

Physics for Life Scientists (PHYS-183), Paul D. Nation

## **Viscosity of Simple Fluids:**

- So far we have restricted our discussion to ideal fluids that do not have any frictional properties.
- However, real fluids are not ideal, they have friction, and do not conserve mechanical energy
- The molecules in real fluids have attractive internal forces such that any relative motion of the molecules results in frictional forces.
- This is called **viscosity** and we will look at this effect for simple fluids.
- We can think of viscosity as the resistance of a fluid to flowing



Honey is a viscous fluid.

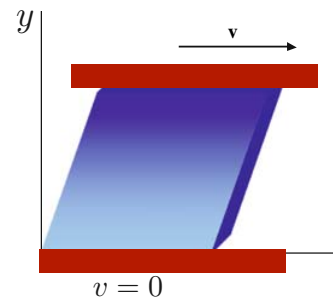


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- To define the viscosity, think of a fluid with laminar flow moving between two plates

- The bottom plate is at rest, top plate has an external force  $F$  causing it to move at a constant velocity because of friction forces

- Because the fluid is viscous, it will stick to the surface of the plates forming a boundary layer



Velocity of fluid at bottom is zero

Velocity of fluid at top is  $v$

- The viscosity of the fluid can be defined through the relationship between force / area and the change in the velocity as a function of height  $y$

$$\frac{F}{A} = \eta \frac{\Delta v}{\Delta y} \quad \eta = \text{viscosity of the fluid}$$

- Fluids that obey this relationship are called **Newtonian fluids**, otherwise called **non-Newtonian**.

Fluid	Temperature	Viscosity ( $10^{-3} \text{ Pa}\cdot\text{s}$ )
Water	0	1.8
	20	1.0
	37	0.7
Whole blood <sup>a</sup>	37	4.0
Blood plasma	37	1.5



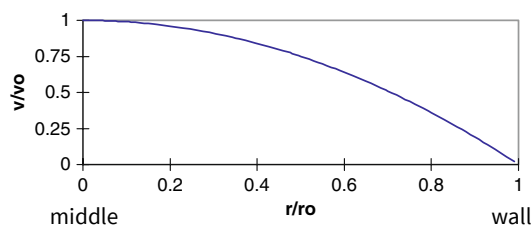
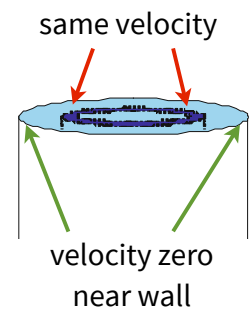
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### Capillary Flow:

- The capillary tube is a very important geometry for fluid flow in biology.

- When a liquid flows through a tube with no objects to block it, the flow at low velocities is laminar, and the liquid flows in layers of concentric cylinders

- The layer on the outside is at rest, and the fastest flow is in the middle of the tube



- The velocity across the tube is parabolic as a function of radius

- In order to calculate the flow rate,  $Q = Av$ , we must that the average across the cross-sectional area  $A$



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- For a tube, this average leads to the formula:

$$Q = \frac{\pi P r^4}{8 \eta L} \quad \begin{array}{l} P/L = \text{Pressure per length} \\ r = \text{Radius of tube} \end{array}$$

- We can rewrite this equation to calculate the pressure difference  $\Delta P$  across a tube length  $L$

$$\Delta P = \left( \frac{8 \eta L}{\pi r^4} \right) Q$$

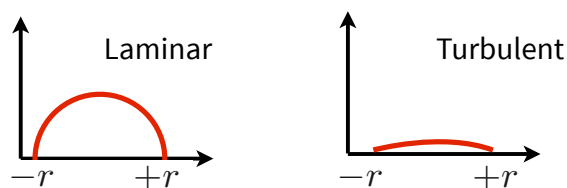
↙ Resistive to flow

- For a fixed  $\Delta P$  the flow depends on the resistive term in the parenthesis
- The resistance is extremely sensitive to the radius of the tube
- The resistance increases rapidly as the radius of the tube gets smaller.
- For example, if your artery is partially clogged, then your blood pressure must be really high in order to keep the flow rate (rate of oxygen) the same.



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- So far we have talked about the flow of viscous fluids at low velocities.
- If the velocity gets too large, then the fluid becomes turbulent and the velocity of the fluid is not a parabolic function of the tube radius.



- Turbulent fluids have friction forces that are much bigger than laminar flow.

### **Fluids with Suspended Objects:**

- What happens when a viscous flowing fluid encounters an object such as a biological macromolecule (protein, blood cell,...)
- The response of the fluid depends on the dimensionless Reynolds number:

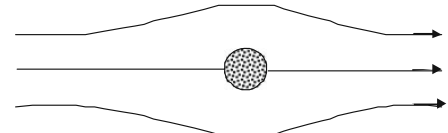
$$\mathcal{R} = \frac{L \rho v}{\eta}$$



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- Suppose the object is spherical with radius  $r$

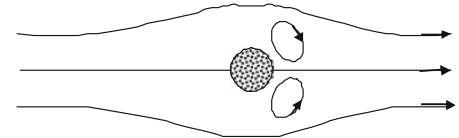
- If the Reynolds number of the object is on the order of 1 or less, then the fluid flow is laminar



Flow is laminar if Reynolds number is  $\leq 1$

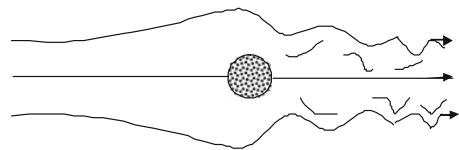
- In this case, the frictional force is proportional to the velocity of the fluid, viscosity, and size of the object.

$$F_f = -6\pi\eta r v$$



Flow becomes unsteady with **vortices**.

- As the fluid velocity increases, the flow becomes turbulent and the friction force is proportional to the square of the fluid velocity.



Flow is completely turbulent

- Careful design of an object can reduce the frictional force by a large amount (airplanes, cars, boats,...)



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- What is the viscosity of a fluid with a collection of suspended objects?

- In general this is an extremely hard problem. The turbulent flow from one object can affect another object, which can affect another object,...

- For a fluid with a collection of spherical objects in it, the viscosity was found by Einstein to be

$$\eta_s = \eta_0 (1 + 2.5\Phi)$$

$\nwarrow$                        $\nwarrow$   
 viscosity of bare fluid      fraction of total volume used by spheres

- The radius of the spheres is taken into account in the fractional volume  $\Phi$

### **Blood and Other Complex Fluids:**

- Blood is an example of a fluid with many different kinds of suspended macromolecules.

- Blood is also an example of a non-Newtonian fluid.

- Blood has two primary components:

(I) Plasma: A newtonian liquid that is 92% water, 7% proteins, and other stuff.



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## (II) Red blood cells:

- Make up 50% of the volume of blood.
- Contain Hemoglobin (Iron-molecule) that carries oxygen through out your body

- The viscosity of blood depends on  $\phi$ , the fraction of volume taken up by the red blood cells.

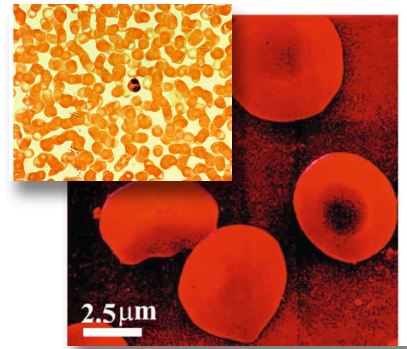
- Red blood cells are disk shaped, and thinner in the middle than the outside

- Red blood cells tend to stick together and form stacks.

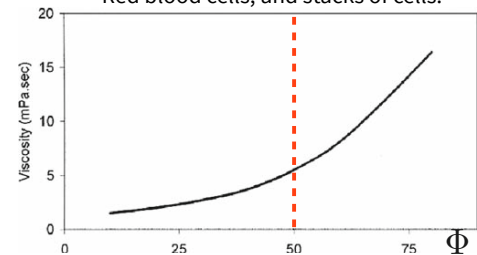
- If your blood cells were hard spheres, then your blood wouldn't flow.

- Your blood flows because your blood cells have a special shape, and they can stretch and bend.

- Some diseases like Sickle cell, make blood cells hard and therefore blood does not flow well.



Red blood cells, and stacks of cells.



Sickle cell

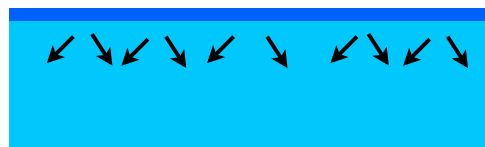
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## Surface Tension:

- The surface of a fluid is a boundary that has many special properties.

- At the surface, there are attractive forces on only one side of the boundary



- This net force results in a slightly higher density at the surface of the liquid.

- Molecules that move into the surface layer have a higher energy, then those in the middle of the liquid, and therefore work must have been done on them

- The extra energy at the surface is called the surface energy per area  $\gamma$ .

- This value depends on the two fluids at the boundary

- For the boundary between air and water:  $\gamma = 0.073 \text{ J/m}^2$  (a large value)



- Suppose a layer of liquid in air is stretched across a device with a changeable surface area

- If we increase the surface area ( $w\Delta x$ ) using a force  $F$ , then the work done must be equal to the change in the surface energy

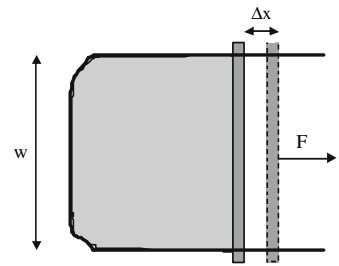
$$F\Delta x = 2\gamma(w\Delta x) \quad (\text{times 2 for top and bottom})$$

- Solving for the surface energy density:  $\gamma = F/2w$

- This is a force per length called the **Surface Tension**

- For some small insects, this surface tension is larger than the gravitational force and the insects can walk on the water

- Because a surface requires extra energy, if no external forces, fluids try to minimize their surface area and take a spherical shape



Surface tension is key for blowing bubbles



Water strider on the surface of a lake



Water with no external forces

