


[DOWNLOAD](#)


## MMA Now! The Stars and Stories of Mixed Martial Arts (Paperback)

By Brian Sobie, Adam Elliott Segal

FIREFLY BOOKS LTD, Canada, 2014. Paperback. Condition: New. Language: English. Brand new Book. Pound for pound, the most revealing book on the sport today. Mixed Martial Arts (MMA) is one of the fastest-growing sports in the world. Its origins hail from ancient Greece and the combat sport Pankration. Today MMA is a multi-million-pound industry, led by the Ultimate Fighting Championship promotion, and programmes in Canada, Japan, South America, Russia and Europe. In MMA NOW!, Brian Sobie shares the history of mixed martial arts and presents the top fighters plying the trade today. From 'ground and pound' specialists to ferocious strikers to the complete-package fighters, this book is packed with 40 profiles of the most dangerous and awe-inspiring combatants to ever step into the octagon. These profiled fighters have never before been assembled into one comprehensive book. They include: Royce Gracie, probably the most influential figure in MMA history; Randy Couture, champion and controversial promoter of MMA; BJ Penn, at one time ranked No.1 in lightweight and the welterweight divisions; Forrest Griffin, former Georgia police officer, winner of the first season of The Ultimate Fighter; Renan Barao, holder of one of the longest unbeaten streaks in MMA history; Ben Askren, the...



[READ ONLINE](#)  
[ 8.42 MB ]

### Reviews

*Thorough manual for ebook fans. it had been writtern quite properly and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Dr. Catherine Wehner**

*Absolutely among the best book I have possibly go through. I have go through and that i am certain that i am going to gonna read through once again again in the future. I am just delighted to tell you that this is basically the finest book i have got go through within my personal existence and could be he finest book for ever.*

-- **Brian Bauch**

## You May Also Like



### **The Plan and Description of a Machine, Calculated to ACT as a Preservative Against Fire and House-Breaking. by William Hamlet. (Paperback)**

Gale Ecco, Print Editions, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The 18th century was a wealth of knowledge, exploration and rapidly growing technology and expanding record-keeping made possible by advances in the...



### **An Historical Account of a New Method for Extracting the Foul Air Out of Ships, With the Description and Draught of the Machines, by Which It Is Performed: In Two Letters to a**

Gale Ecco, Print Editions, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The 18th century was a wealth of knowledge, exploration and rapidly growing technology and expanding record-keeping made possible by advances in the...



### **Experimental Enquiry Concerning the Natural Powers of Wind and Water to Turn Mills and Other Machines Depending on a Circular Motion and an Examination of the Quantity and Proportion of Mechanic Power Necessary**

Gale Ecco, Print Editions, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The 18th century was a wealth of knowledge, exploration and rapidly growing technology and expanding record-keeping made possible by advances in the...



### **XCOM 2: Resurrection (Paperback)**

Insight Editions, United States, 2015. Paperback. Condition: New. Language: English. Brand new Book. In the world of XCOM, the governments of Earth unite under threat of an alien invasion and form XCOM, an elite paramilitary organization tasked with repelling the extraterrestrial offensive...



### **Nyktopsia: Or, the Use and Abuse of Snuffers. . with an Attempt for Introducing a New Invented Machine of Far Greater Use and Safety. . (Paperback)**

Gale Ecco, Print Editions, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The 18th century was a wealth of knowledge, exploration and rapidly growing technology and expanding record-keeping made possible by advances in the...



### **The Description and Use of a New Machine, Called the Mechanical Paradox; Invented by James Ferguson, . (Paperback)**

Gale Ecco, Print Editions, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The 18th century was a wealth of knowledge, exploration and rapidly growing technology and expanding record-keeping made possible by advances in the...