# Regression Assignment

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# **Assignment Overview**

You will perform 3 regression analyses in this assignment. The variable types for the coefficients are prespecified so that you can practice interpretations of different types of variables. You must use the variable types listed here

- 1. Multiple Linear Regression:  $Q \sim Q + B$  (one quantitative and one binary predictor)
- 2. Logistic Regression:  $logit(B) \sim Q + B$
- 3. Either of the two above analyses (or a new model) add a third categorical (more than 2 levels) variable e.g.:  $Q \sim Q + B + C$ . (one quantitative, one binary, one categorical)

### Instructions

- 0. Use the template provided: [RMD] for R users, and [Word] for SPSS users.
- 1. Identify variables under consideration.
- 2. Write the mathematical model being fit.

SPSS users use the Equation editor in Word to create these. R users write the equation directly below in the Rmarkdown file using LaTeX script (example below).

- 3. Fit the model in your software program of choice.
  - Include confidence intervals for the coefficients.
- 4. Interpret all regression coefficients except the intercept.
  - For logistic regression, calculate and interpret the Odds Ratios

# Multiple Linear Regression

# 1. Identify variables

If you have a "Strongly Agree" to "Strongly Disagree" variable that you have kept all 5 levels, you can treat it as a Quantitative Variable.

- Quantitative outcome (y): Income (variable income).
- Quantitative predictor  $(x_1)$ : Time you wake up in the morning (variable wakeup)
- Binary predictor  $(x_2)$ : Gender of individual as an indicator of being female (variable gender, 0=male, 1=female)

#### 2. Write the mathematical model

$$y_i \sim \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \epsilon_i$$

#### 3. Fit the multivariable model

Don't forget to calculate the confidence interval for each coefficient to use in your conclusion.

```
lm.mod <- lm(income ~ wakeup + female c, data=addhealth)</pre>
summary(lm.mod)
##
## Call:
## lm(formula = income ~ wakeup + female_c, data = addhealth)
## Residuals:
      Min
              1Q Median
                             3Q
                                    Max
## -36047 -15141 -5252
                           8678 205610
##
## Coefficients:
                   Estimate Std. Error t value Pr(>|t|)
                    48669.4
                                1206.9 40.325 < 2e-16 ***
## (Intercept)
## wakeup
                     -611.3
                                 149.4 -4.092 4.37e-05 ***
## female_cFemale -8527.1
                                 789.3 -10.803 < 2e-16 ***
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 24300 on 3810 degrees of freedom
     (2691 observations deleted due to missingness)
## Multiple R-squared: 0.03236,
                                      Adjusted R-squared: 0.03185
## F-statistic: 63.7 on 2 and 3810 DF, p-value: < 2.2e-16
confint(lm.mod)
                         2.5 %
##
                                    97.5 %
## (Intercept)
                    46303.1191 51035.7225
## wakeup
                     -904.2448 -318.4088
## female_cFemale -10074.5798 -6979.5823
     Optional new package stargazer for printing regression models as columns. Great for com-
     parisons, looks like journal articles. Your R code chunk header must look like this: ```{r,
     results='asis'} and be sure to use the correct output format: type='html' or type='latex'.
     Vignette found at: https://www.jakeruss.com/cheatsheets/stargazer/
library(stargazer)
stargazer(lm.mod, type='html', ci=TRUE, single.row=TRUE, digits=1, omit.stat="rsq")
Dependent variable:
income
wakeup
-611.3*** (-904.2, -318.5)
female cFemale
-8,527.1*** (-10,074.1, -6,980.1)
Constant
48,669.4*** (46,303.9, 51,035.0)
Observations
```

```
3,813
Adjusted R2
0.03
Residual Std. Error
24,297.2 (df = 3810)
F Statistic
63.7*** (df = 2; 3810)
Note:
p<0.1; p<0.05; p<0.01
```

### 4. Interpret the regression coefficients.

- $b_1$ : Holding gender constant, for every hour later a person wakes up, their predicted average income drops by 611 (318, 904) dollars. This is a significant association (p < .01).
- $b_2$ : Controlling for the time someone wakes up in the morning, the predicted average income for females is 8,527 (6980, 10,074) dollars lower than for males. This is a significant association (p < .01).

# Logistic Regression

Your outcome variable must be coded as 1 (event) and 0 (non-event). Recoding this way ensures you are predicting the presence of your categorical variable and not the absence of it.

#### 1. Identify variables

- Binary outcome (y): Poverty (variable poverty). This is an indicator if reported personal income is below \$10.210.
- Quantitative predictor  $(x_1)$ : Time you wake up in the morning (variable wakeup)
- Binary predictor  $(x_2)$ : Gender (variable female\_c)

# 2. Write the mathematical model

$$logit(y_i) \sim \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \epsilon_i$$

#### 3. Fit the multivariable model

```
log.mod <- glm(poverty~wakeup + female_c, data=addhealth, family='binomial')
summary(log.mod)

##
## Call:
## glm(formula = poverty ~ wakeup + female_c, family = "binomial",
## data = addhealth)
##</pre>
```

```
## Deviance Residuals:
##
       Min
                 10
                      Median
                                   30
                                           Max
  -1.0597 -0.7703 -0.5423
                             -0.5141
##
                                         2.1124
##
##
  Coefficients:
##
                  Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                  -2.18642
                              0.11857 -18.439 < 2e-16 ***
## wakeup
                   0.04587
                              0.01351
                                        3.396 0.000683 ***
## female_cFemale
                  0.84822
                              0.07660
                                       11.074 < 2e-16 ***
## Signif. codes:
                   0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
##
   (Dispersion parameter for binomial family taken to be 1)
##
##
       Null deviance: 4909.2 on 4832
                                      degrees of freedom
  Residual deviance: 4772.7 on 4830 degrees of freedom
##
     (1671 observations deleted due to missingness)
## AIC: 4778.7
##
## Number of Fisher Scoring iterations: 4
```

### 4. Interpret the Odds Ratio estimates

The regression coefficients  $b_p$  from a logistic regression must be exponentiated before interpretation. This is done by raising the constant e to the value of the coefficient. So,  $OR = e^b$ . Below I create a table containing the odds ratio estimates and 95% CI for those estimates using the confounding model.

```
# For your assignment - replace the saved model object `log.mod` with whatever YOU named this model.
data.frame(
    OR = exp(coef(log.mod)),
    LCL = exp(confint(log.mod))[,1],
    UCL = exp(confint(log.mod))[,2]
    ) %>%
    kable(digits=2, align = 'ccc')
```

	OR	LCL	UCL
(Intercept)	0.11	0.09	0.14
wakeup female cFemale	$1.05 \\ 2.34$	$1.02 \\ 2.01$	1.07 $2.72$

You will see one of three things:

- OR = 1 = equal chance of response variable being YES given any explanatory variable value. You are not able to predict participants' responses by knowing their explanatory variable value. This would be a non significant model when looking at the p-value for the explanatory variable in the parameter estimate table.
- **OR** > **1** = as the explanatory variable value increases, the presence of a YES response is more likely. We can say that when a participant's response to the explanatory variable is YES (1), they are more likely to have a response that is a YES (1).
- OR <1 = as the explanatory variable value increases, the presence of a YES response is less likely. We can say that when a participant's response to the explanatory variable is YES (1) they are less likely to have a response that is a YES (1).

- After controlling for gender, those that wake up one hour later have 1.05 (1.02, 1.07) times the odds of reporting annual earned wages below the federal poverty level compared to someone waking up one hour earlier. This is a significant association (p < .001), but the magnitude of the increase is very small.
- After controlling for the time someone wakes up, females have 2.34 (2.01, 2.72) times the odds of reporting annual earned wages below the federal poverty level compared to males. This is a significant association (p < .001)

# Categorical predictors

For any of the regression models above, or a new model if you choose, add a categorical variable with more than 2 levels as a *third* predictor. Be sure to define EACH indicator variable for this categorical variable and state what the reference group is.

#### 1. Identify variables and their data type

- Response (y): BMI (variable BMI). This is a quantitative measure.
- Predictor $(x_1)$ : Income (variable income). This is a quantitative measure.
- Predictor $(x_2)$ : Smoking status (variable eversmoke\_c). This is a binary measure.
- Predictor: general health (variable genhealth). This is a categorical measure with 5 levels.

#### 2. Write the mathematical model.

Define what each x is, and write the mathematical model. State what group is the reference group.

- Let  $x_1$  be income
- Let  $x_2$  be eversmoke\_c, an indicator of ever smoking.
- Let  $x_3 = 1$  when genhealth='Very good', and 0 otherwise,
- let  $x_4 = 1$  when genhealth='Good', and 0 otherwise,
- let  $x_5 = 1$  when genhealth='Fair', and 0 otherwise,
- let  $x_6 = 1$  when genhealth='Poor', and 0 otherwise.

The reference group for genhealth is Excellent.

The mathematical model would look like:

$$y_i \sim \beta_0 + \beta_1 * x_{1i} + \beta_2 x_{2i} + \beta_3 x_{3i} + \beta_4 x_{4i} + \beta_5 x_{5i} + \beta_6 x_{6i} + \epsilon_i$$

#### 3. Fit the multivariable model.

```
gh.model <- lm(BMI~income + eversmoke_c + genhealth, data=addhealth)
summary(gh.model)

##
## Call:
## lm(formula = BMI ~ income + eversmoke_c + genhealth, data = addhealth)
##
## Residuals:
## Min 1Q Median 3Q Max
## -16.620 -4.767 -0.988 3.508 39.448
##</pre>
```

```
## Coefficients:
##
                                    Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                                    2.712e+01 3.583e-01
                                                         75.681
## income
                                   -5.061e-06 4.678e-06
                                                          -1.082
                                                                    0.279
## eversmoke cSmoked at least once -1.016e+00
                                               2.369e-01
                                                          -4.289 1.84e-05 ***
                                    1.659e+00 3.099e-01
                                                           5.354 9.13e-08 ***
## genhealthVery good
## genhealthGood
                                    4.864e+00 3.249e-01
                                                          14.968 < 2e-16 ***
## genhealthFair
                                    7.041e+00 5.047e-01
                                                          13.950 < 2e-16 ***
  genhealthPoor
                                    9.461e+00 1.389e+00
                                                           6.810 1.13e-11 ***
##
## Signif. codes:
                 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 6.952 on 3763 degrees of freedom
     (2734 observations deleted due to missingness)
##
## Multiple R-squared: 0.09693,
                                    Adjusted R-squared: 0.09549
## F-statistic: 67.32 on 6 and 3763 DF, p-value: < 2.2e-16
round(confint(gh.model),1)
```

##		2.5 %	97.5 %
##	(Intercept)	26.4	27.8
##	income	0.0	0.0
##	${\tt eversmoke\_cSmoked\ at\ least\ once}$	-1.5	-0.6
##	genhealthVery good	1.1	2.3
##	genhealthGood	4.2	5.5
##	genhealthFair	6.1	8.0
##	genhealthPoor	6.7	12.2

# 4. Interpret the regression coefficients.

- $b_1$ : After controlling for general health and smoking status, for every additional \$1 a person makes annually, their BMI decreases .0000047. This is not a significant relationship. A more meaningful interpretation would be to look at a \$1000 increase in annual income. For every additional \$1,000,000 in income a person makes annually, their BMI decreases by 4.7.
- b<sub>2</sub>: After controlling for income level and general health, those who have smoked at least once have on average 1.02 (0.6, 1.5, p<.0001) lower BMI compared to those who have never smoked.
- $b_3$ : After controlling for income level and smoking status, those reporting very good health have 1.7 (1.1, 2.3, p<.0001) higher BMI compared to those reporting excellent health.
- b<sub>4</sub>: After controlling for income level and smoking status, those reporting good health have 4.9 (4.2, 5.5, p<.0001) higher BMI compared to those reporting excellent health.
- b<sub>5</sub>: After controlling for income level and smoking status, those reporting fair health have 7.0 (6.1, 8.0 p<.0001) higher BMI compared to those reporting excellent health.
- $b_6$ : After controlling for income level and smoking status, those reporting poor health have 9.5 (6.7, 12.2, p<.0001) higher BMI compared to those reporting excellent health.