

Countries and their Captial Cities	
Afghanistan	Kabul
Albania	Tirana
Algeria	Algiers
American Samoa	Pago Pago
Andorra	Andorra la Vella
Angola	Luanda
Anguilla	The Valley
Antigua and Barbuda	St. John's
Argentina	Buenos Aires
Armenia	Yerevan
Aruba	Oranjestad
Australia	Canberra
Austria	Vienna
Azerbaijan	Baku
Bahamas	Nassau
Bahrain	Manama
Bangladesh	Dhaka
Barbados	Bridgetown
Belarus	Minsk
Belgium	Brussels
Belize	Belmopan
Benin	Porto-Novo
Bermuda	Hamilton
Bhutan	Thimphu
Bolivia	Sucre
Bosnia and Herzegovina	Sarajevo
Botswana	Gaborone
Brazil	Brasília
British Virgin Islands	Road Town
Brunei	Bandar Seri Begawan
Bulgaria	Sofia
Burkina Faso	Ouagadougou
Burundi	Bujumbura
Cambodia	Phnom Penh
Cameroon	Yaoundé
Canada	Ottawa
Cape Verde	Praia
Cayman Islands	George Town
Central African Republic	Bangui
Chad	N'Djamena
Chile	Santiago
Christmas Island	Flying Fish Cove
Cocos (Keeling) Islands	West Island
Colombia	Bogotá
Comoros	Moroni
Cook Islands	Avarua
Costa Rica	San José
Côte d'Ivoire	Yamoussoukro
Croatia	Zagreb

Capital Cities and their Countries	
Abu Dhabi	United Arab Emirates
Abuja	Nigeria
Accra	Ghana
Adamstown	Pitcairn Islands
Addis Ababa	Ethiopia
Algiers	Algeria
Alofi	Niue
Amman	Jordan
Amsterdam	Netherlands
Andorra la Vella	Andorra
Ankara	Turkey
Antananarivo	Madagascar
Apia	Samoa
Ashgabat	Turkmenistan
Asmara	Eritrea
Astana	Kazakhstan
Asunción	Paraguay
Athens	Greece
Avarua	Cook Islands
Baghdad	Iraq
Baku	Azerbaijan
Bamako	Mali
Bandar Seri Begawan	Brunei
Bangkok	Thailand
Bangui	Central African Republic
Banjul	Gambia
Basseterre	Saint Kitts and Nevis
Beijing	People's Republic of China
Beirut	Lebanon
Belfast	Northern Island
Belgrade	Serbia
Belmopan	Belize
Berlin	Germany
Bern	Switzerland
Bishkek	Kyrgyzstan
Bissau	Guinea-Bissau
Bogotá	Colombia
Brasília	Brazil
Bratislava	Slovakia
Brazzaville	Republic of the Congo
Bridgetown	Barbados
Brussels	Belguim
Bucharest	Romania
Budapest	Hungary
Buenos Aires	Argentina
Bujumbura	Burundi
Cairo	Egypt
Canberra	Australia
Caracas	Venezuela

USA States and Capitals	
Alabama	Montgomery
Alaska	Juneau
Arizona	Phoenix
Arkansas	Little Rock
California	Sacramento
Colorado	Denver
Connecticut	Hartford
Delaware	Dover
Florida	Tallahassee
Georgia	Atlanta
Hawaii	Honolulu
Idaho	Boise
Illinois	Springfield
Indiana	Indianapolis
Iowa	Des Moines
Kansas	Topeka
Kentucky	Frankfort
Louisiana	Baton Rouge
Maine	Augusta
Maryland	Annapolis
Massachusetts	Boston
Michigan	Lansing
Minnesota	St. Paul
Mississippi	Jackson
Missouri	Jefferson City
Montana	Helena
Nebraska	Lincoln
Nevada	Carson City
New Hampshire	Concord
New Jersey	Trenton
New Mexico	Santa Fe
New York	Albany
North Carolina	Raleigh
North Dakota	Bismarck
Ohio	Columbus
Oklahoma	Oklahoma City
Oregon	Salem
Pennsylvania	Harrisburg
Rhode Island	Providence
South Carolina	Columbia
South Dakota	Pierre
Tennessee	Nashville
Texas	Austin
Utah	Salt Lake City
Vermont	Montpelier
Virginia	Richmond
Washington	Olympia
West Virginia	Charleston
Wisconsin	Madison
Wyoming	Cheyenne

Croatia	Zagreb
Cuba	Havana
Cyprus	Nicosia
Czech Republic	Prague
Democratic Republic of the Congo	Kinshasa
Denmark	Copenhagen
Djibouti	Djibouti
Dominica	Roseau
Dominican Republic	Santo Domingo
East Timor	Dili
Ecuador	Quito
Egypt	Cairo
El Salvador	San Salvador
England	London
Equatorial Guinea	Malabo
Eritrea	Asmara
Estonia	Tallinn
Ethiopia	Addis Ababa
Falkland Islands	Stanley
Faroe Islands	Tórshavn
Federated States of Micronesia	Palikir
Fiji	Suva
Finland	Helsinki
France	Paris
French Polynesia	Papeete
Gabon	Libreville
Gambia	Banjul
Georgia	Tbilisi
Germany	Berlin
Ghana	Accra
Gibraltar	Gibraltar
Greece	Athens
Greenland	Nuuk
Grenada	St. George's
Guam	Hagåtña
Guatemala	Guatemala City
Guernsey	St. Peter Port
Guinea	Conakry
Guinea-Bissau	Bissau
Guyana	Georgetown
Haiti	Port-au-Prince
Honduras	Tegucigalpa
Hungary	Budapest
Iceland	Reykjavik
India	New Delhi
Indonesia	Jakarta
Iran	Tehran
Iraq	Baghdad
Ireland	Dublin
Isle of Man	Douglas
Israel	Jerusalem
Italy	Rome
Jamaica	Kingston
Japan	Tokyo
Jersey	St. Helier

Cardiff	Wales
Castries	Saint Lucia
Charlotte	United States Virgin Islands
Amalie	
Chisinau	Moldova
Cockburn Town	Turks and Caicos Islands
Conakry	Guinea
Copenhagen	Denmark
Dakar	Senegal
Damascus	Syria
Dhaka	Bangladesh
Dili	East Timor
Djibouti	Djibouti
Dodoma	Tanznia
Doha	Qatar
Douglas	Isle of Man
Dublin	Ireland
Dushanbe	Tajikistan
East Jerusalem	Palestine
Edinburgh	Scotland
Flying Fish Cove	Christmas Island
Freetown	Sierra Leone
Funafuti	Tuvalu
Gaborone	Botswana
George Town	Cayman Islands
Georgetown	Guyana
Gibraltar	Gibraltar
Grytviken	South Georgia and the South Sandwich Islands
Guatemala City	Guatemala
Gustavia	Saint Barthélemy
Hagåtña	Guam
Hamilton	Bermuda
Hanoi	Vietnam
Harare	Zimbabwe
Havana	Cuba
Helsinki	Finland
Honiara	Solomon Islands
Islamabad	Pakistan
Jakarta	Indonesia
Jamestown	Saint Helena
Jerusalem	Israel
Kabul	Afghanistan
Kampala	Uganda
Kathmandu	Nepal
Khartoum	Sudan
Kiev	Ukraine
Kigali	Rwanda
Kingston	Jamaica
Kingston	Norfolk Island
Kingstown	Saint Vincent and the Grenadines
Kinshasa	Democratic Republic of the Congo
Kuala Lumpur	Malaysia
Kuwait City	Kuwait
Libreville	Gabon

Capitals of USA States		
Albany	New York	
Annapolis	Maryland	
Atlanta	Georgia	
Augusta	Maine	
Austin	Texas	
Baton Rouge	Louisiana	
Bismarck	North Dakota	
Boise	Idaho	
Boston	Massachusetts	
Carson City	Nevada	
Charleston	West Virginia	
Cheyenne	Wyoming	
Columbia	South Carolina	
Columbus	Ohio	
Concord	New Hampshire	
Denver	Colorado	
Des Moines	Iowa	
Dover	Delaware	
Frankfort	Kentucky	
Harrisburg	Pennsylvania	
Hartford	Connecticut	
Helena	Montana	
Honolulu	Hawaii	
Indianapolis	Indiana	
Jackson	Mississippi	
Jefferson City	Missouri	
Juneau	Alaska	
Lansing	Michigan	
Lincoln	Nebraska	
Little Rock	Arkansas	
Madison	Wisconsin	
Montgomery	Alabama	
Montpelier	Vermont	
Nashville	Tennessee	
Oklahoma City	Oklahoma	
Olympia	Washington	
Phoenix	Arizona	
Pierre	South Dakota	
Providence	Rhode Island	
Raleigh	North Carolina	
Richmond	Virginia	
Sacramento	California	
Salem	Oregon	
Salt Lake City	Utah	
Santa Fe	New Mexico	
Springfield	Illinois	
St. Paul	Minnesota	
Tallahassee	Florida	
Topeka	Kansas	
Trenton	New Jersey	
Provinces of Canada and Capital/Largest City		
Province	Capital City	Largest City

Jordan	Amman
Kazakhstan	Astana
Kenya	Nairobi
Kiribati	South Tarawa
Kuwait	Kuwait City
Kyrgyzstan	Bishkek
Laos	Vientiane
Latvia	Riga
Lebanon	Beirut
Lesotho	Maseru
Liberia	Monrovia
Libya	Tripoli
Liechtenstein	Vaduz
Lithuania	Vilnius
Luxembourg	Luxembourg City
Macedonia	Skopje
Madagascar	Antananarivo
Malawi	Lilongwe
Malaysia	Kuala Lumpur
Maldives	Malé
Mali	Bamako
Malta	Valletta
Marshall Islands	Majuro
Mauritania	Nouakchott
Mauritius	Port Louis
Mayotte	Mamoudzou
Mexico	Mexico City
Moldova	Chisinau
Monaco	Monaco
Mongolia	Ulaanbaatar
Montenegro	Podgorica
Montserrat	Plymouth
Morocco	Rabat
Mozambique	Maputo
Myanmar	Naypyidaw
Namibia	Windhoek
Nauru	Yaren
Nepal	Kathmandu
Netherlands	Amsterdam
Netherlands Antilles	Willemstad
New Caledonia	Nouméa
New Zealand	Wellington
Nicaragua	Managua
Niger	Niamey
Nigeria	Abuja
Niue	Alofi
Norfolk Island	Kingston
North Korea	Pyongyang
Northern Cyprus	Nicosia
Northern Ireland	Belfast
Northern Mariana Islands	Saipan
Norway	Oslo
Oman	Muscat
Pakistan	Islamabad

Lilongwe	Malawi
Lima	Peru
Lisbon	Portugal
Ljubljana	Slovenia
Lomé	Togo
London	England
London	United Kingdom
Luanda	Angola
Lusaka	Zambia
Luxembourg City	Luxembourg
Madrid	Spain
Majuro	Marshall Islands
Malabo	Equatorial Guinea
Malé	Maldives
Mamoudzou	Mayotte
Managua	Nicaragua
Manama	Bahrain
Manila	Philippines
Maputo	Mozambique
Marigot	Saint Martin
Maseru	Lesotho
Mata-Utu	Wallis and Futuna
Mbabane	Swaziland
Mexico City	Mexico
Minsk	Belarus
Mogadishu	Somalia
Monaco	Monaco
Monrovia	Liberia
Montevideo	Uruguay
Moroni	Comoros
Moscow	Russia
Muscat	Oman
Nairobi	Kenya
Nassau	Bahamas
Naypyidaw	Myanmar
N'Djamena	Chad
New Delhi	India
Ngerulmud	Palau
Niamey	Niger
Nicosia	Cyprus
Nicosia	Northern Cyprus
Nouakchott	Mauritania
Nouméa	New Caledonia
Nuku'alofa	Tonga
Nuuk	Greenland
Oranjestad	Aruba
Oslo	Norway
Ottawa	Canada
Ouagadougou	Burkina Faso
Pago Pago	American Samoa
Palikir	Federated States of Micronesia
Panama City	Panama
Papeete	French Polynesia
Paramaribo	Suriname

City		
Alberta	Edmonton	Calgary
British Columbia	Victoria	Vancouver
Manitoba	Winnipeg	Winnipeg
New Brunswick	Fredericton	Saint John
Newfoundland & Labrador	St. John's	St. John's
Nova Scotia	Halifax	Halifax
Ontario	Toronto	Toronto
Prince Edward Island	Charlottetown	Charlottetown
Quebec	Quebec City	Montreal
Saskatchewan	Regina	Saskatoon

Canadian Territories	
Territory	Capital/Largest City
Northwest Territories	Yellowknife
Yukon	Whitehorse
Nunavut	Iqaluit

Federal Subjects of Russia	
Federal Subjects	Capital/ Administrative Centre
Adygea, Republic of	Maykop
Altai Krai	Barnaul
Altai Republic	Gorno-Altaysk
Amur Oblast	Blagoveshchensk
Arkhangelsk Oblast	Arkhangelsk
Astrakhan Oblast	Astrakhan
Bashkortostan, Republic of	Ufa
Belgorod Oblast	Belgorod
Bryansk Oblast	Bryansk
Buryatia, Republic of	Ulan-Ude
Chechen Republic	Grozny
Chelyabinsk Oblast	Chelyabinsk
Chukotka Autonomous Okrug	Anadyr
Chuvash Republic	Cheboksary
Dagestan, Republic of	Makhachkala
Ingushetia, Republic of	Magas
Irkutsk Oblast	Irkutsk
Ivanovo Oblast	Ivanovo
Jewish Autonomous Oblast	Birobidzhan
Kabardino-Balkar Republic	Nalchik
Kaliningrad Oblast	Kaliningrad
Kalmykia, Republic of	Elista
Kaluga Oblast	Kaluga
Kamchatka Krai	Petropavlovsk-Kamchatsky
Karachay-Cherkess Republic	Cherkessk
Karelia, Republic of	Petrozavodsk
Kemerovo Oblast	Kemerovo
Khabarovsk Krai	Khabarovsk
Khakassia, Republic of	Abakan
Khanty-Mansi Autonomous Okrug-Yugra	Khanty-Mansiysk

Palau	Ngerulmud
Palestine	East Jerusalem
Panama	Panama City
Papua New Guinea	Port Moresby
Paraguay	Asunción
People's Republic of China	Beijing
Peru	Lima
Philippines	Manila
Pitcairn Islands	Adamstown
Poland	Warsaw
Portugal	Lisbon
Puerto Rico	San Juan
Qatar	Doha
Republic of the Congo	Brazzaville
Romania	Bucharest
Russia	Moscow
Rwanda	Kigali
Saint Barthélemy	Gustavia
Saint Helena	Jamestown
Saint Kitts and Nevis	Basseterre
Saint Lucia	Castries
Saint Martin	Marigot
Saint Pierre and Miquelon	St. Pierre
Saint Vincent and the Grenadines	Kingstown
Samoa	Apia
San Marino	San Marino
SãoTomé and Príncipe	São Tomé
Saudi Arabia	Riyadh
Scotland	Edinburgh
Senegal	Dakar
Serbia	Belgrade
Seychelles	Victoria
Sierra Leone	Freetown
Singapore	Singapore
Slovakia	Bratislava
Slovenia	Ljubljana
Solomon Islands	Honiara
Somalia	Mogadishu
South Africa	Pretoria
South Georgia and the South Sandwich Islands	Grytviken
South Korea	Seoul
Spain	Madrid
Sri Lanka	Sri Jayawarde nepura
Sudan	Khartoum
Suriname	Paramaribo
Swaziland	Mbabane
Sweden	Stockholm
Switzerland	Bern
Syria	Damascus
Taiwan	Taipei
Tajikistan	Dushanbe
Tanzania	Dodoma
Thailand	Bangkok

Paris	France
Phnom Penh	Cambodia
Plymouth	Montserrat
Podgorica	Montenegro
Port Louis	Mauritius
Port Moresby	Papua New Guinea
Port of Spain	Trinidad and Tobago
Port Vila	Vanuatu
Port-au-Prince	Haiti
Porto-Novo	Benin
Prague	Czech Republic
Praia	Cape Verde
Pretoria	South Africa
Pyongyang	North Korea
Quito	Ecuador
Rabat	Morocco
Reykjavik	Iceland
Riga	Latvia
Riyadh	Saudi Arabia
Road Town	British Virgin Islands
Rome	Italy
Roseau	Dominica
Saipan	Northern Mariana Islands
San José	Costa Rica
San Juan	Puerto Rico
San Marino	San Marino
San Salvador	El Salvador
Sanaá	Yemen
Santiago	Chile
Santo Domingo	Dominican Republic
São Tomé	SãoTomé and Príncipe
Sarajevo	Bosnia and Herzegovina
Seoul	South Korea
Singapore	Singapore
Skopje	Macedonia
Sofia	Bulgaria
South Tarawa	Kiribati
Sri Jayawarde nepura	Sri Lanka
St. George's	Grenada
St. Helier	Jersey
St. John's	Antigua and Barbuda
St. Peter Port	Guernsey
St. Pierre	Saint Pierre and Miquelon
Stanley	Falkland Islands
Stockholm	Sweden
Sucre	Bolivia
Suva	Fiji
Taipei	Taiwan
Tallinn	Estonia
Tashkent	Uzbekistan
Tbilisi	Georgia
Tegucigalpa	Honduras
Tehran	Iran
The Valley	Assam

Kirov Oblast	Kirov
Komi Republic	Syktvykar
Kostroma Oblast	Kostroma
Krasnodar Krai	Krasnodar
Krasnoyarsk Krai	Krasnoyarsk
Kurgan Oblast	Kurgan
Kursk Oblast	Kursk
Leningrad Oblast	
Lipetsk Oblast	Lipetsk
Magadan Oblast	Magadan
Mari El Republic	Yoshkar-Ola
Mordovia, Republic of	Saransk
Moscow	
Moscow Oblast	
Murmansk Oblast	Murmansk
Nenets Autonomous Okrug	Naryan-Mar
Nizhny Novgorod Oblast	Nizhny Novgorod
North Ossetia-Alania, Republic of	Vladikavkaz
Novgorod Oblast	Veliky Novgorod
Novosibirsk Oblast	Novosibirsk
Omsk Oblast	Omsk
Orenburg Oblast	Orenburg
Oryol Oblast	Oryol
Penza Oblast	Penza
Perm Krai	Perm
Primorsky Krai	Vladivostok
Pskov Oblast	Pskov
Rostov Oblast	Rostov-on-Don
Ryazan Oblast	Ryazan
Saint Petersburg	
Sakha (Yakutia) Republic	Yakutsk
Sakhalin Oblast	Yuzhno-Sakhalinsk
Samara Oblast	Samara
Saratov Oblast	Saratov
Smolensk Oblast	Smolensk
Stavropol Krai	Stavropol
Sverdlovsk Oblast	Yekaterinburg
Tambov Oblast	Tambov
Tatarstan, Republic of	Kazan
Tomsk Oblast	Tomsk
Tula Oblast	Tula
Tuva Republic	Kyzyl
Tver Oblast	Tver
Tyumen Oblast	Tyumen
Udmurt Republic	Izhevsk
Ulyanovsk Oblast	Ulyanovsk
Vladimir Oblast	Vladimir
Volgograd Oblast	Volgograd
Vologda Oblast	Vologda
Voronezh Oblast	Voronezh
Yamalo-Nenets Autonomous Okrug	Salekhard
Yaroslavl Oblast	Yaroslavl
Zabaykalsky Krai	Chita


Togo	Lomé
Tonga	Nuku'alofa
Trinidad and Tobago	Port of Spain
Tunisia	Tunis
Turkey	Ankara
Turkmenistan	Ashgabat
Turks and Caicos Islands	Cockburn Town
Tuvalu	Funafuti
Uganda	Kampala
Ukraine	Kiev
United Arab Emirates	Abu Dhabi
United Kingdom	London
United States	Washington, D.C.
United States Virgin Islands	Charlotte Amalie
Uruguay	Montevideo
Uzbekistan	Tashkent
Vanuatu	Port Vila
VaticanCity	Vatican City
Venezuela	Caracas
Vietnam	Hanoi
Wales	Cardiff
Wallis and Futuna	Mata-Utu
Yemen	Sanaá
Zambia	Lusaka
Zimbabwe	Harare

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Thimphu	Bhutan
Tirana	Albania
Tokyo	Japan
Tórshavn	Faroe Islands
Tripoli	Libya
Tunis	Tunisia
Ulaanbaatar	Mongolia
Vaduz	Liechtenstein
Valletta	Malta
Vatican City	VaticanCity
Victoria	Seychelles
Vienna	Austria
Vientiane	Laos
Vilnius	Lithuania
Warsaw	Poland
Washington, D.C.	United States
Wellington	New Zealand
West Island	Cocos (Keeling) Islands
Willemstad	Netherlands Antilles
Windhoek	Namibia
Yamoussoukro	Côte d'Ivoire
Yaoundé	Cameroon
Yaren	Nauru
Yerevan	Armenia
Zagreb	Croatia

Russian Oblasts "Provinces"	
Amur	Omsk
Arkhangelsk	Orenburg
Astrakhan	Oryol
Belgorod	Penza
Bryansk	Pskov
Chelyabinsk	Rostov
Chita	Ryazan
Irkutsk	Sakhalin
Ivanovo	Samara
Kaliningrad	Saratov
Kaluga	Smolensk
Kemerovo	Sverdlovsk
Kirov	Tambov
Kostroma	Tomsk
Kurgan	Tver
Kursk	Tula
Leningrad	Tyumen
Lipetsk	Ulyanovsk
Magadan	Vladimir
Moscow	Volgograd
Murmansk	Vologda
Nizhny Novgorod	Voronezh
Novgorod	Yaroslavl
Novosibirsk	

Russian Krai "territories"
Altai Krai
Kamchatka Krai
Khabarovsk Krai
Krasnodar Krai
Krasnoyarsk Krai
Perm Krai
Primorsky Krai
Stavropol Krai
Zabaykalsky Krai

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Cheat Sheet

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