

# Northstowe News

By Northstowe Community – For Northstowe Community

Issue 27

June / July 2023

In this issue...

Northstowe Markets  
Logo Competition

Time Capsule installed  
at the Sports Pavilion

and the Interim  
Community Centre  
finally arrives!

...plus all the News and Updates from  
Northstowe's social clubs and groups



# News and Updates

## EDITORS' WELCOME

Welcome to the latest edition of Northstowe News, your go-to source for all the latest happenings in our vibrant town. In this edition, we are excited to share with you some of the most exciting developments that have been taking place in our community. Did you see the cranes near the Green? Find out what exciting project is currently underway and how it will benefit our town. We also reveal who's been tagging their names on the Sports Pavilion, who's been burying the news, and the best time to find jam at the secondary college. As always, Northstowe News is proud to be written and put together right here in our town, showcasing the talents and achievements of our residents. So sit back, relax, and enjoy reading!

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Front Cover photo by Matt Webb

Northstowe News is produced *right here in Northstowe* by a small group of volunteers. We're always looking for regular or one-off articles, photos, artwork, event reports, notices, and anything else that may be of interest to the community. If you would like to write in the magazine please email [northstovenews@gmail.com](mailto:northstovenews@gmail.com) with your questions, ideas and contributions.

The submission deadline for the August / September issue is July 1<sup>st</sup>.

## HOUSEHOLD BIN COLLECTIONS

<b>Friday 2<sup>nd</sup> June</b>	<b>Blue and Green Bins</b>
<b>Thursday 8<sup>th</sup> June</b>	<b>Black Bin</b>
<b>Thursday 15<sup>th</sup> June</b>	<b>Blue and Green Bins</b>
<b>Thursday 22<sup>nd</sup> June</b>	<b>Black Bin</b>
<b>Thursday 29<sup>th</sup> June</b>	<b>Blue and Green Bins</b>
<b>Thursday 6<sup>th</sup> July</b>	<b>Black Bin</b>
<b>Thursday 13<sup>th</sup> July</b>	<b>Blue and Green Bins</b>
<b>Thursday 20<sup>th</sup> July</b>	<b>Black Bin</b>
<b>Thursday 27<sup>th</sup> July</b>	<b>Blue and Green Bins</b>



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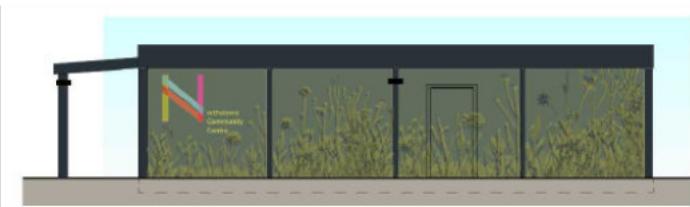
## INTERIM COMMUNITY CENTRE OPENING SOON!

It has been almost a year since the closure of the much-loved Community Wing. In that time, many social and community well-being groups have found themselves unable to meet due to a lack of suitable space. We are therefore very pleased to see that the new temporary community centre building has been delivered, and are relieved that it finally will be opening soon!

The modular building is being installed on the land adjacent to The Green, just opposite the “oblongabout”, which was purchased back in 2021 to be part of the Phase 1 Local Centre and Enterprise Zone (community centre, shops, café, and other commercial buildings). SCDC have opted to install a building that can be built and occupied as quickly as possible, so that Northstowe groups can start meeting again and regain some of the momentum that has been lost, while the permanent Community Centre is still being developed (the permanent building is expected to be ready Winter 2025-26).



This kind of temporary construction can sometimes look a bit bleak, so to remedy that the outside of the finished building will be covered in artwork. The planning documents show a wildflower design, but for the final building the council have been working with Northstowe Arts to produce a design inspired by the nature that is right here in Northstowe.



*Photos by Matt Webb*

## NEIGHBOURHOOD WATCH



After an initial attempt to get Neighbourhood Watch established in Northstowe a few years ago, the program is now taking off. Various residents have already signed up with Parr Close and neighbouring streets having already set up an active scheme.

There are various benefits to Neighbourhood Watch such as making your area safer, connecting with your community and raising awareness of issues. If you'd like to join or start a scheme, visit [www.ourwatch.org.uk/join](http://www.ourwatch.org.uk/join) or, for further information, contact the Neighbourhood Watch Regional Coordinator John Fuller: [john.fuller80@ntlworld.com](mailto:john.fuller80@ntlworld.com).

## NORTHSTOWE COMMUNITY FORUM

The next Forum will be held on **12<sup>th</sup> July 2023** from 6.30-9pm. Northstowe Community Forum is *your* opportunity to hear directly from the developers, the councils, and other public sector bodies, to ask questions and find out everything about what's been happening recently and their plans for the future.

Notes and presentations are available at

<https://www.scamps.gov.uk/community-safety-and-health/community-forums/northstowe-community-forum/>



Wednesday 12<sup>th</sup> July 2023  
Drop-in 6.30pm, Presentations 7pm

SCDC will inform residents of the venue in due course

View the agenda, or join the forum: [www.scamps.gov.uk/communityforums](http://www.scamps.gov.uk/communityforums)  
Submit your questions in advance to: [Northstowe.Community@scamps.gov.uk](mailto:Northstowe.Community@scamps.gov.uk)

## TIME CAPSULE BURIED AT SPORTS PAVILION

A time capsule full of memorable objects – including a copy of the first issue of Northstowe News from winter 2018 – has been buried to officially celebrate construction starting on the Sports Pavilion. Other items selected by students from Northstowe Secondary College, and left for future generations to discover, were photographs, a running medal from Northstowe's first running festival in 2021, and a ball with all the college sport leaders' initials on it.

The building's steel frame was also signed by elected local stakeholders from the multi-agency Northstowe Delivery Group during the event on Tuesday 18 April.



Cllr Warren Green said: "I am personally delighted about this progress on the Sports Pavilion, and to see the items chosen for the time capsule being buried here. This is another step to Northstowe facilities being developed and many people will soon have the opportunity to benefit from the outcomes of physical and mental wellbeing as a result of using this sports facility. I am looking forward to completion and seeing people of all ages enjoying themselves here."

Cllr Tom Bygott said: "Watching work progress is very exciting and, once it is ready, this will be a big boost for the Northstowe community."

The Sports Pavilion in Peppercorn Drive will serve the Western Park sport pitches, bowling green and the hard surface games area and will provide team and referee changing, a fully accessible changing places facility, and a large clubroom area and kitchen.

The Pavilion's green design includes an air source heat pump to provide heating and hot water for the building plus solar panels on the roof. Construction of the building is expected to be complete by August.

## THIRTY NEW ELECTRIC BUSES

Thirty new zero-emission, double decker buses are due to come into service, which will see the Cambridge Park and Ride network and Citi 2 service become fully electrified and carbon-free.

All 30 buses will be in operation in May 2023, signifying a major milestone in the commitment to a rolling bus replacement programme, to replace 30 vehicles a year across the Combined Authority area. There is an ambition to convert the entire bus fleet from diesel buses to zero emission vehicles within the region by 2030 to hit carbon emission targets and help tackle climate change.

The announcement represents a significant investment in green travel for the region, with the new vehicles costing close to £500,000 each. The new fleet is being funded by the Cambridgeshire & Peterborough Combined Authority, Greater Cambridge Partnership (GCP), Department for Transport and Stagecoach East.

The new buses will take Stagecoach East's total zero-emission fleet up to 32, joining their current two electric vehicles which have been in service since February 2020 as part of a jointly funded partnership with the Greater Cambridge Partnership. Since their launch three years ago, the two ULEB (Ultra Low Emission Buses) vehicles have covered over 124,000 miles between them, saving over 215 tonnes of CO<sub>2</sub> and have carried over 200,000 passengers in 2022 alone.

### Happy Father's Day

(Sunday June 18<sup>th</sup>) - not just to those who are biological fathers, but to anyone who is being a mentor and a role model to the future generation.

You are appreciated, and all that you do does not go unnoticed.

## NORTHSTOWE NEWS AGM

The committee of volunteers who produce the Northstowe News will be holding their AGM on **July 26th at 7.30pm**.

Anyone who lives or works in Northstowe, or has other reason to be interested in the magazine, is invited to attend. Come to hear what we've done this year, the problems we've worked through and help us shape our plans for the future.

Location is yet to be confirmed – hopefully we'll be able to use the new temporary community building – please email [northstovenews@gmail.com](mailto:northstovenews@gmail.com) to get the details if you'd like to attend.

## BUILDING CONTINUES IN NORTHSTOWE PHASE 2

National homebuilder Keepmoat has marked the start on site for 300 new homes in Stirling Fields, part of the second phase of Northstowe and which is located on the former RAF Oakington.

Following completion of a Building Lease with Homes England, construction is starting on a selection of one and two-bedroom apartments, and two, three and four bedroom homes. 60 percent of the tenures are affordable homes including Affordable Rent, Discounted Market Sale, and traditional Market Sale, to provide a balanced community.

Adam Knight, Regional Managing Director, commented: "Following the exchange of contracts on the project, we're absolutely delighted that planning permission has been secured and we can begin construction on Stirling Fields. It's an honour to have the opportunity to contribute to one of England's newest towns, particularly as it aligns so closely with our values in terms of sustainability, integrating modern methods of construction, and providing affordable homes to the people that really need them."

The sustainable development supports a low carbon community lifestyle and Keepmoat is building the homes using closed panel timber frame construction, while the apartments will be constructed traditionally in a brick and block cavity walling. All housing stock has been designed to the Nationally Described Space Standard using sustainable and modern construction methods. Smart metres, solar panels, cycle lanes and electric vehicle charging stations are also available to ensure sustainable living is at the heart of Northstowe.

For more information on the housing stock available at Stirling Fields, and the Northstowe development, please visit: [www.keepmoat.com/stirling-fields-northstowe](http://www.keepmoat.com/stirling-fields-northstowe)



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## NORTHSTOWE TOWN COUNCIL

### TOWN MAYOR, CLLR RICHARD OWEN



Hi Northstowe! This is my final column as Town Mayor, as I'll be stepping down from the position when the council elects the new Mayor and Deputy Mayor for the next civic

year in May. It's been an honour to be Mayor for the past two years, and I'm confident that the council will be in safe hands!

On April 26th, we held the Annual Town Meeting at NSC. there, we updated residents and community groups on what we've been doing over the past year and plans for the next year. We also got updates from our district and county councillors, as well as from local community groups (Youth Hive, Northstowe Arts, Sustainable Northstowe, and Northstowe Hub). All the presentations are on the town council website, it's been great to see so much happening here and lots of ambitious plans for the next year!

Since the closure of the Community Wing at the school, it's certainly been more difficult for community groups to find space to meet, and the gap in provision of facilities has been far from ideal. It's been great to see the interim community building arrive and be put in place, near to where the permanent community building will be located. This will provide space for local groups to hire and meet, as well as office space for the town council and health provision. When it opens, we'll also start holding our Town Council meetings there in the main hall.

Over the past few months, we've seen fantastic progress on construction of the sports pavilion. Our Deputy Mayor, Cllr Littlemore, took part in the signing and burial of a time capsule at the site, along with other local representatives and groups. We're looking at options to manage this as a town council when it opens in August, and there are plans in place working alongside SCDC to ensure it will be available for hire (alongside the sports fields and 3G pitch) from day one.

As always, if there are any issues you'd like to raise with the Town Council, please get in touch with Mark, our Town Clerk ([townclerk@northstowntowncouncil.gov.uk](mailto:townclerk@northstowntowncouncil.gov.uk)) - there is always a standing item for public participation at our council meetings as well, with Full Council meetings on the 4th Tuesday of each month at the new Interim Community Centre.

**Cllr Richard Owen  
Town Mayor**

### TOWN CLERK, MARK NOKKERT

#### A warm welcome to our Deputy Clerk

I am very pleased to announce that the staff team working for Northstowe Town Council has expanded, and a Deputy Clerk has started working, part-time, as its second member of staff.

A very warm welcome to Petra Sawyer who will play a vital role to help out with the myriad of projects, activities and administrative duties. I am writing this at the first day Petra joined us and she has been very busy straight away and is keen to get tucked in; she says: 'I am pleased to be joining the Northstowe Town Council'

#### Our website

Did you know that we keep up useful information pages on our website? We do not only put information on about Council meetings, accounts and related information as you might expect, we also use our website to flag up a number of useful links (with links to e.g. community groups; travel information; healthcare; planning), and also list website pages, online systems and contact details of organisations where you can report any issues you may notice in Northstowe.

Go have a look at our website, [www.northstowntowncouncil.gov.uk](http://www.northstowntowncouncil.gov.uk) and let us know what else we could add to our website to make it work better for you as a resident; all suggestions are welcomed.

As always, please contact us if you have any questions or suggestions:

[townclerk@northstowntowncouncil.gov.uk](mailto:townclerk@northstowntowncouncil.gov.uk); and for any market-related questions, please contact:  
[markets@northstowntowncouncil.gov.uk](mailto:markets@northstowntowncouncil.gov.uk)



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## MARKET LOGO COMPETITION

### Northstowe Town Council Calls for Creative Minds in Community Logo Competition for the Northstowe Markets.

#### Launch and Details of the Competition

Northstowe Markets are excited to announce a community logo competition, inviting residents and those with strong connections to Northstowe to participate. The competition will be launched on the 11th of May and the deadline for submissions is the 19th of June. This contest is open to anyone who lives, studies or works in Northstowe.\*

#### The Purpose and Scope of the Logo

The aim of this competition is to create a unique logo that encapsulates the spirit of Northstowe and its vibrant market. The winning logo will be used to promote the Northstowe market across various platforms including the website, social media, and physical promotional material such as printed posters, banners, and tote bags.

#### Submission Guidelines

To enter the competition, your logo should include "Northstowe market" and reflect key features of the market and of the town. Submissions can either be hand-drawn, which can be deposited in collection boxes at "Pathfinder school reception", or sent electronically to [markets@northstowetowncouncil.gov.uk](mailto:markets@northstowetowncouncil.gov.uk) by 19th June 2023. Please go through the submission guidelines published at [bit.ly/market-logo-competition](http://bit.ly/market-logo-competition)

#### Judging and Selection Process

A community voting event will take place on the 22nd of June at the Northstowe Community Lounge (TBD) at 7 pm to select the winning design from 3 shortlisted designs picked by nominated councillors. The winner will be announced at the Full Council meeting on the 27th of June.

#### Rights and Restrictions

Northstowe Town Council reserves the right to use and edit the design for promotional purposes. The final logo may use the full design, parts of it, or combine elements from one or more submissions. Please note that the copyright of the final logo will belong to Northstowe Town Council.

In creating the logo, contestants are asked to keep in mind that the Northstowe Town Council is independent from the developers. As such, it is recommended that contestants avoid using the colour palette from Northstowe Developers, found on their website Northstowe.com.

#### Prize and Collection

The competition is more than just a platform for community members to showcase their creative talents, it's an opportunity to contribute to the identity of the market and the town. The winning entry will not only have their design seen by thousands of residents and visitors but will also receive a prize. This prize will consist of a hamper of goods or vouchers donated by market traders, a testament to the supportive and collaborative spirit of our community.

#### Get started on your designs now

Northstowe Markets eagerly anticipates the influx of creative designs from our talented community. We believe that this logo competition will not only bring a fresh identity to our market but will also foster community spirit, unity, and a sense of belonging in Northstowe.

So, let your imagination run wild and let's create a logo that encapsulates the unique spirit of Northstowe and its market. We can't wait to see your ideas!

For more details about the competition, please visit the Northstowe Town Council website or contact the Town Council directly. Good luck to all entrants!



The flyer is a vibrant blue poster for the Northstowe Markets Logo Competition. At the top left, it says 'NORTHSTOWE TOWN COUNCIL' in white. To the right, there's a cluster of colorful geometric shapes (triangles and diamonds). The main title 'Northstowe Markets Logo Competition' is written in large, yellow, stylized letters. Below the title, the text 'GET YOUR CREATIVE HATS ON AND SHARE YOUR DESIGNS' is in white. In the center, there's a small illustration of a market stall with a red awning and a green patterned cloth. To the right, another illustration shows a bowl of fresh vegetables like carrots and lettuce. Further down, the text 'EXCITING GIFT HAMPERS FOR THE WINNER' is in yellow. On the right side, there's a small illustration of a painter's palette with paintbrushes. The bottom left contains the text 'SUBMISSION DEADLINE 19TH JUNE' and 'SEND YOUR ENTRIES TO MARKETS@NORTHSTOWETOWNCOUNCILGOV.UK'. The bottom right features a large illustration of a market stall filled with produce. At the very bottom, it says 'FOR SUBMISSION GUIDELINES SCAN BELOW QR CODE' next to a QR code.

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## DISTRICT COUNCIL



### CLLR. NATALIE. WARREN-GREEN

The last couple of months have seen the pace pick up in Northstowe and it's felt good to share in the energy of the community.

In March, Cllr Firouz Thompson and I ran an International Women's Day event at the Warm Hub. The group represented the diversity of the community with discussions taking us all around the world, sharing influence of heritage, and celebrating the successes of women from very different origins. Thank you Sustainable Northstowe for donating refreshments. Once the Interim Community Building is complete, we're aiming to have more sessions like this, developing friendships, celebrating success and establishing support networks.

As part of the delivery group for Northstowe, it has been a pleasure to attend the building launch and time capsule event at the Sports Pavilion in April, and, also, to see the portacabins for the Interim Community Building being lifted onto the Green. I ran the Northstowe Half Marathon and it's clear from the uptake that Sport is important to Northstowe as is community activity and the development of both these buildings will support this enthusiasm. Well done to the volunteer Marshalls, organisers, Scouts and Sustainable Northstowe for making this an environmentally aware event.

At the Annual Meeting in April I thanked Northstowe Town Council, the Community Groups and Residents, for supporting me since taking on the District Council role in November 2022. I presented information about my activity locally, and broadly about SCDC achievements in the past year focused on the Council's four key themes: Business Support, Affordable Housing/Planning, Modern & Caring Council and Green to Our Core. I also spoke about Hosts of Ukraine of which we have 3 in Northstowe, the situation with the analysis of responses to the Sustainable Travel Zone consultation, and how SCDC is supporting people through the Cost of Living Crisis. For anyone unable to get to the Annual Meeting and interested in this, my report and presentation are available from Northstowe Town Council. Home - Northstowe Town Council.

News on progress in Northstowe will be shared at the next Northstowe Forum, as will an update on potential timelines for Retail, and I would very much like to meet people there if you'd like to speak to me. The next Forum is on Wednesday 12 July. In the meantime, if you need me, please feel free to email me to arrange a chat.

**Cllr Natalie Warren-Green**  
[cllr.warrengreen@scambs.gov.uk](mailto:cllr.warrengreen@scambs.gov.uk)



### CLLR. TOM BYGOTT

Thanks to everyone in the town for your support over the past six months. It is an honour to be your representative and, as always, I am happy to assist if you have an issue with the District Council or need some advice.

#### Motion for a referendum before introducing a congestion charge

I have been campaigning consistently against a congestion charge being introduced in Cambridge for more than 14 years, having first proposed a motion at the District Council against it in February 2009. That motion was successful, but the policy was reversed in July 2018 after the Liberal Democrat group took control of the Council in May of that year, and supporting a Congestion Charge has been District Council policy since then.

A petition, since closed, on the Cambridgeshire County Council website to hold a referendum before introducing a Congestion Charge attracted 15,241 signatures, more than enough to trigger a debate at the County Council. However the Labour, Liberal Democrat and Independent groups who have a majority at the County Council voted not to hold a referendum at the local elections this May.

#### Transport

One of several major transport projects currently being designed through the district is East West Rail (EWR), a new railway line connecting Oxford and Cambridge. The Government has given its support for the next section of the route between Bedford and Cambridge.

The main preferred route from last year's consultation has generated significant opposition in a string of villages between Caldecote and Harston, passing very close on a raised embankment. There has been some talk of reducing the impact by lowering the embankment. Two pressure groups - the Cam Bed Rail Road (CBRR) and Cambridge Approaches (CA) - have been campaigning for a "northern route" that would pass between Girton and Oakington with a station called "Northstowe" on the outskirts of Oakington (but a long way from Northstowe) before entering Cambridge from the north. I have spoken on several occasions to the technical team at East West Rail to remind them of the major technical reasons why a northern route is unsuitable. I have also suggested an alternative southern route alongside the M11 that would be far less damaging to nearby villages.

**Cllr Tom Bygott**  
[cllr/bygott@scambs.gov.uk](mailto:cllr/bygott@scambs.gov.uk)  
 07765 475 513

## CAMBRIDGESHIRE COUNTY COUNCILLOR



### CLLR. FIROUZ THOMPSON

Hope you are enjoying the summer and getting out and about to enjoy the great outdoor and the spaces that we have around South Cambs and beyond.

My summary of Cambridgeshire County Council (CCC) matters at the time of writing in early May.

#### Highways

The funding for road maintenance comes from Central government, which is allocated by road type and then topped up by the CCC. The level of funding to the CCC has been cut over the last 13 years.

Financial year 2022/3 was a perfect storm in terms of highways maintenance, the impact of inflation meant that the budget for highways was insufficient for the operational costs that rocketed at 20% and during Liz Truss' mini budget at 30%. In addition to that both the heatwave in the summer and the winter was particularly hard on the roads, there were prolonged periods of freezing (-13C), often followed by heavy rainfall which washed away both road surfaces and temporary pot hole fills. Our roads are an illustration of what happens if you don't have a programme of proactive resurfacing.

The business plan agreed by CCC in February 2023 included a budget of £32.76m for maintenance of the highways. This is an increase on the previous budget as proposed by preceding Conservative administrations, an increase which was made possible by the choices made over the past two years by the Liberal Democrat, Labour and Independent administration now running CCC.

#### Early Years' (EY) Providers

There is currently only one EY provider within Northstowe, the Pathfinder pre-school which is run by the school and operates on site from 9am to 3pm providing 48 places per session for children aged 2 to 5 years. Demand for places is high and the setting is operating at capacity, and with a waiting list. The next setting due to open is located at the second primary school within the Education Campus, alongside NSC and MBA, with a proposed opening date of September 2024. EY providers are nationally experiencing challenges with recruitment, which is limiting the numbers in their settings, there is also a national shortage of childminders, only 1 in Northstowe and 6 in Longstanton and following Covid-19 work schedules have moved to working from home, therefore wanting more local EY providers. We are holding bi-monthly meetings with CCC, South Cambs, Pathfinder School and Northstowe Town Councillors and have an action plan in place to try to deal with this local issue.

Contact: [firoz.thompson@cambridgeshire.gov.uk](mailto:firoz.thompson@cambridgeshire.gov.uk)

County Councillor for Longstanton, Northstowe, Over, Oakington & Westwick

<https://www.facebook.com/longstantonoakingtonnorthstowe>

## COMMUNITY DEVELOPMENT OFFICERS

### Mihaela Stan and Michele Eidevik-Skinner

#### CDO Presence

We continue to be available for appointments with residents from 10am-3pm every Wednesday while working at Northstowe Secondary College. We will update residents on our new availability once the Temporary Facility opens. Our presence in the community extends to having attended various Warm Hub sessions, Iftar celebration on Thursday 13 April, the Half Marathon Sunday 23 April and Emmanuel Church's five-year celebration on Saturday 29 April. We look forward to celebrating the Great Big Green Week (10th-18th June) which will culminate with a Community Day on Saturday 17 June when skips will be available for residents to recycle large household items.



#### Appreciative Enquiry

The CDOs are supporting the Northstowe Hub to complete a series of Appreciative Enquiries where residents will be asked about their views and expectations on the new Interim Community Facility. We will be door knocking to complete the interviews soon.

#### Temporary Community Facility

Building work is underway on the Temporary Community Centre on The Green. Local residents were able to watch a crane manoeuvring the portacabins onto site as well as getting involved in the creation of artwork which will be displayed on parts of building.

The single-storey modular building will include generous lobby with kitchenette and toilets, two large community rooms which can be used for a wide range of activities for all ages, storage, space for three offices and an NHS room.

#### Northstowe Community Forum

The next Northstowe Community Forum will take place on Wednesday 12 July 2023 from 6.30pm with attendance from a diverse range of stakeholders to provide updates on new and existing developments. Venue to be confirmed.

#### Sports Pavilion Time Capsule

On Tuesday 18 April, 15 Sports Leaders from Northstowe Secondary School buried a time capsule full of memorable objects to officially celebrate construction of Northstowe Phase One's Sports Pavilion. The building's steel frame was also signed by elected local stakeholders from the multi-agency Northstowe Delivery Group.

Contact details: e-mail [northstowecommunity@scambs.gov.uk](mailto:northstowecommunity@scambs.gov.uk)

# Sports, Health and Wellbeing

## CHOOSING YOUR BABY SLING OR CARRIER

When trying to find the right sling or baby carrier for you and your baby, there are simply so many variables that your best bet is to get professional help.

A fully trained and insured Babywearing Consultant will carry a large selection and can help you in one of the following formats:

**1.** In a support session you can generally browse the stock, and get approximately 10 minutes of face to face help with the basics such as:

- Safety
- Newborn wearing
- Looking at one sling or carrier
- Front carry
- Cloth nappy basics
- Nappy or sling troubleshooting

These sessions are usually volunteer run and either free or donation based. They will usually have to be pre-booked, although some can be drop-in too.

You can currently access this type of support at the Northstowe Community Lounge Wednesday mornings and at a private residence on Friday mornings.

**2.** In a workshop you will spend a couple of hours looking at detailed information on one topic in a group setting, and you will have time to try on a few options. Topics they can cover are:

- Newborn carrying
- Back carries
- Intro to woven wraps
- Feeding in slings and carriers
- Introduction to cloth nappies

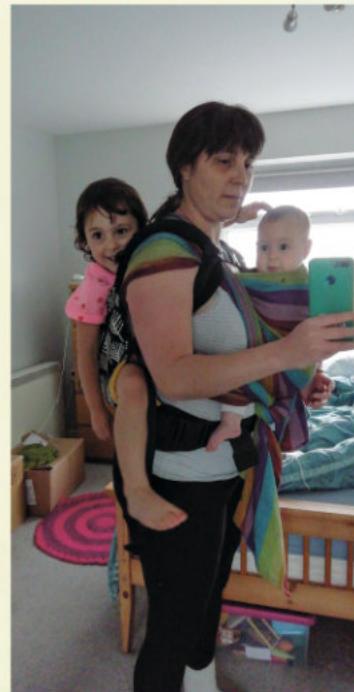
Workshops are generally paid for, and need to be pre-booked.

**3.** In a private consultation, you will get the Babywearing Consultant all to yourself! This can be offered as a home visit or at the Consultant's home or venue.

Consultations will be paid for, and can be particularly useful for special circumstances such as premature babies, multiple babies or children, anxiety and disabilities.

Your Consultant will be able to guide you through anything you need, including but not limited to:

- Sling safety
- Newborn wearing (often offering antenatal sessions)
- Moving out of the 4th trimester
- New to carrying (any age)
- Front/back/hip carry
- Troubleshooting
- Woven wraps, ring slings and beh dais
- Toddler slings
- Feeding in slings and carriers
- Introduction to cloth nappies



**4.** Your local Consultant will usually operate a Sling Library, which means you will be able to borrow anything from their stock (for a nominal fee) and will often have some of the more popular models for sale.

**Cristina, babywearing consultant at My Yoga Corner, Northstowe**



## HUNTINGDON LADIES HOCKEY CLUB NEEDS YOU!

New to the game? Returning after time away? Looking to take school hockey further? Join our friendly team for the new 2023/2024 season!

Trainings: Tuesday 7pm-8.30pm  
Northstowe Secondary College

All skill levels welcome! 13 years +  
Umpires also welcome!

Contact us for more information:  
[huntingdonhockeyclub@gmail.com](mailto:huntingdonhockeyclub@gmail.com)

With the Women's Football World Cup to enjoy this summer, we hope you will be cheering for the Lionesses as they look to continue the success from last year's victory.

There is a good chance for the Lionesses to go as far as possible with the latest form they have been in, only one loss in the last 10 games. Come on Lionesses!

## COTTCENHAM TENNIS CLUB

Are you a fan of tennis looking for a place to play and connect with other tennis enthusiasts? Look no further than Cottenham Tennis Club! We offer a welcoming and supportive community for players of all levels, whether you're just starting out or are a seasoned pro.

According to Sport England's Active Lives survey, tennis participation in England has seen a significant increase, with 915,000 adults playing regularly from November 2021 to November 2022. This is the highest figure recorded since the survey began in 2015-16, indicating that more people are discovering the joys of playing tennis. And here at Cottenham Tennis Club, we're proud to be part of this growing trend.

Our summer season is packed with exciting activities for both kids and adults. If you're a parent with little ones, our Tiny Tots coaching sessions are perfect for pre-schoolers aged 3-4. These fun sessions are designed to help young children develop coordination and basic tennis skills in a safe and supportive environment. And for older kids, we offer our popular summer camp, which features fun group sessions for kids aged 3-6, 7-11, and 12-16. Our experienced coaches create a fun and engaging environment where kids can improve their tennis skills, make new friends, and have a blast!



But it's not just kids who can have fun at Cottenham Tennis Club. For adults, we offer a range of social and competitive events throughout the summer season. Our Tennisathon is a new and exciting event, where players of all levels can participate in a fun and challenging day of tennis while supporting a great cause. And for those who want to enjoy the excitement of Wimbledon without the crowds, our Wimbledon finals screening is the perfect solution. Relax and enjoy the big match on a big screen while indulging in some classic strawberries and cream, and don't forget to enter our raffle for a chance to win a private tennis lesson with one of our pro coaches!

At Cottenham Tennis Club, we're committed to making tennis accessible and enjoyable for everyone. So why not come and join us this summer? Whether you're looking to improve your skills, meet new people, or just have some fun in the sun, we've got something for you. Visit our website at [www.cottenhamtennis.co.uk](http://www.cottenhamtennis.co.uk) to learn more and sign up for our summer activities today! You can also email us at [info@cottenhamtennis.co.uk](mailto:info@cottenhamtennis.co.uk) if you have any questions.

## SWAVESEY & OVER TENNIS CLUB



### TENNIS!

*give it a shot - all abilities welcome!*

The Swavesey & Over Tennis Club (SOTC) is holding free trial sessions at Swavesey Village College Sport Centre on:

- Friday 2nd June – 6.30 to 8.30pm
- Monday 5th June – 6.30 to 8.30pm
- Monday 12th June – 6.30 to 8.30pm

We are a small friendly club and are after new members – whether you are new to the game or a seasoned player. Our club nights are Mondays, 6.30-8.30pm, plus most Fridays over the summer.

Tennis is great for fitness, very social and the SOTC is good value with low club fees. Annual membership is £35 for Adults, £20 for under 19s and concessions, £60 for Couples and £80 Family (2 adults + 2 kids).

Email [SwaveseyOverTennis@gmail.com](mailto:SwaveseyOverTennis@gmail.com), call Steve 07393 825027 or Melanie 07453 523999, or just drop into one of the Trial Sessions or any Monday club night at Swavesey Village College Sports Club, Gibralter Lane, CB24 4RS.

**See you there!**

<https://swaveseyovertennis.wixsite.com/sotc>



### Hungry? How to GET HELP

We know that anyone can reach crisis point and we're here to help when that happens.

Food bank vouchers are available from local agencies such as citizens advice, schools, and churches. Vouchers can be redeemed at Distribution Centres across Cambridge, including the Northstowe centre (operating out of Willingham Baptist Church until the new Community Facilities open in Northstowe)

Each gives you a parcel of three days of emergency food, providing non-judgemental support at the point of crisis.

### Looking to donate?

The nearest collection point is at Bar Hill Tesco

### Want to volunteer?

Get in touch!

Read more: [cambridgecity.foodbank.org.uk](http://cambridgecity.foodbank.org.uk)  
One contact is Revd Beth Cope (Pathfinder Church)  
07720 330 272 [contact@northstowe.church](mailto:contact@northstowe.church)

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**James Tait**  
BA (Hons) DipPFS  
Director

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07768 305151  
[taitfs@sjpp.co.uk](mailto:taitfs@sjpp.co.uk)   [www.taitfinancialservices.co.uk](https://www.taitfinancialservices.co.uk)

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SJP Approved 30/01/2023

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## Pregnancy, Birth, Babies and Beyond in Northstowe

### Pregnancy

Pregnancy Yoga  
Birth Preparation  
Support groups



### Baby

Postnatal Yoga with Baby  
Starting Solids (weaning)  
Cloth Nappies



### Contact Cristina at

[https://myyogacorner.uk/](http://https://myyogacorner.uk/)  
[MyYogaCorner@gmail.com](mailto:MyYogaCorner@gmail.com)  
text/WhatsApp: 07765211807



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### Get in touch for a chat

Associate Partner Practice

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SJP1710d B1 (03/22)

**WILLINGHAM & LONGSTANTON SURGERIES**  
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**District Nurse Team: 01223 726469 Option 2 Health Visitors: 0300 029 50 50**  
**Out of hours cover: Ring 111 Website: [www.willinghammedicalpractice.nhs.uk](http://www.willinghammedicalpractice.nhs.uk)**

**Ordering Repeat Prescriptions**

Please order your repeat prescriptions at least 3 WORKING DAYS in advance via one of the following methods:

- Order via the NHS app
- Order via the practice website using your SystmOnline login
- Request prescription via Patient triage on the website
- Post your repeat slip in the collection box at the front of Willingham or Longstanton Surgery

We no longer accept repeat requests over the phone. The dispensary phone line is open for queries only at the following times:

10:00am – 12:00pm and 3:00pm – 4:00pm

**Do we have your up to date contact details**

We frequently use SMS messaging to contact patients with important information about your appointment. Please ensure we have your up to date contact details when you next contact the practice

**Suicide Prevention**

If you spot any warning signs, would you know how to ask directly about suicide?

@stopsuicidecam is calling on the local community in Peterborough and Cambridgeshire to sign up for community suicide prevention talks and workshops so that everyone can ask directly about suicide.

Find out how to have a life-saving conversation here:

<https://stopsuicidepledge.org/get-involved/stop-suicide-campaign/>

**Private Work**

The practice is not able to provide fit to race statements for sporting events as the GPs are not qualified sports medicine doctors and not indemnified to provide these. If you need this please contact a private GP with expertise in this area or a sports medicine doctor.

GPs will complete insurance documents, however they are not covered under the NHS contract. This means they can take up to a month to complete and charges may apply.

**Carers Meeting**

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meeting on 3rd May at Willingham Surgery, where we will be holding a drop in meeting between 2pm and 4pm. Please come along and get some support from other people in the local community. Refreshments provided, no need to pre-book and completely FREE!

Meetings are held on the first Wednesday of every month at Willingham Surgery. Please contact Sue Lawson at the surgery or email her at [susan.lawson7@nhs.net](mailto:susan.lawson7@nhs.net) for more information.

Lisa Smith –Assistant Practice Manager–May 2023

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# Northstowe

## Secondary College

As we head towards the new academic year, it's been lovely to think back to everything we've done this past term!

We are looking forward to our upcoming Meet the Tutor evening, where our new Year 7's will be able to meet their tutor as well as fellow tutees. It will be a lovely opportunity to meet them and their families ahead of September.

Our Year 10's have completed their first GCSE exams and we are so proud of them for all of their hard work. We are sure they have all done very well! As well as sitting their first GCSE exams, our Year 10s are preparing for a week of work experience in July. Work Experience is an important part of the Year 10 Curriculum and is an excellent opportunity for young people to gain an insight into the 'World of Work' and to help prepare them for the responsibilities and opportunities of adult life.

We've had such a wide array of trips over the year and have even more coming up as we head towards the end of term. Our Year 7's headed out on their first residential trip at the end of April and are looking forward to their day trip to Warwick Castle soon. Our Year 8's will be exploring Harry Potter World as part of an Art and English trip in June and our Year 9 and 10 French and History students will be heading to the Somme on a residential in July!

Back in April, our Year 10 Sports Leaders were invited to build and bury a time capsule of memorable objects to officially celebrate construction starting on Northstowe's Sports Pavilion. It was wonderful to be part of a historical moment for Northstowe's community.

We have thoroughly enjoyed this academic year and look forward to seeing what the next year will bring! It is sure to be a memorable year for NSC with having our first Year 11 cohort, seeing the building work take place on the Northstowe Learning Community campus ready for September 2024, and much more!





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Somersham, Cambridgeshire PE28 3EH



## FRIENDS OF PATHFINDER SCHOOL



Friends of Pathfinder school PTA (Parent and teacher Association) are busy planning fundraising activities for the school summer term. Following the success of the Mother's day present sale at school which raised £200. The children enjoyed choosing a present and had help from the FOPS (Friends of Pathfinder school) volunteers to wrap and label their presents and were excited to take home a surprise gift to give on Mother's day. We are planning a Father's day present sale in June.

The school's read-a-thon and sponsorship has raised over £600 for the English department to spend on new books for the school library. Well done to all the children who took part, the winners of each class will have received their prizes by the time you get to read this article, we hope you like them!

We will also be supporting the school's Mary Poppins Jr performances with a raffle and selling refreshments at the events in June. The children and school staff are hard at work rehearsing for this and will perform to an audience of parents, carers, and other children at the school.

We are planning a summer fayre in July which will hopefully feature a BBQ and bouncy castles, and funfair games. We are crossing our fingers for a nice sunny day!

If you want to get involved we would love to hear from you. Email FOPS at [fops@pathfinderschool.org.uk](mailto:fops@pathfinderschool.org.uk)

**Sunday  
25th June 2023**

OVER DAY CENTRE  
BIKE RIDES



Join us for one of the bike rides and after-rides social with live music, food & drink at the Over Community Centre in support of the Over Day Centre, a charity providing professional care and friendship for older members of the community around South Cambridgeshire.

There's a choice of five rides, so there's something for everyone: Marked 100 km 'challenge'; marked 50 km 'have a go'; 12 km, 13 km or 23 km for family & casual riders. Start points at Over and Northstowe.

For details and to register, please view :



[www.overdaycentre.co.uk/bike-rides](http://www.overdaycentre.co.uk/bike-rides)  
or call the Day Centre  
01954 231807

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The Over Day Centre, 1 Drings Close, Over, Cambs, CB24 5NZ | Registered Charity No. 1196202.

## Youth group (11-14s)

# IGNITE

All are welcome!

Sundays, 5-7pm

- Bible discussion
- Games
- Snacks

June 4th  
June 18th  
July 2nd  
July 16th

**Longstanton Village Institute,  
24 High St, Longstanton, CB24 3BS**

[emmanuelchurchnorthstowe.org](http://emmanuelchurchnorthstowe.org)  
[ignite.ecn@gmail.com](mailto:ignite.ecn@gmail.com)

## STAY AND PLAY CORONATION CELEBRATION

In May, the "Stay and Play" group held a celebration to mark the Coronation of HM King Charles III. Stay and Play is a weekly play-based activity group on Tuesday mornings 10-11:30 at the Old Community Wing Library in the Pathfinder Primary School. They welcome all families with children aged 10 months or walking. For younger children there's also a Baby Group on Tuesday afternoons, 1-2:30 pm, at the same place. Email [childandfamilycentre.south@cambridgeshire.gov.uk](mailto:childandfamilycentre.south@cambridgeshire.gov.uk) to book.



## NORTHSTOWE YOUTH HIVE

The Northstowe Youth Hive are delighted to be working in partnership with volunteers and professional youth workers from Romsey Mill and The Connections Bus Project. Follow our social media to find out about the latest youth drop-ins, as well as lunchtime clubs and opportunities for young people to gather and share their opinions... and really start to make a difference.

**MONDAYS 3.30-5pm:** Afterschool Youth Café: for school years 7-11 at NSC in the Gym space on the 2<sup>nd</sup> floor, run by Romsey Mill and local volunteers. [Emma is looking for some more volunteers who would like to just make toasties and drinks but also those that would like to get to know and support local young people]

**THURSDAYS 4-5.30pm:** Pop Up Youth Club in the (newly repaired!) youth bus at Pioneer Park, age 11+, run by The Connections Bus Project and local volunteers (free to attend, with low cost tuck shop)

[fb.me/NorthstoweYouthHive](https://fb.me/NorthstoweYouthHive) [@northstowe\\_youth](https://www.instagram.com/northstowe_youth/)

### What are we here for? And how can YOU get involved?

**The Northstowe Youth Hive are here to help secondary-age young people from all cultures, religions, genders, sexualities, and backgrounds have fun, develop, and make a difference.** Over the last year, we've been working behind the scenes to meet the immediate needs of young people, for example, by raising funds to bring in The Connections Bus Project, partnering with Romsey Mill, helping local residents complete Level 1 and Level 2 youthwork training... and we've started to plan for the future.

Might you want to get involved as we:

- Visit existing youth providers (schools, uniformed organizations, our own projects) to listen to the youth voice, identify the needs and assets in the community, and find ways to support the young people to feed this into developing structures.
- Recruit and train a pool of volunteers to work alongside professional youth workers
- Identify key partnership opportunities for youth providers to work together on projects too big for any one provider
- Support networking between youth providers
- Join professional and volunteer youth providers in responding to identifiable needs
- Research and, if appropriate, exploring the delivery and running of permanent youth facilities.
- Review these priorities regularly in accordance with Asset Based Community Development principles, responding and reshaping as the youth and community develop

If you are a young person, parent, potential volunteer, youthwork provider, or professional working in this area and would like to join the conversation please get in touch with [youth@northstowe.info](mailto:youth@northstowe.info)

### More Youthwork Volunteers and Trustees (especially a Treasurer) needed

We always love to add more people to the team (with appropriate Safeguarding checks). Full training is available. Get in touch!

# Community Groups and Social Events

## WHAT'S ON IN NORTHSTOWE

### FROM JULY PLEASE CHECK WITH EACH GROUP FOR UPDATES

Some meeting locations may change when the Community Centre opens.

## MONDAYS

### Youth Café

A space to enjoy with friends. From Northstowe Youth Hive and Romsey Mill. 3:30-5pm in the gym at NSC - secondary age young people are welcome to pop in after school

### Tang Soo Do (£)

Family-friendly martial arts club. Tiny Tigers class for 4-6 year olds at 4pm followed by a junior class for 7-11 year olds from 4:45pm. Email [enquiries@Northstowetsd.co.uk](mailto:enquiries@Northstowetsd.co.uk)

### Over Power (£)

Fitness, Strength, Conditioning circuits. We help ladies to tone up, lose weight and feel great. PFPS playground, 6pm & 7pm. [www.overpowerfitness.com](http://www.overpowerfitness.com) [overpowerfitness@outlook.com](mailto:overpowerfitness@outlook.com)

### Football (£)

Turn up and play, welcome to everyone. 7 a side and 9 a side £6.25 per week. Adults session 19:15-20:15 at NSC [george@kickstartactivelife.co.uk](mailto:george@kickstartactivelife.co.uk)

### Tai-Chi (£)

Weekly relaxation and inner peace. 19:30 at the PFPS. To book please email [malcolmssavannah233@gmail.com](mailto:malcolmssavannah233@gmail.com)

### Social Run

Longstanton and Northstowe Limpers social run meeting on The Green at 19:30 [facebook.com/LandNLimpers](http://facebook.com/LandNLimpers)

### Northstowe Cricket Club

Indoor winter nets sessions leading up to the summer league season. 20:15-21:30 at NSC, contact [northstowecricket@gmail.com](mailto:northstowecricket@gmail.com) <http://northstowe.play-cricket.com/home>

### Book Club

Meet to discuss books in Monday evenings once per month. New members always welcome. <https://www.facebook.com/groups/607693023324785>

## TUESDAYS

### Postnatal Yoga with Baby (£)

Safely rebuild your core and pelvic floor, while allowing your body to release tensions, relax, stretch and strengthen. You can attend at any time after your 6/10 week check, and for as long as baby will stay put. 9.45am at Longstanton Village Hall. <https://myyogacorner.uk/>

### Stay and Play Group

Weekly play-based activities for families with children age 10 months or walking. 10-11:30 am in the Old Community Wing Library at PFPS. Phone 01954 284 672 to book.

### Baby Group

Weekly play-based activities for families with babies up to year or crawling. 1 - 2:30 pm in the Old Community Wing Library at PFPS. Phone 01954 284 672 to book.

### Huntingdon Hockey Club (£)

NSC Astroturf, 7pm - 8:30pm All abilities welcome. Contact [huntingdonhockeyclub@gmail.com](mailto:huntingdonhockeyclub@gmail.com)

### Fastbreak Basketball (£)

Indoor sessions in the NSC Sports Hall, 12 & Under at 6pm, 14 & Under at 7pm [northstowe@fastbreakbasketball.co.uk](mailto:northstowe@fastbreakbasketball.co.uk)

### Northstowe Board Games

Join us Tuesday evenings to play modern-style strategy and tabletop games, anything from Alhambra to Ziemlich Zügig! Starts 7:30pm at 21 Heron Road, CB24 1AS. [northstowe.gamers@thecolliers.uk](mailto:northstowe.gamers@thecolliers.uk)

## WEDNESDAYS

### Community Lounge

Socialise with neighbours and have access to free Wi-Fi, hot drinks and refreshments. 10:30am - 12:30pm at NSC.

### My Yoga Corner Support and Social Group

(See Friday's entry for details)

9.30 - 12.30 at the Community Lounge.

### Meet the Community Officers

Come to meet our council Community Development Officers, drop-in any time between 9:30am and 3pm at NSC (come to Reception, but if possible please first email [northstowe.community@scamps.gov.uk](mailto:northstowe.community@scamps.gov.uk))

### Longstanton and Northstowe Limpers

Session starting at 7pm for people that are new to running or getting back into it. [facebook.com/LandNLimpers](http://facebook.com/LandNLimpers)

### Northstowe Arts Creative Get-Togethers

Time for you to bring your own craft or try something new. Every Wednesday 7-9pm at NSC [northstowearts.co.uk](http://northstowearts.co.uk)

### Over Power (£)

(See Thursday's entry for details)

PFPS playground, 6pm & 7pm

## THURSDAYS

### Little Explorers

*Time for you, your baby, and God.*

For babies, their pre-school big siblings, and their parents or carers. Thursdays 9:30-10:45 in PFPS [contact@northstowe.church](mailto:contact@northstowe.church)

### Baby Massage 5 week course (£)

Learn techniques to help you bond with your baby, soothe them, help with wind and colic, as well as calming ideas and other topics. You can attend at any time before baby starts crawling, but you will get more benefits the younger they are. 11am at Longstanton Village Hall. <https://myyogacorner.uk/>

### Pop Up Youth Club

Run by Connections Bus Project, with the Northstowe Youth Hive. 4-5.30pm, Thursdays, normally at Pioneer Park (check online)

### Tang Soo Do (£)

(See Monday's entry for details)

Ages 4-6 at 4pm, 7-11 from 4:45pm.

### Sustainable Northstowe

Making Northstowe a green, clean, biodiverse and interconnected place for current and future residents. 3rd Thursday of the month, 7pm in Pioneer Park or online (weather dependent). For more info see [facebook.com/sustainablenorthstowe](http://facebook.com/sustainablenorthstowe) or email [sustainable.northstowe@outlook.com](mailto:sustainable.northstowe@outlook.com)

### Pregnancy Yoga (£)

Covering breathing techniques, warmup and yoga poses, deep relaxation with self hypnosis (hypnobirthing) and various birth and parenthood preparation topics.

7pm at Longstanton Village Hall. <https://myyogacorner.uk/>

### Community Lounge

Socialise with neighbours and have access to free Wi-Fi, hot drinks and refreshments. 6pm at NSC. We're planning well-being sessions, language classes and games night.

### Fastbreak Basketball (£)

Indoor sessions in the NSC Sports Hall, 10 & Under and 16 & Under at 7:15pm, Adult sessions at 8:20pm [northstowe@fastbreakbasketball.co.uk](mailto:northstowe@fastbreakbasketball.co.uk)

### Over Power (£)

(See Monday's entry for details)

PFPS playground, 7pm.

### Clubbercise (£)

Easy to follow dance routines, toning and combat moves with disco lights and glow sticks. 7:15pm at Over community centre. [marilynsq@icloud.com](mailto:marilynsq@icloud.com)

### Chicken Soup for the Soul

Stop, Breathe, Pray – 1st Thursday of every month, 8-9pm. [www.northstowe.church/pray](http://www.northstowe.church/pray)

## KEEP US UPDATED PLEASE!

Spotted any errors, changes, or more groups to be included? Please email [northstovenews@gmail.com](mailto:northstovenews@gmail.com)

### Food Trucks

Northstowe foodies hosts food trucks weekly at the Green, 5-8pm Wed-Sun, and Coffee on Thursdays 10am-2pm. Line-ups can be viewed on their page on FB and Instagram [@NorthstoweFoodies](#)

## FRIDAYS

### My Yoga Corner Support and Social Group

Attend at any stage of your pregnancy and parenthood journey: Feeding and weaning, Slings and carriers, Cloth nappies and potty training. Social: please come along even if you don't need any specific support! 11am-12 at a home on Heron Road. <https://myyogacorner.uk/>

### Mobile Library

2nd Friday each month, 3:20-4:20pm on The Green. Free to all, join at the vehicle or online.

### Judo (£)

Ages 5 to 105 from beginners to Dan grades. On Fridays at PFPS, 5-6pm (under 8s) and 6-7pm (over 8s). For more info contact [colinmappidojo@gmail.com](mailto:colinmappidojo@gmail.com)

### Northstowe Jets Basketball (£)

Ball handling, shooting, positioning, attacking, defending, fitness. All skill levels welcome. Every Friday at NSC, 8-9pm [northstowebasketball@gmail.com](mailto:northstowebasketball@gmail.com)

## SATURDAYS

### Catholic Mass

Visiting priest from Cambridge. 6pm in the Octagon at Bar Hill. For more details contact Bunty Waters 07734 690580 or Fr. Adrian Gates 01223 622699

## SUNDAYS

### Sustainable Sundays

Information stands, swap events and popup Refill Station with zero plastic waste. 4th Sunday of the month, on The Green. See [facebook.com/sustainablenorthstowe](http://facebook.com/sustainablenorthstowe) or email [sustainable.northstowe@outlook.com](mailto:sustainable.northstowe@outlook.com)

### Northstowe Market

by Northstowe Town Council. Wide variety of food and non-food stalls including local business and a hot drinks food van. 10am-2pm outdoors on The Green every week, except last Sunday each month, indoors in Interim Community Facility

### Emmanuel Church Northstowe

A growing gospel-centred church serving a growing new community. Sunday morning services for all ages at 10:30, at NSC.

[www.emmanuelchurchnorthstowe.org](http://www.emmanuelchurchnorthstowe.org)

### Pathfinder Church Northstowe

Your local Church of England church with an inclusive ecumenical welcome: praying, exploring, and sharing. Sunday Gatherings 3.30-5pm (normally at PFPS, but check [www.northstowe.church](http://www.northstowe.church))

### Ignite Youth Group

Youth group from Emmanuel Church Northstowe for anybody ages 11-14. 5pm alternate Sundays. For venue updates email [ignite.ecn@gmail.com](mailto:ignite.ecn@gmail.com) or check [emmanuelchurchnorthstowe.org](http://emmanuelchurchnorthstowe.org)

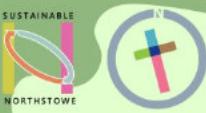
## LOCATION ABBREVIATIONS

### NSC

Northstowe Secondary College, CB24 1DJ

### PFPS

Pathfinder Primary School, CB24 1AA




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COMMUNITY  
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SATURDAY 17TH JUNE 2023  
10.30AM

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# BABY GROUP



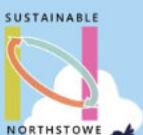
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**THE GREAT BIG GREEN WEEK** ❤️

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Northstowe Green

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With community skips you can get rid of unwanted wood, metal and electricals for FREE!

**PLUS**

Northstowe Arts & BPFA Workshop	Litter picking	Community Pantry
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## NORTHSTOWE ARTS



**Creative Get-Togethers**

**Every Wednesday 7-9pm**

**Northstowe Secondary College**

**This is time for YOU! Bring your own craft or try something new...**

**Intro to crochet**    **Jazz jam session**

**Singing group**    **Intro to illustration**

Find out more: [northstowearts.co.uk](http://northstowearts.co.uk)

The poster features a collage background with various art supplies like paintbrushes, scissors, and a palette.

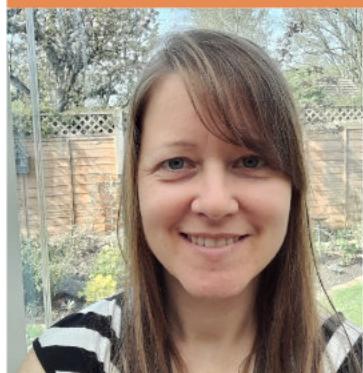
Have you spent some time being creative recently? Have you felt that fantastic release of tension and general sense of improved wellbeing that comes with dancing in the kitchen, singing in the shower, drawing with the kids or relaxing of an evening with some knitting? Perhaps you'd like to fit this in to your day, but prioritising it around everything else is tricky?

Creative Get-Togethers on Wednesday evenings in Northstowe have been developed as really low-key, informal spaces to be creative in the company of friends and neighbours. You don't have to commit to coming each week, just sign up to the sessions that interest you: every month there's a singing group, a bring-your-own-craft evening, a jazz jamming session and an "introduction to..." something new such as drawing simple portraits.

Research has shown that participating in and engaging with the arts at all ages improves mental and physical health and wellbeing. For the price of a couple of cups of coffee, this really is a fantastic way of boosting your positivity and meeting new neighbours, right here in Northstowe!

Check our website, [northstowearts.co.uk](http://northstowearts.co.uk), for all the details and sign up to our newsletter to receive the latest news straight in your inbox!

## CAMBRIDGE OPEN STUDIOS



Hello, my name is Ali Chappell-Bates.

I am a local artist living in Longstanton/Northstowe. You may have already met me on my stall at the Village Market.

This year I will be hosting my first Open Studio. I would love for some of my local friends and neighbours to come and pay me a visit to see what I do and chat about my art techniques, which are mostly self-taught through exploration, curiosity and experimentation.

My current pieces, animal and plant illustrations, are drawn using a buddleia stick dipped in Indian ink. Application of the ink using a stick gives an uncontrolled finish, which, like nature, is unpredictable yet beautiful. I always try to find a way that I can include natural sustainable materials, media or tools in my work.

I believe art should be not be intimidating, and should be accessible to everyone, regardless of background or experience. I also offer private workshops to inspire creativity and discovery.



I am the only artist in Longstanton/Northstowe who is holding an Open Studio this year. Please do come along and visit me in my home in July on the dates and times below, no appointment necessary. I will have my original art on display as well as cards, notebooks, etc. for sale.

I look forward to meeting you!

Ali Chappell-Bates Art – Cambridge Open Studios  
8A Rampton Drift, Longstanton, CB24 3EH.

Weekends, 10am-4pm. July 1st-2nd, 15th-16th, 22nd-23rd.

[alichappellbatesart.com](http://alichappellbatesart.com)

Facebook: alichappellbates



## NAATTUKOOTTAM

On Sunday, 12th March 2023, the organisers Neena, Lavanya and Rejani initiated a meet and greet event "Naattukoottam" – meaning village community – at the Longstanton village hall with the intention of bringing together women originally from Kerala, (the southern state of India) currently residing in and around Northstowe.

The meetup was aimed at creating a platform for people to connect, exchange ideas, gain insights into their field of interest, as well as making new friends.

The event was well received and the community is looking forward to having regular catch up every quarter with the aim of inviting wider communities for celebrations and events.

Currently 34 Keralites families are known to be residing in and around Northstowe and the community group "Naattukoottam" is looking forward to welcoming any keralites (people from Kerala) wanting to join by visiting our Facebook page "Naattukoottam".



## NORTHSTOWE HUB

There was much excitement at The Green on Thursday 27th April as the temporary community facility was slowly lowered into place. SCDC aims for the building to be available for the community by the early summer. We are really looking forward to being able to start to use it!

We are planning an afternoon/evening opening event one Saturday later in the summer once the facility is open. The aim of the day will be to showcase some of the groups and activities happening here in Northstowe and have a good community get together—anyone up for a quiz in the evening? Keep an eye out for further details...

**Want to get more involved in your community?**



We have been enjoying the doorstep conversations about what you would like from our community centre. To make your ideas a reality all the groups involved need your help. Do you enjoy chatting to people and fancy helping host in the café space or community lounge? Green fingered—fancy helping develop the outdoor space? Interested in helping steward events? Drop us a line and join in!



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## PATHFINDER CHURCH NORTHSTOWE

*praying, exploring, and sharing*

[www.northstowe.church](http://www.northstowe.church)

Many people here in Northstowe have got to know Revd Beth, Revd Stephen and others from Pathfinder Church through our involvement in a whole range of great community activities - like our Cheering Station at the Northstowe Half or fence-painting at the Coronation Big Help Out with Friends of Pathfinder Primary. Partnering with those of all religious and non-religious beliefs, as well as supporting our local schools, is a huge part of what we do - and something we really love doing!

*I find I'm talking to people at work about what we did on Sundays, thinking through different aspects as the week progresses.*

THINGS ARE HAPPENING AT NORTHSTOWE  
[northstowe.com](http://northstowe.com)

### JOINING IN

*praying, exploring, and sharing*

LIFE EVENTS  
weddings, christenings, baptisms, funerals

MIDWEEK  
*praying, exploring, and sharing in ways shaped by you*

SUNDAYS  
3.30pm in The Pathfinder CofE Primary School



*The focus of meetings is not on limitations - what we can't, or shouldn't, do - but on how knowing Jesus is the best, most liberating, gift the world offers. And at Pathfinder I feel like I'm being equipped and trusted to develop this relationship with Jesus myself.*

But have you ever wondered what it might be like to join us on Sundays or midweek as we explore the connections we find between everyday life and our spirituality and faith? We've just updated our website with "what to expect" guides for Sundays and Midweek. Why not take a look? When we meet, we bring together those new to faith and those of all Christian traditions for intergenerational worship, interaction, prayer, community, and exploration. Our ministers are Church of England priests, who love to draw on the riches of the Christian traditions involved in Churches Together, as they seek to equip those of all ages to grow in faith and live this out in the places where we already are - the places God is calling each of us to make a difference.

All Saints Church, Rampton Road, Longstanton is the neighbouring parish church of Pathfinder Church, Northstowe, within the Church of England.

Sunday services in All Saints are held at 9.30am as follows:

All Age service on 1<sup>st</sup> Sundays  
Holy Communion on 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sundays  
Morning Praise on 3<sup>rd</sup> Sundays

The primary contact person is:

Revd Lucy Cleland  
Team Vicar in 5folds

Serving in Longstanton, Over, Willingham and Swavesey.  
T: (01954) 277758 E: [lucy@5folds.org.uk](mailto:lucy@5folds.org.uk)



### Catholic Church

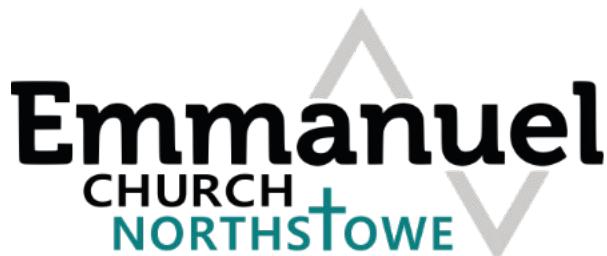
Parish Priest: Fr. Simon Blakesley  
St Laurence's Church, 91 Milton Road, Cambridge CB4 1XB

Phone: (01223) 704640

#### Live streaming available.

Mon, Tues, Thurs, Sat: Mass 9.30am  
Wed, Fri: Mass 12.30  
Sat: Vigil Mass 6.00pm  
Sun: 0800, 9.30 and 11.00am

1st Friday of each month, House Mass locally 7.00pm.  
Please ring on above phone number for details of where this is being held.



## ***Welcoming people from all nations***

One of many great things about Northstowe is how international it is. People living in Northstowe have come from all over the world. We're delighted to have people from almost every continent attending Emmanuel Church. Jesus calls people from all nations to be his disciples, and our church community reflects something of that.

To help those from different cultural backgrounds, and especially those who are still learning English, Laura Thomas leads our ministry to internationals. Laura works as a teacher of English as a foreign language in Cambridge. She speaks fluent Russian and basic Ukrainian. You can email her with any questions you have or requests for help at [laura.thomas@emmanuelchurchnorthstowe.org](mailto:laura.thomas@emmanuelchurchnorthstowe.org)

In our Sunday service, we help those who don't have English as a first language by:

- Using the Microsoft Translator app (so you can read live text translation in real time on your smartphone or tablet – more than 70 languages are available)
- Having printed copies of the main talk (in English) to help you follow along

Laura can also provide live interpreting into Russian most weeks.

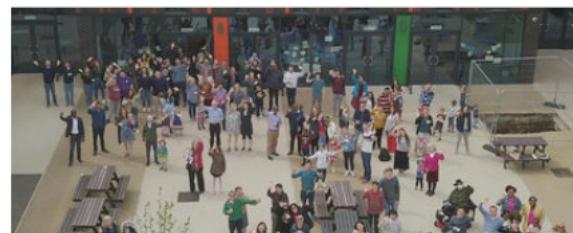


Beyond the main Sunday gathering, one of our church members runs an English conversation group (with lunch) most weeks, and there is also a simple English Bible discussion once a fortnight. Whichever part of the world you've come from, and whatever your beliefs, you are very welcome to join any of these events. Please email Laura to find out more information.

## ***We enjoyed celebrating our 5th Birthday as a church 29th-30th April***



We've grown as a church as Northstowe has grown, and we thank God for all his kindness to us. Our celebration weekend involved a party on the Saturday with local friends and guests: ceilidh, food, and a timeline and video telling our story. Then on the Sunday we held our anniversary service with representatives from the 5 Cambridge churches who sent people to start Emmanuel.



You can find more information on our website: [emmanuelchurchnorthstowe.org](http://emmanuelchurchnorthstowe.org)

If you have any questions about Emmanuel or want to get involved, please visit us any Sunday (10:30am, Northstowe Secondary College) or email [contact@emmanuelchurchnorthstowe.org](mailto:contact@emmanuelchurchnorthstowe.org)

## NORTHSTOWE MUSLIMS

### RAMADAN MUBARAK - Month of Worships and Festivities

Northstowe Muslim Community has celebrated the most sacred month of the year, Ramadan, which is the ninth month of the Islamic calendar. This year, our first fast was in the evening of Thursday, 23rd March and the last fast happened on 20th April. In this duration, the moon had gone through a whole cycle and ended up as a crescent again.

In Ramadan, fasting is observed from dawn (Suhoor) until sunset (Iftar). It is a time of spiritual discipline and contemplation of one's relationship with Allah (God), increased charity and generosity. The idea is not just to abstain from eating, drinking, etc. but also to inculcate the principles to be a better person for other months of the year as well. We break the day's fast with a light meal when the evening call to prayer is made.

Northstowe Muslims organised their first community Tarawih prayer in the Longstanton Village Hall on the 27th of March. Tarawih is a special prayer which is read in Ramadan after Isha prayer (the night prayer). This was a blessed night for us, as it was our first community prayer congregation for Tarawih, as Northstowe Muslims.



This Ramadan we had an Iftar event on 13th April, open to all members of the community, irrespective of faith or no faith.

There is a lot of reward, joy, and happiness for Muslims when



we break the fast and share the same happiness and feelings with other Northstowe community members. We are deeply grateful to those who attended the Iftar event and helped us make it a successful evening.



After the last day of fasting, we celebrated the festival which marks the end of Ramadan, called Eid-Al-Fitr on 21st of April. Eid day begins with communal prayers. Everyone wears their best clothing, embraces friends, and wishes each other Eid Mubarak. There has been lots of feasting on delicious foods and exchange of gifts amongst Muslims during Eid day.

Northstowe Muslims hosted the Eid event, open to all communities irrespective of their faith and those of no faith. It's a great feeling when members of the wider Northstowe community participate in our festive celebrations. Everyone had a great and wonderful time celebrating Eid together. We are thankful and proud of the community who stood by us during these festive occasions.



We will be celebrating our second Eid, Eid-Al-Adha, a festival of sacrifice, in July during the culmination of Hajj pilgrimage. We are pleased to announce that we are going to have an Eid festive party to celebrate the occasion for the entire community. There will be something for everyone to enjoy and event details will be communicated later.

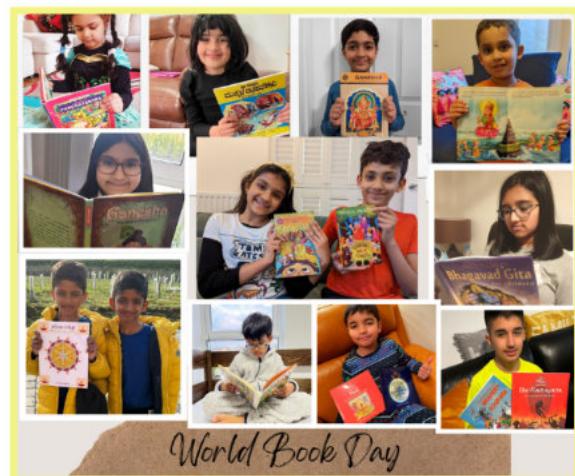


Website: [www.northstowemuslims.org](http://www.northstowemuslims.org)

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The month of March started with celebrating the joy of reading on the World Book Day. Parents and young ones shared with each other their favourite books based on Hindu texts in various Indian regional languages.

We welcomed the spring season with the vibrant festival of Holi which celebrates the eternal and divine love of gods Radha and Krishna. It is a harvest festival that marks new beginnings where people embrace the colours of spring by throwing colour powder at each other. Therefore its often referred to as Festival of Colours. In Hindu texts, the significance of Holi is explained by the stories of Holika and Bhakt Prahlad and the incarnation of Lord Vishnu as Narsimha. The celebrations begin with burning Holika to ashes that



symbolises the victory of good over evil and imparts confidence to devotees that God will always be around to protect them from all evil.

Another big event was the combined celebration of the festivals Ram Navami and Hanuman Jayanti, which mark the birth anniversary of Lord Ram and Lord Hanuman respectively. Hindu Samaj Northstowe was delighted to collaborate with Cambridge Hindu Forum (CHF)

for this event. The renowned band Simply Bhajans from Leicester with singers Utkarsh and Hinal Dave led the singing of religious prayers and songs which was thoroughly enjoyed by everyone participating. Over 100 people from Northstowe and all over Cambridge attended this event which enabled the wider Indian communities to come together.

We have continued supporting Warm Hub by volunteering and providing refreshments every Thursday evening. We also helped organise a Bollywood dance taster session and an evening of Easter Crafts workshop. Both these events were well attended by the Northstowe community.



- [HSNorthstowe](#)
- [hindusamajnorthstowe](#)
- [fb.me/hindusamajnorthstowe](#)
- [hindusamajnorthstowe@gmail.com](mailto:hindusamajnorthstowe@gmail.com)



## An update from Fen Drayton Lakes



Bee Orchid in bloom – Henry Cook

The summer is a time of riotous profusions of wildflowers. Various hues ranging from delicate pastels to eye-catching vivid colours pepper the landscape. Here at Fen Drayton Lakes, there are lots of flourishing places to observe the spectacle of colour. This article will cover a few of the better places to go searching and what to look out for.

For a brief window of time, the wetland margins on Ferry Lagoon can be a vision of purple created by Purple Loosestrife. This is a tall plant that likes to grow in damp soil and is a favourite of pollinating insects because the flower stem is a collection of many hundreds of smaller flowers offering lots of nectar. Set against fresh green reeds, this colour combination really is something to be seen in person.

The busway through the reserve creates a connection not just for people but for flowers. The banks of the busway were seeded when completed and June and July are peak times for the Ox-eye Daisies and Hedge Bedstraw which grow here in abundance. Both have white flowers but look out for the yellow centres to the daisies. Many other wildflowers also grow here such as the yellow Lady's Bedstraw and lilac Field Scabious. The long continuous banks allow seeds to spread over time, helping to maintain the diversity of species.

Perhaps the pinnacle of plants at the reserve is the rare sight of a Bee Orchid. They seem to pop up in different places every year and are rather small, so seeing them in amongst other flowers and grasses is a real botanical challenge. The Bee Orchid is a mimic, whereby the flower impersonates a female bee. This lures male bees to fly in and pollinate the flower. However, there's a twist in this story. The specific bee that does this behaviour is not present in the UK and the orchid must self-pollinate instead. Nature is often more complicated than it first appears!

Why not come to the reserve and take in the seasonal display put on by the wildflowers.

### Wild Camping

There is availability at our campsite situated on the shores of Ferry Lagoon for groups to stay over this summer. More information can be found on our events website. Please contact us at the email address below for more information.

### Willow Weaving Workshop

Using willow harvested from the reserve during our winter habitat management work, try your hand at making a willow woven garden obelisk using traditional skills. You will be able to take your obelisk home with you for growing climbing plants in your garden

### Wednesday Wander

Ever thought you'd like to know more about the reserve and its wildlife? Volunteer-led guided walks take place once a month, usually on the second Wednesday.

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## GAME OF THE MONTH

Watching the coronation of King Charles III, we were inspired to review **Kingdomino** - a game about getting a lot of crowns into your kingdom, which borrows heavily from the very traditional game of Dominoes! It sounds odd, but it works...



Kingdomino is designed by Bruno Cathala, and published by Blue Orange games.

You're competing to build up the most valuable kingdom in the 5x5 square area around your castle tile (which doesn't necessarily have to be at the very centre). You do this by taking domino tiles which have two squares of terrain, each possibly also containing one or more crowns. Every round there are four dominoes available, and you take turns to claim them. But the order you take turns changes each time - the first player is the one who picked the worst tile in the previous round. Then, when you place each tile in your kingdom, at least one side must match an adjacent terrain that is already present in the kingdom (the castle is wild) – this is the dominoes rule. Usually you'll want to build up big areas of the same terrain, because the score for each area is its size multiplied by the number of crown icons within it.



Kingdomino plays great with 2-4 players, and can finish in 20-30 minutes or so. The rules are very easy to understand but it can be hard to score well. You have to keep an eye on what the other players are doing: it's all very well to pick the crown that will earn yourself the most points, but you could very well be leaving on the table a tile which is even more valuable to someone else. We particularly love the twist about changing player order, it means there's always a tension between taking a good domino now, or picking a worse one and waiting for the next round to get first choice from the next four.

As usually happens with a successful game, there are a few variants and expansions you can also buy. Queendomino is a slightly more complicated version (which can be played on its own or combined with Kingdomino) and Dragomino, a simpler dragon-themed children's version.

Will you be crowned king of the castle, or left out in the swamps? Find out by playing Kingdomino at [boardgamearena.com](http://boardgamearena.com), or join us

on a Tuesday evening – for details search FaceBook for "Northstowe Gamers" or [northstowe.gamers@thecolliers.uk](mailto:northstowe.gamers@thecolliers.uk)

Andrew and Sarah Collier



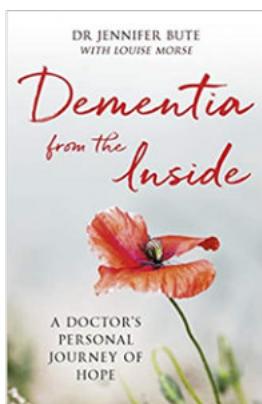
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## BOOK REVIEWS



### Dementia from the Inside by Dr Jennifer Bute with Louise Morse

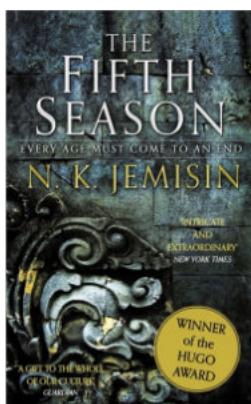
You have possibly already decided that this is not a book that appeals to you, but I urge you to reconsider if you have any family members or friends with this condition, or if you come across such people in your daily life. This is certainly the most positive book on dementia that I have ever read, and I have read a few.

Dr Jennifer Bute is uniquely qualified to write on this subject. Her father had vascular dementia and she

worked for 25 years as a GP, treating many people with the condition. She was still working as a GP when she began to recognize symptoms in herself, although even with her background it took some time to secure a definitive diagnosis of young onset dementia. After some years she moved into a retirement village where she ran support groups for people with dementia.

Throughout the book Jennifer gives us valuable insights into the thought processes of the person with dementia and offers us lots of practical advice. The tone is always positive and even though Jennifer has not led an easy life, her Christian faith shines through in every circumstance, a truly inspiring message of hope.

**Kathy Fountain**



**The Fifth Season** by N K Jemisin is a fantasy story set in a dystopian world that suffers constant geological disasters and upheavals. To try to deal with these problems, people live in a strictly-stratified society under severe laws and customs. Orogenes, who can control the earth and both cause and prevent earthquakes, are considered especially dangerous and are widely feared and hated, so they are especially tightly controlled. Periodically, the world undergoes a Fifth Season: an apocalyptic event spanning years in which wider society is destroyed.

The book follows three storylines: those of Essun, a woman who comes home to find that her husband has murdered their son and kidnapped their daughter and sets out to hunt him down; Damaya, a young orogene girl who is taken to begin training in the harsh environment of the Fulcrum; and Syenite, a talented and fully-trained orogene on a mission alongside a frustrating mentor whose child she is expected to bear. All three stories are complicated and the relationship between them is slowly revealed over the course of the book.

It's a harrowing read, made harder by the fact that the characters are compelling and many of them are very easy to sympathise with. The world Jemisin has created is deeply built and extremely harsh, so when disasters play out, they hit very hard and the results are tragic. It also contains explicit sex, violence, and child abuse. I recommend it for adults looking for a deeply-developed apocalyptic story with interesting characters and an intricate plot.

**Becca Edney**



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# Longstanton & District Heritage Society

The Manor, Woodside,  
Longstanton, Cambridge.  
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## ANNUAL REPORT

No. 16 (1 April, 2022- 31 March, 2023)

**LDHS** is an independent society, launched at an inaugural meeting held at Longstanton Village Institute on 11<sup>th</sup> May, 2007. Governed by our constitutional obligations, LDHS is run by a committee elected by Society members. 50% of the committee must stand for election at the Society's AGM, held each September. The AGM for 2022 was held in person at The Dale, Longstanton. Members attended both in person and remotely and the meeting was followed by a talk on The 1947 Floods by Selwyn Richardson.

**Membership** - Prior to renewals on 1 April 2023 membership stood at 71 (102 named individuals which includes family members). We now have 2 affiliated societies supporting our work. Once again, we are delighted that Northstowe residents are increasingly engaging with LDHS and the value of the LDHS Archives to the new town is being understood.

**Heritage Annex** - The groundworks for the new heritage building are complete but delivery of the modules has been delayed. The latest information that we have still predicts that the Heritage Annex will open later this year. The building will be located on the former site of RAF Oakington which, whilst once located within the parishes of Longstanton & Oakington & Westwick, is now within the Northstowe boundary.

The new community boundaries, which came into force in 2021, means that the heritage of the former villages is shared with the new town. However, LDHS is keen that the new Heritage Annex does not focus solely on showcasing the history of these three communities but will have a wider focus that will promote the social connections, family ties and trading links which connected these three communities to the other surrounding villages of the SW Fen Edge. The new Heritage Annex will display archaeology from the A14 upgrade, so understanding these wider connections will be important to understanding the finds on display.

**Affiliated Societies** - In addition to the support of local communities and individuals, the Airfield Research Group and Swavesey & District History Society are now affiliated with LDHS. We are delighted to have the support of these two groups and we hope that other local groups will join us too. The greater the support the Heritage Society has from local groups and individuals the more that can be achieved.

**Archiving** - Over the last year priority has been given to organising and indexing the LDHS Archives in preparation for their move to the new heritage building. There is still work to do on this and we are grateful to those members who have helped us with this over the last year.

More photographs and information have been contributed to the LDHS Archives over the year and we hope that with more support we can begin to ensure greater public access

to the archives. However, access to the digital archives in particular will need to be carefully planned so that LDHS and the Heritage Annex are developing in a mutually supportive way. This is certainly an area where LDHS will need professional advice and support and we particularly welcome feedback from our members and local communities as to how this heritage project should develop in the years ahead. Once the new building is open we will work closely with the County Council team to ensure that the Annex is a great success.



No. 5 Flying Training School, RAF Oakington  
Passing Out Parade of No. 135 Pilot Course. (Nov 1958)

**Events and Talks** - With LDHS focusing on preparations for moving the archives to the new Heritage Annex and designing our contribution to the first exhibition, we have not been able to organise our own talk schedule. Instead the Society has promoted talks and lectures organised by other local organisations including the Cambridge Antiquarian Society and the Willingham History and Education Group. We were of course pleased to take part in last year's major celebrations which commemorated the 5th Anniversary of Northstowe's first residents and the Platinum Jubilee.

**Looking Forward** - The priority for LDHS continues to be to safeguard the LDHS Archives as a local community asset for generations to come. That will involve considerable work and will need a new generation of volunteers. We are looking forward to a new chapter once we are in the Heritage Annex and realise that this move will bring new opportunities to work with a wider group of people and organisations.

Please do get in touch if you would like more information or wish to join or help the Society.

Hilary Stroud (Secretary)



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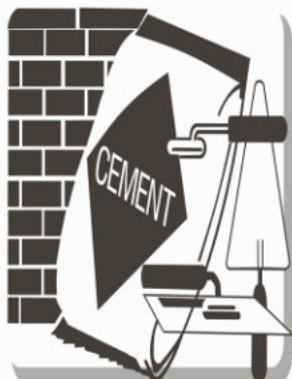
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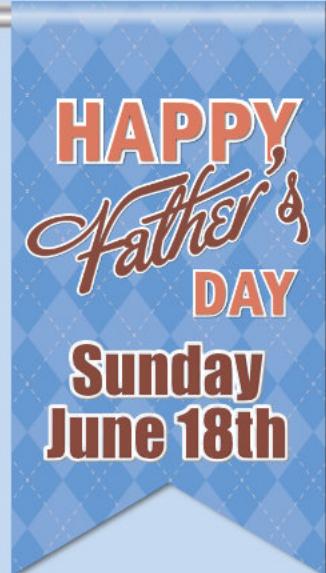
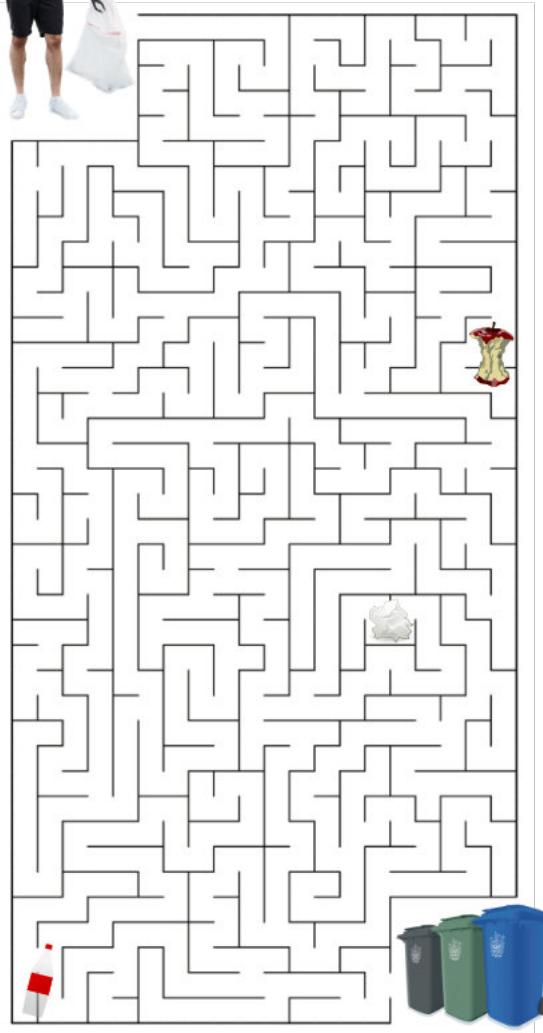
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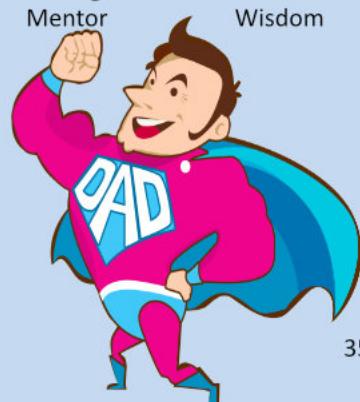
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