



## HEALTH CARE REIMBURSEMENT ACCOUNT WORK SHEET

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### Estimate your Out-of-Pocket Costs for Health Care Expenses

Participating in the Health Care Reimbursement Account is an excellent way for you to pay for un-reimbursed health care expenses with pre-tax dollars.

You will need to estimate your out-of-pocket expenses for the entire plan year from January 1<sup>st</sup> through December 31<sup>st</sup>. Reviewing prior years out of pocket costs will give you a good indication of what your expenses might be for the new Plan Year.

This work sheet will assist you in calculating your out-of-pocket medical expenses that you and your family expect to incur during your plan year.

**Important Note:** The federal law requires that you must forfeit any unused amounts remaining in your account at the end of the plan year so plan carefully!

Medical Deductibles for you and your family \$ \_\_\_\_\_

Medical Co-payments/co-insurance \$ \_\_\_\_\_

Prescription Drug Co-payments \$ \_\_\_\_\_

Dental Deductibles for you and your family \$ \_\_\_\_\_

Dental Co-payments \$ \_\_\_\_\_

Vision Co-payments \$ \_\_\_\_\_

Hearing Co-payments \$ \_\_\_\_\_

Over the Counter Drugs \$ \_\_\_\_\_

Other Eligible Health Care Expenses \$ \_\_\_\_\_

**Total Out-of-Pocket Expenses:** \$ \_\_\_\_\_