THE CAMEROON ENGLISH SPEAKING MEDICAL STUDENTS' ASSOCIATION



Impacting lives one breath at a time...

Presents

Tombel District; Health Campaign 2018 PROJECT PROPOSAL

Sunday, 29th July - 05th August 2018





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CONTACTS

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BANK ACCOUNT INFORMATION

Bank name: Caisse Camerounaise d'épargne et de Crédit

Account name: CAMESA Number: 100 016932 314 30



I. SUMMARY

ACTIVITY:

CAMESA-ORGANISED HEALTH CAMPAIGN.

LOCATION: TOMBEL HEALTH DISTRICT, KUPE-MANENGUBA DIVISION South West Region.

GOALS:

• **GOAL** #1: Contribute to improve health care of the population of Tombel health district by 10%(about 10 000 inhabitants).

Objectives:

- 1. Improve knowledge of 90% of our target population regarding diseases like; diabetes, hypertension
 - -Hepatitis
 - -HIV
 - -malaria
 - -typhoid
- 2. Provide three specialized health care to the target population
- 3. Provide free diagnosis of common health pathologies and free treatment of 90% of our target population.
- 4. Improve the community's personal hygiene and sanitation by sensitisation and human investment.
- **GOAL #2:** Improve healthcare access of pregnant women and nursing mothers.

Objectives

- 1. Improve antenatal care (ANC) I by 80% in 5 health facilities
- 2. Improve antenatal care (ANC) IV+ by 80% in 5 health facilities
- 3. Improve vaccination turnout by 80% in 5 health facilities

PLAN:

STARTS: Monday 30st July 2018
 ENDS: Sunday 5th August 2018

BUDGET:

GRAND TOTAL: 14 295 415 FCFA



II. INTRODUCTION

Established in 1993, the Cameroon English Speaking Medical Students' Association (CAMESA) is a not-for-profit, non-partisan and non-denominational association.

Membership comprises of English-speaking students by origin or by virtue of their education in the Anglo Saxon sub-system of education who are studying medicine, pharmacy, dentistry or biomedical sciences in all Seven Faculties of Medicine in Cameroon. CAMESA has its seat in Yaoundé.

CAMESA has as aims and objectives;

- ✓ Promoting a spirit of togetherness, mutual understanding and corporation amongst members.
- ✓ Encouraging young Cameroonians to get into medicine school and orienting them therein.
- ✓ Educating the Cameroonian public, particularly on health related subjects.
- ✓ Carrying out philanthropic activities.

Some of CAMESA's annual activities include;

- > Organization of health campaigns.
- > Organization of health symposia.
- ➤ Visits to social facilities (Orphanages, Handicap centers, Geriatric homes).
- ➤ Health talks in schools particularly in commemoration of WHO awareness days.

In CAMESA, we believe **health is wealth** and remains the foundation of any development. In this light CAMESA has as its biggest priority to organize a weeklong health campaign, a program aimed at offering health services to populations in areas which might not otherwise have access to these services.

This is known as the CAMESA health campaign and has been in a bid to better the situation of humanity as "All health is better than wealth".

Started in 2005, the **CAMESA health campaign,** is an annual, weeklong, community outreach program organized during the summer vacation. It preferentially targets areas and villages with little or no medical services or areas far away from the hospital.

The health campaign alternates between the North West and South West Regions and in its 12 years of organization we have been privileged to have worked in 20 health districts, touching over 20,000 lives.



The most recent of CAMESA's health campaign was organized in the NKAMBE, NDU and MISAJE Health Districts in the North West Region from the 31^{st July} to 6th of August 2017.

Below is a list of the Health Districts we have conducted past health campaigns in since the conception of the health campaign.

YEAR	HEALTH DISTRICT
2005	Mbengwi (Momo Division)
2006	Kumba (Meme Division)
2007	Bali (Mezam Division)
2008	Buea and Limbe (Fako Division)
2009	Bafut (Mezam Division)
2010	Fontem (Lebialem Division)
2011	Batibo (Momo Division)
2012	Bangem (Kupe-Muanenguba Division)
2013	Oku (Bui Division)
2014	Mamfe and Eyumojock (Manyu Division)
2015	Wum and Benakuma (Menchum
	Division)
2016	Ekondo-Titi and Mbonge (Ndian Division)
2017	Nkambe,Ndu and Misaje (Donga-
	Mantung)

CAMESA will be going to the Kupe-Manenguba Division for its 2018 health campaign, and will carry out activities in the Tombel health district.

"If the execution is conducted as planned, it might bring us a step closer to at its least providing sustainable healthcare to the target population" – The Prime Minister and Head of Government, H.E Mr. Philemon Yang.



III. NEEDS STATEMENT

Being in its 13th edition, the health campaign has always been organised to address basic healthcare problems.

CAMESA hopes that through the health campaign, it can contribute to the achievement of the Sustainable Development Goals (SDGs) - goal 3, 6 and 17 that tie directly with health.

In addition to the fulfilment of these SDGs, this activity is also a determining factor for Cameroon's vision as a developed nation, since a healthy nation is synonymous to a powerful workforce.

The TOMBEL health campaign will be no exception, as CAMESA intends to provide adequate healthcare services to the population of the TOMBEL health district.

Presentation of site

The KUPE-MANENGUBA Division was selected because of

- The in-accessible roads leading to some villages caused by sporadic and torrential rainfalls, thereby limiting medical care access for most villagers and,
- One of the Division's to have never benefited from CAMESA's health campaign.

A. Why TOMBEL Health District?

- Situated in the KUPE-MANENGUBA Division, the Tombel Health District is some 103 km from Buea and its neighbour Douala. Distance to access quality health care and information is reduced by poor topography and landscape. A vicinity known for poor roads which serves periodically to meet the transport needs and movement of its inhabitants which is a barrier to meet care in time of emergencies. This is a major challenge which causes a huge constrain on mobility to access medical care in a timely manner.
- It has a difficult and vast terrain with poorly-maintained earth roads on a hilly countryside. Sensitization and communication on health Campaign has really been unproductive. Tombel is one huge area which will need a topical assessment and health follow up to attract government interest and develop the medical concern of its inhabitants.



- Due to a high morbidity and mortality in preventable disease, we look to first provide the population with the right information necessary for preventing such diseases and to further provide treatment to their complains.
 - Information obtained from the District Medical Officer and his entourage reports the existence of the following health and sanitary problems:
- High incidence of malaria which is the first cause of consultation with widespread self-medication.
- High incidence and prevalence of water-borne diseases: typhoid fever, amoebiasis, intestinal infections, diarrhoea mainly due to the lack of potable water in most of the health areas.
- Increasing incidence of chronic diseases such as diabetes and hypertension.
- High incidence of rheumatic diseases since the main activity practised by the indigenes of this area is farming.
- The lack of proper nutritional information predisposes the indigenes to diseases such as gastroenteritis.
- Very high and uncontrollable consumption of alcohol.
- Lack of first-hand information on basic methods of disease prevention and water purification.
- Teenage pregnancy due to lack of adequate juvenile orientation.
- STIs (Sexually Transmitted Infections), especially HIV/AIDS with a high prevalence in the sexually active population.

"...we laud the sacrifice, dedication and commitment of these unsung heroes (CAMESA)..." - The Federation of African Medical Students' Association (FAMSA).



IV. OBJECTIVES

Main Objective: Contribute to improve access to health care in the Tombel health district, thereby contributing towards the attainment of the Sustainable Development Goals (SDGs) numbers 3, 6, and 17 (Good health and well-being; clean water and sanitation; Partnership for the goals).

Specific Objectives:

- I. Improve health information in the community through Health Education and sensitization on pertinent health problems each day, health talks are carried out. Topics range from HIV, Malaria, and Typhoid to basic personal and environmental hygiene.
- II. Provide timely diagnosis of common health pathologies in the community.
 By conducting consultations and providing drugs for treatment free of charge.
- III. Improve access to specialized health care through surgical interventions conducted in partnership with surgeons from ASCOVIME (Association des Compétences pour une Vie Meilleure).
- IV. Improve the turnout for antenatal care and vaccination of pregnant women and nursing mothers respectively: In partnership with Gifted Mom (multi-award winning mobile health application).

This shall be achieved through the following:

- a. In each health area, 2 community health workers are trained on data collection using a smartphone.
- b. Data collected is sent to the Gifted Mom headquarters in Yaoundé. For sustainability, data collection is done for 12 months.
- c. Reminders of the doctor's appointments are sent to pregnant women and nursing mothers as well as educative messages via SMS.
- V. A complete report detailing the habits of the population towards factors influencing their health including: nutrition, environmental hygiene, vaccination against communicable diseases.
- VI. Increase accessibility of mobile banking and financial inclusion to enable medical and health coverage through micro savings. In partnership with SaveMyChild (an e-health financing platform on reproductive health through financial inclusion) The following will be achieved:



-SaveMyChild offers up to 100 mobile devices to some pregnant women to have access to information on maternal and child health and ease mobile micro savings.

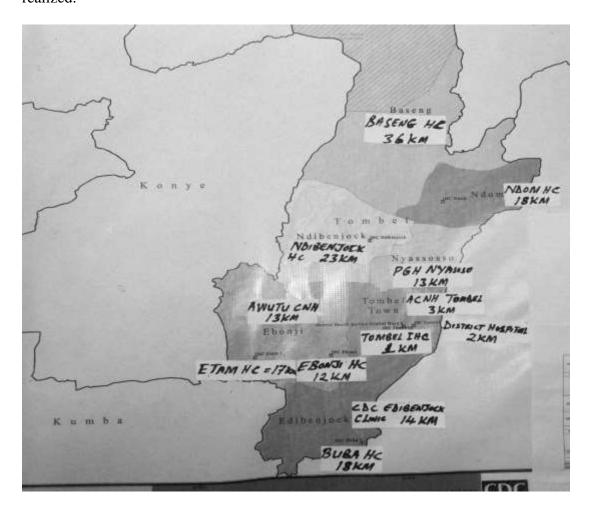
-Registration on e-banking, using mobile money services to ease local savings on phone which is intended to provide self-financing to assist in paying for consultation and making unplanned expenses.

-Training on how to process information and required assistance to obtain micro credit

-Essential conduct for pregnancy planning and birth control through education.

VII. Orient pre-university students on the field of medicine and its specialties.

In this year's health campaign, CAMESA intends to directly and indirectly impact the lives of more than **10,550** (with more than **500 people per day receiving medical assistance and follow up**) inhabitants of communities in Ebonji, Ngusi, Nyasoso, Mpeng, Ngap, Kupe, Mbabe, Etam 1&2 and Bouba. With the right methods, this can be realized.



A map showing major health centers of the Tombel Health district



V. METHODOLOGY

PRE-HEALTH CAMPAIGN

A pre-project strategy consisting of three scout trips to help attain an outline of our needs for a successful health campaign.

First scout trip: Took place from the 28^{th} - 30^{th} August, 2017 to enable us obtain permission from the appropriate authorities of the area.

During this scout trip, a preview of the different health centres in the health districts was carried out in order to select the health areas we will work in.

Second scout trip: In the month of February 2018

Third scout trip: Sensitization of the population is reinforced and the final preparations are done before the arrival of the medical team.

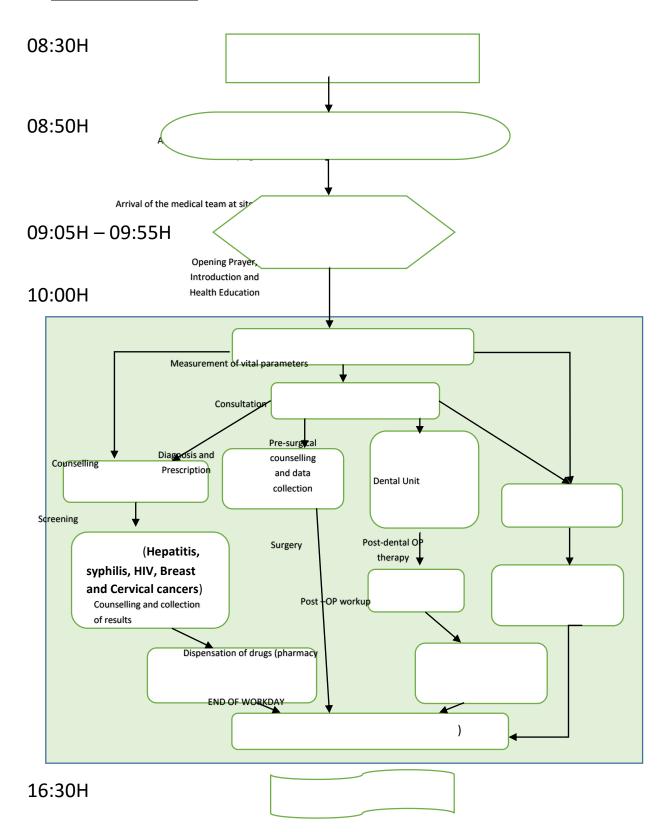
HEALTH CAMPAIGN PROPER

Each working day, the medical team will be at the health campaign site where they will carry out activities as shown on the daily flow chart.

"...Such a great initiative. That students can think of carrying out such a gesture, to help their fellow human beings, it is just formidable. It is much needed and the population will receive your team with open arms." — District Medical Officer (DMO) of the TOMBEL Health District.



DAILY FLOW CHART



*N. B: Break between 12:45H and 13:05H



ACTIVITIES

- Health education and sensitization on:
- 1. HIV/AIDS, Hepatitis, the EBOLA Virus and other STIs.
 - Mode of transmission
 - Consequences
 - Preventive measures
- 2. Dental care.
- 3. Malaria; Tuberculosis.
 - Mode of transmission
 - Risk factors
 - Risks of auto medication
- 4. Water purification and preservation.
- 5. Traditional medicine;
 - Advantages.
 - Shortcomings.
- 6. Personal and environmental Hygiene.
- 7. Mother and Child Health care.
- 8. Self-medication; Pros and Cons
 - Clinical Activities:
- 1. Medical consultation.
- 2. Screening for hypertension.
 - Para-clinical Activities:
- 1. HIV/AIDS screening tests (after counselling).
- 2. Staining and microscopic viewing of parasites.
- 3. Diabetes screening.
- 4. Screening for cervical and breast cancers, hepatitis, syphilis.
 - Minor surgical activities.
 - Major surgical interventions.
 - Dental Surgery.
 - Wound dressings.
 - > Treatment:
 - Provision of available essential drugs and referring of complicated cases.
 - Counselling.
 - Data collection.



WORK PLAN

DATE	ACTIVITY
Sunday, 09th – Wednesday 12th October 2016	First scout trip
Month of February 2017	Second scout trip
Month of May 2017	Third scout trip
Friday 15 th July 2017	Final day for collection of financial aid

TABLE 1. PRE-HEALTH CAMPAIGN WORK PLAN

DATE	ACTIVITY
Months of June and July	Preparation of medical team Sensitization of target population
Sunday 30 th July 2017	Arrival of Medical team, Installation and Courtesy call
Monday 31st July 2017	Health Campaign at Ebonji and Etam Health Area
Tuesday 01st August 2017	Health Campaign at Nyassoso Health Area
Wednesday 02 nd August 2017	Health Campaign at Ndibenjock Urban Health Area
Thursday 03 rd August 2017	Health Campaign at TOMBEL Health Area
Friday 04 th August 2017	Health Campaign at Baseng Urban Health Area
Saturday 05 th August 2017	Day-off (Tour/Excursion/Gala night)
Sunday 06 th August 2017	Departure of medical team

TABLE 2. HEALTH CAMPAIGN PROPER WORK PLAN

^{*} In the selection of sites, preference is given to health areas with fewer health facilities and having pertinent health problems based on reports obtained from the District Medical Officer.



VI. RESOURCES

Human Resources

- Provided by CAMESA.
- CAMESA will work in collaboration with the District Medical Officer (D.M.O) and local health personnel.
- A Gifted Mom technician.
- A team from ASCOVIME (Association des Compétences pour une Vie Meilleure), a non-profit making, mobile surgical team. This team will take charge of the major surgical interventions.

CLASS	NUMBER	DUTY
Medical Doctors	10	Consultation and Minor surgery.
7 th Year Students	15	Consultation and Minor surgery.
6 th Year Students	17	Consultation.
5 th Year Students	18	Consultation assistants, Health Education and Screening.
4 th Year Students	28	Consultation assistants, Health Education and Screening.
3 rd Year Students	22	Measurements of Vital Parameters, Health Education.
2 nd Year Students	15	Measurements of Vital Parameters, Health Education.

TOTAL = 125 medical personnel.

Financial Resources:

The resources, as listed below, are to be provided by CAMESA, the elites of the region, the council, philanthropists and non-governmental organizations...



DETAIL BUDGET FOR THE NKAMBE AND NDU HEALTH CAMPAIGN

Activity	CU (XAF)	Qty	Total (XAF)
ACTIVITY 1 – Transport			2 700 000
Budget Item 1Bekoko Tombel and back	5 000	150	750 000
Budget Item 2 From lodge to the different health areas	13 000	150	1 950 000
ACTIVITY 2 – Lodging			2 100 000
Budget Item 1 – Lodging for 7 days	14 000	150	2 100 000
ACTIVITY 3 Feeding			2 100 000
Budget Item 1 – Feeding for 7 days	14 000	150	2 100 000
ACTIVITY 4 – Health education			102 000
Budget Item 1 - Banners	7000	10	70 000
Budget Item 2- Posters	800	40	32 000
ACTIVITY 5 – Treatment			4 876 515
Budget Item 1 – Essential Drugs	4 282 590	1	4 282 590
Budget Item 2 – Equipment	968 325	1	593 925
ACTIVITY 6 – Pregnant women and nursing mother care			1 260 000
Budget Item 1 – Cost of SMS	18	10 000	180 000
Budget Item 2 – Smartphone for 10 relay workers for data collection	60 000	10	600 000
Budget Item 3 – Internet for Smartphones for 12 months of project consuming 4,000F per month for 10 relay workers	40 000	12	480 000
ACTIVITY 7 – Publicity and sensitization			700 000
Budget Item 1 – Banners	15 000	2	30 000
Budget Item 2 – T-shirts	3 500	150	525 000
Budget Item 3 – Caps	1 500	50	75 000
Budget Item 4 – Plastic bags	350	200	70 000
ACTIVITY 8 – Documentation			82 500
Budget Item 1 – Printing of reports	550	150	82 500



GRAND TOTAL = 14 295 415 FCFA

*Contributed by CAMESA: 1 500 000 FCFA *Amount of Aid Needed: 12 795 415 FCFA





VII. APPENDICES

3 800

DRUG LIST

Trabar 100mg inj.

ANTIBIOTICS

DRUGS	DETAILS	QUANTITY	UNIT PRICE	TOTAL PRICE
Amoxicillin UBI 500mg tab.	Boite/100 × 12	10	10 000	100 000
Co-trimazole 480mg tab.	Boite/100 × 10	10	25 000	250 000
Doxycycline 100mg tab.	Boite/10 × 10	28	6 980	195 440
Erythromycine 500mg tab.	Boite/100 × 10	5	6 215	31 075
Ciprofloxacine 500mg tab.	Boite/10 × 10	50	11 000	550 000
Cipracef 1g inj.	Boite/10	10	15 000	150 000
Metronidazole 500mg tab.	Boite/10 × 10	60	6 000	360 000
	ANTI-INFLAMM.	ATORIES ANI	D ANALGESICS	
Aspegic 100mg sachet NN	Boite/20	150	1 225	183 750
Paracetamol 500mg tab.	Boite/100 × 10	8	10 000	80 000
Ibuprofen 400mg tab.	Boite/100 × 10	6	30 000	180 000
Dexamethasone 5mg Mission	Boite/10 × 10	20	5 000	100 000
Tremadol 50mg tab.	Boite/20	20	2 950	59 000

OTHERS

10

Boite/5

Quinimax 500mg inj.	Boite/3	10	3 050	30 500
Coartem tab.	Plaquette/24	200	2 000	400 000
Artesunate + Amodiaquin	Boite/3 × 25	4	25 000	100 000
Glucose 5% 500ml	Boite/20	1	18 000	18 000
Saline (NaCl) 9% 500ml	Boite/20	1	18 000	18 000
Mebendazole 100mg tab.	Boite/100 × 10	10	40 000	400 000
Polaramine 2mg tab.	Boite/30	35	1 250	43 750
Fercefol tab.	Boite/30	90	1 300	117 000
Spasfon tab.	Boite/30	10	1 975	19 750
Orasel kit +zinc	Boite/50	5	35 000	175 000

38 000



Primperan 10mg tab.	Boite/40	10	2 870	28 700
Maalox 4.3ml sachet	Boite/20	25	4 525	113 125

Gestid tab.	Boite/20	30	925	27 750
Multi Vitamins tab.	Boite/10 × 10	30	2 500	62 500
Vitamin B Complex tab.	Boite/100	25	7 850	196 250
Griseofulvine tab.	Boite/10 × 10	10	10 000	100 000
Nystatine 500mg tab.	Boite/100 × 10	1	75 000	75 000
Fluconazole 200mg tab.	Boite/10	40	2 000	80 000

TOTAL = 4 282 590 F CFA

MATERIAL	DETAILS	QUANTITY	UNIT PRICE	TOTAL PRICE
Surgical blades (lames de	Boite/100	1	20 000	20 000
Bistouri) No. 15				
Betadine jaune 500ml	Boite/1	5	5 000	25 000
Cyteal 500ml	Boite/1	5	5 725	28 625
Alcohol 70% II	Boite/1	2	800	1 600
Sterile gauze(Cutisell) 10cm X	Boite/10	50	3 000	150 000
10cm				
Plaster	5m x 0.005	2	2 600	2 600
Gloves	Boite /100	3	5 000	10 000
Sterile Gloves		150	250	37 500
Vicryl 2/0	Boite/1	10	24 000	240 000
Nylon 2/0	Boite/1	5	12 000	60 000
	QUICK	TEST		
Glucometer (Glucoplus apparatus)	Paquet/1	2	50 000	100 000
Glucometer strips (Glucose plus bandelette)	Boite/50	8	17 500	140 000
Pricking device		4	N/A	N/A
Glucoplus lancettes	Boite/100	3	5 000	15 000



Test rapide du VIH	Paquet/1	200	N/A	N/A
Test rapide de grossesse	Paquet/1	30	1 500	45 000
Urine dipsticks (combi 10)	Boite/10	10		

Condoms(Prudence)	Boite/48 x 3	7		
Electronic Thermometer	Boite/ 1	10	2 500	25 000
Tongue depressors		600		
Cotton 100g	Paquet/1	5	1 000	5 000
Drip sets(Perfuseur)	Paquet/1	40	300	12 000
Eppicranien G25		40	250	10 000
Syringes 10ml		2	8 000	16 000
Distilled Water 10ml	Boite/ 100	25	1 000	25 000

TOTAL = 968 325 FCFA

INTER-RURAL TRANSPORTATION

	PLACES	COST per person	Amount in FCFA
From	То		
Tombel	Ebonji and Etam	2000 x 2 (to and fro)	4000
Tombel	Nyassoso	2000 x 2 (to and fro)	4000
Tombel	Ndibenjock	1500 x 2 (to and fro)	3000
Tombel	Baseng	1000 x 2 (to and fro)	2000
TOTAL per person 13 000			

TOTAL for Inter-rural transportation = Total per person x 150 people

TOTAL for Inter-rural transportation = 1 925 000 FCFA



UNIVERSITY OF YAOUNDE I UNIVERSITE DE YAOUNDE I

FACULTY OF MEDICINE AND BIOMEDICAL SCIENCES FACULTE DE MEDECINE ET DES SCIENCES BIOMEDICALES

0019

Tel: (237) 231 05 86 Fax: (237) 231-12-24



Yaounde the 1 3 JAN 2005

The Dean of the Faculty of Medicine and Biomedical Sciences Le Doyen de la Faculté de Médecine et des Sciences Biomédicales

This is to certify that CAMESA (Cameroon English-Speaking Medical Students Association) is officially recognised and exists since its creation in 1993.

This association is engaged in activities such as:

- Organising health campaigns;
- Academically assisting junior students of the faculty and other bodies through health talks.
- Dissemination of knowledge and sharing of experiences amongst members through symposia.
- Sensitisation and orientation of young Cameroonians wishing to get in to the Faculty on Medicine and Biomedical Sciences (F.M.B.S). This is done through CAMESA coordinated F.M.B.S entrance preparatory classes with the help of a pamphlet "The CAMESAN GUIDE», produced and published by the association.

We hereby recommend that any aid required by the association for the execution of the above-mentioned activities be granted them.



REGION DU CENTRE CENTER REGION

DEPARTEMENT DU MFOUNDI MFOUNDI DIVISION

PREFECTURE DE YAOUNDE S.D.O'S OFFICE

BUREAU DES ASSOCIATIONS ET DES PARTIS POLITIQUES ASSOCIATIONS AND POLICAL PARTIES AFFAIRS

REPUBLIQUE DU CAMEROUN REPUBLIC OF CAMEROON

PAIX - TRAVAIL - PATRIE Peace - Work - Fatherland

ASSOCIATION DECLARATION RECEIPT

Nº 0 007 05 /ADR/106/BAPP

I. The Undersigned Q.D. O for the Moundi Division,

Accord to the afore mentioned persons declaration receipt, as previewed in article 7 of law n°90/053 of December 1990 giving freedom of association.

Title of the association: "CAMEROON ENGLISH - SPEAKING MEDICAL ASSOCIATION" (CAMESA)

Objectives: Promote a spirit of togetherness, mutual understanding and cooperation amongst members - Encourage young Cameroonians to get into medical school - Educate the Cameroonian public on matters affecting their health and welfare - Carry out philanthropic gestures in the society Cooperate with other bodies at home and abroad on academic and sociocultural matters - Come to the assistance of members in times of sorrow or happiness.

Headquarters:

Administration

President:

Vice-president: SecretaryGeneral:

Vice-SecretaryGeneral:

Treasurer:

Financial Secretary:

General Organiser:

Vice-General Organiser Publics Relations Officer:

Vice Publics Relations Officer:

YAOUNDE

Mr. ABROW Posper MBAH

Mr. FOZEU FOSSO Leo

Mrs. ELAGE KANG EBOA

Mr. LEMANGE Norbert

Mrs. MUTIA KEHWALLA

Mr. EKITI Martin

Mr. LOWEH LIMNYUY

Mrs. KEKAY Krystel

Mrs. NAMANOU Ines

Mr. TARH Daniel

The Present receipt declaration which confers to the association the legal personality necessary, is established and delivered to serve where ever and when ever necessary JUL 2011

AMPLIATIONS:
- M.E.MINATD/YDE

- GRC/YDE

- CDT. GROUP. GIE/YDE

- CCRG/YDR

- CONSERNED

- CHRONO/ARCHIVES

YAOUNDE

Names, surnames, occupations, residence and addresses of those in charge of associating

annex documents to the declaration : - two (02) saples of the constitution : - one (01) minute of the consultative G.A; - Two (02) samples of the members of executive bureau



Our Present Bureau

President: ALAKE SEKOMBI Hycintha

Vice President: ACHELENGWA Ashley SEFOR

Secretary General: BANGU Maxwell

Ass. Secretary General: NSOH NDEH Fofang

Financial Secretary: SALE AKUME

Treasurer: NGANG cilia

General organiser: ABISSENGUE Gisele MAFON

Ass. General organiser: KAH Karine

Public relations officer: CHENWI Hermann Cedric

Ass Public relations officer: EJEGPANG Ranebel-Soft



VIII. CONCLUSION

We hope with this proposal CAMESA will be granted adequate support to carry out its annual health campaign successfully in the Tombel health District this year with the help of elites, our sponsors and donors which you are.

The information below will enable our benevolent participants to mobilise a method of advice, moral, material and financial participation in the execution and accomplishment of this project aimed at bringing health information and follow up to those who do not have the common means to afford regular medical follow up and treatment facilities

Thank you very much, in case you need to contact CAMESA for any of the above reactions we have highlighted the necessary contact below.

CONTACTS

ALAKE SEKOMBI HYCINTHA PRESIDENT GENERAL (+237) 696 073 468 alake.hycintha@yahoo.com BANGU MAXWELL SECRETARY

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