



# **HMO** Blue New England<sup>™</sup>

Summary of Benefits



### Northeastern University

This plan is intended to be a "grandfathered" plan under the Patient Protection and Affordable Care Act. For more information, please see the notice included with your Evidence of Coverage package.



This health plan meets Minimum Creditable Coverage Standards for Massachusetts residents that went into effect as of January 1, 2011, as part of the Massachusetts Health Care Reform Law.



### **Your Care**

### Your Primary Care Provider.

When you enroll in HMO Blue New England, you must choose a primary care provider (PCP) for you and each member of your family from any New England state. There are several ways to find a PCP: visit the Blue Cross Blue Shield of Massachusetts website at www.bluecrossma.com; consult the Provider Directory; or call our Physician Selection Service at 1-800-821-1388. If you have trouble choosing a doctor, the Physician Selection Service can help. We can tell you whether a doctor is male or female, the medical school(s) he or she attended, and if any languages other than English are spoken in the office.

#### Referrals You Can Feel Better About.

Your PCP is the first person you call when you need routine or sick care (see *Emergency Care–Wherever You Are* for emergency care services). If you and your PCP decide that you need to see a specialist for covered services, your PCP will refer you to an appropriate network specialist. The specialist will usually be one your PCP knows, probably someone affiliated with your PCP's hospital or medical group. Your provider may also work with Blue Cross Blue Shield concerning the Utilization Review Requirements, which are Pre-Admission Review, Concurrent Review and Discharge Planning, Prior Approval for Certain Outpatient Services, and Individual Case Management. Information concerning Utilization Review is detailed in your subscriber certificate.

### **Emergency Care-Wherever You Are.**

In an emergency, such as a suspected heart attack, stroke, or poisoning, you should go directly to the nearest medical facility or call 911 (or the local emergency phone number). You pay a \$100 copayment per visit for emergency room services. This copayment is waived if you're admitted to the hospital or for an observation stay.

### **HMO Blue New England Service Area.**

The plan's service area includes all cities and towns in the Commonwealth of Massachusetts, State of Rhode Island, State of Vermont, State of Connecticut, State of New Hampshire, and State of Maine.

### When Outside the HMO Blue New England Service Area.

If you're traveling outside the service area and you need urgent or emergency care, go to the nearest appropriate health care facility. You are covered for the urgent or emergency care visit and one follow-up visit while outside the service area. Any additional follow-up care must be arranged by your PCP. Please see your subscriber certificate for more information.

### **Dependent Benefits.**

This plan covers dependents up to age 26, regardless of the dependent's financial dependency, student status, or employment status. Please see your subscriber certificate (and riders, if any) for exact coverage details.

# **Your Medical Benefits**

Covered Services	Your Cost	
Outpatient Care	Tour cost	
Emergency room visits	\$100 per visit (waived if admitted or for observation stay)	
Well-child care visits	\$20 per visit (no cost for immunizations and routine tests)	
Routine adult physical exams, including related tests	\$20 per visit (no cost for immunizations and routine tests)	
Routine GYN exams, including related lab tests (one per calendar year)	\$20 per visit (no cost for routine tests)	
Routine hearing exams	\$20 per visit	
Routine vision exams (one per calendar year)	\$20 per visit	
Family planning services-office visits	\$20 per visit	
Mental health and substance abuse treatment	\$20 per visit	
Office visits	\$20 per visit	
Chiropractor services	\$20 per visit	
Short-term rehabilitation therapy—physical and occupational (up to 60 visits per calendar year*)	\$20 per visit	
Speech, hearing, and language disorder treatment-speech therapy	\$20 per visit	
Allergy injections only	Nothing	
Diagnostic X-rays, lab tests, and other tests	Nothing	
Home health care and hospice services	Nothing	
Oxygen and equipment for its administration	Nothing	
Prosthetic devices	Nothing	
Durable medical equipment-such as wheelchairs, crutches, hospital beds (up to \$3,000 per calendar year**)	All charges beyond the calendar-year benefit maximum	
Surgery and related anesthesia  Office setting  Ambulatory surgical facility, hospital, or surgical day care unit	Nothing Nothing	
Inpatient Care (including maternity care) General or chronic disease hospital care (as many days as medically necessary)	Nothing	
Mental hospital or substance abuse facility care (as many days as medically necessary)	Nothing	
Rehabilitation hospital care (up to 60 days per calendar year)	Nothing	
Skilled nursing facility care (up to 100 days per calendar year)	Nothing	
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<sup>\*</sup> No visit limit applies when short-term rehabilitation therapy is furnished as part of covered home health care or for the treatment of autism spectrum disorders.

\*\* No dollar limit applies when durable medical equipment is furnished as part of covered home dialysis, home health care, or hospice services.

## **Your Medical Benefits (continued)**

Covered Services	Your Cost
Prescription Drug Benefits At designated retail pharmacies (up to a 30-day formulary supply for each prescription or refill)	\$5 for Tier 1 \$25 for Tier 2 \$40 for Tier 3
Through the designated mail service pharmacy (up to a 90-day formulary supply for each prescription or refill)	\$10 for Tier 1 \$45 for Tier 2 \$75 for Tier 3

### Get the Most from Your Plan.

Visit us at www.bluecrossma.com/membercentral or call 1-888-543-8770 to learn about discounts, savings, resources, and special programs like those listed below that are available to you.

A Fitness Benefit toward membership at a health club (see your subscriber certificate for details)	\$150 per year, per individual/family
Reimbursement for a Blue Cross Blue Shield of Massachusetts designated weight loss program	\$150 per year, per individual/family
Blue Care Line <sup>sм</sup> to answer your health care questions 24 hours a day−call 1-888-247-BLUE (2583)	No additional charge
Healthy You Concierge Care Center—For answers to claims, benefits as well as any health or wellness-related questions call Member Services at 1–888-543-8770. The nurses in the Care Center are available to support your health care needs, whether that means choosing a doctor or hospital, understanding a diagnosis, medication, or upcoming surgery or procedure, or taking advantage of benefits available through your plan to help you lead a healthier life.	No additional charge

### Questions? Call 1-888-543-8770.

For questions about Blue Cross Blue Shield of Massachusetts, visit the website at www.bluecrossma.com.

Interested in receiving information from Blue Cross Blue Shield of Massachusetts via e-mail? Go to www.bluecrossma.com/email to sign up.

Limitations and Exclusions. These pages summarize the benefits of your health care plan. Your subscriber certificate and riders define the full terms and conditions in greater detail. Should any questions arise concerning benefits, the subscriber certificate and riders will govern. Some of the services not covered are: cosmetic surgery; custodial care; hearing aids; most dental care; and any services covered by workers' compensation. For a complete list of limitations and exclusions, refer to your subscriber certificate and riders.

