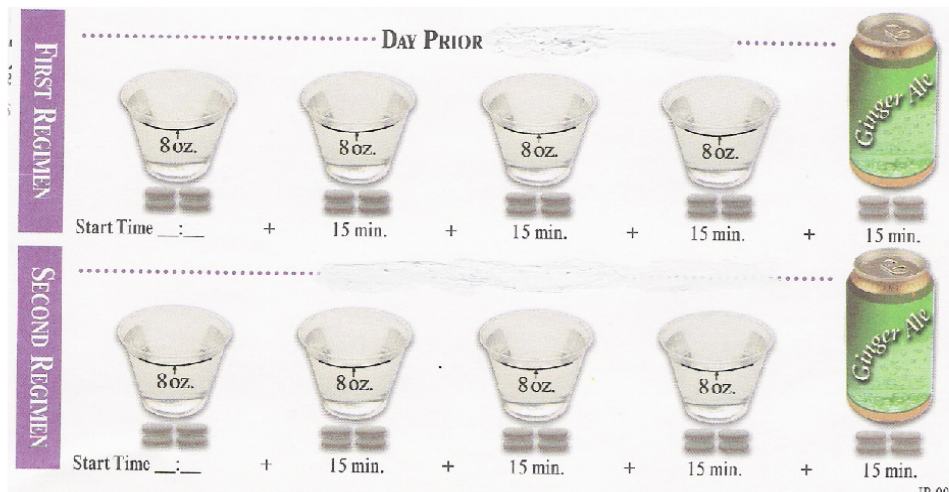
Test date: _____ Arrival time: _____

The day before the colonoscopy do not consume solid food.

Clear liquids may be taken all day, i.e., clear broth, jello (no red jello), ice tea, apple juice, sprite, water, ice popsicles, sorbets, sports drinks such as gatorade, etc, coffee/tea without milk/creamers.

Lunch and dinner should consist of these same clear fluids. After dinner you may continue clear fluids until midnight. Take in plenty of fluid unless directed otherwise. Good hydration is important!

Visicol Prep: Prescription required. Timing of doses: 4 Visicol tablets every 15 minutes with 8 ounces of water or gingerale times four doses ***beginning 4-5 PM*** and ***repeat this at 9-10 PM***.



You should have nothing to eat or drink after midnight. Nothing in the morning before the procedure. However, you should take necessary medications as directed by the physician with just sips of water. Patients on coumadin should discontinue it three (3) to five (5) days prior to the colonoscopy, with the consent of their cardiologist/internist. If you take other blood thinners such as aspirin or Plavix, speak to the physician for instructions.

Remember: due to the anesthesia - you will be unable to drive after this procedure. Please have someone accompany you – to drive you home! Please remember to bring your insurance cards and another I.D.

Please do not hesitate to call our office if you have any questions: **908- 754-2992**. Thank you!