

November 11th

Holy Martyr Menas of Egypt

Stichera at "O Lord, I have cried"

Byzantine Chant Tone 8

Special melody: *O strange wonder*

Adapted by Dn. John El Massih
from various sources

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Antiochian Orthodox Christian Archdiocese of North America, Rev. 0, 9/28/18, CAH

November 11th - Martyr Menas of Egypt - Stichera at "O Lord, I have cried" - 2

November 11th - Martyr Menas of Egypt - Stichera at "O Lord, I have cried" - 3

3) All the dark - ness of i - dol - a - try, the murk - y
gloom of the world, with the coun - cils of
god - less men and the mor - tal sol - dier -
thou for - sook - est for love of Christ; and thou wast
num - bered, O most re - nowned Me - nas,
with that en - list - ment of His di - vine e - lect.
Thence wast thou shown to be an un - con-quered Mar - tyr
in all truth when thou strov - est most cou - ra - geous -
ly in con - test for His sake.

November 11th
The Holy Martyr Menas
Apolytikion

Byzantine Chant Tone 5
 Special melody: *Let us worship the word*

Adapted by Dr. John El Massih
 from the Greek Anastasimatarion

With great val - or of soul,__ thou didst strive in mar - tyr - dom, and hav - ing

fought the good fight,__ O di - vine Great Mar - - tyr Me - nas, thou from

Heav - en hast re - ceived the gift of mir - a - cles; for ___ God hath

shown thee to the world as a work - er of great signs, and

He made thee our pro - tec - tor and a swift help in af -

- flic - - tions and ev - er - vig - i - lant de - fence from__ harm.

November 11th

Martyrs Menas, Victor, Vincent & Stephanie Exaposteilarion & Theotokion

Byzantine Mode 3

Special Melody: *Thou who as God adornest*

Special Melody. Read this as you direct.

F D

1) As stars a - dor n the heav - - - - ens,
3) O all - im - mac - u - late Maid - - - en,

C F D Un.

so doth Me - nas a - dor n the Church
in thee, the Lord's pro - ces - sion - als

F D

with val - iant Vic - tor and Vin - - - - cent
have now been seen by all man - - - - kind,

C F D Un.

and the cou - ra - geous Steph - - a - nie;
and they dir - ect us mor - - tal men

F G

Thou Who art great in com - pas - - - - sion,
to where the choirs of the An - - - - gels

1C F

through them, save us who ex - tol Thee.

2 C Un.

and all the Saints have their dwell-ing.

*NOTE: When this day falls on a Sunday, only the Martyrs are commemorated, with verses 1 & 3. Otherwise, if commemorated during the week, sing verse 2 for Theodore on the next page before verse 3.

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Antiochian Orthodox Christian Archdiocese of North America, Rev. 0, 9/29/18, CAH

Venerable Theodore the Studite

F D
2) For the most ho - ly i - - - - cons,

C F D Un.
thou didst en - dure all suf - fer - ing:

F D
both bit - ter tor - ments and ex - - - - iles,

C F D Un.
O right - eous Fa - ther_ The - - o - dore;

F G
hence, thou hast won two - fold lau - - - - rels

C F C
from the right hand of _____ the Most _____ High.

November 11th

Holy Martrys Menas, Victor, Vincent & Stephanie

Stichera at the Praises

*(The Patriarchate of Antioch calls for these Aposticha stichera
to be sung as Praises when this day falls on a Sunday.)*

Byzantine Mode 4

Special Melody: As one valiant

Adapted by Dr. John El Massih

E

Un.

1&2) Pierced with cal - trop s, O brave Me - nas, fierce - ly beat - en with
leath - ern whips, and with all thy bod - y ex -
pend - ed by the fire, thou yet didst never re -
-nounce the sav - ing Name of the Sav - ior Christ,
nor wast thou sub - dued in mind, nor to i - - dols didst
sac - ri - fice, but thou didst be - come a pure sac - ri - fice
and a per - fect vol - un - tar - y vic - tim, O Great
Mar - - tyr, will - ing - ly slain for thy Mas - ter's sake.

G

E

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November 11th - Martyrs Menas, Victor & Vincent - Stichera at the Apostica at Vespers - 2

Verse: Wondrous is God in His saints.

E

Un.

3) Mar-tyr Vic - tor most glo - ri - ous, when thine eyes had been

E

root - ed out and thou wast sus - pend - ed up -

- on a wood - en post, burnt on all sides by the

torch - es at the sav - - age - ry of the judge

and thy sin - ews had been cut and the sword_ felled thy

bless - ed head, thou wast filled with joy, O il - lus - tri - ous

G

ath - lete of the Sav - ior, who wast strength-ened by the

E

Spir - it to o - ver - come_ all the foe's ar - rays.

November 11th - Martyrs Menas, Victor & Vincent - Stichera at the Apostica at Vespers - 3

Verse: In the saints that are in His earth hath the Lord been wondrous.

E

Un.

4) O much - suf - fer - ing Steph - a - nie, with the crown of the

E

gifts of grace hath the Lord now crowned thee, who

gav - est up thy - self to will - ing tor - ments and

pains in the no - bil - i - ty of thy soul:

'twixt two palm trees thou wast bound, and there - by thou wast

rent in twain, spread-ing out thy wings, fly - ing up un - to

G

God like a swift spar - row and for - sak - ing to the

E

fowl - ers thy mor - tal bod - y, O won - drous one.