



# ASIAN SEED ACADEMY OF TECHNOLOGY

Information System Management  
Achievers Core Training

## Self-Concept Inventory

**Instructions:** Rate yourself by answering the following questions as honestly and sincerely as you can using this scale: **1** - Never, **2** - Almost, **3** - Sometimes, **4** - Almost always, **5** - Always. Please encircle your answer.

	1	2	3	4	5
1. Do you consider yourself attractive?	<input checked="" type="radio"/>				
2. Do you think you have a positive physical impact?	<input checked="" type="radio"/>				
3. Are you satisfied with your figure?	<input checked="" type="radio"/>				
4. Do you consider yourself sociable and not shy?			<input checked="" type="radio"/>		
5. Do you look forward to meeting people at parties?	<input checked="" type="radio"/>				
6. Do you enjoy belonging to different groups?	<input checked="" type="radio"/>				
7. Do you consider yourself intelligent?			<input checked="" type="radio"/>		
8. Are you a talented person?	<input checked="" type="radio"/>				
9. Are you satisfied with your learning capacity?	<input checked="" type="radio"/>				
10. Do you consider yourself honest and trustworthy?					<input checked="" type="radio"/>
11. Do you consider yourself spiritual?			<input checked="" type="radio"/>		
12. Are you satisfied with your strength of convictions and ethical behavior?					<input checked="" type="radio"/>
13. Do you usually get along with others?			<input checked="" type="radio"/>		
14. Do you have a good relationship with your peers and groupmates?			<input checked="" type="radio"/>		
15. Do you easily forgive others for their mistakes?					<input checked="" type="radio"/>
16. Do you consider yourself attractive to the opposite sex?	<input checked="" type="radio"/>				
17. Is it easy for you to have friends from the opposite sex?	<input checked="" type="radio"/>				



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18. Do you enjoy being in the company of the opposite sex?	●				
19. Do you consider yourself financially stable?	●				
20. Is your financial status something that you are happy about?	●				
21. Is your present earning enough to give you a decent life?	●				
22. Can you easily express your ideas in an informal setting?					●
23. Do you consider yourself an effective speaker?	●				
24. Are you easily understood by others when you talk or give instructions?	●				
25. Are you satisfied with the way you handle your emotions?					●
26. Do you express your emotions openly?					●
27. Are you open to criticisms and feedback from others?			●		

Note:

- A. Transfer scores in Part II and get the total.
- B. Plot the total score

### Self-Concept Inventory

#### Physical Self

1   2   3   Total: **3**

\_\_\_\_\_  
Score

#### Social Self

4   5   6   Total: **5**

\_\_\_\_\_  
Score

#### Intellectual Self

7   8   9   Total: **5**

\_\_\_\_\_  
Score

#### Ethical Self

10   11   12   Total: **13**



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\_\_\_\_\_  
Score

### Interpersonal Self

13    14    15    Total: **11**

\_\_\_\_\_  
Score

### Sexual Self

16    17    18    Total: **3**

\_\_\_\_\_  
Score

### Financial Self

19    20    21    Total: **3**

\_\_\_\_\_  
Score

### Communication Self

22    23    24    Total: **7**

\_\_\_\_\_  
Score

### Emotional Self

25    26    27    Total: **13**

\_\_\_\_\_  
Score

### ***Interpretation:***

15 - Superior, 13 - 14 Above Average, 11 - 12 High Average, 9 - 10 Average, 7 - 8 Low Average, 5 - 6 Below Average, 3 - 4 Poor.