

Add healthy habits to medication for lasting results

EncircleRxSM and Omada Health



What

Enroll and engage in Omada to get your medication* covered, if clinically eligible.

- + Omada is a virtual health program that helps members create healthier habits to achieve long-lasting results
- + Omada is \$0 cost to you
- + Filling your medication requires prior authorization from your doctor to confirm eligibility criteria is met

Why

Omada will help you on your journey by complementing the impact of your medication.

- + Support from a personal health coach
- + Easy monitoring with smart devices (you keep)
- + Motivation from a peer group and online communities
- + Tools to guide and support you with achieving long-term goals

How

You will need to participate in the Omada program meeting the following requirements each month:

- + Engage four times on the smart device provided by Omada
- + Use the Omada app four times, by doing lessons or engaging with your health coach, peer group or online community

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Enroll today!



Register or log in to
esrx.com/healthsolutions
to find your Omada link



Or sign up at
omadahealth.com/esj or download
the Omada mobile application



For more information,
contact your Express
Scripts representative