**Software Requirements and Design Document**

**For**

**Group 2**

Version 3.0

**Authors**:

Matthew Kolnicki

Randy Toyberman

Jalal Jean-Charles

Noah Shaffer

Alexandre Jean

# Overview (5 points)

Once logged in, users will have access to multiple views containing information relevant to that view. For example, users will be able to navigate to the diet view and see information related to their calorie intake, and micro/macronutrients for the day. Similarly, they will be able to log workouts and track calorie expenditure for the day. Users can also navigate to our fitness profile page which contains information such as height and weight which the user entered when signing up for the app as well as information we calculated for them such as their BMI. This will help the user keep track of their health goals and give them an idea of what they should be working towards.

# Functional Requirements (10 points)

1. The user will be prompted for their username and password login in order to enter the app. This will ensure that the users goals and specifications will be loaded each time and that their health information will be secured.
2. Upon first login the user will enter a page where they will enter their height, weight, and gender. Additionally, they will be asked to select one of three goals, lose weight, maintain, or gain muscle.
3. The user should be able to go into their settings and modify these goals at any time, which should update their caloric requirements, and their recommended workouts.
4. A user should be able to search and add food to their tracker and then have this update their calorie intake, macros, and micros consumed.
5. A user should be able to select a workout from the list of all workouts via search, or from the list of the recommended workouts.
6. Upon selecting a workout it should display the activity.
7. The user should be able to update their weight at any time and calorie intake should be adjusted.

# Non-functional Requirements (10 points)

1. The system should store user information after logout.
2. A user should only have the ability to access their account through the login page.
3. The system should be available for multiple users at the same time.
4. The system should not be limited in the amount of storage a user needs.
5. The system should return searched data.
6. The system should update caloric expenditure and macros within 5 seconds of entering new weight or goal.
7. The system should load into the home page with 2 seconds of logging in.
8. A users data should only be shown publicly if they wish their information to be shown through settings.

# Use Case Diagram (10 points)

*Diagram

Description automatically generated*

# Class Diagram and/or Sequence Diagrams (15 points)

*Timeline

Description automatically generated*

# Operating Environment (5 points)

The software will operate on iPhones running iOS. The application will not pull data from other applications, however will use data from a database with health related information to create accurate predictions for users to keep track of their health and fitness goals. This database will be filled upon signup and will contain the users login info, as well as the user specifications that will influence their caloric expenditure. Age, gender, height, weight, activity level, and their fitness goals will all be stored and used to change their caloric allotment for the day. These values will be able to be changed as the user gains, loses weight ect. Which will change their calories accordingly.

# Assumptions and Dependencies (5 points)

Our system will be utilizing firebase for storing user data and tracking existing users. XCode is required for development in swift which hinders development from windows machines. We didn't foresee the challenges that we encountered with git. Xcode doesn’t seem to automatically refresh, so we would have to manually restart the app to see our changes. We have been able to work around these obstacles, but they did provide a large detour in our production cycle. We do not intend to reuse components from another project. Anyone of these could have unforeseen challenges that may affect our ability to implement features related to them.