

November 18th

Holy Martyr Plato of Ancyra

Stichera at "O Lord, I have cried"

Byzantine Chant Tone 8

Special melody: *O strange wonder*

Adapted by Dn. John El Massih
from various sources

1) Filled with cour - age and no - bil - i - ty, thou didst he -
- ro - i - c'ly bear both the sev - er - ing
of thy limbs and the hew - ing of thy flesh
and un - bear - a - ble scorch - ing fire, as well as
hun - ger and bit - ter death it - self,
for thou for - saw - est ē - ter - nal bless - ed - ness;
where - fore, thou didst pur - sue the great glo - ry that was
Un. laid in store for thee, which a - bid - eth through thē
ag - es and shall nev - er fail.

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2) Thou didst pass be - yond the things of sense, hav - ing trans -
 - port - ed thy mind to the life that is
 found on high; for with thoughts in - spired by God
 and a great and ex - alt - ed soul, thou didst com -
 - plete - ly dis - dain things vis - i - ble,
 with their ig - no - ble and shal - low pal - tri - ness.
 Where - fore, when burned with fire and while be - ing scraped and
 torn in Christ's be - half, thou, O Mar - tyr Pla - to,
 didst en - dure cou - ra - geous - ly.

3) Hav - ing de - stroyed by the grace of God ev - 'ry as -

- sault of the foe and the ty - rants' en -

- raged at - tacks, thou wast crowned ma - jes - ti - c'ly

with the crown of thy vic - to - ry. Thou wast deemed

wor - thy of pure and bound - less joy

and thē in - ef - fa - ble ra - di - ance of God.

As thou now dwell - est there, make en - treat - y that for -

Un. - give - ness of the sins be vouch - safed to them that

praise thee, O all - bless - ed one.

November 18th

Martyr Romanos of Antioch

Stichera at "O Lord, I have cried"

Byzantine Mode 4
Special Melody: *As one valiant*

Adapted by Dn. John El Massih

E Un.

1) In the fire of as - cet - ic — feats, thou wast tem - pered as

hard as steel then in val - iant con - test wast

fur - nished with an edge; and bright - ly pol - ished in

tor - ments, thou be - cam - est a two - edged sword

cut - ting down the de - mons' troops, O all - laud - a - ble

Ro - ma - nos, fair em - bel - lish - ment of Christ's ath - letes, the

G

god - ly boast and glo - ry of the ho - ly Church, the

E

beau - ty of those per - fect - ed in their own blood.

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Antiochian Orthodox Christian Archdiocese of North America, Rev. 0, 9/30/18, CAH

November 18th - Martyr Romanos of Antioch - Stichera at "O Lord, I have cried" - 2

E **Un.**

2) Thou wast hung up and sore - ly__ scraped and con - fined in im -

E

- pris - on - ment, and thou wast be - reaved__ of thy

tongue, O Ro - ma - nos; then thou wast beat - en up -

- on thy__ cheeks and stran - gled with vi - o - lence,

find - ing thus a bless - ed end; through which things,__ thou didst

prove to be nei - ther change - a - ble nor brought low,__ O prize -

G

- win - ner, be - ing aid - ed by the Ho - ly Spir - it's

E

pow - er; where - fore we faith - ful - ly hon - or thee.

E **Un.**

3) Now with pow - er a child doth speak and as - ton - ish - eth

E

sense - less men, and he is made fair with re -

- sis - tance most de - vout; and be - ing slain, he doth

shine with the rich glo - ry and good re - port

of thē ath - letes' ho - ly choirs, whose great zeal he him -

- self ac - quired; where - fore, with him now make en - treat - y that

G

loos - ing of our debts be sent up - on us all from

E

Heav - en, no - ble and praise - wor - thy Ro - ma - nos.