



**CELEBRATING  
EVERY  
INDIVIDUAL**





# Information

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Where were you born?

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Where were your childhood and adult years spent?

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Are there any other significant places in your life?

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Please describe some memorable experiences/family life growing up.

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Do you have any children and/or grandchildren?  
If so, how many and what are their names?

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Do you have any siblings? What are their names? Are they older or younger?

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## Education:

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|--|---|
| <input type="checkbox"/> Grade School                | <input type="checkbox"/> College Graduate |
| <input type="checkbox"/> Some High School            | <input type="checkbox"/> Some College     |
| <input type="checkbox"/> Vocational/Technical School | <input type="checkbox"/> Graduate School  |
| <input type="checkbox"/> High School Graduate        |   |

What is your occupation/work history?

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Were you in the military? Which branch?

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Briefly describe your marriage and/or adult family life.

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How do you like to spend your day? What time do you like to go to bed?  
Are there any habits, rituals, or routines that are important to incorporate into your day?

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### Personality traits:

Check box 1 for traits before illness. Check box 2 for traits after illness.

1    2

- Extrovert
- Friendly
- Happy
- Introvert
- Reserved
- Serious
- Suspicious
- Timid

1    2

- Caring
- Clean
- Clever
- Creative
- Curious
- Daring
- Adventurous
- Agreeable

1    2

- Courteous
- Perfectionist
- Romantic
- Sociable
- Emotional
- Outspoken
- Compassionate
- Playful

What languages do you speak?

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Has art played a role in your life? Do you enjoy drawing, coloring, or expressing yourself through the arts? Please describe:

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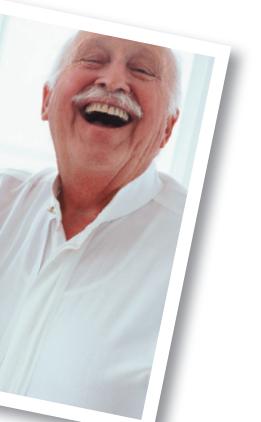
Do you have a favorite vacation destination?

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Are you an avid traveler?

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Do you enjoy road trips? \_\_\_\_\_

Do you enjoy animals? \_\_\_\_\_

Do you have a favorite TV show? Movie?

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What was your favorite childhood TV show?

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What kind of outdoor activities do you enjoy?

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Do you like to read?

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What are your religious/spiritual affiliations, if any?

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Is religion/spirituality an important aspect in your life? If so, please comment:

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Do you attend church or a bible study?

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Briefly describe any important family traditions.

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Are there any significant life events we should know about?

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Do you play any musical instruments?

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What kind of music do you enjoy?

Do you enjoy housework? \_\_\_\_\_ Do you enjoy yardwork or gardening? \_\_\_\_\_

Yoga? \_\_\_\_\_ Meditation? \_\_\_\_\_ Massage Therapy? \_\_\_\_\_

Do you prefer a shower or bath? \_\_\_\_\_

What comforts you the most?

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Do you enjoy attending concerts? \_\_\_\_\_

Do you have any specific food preferences? Do you have a favorite food?

Is there anything you dislike?

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What is your morning beverage of choice?

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Do we need to be aware of any food issues or preferences? (ie: you don't like to touch food, no bones, you like salad last instead of prior to the meal)

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Have you ever been a part of any sports teams? \_\_\_\_\_

Do you enjoy physical activity? \_\_\_\_\_

What kind of physical activity do you enjoy?

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Have you ever worked out with a personal trainer?

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# Daily Routine

(Typical routine, best/worst time of the day, etc.)

Morning:

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Afternoon:

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Evening:

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Bedtime:

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Completed by: \_\_\_\_\_

Relationship: \_\_\_\_\_

## Notes



