



Review Results of your Personal Health Assessment (PHA)

Step 1: Go to www.mybluehealthma.com

Step 2: Log in (*if forgot username and/or password see below*)

Step 3: Click on **My Plans**

Step 4: Click on **Assess my Health**

Step 5: Scroll down to **View Report History**

Step 6: Select to **View or Download Report**

Step 7: Review report summary

Forgot your username and/or password?

Step 1: Select **Forgot Password**

Step 2: Enter information requested – **select continue***

Step 3: Enter additional information

Step 4: Select **Reset Password**

Step 5: Enter new password

Step 6: Click on **My Plans**

Step 7: Click on **Assess my Health**

Step 8: Scroll down to **View Report History**

Step 9: Select to **View or Download Report**

Step 10: Review report summary

*If you receive a message in red indicating the information entered does not match, your username is not correct

Step 1: Select **Forgot Username**

Step 2: Enter email address

Step 3: Select **Request Username**

Step 4: Look for email (should arrive quickly)

Step 5: Follow steps above to review Personal Health Assessment (PHA)

If the steps above do not work, please call mybluehealth at 1-866-235-3094. A representative will assist you.



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