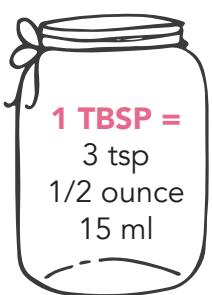
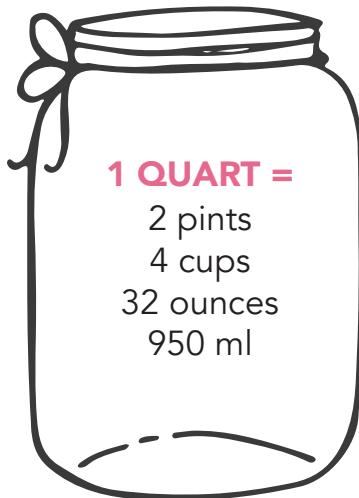


conversion chart FOR THE KITCHEN

VOLUME MEASUREMENT CONVERSIONS

| Cups | Tablespoons | Teaspoons | Milliliters |
|----------|-------------|-----------|-------------|
| 1/16 cup | 1 tbsp | 1 tsp | 5 ml |
| 1/8 cup | 2 tbsp | 3 tsp | 15 ml |
| 1/4 cup | 4 tbsp | 6 tsp | 30 ml |
| 1/3 cup | 5 1/3 tbsp | 12 tsp | 60 ml |
| 1/2 cup | 8 tbsp | 16 tsp | 80 ml |
| 2/3 cup | 10 2/3 tbsp | 24 tsp | 120 ml |
| 3/4 cup | 12 tbsp | 32 tsp | 160 ml |
| 1 cup | 16 tbsp | 36 tsp | 180 ml |
| | | 48 tsp | 240 ml |



COOKING TEMPERATURE CONVERSIONS

Celcius/Centigrade

$$F = (C \times 1.8) + 32$$

Fahrenheit

$$C = (F - 32) \times 0.5556$$

BAKING INGREDIENT CONVERSIONS

BUTTER

| Cups | Grams |
|---------|-----------|
| 1/4 cup | 57 grams |
| 1/3 cup | 76 grams |
| 1/2 cup | 113 grams |
| 1 cup | 227 grams |

PACKED BROWN SUGAR

| Cups | Grams | Ounces |
|---------|-----------|---------|
| 1/4 cup | 55 grams | 1.9 oz |
| 1/3 cup | 73 grams | 2.58 oz |
| 1/2 cup | 110 grams | 3.88 oz |
| 1 cup | 220 grams | 7.75 oz |

ALL-PURPOSE FLOUR \ CONFECTIONER'S SUGAR

| Cups | Grams | Ounces |
|---------|-----------|---------|
| 1/8 cup | 16 grams | .563 oz |
| 1/4 cup | 32 grams | 1.13 oz |
| 1/3 cup | 43 grams | 1.5 oz |
| 1/2 cup | 64 grams | 2.25 oz |
| 2/3 cup | 85 grams | 3 oz |
| 3/4 cup | 96 grams | 3.38 oz |
| 1 cup | 128 grams | 4.5 oz |

GRANULATED SUGAR

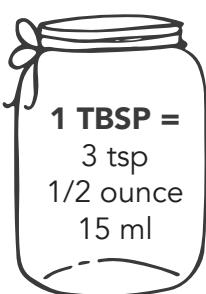
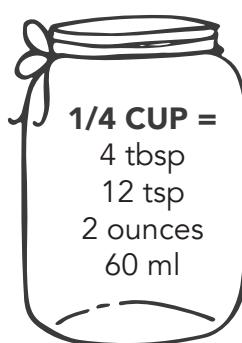
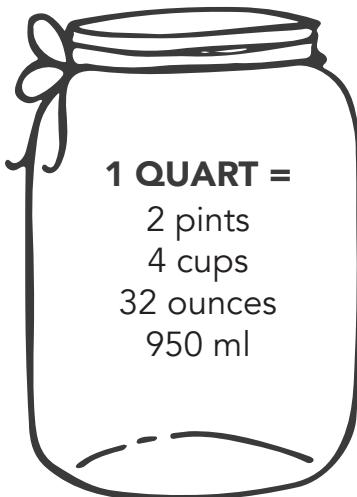
| Cups | Grams | Ounces |
|---------|-----------|---------|
| 2 tbsp | 25 grams | .89 oz |
| 1/4 cup | 50 grams | 1.78 oz |
| 1/3 cup | 67 grams | 2.37 oz |
| 1/2 cup | 100 grams | 3.55 oz |
| 2/3 cup | 134 grams | 4.73 oz |
| 3/4 cup | 150 grams | 5.3 oz |
| 1 cup | 201 grams | 7.1 oz |



conversion chart FOR THE KITCHEN

VOLUME MEASUREMENT CONVERSIONS

| Cups | Tablespoons | Teaspoons | Milliliters |
|----------|-------------|-----------|-------------|
| | | 1 tsp | 5 ml |
| 1/16 cup | 1 tbsp | 3 tsp | 15 ml |
| 1/8 cup | 2 tbsp | 6 tsp | 30 ml |
| 1/4 cup | 4 tbsp | 12 tsp | 60 ml |
| 1/3 cup | 5 1/3 tbsp | 16 tsp | 80 ml |
| 1/2 cup | 8 tbsp | 24 tsp | 120 ml |
| 2/3 cup | 10 2/3 tbsp | 32 tsp | 160 ml |
| 3/4 cup | 12 tbsp | 36 tsp | 180 ml |
| 1 cup | 16 tbsp | 48 tsp | 240 ml |



COOKING TEMPERATURE CONVERSIONS

Celcius/Centigrade

$$F = (C \times 1.8) + 32$$

Fahrenheit

$$C = (F - 32) \times 0.5556$$

BAKING INGREDIENT CONVERSIONS

BUTTER

PACKED BROWN SUGAR

| Cups | Grams | Cups | Grams | Ounces |
|---------|-----------|---------|-----------|---------|
| 1/4 cup | 57 grams | 1/4 cup | 55 grams | 1.9 oz |
| 1/3 cup | 76 grams | 1/3 cup | 73 grams | 2.58 oz |
| 1/2 cup | 113 grams | 1/2 cup | 110 grams | 3.88 oz |
| 1 cup | 227 grams | 1 cup | 220 grams | 7.75 oz |

ALL-PURPOSE FLOUR \ CONFECTIONER'S SUGAR

| Cups | Grams | Ounces |
|---------|-----------|---------|
| 1/8 cup | 16 grams | .563 oz |
| 1/4 cup | 32 grams | 1.13 oz |
| 1/3 cup | 43 grams | 1.5 oz |
| 1/2 cup | 64 grams | 2.25 oz |
| 2/3 cup | 85 grams | 3 oz |
| 3/4 cup | 96 grams | 3.38 oz |
| 1 cup | 128 grams | 4.5 oz |

GRANULATED SUGAR

| Cups | Grams | Ounces |
|---------|-----------|---------|
| 2 tbsp | 25 grams | .89 oz |
| 1/4 cup | 50 grams | 1.78 oz |
| 1/3 cup | 67 grams | 2.37 oz |
| 1/2 cup | 100 grams | 3.55 oz |
| 2/3 cup | 134 grams | 4.73 oz |
| 3/4 cup | 150 grams | 5.3 oz |
| 1 cup | 201 grams | 7.1 oz |