

**Disease with Multiple Infections: Population Structure, Dynamics, and Control**

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## 0.1 Abstract

Emerging fungal pathogens pose threats to plant, animal, ecosystem and human health (Fisher *et al.* 2012). Some of these pathogens, which include true fungi and fungus-like eukaryotes, share traits such as host generalism, reservoir hosts or environments, and high mortality rates in select hosts. One common set of traits amongst several emerging fungal diseases is load-dependent mortality in hosts, and the ability of fungal spores to colonize hosts repeatedly to increase loads (Briggs *et al.* 2010; Langwig *et al.* 2015). This set of properties suggests that these diseases are best modeled using a macroparasite (Anderson & May 1978), or multi-infection, framework, which explicitly tracks disease burden within and across host organisms.

Macroparasites are generally thought of as persistent infections of populations, rather than transient epidemic phenomena (Gulland 1995). Less attention has been paid to their transient dynamics, and the macroparasite framework is rarely used in cases of emerging epidemics. It is also little used in plant pathology. However, as some emerging fungal diseases can strongly suppress populations and even cause local extinctions (Fisher *et al.* 2012; Langwig *et al.* 2015), these dynamics are important in their study and management. In this dissertation, I explore several problems associated with using the macroparasite framework to model the dynamics of emerging fungal disease and manage its outcomes.

In the early phases managing an emergent disease, a key problem is identifying an appropriate model to use in forecasting long-term behavior. In Chapter 1, I analyze differences in the dynamics of  $SI$  and macroparasite disease processes, with the purpose of identifying signatures of macroparasite processes that can be identified from disease dynamics, and

comparing the expected long-term behaviors of each. In general, macroparasite diseases generate larger epidemics and greater host mortality than *SI* models with similar behavior at the early stages of disease. Macroparasite diseases also generate age-mortality patterns, even in the absence of age structure in host vulnerability, which may be useful in identifying this type of disease.

Macroparasite models are inherently high-dimensional because of the need track variation in disease load amongst individuals. Thus, they are excellent candidates for individual-based modeling (Grimm & Railsback 2005, IBM). However, this high-dimensionality poses a challenge to optimal control techniques, which are useful in planning management responses to epidemics. In Chapter 2, I introduce a new numerical method for optimal control using individual-based models, which uses a form of numerical model-reduction known as “equation-free modeling” [Kevrekidis2009a, EF]. EF allows approximation of expected derivatives of stochastic IBMs, which in turn can be used to solve a Hamiltonian optimal control problem. I show that the EF method can produce the equivalent results to an analytical approach, without the need for closed-form equations of disease dynamics.

Aggregation is a core concept in macroparasite epidemiology. Parasites are commonly aggregated in nature, and the negative binomial distribution is commonly used to model these aggregated, or overdispersed, distributions. This overdispersion is a feature of stable macroparasite populations. In chapter 3, I explore the evolution of dispersion, showing how underdispersion can occur in transients of macroparasite models, even in the absence of density dependence, due to time-delay effects. I examine the utility of using the Conway-Maxwell-Poisson distribution (Conway & Maxwell 1962, CMP) to model these transient

populations, and find it provides a better approximation to distributions in the Anderson & May (1978) model than the negative binomial, whether parasites are under- or overdispersed. I also introduce an `r` package, **cmp**, for fitting the CMP distribution to data.

# 1 Acknowledgements

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## 2 Fungal disease and stage structure: modeling short and long-term dynamics

Noam Ross

### 2.1 Introduction

Emerging fungal infections pose major threats to plant and animal wildlife populations as well as livestock and crops. Fungal life-history traits, including high virulence, long-lived environmental reservoirs, and host generalism are thought to contribute to the potential of these pathogens to drive local and global extinctions of some species (Fisher *et al.* 2012; Eskew & Todd 2013).

An important component of fungal host-pathogen dynamics is the role of spore load (or inoculum load) in driving host infectiousness and mortality. Briggs *et al.* (2010) showed that population-level persistence or extinction of mountain yellow-legged frogs (*Rana sierrae*) infected by chytrid fungus (*Batrachochytrium dendrobatidis*), could be explained by the dynamics of spore load build-up in these populations. Similarly, mortality of bat populations with white nose syndrome (*Geomyces destructans*) is closely related to spore load on bat skin, which builds up through bat-to-bat contact over the course of the hibernation period (Langwig *et al.* 2015). The fungal parasite *Metschnikowia bicuspidata* kills its *Daphnia* host when the parasite loads are high enough to interfere with cell metabolism (Hall *et al.* 2009). Sudden Oak Death, caused by the oomycete *Phytophthora ramorum*, kills tanoak (*Notholithocarpus densiflorus*) faster in the presence of large numbers of other infected hosts, indicating that

continued accumulation of infections, rather than just disease progress, drives mortality (Cobb *et al.* 2012). Many mammals, including humans, which are generally resistant to fungal diseases or asymptomatic under normal conditions may nonetheless become infected and exhibit symptoms or mortality under persistent exposure to large fungal spore loads (Casadevall 2005).

Many attempts to model fungal disease dynamics have used traditional susceptible-infected (*SI*) disease frameworks, which represent disease as a binary state of the host (Kermack & Mckendrick 1927; Briggs *et al.* 2005; Mitchell *et al.* 2008; Foley *et al.* 2011; Meentemeyer *et al.* 2011; Cobb *et al.* 2012; Maher *et al.* 2012; O'Regan *et al.* 2014). Extensions such as susceptible-exposed-infected-removed (*SEIR*) models represent disease progression within hosts, but do not capture the accumulation of new infections in hosts that may drive disease impacts. For fungal diseases where infection centers establish independently via the arrival of spores, reproduce independently, and have cumulative affects on host fitness, this dynamic may be described by macroparasite models (Anderson & May 1978). In these models disease is represented by the number of discrete infections (or parasites) within each host. Here I use the term multi-infection to describe these models to encompass infections such as microbial fungi.

Response to disease outbreak often requires prediction of medium- and long-term behavior from early-phase dynamics of disease, which in turn requires mechanistic disease models. However, in early stages of epidemics of emerging diseases, the importance of spore load may not be known, nor the appropriateness of multi-infection rather than *SI* models. Spore load is often considerably more difficult to measure than prevalence, allowing only

observations of susceptible vs. infected states. However, model choice may have considerable influence on predictions of disease dynamics and management response.

Age and stage structure is another potentially important factor driving fungal disease dynamics. The effect of Chytrid fungus on frogs varies across life stages (Rachowicz & Vredenburg 2004; Garner *et al.* 2009). Mortality rates in tanoak are much greater in large trees than small ones (Cobb *et al.* 2012). However as organisms can grow over similar time scales as the progress of a fungal epidemic, observed patterns in age-disease relationships can be difficult to disentangle from host-pathogen dynamics.

There is a considerable literature on host-pathogen dynamics in age- and stage-structured populations using *SI* models (Castillo-Chavez *et al.* 1989; Busenberg & Haderler 1990; Diekmann *et al.* 1990; Hethcote 2000; Dietz & Heesterbeek 2002; Klepac & Caswell 2010). There is a somewhat smaller literature on age structure in multi-infection models. In multi-infection models, Krasnov *et al.* (2006) showed that parasite counts increase with age in rodents. Pacala & Dobson (1988) created a method to detect the mortality effect of macroparasites based of the distribution of parasites among different age groups. Duerr *et al.* (2003) showed how age-infection relationships could be modified by a variety of age, time, and density-dependent processes, but also showed that interpretation of such age-infection patterns was ambiguous if more than one such process was operating.

Here I explore how the transient host-pathogen dynamics differ between *SI* and multi-infection systems. To compare models with different structures and in which parameters have different interpretations, I fit the models to each other so that they have identical dynamic behaviors at different stages of an epidemic. Using this approach, I ask, how

do  $SI$  and multi-infection models that behave similarly at early stages of disease differ in long-term dynamics, and vice versa? I also ask, how does model structure affect predictions of stage-specific behavior? I find that mortality rates increase over time in multi-infection models, diverging from  $SI$  models, and that these mortality rates diverge between host stages due to accumulation of infections, even when stage-specific parameters are identical. An intermediate model form with multiple infections lower dimensionality,  $SIV$ , qualitatively captures most of the important features of the multi-infection forms.

## 2.2 Methods

### 2.2.1 Model Structure

I compared dynamics in 3 ODE disease models: A simple  $SI$  model, a multi-infection model based on Anderson & May (1978), and an intermediate  $SIV$  (susceptible-infected-*very* infected) model.

Each model has a two-stage population structure (population  $N$  = juveniles  $J$  + adults  $A$ ). New individuals enter the uninfected, juvenile stage via density-dependent recruitment ( $fN(1 - N/K)$ , where  $f$  is fecundity and  $K$  carrying capacity). Individuals move from juvenile to adult classes at the transition rate  $g$ .

Disease transmission is density-dependent; in the  $SI$  model, susceptible individuals ( $J_S, A_S$ ) become infected ( $J_I, A_I$ ) at a rate equal to the density of infected individuals times the transmissivity of the disease ( $\lambda$ ). All individuals die at the a base rate ( $d$ ), and diseased individuals have additional mortality ( $\alpha$ ).

The complete  $SI$  model is defined by the equations

$$\begin{aligned}\frac{dJ_S}{dt} &= fN(1 - N/K) - J_S(d + g + \lambda J_I + \lambda A_I) & \frac{dA_S}{dt} &= gJ_S - A_S(d + \lambda N) \\ \frac{dJ_I}{dt} &= \lambda J_S(J_I + A_I) - J_I(d + g + \alpha) & \frac{dA_I}{dt} &= gJ_I + \lambda A_S(J_I + A_I) - A_I(d + \alpha) \\ N &= J_S + A_S + J_I + A_I\end{aligned}$$

Note that in this model the effect of age structure is trivial: neither demographic nor epidemiological parameters vary with age. When juvenile and adult classes are summed, the growth term  $g$  drops out, and  $dN/dt$  is independent of  $g$ . Thus, it is a “null model” for age effects.

The other two models are extensions of the  $SI$  model with additional disease classes representing degrees of infection. In the multi-infection model, there are an infinite number of disease classes designated  $i = 0, 1, 2, \dots, \infty$ . For purposes of simulation, the number of classes is truncated, with a maximum value of  $k$ . Transmissivity ( $\lambda$ ) and mortality ( $\alpha$ ) are additive in these models, increasing linearly with  $i$ . Individuals advance to the next disease class at rate  $\Lambda$ , the overall force of infection, which is the sum of each tree’s contribution,  $i\lambda$ . Individuals in each stage die at rate  $d + i\alpha$ . Here is the complete multi-infection model:

$$\begin{aligned}
\frac{dJ_0}{dt} &= fN(1 - N/K) - J_0(d + g + \Lambda) & \frac{dA_0}{dt} &= gJ_0 - A_0(d + \Lambda) \\
\frac{dJ_i}{dt} &= \Lambda dJ_{i-1} - J_i(d + g + i\alpha + \Lambda) & \frac{dA_i}{dt} &= gJ_i + \Lambda A_{i-1} - A_i(d + i\alpha + \Lambda) \\
\frac{dJ_k}{dt} &= \Lambda dJ_{k-1} - J_k(d + g + k\alpha) & \frac{dA_k}{dt} &= gJ_k + \Lambda A_{k-1} - A_k(d + k\alpha) \\
N &= \sum_{i=0}^k J_i + A_0 & \Lambda &= \lambda \sum_{i=1}^k i(J_i + A_i)
\end{aligned}$$

The *SIV* model is merely a truncated version of the multi-infection model, with  $k = 2$ . For this model I refer  $N_0$  as  $S$ ,  $N_1$  as  $I$  and  $N_2$  as  $V$ , and use  $S$ ,  $I$ , and  $V$ , as subscripts for  $J$ , and  $A$  as well. I also use the term “infected” to refer to individuals of either the  $I$  class in the *SI* model, or having at least one infection in the *SIV* or multi-infection models.

Multi-infection models typically assume a distribution of infections in order to reduce the infinite system of equations (Anderson & May 1978). Negative-binomial distributions of infections allow tractable analysis of such models and match empirical studies of infection distribution in the wild (Wilson *et al.* 2002). However, reduced models only approximate the full model asymptotically, and do not capture the transient dynamics of changing distributions (Adler & Kretzschmar 1992). Also, while the distribution of parasites for the whole population may be approximated in this way, the distributions within stages can not, as the process generating these distributions does not capture the transfer of infected individuals from one stage to another (See Appendix A.1 for more details). Instead, I avoided making such assumptions by simulating the full system of equations, truncating at  $k = 10$ . For the parameters below, higher values of  $k$  yielded no difference in dynamics.

### 2.2.2 Comparative parameterization

I compared the models' behaviors under parameterizations determined “equivalent” by one of three heuristic criteria described below. As the models have different structures, parameters in the models have different interpretations. Specifically,  $\lambda$  and  $\alpha$  operate on a per-individual basis in the *SI* model, while they operate on a per-infection basis on the *SIV* and multi-infection models.

In order to determine equivalent parameterizations between models, I set parameters for the *SI* model to those in Table 1. I then fit the *SIV* and multi-infection models so that they would exhibit identical *behavior* to the *SI* model under different criteria. The behavior of *SIV* and multi-infection models were adjusted by multiplying each of infectivity and disease-induced mortality ( $\lambda, \alpha$ ) parameters by a constant,  $c$ .

Initial conditions in simulations were set at the disease-free equilibrium of the system, modified with 1% of both juveniles and adults having a single infection.

Parameter	Symbol	Base Case Value
fecundity	$f$	1
carrying capacity	$K$	1
transition rate	$g$	0.1
mortality	$d$	0.01
disease-induced mortality	$\alpha$	0.2
transmissivity	$\lambda$	0.5
max number of infections (SIV/multi-infection)	$k$	2 / 10

Table 1: Base parameters for disease models

I examined model behavior in three cases. In each case using a different criterion to define equivalent parameterization:

1. **Equilibrium mortality rate.** The first behavioral criterion was identical equilibrium mortality rate across models.  $c$  was varied to match the overall disease-induced mortality rate (and thus the total mortality rate) between models. That is, at steady state,

$$\alpha_{SI} = \alpha_{SIV} \frac{I + 2V}{I + V} = \alpha_{\text{multi}} \frac{1}{N} \sum_i i N_i$$

2. **Initial growth and acceleration rates of infected individuals.** Next,  $c$  was adjusted such that the second derivatives of growth of total infected individuals under initial conditions. (The first derivative is identical in all cases.) That is,

$$\frac{d^2 I}{dt^2} = \frac{d^2 (I + V)}{dt^2} = \frac{d^2 N_{i>0}}{dt^2}$$

at initial conditions of  $S \approx N$ ,  $I_{SI} = I_{SIV} = N_{1\text{multi}} \approx 0$  and  $I_{SIV} = N_{i \geq 2\text{multi}} = 0$ .

3. **Time to 10% infection.** This criterion was selected to match behavior among models during the early transient period of disease.  $c$  was adjusted so that the  $SIV$  and multi-infection models would reach 10% infection in the same time period as the  $SI$  model. That is,

$$t \Big|_{\frac{I}{S+I}=0.1} = t \Big|_{\frac{I+V}{S+I+V}=0.1} = t \Big|_{\frac{N_{i \geq 1}}{N}=0.1}$$



All simulations were performed in R (R Core Team 2014), using the deSolve package (Soetaert *et al.* 2010) for simulation, the numDeriv package to determine derivatives (Gilbert & Varadhan 2012), and the ggplot2 (Wickham 2009) package for plotting. Code to reproduce these results can be accessed online at <https://github.com/noamross/comp-disease-dynamics>.

## 2.3 Results

### 2.3.1 Parameterizations

For the equilibrium parameterization, the constant  $c$ , or the ratio of  $\alpha$  and  $\lambda$  values between the models, is the inverse of the mean number of infections at equilibrium in the *SIV* and multi-infection models. This is 0.69 for the *SIV* model and 0.61 for the multi-infection model. For the acceleration-rate parameterization,  $c$  is 0.99 for both *SIV* and multi-infection models. For the time-to-10% infection parameterization,  $c$  was 0.98 for both models. Results for both initial acceleration and time-to-10% infection parameterizations were nearly identical (See Appendix A.2), so I report only the equilibrium and time-to-10% results in the sections below.

### 2.3.2 Dynamics of mortality rates

**Models with similar mortality rates at invasion or equilibrium diverge at other times.** Mortality rates of infected individuals in both the *SIV* and multi-infection models evolve over time while they are constant in the *SI* model. (Figure 1). In all cases, *SIV* and

multi-infection mortality rates increase over time until equilibrium. The increase in mortality is greater in the multi-infection model than the *SIV* model, though the pattern is qualitatively similar.

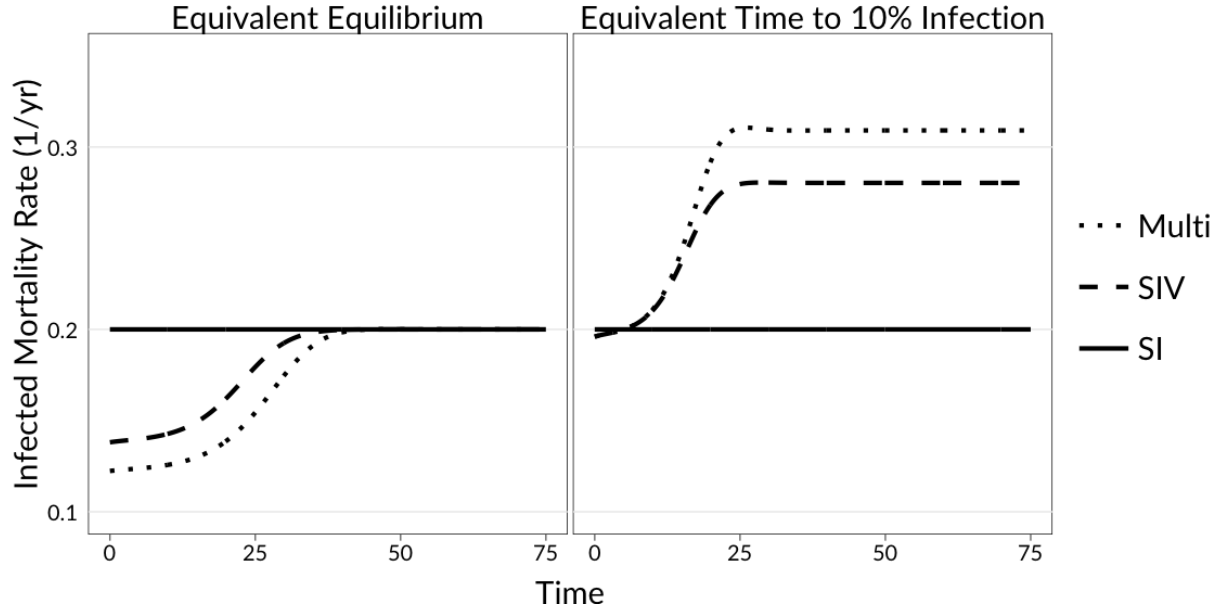


Figure 2.1: Changes in mortality rates over time in *SI* (solid lines), *SIV* (dashed), and multi-infection (dot-dash) model runs. Left: *SIV* and multi-infection simulations are parameterized to match *SI* simulation mortality at equilibrium. Right: *SIV* and multi-infection simulations are parameterized to match time to 10% infection in the *SI* simulation. In all cases, *SIV* and multi-infection mortality rates increase with time. The effect is greater in the multi-infection model.

This change in mortality rates is driven by changes in the distribution of infections over time (Figure 2). Early in the epidemic, individuals have small numbers of infections, thus the mortality rate across the whole infected population is low. As the epidemic progresses, the mean number of infections per infected individual increases, raising the mortality rate of the infected class until equilibrium is reached. As the disease progresses through the population in the *SIV* model, the proportion of individuals in the *I* and *V* classes increases for both juveniles and adults. Similarly, in the multi-infection model, the mean number of infections

in each individual increases over time, increasing the mortality rate.

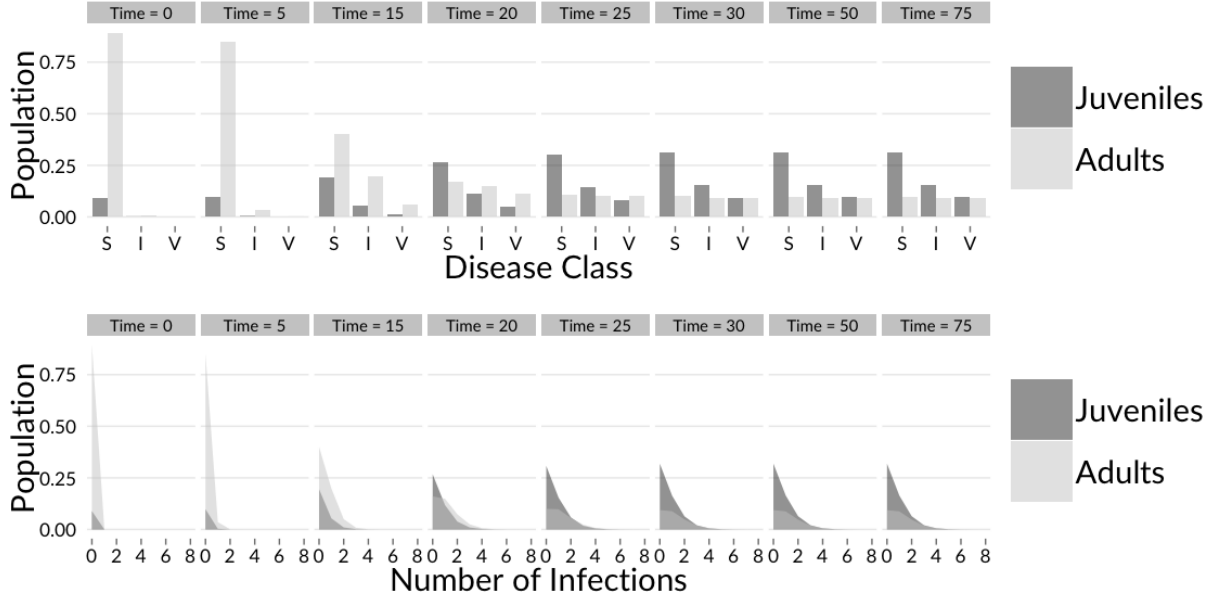


Figure 2.2: Dynamics of infection classes in *SIV* and multi-infection models. Top: Dynamics in the *SIV* model, with juvenile (dark grey) and adult (light grey) populations in each infection class at eight time points. Bottom: Dynamics in the multi-infection model, showing distributions of infection numbers in both adults and juveniles at each time point. In both cases, as the epidemic progresses, a greater proportion of the population advances to higher disease classes, and with greater mean disease counts in adults than juveniles.

**Multi-infection models generate observed stage-dependent mortality patterns even in the absence of biological difference among stage classes.**

In the *SIV* and multi-infection models, the mortality rates of infected juveniles and adults diverge, with adults having greater mortality rates than juveniles at equilibrium (Figure 3). This occurs in all parameterizations, but not in the *SI* model. Like the overall mortality rate, the difference in mortality rates between juveniles and adults is greater in the multi-infection model than the *SIV* model. It is also greater in the equivalent time-to-10% infection parameterization than in the equivalent equilibrium parameterization.

The reason for this can be found in Figure 2, which shows the distribution of infections

for both adult and juvenile populations over the course of the epidemic in *SIV* and multi-infection models. At the beginning of the epidemic, both infected adults and infected juveniles have the same mean number of infections. As the epidemic continues, adults accumulate more infections than juveniles by both new infections on adult trees and already-infected juveniles recruiting into the adult population.

As a result, older individuals have more infections, and thus greater mortality and infectivity, than younger individuals. Even in the absence of age-driven variation in how individuals respond to disease (that is, in these “null models”), different behavior is observed between state. In an *SI* model, these differences do not arise.

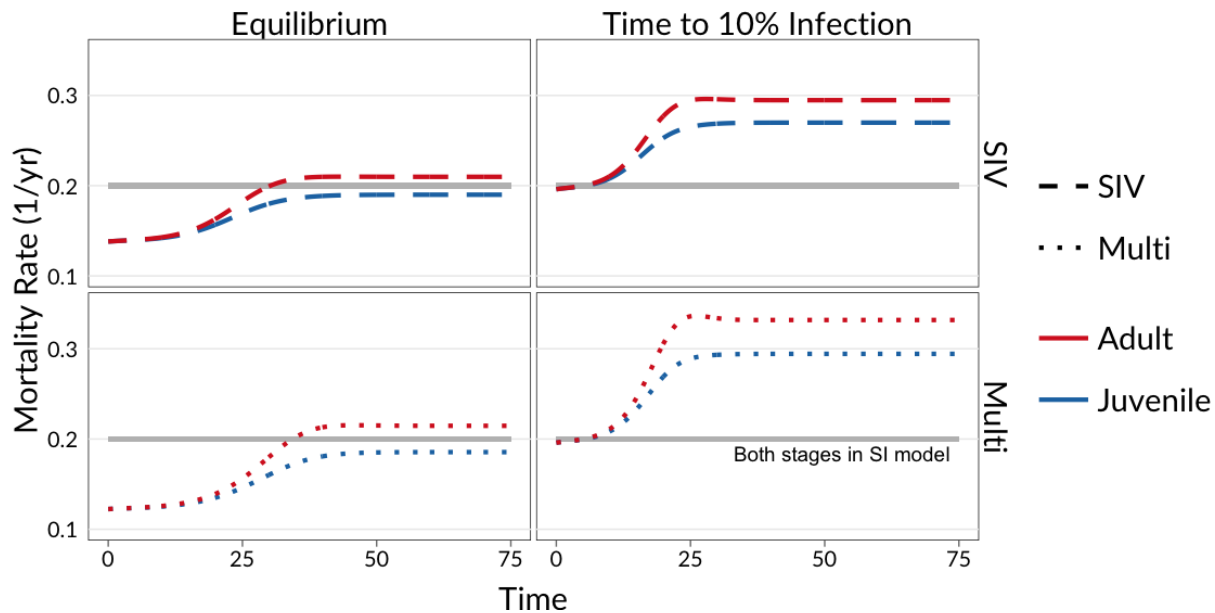


Figure 2.3: Mortality rates over time for juveniles (blue) and adults (red) in both *SIV* (dashed, top), and multi-infection (dotted, bottom) models. Left: *SIV* and multi-infection simulations are parameterized to match *SI* simulation mortality at equilibrium. Right: *SIV* and multi-infection simulations are parameterized to match time to 10% infection in the *SI* simulation.

All three models, under all three parameterizations, exhibit some common patterns in the dynamics of population stages. From the disease-free equilibrium dominated by adults,

disease outbreak decreases the population of adult stages and increases both the relative and absolute population of the juvenile stages (Figure 2).

### **Epidemic speed and effects on host populations**

Differences in mortality rates across models result in differences in overall effects on host populations. In all cases, the epidemic results in an equilibrium condition where the host population is suppressed relative to the disease-free equilibrium. However, in the equivalent equilibrium parameterization of the *SIV* and multi-infection models, the time to reach this condition is greater, with the multi-infection case being slowest to reach equilibrium (Figure 4).

Under the equivalent time-to-10% infection parameterizations, the time to equilibrium for the models is similar. However, *SIV* and multi-infection epidemics suppress host populations more than in the *SI* model, with the multi-infection model suppressing the host population more.

## **2.4 Discussion**

*SI* and multi-infection models represent fundamentally different types of disease dynamics. In *SI* models, disease is represented as a binary state of an individual, while multi-infection models disease accumulations as multiple infections within individuals. Comparison of the dynamics of these model types shows they produce different host-pathogen dynamics. The choice of model structure has important consequences for the prediction of host-pathogen disease dynamics.

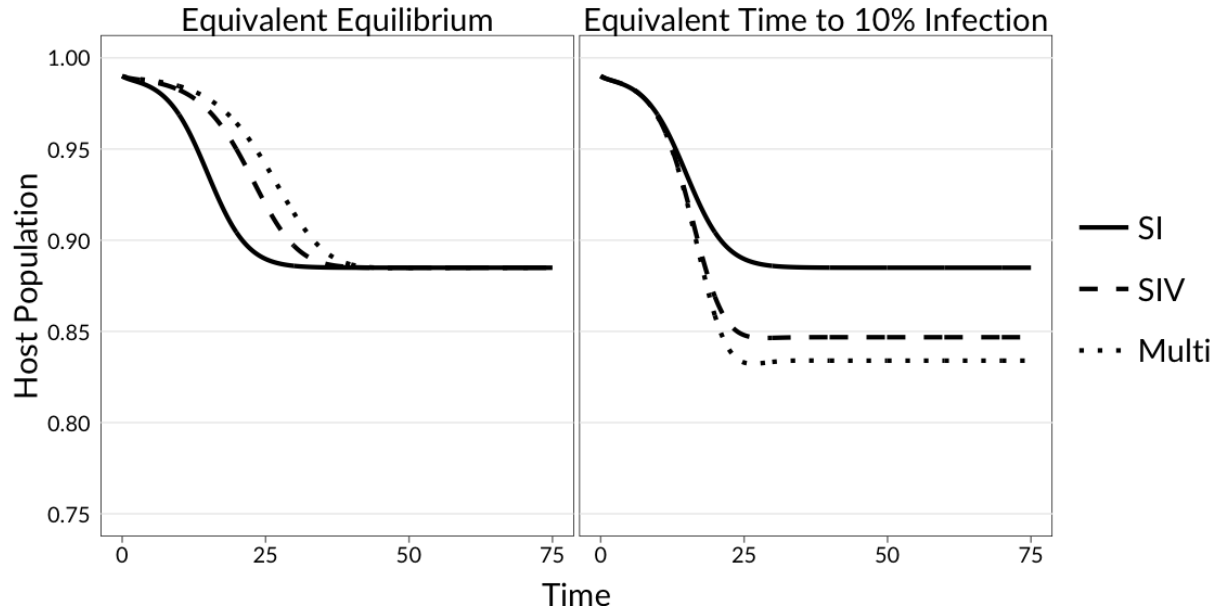


Figure 2.4: Dynamics of host populations during disease invasion. Left: Host populations over the course of an epidemic for  $SI$  (solid),  $SIV$  (dashed), and multi-infection (dotted) models when all are parameterized to equal mortality rates at equilibrium. Right: Host populations when each are parameterized to equal time-to-10%-infection. In the former case, multi-infection models take longer to reach equilibrium than  $SI$ . In the latter, their effect on host populations is greater than in the  $SI$  models.  $SIV$  have similar but smaller differences than  $SI$  models.

Epidemics that appear to be well represented by *SI* models during their outbreak phase may no longer be well represented in later stages if they have dynamics driven by multiple infections. A multi-infection model that behaves like an *SI* model in early stages will diverge from *SI* behavior as increasing spore loads result in greater per-individual mortality rates. I found similar behavior regardless of the criterion used to determine early-phase dynamics (derivatives or time-to-10%-infection). If the multi-infection system has an equilibrium (other than disease-free or extinction), the host population will be lower at this equilibrium than in an *SI* system due to greater suppression from disease.

Conversely, if an *SI* model is used to represent a multi-infection disease and is based on equilibrium behavior, it can incorrectly predict outbreak behavior. Multiple-infection models with the same equilibrium behavior as *SI* models are slower to emerge, as the small numbers of infections on initially infected individuals transmit less disease and kill at slower rates than “fully” infected individuals in the *SI* model, which have higher per-individual transmission mortality. The models converge when mean infection numbers in individuals in the multi-infection model rise such that their virulence matches individuals in the *SI* model.

Multiple-infection models indicate that age- or stage-related patterns in disease mortality can arise from the accumulation of infections over time, even in the absence of biological differences among age class in susceptibility to disease. Here I found that, in all parameterizations of multi-infection models, adult mortality rates increased faster than juvenile mortality rates as epidemics progressed, even though per-infection mortality rates were identical between life stages. While in some fungal diseases, host-pathogen interactions drive differences in virulence between life stages (e.g., chytrid fungus, see Rachowicz & Vredenburg (2004)), this

difference could explain part or all of stage-related differences in mortality in other fungal diseases, such as in Sudden Oak Death (Cobb *et al.* 2012).

Multiple infection-models also showed increased population-level age effects of disease. In simulations where both *SI* and multi-infection models had similar initial behavior, disease resulted in a shift from adult- to juvenile dominance over the course of the epidemic, but in the multiple-infection model this shift was greater, as adult mortality was greater. Also, adult disease prevalence was lower in the late stages of multiple infection models, because with higher adult mortality diseased adults have short lifespans.

Overall, multi-infection models have greater affects on the population, in terms of mortality rates, population suppression, and age structure modification, than *SI* models that appear similar in the early stages of an epidemic. In the parameterizations here, these affects were approximately 50% greater. Using an *SI* model to predict long-term effects of such a disease could lead to an underestimation of impacts, and result in inadequate management responses.

Simplified models of multiple infection, such as the *SIV* model presented here, can capture some of the components of load-driven disease dynamics. Here, the *SIV* model behaved similarly to the multi-infection model, including similar qualitative differences in time-to-equilibrium from the *SI* model, suppression of the final population, and age-mortality patterns. However, there were differences between the *SIV* and multi-infection model in the apparent mortality rate of infected hosts, which indicate a role of the long tail of hosts with high infection number in driving this pattern.

These results indicate that identifying multi-infection driven diseases early in their



emergence will alter predictions of disease dynamics. A natural question is to ask whether the dynamics of these disease be distinguished from those of *SI*-like processes in the data from early-stage emerging epidemics, especially when data are of disease prevalence rather than load. One way to distinguish these mechanisms is to look for changes in mortality rate as disease progresses, between populations with different levels of disease prevalence, or among age classes. These patterns can indicate multi-infection-driven processes, though such patterns are not sufficient to disentangle the multiple processes that may drive mortality patterns. Instead, these patterns can indicate the potential role of these mechanisms, and the need to investigate the relationships between spore load and host effects.

## 2.5 Acknowledgements

This work was supported by The National Science Foundation Responding to Rapid Environmental Change (REACH) IGERT (NSF DGE #0801430) and the U.S. Army Research Office (W911NF-13-1-0305 to A.Hastings). I also thank Jaime Ashander, Richard Cobb, and Alan Hastings for constructive comments on the manuscript.

# 3 Optimal Control of Individual-Based Disease Models

Noam Ross, Alan Hastings and Jim Sanchirico

## 3.1 Introduction

A central challenge in disease ecology is developing effective management strategies to control harmful diseases and limit their damage to wildlife, human health, and ecosystem services (Joseph *et al.* 2013). Disease management may be considered an economic problem: Given limited resources, what is the best strategy to minimize minimize impacts? Or, conversely, given management targets, how to best limit the cost of disease control? Research addressing such questions - economic epidemiology - is a growing field (Brandeau *et al.* 2003; Rowthorn *et al.* 2009), though the literature on the economics of wildlife disease is more limited (Bicknell *et al.* 1999; Horan & Wolf 2005; Fenichel2010; Horie *et al.* 2013). The bioeconomics of invasive species management is more broadly explored (Sharov & Liebhold 1998; Carrasco *et al.* 2010; Haight & Polasky 2010; Epanchin-Niell *et al.* 2012), and has many close parallels with the economics of disease management.

Individual-based models (IBMs, also called agent-based models) simulate systems based on the behavior and properties of individuals, rather than properties at the population scale. IBMs can simulate system behavior arising from individual behaviors and interactions difficult to describe in aggregate, including network contact structure, spatial heterogeneity, and variation in individual traits, all of which can affect disease dynamics. These individual behaviors and interactions result in emergent dynamics at the population scale that often

can not be expressed as closed-form equations without making strong assumptions about the distribution of individuals (Grimm & Railsback 2005).

IBMs can and have been used to study disease economics in a number of ways. The most common approach is to simulate IBMs of disease systems under a number of discrete management scenarios and examine the outcomes of each scenario to determine which does best according to performance criteria (Okell *et al.* 2008; Mao 2011; Yang *et al.* 2011). IBMs can also incorporate adaptive or optimizing behavior within individuals in order to better simulate disease dynamics (Fenichel *et al.* 2010).

Determining optimal control approaches using IBMs is more challenging. IBMs also suffer from “the curse of dimensionality”: high dimensionality results in very large state space, which precludes robustly searching the state space for solutions. As IBMs do not have closed-form equations of overall system behavior, one can not derive the optimal control conditions which can be solved (analytically or numerically) to determine an optimal control solution.

One approach to interate IBMs and optimal control has been to use reduced-form models that approximate IBM behavior, assuming that a control solution based on the reduced-form model approximates an optimal solution for an IBM. The efficacy of this approach depends on how well reduced-form models approximate IBM behavior. Mean-field approximations may work when IBMs represent well-mixed or homogenous systems, but perform poorly under heterogeneity (Federico *et al.* 2013). Another approach is to generate reduced-form models that use non-mechanistic equations to more closely approximate IBM behavior. Such methods can yield better results than mean-field models. However, the applicability of these

adjusted models is limited to the range over which they were parameterized, and model parameters are difficult to interpret (Oremland & Laubenbacher 2015).

Here I describe another approach to deriving optimal control strategies for ecological systems using IBMs that uses equation-free, or multi-scale, modeling (Armaou *et al.* 2004) to estimate mean dynamics of an IBM numerically and estimate quantities that allow the use of analytic tools to determine an optimal control path. First, I introduce the equation-free modeling framework. I then describe a disease system and equivalent ordinary differential equation (ODE) and IBM models. I solve the ODE system using classic tools and the IBM model using the methods described, showing that they generate the same solution.

### **3.1.1 Multi-scale / equation-free modeling**

Multi-Scale modeling, commonly (if misleadingly) known as equation-free modeling (EF) is a method for capturing and analyzing population-scale dynamics of IBMs while bypassing the derivation population-scale equations (Armaou *et al.* 2004; but see Kevrekidis & Samaey 2009 for review). It has been used in a variety of biological applications, including evolution, movement ecology, and epidemiology (Cisternas *et al.* 2004; Erban *et al.* 2006; Gross2008a; Raghieb *et al.* 2010; Williams *et al.* 2015).

In EF modeling, population-scale dynamics of the system are approximated via simulation of many instances of an IBM. For each time point in simulation, a “lifting” function maps the population-scale state to a distribution of possible individual-scale states. Each of these instances of the IBM is simulated for a short period of time, then all IBM instances’ updated states are converted back to population-scale states and aggregated with a “restricting”

function.

EF is another form of model reduction, albeit one that offers alternatives to mean-field and other approximations. The assumptions in model reduction are built into the chosen lifting and restriction; lifting introduces assumptions about the distribution of individual-based states, and restriction requires assumptions of what summary variables of these states are relevant to system dynamics. These operators must be chosen to capture the heterogeneities represented in the IBM which are most relevant to the problem at hand. While these functions must be chosen with care, one has more freedom to select summary variables than in a case where the goal was to reduce the model to a closed form. One may select summary variables, such as moments of the IBM distribution, whether or not one can derive equations for their dynamics. In addition, the IBM simulation is a “black box” within the EF framework; as long as it can use inputs from the lifting function and produce outputs for the restriction function, any simulation method may be chosen.

System dynamics may be simulated by the lift-simulate-restrict cycle alone. However, it is computationally advantageous to use EF in conjunction with a projection step. In this approach, rather than simulating an entire time-step, simulations are run for a fraction of a time step to obtain an estimate of the time derivative of the population-scale system. The population-scale state is then projected forward using a differential equation solver.

### **3.1.2 Optimal control**

Clark (1990) describes in detail the methods of deriving an optimal control path for dynamical ecological systems, which I briefly review here. The optimal path of a control variable over

time ( $h(t)$ ) is that which maximizes the integral of a profit function  $\pi(x, h, t)$  over a time period  $(T_0, T)$ , subject to the dynamics of the system state  $x$ , the dynamics of which are governed by  $\frac{dx}{dt} = f(x, h, t)$ . To determine the optimal control path, one solves the maximization problem

$$\max_{h \geq 0} \int_{T_0=0}^T \pi(x, h, t) dt \quad \text{subject to} \quad \frac{dx}{dt} = f(x, h, t)$$

$x$  and  $h$  may be vectors representing multiple system state and control variables.

Various numerical methods can be used to find the optimal control path. Where  $f(x, t, h)$  has a closed-form, the control path can be derived analytically by maximizing the Hamiltonian ( $\mathcal{H}$ ) equation:

$$\mathcal{H} = \pi(x, h, t) + \eta f(x, h, t)$$

Here  $\eta$  is the “shadow value” of the system state  $x$ , and represents the per-unit value of the contribution  $x$  to *future* profit. The dynamics of  $\eta$  are governed by the adjoint equation:

$$\frac{d\eta}{dt} = -\frac{\partial \mathcal{H}}{\partial x} = -\frac{\partial \pi(\cdot)}{\partial x} + \eta(t) \frac{\partial f(\cdot)}{\partial x}$$

To find the optimal path for the control  $h(t)$ , we solve for the maximum of  $\mathcal{H}$  over the time period  $(T_0, T)$ . The local optimum of  $\mathcal{H}$  can be determined by finding  $h$  where  $\partial \mathcal{H} / \partial h = 0$ .

The resulting solution for  $h(t)$  is dependent on the initial values of  $x$  and  $\eta$ ,  $(x_0, \eta_0)$ . In many systems, some or all of these values are unknown, but terminal values  $(x_T, \eta_T)$  are

constraints on the problem. In these cases, initial conditions can be determined numerically using a boundary problem solver.

## 3.2 Methods

### 3.2.1 A framework equation-free optimal control

The method described above requires a closed-form expression for  $dx/dt = f(x, h, t)$  in order to derive the optimal control path  $h(t)$ . When the system of interest is modeled using an IBM, this population-level expression is not available. The EF framework can be used to calculate an optimal control path for an IBM, however, by numerically calculating  $f(\cdot)$  and the values derived from it.

In EF optimal control,  $dx/dt$ ,  $h(t)$ , and  $d\eta/dt$  are calculated numerically, and the optimal control path is calculated by using these values in a differential equation solver. Starting at  $t = T_0$ , with initial conditions  $x_0$  and  $\eta_0$ ,  $f(\cdot)$  is estimated numerically under an initial guess for  $h(t)$  using a lifting-simulation-restriction cycle. Using this value of  $f(\cdot)$ , the value of  $\mathcal{H}$  is calculated. This is repeated using a numerical optimizer to refine values of  $h(t)$  until the value that maximizes  $\mathcal{H}$ ,  $h_{opt}(t)$ , is found.

To determine  $d\eta/dt$ , the value  $\frac{\partial f(\cdot)}{\partial x}$  is required. This is estimated by perturbing  $x$  by a small value,  $\Delta x$ , calculating  $f(x + \Delta x, h_{opt}, t)$  and estimating  $\frac{\partial f(\cdot)}{\partial x}$  by finite differencing.

$dx/dt$  and  $d\eta/dt$  can then be passed to a differential equation solver to project the forward system in time and calculate the paths of  $x(t)$ ,  $\eta(t)$ , and  $h(t)$ . As in the optimal control scenario above, a boundary problem solver can then be used to determine initial

values for  $x_0$  and  $\eta_0$  based on the constraints of the problem.

### 3.2.2 Model system

I demonstrate the method described above on a problem of maintaining a wildlife population in the face of an invading disease. I model the system using an IBM closely related to the macroparasite model of Anderson & May (1978), where individuals can host multiple pathogens of the same type, and suffer increased mortality with greater infection load. The primary differences between Anderson & May (1978) and this model are the separation of birth and death processes and the influx of infectious particles from outside the system.

The control problem is to maximize net benefit of ecosystem services derived from the wildlife population by control measures reducing the influx of disease. This is a problem faced in numerous systems, such as the conservation of frog populations in the face of *Batrachochytrium dendrobatidis* (chytrid fungus) (Briggs *et al.* 2010), tanoak populations being invaded by *Phytophthora ramorum* (sudden oak death) (Cobb *et al.* 2013), or bat populations at risk from *Geomyces destructans* (white nose syndrome) (Langwig *et al.* 2015). In each of these systems, invasion of the disease reduces local populations of hosts, but local populations can be protected from arrival of new disease with some efficacy by various measures, such as education, quarantine, disinfection, and culling nearby infected populations.

A deterministic, mean-field, continuous model of this system can be represented by a small set of ODEs. In this model, the host population  $N$  increases via density-dependent reproduction ( $rN(1 - N/K)$ ) and decreases via a constant intrinsic mortality rate ( $d$ ), as well as additional mortality  $\alpha$  for each infection  $P$  in a host:



$$\frac{dN}{dt} = rN(1 - N/K) - \alpha P - dN$$

The pathogen population  $P$  grows via a spore production and establishment rate  $\lambda$  and via density-dependent contact between hosts, totaling  $\lambda PN$ .  $P$  decreases via pathogen mortality ( $\mu P$ ), background host mortality ( $dP$ ), and mortality due to the disease, which affects the most-infected hosts most ( $\alpha(P + P/N)$ ). The form of this last term depends on the assumption of a random (Poisson) distribution of pathogens among hosts (Anderson & May 1978). Finally, additional parasites enter the system via external propagule pressure  $\lambda_{ex}$ .  $\lambda_{ex}$  may be reduced by control effort  $h(t)$ , which reduces propagule pressure by a factor of  $e^{-h(t)}$ .

$$\frac{dP}{dt} = \lambda PN - \mu P - dP - \alpha P - \alpha P^2/N + e^{-h} N \lambda_{ex}$$

This model assumes (1) a large population size adequately represented by continuous variables, (2) a constant distribution of parasites among individuals, and (3) no stochastic processes.

The individual-based version of this model relaxes these assumptions. In the IBM, the state of the system is represented as a set of individual hosts, each with a discrete number of infections. Births, deaths, new infections and loss of infections (recovery) in each individual  $i$  with number of infections  $j_i$ , occur stochastically according to rates  $r$ :

$$r_{i,birth} = \max \{r(1 - N/K), 0\}$$

$$r_{i,death} = \alpha j_i + d$$

$$r_{i,infection} = \lambda \sum_{n=1}^N j_n + \lambda_{ex} e^{h(t)}$$

$$r_{i,recovery} = \mu j_i$$

This stochastic process occurs in continuous time, implemented via Gillespie's (1976) stochastic simulation algorithm (SSA).

Table 1 shows the model parameters used in all cases in this paper.

Table 2: Parameters for the host-pathogen models and management problem

Parameter	Symbol	Value
birth rate	$r$	0.2
carrying capacity	$K$	500
intrinsic host mortality rate	$d$	0.01
intrinsic pathogen mortality rate	$\mu$	0.01
additional mortality per infection	$\alpha$	0.2
contact rate	$\lambda$	1e-04
external spore arrival rate	$\lambda_{ex}$	0.5
initial host population	$N_0$	300
initial pathogen population	$P_0$	5
benefit per host per unit time	$v$	4

Parameter	Symbol	Value
cost of control per unit time	$c$	400
time period	$T$	10

### 3.2.3 Management problem

For the management problem,  $v$  is the value of ecosystem service provided per host per unit time. The control variable,  $h$ , represents of the effort expended per unit time in reducing the arrival rate of new infections and each unit of effort of control, and cost  $c$ . The optimization problem is to maximize the net benefits over the course of a fixed time period  $T$ , subject to the dynamics of the system.

$$\max_{h \geq 0} \int_{t=0}^T \pi(x, h, t), dt \quad \text{s.t.} \quad \frac{dx}{dt} = f(x, h, t)$$

I do not include discounting in this problem definition.

For the mean-field ODE system, one can derive the Hamiltonian equation based on this problem, which must be optimized for all time points, the shadow values  $\eta_1$  and  $\eta_2$ , and an expression that can be solved for  $h(t)$ :

$$\begin{aligned}
\mathcal{H} &= vN - ch + \\
&\eta_1 (rN(1 - N/K) - \alpha P - dN) + \\
&\eta_2 (\lambda PN - \mu P - dP - \alpha P - \alpha(P^2)/N + e^{-h}N\lambda_{ex}) \\
\frac{d\eta_1}{dt} &= -v - \eta_1 \left( r - d - 2r\frac{N}{K} \right) - \eta_2 \left( \lambda P + \alpha\frac{P^2}{N^2} + e^{-h}\lambda_{ex} \right) \\
\frac{d\eta_2}{dt} &= \eta_1\alpha - \eta_2 \left( \lambda N - \mu - d - \alpha - \frac{2\alpha P}{N} \right) \\
0 &= h \left( -c - \eta_2 e^{-h} N * \lambda_{ex} \right)
\end{aligned}$$

### 3.2.4 Equation-free numerical approach

To solve the management problem under the IBM system, I use the equation-free approach described above. As in this case, the Hamiltonian can only be expressed in terms of the estimated values for  $f(\cdot)$ . I use dot notation ( $\dot{P} \approx dP/dt$ ) to denote derivatives estimated the EF lift-simulate-restrict cycle:

$$\begin{aligned}
\bar{\mathcal{H}} &= vN - ch + \eta_1 \dot{N} + \eta_2 \dot{P} \\
\dot{\eta}_1 &= -v - \eta_1 \frac{d\dot{N}}{dN} - \eta_2 \frac{d\dot{P}}{dN} \\
\dot{\eta}_2 &= -v - \eta_1 \frac{d\dot{N}}{dP} - \eta_2 \frac{d\dot{P}}{dP}
\end{aligned}$$

I use a lifting function that randomly distributes  $P$  infections across  $N$  individuals (a Poisson process). As  $P$  and  $N$  are continuous variables in the population-scale representation, lifting randomly rounds them up or down, weighting by  $(1 - \text{distance to integer})$ . For the reverse (restriction), I simply sum the total host and parasite populations. When mapping from non-integer population-scale states to individual-scale states, simulations are run with all

combinations of macro-variables rounded up and down, and the overall results is determined by a weighted average of these simulations.

To determine the estimated control value at each time point ( $\bar{h}_{opt}$ ), I use a numerical maximization routine (BOBYQA, Powell 2009), to find the value of  $h$  that maximizes the estimated Hamiltonian  $\bar{\mathcal{H}}$ .

While the EF framework can be used on “black box” simulators, taking advantage of some properties of the individual-based model can improve computational efficiency and performance of the method. In this case, I do so in two ways. First, as the IBM uses the Gillespie simulation algorithm, I use a single variable-time Gillespie IBM rather than a fixed-period. This allows me to estimate  $\dot{N}$  and  $\dot{P}$  directly at each time step  $t$ , avoiding the error incurred with a fixed step which would estimate these values at a time slightly offset from  $t$ . Second, rather than estimating  $d\dot{N}/dN$  and  $d\dot{P}/dP$  terms by perturbing the system after solving for  $\bar{h}_{opt}$ , I take advantage of the mapping between continuous population states at the populations scale and discrete counts at the individual scale. As described above, when lifting a continuous population-scale state to create an ensemble of random discrete IBM states, some populations are rounded down and some rounded up.  $d\dot{N}$  or  $d\dot{P}$  will be a linear combination of the derivatives calculated from these rounded values. Thus, the differences between the derivatives of the rounded values allow calculation of  $d\dot{N}/dN$  and  $d\dot{P}/dP$  without additional simulations.

The system is integrated using a simple forward Euler integrator and then initial conditions for boundary problem solved via a shooting algorithm. More sophisticated and computationally intense integrators, such as Runge-Kutta and Adams-Bashford may be used

for greater accuracy (Williams *et al.* 2015).

As both the maximization routine and the forward integrator are quite sensitive to noise in the estimated derivatives, solving the system required large ensembles of IBM simulations in the EF cycle. To calculate  $\dot{h}_{opt}$ , I used 4 million simulations, and on the final iteration in each time step, 400 million simulations to calculate the values of  $d\eta/dt$ . The entire algorithm described above took approximately 12 hours to solve on a computer with 24 2.2GHz Intel Processors. code for the simulation is available at <https://github.com/noamross/spore>.

### 3.3 Results

Figure 1 shows trajectories for the system in the absence of control, simulated in three ways: the mean-field ODE system, 100 simulations of the IBM, and the expected trajectory as estimated by the equation-free model with 1000 simulations per step.

The general trajectory of the system is similar in all cases. In the absence of control, the disease invades the system rapidly. This reduces the population via increased overall mortality rate for hosts, and the system reaches a stable equilibrium with a suppressed host population endemic infections.

While the trajectories of all three models are similar, the EF value is closer to the mean-field ODE than the average of the IBM trajectories. This reflects the fact that both the analytical derivation of the ODE system from Anderson & May (1978) and the choice of lift/restrict functions in the EF model make similar assumptions. Both assume that the distribution of infections follows a Poisson distribution.

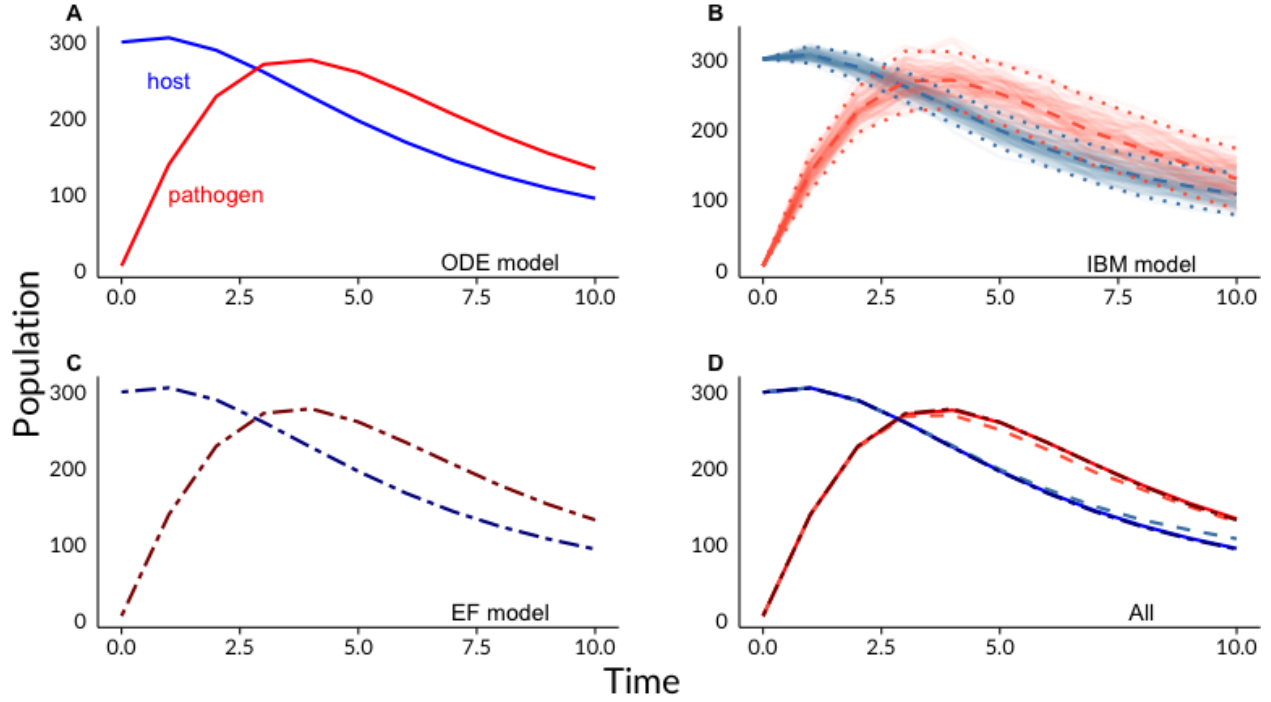


Figure 3.1: Trajectories of the host-pathogen system without control. In cases host population shown in blue and pathogens shown in red. (A) The system simulated using the ODE model (solid lines) (B), The system as simulated via 100 instances of the IBM model. Individual runs are in light colors. Mean values at each time point shown with dashed lines, dotted lines at  $\pm 2$  standard deviations, (C) The system simulated with the EF method (dash-dotted lines). (D) Trajectories from all three methods overlain for comparison. ODE (solid) and EF (dot-dash) lines overlap exactly. Mean of IBM runs shown in dashed lines.

This difference of the complete IBM reflects some deviation from the Poisson assumption.

Figure 2 shows the optimal control path as calculated by the analytical method on the ODE system. Under this set of parameters, the optimal control path for the system is one of declining effort and abandonment. Initially, high control effort reduces the rate of increase of the pathogen, resulting in higher host populations over the early management period, which provides greater benefits. The optimal effort path then declines, allowing greater pathogen growth, until the pathogen population reaches a peak, at which point the optimal strategy is abandonment. At this late stage, external spore arrival rate has little effect; the pathogen population is limited by internal factors. Shadow values show that the value of the host population declines over the course of the management period, and the negative value of the pathogen increases. Later in the period, the pathogen has less potential to reduce overall profits.

Figure 3 shows the paths for the solution as calculated using the EF method. The control strategy, as well as host and pathogen population dynamics, is essentially the same as in the ODE approach. Small numerical errors in the EF method result in imprecision in the shooting algorithm, resulting in terminal shadow values slightly off from zero. In this case, these imprecisions have little effect on the result of the algorithm as they accumulate towards the end of the control period, after point when the optimal control effort falls to zero. Figure 4 shows that the control path from the EF method yields similar profit values to the ODE-derived control path.



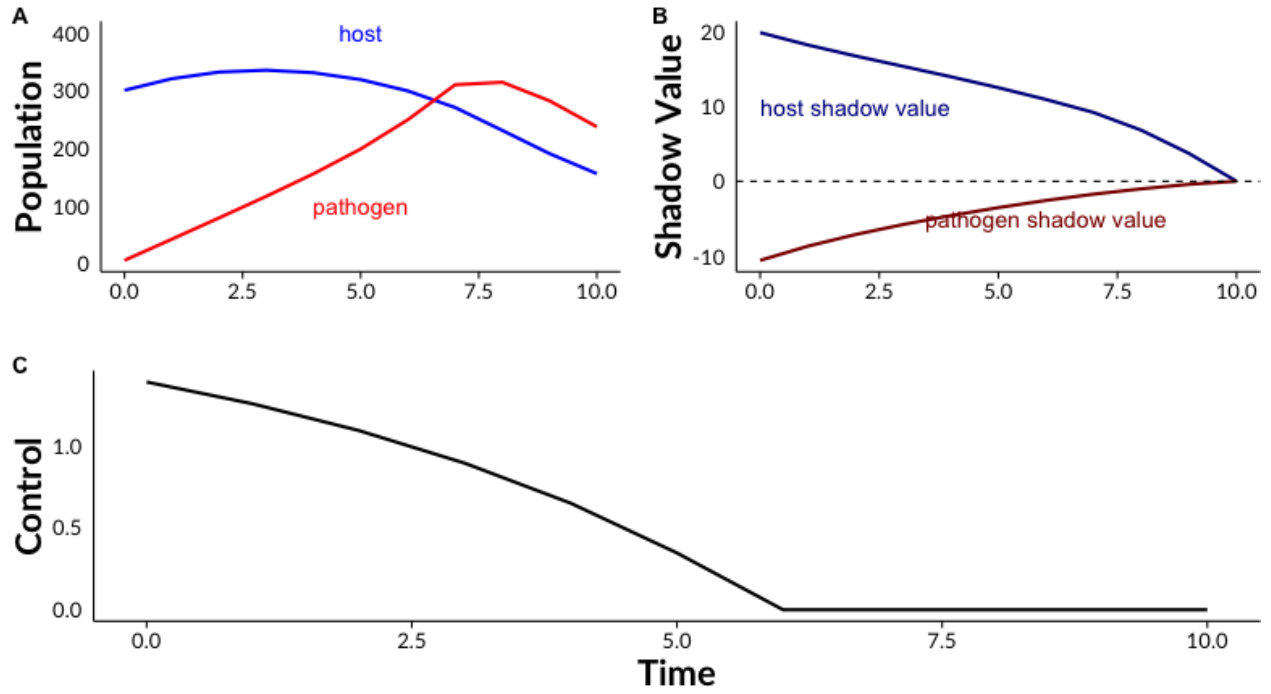


Figure 3.2: Trajectory of the ODE system under optimal control. (A) Trajectories of host and pathogen populations under control. (B) Trajectories of host and pathogen shadow values. (C) Trajectory of control effort over time.

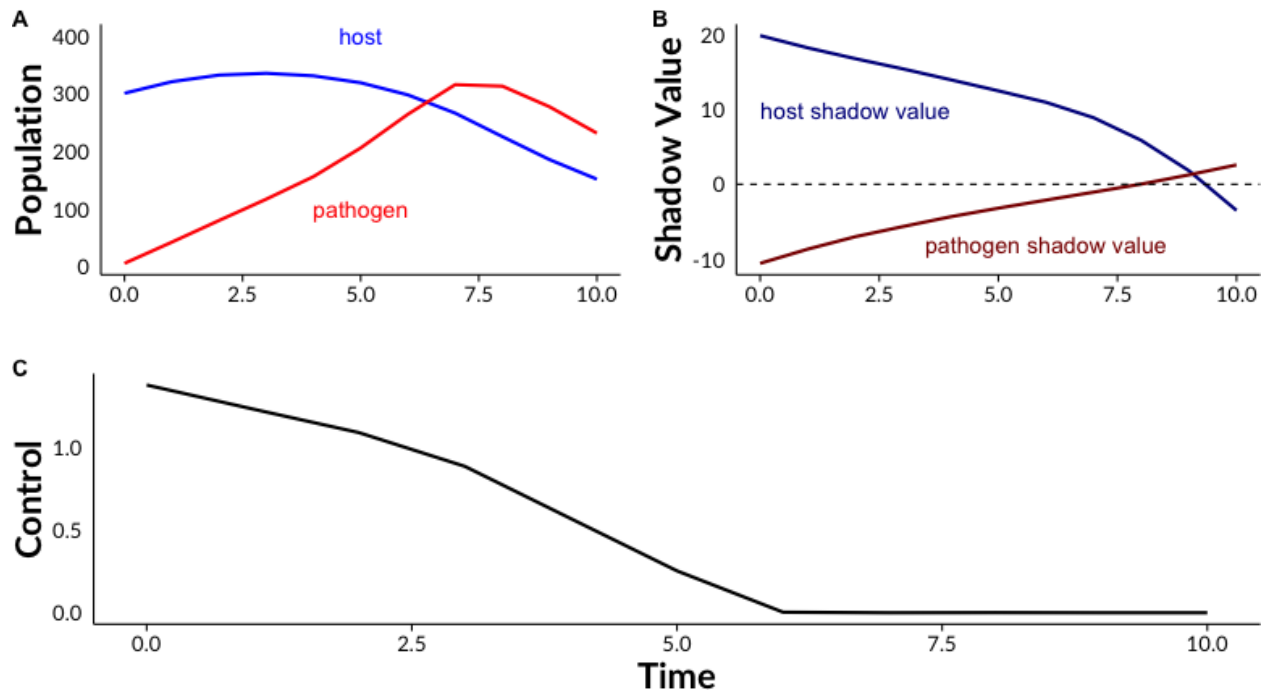


Figure 3.3: Trajectory of the EF system under optimal control. (A) Trajectories of host and pathogen populations under control. (B) Trajectories of host and pathogen shadow values. (C) Trajectory of control effort over time.

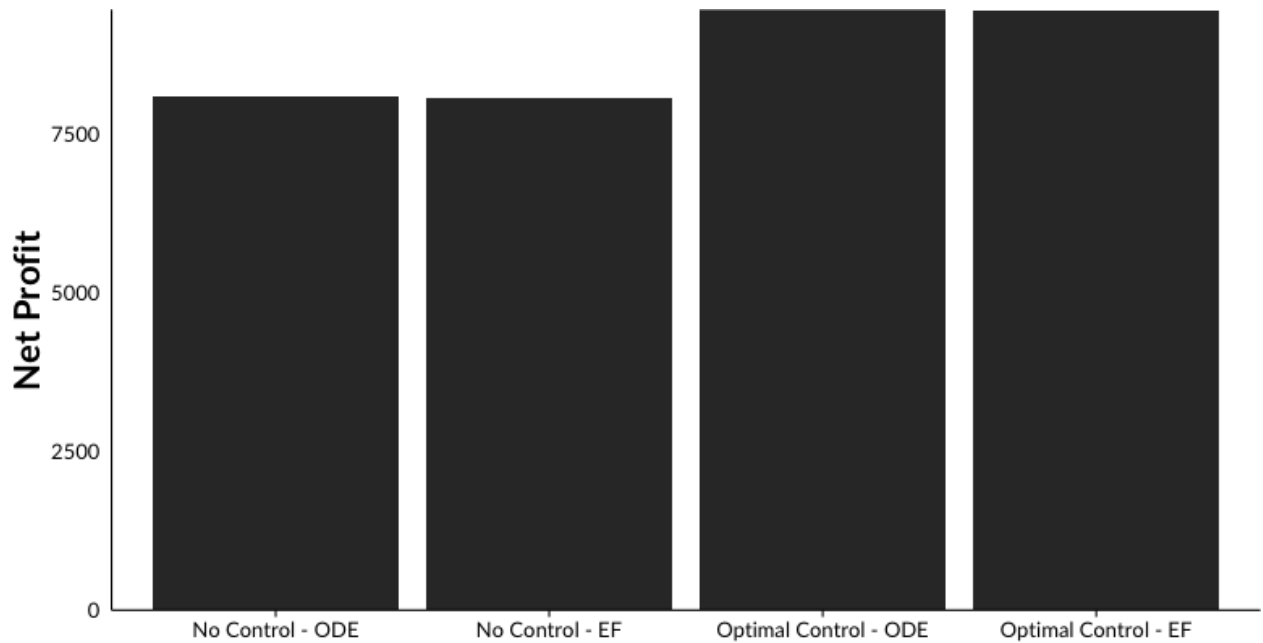


Figure 3.4: Net profit under no control and optimal control for both the ODE system and the equation-free (EF) system.

### 3.4 Discussion and Conclusions

I have shown that a numerical approach using the EF framework can recover the optimal control path of an IBM. In this test case, the system could be reduced to a tractable set of analytical equations with the assumption of Poisson-distributed infections among individuals. Using the same assumption under the EF approach, I was able to derive an identical control path as the analytical system purely numerically, with the same net value to the manager. The EF approach should perform more accurately than analytical approaches when it makes less drastic assumptions. For instance, in an alternate formulation of the Anderson & May (1978) macroparasite infections are aggregated and represented by a negative-binomial distribution with aggregating parameter  $k$ , but one assumption made is that  $k$  is constant, though this has been shown not to hold over the course of an epidemic (Adler & Kretzschmar 1992, and Chapter 3 of this dissertation). An EF representation of aggregated infections could include  $k$

as a state variable and provide more accurate simulation and solution to economic problems. A variety of other individual-based and structured population models useful for disease management have high dimensionality and are not easily reduced, such as disease spread in spatial point processes (Brown *et al.* 2004), and through networks (Gross & Kevrekidis 2008; Reppas *et al.* 2010), and agent-based models where individuals exhibit economic behavior (Fenichel *et al.* 2010).

One important area for exploration is understanding the performance of the EF approach on stochastic systems. EF modeling has been shown to effectively capture important properties of stochastic population models such as extinction probability and extinction time (Williams *et al.* 2015), and can provide the expected value of stochastic system under conditions where they might differ from deterministic reductions, as in the case of small populations. However, optimal economic strategies derived from the expected behavior of stochastic systems may not be optimal across all possible stochastic outcomes.

The method described here is computationally intense, primarily due to the large number of simulations required to estimate derivatives and partial derivatives at each time step to sufficient accuracy. The method becomes more computationally intense, and less stable, in cases where the population-scale variables exhibit little change over extended periods (often the case under longer timer horizons). This is because, when the derivative of the state value is small, the relative error of derivatives calculated via simulation is very high. The example presented here, where both state values and shadow values change throughout the time period, avoids this problem.

A number of approaches may potentially improve its speed, accuracy, and robustness

of the method. More sophisticated forward integrators, such as adaptive Adams-Bashforth methods can be used (Williams *et al.* 2015) for results that are more accurate. Bayesian optimization (Snoek *et al.* 2012) may be more efficient in maximizing a Hamiltonian equation with noisy estimates for system derivatives. The IBM used here, as well as others using the stochastic simulation algorithm, could be sped up using *tau*-leaping (Gillespie 2001) or similar improvements. Also, the EF approach may be applicable to a different general method of continuous optimal control, piecewise polynomial curve-fitting (Sirisena 1973), which is more robust than shooting-based boundary value problem solvers to bifurcations and discontinuities.

This equation-free approach is best suited to cases where control effort may change continuously over time. Depending on the system and management problem, other optimization techniques that can operate on “black-box” IBMs may be used. Reinforcement learning (Sutton & Barto 1998), may be used for optimization using a black-box simulation model in cases with discrete control periods and discrete sets of control choices. Like EF modeling, reinforcement learning requires the careful selection of population-level variables summarizing the state of an underlying IBM which are relevant to the control problem and IBM dynamics.

Modeling disease in systems with population structure, individual variation, and stochasticity or combinations thereof often requires IBMs for which governing equations are unknown or intractable. This method provides a new tool for solving economic problems where such complex models are required. The EF framework holds promise for solving ecological, theoretical, and management problems with IBMs.

### **3.5 Acknowledgements**

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## 4 Underdispersion in Macroparasite Models

Noam Ross

### 4.1 Introduction

Aggregation of parasites within hosts is a very common phenomenon (Shaw & Dobson 1995), so much so that it has been described as a “law” of parasite ecology (Poulin 2007a). Aggregation describes the phenomenon of a small number of hosts housing a larger fraction of the parasite population than would be expected by chance. It is characterized by the distribution of parasite loads having a variation larger than its mean, or overdispersion. This arises from heterogeneities such as individual variation in host susceptibility and exposure to parasites (Keymer & Anderson 1979; Anderson & Gordon 1982), and “clumping” of parasites that colonize hosts together (Pugliese *et al.* 1998).

In rare cases, parasite loads may be underdispersed, with parasites more evenly distributed among hosts. Forces driving underdispersion include density-dependent parasite mortality and nonlinear parasite-induced host mortality (Barbour & Pugliese 2000). Underdispersed parasite distributions have been found in oxyuroid parasites of cockroaches (Zervos 1988; Muller-Graf *et al.* 2001), in which sexual competition appears to induce density dependence. There are also a variety of examples in fish populations: Burn (1980) found nearly all *Deretrema* parasites in flashlight fish (*Anomalops katopferon*) were in groups of 2. In other cases, parasite numbers greater than one are rare (Kennedy 1979; Adlard & Lester 1994; Donnelly & Reynolds 1994). Often, this density dependence is driven by limited space

in the host (Uebelacker 1978). The rarity of underdispersal suggests that the influence of density-dependence is less than that of individual variation in most populations, despite the fact that density-dependence does occur in many parasite populations (Poulin 2007b).

Macroparasites are generally thought of as persistent infections of populations, rather than transient epidemic phenomena (Gulland 1995). Less attention has been paid to their transient dynamics, and the macroparasite framework is rarely used in cases of emerging epidemics. However, this framework is appropriate for several emerging spore-driven fungal diseases, such as chytrid fungus, sudden oak death, and white nose syndrome. In these diseases, spore loads in hosts are driven by repeated infections rather than internal reproduction, and host mortality is load-dependent (Briggs *et al.* 2010; Langwig *et al.* 2015), as in macroparasite models. These diseases can exhibit rapid outbreaks with high mortality of host populations, even resulting in local extinctions (Briggs *et al.* 2010; Fisher *et al.* 2012; James *et al.* 2015; Langwig *et al.* 2015), so understanding and managing them requires examination of transient dynamics.

Most models of host-macroparasite dynamics are variants of that of Anderson & May (1978), who used an infinite-dimensional system of ordinary differential equations (ODE) to represent a host population partitioned into indefinite number of classes according to their parasite load. The infinite-dimensional system was reduced to a two-dimensional system by assuming parasites were distributed by fixed Poisson or negative-binomial distributions. Later, it was shown that these models are equivalent in terms of stability (Kretzschmar 1993), though the exact form of the equilibrium distribution varies some from the negative-binomial (Barbour & Pugliese 2000). Kretzschmar & Adler (1993) showed that the variance-mean

ratio is important to system stability; it must increase with the mean for there to be an internal host-parasite equilibrium. This suggests why under-dispersed populations are rare - they lead to extinction of the parasite population.

Here I examine the dynamics the distribution of parasites among hosts in the classic infinite-dimensional model during the emergence of a disease that suppresses or host populations. I compare these dynamics to an equivalent discrete, stochastic, individual-based model. For both, I examine the relative utility of the negative binomial and the Conway-Maxwell-Poisson distributions in describing these distributions as they change over the course of an epidemic.

## 4.2 Methods

### 4.2.1 Models

I use two versions of a model closely related to the macroparasite model introduced by Anderson & May (1978) and examined in much of the subsequent literature (Adler & Kretzschmar 1992; Kretzschmar 1993; Kretzschmar & Adler 1993; Barbour & Pugliese 2000). The primary difference between the model and the Anderson & May (1978) is separation of birth and death processes, with host density dependence only applying to the birth process. In the model, the host population  $N$  is subdivided into classes with infection level  $i$ , where  $i$  is discrete and ranges from 1 to  $\infty$ . New, uninfected hosts recruit into the population at a density-dependent rate  $r(1 - \sum N_i/K)$ . Hosts gain infections at rate  $\Lambda$ , which is the sum of total infections among all hosts ( $\sum iN_i$ ) times a contact rate  $\lambda$ . Hosts recover from infections



at a per-infection rate  $\mu$ , and die at a background rate  $d$  plus a per-infection rate  $\alpha i^p$ , where the power term  $p$  represents non-linearity in mortality. The full model is described by:

$$\begin{aligned} N_0 &= r \sum_{i=0}^{\infty} N_i \left( 1 - \frac{\sum_{i=0}^{\infty} N_i}{K} \right) - (d + \Lambda) N_0 \\ N_i &= \Lambda N_{i-1} - \Lambda N_i - \alpha i^p - \mu i N_i + \mu(i+1) N_{i+1} \\ \Lambda &= \lambda \sum_{i=1}^{\infty} i N_i \end{aligned}$$

For purposes of simulation, I truncate the number of infection classes at  $i = 100$ . For all parameterizations shown here, the value of  $N_{100}$  never differed from zero within machine tolerance (approximately  $2.22 \times 10^{-16}$ ).

The second version is the equivalent individual-based model (IBM), which includes demographic stochasticity. In the IBM, the host population is represented as a discrete set of individuals, each with a discrete number of infections. Stochastic rate equations determine the rate at which each individual  $j$  with infections  $i$  may reproduce, die, acquire a new infection, or recover from infections. The rates  $r$  are governed by the same parameters as in the ODE model above. The full set of rate equations are:

$$\begin{aligned} r_{j,birth} &= \max \{ r(1 - N/K), 0 \} \\ r_{j,death} &= \alpha i_j^p + d \\ r_{j,infection} &= \Lambda \\ r_{j,recovery} &= \mu i_j \\ \Lambda &= \lambda \sum_{j=1}^N i_j \end{aligned}$$

In the IBM, individual states are updated as discrete events in continuous time, using Gillespie’s (1976) stochastic simulation algorithm (SSA).

Table 1 shows the model parameters used in all cases in this paper.

Parameter	Symbol	Value
birth rate	$r$	0.001, 0.05, 0.2
carrying capacity	$K$	1000
intrinsic host mortality rate	$d$	1e-08
intrinsic parasite mortality rate	$\mu$	0.1
additional host mortality per infection	$\alpha$	0.05
power of host mortality per infection	$p$	1, 2
contact rate	$\lambda$	0.0005
initial host population	$N_0$	1000
initial parasite population	$P_0$	1
time period	$T$	100

Table 1: Parameters for the host-parasite models

I examine transient dynamics by simulation across a range of growth rates  $r$  and with both linear ( $p = 1$ ) and nonlinear ( $p = 2$ ) parasite-induced mortality. The parameters, shown in Table 1, all represent conditions under which the parasite can invade the host population and the ODE system reaches an equilibrium with a suppressed host population.

The ODE simulations were performed in R (R Core Team 2014), using the deSolve

package (Soetaert *et al.* 2010). The IBM simulations were performed using a custom package, **spore** (<https://github.com/noamross/spore>). Code to reproduce the results in this paper is available at <https://github.com/noamross/cmp>.

#### 4.2.2 The Conway-Maxwell-Poisson distribution

The negative binomial distribution has traditionally been used as a model for macroparasite distributions. It has proven an excellent empirical model in the field (Pacala & Dobson 1988). Intuitively, the negative binomial makes mechanistic sense; it be derived from a continuous mixture of Poisson distributions with varying means. Thus, it represents a macroparasite populations colonizing hosts with varying traits or conditions, resulting in different colonization rates.

However, the negative binomial has a minimum variance/mean ratio of one; it can not represent underdispersed populations. Anderson & May (1978) suggested the binomial distribution to for these cases. This has the drawback of an absolute maximum number of infections, above which the probability is zero. In addition, it has the opposite problem of the negative binomial; it can only represent underdispersed populations. Using the negative and positive binomial distributions requires switching between mechanistically different representations of a population.

I compare the fit of the macroparasite distributions generated by the models above to both the negative binomial and the Conway-Maxwell Poisson (CMP) distribution (Conway & Maxwell 1962; Shmueli *et al.* 2005). The CMP distribution has the form:

$$P(X = x) = \frac{\lambda^x}{(x!)^\nu} \frac{1}{Z(\lambda, \nu)}$$

where

$$Z(\lambda, \nu) = \sum_{j=0}^{\infty} \frac{\lambda^j}{(j!)^\nu}$$

As in the Poisson distribution,  $\lambda$  is an encounter rate. Unlike the Poisson distribution, the  $\nu$  term modifies it. When  $\nu < 1$ , the distribution is overdispersed; it has a fatter tail than a Poisson with the same rate parameter, and its variance is greater than its mean. When  $\nu > 1$ , the distribution is underdispersed. Its tail is thinned, and its variance is less than its mean. If  $\nu = 1$ , the CMP distribution is equivalent to a Poisson distribution. If  $\nu = \infty$ , the CMP distribution is the same as a Bernoulli distribution.

The CMP distribution intuitively describes the processes that generate parasite distributions. A Poisson process describes the accumulation of parasites, while the censorship or extension of the tail, driven by the  $\nu$  term, represents differential accumulation or mortality of parasites according to host infection number.

Since the  $Z$  term is defined by an infinite series, the CMP density function can be computationally expensive to calculate. I provide an R package, **cmp** (<https://github.com/noamross/cmp>), which contains density, probability, quantile, and random number functions for the CMP distribution. It also has functions for fitting this distribution to data via maximum likelihood or minimum Kullback–Leibler divergence. **cmp** implements the distribution functions using high-performance, parallel C++ code. It calculates  $Z$  to

user-adjustable accuracy, and uses approximations for  $Z$  in the areas of parameter space where they are appropriate (Shmueli *et al.* 2005), so as to maximize efficiency. It also has a C++ API for incorporation into other high-performance packages. While there have been previous implementations of CMP, they have not had the combination of accuracy and performance needed for many uses.

### 4.3 Results

Where hosts have low growth rates, parasites invade the host population and go through a period of high growth, then decline as they suppress the host population to very low levels (Figure 1). In the ODE system in the linear case ( $p = 1$ ) the parasite population is underdispersed for an extended transient period. The variance/mean ratio declines below one, reaching its nadir as the parasite population declines from its peak and the host population reaches low values. The variance/mean ratio eventually equilibrates near one. At moderate growth rates, the host population goes through extended dampening cycles before reaching equilibrium, with repeated parasite population spikes (only one cycle is shown in figures). In this case, the population passes from underdispersion to overdispersion; the variance/mean ratio declines modestly below one, then increases above one in each cycle before reaching equilibrium. When the hosts have high growth rates, the dampened cycles are faster and both host and parasite populations settle at higher values. In this case, the parasite populations become overdispersed with the rise in parasite populations and remain overdispersed at equilibrium.

The distributions generated by the ODE model are better approximated by the CMP

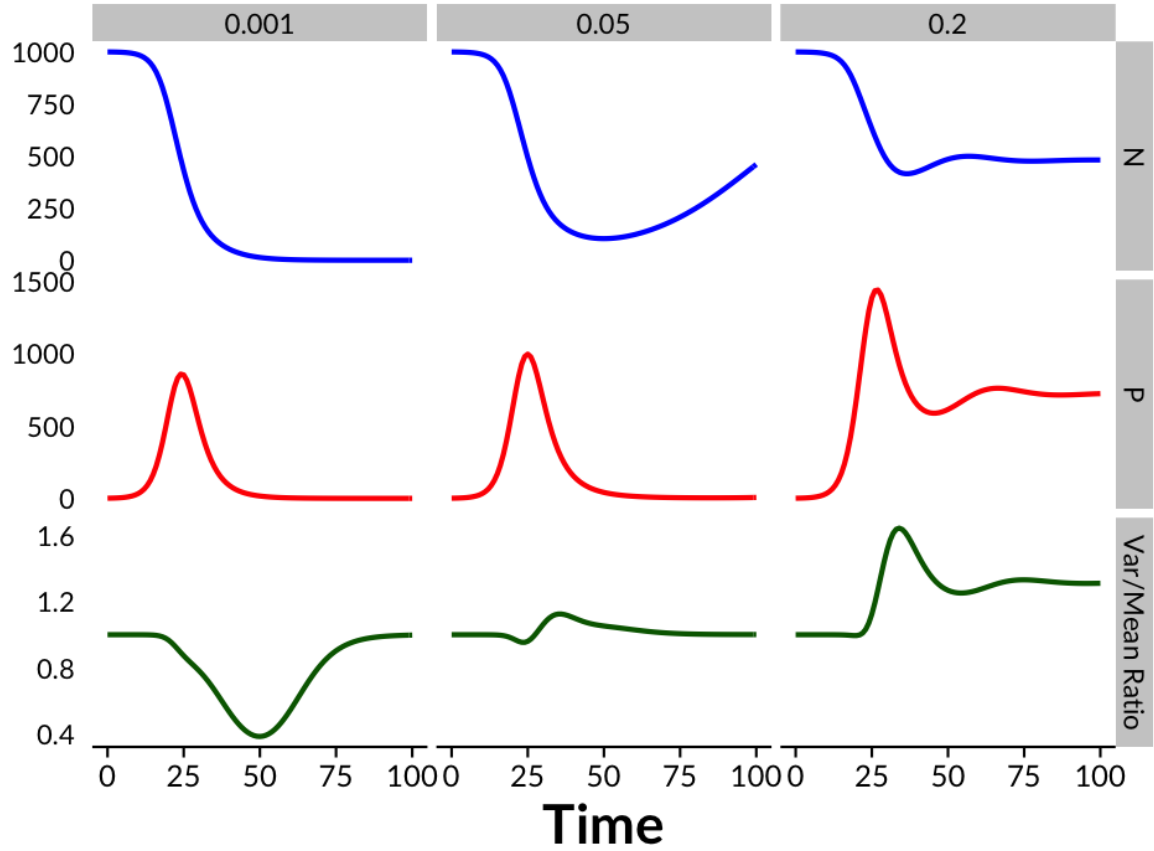


Figure 4.1: Dynamics of a parasite epidemic in the linear ODE model, across different host growth rates  $r$ . Top (blue): total host population ( $N$ ), over time. Middle (red): total parasite population ( $P$ ) over time. Bottom (green): variance/mean ratio of the distribution of parasites among hosts. Host growth rates vary by column:  $r = 0.001$  (left),  $r = 0.05$  (middle),  $r = 0.2$  (right).

distribution than the negative binomial at all growth rates. Figure 2 shows the relative fit of the two distributions as measured by Kullback–Leibler divergence (KLD). Positive values indicate a better fit to the CMP than negative binomial. As KLD is log-scale the y-axis represents the equivalent of a likelihood ratio. In periods of neither over- nor underdispersion, both distributions fit equally. At all other times the distributions generated by the ODE model are better approximated by the CMP distribution.

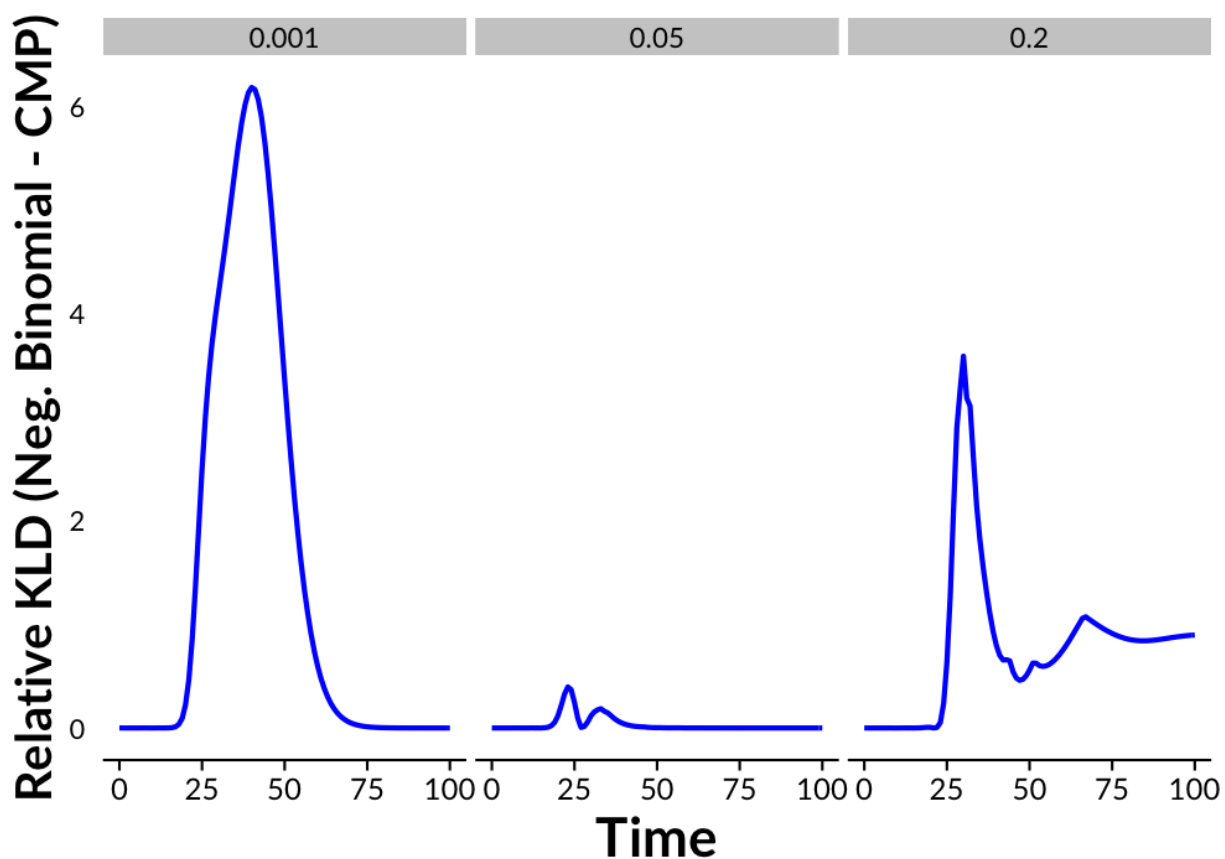


Figure 4.2: Relative fit of distributions produced by the linear ODE model to negative binomial and CMP distributions. Positive values indicate better fits for CMP. Host growth rates vary:  $r = 0.001$  (left),  $r = 0.05$  (middle),  $r = 0.2$  (right).

Figures 3 and 4 show the system dynamics for the case of  $p = 2$ , or nonlinear parasite-induced host mortality. Overall dynamics in this case are similar for all host growth rates.

However, in this case, underdispersion occurs in at all growth rates, with weak underdispersion at equilibrium at the highest growth rate. As would be expected, the CMP distribution describes the distribution of parasites much better at all growth rates, with the greatest advantage being at low growth rates, where underdispersion is greatest.

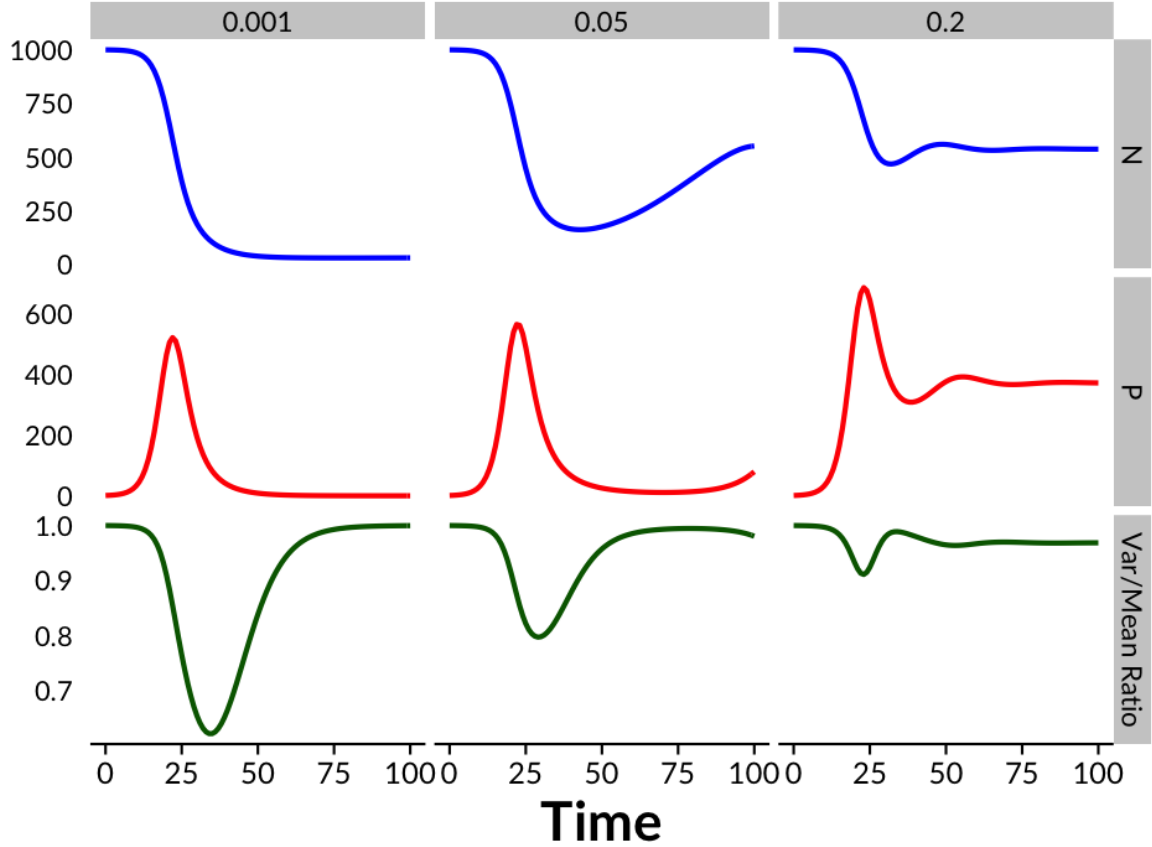


Figure 4.3: Dynamics of a parasite epidemic in the nonlinear ODE model, across different host growth rates  $r$ . Top (blue): total host population ( $N$ ), over time. Middle (red): total parasite population ( $P$ ) over time. Bottom (green): variance/mean ratio of the distribution of parasites among hosts. Host growth rates vary by column:  $r = 0.001$  (left),  $r = 0.05$  (middle),  $r = 0.2$  (right).

Figure 5 shows mean dynamics of 100 IBM runs as well as individual runs for the linear case. The dynamics of the discrete, stochastic IBM vary in minor ways from the deterministic ODE. In general, mean host populations remain higher, and parasite populations are greater



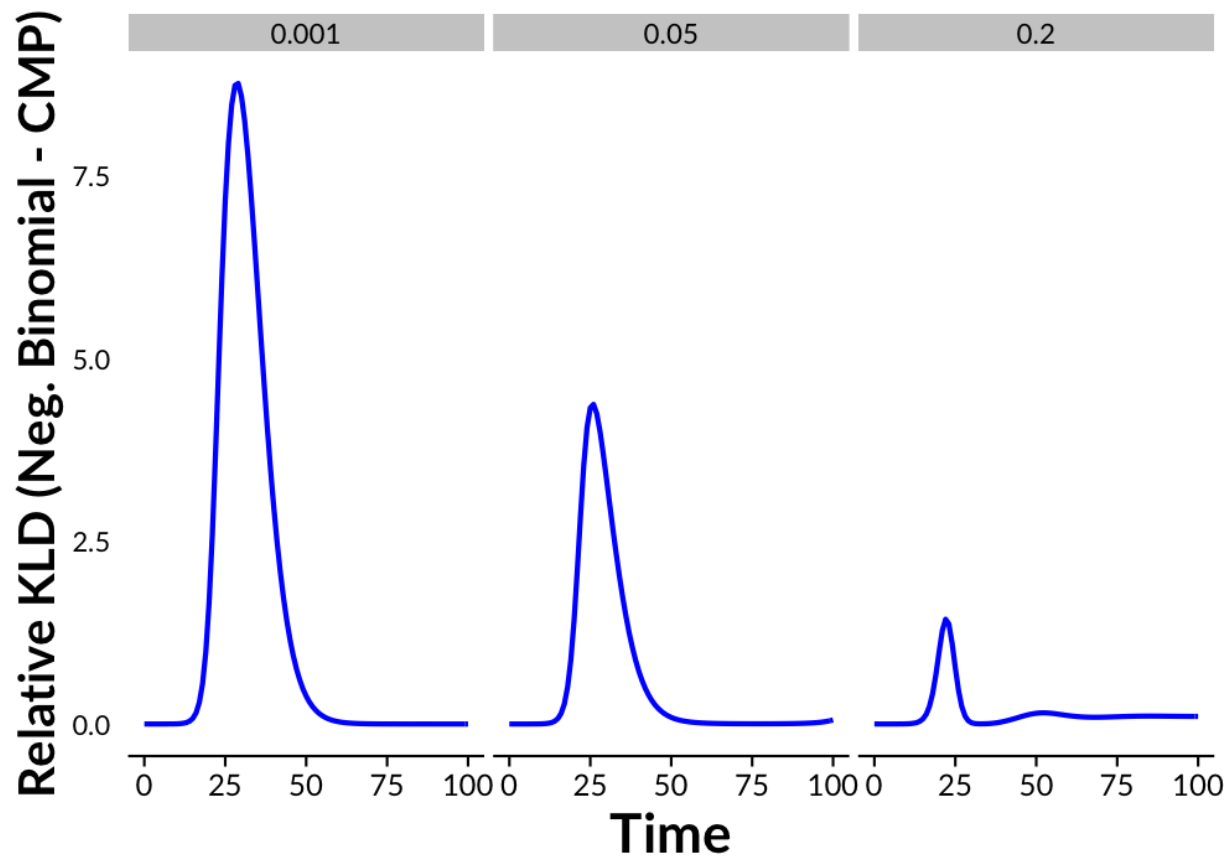


Figure 4.4: Relative fit of distributions produced by the nonlinear ODE model to negative binomial and CMP distributions. Positive values indicate better fits for CMP. Host growth rates vary:  $r = 0.001$  (left),  $r = 0.05$  (middle),  $r = 0.2$  (right).

at both the peak of the epidemic and equilibrium. However, the variance/mean ratio does not decline below zero in the IBM in any of the cases with linear host mortality. Where the ODE system generates underdispersion, the IBM is randomly dispersed (variance/mean ratio  $\approx 1$ ). Where the ODE generates overdispersion, the IBM generates stronger overdispersion. This is also reflected in the relative fits of the distributions (Figure 6). The randomly-dispersed IBM is fit nearly equally well by the CMP and negatively binomial distributions, while the overdispersed counts are fit better by the CMP.

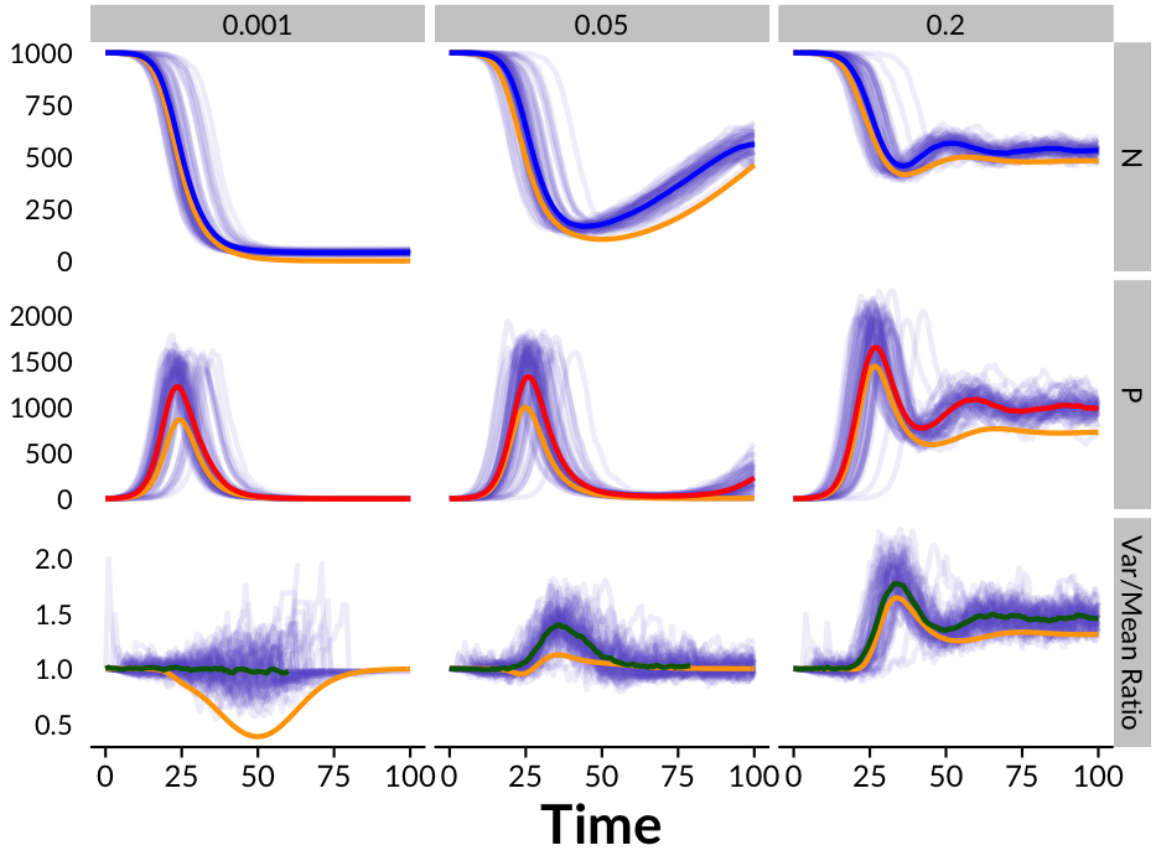


Figure 4.5: Dynamics of a parasite epidemic in the linear IBM, across different host growth rates  $r$ . Mean values of 100 runs shown, with individual runs shown in purple. Top (blue): total host population ( $N$ ), over time. Middle (red): total parasite population ( $P$ ) over time. Bottom (green): variance/mean ratio of the distribution of parasites among hosts. Orange lines show dynamics of the linear ODE for comparison. Host growth rates vary by column:  $r = 0.001$  (left),  $r = 0.05$  (middle),  $r = 0.2$  (right).

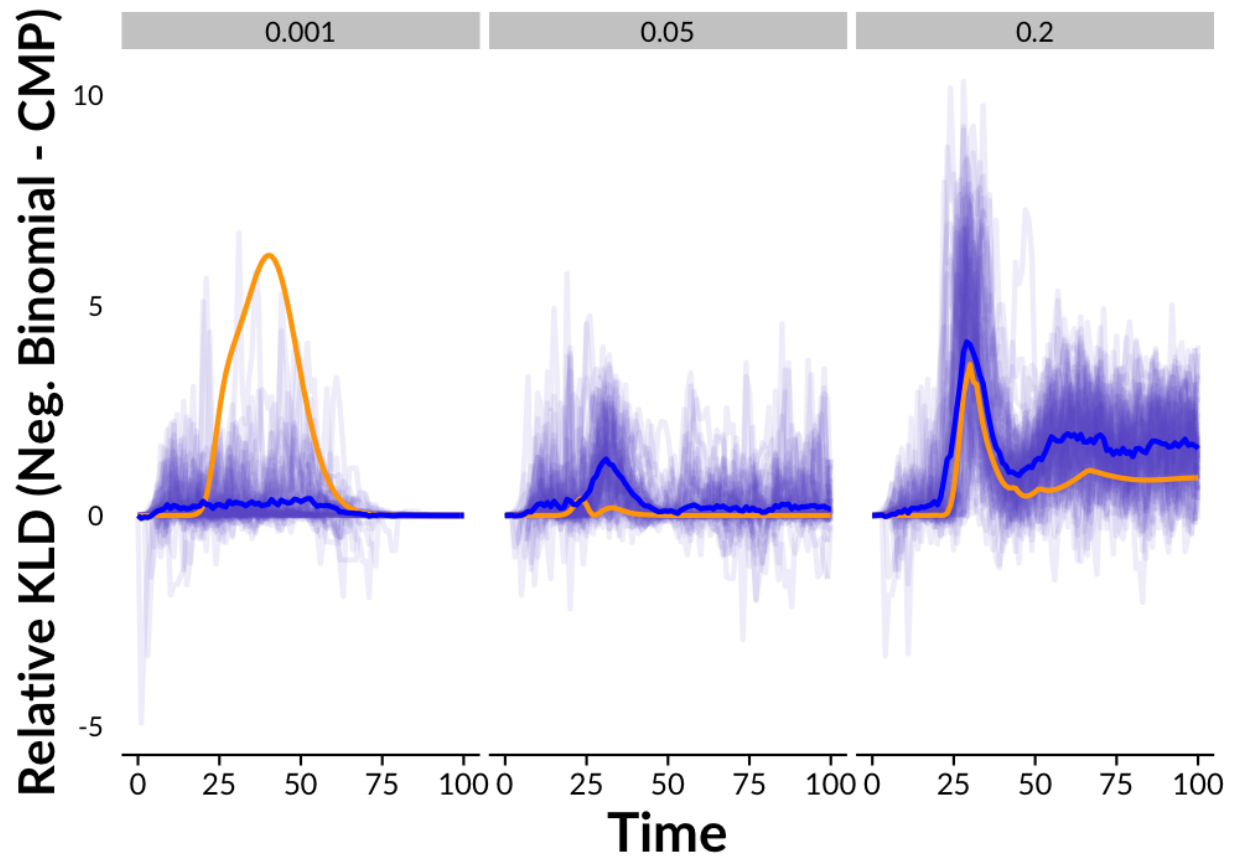


Figure 4.6: Relative fit of distributions produced by the linear IBM model to negative binomial and CMP distributions. Mean value of 100 runs shown, with individual runs shown in purple. Relative fits for the linear ODE model shown in orange for comparison. Positive values indicate better fits for CMP. Host growth rates vary:  $r = 0.001$  (left),  $r = 0.05$  (middle),  $r = 0.2$  (right).

In the case of nonlinear mortality, the IBM behavior once again largely reflects that of the ODE (Figure 7). In this case, the underdispersal in the ODE model is still present, albeit weaker. The CMP distribution is a substantially better fit in all cases, though not as strongly as in the ODE case.

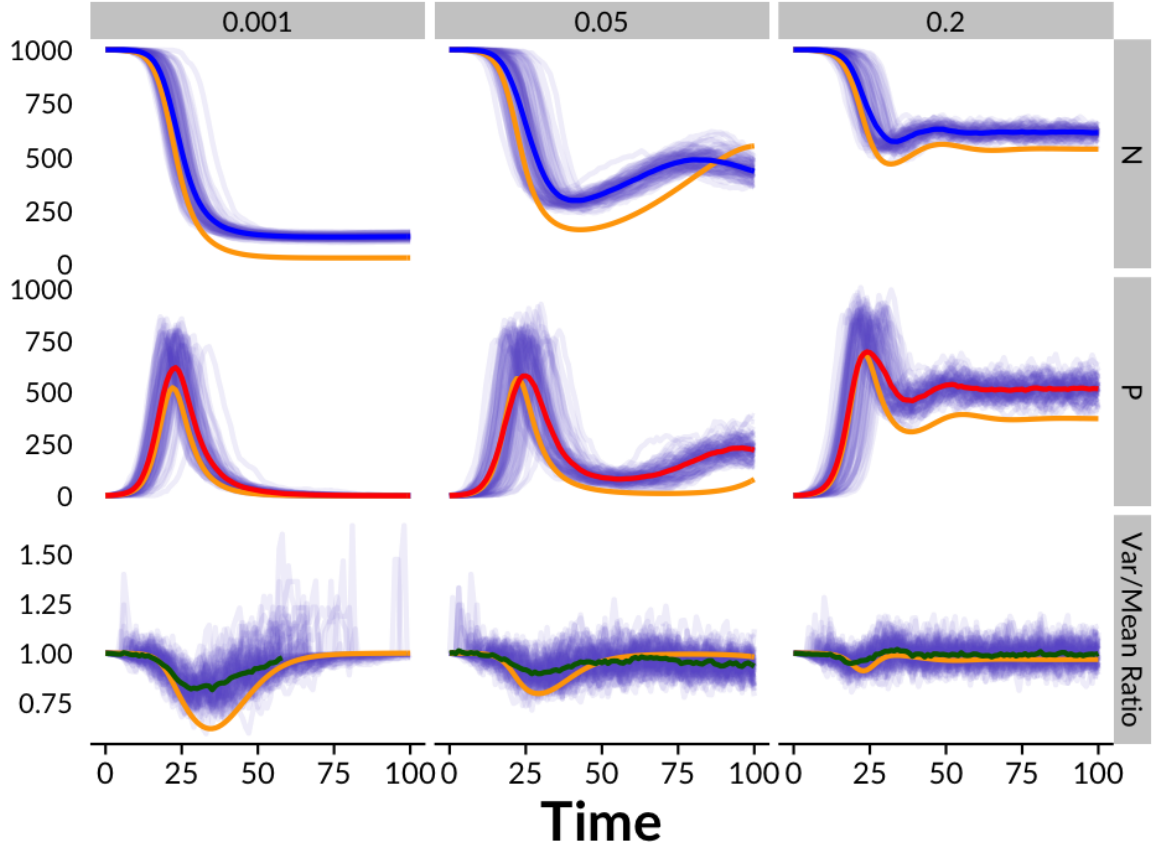


Figure 4.7: Dynamics of a parasite epidemic in the nonlinear IBM, across different host growth rates  $r$ . Mean values of 100 runs shown, with individual runs shown in purple. Top (blue): total host population ( $N$ ), over time. Middle (red): total parasite population ( $P$ ) over time. Bottom (green): variance/mean ratio of the distribution of parasites among hosts. Orange lines show dynamics of the nonlinear ODE for comparison. Host growth rates vary by column:  $r = 0.001$  (left),  $r = 0.05$  (middle),  $r = 0.2$  (right).

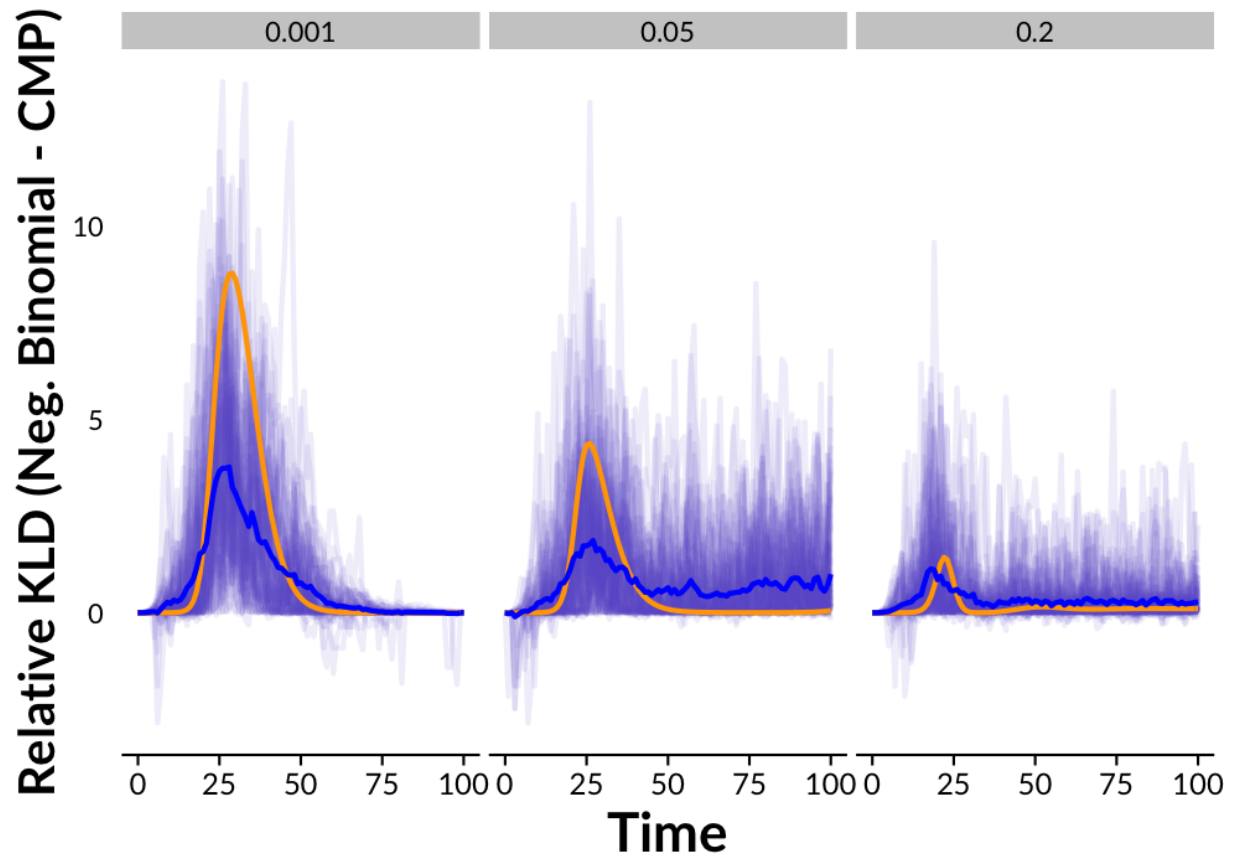


Figure 4.8: Relative fit of distributions produced by the linear IBM model to negative binomial and CMP distributions. Mean value of 100 runs shown, with individual runs shown in purple. Relative fits for the linear ODE model shown in orange for comparison. Positive values indicate better fits for CMP. Host growth rates vary:  $r = 0.001$  (left),  $r = 0.05$  (middle),  $r = 0.2$  (right).

## 4.4 Discussion

Underdispersion can occur in classic host-parasite models even in the absence of parasite density dependence, though density dependence strengthens this effect. It occurs during transient dynamics as parasite population growth drives host populations down when the time scale of population growth is much slower than the rate of growth of the parasite. This is a time-delay effect; as high-infection hosts die from infection, the slow growth of new hosts and their progression to higher infection levels takes time to rebound, leading to an overall thinner tail of the distribution during this transient. In the cases of density-dependent mortality, this underdispersal is enhanced.

This underdispersal effect is weakened or eliminated in discrete IBM models as compared to ODE models with the same parameterization. In the IBM, the long tail is truncated, as no values below one are present, while in the ODE the tail may extend much further with below-one values. This would intuitively make the distribution more underdispersed. However, the truncation of the tail also eliminates the outsize effect of these sub-1 groups from the system, resulting in less overall mortality, weakening the forces that drive underdispersal.

These models produce distributions more closely matched by the CMP distribution than the negative binomial in all cases where parasites are non-randomly distributed. While it was expected that would occur for underdispersed populations, it is somewhat surprising that it did for overdispersed populations. This highlights the fact that the mechanism producing overdispersal in these models is different from that commonly-attributed case of variation in host vulnerability. Rather, both under- and overdispersal arise from forces of load- dependent colonization and mortality. In real systems, parasite distribution may be

driven by a combination of these forces and host variation. Thus, mixed models, comprised of CMP distributions with varying  $\lambda$  terms, may be appropriate for describing populations when there is sufficient data and reason to examine multiple forces shaping host-parasite dynamics.

The CMP distribution may be appropriate to other applications in ecology. Thus far, its use has been limited to a few test cases (Ridout & Besbeas 2004, (clutch size); Lynch *et al.* 2014 (litter sizes, plant densities, and species richness)). Mechanistically, CMP is an appropriate fit for data generated by density-dependent processes or where high counts are censored. The **cmp** package can be used with other R packages such as **rethinking** (McElreath 2016) and **nimble** (NIMBLE Development team 2104) to build general linear models and mixed models with the CMP distribution.

## 4.5 Acknowledgements

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## A Appendices to Chapter 1

### A.1 Simplifying assumptions and age structure

Following Anderson & May (1978), I collapse the age-structured multi-infection model from a system of infinite equations to a system of four, representing the total populations of each stage and parasites within these stages.

$$\begin{aligned} J &= \sum_{i=0}^{\infty} J_i & A &= \sum_{i=0}^{\infty} A_i \\ P_J &= \sum_{i=0}^{\infty} iJ_i & P_A &= \sum_{i=0}^{\infty} iA_i \end{aligned}$$

In order to devise tractable equations for  $J$ ,  $A$ ,  $P_J$ , and  $P_A$ , I assume a distribution of parasites among hosts within each population stage. Assuming a Poisson distribution (that is, random and independent infections among hosts) yields

$$\begin{aligned} \frac{dJ}{dt} &= (J + A)f\left(1 - \frac{J + A}{K}\right) - J(d + g) - \alpha P_J \\ \frac{dA}{dt} &= Jg - dA - \alpha P_A \\ \frac{dP_J}{dt} &= \lambda J(P_J + P_A) - P_J\left(d + g + \alpha\left(1 + \frac{P_J}{J}\right)\right) \\ \frac{dP_A}{dt} &= \lambda A(P_J + P_A) + gP_J - P_A\left(d + \alpha\left(1 + \frac{P_A}{A}\right)\right) \end{aligned}$$

Summing these equations to determine  $dN/dt$  and  $dP/dt$  yields

$$N = J + A \quad P = P_J + P_A$$



$$\begin{aligned}\frac{dN}{dt} &= Nf\left(1 - \frac{N}{K}\right) - dN - \alpha P \\ \frac{dP}{dt} &= \lambda NP - (d + \alpha)P - \alpha\left(\frac{P_J^2}{J} + \frac{P_A^2}{A}\right)\end{aligned}$$

As parameters are identical across life stages,  $dP/dt$  should be identical to the case of no age structure:

$$\frac{dP}{dt} = \lambda NP - (d + \alpha)P - \alpha\left(\frac{P^2}{N}\right)$$

This requires that

$$\frac{P^2}{N} = \frac{(P_J + P_A)^2}{J + A} = \frac{P_J^2}{J} + \frac{P_A^2}{A}$$

which only holds true when  $P_J/J = P_A/A$ ,  $J = P_J = 0$ , or  $A = P_A = 0$ .

As shown in the main text,  $P_J/J$  and  $P_A/A$  (the mean infections in each life stage) vary, with adults generally having more infections than juveniles. The simplifying assumption based on the distribution of infections among individuals does not apply within life stages.

## A.2 Initial derivative and time-to-10%-infection dynamics

Supplementary figures: Model dynamics of all models where *SIV* and multi-infection models were parameterized to identical initial second derivatives of the *SI* model (top), and time-to-10% infection as the *SI* model (bottom). Dynamics are near-identical.

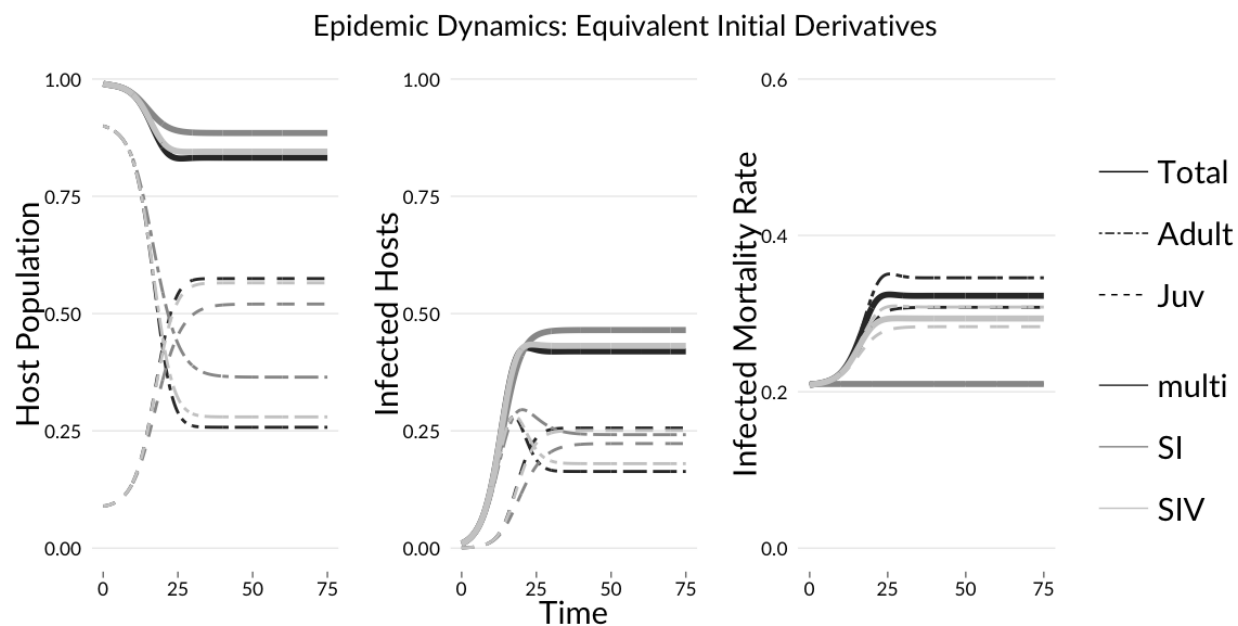


Figure A.1: Equivalent Initial Derivatives

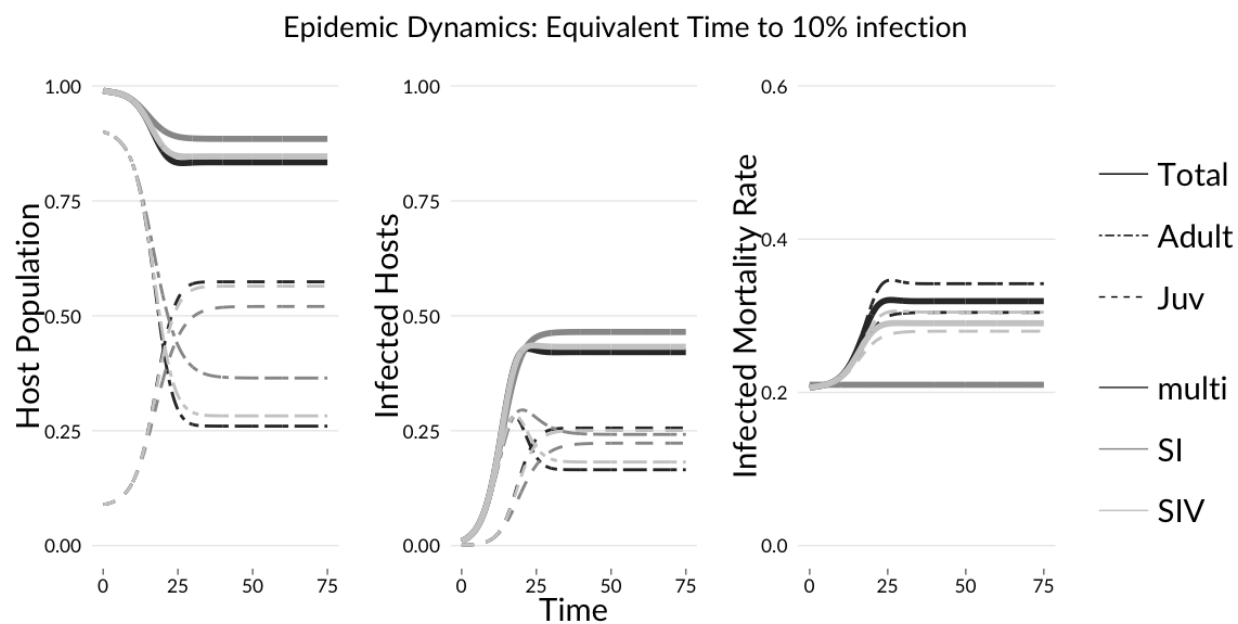


Figure A.2: Equivalent Time-to-10% infection

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