



RUMAH SAKIT  
*"MELOY"*

Jl. Yos Sudarso II No. 101 Sangatta

Telp / Fax : ( 0549 ) 24222, Telp : 2026258, E-mail : rsu\_meloy@yahoo.co.id

Periodic Medical Examination

MEDICAL CHECK - UP

GROUP B At High Risk Staff

DAVID RIONALDO TINO SUPUSEPA

PT. Martadinata Indah

Z72704

05 June 2023



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Jl. Yos Sudarso II No. 101 Sangatta

Telp / Fax : ( 0549 ) 24222, Telp : 2026258, E-mail : rsu\_meloy@yahoo.co.id

## MEDICAL ASSESSMENT FORM

NAMA	: DAVID RIONALDO TINO SUPUSEPA	BADGE NUMBER	: Z72704
JOB	: Operator	COMPANY	: PT. Martadinata Indah

### ASSESSMENT FINDINGS AND ACTION PLAN

Previous Medical Examinations ( Including Pre employment, Preplacement and Periodic Medical Examination)		
Year	Conclusion	Recommendation

Medical History And General Information	Physical Examination		
DASS 21 : D 0 (Normal) A 0 (Normal) S 0 (Normal)			
		Righ	Left
	Visus	6/6	6/7.5 Tanpa Kacamata
	IBM	-	- Dengan Kacamata
		Overweight	

### LABORATORY

Normal

Chest X Ray	ECG
Normal	Normal
Spirometry	Audiometry
	AD : Normal Hearing AS : Normal Hearing

Conclusion	Recommendation / Comment
	Gunakan masker dengan benar saat bekerja di area berdebu.
	Istirahat yang cukup.
	Banyak minum air putih min. 2 ltr/hari.
	Olahraga ringan secara teratur.
	Kurangi merokok.
	Atur pola makan untuk menurunkan berat badan.

Doctor	Signature	Date
dr. Nurmila Baitika Devi	 MELOY	June 05, 2023

# GENERAL INFORMATION TO BE COMPLETED BY EMPLOYEE

Given Name		Surname	
DAVID RIONALDO TINO SUPUSEPA			
NO. ID	Date of Birth	Place of Birth	Ethnic Origin
Z72704	June 16, 1978	AMBON	Ambon
Gender	Marital Status	Amount of Child	
Male	Menikah	2	
Date Of Employment With This Company		Year	
Job Title	Operator		
Hobby	Olahraga		
Others Job Or Moonlight Working			
Position Applied for	Pre Employment Medical Examination	Pre Placement Medical Examination	X Periodic Medical Examination
<b>Job Invoices ( Choose All Aplicable )</b>			
X	Driving or operating mobile equipment (vehicles, cranes, hoist)		
-	Working at heights (Ladder, elevated walkways)		
-	Clerical, office based or administrative work		
-	Requires colour vision (colour coded wiring or warning lights)		
-	Potensial dust exposure		
-	Catering staff including all food handlers		
-	Exposing to other potential dangerous material (chemical, radiation, extremely temperature)		

To be completed by employee guided by OHP Nurse and checked by Doctor

## MEDICAL HISTORY

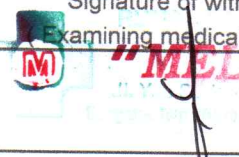
Please indicate if you ever suffered from the following conditions

Y/N		Y/N		Y/N	
N	Head injury or contusion	N	Jaundice / Hepatitis	Y	Hypertension
N	Fainting, blackouts, epilepsy	N	Chronic cough > 4 weeks	N	Chest pain/heart disease
N	Visual changes	N	Haemorrhoid	N	Malaria/tropical disease
N	Hearing loss	N	Chronic abdominal pain	Y	Surgery/operation -
N	Nose, sinus, throat trouble more 4 weekly	N	Sexual transmitted diseases	N	Unusual change of weight > 5 kg/month
N	Gynaecological Problems	N	Diabetes	N	Back pain > 4 weeks
N	Chronic skin problem	N	Asthma	N	Thyroid fever
N	Chronic diarrhea	N	Allergies	N	Swollen or painful joints
N	Anorexia more 4 weeks	N	Tuberculosis	N	Kidney problem/Urinary stones
N	Gastritis	N	Psychiatric disorder	N	Other Chronical diseases
Family health history		( 10 gr alcohol = 1 can beer = 1 glass wine = 1 glass/ nip spirit		Prescribed Medication	
Father :	Fit	Cigarette ( Perday )	10 pcs/day		
Mother :	Dead	Alcohol (gr/week)	CC		
Siblings :				Any Allergies	
Other :					

I certify that above statements are to the best of my knowledge and belief correctly

I consent to the results of this examination being stored in paper and electronic format

I am willing that if required, work related medical information may be released to company management

Signature of witness (Examining medical officer)	Date	Candidate Signature	Date
	June 05, 2023		June 05, 2023



## SUPPORTIVE INVESTIGATION LABORATORY RESULT

Hb ( gr % )	WBC Per-mm	ESR ( mm/jam )	Gamma GT (8-46 u/l)	SGOT ( U/l )	SGPT ( U/l )	Ureum	Creatinin ( mg/dl )	Triglicerida Up to 200 mg/dl
15.5	8.100	10	0	25	46	25	0.9	128

Glukosa Puasa ( mg/dl )	Total Cholesterol (mg/dl)	LDL	HDL	Leucocyte	otBilirubi	RBC	HCT	PLT
101	188	130	32		0	5.03	44.6	296.000

Ova	Culture	Cysta	Parasites

### CHEST X-RAY

Pneumocosis	
If yes-ILO Classification	
Evidence OF TB	
Others Abnormalities	Normal

### ECG

Normal	Abnormal (Specify) : Normal
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### SPIROMETRY

FVC			
FEV1			
FEV1/FVC			
Interpretation of Test Result :	-		

### AUDIOMETRY

Tinnitus	Never	-	Previously	-	Rarely	-	Often	-	Always	-
Eye Protection Wom	Never	-	Previously	-	Rarely	-	Often	-	Always	-
Type of hearing Protection Wom (Muffs/Plugs)	-									

Level dDxKh	500	1000	1500	2000	3000	4000	5000	6000	7000	8000	% HL
Left Ear	-	-	-	-	-	-	-	-	-	-	-
Right Ear	-	-	-	-	-	-	-	-	-	-	-

(Performed 16 Hours after any noise exposure >80 dB, in a booth with ambient noise level < 40 dB)

Freq (Hz)	500	1000	1500	2000	3000	4000	6000	HTL*	DESCRIPTION
AC	15	15	20	20	20	35	30	18	Right Ear
BC	10	10	15	10	15	15	15	11	
AC	15	15	15	25	20	40	25	19	Left Ear
BC	10	15	10	15	15	15	15	14	

Standart of National Occupational Health & Safety Committe

\* HTL = Hearing Treshold Level ( Hearing average in frequency 500, 1000, 2000, 3000 Hz )

\* HTL = < 25 dB ( Normal ), 25 - 40 dB ( Mild Deaf ), 40 - 55 dB ( Moderate Deaf ), 55 - 70 dB ( Severe Deaf ), > 90 dB ( Total Deaf )

**"MELOY"**

# LABORATORY REQUEST FORM OCCUPATIONAL HEALTH PROGRAM

Patient name	DAVID RIONALDO TINO SUPUSEPA	Occupation	Operator
Age / Birth day	44 June 16, 1978	Company	PT. Martadinata Indah
Status	Menikah	Doctor Examining	dr. Nurmila Baitika Devi
Gender	Male	Date	05-06-2023

NOTE : Please tick (V) investigations required

DESCRIPTION ( Standart )	RESULT	Remark	DESCRIPTION (Standart)	RESULT	Remark
<b>HAEMATOLOGY</b>					
- Hemoglobine(M:13-16,F:12-14gr%)	15.5	Normal	- HCT( M:40-48;Vol % F:37-43 )	44.6	Normal
- WBC (5.000-10.000 per-mm3)	8.100	Normal	- PLT (200.000-500.000 per - mm3)	296.000	Normal
- Sediment rate (M: 0-10,F: 0-20)	10	Normal	- PCT ( 0.5 - 1.5 )	-	-
- Diff Count	-	-	- RBC (M: 4,5 - 5,5 ; F: 4 - 5 juta-mm3)	5.03	Normal

## BLOOD CHEMISTRY

- SGOT (M:<37 U/l; F:<31 U/l)	25	Normal	- Uric acid ( M:3,4 - 7,0 ; F:2.4 - 5.7 )	-	Normal
- SGPT (M:<42 U/l; F:<32 U/l)	46	Normal	- Fasting Glucosa ( 75 - 115 mg/dl)	101	Normal
- Triglicerida (<200 mg/dl)	128	Normal	- Total Protein ( 6,6-8,7 gr/dl )	-	Normal
- Gamma GT ( 8 - 46 u/l)	-	Normal	- Total Cholesterol ( < 220 mg/dl )	188	Normal
- Creatinin (M:0.6-1,1; F:0.5-0.9 mg/dl)	0.9	Normal	- HDL Chol ( M :> 55mg/dl, F: >65mg/dl )	32	Normal
- ALP(P:80-306 U/l, W: 64-306 U/l)	-	Normal	- LDL Chol ( < 150mg/dl )	130	Normal
-Ureum ( 10 - 50 mg/dl )	25	Normal	-Total Bilirubin ( 0,1 - 1,1 mg/dl )	-	Normal

## URINE


Macroscopic			- Hemoglobin / Blood	-	Negative
- Colour	KUNING	Yellow	- Nitrites	-	negative
- Turbidity	JERNIH	Clear	Microscopic		
- Chemical reaction	6	4,8-7,8	- WBC	1 - 2	/Lp-4
- Ketone	-	Negative	- RBC	0 - 3	/Lpb-2
- Glucose	-	Negative	- Bacteria	-	Negative
- Protein	-	Negative	- Crystal Tripel Phospat	-	/Lpb-Neg
- Urobilinogen	-	Negative	- Epitel	2 - 4	Sedikit
- Leukosit	-	Negative			

DRUGS TEST	Hasil	Nilai Normal		Hasil	Nilai Normal
- Amphetamine		Negative	- Benzodiazepine		Negative
- Morphine		Negative	- Menthapetamine		Negative
- Marijuana (THC)		Negative	- Cocaine		Negative

SEROIMONULOGY	Hasil	Nilai Normal	Satuan	Keterangan		
- Hbs Ag	Negative	Negative			-	-
- Anti HBs Ag		Positive	mIU/ml	Index : < 1.0 Non Reactive	-	-
- TPHA	Negative	Negative		Index : > 1.0 Reactive	-	-

## WIDAL ( Negative is normal )

- Typoid O		-	- Paratyphoid BO		-
- Typoid H		-	- Paratyphoid BH		-
- Paratyphoid AO		-	- Paratyphoid CO		-
- Paratyphoid AH		-	- Paratyphoid CH		-

Lab. Technician	Signature	Date
Aisyah, A.Md.A.K	 "MELOY"	June 05, 2023



**PHYSICAL EXAMINATION**  
TO BE COMPLETED BY THE MEDICAL OFFICER AND OHP NURSE

Blood Pressure ( mm Hg )	Pulse ( x/menit)	Height (cm)	Weight (kg)	Index Body Mass
120/80	56	180	97	30 ( Ideal 20-25 )

	Unaided		With glasses		Night Vision		Colour Blindness	
Vision	Right	Left	Left	Right	-	-	X	Normal
Distant	6/6	6/7.5			Brake test		-	Red Green absent
Near					-	-	-	Colour blind

Visual fields ( Normal > 70° )

Left		Right		Fundi	
80		80		N	Normal
					Abnormal

**VACCINATION HISTORY**

BCG	DPT	POLIO	MORBILI	TYPOID	Hep-A	Hep-B	Tetanus	Others
X	X	X	-	-	-	-	-	-

Examination	Results	Examination	Results
Scoliosis	No	Lateral Flexion 0-20	Normal
Kyphosis	No	Heel Walking	Normal
Lordosis	No	Toe Walking	Normal
Forward Flexion 0-80	Normal	Squats x3	Normal
Hyperextensi 0-25	Normal	Romberg Test	Normal

Use Guidance Document to complete, please indicate if Normal (N) or Abnormal (A)		Comments	
1. ENT	N		
2. Cardio Vascular System	N	EKG	: Normal
3. Respiratory System	N	X-Ray	: Normal
4. Abdomen	N		
5. Genito Urinary System	N		
6. Central & Peripheral Nervous sys	N		
7. Skin	N		
8. Lymph Nodes	N		
9. Dental	N		

**NOTE**

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Examining Medical Officer	dr. Nurmila Baitika Devi	Signature <b>"MELO"</b>
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Jl.Yos Sudarso II No. 101 Sangatta

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## MEDICAL CHECK - UP CERTIFICATE

### FOR MANAGEMENT

Name	File / Badge Number	Occupation
DAVID RIONALDO TINO SUPUSEPA	<b>Z72704</b>	<b>Operator</b>
Departement	Supervisor	Manager
-	-	-



### Summary

Requires Spectacles	Colour Blindness	Respiratory Problem	Impaired Hearing	Vertigo	Blood Group
No	No		No	No	<b>B (+)</b>

	-	Medically Fit for Specified Occupation
	-	Presently has minor medical problem - fit for specified occupation after treatment

Fit with Restrictions	-	Medically Fit for Specified Occupation
	-	Work duties will be restricted

		Comment / Recommendation
	1	Gunakan masker dengan benar saat bekerja di area berdebu.
	2	Istirahat yang cukup.
	3	Banyak minum air putih min. 2 ltr/hari.
	4	Olahraga ringan secara teratur.
	5	Kurangi merokok.
	6	Atur pola makan untuk menurunkan berat badan.

Examining doctor :	 dr. Nurpila Baitika Dewi	Location :	Sangatta
Signature :		Date :	June 05, 2023

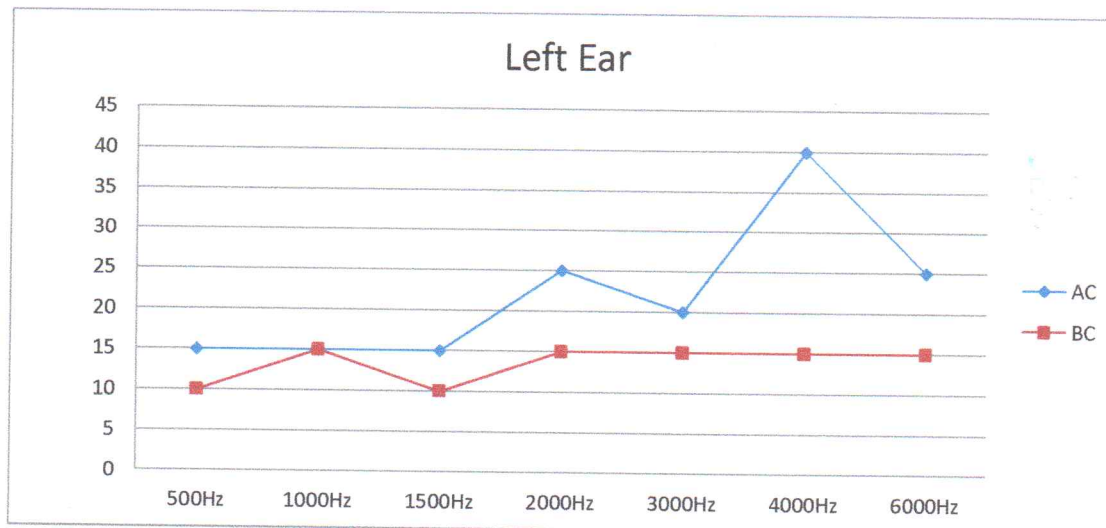
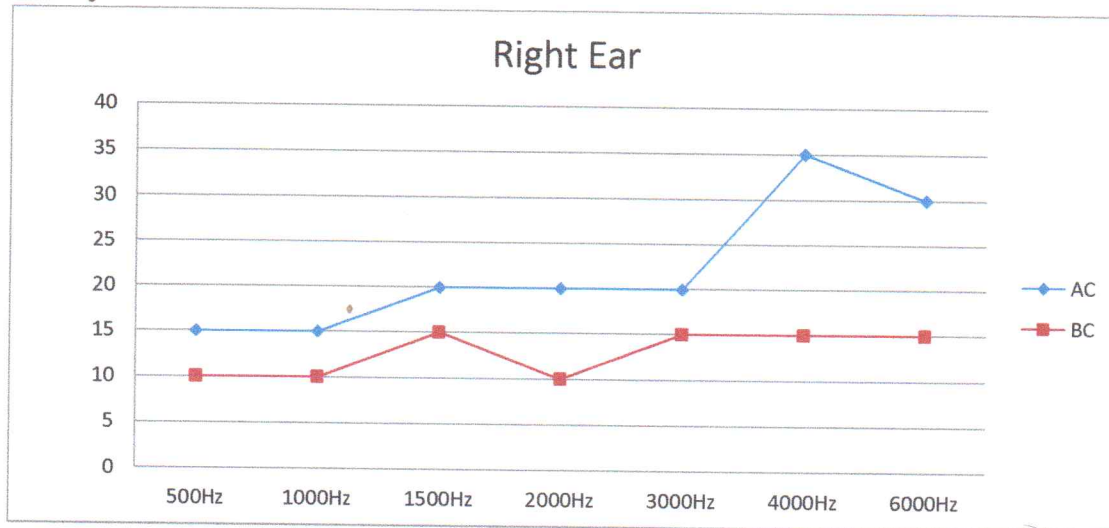
A Change of Occupation may render this certificate invalid  
Re - Certification should be obtained from the medical officer

This certificate issued by. Rumah Sakit " MELOY "  
Jl.Yos Sudarso II No.101,Sangatta Kutai Timur - Kalimantan Timur  
Telp / Fax : ( 0549 ) 24222, Telp : 2026258, E-mail : rsu\_meloy@yahoo.co.id



## SUPPORTIVE INVESTIGATION AUDIOMETRY EXAMINATION

NAME : DAVID RIONALDO TINO SUPUSEPA  
AGE : 44 Years  
DEPARTMENT/BN : Z72704  
COMPANY : PT. Martadinata Indah



Conclusion : AD : Normal Hearing  
AS : Normal Hearing

500Hz	15	10	15	10
1000Hz	15	10	15	15
1500Hz	20	15	15	10
2000Hz	20	10	25	15
3000Hz	20	15	20	15
4000Hz	35	15	40	15
6000Hz	30	15	25	15
Code	0-----0	x-----x	<-----<	>----->
Colour	RED		BLUE	

Date	05 June 2023	
Checked By	Name	Signature
Paramedic	Faisal F. P. S. Kep	
Doctor	dr. Nurmila Baitika Devi	



2023-06-05 09:55:49

ID : 272709 /pt. 101  
Name: Tu. David. D.  
yrs. / kg  
cm /

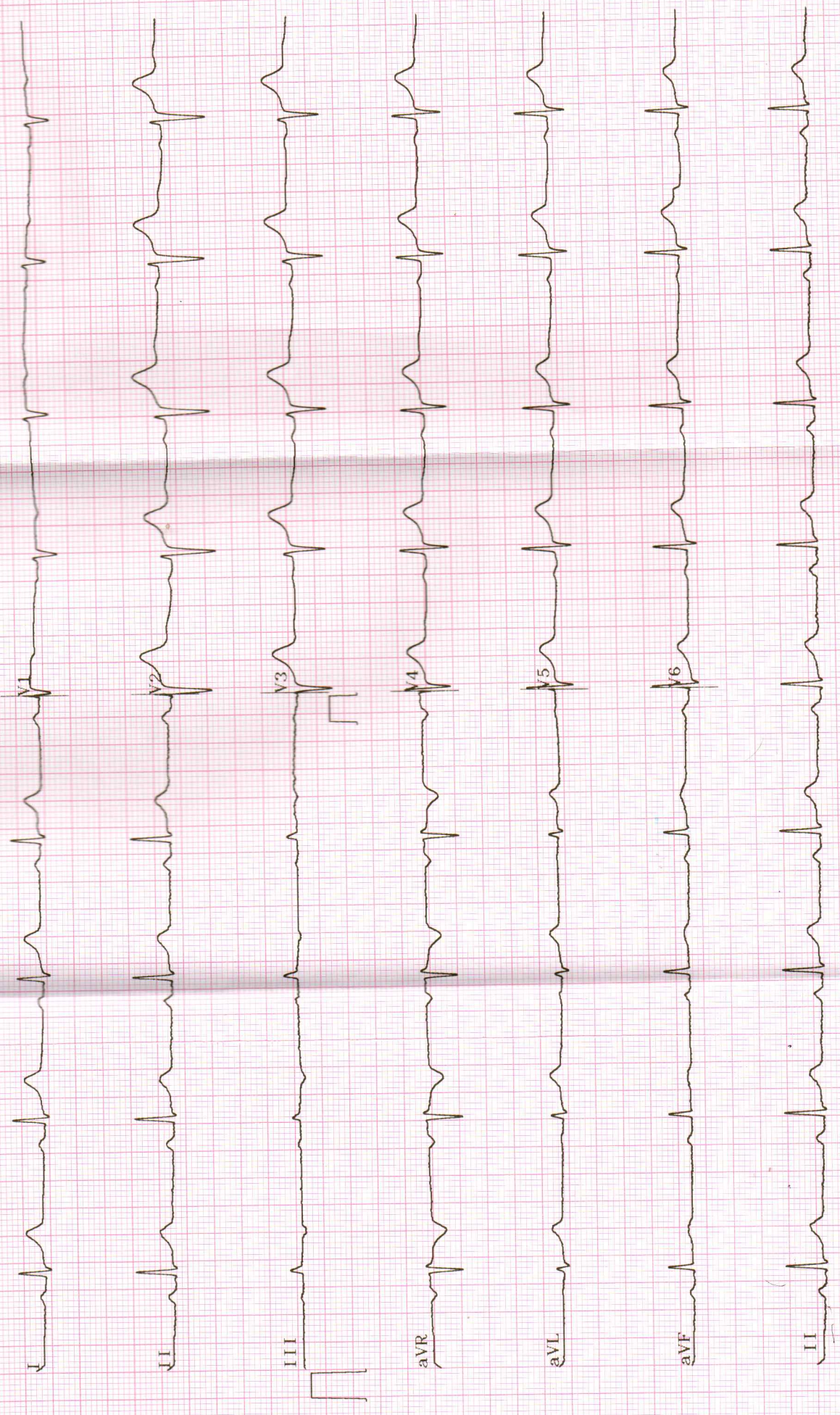
6 Channel \* I Rhythm Report

Heart Rate: 56bpm  
PR Int.: 206 ms  
QRS Dur.: 76 ms  
QT/QTc: 420/404 ms  
P-R-T axes: 48 46 15  
Analysis Result \*\*: (To be finally confirmed by cardiologist)  
Sinus Bradycardia(HR: 50-59)  
AV Block-I  
Normal Axis  
Minimally Abnormal or Normal Variation ECG I

Hospital:  
Prescribed by:

Prescribed by cardiologist)

"MELOY"  
Ji You Certified No. 101  
S: 05/09/24222, 2021-108





DAVID RIONALDO TINO S TN,,  
16/06/1978 \_44 Y  
RM:092920 \_Male  
CHEST

RSU MELOY SANGATTA  
9:01:35 AM  
05/06/2023  
PA

R

8cm

8cm

Mag 0.60

456.78( 0.77)

