

Heart Disease Analysis Report

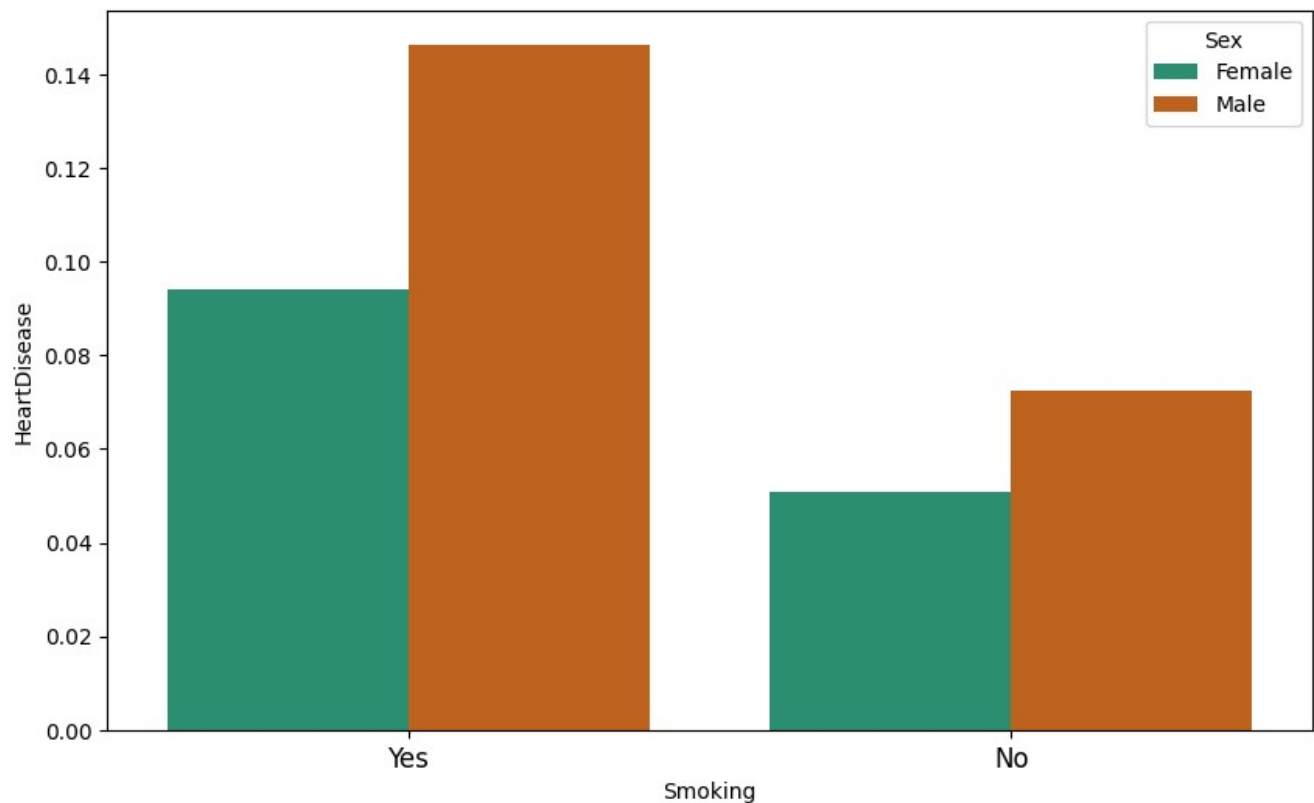
Introduction

Heart diseases are a group of disorders that affect the heart and blood vessels. These conditions can impact an individual’s lifestyle and, in the worst cases, can lead to death.

Analysis

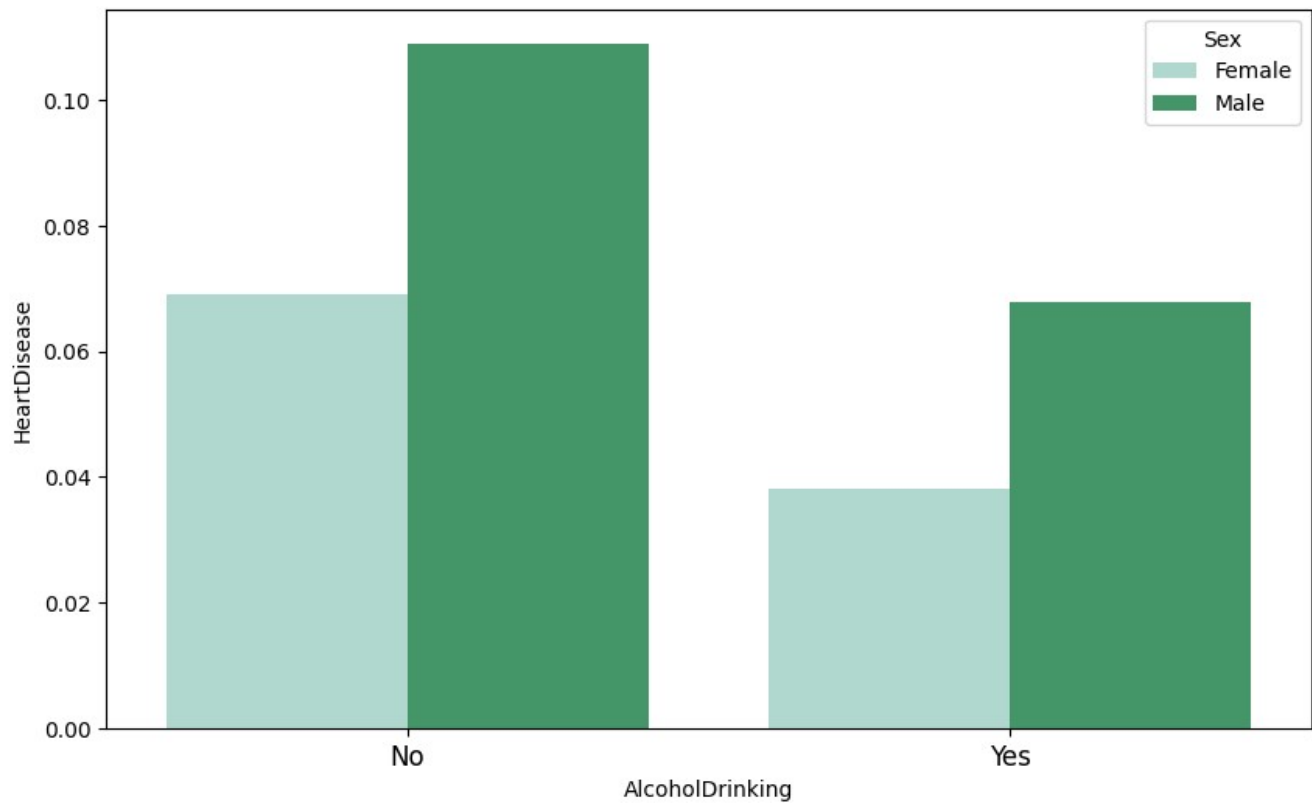
Upon thorough examination of the analysis results, we are able to ascertain the following:

The use of tobacco is detrimental to heart health. The results demonstrate that regardless of sex, individuals who consume tobacco have a higher incidence of suffering from cardiac conditions:



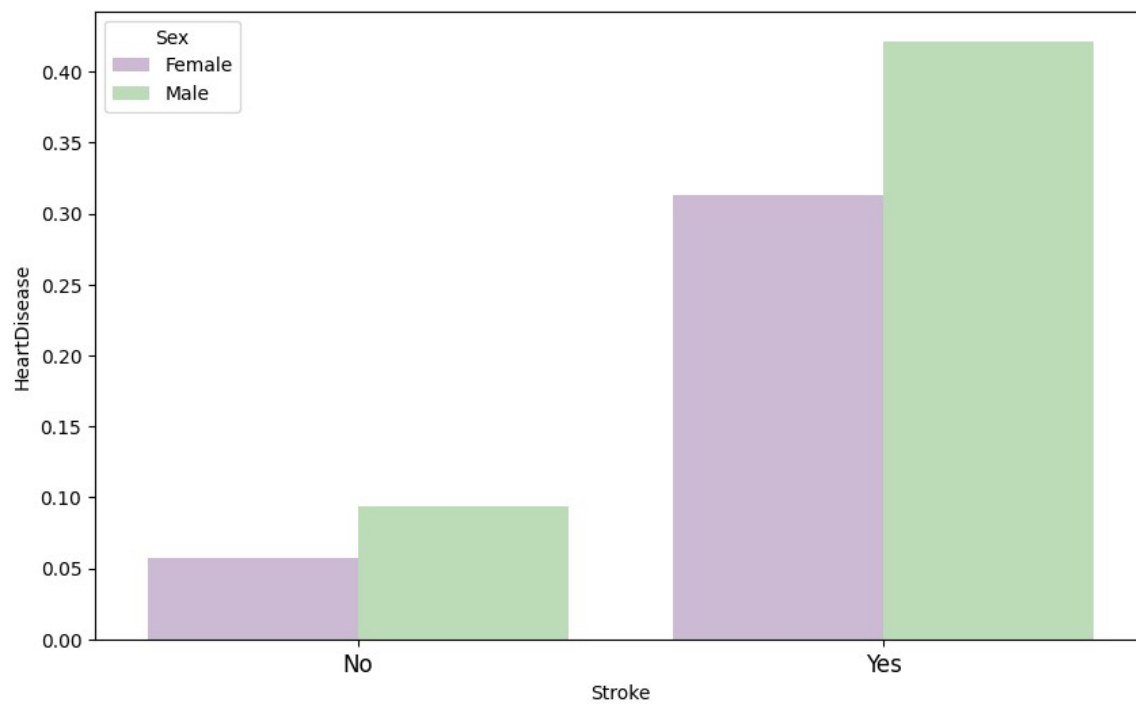
***Males have a higher incidence.**

The consumption of alcohol and its relationship with heart diseases is a complex subject and a matter of discussion. Some studies suggest that moderate alcohol consumption could offer certain benefits for heart health. However, other studies and experts assert that the consumption of alcoholic beverages can have serious repercussions on the heart.

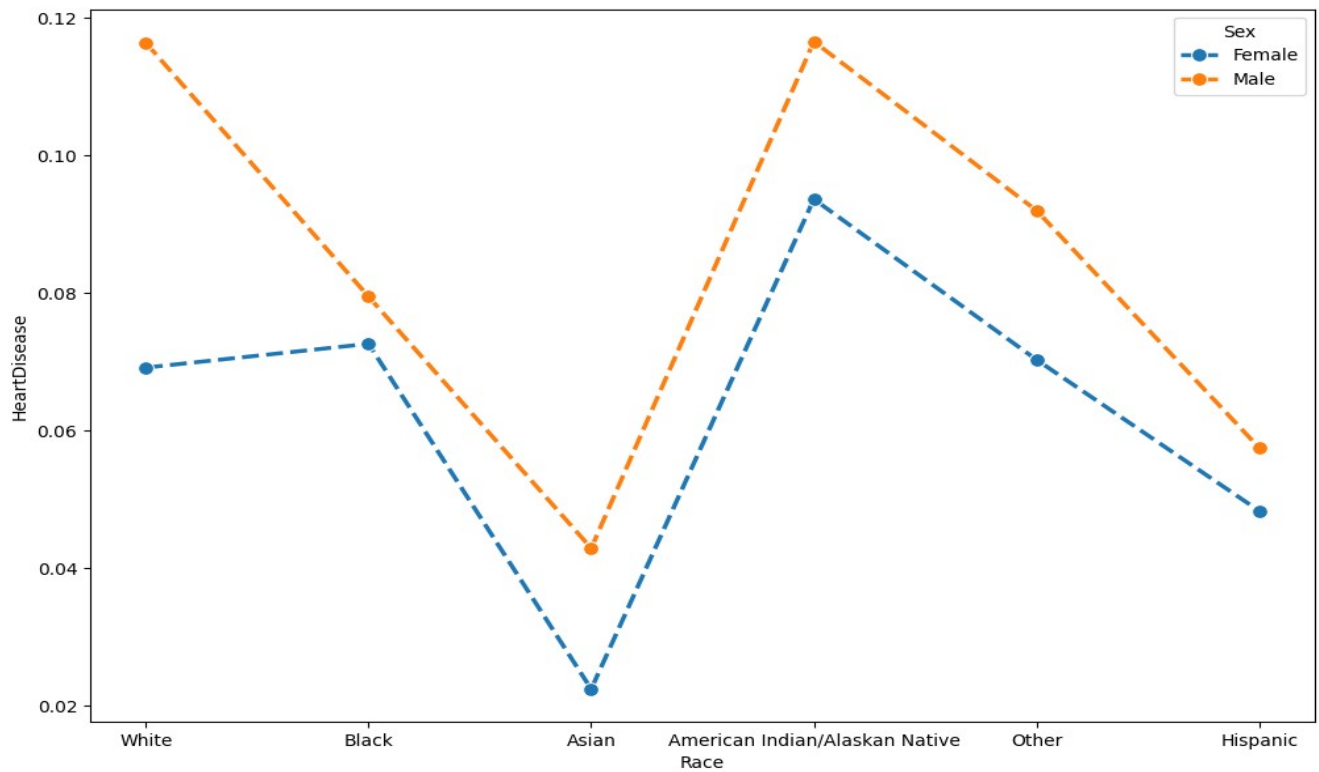


***People who drink alcohol have a lower incidence.**

According to the results, suffering a stroke significantly increases the risk of developing a heart disease.

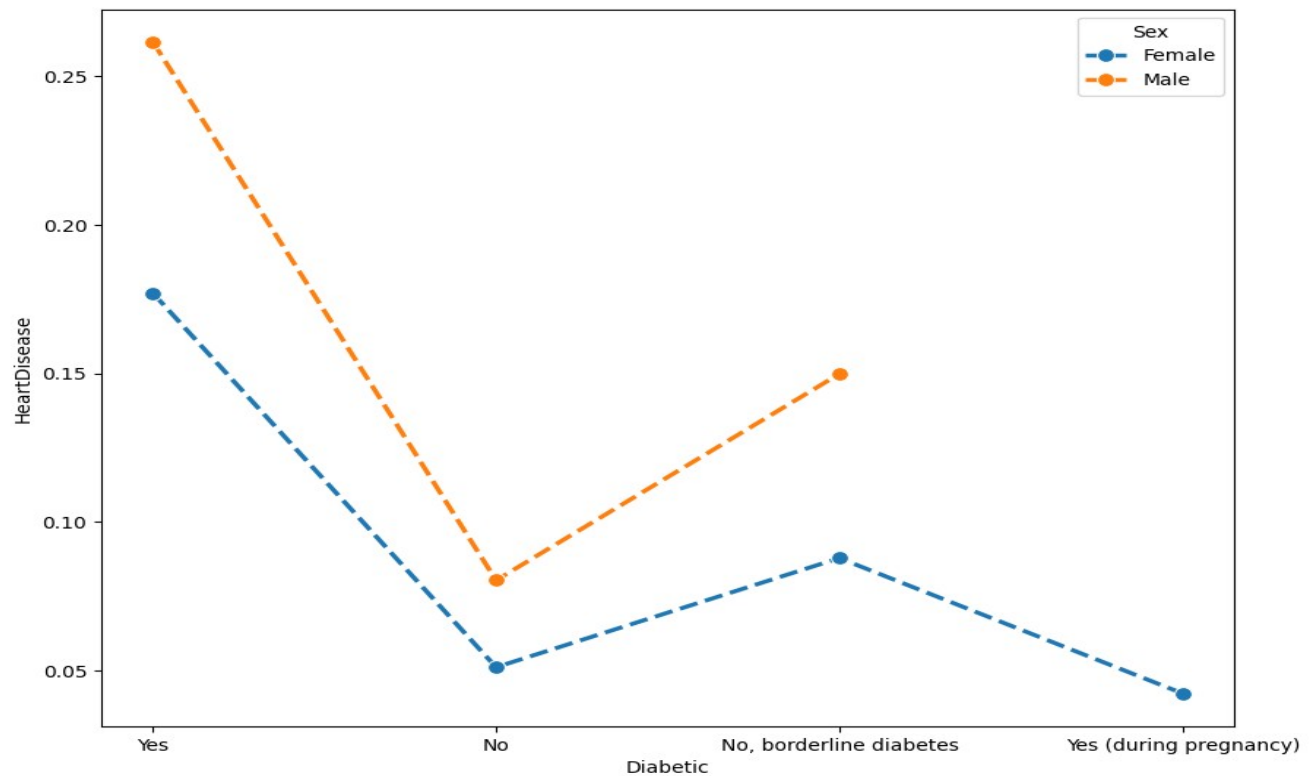


***The results are evident.**

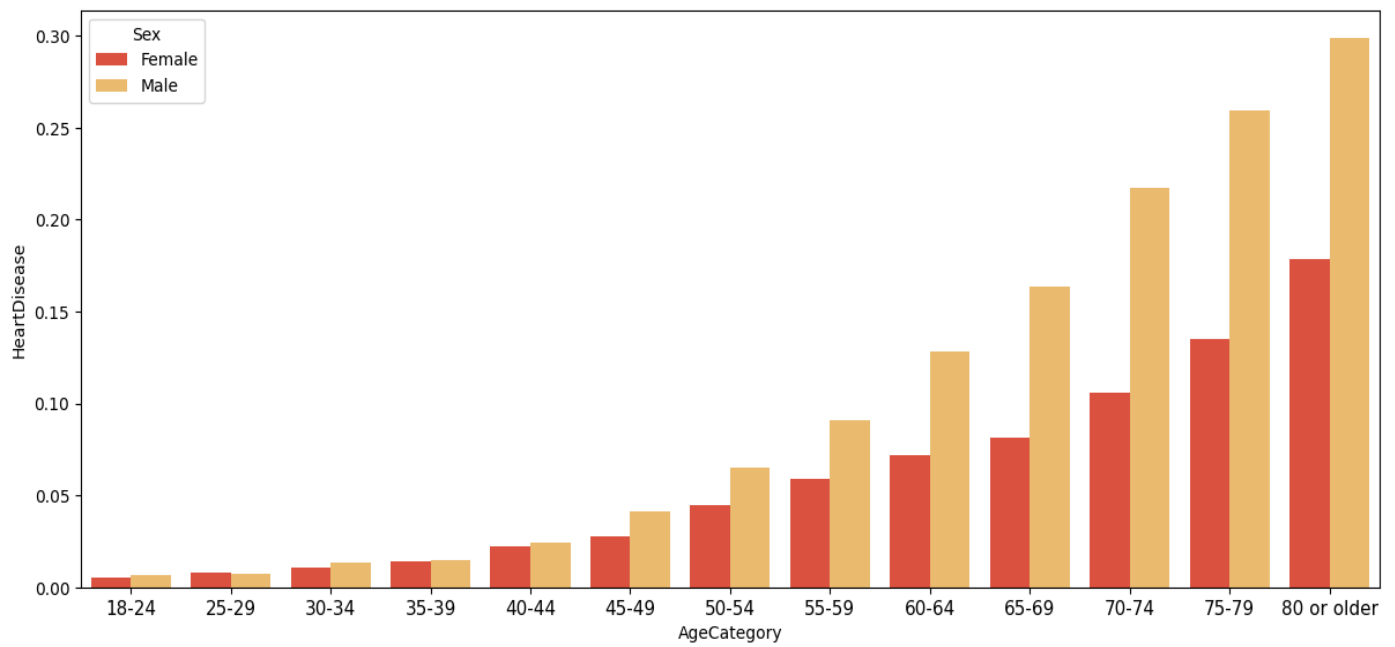


***Males have a higher incidence.**

***American Indian and Alaskan native have a high incidence.**

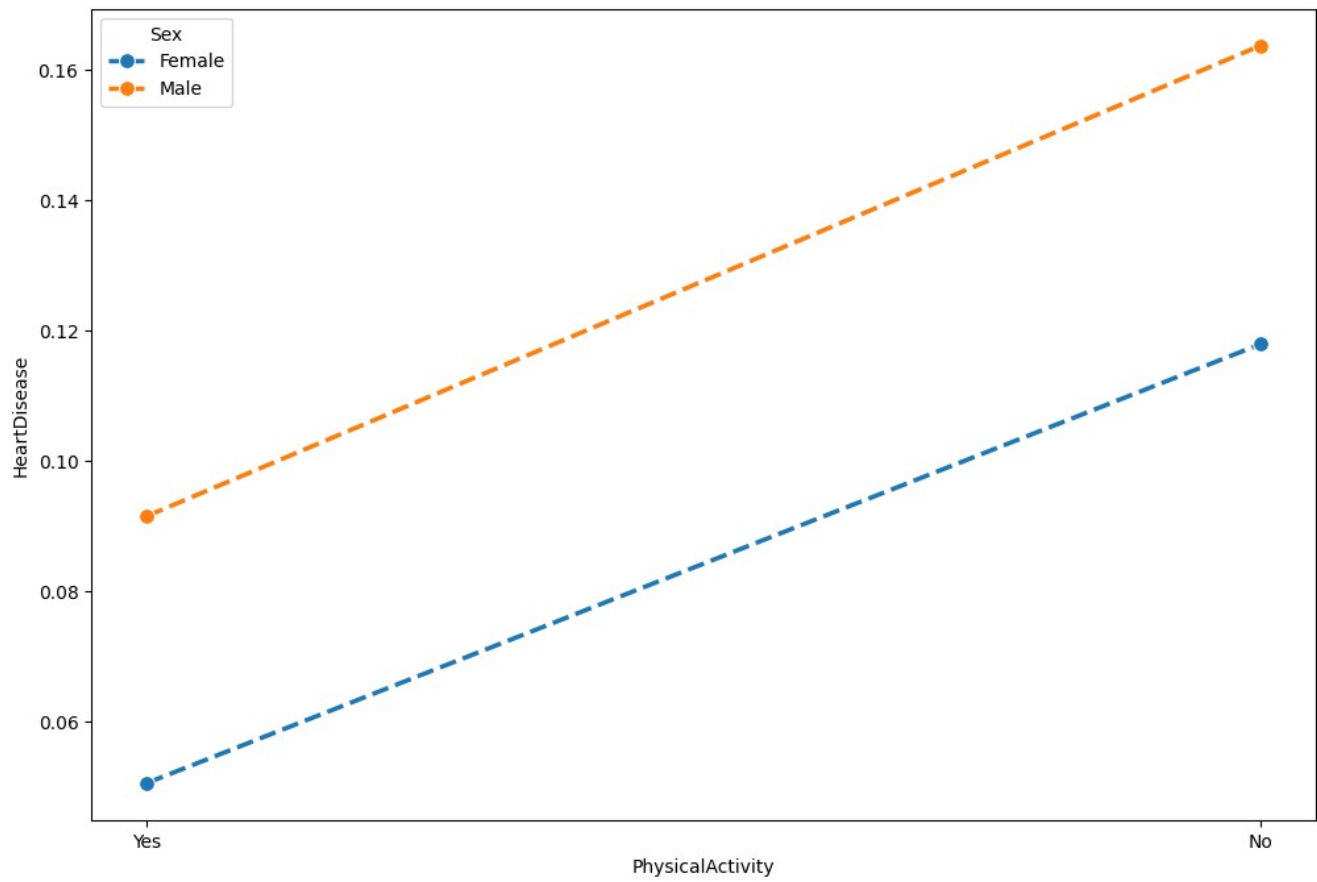


***Diabetics have a higher tendency to suffer Heart Disease**



***Increase with Age: Heart diseases increases with age in both sexes.**

***Gender Differences: Men have a higher prevalence than women in almost all age categories.**



***Both have a lower risk of heart disease if they practice physical activities.**

Conclusions

1. Men have a higher risk of heart disease.
2. Be physically active.
3. Smoking increases the risk of Heart Diseases.
4. Having suffered a stroke increases the risk of heart disease.
5. Diabetics have a higher tendency to suffer Heart Diseases.
6. Leading a sedentary lifestyle increases your risk of diseases.

