

A Prayer Before Singing

Adapted from Abbess Thaisia's Letters

O Lord, strengthen me to concentrate attentively on the words I pronounce. Grant that these words may come from the depth of my soul. May the vivifying grace of the Holy Spirit pour into the hearts of those who hear our song.

May our prayers become a sweet spiritual fragrance that rises before Thee for all mankind, filled with hope and love for Thee. Grant that we who praise Thee may be united by Thy Holy Spirit in a bond of love, that with one mouth and one heart we might praise, bless, and worship Thee, the Light above all Lights, the True Life, and the Salvation of our souls. Amen.