## Flexible Spending Account -



**Over-the-Counter Expenses** 

## **Allowable Over-the-Counter Expenses**

The list of OTC items that remain eligible <u>without</u> a prescription include, but are not limited to band aids, braces & supports, contact lens solution, elastic bandages & wraps, first aid supplies and reading glasses. The following is a condensed list of eligible over-the-counter expenses.

	Bandages Band-aids Blood pressure monitors and kits Braces and supports Carpal tunnel wrist supports Catheters Cold/hot pack for injuries Condoms Contact lens solution		Crutches Denture adhesives Diabetic supplies Diagnostic tests & monitors Elastic bandages & wraps Ear plugs First aid kits Gauze pads Heating pads Hot water bottles		Incontinence supplies Insulin Liquid adhesive for small cuts Medicine dropper/spoon Ostomy products Reading glasses Sitz bath Thermometers Wheelchairs, walkers, canes
OTC drugs and medicines, with the exception of insulin are now considered ineligible unless you have a prescription from your physician. Your EBPA Benefits Card can continue to be used for allowable OTC medical supplies and equipment. The EBPA Benefits Card can also be used for prescribed OTC drugs and medicines as long as the prescription is presented to the pharmacist or the mail order/web-based vendor that dispenses the medication. Proper records must be maintained.  Over-the-Counter Expenses Requiring a Prescription  The list of OTC items that will require a prescription include, but are not limited to acne medicine, allergy medicine, cough, cold and flu medicine, eye drops, indigestion medicine, laxatives, nasal sprays/drops, ointment for					
	Acne medicine Allergy & sinus medication Antacids Anti-diarrhea medicine Asthma medications Bactine Ben Gay or products for muscle or joint pain Bug bite medications Calamine lotion Cold sore relief		Cough & cold medicine Diaper rash ointments Digestive/Stomach medications Ear drops Eye drops First aid cream Hemorrhoidal cream Lactose intolerance medicine Laxatives Motion sickness pills		Nasal sinus sprays Nicotine gum or patches Pain relievers Sinus medications Sleep aids & sedatives Spermicidal foams/gel Sun block & Sun screen Throat lozenges Wart remover treatments Yeast infection treatments