

November 4–15, 2019

Choose Well. Live Well.



Choose Well During Open Enrollment

At Northeastern, we are committed to fostering an atmosphere that promotes healthy behaviors and well-being. Benefits Open Enrollment is taking place November 4–15, 2019. It's your once-a-year chance to make changes to your benefit decisions, unless you experience a qualifying life event (like having a baby or getting married).



What You Need To Know

- All medical, dental, vision, supplemental life insurance, and legal plan options will remain the same.
- Dental, supplemental life insurance, and legal plan premiums will remain the same.
- Medical plan premiums will increase by 2%.
- Vision plan premiums will increase by \$0.58/month for individual coverage and \$1.49/month for family coverage.

- NEW!**
- Medical plans will include coverage for acupuncture.
 - If you reside in New England and have a spouse/domestic partner and/or dependent child(ren) who reside outside of New England, you may be eligible to enroll in the PPO. To confirm eligibility and enroll in the plan, please call the HRM Customer Service Center, **617.373.2230**, and ask to speak with a member of the benefits team.
 - Medical plans will now include a value-based pharmacy benefit that can help you manage chronic conditions and save money on certain medications when purchased through Express Scripts mail-order pharmacy. The benefit provides access to a 90-day supply at the lower cost of a 30-day retail copay: \$5 (vs. \$10) for Tier 1 and \$30 (vs. \$60) for Tier 2. If you are in the High Deductible PPO with HSA, your deductible requirement is waived when you fill your prescriptions through the value-based pharmacy benefit. To see if your medication(s) qualify, visit bluecrossma.com/valuebased and select the **Resources** tab in the left column.



How You Can Learn More

- Attend the **Benefits Fair, Wednesday, November 13, 10:30 AM – 1:30 PM, in the CSC Ballroom.**
- Visit northeastern.edu/hrm to learn more about all your benefit options.
- Review the [Open Enrollment brochure](#) (distributed via interoffice mail) and share it with your family.
- Visit HRM and speak with a member of the benefits team on **Thursday, November 14, 11:00 AM – 2:00 PM, 716 Columbus Ave., Suite 250**; computers will be available to complete your enrollment.
- Contact the **HRM Customer Service Center, 617.373.2230**, with your specific questions.



What You Need To Do

- Use [Benefits Navigator](#) on **myNortheastern** to explore and make your 2020 benefits selections by Friday, November 15.