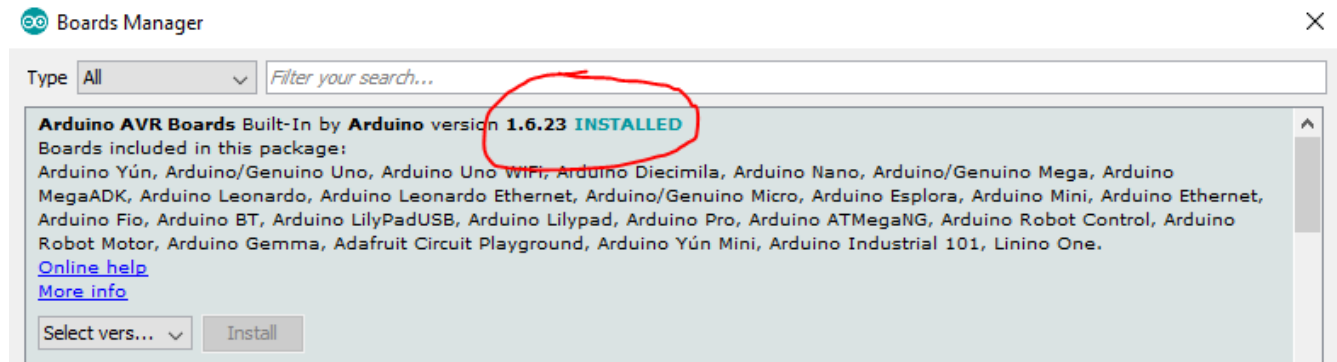1) Open Boards Manager from **Tools → Boards → Boards Manager**

2) Find 'Arduino AVR Boards' tab and ensure that **version > 1.6.23** is installed

3) If older version is installed, upgrade it to latest as follows: