# Groceries List for the week

# Monday

#### Breakfast: pasta gratin

- ->500g pasta
- ->500g cheese
- $-{>}100{\rm g~ham}$

#### Lunch: tartiflette

- ->500g potatoes
- $-{>}200{\rm g}$ bacon
- ->1 onion
- ->1 reblochon

## Dinner: meringue

- ->20cl white\_egg
- $\text{->}110 \text{g icing\_sugar}$
- ->110g sugar

## Tuesday

#### Breakfast: pasta gratin

- $-{>}500{\rm g}$ pasta
- ->500g cheese
- ->100g ham

#### Lunch: tartiflette

- ->500g potatoes
- ->200g bacon
- ->1 onion

#### ->1 reblochon

#### Dinner: meringue

- ->20cl white \_egg
- ->110g icing\_sugar
- $\mathord{-}{>}110\mathrm{g}$ sugar

# Wednesday

## Breakfast: pasta gratin

- $-{>}500{\rm g}$ pasta
- $\mathord{-}{>}500\mathrm{g}$  cheese
- ->100g ham

#### Lunch: tartiflette

- ->500g potatoes
- $-{>}200{\rm g}$ bacon
- ->1 onion
- ->1 reblochon

## ${\bf Dinner: meringue}$

- ->20cl white \_egg
- $\text{->}110 \text{g icing\_sugar}$
- ->110g sugar

## Thursday

## ${\bf Breakfast: pasta\ gratin}$

- ->500g pasta
- ->500g cheese
- $-{>}100\mathrm{g}$  ham

#### Lunch: tartiflette

- ->500g potatoes
- $-{>}200{\rm g}$ bacon
- ->1 onion
- ->1 reblochon

## ${\bf Dinner: meringue}$

- ->20cl white \_egg
- $\text{->}110 \text{g icing\_sugar}$
- ->110g sugar

# Friday

#### Breakfast: pasta gratin

- $-{>}500{\rm g}$ pasta
- ->500g cheese
- ->100g ham

#### Lunch: tartiflette

- ->500g potatoes
- ->200g bacon
- ->1 onion
- ->1 reblochon

## Dinner: meringue

- ->20cl white \_egg
- ->110g icing\_sugar
- ->110g sugar

# Saturday

#### ${\bf Breakfast: pasta\ gratin}$

- $-{>}500{\rm g}$ pasta
- ->500g cheese
- ->100g ham

#### Lunch: tartiflette

- ->500g potatoes
- ->200g bacon
- ->1 onion
- ->1 reblochon

## ${\bf Dinner: meringue}$

- ->20cl white \_egg
- $-{>}110g~icing\_sugar$
- ->110g sugar

## Sunday

## ${\bf Breakfast: pasta\ gratin}$

- ->500g pasta
- ->500g cheese
- $-{>}100\mathrm{g}$  ham

#### Lunch: tartiflette

- ->500g potatoes
- $-{>}200{\rm g}$ bacon
- ->1 onion
- ->1 reblochon

# Dinner: meringue

- ->20cl white\_egg
- $-{>}110g~icing\_sugar$
- $-{>}110{\rm g~sugar}$