Name	Worktout DB ERD
Version	V2
Date Released	Jun, 05, 2024
Author	Joao Gabriel Ribeiro

User
- 🔑 **UserID** int
- Username varchar(50)
- Password varchar(10)

Muscle
- 🔑 **MuscleID** int
- MuscleTitle varchar(255)

ExerciseMuscle
- 🔑 **MuscleID** int
- 🔑 **ExerciseID** int

Workout
- 🔑 **WorkoutID** int
- WorkoutTitle varchar(255)
- UserID int

WorkoutExercise
- 🔑 **WorkoutID** int
- 🔑 **ExerciseID** int
- ExerciseReps int
- ExerciseWeight decimal(5, 2)
- ExerciseSets int

Exercise
- 🔑 **ExerciseID** int
- ExerciseTitle varchar(255)
- ExerciseDescription varchar(255) N
- ExerciseInstructions varchar(255) N