

# Northstowe News

By Northstowe Community – For Northstowe Community

Issue 30

December 2023 / January 2024



# News and Updates

## EDITORS' WELCOME

Welcome to December! Perhaps you're looking forward to mince pies, carol singing, "logs on the fire and gifts on the tree" as the old song goes. For many, it's a season to relax, share time with the family, and to reflect with gratitude on the past year. But for some, the holiday season can be a difficult time – it's important in this "season of goodwill" that we all look out for one another.

Here in Northstowe there are so many ways that we can offer help, or get help. There are plenty of opportunities to help run events: Park Play, Northstowe Hub Café, Northstowe Youth Hive, and more, are all looking for volunteers. But just by taking part in some of the great FREE activities now happening in The Cabin (the new name for what was called the Temporary Community Centre) you'll be helping to encourage and strengthen the community. Even simply offering a friendly greeting to a stranger is an act of kindness that can help to make the world a better place.

Merry Christmas, Happy Hannukah, and have a wonderful New Year.

## Want to advertise in Northstowe News?

Over 1500 copies of each issue are delivered, a free magazine to every residence in Northstowe. If you want your business to be included, contact [janetpendrill@gmail.com](mailto:janetpendrill@gmail.com) for more details. Annual discount rates are available.

### Advertising Rates Per Insert (*six issues annual discounted rate*)

Ad Size	B&W Only	Colour
Eighth Page 95 mm x 64 mm	<b>£20</b> (£108)	<b>£26</b> (£140)
Quarter Page 95 mm x 132 mm	<b>£40</b> (£216)	<b>£52</b> (£280)
Half Page 194mm x 132mm	<b>£80</b> (£432)	<b>£104</b> (£560)
Full Page 194mm x 268mm	<b>£160</b> (£864)	<b>£208</b> (£1120)
Full Page Prime Position 216mm x 303mm	N/A	<b>£270</b> (£1460)

## News and Updates

Editors' Welcome	2
Household Bin Collections	2
Updates from the Community Forum	4
Community Development Officers	4
Northstowe Town Council	5
Cambridgeshire County Councillor	6
District Council	7
Education Campus Update	8
Thermal Imaging Project	8
E-scooters: Christmas gift guidance	9
Fly tipping	9
Mobilityways & Liftsharing	9
Bike Servicing & The Community Market	9
<b>Sports, Health and Wellbeing</b>	<b>10</b>
Northstowe Tang Soo Do	10
Park Play	11
Hockey Club	11
My Yoga Corner	11
Social Walks	12
Northstowe Nature	12
Willingham & Longstanton Surgeries	13
Northstowe Secondary College	14
<b>What's On In Northstowe</b>	<b>18</b>
Northstowe Arts update	20
Onam Festival	21
Hindu Samaj Northstowe	22
Northstowe Muslims	23
Pathfinder Church	24
Emmanuel Church	25
Game of the Month	26
Book Reviews	27
Book Club	27
Northstowe Hub	28
Heritage Society	29
<b>Puzzles and Colouring</b>	<b>35</b>

Front Cover photo by Elaine Atkin

Northstowe News is produced *right here in Northstowe* by a small group of volunteers. We're always looking for regular or one-off articles, photos, artwork, event reports, notices, and anything else that may be of interest to the community. If you would like to write in the magazine please email [northstovenews@gmail.com](mailto:northstovenews@gmail.com) with your questions, ideas and contributions.

The submission deadline for the February / March issue is January 1<sup>st</sup>.

## HOUSEHOLD BIN COLLECTIONS

Friday 1 <sup>st</sup> December	<b>Black Bin</b>
Friday 8 <sup>th</sup> December	<b>Blue and Green Bins</b>
Friday 15 <sup>th</sup> December	<b>Black Bin</b>
Friday 22 <sup>nd</sup> December	<b>Blue and Green Bins</b>
<b>Saturday</b> 30 <sup>th</sup> December	<b>Black Bin</b>
Friday 5 <sup>th</sup> January	<b>Blue Bin</b>
Friday 12 <sup>th</sup> January	<b>Black Bin</b>
Friday 19 <sup>th</sup> January	<b>Blue and Green Bins</b>
Friday 26 <sup>th</sup> January	<b>Black Bin</b>



Report Missed bins at:  
<https://www.scamps.gov.uk/bins/report-a-missed-collection/>

## NORTHSTOWE'S BEER AND CAROLS

*Friday 15th Dec: THE GREEN*

**5-8pm:**  
Foodies' Food & Drink Trucks

**6.30-7.30pm:**  
Free Hot Chocolate from Northstowe Hub\*

**7pm:**  
Brass Band led Carols, interwoven with poetry and short readings from community figures

Photo Credit: Peter Cope at the 2022 Beer and Carols

www.northstowe.church  
#NorthstoweWinterFestival

## Find out what's on locally this winter

Nov 2023 - Feb 2024

Fairs,  
Shows  
Workshops  
and more....

[northstowewinterfestival.co.uk](http://northstowewinterfestival.co.uk)



The days may be short and the temperature low but there are lots of exciting things happening here in Northstowe this winter.

Let's celebrate winter together in Northstowe



## COMMUNITY DEVELOPMENT OFFICERS

### Michele Eidevik-Skinner and Mihaela Stan

We are pleased to announce that the Temporary Community Centre is now called the Cabin, thank you to all those who gave their feedback through the suggestions box. The first Forum at The Cabin was a success with over 60 people attending (residents and presenters), presentations and notes from the night are available on the Northstowe Forum page Northstowe Community Forum - South Cambs District Council ([scambs.gov.uk](https://www.scambs.gov.uk/northstowe-community-forum/)).



The centre continues to be very busy with bookings seven days a week. Some of the events taking place are parent and toddler groups, dance classes, art and design sessions, birthday parties and committee meetings. The local Foodbank is based here on a Wednesday and free food from the community larder is available on a Tuesday, Wednesday and Thursday. We are grateful to all the key holders who are supporting the smooth operation of the facility. The Northstowe Hub café is very popular and it is now open on Sundays alongside the market as well as continuing the sessions on Wednesdays.

We were approached by a local resident who asked for support to start Open Mic sessions at the Temporary Centre, the first session was on Saturday 28 October and will then continue on a fortnightly basis.

As part of the Cultural Exchange Café, we organised a Poetry Night at the end of October which took place during the Community Lounge, people read poems in English, Cantonese, German and Romanian.

We are helping to coordinate the winter Festival which takes place in Northstowe from November 2023 to February 2024, details of events will be publicised as they occur. There are lots of volunteering opportunities with various community groups, if you would like to help, please get in contact with us on [northstowe.community@scambs.gov.uk](mailto:northstowe.community@scambs.gov.uk)

## UPDATES FROM THE COMMUNITY FORUM

Here are some of the things mentioned at the Community Forum in October. Notes and presentations are available at <https://www.scambs.gov.uk/northstowe-community-forum/>

- The Temporary Community Centre [*now called The Cabin*] is being well used, with about 50 hours of community activity per week, in addition to use by council staff, the Child and Family Centre, midwife appointments etc.
- There is a live planning application for the permanent community centre, now in the hands of the planning authority. Emphasised again that SCDC is very confident that will not be a delay in delivery of the permanent community centre, but if necessary will extend planning consent for The Cabin to prevent any gap in service. Northstowe endured a gap after the Community Wing closed, and this will not happen again.
- The Phase 1 Sports Pavilion is very close to completion, expecting handover from the constructing partner next week. Its management Board is operational. The leasehold is to transfer to Elite Sports UK, an organisation with a good track record in running similar facilities across the region.
- Unfortunately, Cambridgeshire County Council has had to pull out of the Heritage Annex project. The contractor who was building, was bought out by its biggest customer who then put the company into administration. They did not attempt to pass on order books. To pick up the project with a new contractor would take a significant injection of new cash. CCC can't do it.
- If money that was already paid can be recovered, it will probably go back to National Highways (who had originally funded it) and not stay allocated to Northstowe projects.
- The Southern Access road between Northstowe and the B1050 is now open! There will be a competition to choose the name of the new road - more news soon.
- Homes England now looking to directly deliver the Town Centre projects consisting of Market Hall [3 years], Civic Hub (with SCDC) [3-4 years ish] and possible investigation into temporary convenience stores. This follows being unable to get into contract with preferred developer due to "economic factors".
- Homes England are not taking on the residential aspects of the Town Centre (mostly high rise apartments) and instead will be looking for the market to deliver those.
- New Primary School opens September 2024 on the Education Campus (building work has started near NSC)
- NSC is being extended, further back from the main road. Seven classrooms on each floor, for another 30 classrooms in future.
- New Sixth Form is opening in September 2024. Wanting to offer broad and balanced curriculum of 24 subject areas, a mix of A-levels and applied courses. Staff are mostly hired, a few vacancies remain but specialist teachers from across the trust can visit to fill gaps as necessary.
- The building for this (between NSC and Martin Bacon) will be delivered in November. Until then, 6<sup>th</sup> form will be housed in the top floor of the NSC building extension.

The next Forum will be held on **24th January 2024**.

Northstowe Community Forum is *your* opportunity to hear directly from the developers, the councils, and other public sector bodies, to ask questions and find out everything about what's been happening recently and their plans for the future.

## NORTHSTOWE TOWN COUNCIL

### TOWN MAYOR, CLLR PAUL LITTLEMORE

Hello Northstowe. Over the last few months, I've really enjoyed seeing so many events happening around our new Temporary Community Centre, now to be known as the Cabin. I was honoured to be invited to Northstowe Hindu Samaj's Ganesh Utsav, hearing traditional cultural stories, songs and seeing traditional dance was wonderful. I also attended the Northstowe Hub event at the end of September, and it was so great to see and speak to so many people gravitating around our new community space. The Town Council has again arranged for the Christmas tree on the green, and I look forward to the many events that see this as its centre piece over the festive period.

At our October Full Town Council meeting we reviewed the first 6 months of the Market the Town Council has been promoting, looking at the performance of the pilot phase as well as the feedback we received from residents through the Market survey. We also heard from members of the public who presented to us as part of our public participation item which features on all of our agendas. At this meeting the Town Council resolved to commit to continue to operate a weekly and larger monthly market for the next 12 months.

We have also secured funding to continue the Community Lounge on Thursday evenings at the Cabin for the next 12 months. Since the scheme started in January of 2023 it's quickly become a very popular offering allowing residents regular space to meet, play games and enjoy activities together, alongside an offer of complimentary hot and cold drinks.

If there are any topics that you'd like to raise with the Town Council, please do get in touch with myself ([cllr.littlemore@northstowetowncouncil.gov.uk](mailto:cllr.littlemore@northstowetowncouncil.gov.uk)) or Mark, our Town Clerk ([townclerk@northstowetowncouncil.gov.uk](mailto:townclerk@northstowetowncouncil.gov.uk)) and there is always our standing Public Participation item on our meeting agenda. Full Council meetings run on the 4th Tuesday of the month at the Cabin.

I wish you all a very merry Christmas, and Happy New Year!

**Cllr Paul Littlemore**  
Town Mayor

### TOWN CLERK, MARK NOKKERT & DEPUTY CLERK, PETRA SAWYER

Hello Northstowe,

The switching on of the Christmas Tree Lights on The Green took place on Saturday 25th November by the Mayor, with Northstowe Foodies supporting the event with Food and Drink vans. We also had singer Anna J singing Christmas songs, and Northstowe Hub Community Cafe supplying free hot chocolates, helping us to all keep warm. Thanks to all those involved for your generous support, and thanks to our sponsors for help with the cost of the tree.

We had the results of the Market survey and for those that filled this out, thank you for taking the time to do this as the information is valuable; it was great to see that so many people wanted to see the market continue, and indeed the Weekly and the bigger Monthly Markets will be continued as the Mayor has highlighted.

Besides the weekly markets we have run since April, we have had 2 monthly markets since as well, which were re-introduced since we held those early in 2023; the first one was held on September 17th, the second on October 22nd. The footfall has been good: 266 people in September and 430 at the October monthly market. Footfall at the weekly markets in between has also been growing lately. There has been a great atmosphere at all markets, with new traders, returning traders and weekly traders. See our website for the latest updates and dates of future markets planned.

ParkPlay has, since this was launched in September, grown from strength to strength, gradually attracting more and more residents of all ages and abilities to have a couple of hours of fun every Saturday morning, meeting 9:30 onwards at Western Park. Oh, and did we mention this was all free! Please come and join in the fun. ParkPlay is also looking for more (PAID!) ParkPlay Leaders, as well as general volunteers; as the Northstowe-Longstanton ParkPlay grows, we need more people to organise and support the range of activities on offer - let us know if you are interested, we can get you in contact with ParkPlay directly.

We wish you all a very Merry Christmas and a Happy and Healthy 2024!

**Town Clerk and Deputy Clerk**

### The Community Pantry is open at The Cabin, Northstowe!



Pop down to The Cabin every Tuesday, Wednesday, Thursday and Sunday to pick up surplus food donated by the Co-op.

Surplus food is also available via the Olio app. Olio is a free sharing app where you can share unwanted food or household items with local people.

Sign up today and join the sharing revolution!

SUSTAINABLE NORTHSTOWE

**OLIO**  
The Food Sharing Revolution

## CAMBRIDGESHIRE COUNTY COUNCILLOR



### CLLR. FIROUZ THOMPSON

As winter nears, drive cautiously near schools and colleges during school run and coming home from after-school clubs. Travel Ambassadors promote road safety, but younger kids may not be road-savvy. Drive slowly, watch for pupils, and ensure your children use lights, take out at least one earphone, wear helmets, high-vis and bright colours. Northstowe Education Campus is also in full swing of building works for the extension of Secondary College and building the new Sixth Form College, Primary School and Nursery Building.

#### Mind the [budget] gap

Cambridgeshire County Council's estimated budget gap for 2024/25 has increased from a predicted £16M to more than £23M—largely due to increases in demand for services and inflationary pressure. Without action being taken this gap will grow and is predicted to be more than £20M in the following year, and a further £19M and more the year after that. Cambridgeshire is not alone. The Local Government Association currently reports that councils across the country face an 'inflationary storm' with a predicted £4Bn funding gap over the next two years.

A report from the Council's Chief Executive Stephen Moir and Executive Director of Finance and Resources Michael Hudson says: "In 2023-24, pressures on our budget have arisen principally due to several very high-cost children's social care placements and a delay in receiving income from a newly constructed solar farm (which requires connection to the electricity grid). In addition, we are seeing that demand for bed-based care for older people is also rising, following a period of reduction in demand and then stability stretching back for some time, to the beginning of the pandemic."

The report also points to wider national and international issues which have an impact on the council's pressures—such as interest rates which the Bank of England has said are likely to remain above five per cent until 2026. This will affect all goods and services the council buys, the cost of borrowing, and pay award costs for council workers as well as for a large externally commissioned workforce which includes staff working in residential care for vulnerable adults and children. <https://tinyurl.com/bdcty88r>

#### Quality of life survey shows mixed picture

Most Cambridgeshire residents feel happy and safe in the county, well connected to their local communities, and believe it's a great place to raise children.

That's the headline finding of the County Council's first annual Quality of Life survey involving more than 5,500 residents. But the news is less good for some specific groups, with a stark finding that loneliness in Cambridgeshire is far higher than the national average. Loneliness was most likely to be reported by those aged 18 to 25, who also reported more struggles with their mental health.

Some top line summaries below:

- 84% feel safe in their local community
- 72% report high or very high levels of happiness
- 52% of 18-24s feel lonely—compared to only 18% of those aged 55+
- 37% have struggled with mental health (61% of 18-24s, 59% of 25-34s)
- 52% trust the council to make decisions about services
- 44% think the council delivers value for money (national benchmark 42%)
- 86% are concerned about cost-of-living increases
- 48% have cut back on heating use

The council intends to run the survey again next year.

Many Northstowe community groups assist with loneliness and mental health for newcomers, including single homebuyers and families with kids adjusting to new schools, friendships, and languages. Grants are available for new community projects; feel free to contact me with ideas.

Contact: [firoz.thompson@cambridgeshire.gov.uk](mailto:firoz.thompson@cambridgeshire.gov.uk)  
 County Councillor for Longstanton, Northstowe, Over, Oakington & Westwick <https://www.facebook.com/longstantonoakingtonnorthstowe>

## SURVEY FEEDBACK: NORTHSTOWE EARLY YEARS AND CHILDCARE PROVISION

Cambridgeshire County Council has plans to open an early years and childcare setting on the Northstowe Education Campus in the 2024/5 academic year.

The council is seeking your input on the kind of nursery and pre-school services you desire for your children, and they encourage all parents, including expectant ones, to share their opinions as they work on defining the specifications for potential providers.

You can provide your feedback by visiting the link below before 31 December 2023.

<https://www.smartsurvey.co.uk/s/preview/5WS46E/4E9735CE5134D8679A7634461AD73D>



## DISTRICT COUNCIL



### CLLR. TOM BYGOTT

#### Longstanton District Heritage Society Archives

It has come to light that there are problems with a Heritage Annexe project that the developer of part of Northstowe, Homes England, has been working on with Cambridgeshire County Council. It was envisaged that the Heritage Annexe would be used for the storage and display of items in the Longstanton District Heritage Society (LDHS) archives. At the launch of the Heritage Society many local residents, descendants of

people who used to live in the village and former RAF Oakington WWII veterans joined the Society and many contributed to the LDHS Archives. The archive includes a digital collection, films, interviews and a physical collection, all of which has been collected over a period of nearly 20 years.

Despite Homes England making significant financial contributions to the Heritage Annexe project and providing rights to use a plot of land adjacent to Northstowe House, it has been announced that the Heritage Annexe project will be cancelled.

I have done some research into the nature of a legal obligation that Homes England has (contained in a document called the Northstowe Phase 2 Section 106 Agreement) in relation to the LDHS Archives. It states: "In bringing forward the Development the Owners shall accommodate the Longstanton District Heritage Society Display Facilities and shall provide or procure the necessary rights of access to the Longstanton District Heritage Society Display Facilities to enable the management and maintenance thereof". It also makes clear that the storage and display facilities must be provided "within the Development", i.e. in Northstowe.

Whilst it may be regrettable that money has been wasted on a Heritage Annexe project that has failed, it is clear that the developer's legal obligation is not discharged until display and storage facilities for the LDHS Archives have been provided within Northstowe. I will be calling for these facilities to be provided to a standard that matches the historical importance of the archives, and properly safeguards and celebrates the shared heritage of Longstanton, Northstowe, Oakington and Westwick.

#### District Council four day working week

It has been revealed that an 'independent' report on the 4-day working week trial at South Cambs District Council had been edited by council officers ahead of its release. The true report shows a very different picture to the governing group's previous optimism.

The Bennett Institute's independent report on the 4-day week has been repeatedly cited as evidence that the 4-day week trial for 450 desk-based staff in South Cambs is working. But it has now become public knowledge that this 'independent' report was tampered with before its release – artificially improving the results of the 4-day week.

Quotes from managing officers at the council that were removed from the report suggest the 4-day week has in fact been highly damaging. One manager said they "did all the unfinished work on my day off so that my team could have time off. It had a very negative impact on my wellbeing."

Most managers felt that there was "envy" between workers. The report states: "Those who have Mondays off complained that they find it harder to start the week on Tuesday than those who have Fridays off". The report continues: "On the other hand, those who have Fridays off feel that they are under pressure to get things done quickly before they are closed. And then when they come on Monday, there are not many people, and they have to postpone the meetings until Tuesday."

All this negativity makes a grim reading for the council's governing group – whose leadership means the council is unable to properly serve residents and elected councillors. A quote from one councillor – also removed from the report – said: "I have emailed some people at least three times and received no response." This is perhaps because, according to one manager, "we don't always have to deliver perfect work and that's okay."

This is highly concerning for councillors and residents alike. Not only has the 4-day week inflicted damage on council services – the leadership's decisions have been an act of self-harm to the reputation of the council.

#### Cllr Tom Bygott

[cllr\(bygott@scamsb.gov.uk\)](mailto:cllr(bygott@scamsb.gov.uk))

07765 475 513



### CLLR. NATALIE WARREN-GREEN

We have had a very active summer and autumn in Northstowe and I am pleased to have been part of the delivery team involved in the establishment of the **Interim Community Centre** and **Western Park Sports Pavilion**. It was really good to see South Cambridgeshire District Council (SCDC) Cabinet members coming to visit both of these facilities too. The Interim Community Centre is already proving to be a hub of activity and it's good to see, in particular, the Sunday Market, and community café,

attracting people to the warmth as the cold days and night of winter set in. In consultation with the Town Council, SCDC has appointed a management company (Elite Sports) to run the pavilion and the associated sports facilities which will be open soon. The pavilion has six large team changing rooms and separate facilities for match officials and will serve a number of football and rugby pitches, a MUGA and a bowling green. It has a large clubroom with well-equipped kitchen which will be suitable for social functions.

Across the District, SCDC have put in place to support people this winter which may be of interest:

**Cost of Living Crisis:** SCDC's latest initiative to help certain residents through the cost-of-living crisis is the offer of a free electric blanket / electric throw, which cost a fraction to run than central heating. Qualifying residents are those who (as of 1 July 2023) claim Council Tax Support plus Attendance Allowance, Personal Independence Payment (PIP) mobility element enhanced rate or the Disability Living Allowance (DLA) mobility component at the higher rate. These groups of people are being targeted because it is known that people with mobility issues are more susceptible to cold weather pressures and the cost-of-living crisis especially impacts them. Data from Citizens Advice shows that in 2023 they made 637 referrals to foodbanks for people with disabilities or long-term health conditions compared to 359 referrals for those without these problems. Qualifying residents will receive a letter explaining how to claim their free blanket. Only those with a letter qualify.

**Homes for Ukraine Landlords' incentive scheme:** South Cambridgeshire has seen one of the highest number of Homes for Ukraine arrivals for a lower tier authority with over 850 Ukrainian guests coming to the district since the scheme began in April 2022. The first phase of the project has been a tremendous success and is now considered 'business as usual' for officers working on it. In the last few months, the focus has been helping guests to move on to independent accommodation. Getting into the private rental sector is expensive and has proved challenging for guests. In mitigation, SCDC is launching of a Landlords' Incentive scheme in an effort to provide more affordable & sustainable housing options for our Ukrainian guests. The scheme will offer up-front payments to landlords, depending on circumstances such as property size and whether they offer a tenancy at the local housing allowance rate or at market rent. Larger incentive payments will be available to landlords who offer a tenancy at the local housing rate to encourage more affordable and sustainable options for Homes for Ukraine guests. The money for this scheme will come from the government's Homes for Ukraine fund.

**For those interested in Climate Action,** it is pleasing to report that SCDC organised a Climate Action conference in Cottenham in November 2023 to tie in with the timing of COP28. One of the District Council's core visions is to help the district become net zero carbon by 2050, to create a greener future for local people. The conference was open to people from all over the District. Since the Zero Carbon Communities grant scheme was launched in 2019, SCDC has given more than half a million pounds to 71 projects locally aimed at reducing carbon emissions and engaging communities on climate change. Designed to equip community groups to take action at a local level, Zero Carbon Communities grants have helped upgrade community buildings, educate people around their carbon footprint, and help nature recover in the District. Projects have included tree planting, energy efficient heating and lighting, food production and distribution, plus waste reduction.

Do please continue to contact me when you require assistance or information from South Cambridgeshire District Council.

With best wishes for the Festive Season and the New year. Natalie

#### Cllr Natalie Warren-Green

District Councillor, Longstanton Ward  
(including Longstanton, Oakington & Westwick, Northstowe)

Email: [cllr.warren-green@councillor.online](mailto:cllr.warren-green@councillor.online)

## EDUCATION CAMPUS UPDATE

### Work starts on the community's new preschool, primary school, and sixth form

Construction work has commenced on a major expansion of Northstowe Secondary College and the creation of a brand new sixth form, 630-place primary school and pre-school.



*Photo (L-R): Cllr Michael Atkins (Cambridgeshire County Council), Lesley Birch (Deputy CEO of Meridian Trust), Philip Harker (Assistant Director – Development Services at Homes England), Carole Moss (Headteacher at Northstowe Secondary College), Matthew Brown (Head of Large Sites at Homes England), Dennis Cotton (Regional Director for Kier Construction Cambridge & Rushden), Sarah Mason (Senior Business Development Manager at Kier Construction in the Eastern & Midlands), Lee Collins (Senior Project Manager at Kier Group).*

*Photo credit: Marc Mann at SkyTech Cambridge for Homes England*

### New facilities for Northstowe

The new buildings will provide pre-school through to sixth-form education on a single site, benefitting the growing student population as Northstowe continues to develop.

The works will expand the existing secondary school to provide an additional 600 places and involve creating a new sixth form offering 400 places which will include SEND provision, a new pre-school offering 156 half-day places, and a primary school for 630 pupils.

Government land and funding provided by Homes England, the government's housing and regeneration agency responsible for phases two and three on the old airfield site, has enabled the expansion.

Cambridgeshire County Council is managing the major development, with construction partner, Kier, leading on the design and build of the facilities. Meridian Trust, which operates Northstowe Secondary College and Martin Bacon Academy, will lead on education provision at the primary school, existing secondary school, and sixth form.

### Enhancing education in Northstowe

Education is at the heart of supporting the local community - school facilities have been built early on in Northstowe's development, which is something unique for a new development. The very first building was Pathfinder Primary School, in fact.

As well as providing crucial meeting places for parents and children to foster connections over the years, Northstowe

schools have also served as vital interim community facilities until the Temporary Community Centre was ready. Additionally, the schools have created employment opportunities for those who have relocated to Northstowe, with Northstowe Learning Community set to go on to play a pivotal role in community life going forward.

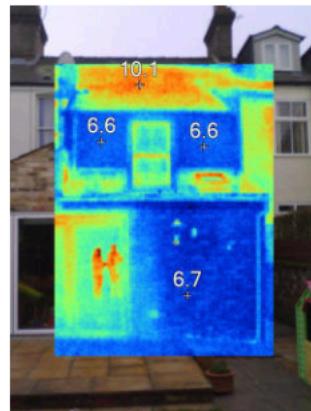
### Construction and the community

Construction of the new state-of-the-art education facilities follows several other aspects across the wider community coming to fruition. These include a new Temporary Community Building on The Green, including a cafe provided by South Cambridgeshire District Council, a new Sports Pavilion, featuring a cafe, and the recently opened new access road and waterparks.

For any questions relating to Northstowe phases two and three, please contact [northstowe2@homesengland.gov.uk](mailto:northstowe2@homesengland.gov.uk)

For any enquiries relating to the construction of the school, please contact [Steven.Ponting@kier.co.uk](mailto:Steven.Ponting@kier.co.uk)

## THERMAL IMAGING PROJECT



Cambridge Carbon Footprint are once again delighted to offer to residents, and organisations, across Cambridge and South Cambs the opportunity to borrow and learn how to use a thermal imaging camera, for free, to help create more cozy and efficient homes. Learn how to interpret thermal images, to discover draughts, gaps in insulation, heating problems, etc. Having this information is great for deciding on home improvements, and making fixes, both for homeowners and renters.

The Project also encourages individuals or organisations to undertake training to survey multiple homes. In 2022 a Heydon Parish Councillor borrowed a camera and undertook a survey of 20% of the Village's homes and intends to do more this year.

### Training Sessions

Four free training sessions will take place online from 7:00-8:30pm on: Wed 1 Nov, Thu 14 Dec, Mon 22 Jan, Thu 29 Feb

### Camera Borrowing

We only lend cameras to people already trained. Bookings for cameras will open on 1st Nov, after the training session. Free Loans of 14 cameras will start on Fri 3rd November, till early April:

Each loan: Fri pm to Mon am, or Mon pm to Fri am, from 14 volunteer camera hosts around South Cambs and Cambridge City.

To find out more or book your training session visit <https://cambridgecarbonfootprint.org/what-we-do/thermal-imaging/>

## FLY TIPPING

South Cambridgeshire District Council receives around 1,600 reports per year regarding fly tipping. The Council is urging residents to do the right thing and properly get rid of their rubbish in the following ways:

- Giving it away for free on Facebook marketplace, Gumtree or taking to a local charity shop.
- If possible, reuse, repair or recycle items before getting rid of them.
- Be sure to choose a reputable registered waste carrier disposal service.
- South Cambridgeshire District Council can arrange for collection of bulky items for many common household goods. It collects a maximum of nine items per collection. Up to three items can be booked for the minimum charge of £32.50. Additional items are then £5.50 each.
- Take additional rubbish to one of Cambridgeshire's Household Recycling Centres.

Anyone who sees fly tipping should report it via:

[www.scambs.gov.uk/recycling-and-bins/report-or-request/report-environmental-issues/](http://www.scambs.gov.uk/recycling-and-bins/report-or-request/report-environmental-issues/)

## MOBILITYWAYS & LIFTSHARING

Mobilityways the official lift-sharing app is coming to Northstowe! The website/app will be specific to Northstowe and will enable you to find those travelling on similar routes as you and help to set up your lift-sharing arrangement.

The aim of the Northstowe private community on Mobilityways is to reduce single occupancy car use, carbon emissions in the town and create a sense of community. The app can be used for commuting or social purposes, for example, attending a hospital appointment, travelling to the shops, or to the train station. The app will calculate the fuel and carbon emissions saved by sharing journeys with those local to you. The app will suggest a price if the passenger and driver would like to exchange money or allows for you to both agree to a separate arrangement, i.e. one person drives one journey and the next trip is driven by the other. You can select if you'd prefer to be a passenger or a driver.

For additional information as to how the process works, please search for the following video on YouTube: "Liftshare For Work - Getting Started".

## BIKE SERVICING & THE COMMUNITY MARKET

The free bike servicing will now take place at the Community Market on Sundays at 'The Green' (outside The Cabin). Feel free to come along and speak to our bike mechanic who will be happy to offer advice and suggestions. The service will operate as normal and requires you to pre-book your slot at [www.smartsurvey.co.uk/s/northstowebikeservicing/](http://www.smartsurvey.co.uk/s/northstowebikeservicing/). The service is incredibly popular and in the last 6 months we have serviced 104 bikes, excluding community events! Well done, Northstowe!

Please contact: [northstowe@smartjourneys.co.uk](mailto:northstowe@smartjourneys.co.uk) to participate or for further information.

## E-SCOOTERS: CHRISTMAS GIFT GUIDANCE

The more organised among us might have started doing, or planning, our Christmas shopping. With that in mind, one of the big gift requests this festive season is likely to be an electric scooter, or e-scooter.



We are aware that e-scooter use causes concern to residents across the District, and the South Cambs Community Safety Partnership wanted to provide you with some helpful information about e-scooter use.

We also need to highlight to you Cambridgeshire Fire & Rescue Service's current Take Charge & Be Safe campaign:

<https://www.cambsfire.gov.uk/community-safety/take-charge-and-be-safe/>.

This features advice on how to charge, and buy replacements for e-scooter and e-bike batteries as safely as possible and is an important resource.

It's currently against the law to ride an e-scooter on a public road or pavement. The only exception to this is in zones where trials are taking place, such as some areas within the city of Cambridge. In these areas, hired scooters can be used on the road and on cycle paths.

E-scooters can never be used on the pavement, and e-scooters you may purchase can never be used:

- On a public road without complying with several legal requirements, which users will find very difficult
- In spaces that are set aside for use by pedestrians, cyclists, and horse-riders; this includes on the pavement and in cycle lanes

You can buy e-scooters from many popular retailers, and your children may report to you that all their friends already have one. However, the law is clear - the only place an e-scooter can be used is on private land. So, right now, you can buy one, but you can't ride it on a UK public road, cycle lane or pavement.

If you are stopped by police while using an e-scooter illegally, they will advise you of the current law about how to use one legally and ask you to take your e-scooter home. They may however still penalise you depending on the nature and gravity of the offence.

This is all because e-scooters are classed as a motor vehicle in the same way that motorbikes and cars are. This means they are subject to the same legal requirements, such as MOT, licensing, tax, and insurance. As e-scooters do not have numberplates, indicators, and do not always have visible rear lights, they cannot be used legally on the roads. Further details can be found on the following Government website at [www.gov.uk/government/publications/powerd-transporters/information-sheet-guidance-on-powered-transporters](http://www.gov.uk/government/publications/powerd-transporters/information-sheet-guidance-on-powered-transporters)

Cambridgeshire Police say: "We understand the public's support for environmentally friendly modes of transport. We want to work with the public to make sure the roads are safe for everyone. The UK Government is currently taking part in "Future Transport Zone" trials for e-scooter hire, with a view to making them legal to use on the roads. You can find details of the trials closest to you, at

[www.gov.uk/guidance/e-scooter-trials-guidance-for-users](http://www.gov.uk/guidance/e-scooter-trials-guidance-for-users)"

If you have a question, contact Project Officer – Community Safety Partnership, Beth Watson, on [Beth.Watson@scambs.gov.uk](mailto:Beth.Watson@scambs.gov.uk)

# Sports, Health and Wellbeing

## NORTHSTOWE TANG SOO DO



On Saturday the 14th of October, Northstowe Tang Soo Do club hosted a martial arts seminar at the Secondary college. This was attended by over 110 participants from across the UK with people travelling to our town from as far away as Wales and the North East of England as well as lots of students from the local Cambridgeshire Tang Soo Do clubs. The sessions were led by Grandmaster Khan (8th Dan) and some of the UK Masters and included a diverse range of activities including Bo staff techniques, Short sticks, Extreme kicking, Dagger Defence, Locks and Takedowns and Meditation. Master Dawn Khan (5th Dan) commented that "the positive energy in the room was amazing and everybody looked like they were having such much fun training together". The seminar was held to help celebrate the promotion of Northstowe Tang Soo Do club instructors, Master Louise and Master Morton to 4th Dan. Northstowe Tang Soo Do have sessions on a Monday and Thursday in the temporary Community Centre on The Green.



Photos courtesy of the Great Britain Tang Soo Do Association

## MY YOGA CORNER

### Baby Massage: A loving touch for your little one

Baby massage is a cherished tradition that spans cultures and generations, offering numerous benefits to both babies and their parents. This gentle practice involves using soft, rhythmic strokes and gentle pressure to massage a baby's skin, and it has been cherished for its ability to foster emotional bonding, promote relaxation, and contribute to the overall well-being of infants.



One of the primary advantages of baby massage is the profound connection it nurtures between parents and their babies. The act of massaging your baby creates a special one-on-one time, fostering a deep emotional bond. This physical contact helps parents understand their baby's cues and needs better, instilling a sense of security and trust within the child.

Baby massage can contribute to the physical and mental development of infants. It promotes healthy weight gain, enhances muscle development, and aids digestion. The gentle, soothing strokes can alleviate discomfort caused by gas or colic and provide relief from teething pain. Moreover, the relaxation induced by a massage may lead to improved sleep patterns, benefiting both the baby and sleep-deprived parents.

Apart from the physical benefits, baby massage also offers a range of psychological advantages. It has been shown to reduce stress hormones in babies, leading to a more content and less fussy disposition. The stimulation of the baby's sensory receptors during massage can enhance their cognitive development and increase their body awareness.

Before starting a baby massage routine, it's important to learn the proper techniques from a trained professional. Learning in a group setting also provides an excellent opportunity for postnatal socialising, allowing parents and carers to connect with others who share similar experiences.

Safety and the comfort of the baby are paramount. Using high-quality, natural, and edible oils, such as almond or coconut oil, can further enhance the massage experience and nourish the baby's delicate skin.

In conclusion, learning baby massage can be a wonderful way to connect with your little one while promoting their physical and emotional well-being. It also offers the perfect opportunity for connecting with other parents. So, consider incorporating baby massage into your daily routine with natural oils, and watch as it brings peace and happiness to your family.

**Cristina Freniche,**

Baby Massage Instructor at My Yoga Corner, Northstowe

## PARK PLAY

ParkPlay is building stronger, healthier, connected communities nationwide; through the life-changing power of play.

ParkPlay launched in Spring 2021 to encourage everyone to be a little more active and to bring communities together. Since then, with the support of our partners such as Sport England — and despite the disruption of the pandemic — we've successfully launched 40+ ParkPlays across the UK and regularly welcome over 4,000 participants on Saturday mornings.

ParkPlay is run by the local community for the local community and serves as a perfect launchpad into every weekend. It's two hours of play in the park every Saturday.

It's active and inclusive - all generations play together. It's a FREE, safe, welcoming and inclusive way for people to connect and have fun. Everyone's invited.

It's a space to play; to muck about with family and friends. It's a place for friendships, old and new, and a time to create, play and imagine, together. Everyone should feel welcome, and never judged, allowing ParkPlayers to grow in self belief.

👉 Find us and join us every Saturday at 9.30 am at Western Park, Northstowe.

<https://park-play.com/parks/northstowe-longstanton/>

www.park-play.com #community #meetmoveplay  
#PromotingParkPlay #NorthstoweTownCouncil

## HOCKEY CLUB

After a recent EGM it was decided that Huntington Hockey Club would be re-named 'Huntingdon & Northstowe Hockey Club'. We hope that this change will encourage more members from Northstowe to join us. Not only this, but we felt it was important to honour Northstowe and the importance of having this as our home. We hope this will be an exciting new chapter for our hockey team. As part of this, we have been lucky enough to receive a grant from South Cambridgeshire Community Chest. This vital funding will help support the club as well as the new development team. As ever, we are always looking for new members of various abilities (age 13+). We are also on the lookout for umpires. If you want to come and try a session and meet the team, we train on Tuesday evenings, 7pm at Northstowe Secondary College. We hope to see you there!

### Message from a new resident Anne regarding Community Lounge

"After four months living here I can finally say I have arrived - and that is due to the Community Lounge.

From my first visit two weeks after I moved in, I have done craft workshops, dance classes, table tennis, theatre workshop, eaten yummy pastries and have learnt to play and win mahjong! This week I have joined the amazing team of volunteers who make this happen and look forward to welcoming many more of you to this wonderful facility which is here for us all to build community together. Thursdays 6-8 pm are a highlight of my week"



## An update from Fen Drayton Lakes



**Young Hobby Falcons that fledged on the reserve – Henry Cook**

With the end of the year fast approaching, in this article we will share a brief review of 2023 looking at the wildlife that has been seen on site and the work we have undertaken to improve the reserve for both visitors and nature.

We experienced a couple of cold snaps over the early winter period which led to several of the lakes completely icing over. On the remaining lakes, patches of water were kept open by the ducks and other wildfowl which were all condensed into small areas. This brought in some Smew, scarce ducks from the continent, the adult males dressed in white with neat black trim and the females plus youngsters having a chestnut-red head.

Come the spring, the volunteer group had repaired the floating fences which surround several of the islands on Moore and Ferry Lakes and we towed them out by boat. The fences help stop mammalian predators from reaching the islands and taking all the bird's eggs. However, flooding shortly after the fences were moored led to them being damaged and torn apart in places. With that and bird flu it was a tough breeding season for the Black-headed Gulls and Common Terns, but some made it through the other side and even managed to fledge youngsters.

Elsewhere, we were pleased to record several of our target breeding birds in healthy numbers. Two Bitterns were booming from the reedbeds this year and at least three Turtle Doves purred from treetops. Two of the Turtle Dove males are thought to have found females and raised young. The latter species is declining in the whole of the UK with just 2000 pairs left.

It was a delight to find a nest of Hobby Falcons over the summer. This is an uncommon bird of prey that feeds exclusively on dragonflies and small birds, particularly favouring wetland sites. Whilst we spot the birds each summer, finding a nest was a first for the team. The adults went on to fledge three youngsters. Also rarely observed here are young Cuckoos. We hear the adults for much of the summer but as the youngsters are quiet, they are much harder to see. One near the main car park delighted several visitors before it inevitably departed for warmer climes.

Into the autumn we were working towards a couple of exciting projects, including contractors improving the path on the new family trail which will be opening soon. This trail will run from the main car park and go around an area of woodland that few have previously been able to explore.

Another project where work has been undertaken is working towards using a solar-powered pump to keep the scrapes (shallow pools) on Ferry Lagoon wet in the summer for wading birds.

Late in the year our work focussed on keeping the habitats in good condition for our rare breeding birds. This involved removing willow saplings which pop up all over the place and coppicing some areas of hawthorn to encourage Nightingale back to breed one day.

Throughout the rest of the winter, we will continue to be busy maintaining and improving habitats around the reserve and ensuring our visitor infrastructure is in good condition. We look forward to seeing what wildlife the winter will bring, as well as the arrival of breeding migrant birds in the spring. We hope you will visit the reserve soon.

**Visit [rsbp.org.uk/days-out/reserves/fen-drayton-lakes](http://rsbp.org.uk/days-out/reserves/fen-drayton-lakes)**

The Royal Society for the Protection of Birds (RSPB) is a registered charity: England and Wales no. 207076, Scotland no. SC037654

## NORTHSTOWE NATURE

Northstowe resident Kirk Smith writes:

I thought I'd send in a macro spider shot for autumn. It was taken in my garden in Peppercorn Drive. We have quite an abundance of the little guys. This particular specimen weaved multiple large webs and has been hiding in the same leaf for a good couple of weeks.



## SOCIAL WALKS

Come and meet other local residents on one of our social walks in and around Northstowe. Our walks normally start at 10.15am from The Cabin and return there after about an hour for free tea/coffee. All welcome including children in buggies.

Look on social media and the noticeboard for further details.

### December:

Fri 8th  
Sat 23rd \*\*

### January:

Fri 5th  
Sat 20th

\*\* Late afternoon/early evening walk around Northstowe to see the Advent windows.

### Walking for all in Northstowe

Come and join us for  
a Social Walk around Northstowe

The dates and starting place will be posted on the local Facebook pages:

- [northstowe.community@scamps.gov.uk](mailto:northstowe.community@scamps.gov.uk)
- [I ❤️ Northstowe](#),
- [Northstowe Pioneers](#)
- [Longstanton, Oakington and Northstowe](#)

The walks usually start at 10:15am from The Cabin,  
1 The Green, Pathfinder Way, Northstowe. Everyone welcome.



Depending on where the walk ends, it may be followed by a free hot drink or you may bring your own



# WE ARE LOOKING FOR YOUTH WORK VOLUNTEERS

Are you passionate about seeing young people thrive? Do you want young people to have a safe space where they feel welcomed, can have fun and find support?

WE ARE LOOKING TO SET UP A NEW YOUTH CLUB ON MONDAY EVENINGS BUT NEED TO EXPAND OUR TEAM BEFORE WE ADVERTISE THE SESSION.

If you would like to get involved in volunteering on Monday evenings please contact Emma Whitbread [Emma.whitbread@romseymill.org](mailto:Emma.whitbread@romseymill.org)

**ROMSEY MILL**  
Creating opportunities with young people and families

Hungry? How to GET HELP  
We know that anyone can reach crisis point and we're here to help when that happens.

Food bank vouchers are available from local agencies such as citizens advice, schools, and churches. Vouchers can be redeemed at Distribution Centres across Cambridge: there is one open each weekend. This includes the Northstowe centre (in the new Northstowe Community Centre: The Cabin )

Each gives you a parcel of three days of emergency food, providing non-judgemental support at the point of crisis.

**Looking to donate?**  
The nearest collection point is at Bar Hill Tesco

**Want to volunteer?**  
Get in touch!  
Read more: [cambridgecity.foodbank.org.uk](http://cambridgecity.foodbank.org.uk)  
Contacts include Revd Beth Cope and Revd Stephen Dove of Pathfinder Church Northstowe 07720 330 272 [contact@northstowe.church](mailto:contact@northstowe.church)

## WILLINGHAM & LONGSTANTON SURGERIES

Reception Tel: Willingham 01954 260230 Longstanton 207600 Dispensary 207602

District Nurse Team: 01223 726469 Option 2 Health Visitors: 0300 029 50 50

**Out of hours cover:** Ring 111 Website: [www.willinghammedicalpractice.nhs.uk](http://www.willinghammedicalpractice.nhs.uk)

**A&E is not an alternative to a GP appointment.  
If we are closed, please call 111**

### CHRISTMAS 2023 – OPENING HOURS

Please note the surgery will be **CLOSED** on the weekends and all the bank holidays including **Monday 25th December, Tuesday 26th December and Monday 1st January**. Normal opening hours on all the other days during the holiday period

Please plan ahead and make sure you have enough medication. The last date for ordering repeat prescriptions in time for the Christmas holidays is **Tuesday 19th December**. The last date for collection before Christmas is **Friday 22nd December** by 4pm at Longstanton Surgery and 6pm at Willingham.

The last date for ordering repeat medication before New Year will be **Friday 22nd December** and collection is no later than **Friday 29th December** by 4pm at Longstanton Surgery and 6pm at Willingham

**When the surgery is closed please call 111 for medical assistance, or 999 for a life threatening emergency.**

**For Urgent Mental Health Support, please call 111 and select option 2**

**Details of local Pharmacies that will be open over the bank holidays will be posted on the surgery doors, and also on social media and our website.**

### CONGRATULATIONS TO NURSE KAREN

Karen Prince, Practice Nurse at Willingham Medical Practice, has been given the prestigious title of Queen's Nurse (QN) by community nursing charity The Queen's Nursing Institute (QNI). The title is not an award for past service but indicates a commitment to high standards of patient care, learning and leadership. Nurses who hold the title benefit from developmental workshops, bursaries, networking opportunities, and a shared professional identity. Dr Crystal Oldman CBE, Chief Executive of the QNI said: "On behalf of the QNI I would like to congratulate Karen and welcome her as a Queen's Nurse. Queen's Nurses serve as leaders and role models in community nursing, delivering high quality health care across the country. The application and assessment process to become a Queen's Nurse is rigorous and requires clear commitment to improving care for patients, their families and carers. We look forward to working with Karen and all other new Queen's Nurses who have received the title this year."

### WILLINGHAM PHARMACY - COVID TEST KITS

High risk groups who used to order free on line kits can now collect these kits FOC from Willingham Pharmacy. Please either bring in your NHS letter or provide proof of your medication. If you are not a high risk group you can purchase the Covid Test Kits from Willingham Pharmacy.

Willingham Pharmacy also offer other services such as a travel clinic and a weight loss clinic - please speak directly with the Pharmacy about these services.

### DISPENSARY UPDATE

To help us keep our line free for our patients who have questions/queries, we respectfully ask that you do not telephone the dispensary to order your repeat medications. Instead, please use System Online as much as possible. You are also able to order repeats via the NHS App or deliver your paper copies into the surgeries at Willingham or Longstanton as well as handing in your repeat slips at the Willingham Pharmacy.

Our current turnaround for regular repeat prescriptions is **THREE** working days (this does not include weekends) so please be aware of this when ordering and give yourself plenty of time to ensure you don't run out of medication. We help where we can with urgent orders, however this is always subject to stock availability so we cannot guarantee we can fulfil your prescription. In these circumstances we will advise on how to obtain your medication.

### CARERS MEETING

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meeting on **Wednesday 6th December** at Willingham Surgery, where we will be holding a drop in meeting **between 2pm and 4pm**. Please come along and get some support from other people in the local community. Refreshments provided, no need to pre-book and completely **FREE!** Please contact [susan.lawson7@nhs.net](mailto:susan.lawson7@nhs.net) for more information.

**ALL THE STAFF AT THE WILLINGHAM AND LONGSTANTON SURGERIES WOULD LIKE TO WISH OUR PATIENTS A HAPPY AND HEALTHY CHRISTMAS**

# Northstowe Secondary College

It's been a very busy start to the new academic year for us!

Back in September, we welcomed 151 new students in Year 7, and we are now at oversubscribed in Years 7, 8 and 9. We have also welcomed just over 20 new members of staff, our biggest growth yet as we adjust to being a much bigger school. For the first time, we have a full school.

Works have begun on the major expansion of the Northstowe Learning Community, including the creation of a brand-new sixth form college, primary school, pre-school and expansion of NSC. We are very excited to see the building work continue!



It was a real privilege to have our Open Evening have such a great turnout. It was so wonderful to have so many of you visit and see the school for the first time. It was also fantastic to see our students volunteer to help and show off their school to prospective students and families. We are currently oversubscribed for next year's intake of Year 7, so they obviously did an excellent job!



Our Year 11's have been super busy preparing their post-16 applications and undertaking GCSE mock exams! We are very proud of how they are handling all these big steps.



It has been great to be able to get some of our students out on some trips and visits already this year. Our Year 7's worked on their team building skills in missions and climbing at Big Rock and Hazard Alley in Milton Keynes and our Year 11 Geographers headed out to the Norfolk coast on a field trip. We are looking forward to more trips as we get further into the year; a Ski Trip to Italy, our annual Year 7 residential and even a trip to South Africa in July.

Back in October, as a school we celebrated World Mental Health Day and wore yellow to raise money for our student council to use for student wellbeing. It was wonderful to see a sea of yellow!

Our sports department have been busy already with fixtures. A number of students have been involved in a variety of games that took place in September which included Badminton, Netball, Football, Hockey, and Rugby against some other local secondary schools. It has been great to see all the students involved in so much sport.



Finally, on the run up to Christmas, our Performing Arts department have been working hard to prepare for the NSC Christmas Show on the 14th December. We are looking forward to welcoming parents to see the show.

We wish all our families and community a happy and healthy festive break.



## WHITEHALL SCHOOL

A small class size makes a big difference

“Outstanding and Excellent” ISI Inspection

Nursery & Pre School  
30 Free Hours Funding Available

We welcome visits & admissions throughout the year

 [www.whitehallschool.com](http://www.whitehallschool.com)

 [office@whitehallschool.com](mailto:office@whitehallschool.com)

 +44 (0) 1487 840966

Enquiries: Deborah Parker, Whitehall School,  
Somersham, Cambridgeshire PE28 3EH



First time buyer?

Find out how much you can borrow to get onto the property ladder, and what deposit you need to get the keys to your first home

Current mortgage due for renewal?

If your fixed rate has come to an end, and you're worried about how much your mortgage payments will be, we have access to thousands of deals to help us find the right solution for you

Want to ensure your family are protected?

Ensure you, your income and your family have the right cover in place to keep you in your home should the worst happen

Contact James, your local mortgage expert with 17 years' industry experience

[James.Taylor@TheMortgageExperts.co.uk](mailto:James.Taylor@TheMortgageExperts.co.uk)

07535 666624

01223 624140

**Based in Northstowe.**

Evening, weekend and virtual appointments available.

There may be a fee for mortgage advice, the exact amount of the fee will depend on your circumstances. A typical fee is 0.3% of the loan amount. Your adviser will confirm this with you before engagement.

Your home may be repossessed if you do not keep up the repayments of your mortgage

**Pregnancy, Birth, Babies and Beyond in Northstowe****Pregnancy**

Pregnancy Yoga  
Birth Preparation  
Support groups

**Baby**

Postnatal Yoga with Baby  
Starting Solids (weaning)  
Cloth Nappies

**Contact Cristina at**

<https://myyogacorner.uk/>  
[MyYogaCorner@gmail.com](mailto:MyYogaCorner@gmail.com)  
text/WhatsApp: 07765211807

**Total Relaxation**  
at the farmhouse

We have closed our salon in Bar Hill.  
Thank you for your loyal custom  
for the past 10 years.

Our website remains open.  
Visit online to purchase salon products,  
including:

Bath and shower • Essential Oils  
Body Care • Candles • Eye & Lip Care  
Facial Products • Hands and Feet Care  
Hair Care • Make Up • Masks  
SPF Products • Gifts  
and more

**[www.total-relaxation.co.uk](http://www.total-relaxation.co.uk)**  
[totalrelaxationoffice@gmail.com](mailto:totalrelaxationoffice@gmail.com)

# Paying too much for your glasses?

## Save Money - Buy Direct!

Visit our factory shop to see our fabulous range of Discount Prescription Eyewear

- Hundreds of frames to choose from, including designer frames from Ray-Ban, Polo Ralph Lauren, Oakley, PRADA, Ted Baker and Versace
- Specialists in high and complex prescriptions
- Same-day or next-day service available\*
- Save up to 75%
- Huge range of designer sunglasses
- Full range of sports eyewear



\* subject to prescription and availability

Official stockists



We are open 9am to 5pm Monday to Friday, and 9am to 1pm Saturday



Call us

**01954 231545** [www.all-eyes.co.uk](http://www.all-eyes.co.uk)

20 Norman Way Industrial Park, Over, Cambridge CB24 5QE

Visit our website

**CORNFLOWER DENTAL CLINIC**

PRIVATE DENTAL CARE

**10% DISCOUNT ON FIRST VISIT**

**OUR SERVICES**

- Routine Examinations
- Hygiene Appointments
- Restorative Work
- Implant Services
- Invisalign
- Wisdom Tooth Removal

**CALL US TODAY**  
**01954 781981**  
[WWW.CORNFLOWERDENTALCLINIC.CO.UK](http://WWW.CORNFLOWERDENTALCLINIC.CO.UK)

**ABOUT US**

Located on the outskirts of Cambridge we are a private Dental Clinic offering high quality dentistry & hygiene services. We have ample free parking on site. Visit us in our new modern practice where you can relax & get your treatments completed quickly & easily by our experienced clinicians. We offer patient centred care & all our clients are treated with dignity & respect.

**PAYMENT PLANS AVAILABLE**

**MORGAN & SMALLEY**

We offer all types of landscaping & maintenance:

Fencing • Turfing • Patios • Decking • Driveways • Roofing  
Pressure Washing • Garden Clearances & Maintenance

*- A warm welcome to -*

# THE WILLINGHAM SOCIAL CLUB

*Willingham's foremost entertainment venue!*

**GREAT VALUE DRINKS**  
**LIVE MUSIC AND COMEDY NIGHTS**  
**BINGO, RAFFLES & OTHER COMPETITIONS**  
**POKER, DARTS, SNOOKER, BAR BILLIARDS**  
**AND MUCH MORE!**

**FOR MORE INFORMATION VISIT**  
**WWW.WILLINGHAMSOCIALCLUB.COM**

**PONDERS**  
The truly independent cruise & travel company  
01954 232 802 | sales@ponderstravel.co.uk

**Looking for the holiday of your dreams?**  
**A family holiday in the sun?**  
**A weekend away?**

Ponders Travel is your local award winning Travel Agent.  
Free parking and right on your doorstep.  
A warm welcome awaits.  
We offer such a range of holidays including;

River Cruising – Cruising – Safari – Short Breaks – Adventures – Far Eastern Experiences – Once in a lifetime – Sun Sea and Sand – Hotel Breaks – to name but a few.

With over 35 years' experience in tailor making holidays our award winning team can help you plan everything including all those little added extras that make your holiday dreams a reality.

[www.ponderstravel.co.uk](http://www.ponderstravel.co.uk) | 01954 232 802  
Ponders Travel, The Gallery, 25 High Street, Over, Cambridge, CB24 5BN

**SRG Station Road Garage**

Your Local Vehicle MOT & Service Centre in Cambridge

**Our Histon workshop is reliable for all kinds of Repair**

We focus on personalised customer service as well as ensuring fair transparent prices and guaranteeing quality work

All mechanical and MOT repairs take place at the workshop and your vehicle will be maintained exclusively by highly qualified mechanics

**New Road, Impington, Cambridgeshire, CB24 9PJ**  
**01223 232 082 - info@srg-histon.co.uk**  
**www.srg-histon.co.uk**

# What's On In Northstowe

## MULTIPLE DAYS

### Meet the Community Officers

Come to meet our council Community Development Officers, drop-in any time between 9:30am–4:40pm on Tuesdays–Thursdays, or to make an appointment email [northstowe.community@scamps.gov.uk](mailto:northstowe.community@scamps.gov.uk)

### Midwife and Community Health Services

Services available in the Cabin at various times all week, by appointment only

### Food Trucks

Northstowe foodies hosts food trucks weekly at the Green, 5-8pm Wed-Sun, and Coffee on Thursdays 10am-2pm. Line-ups can be viewed on their page on FB and Instagram [@NorthstoweFoodies](#)

## MONDAYS

### Tang Soo Do (£)

Family-friendly martial arts club. Classes for children ages 6-14, at 4:30pm in the Cabin. Email [enquiries@Northstowetsd.co.uk](mailto:enquiries@Northstowetsd.co.uk)

### Beavers

Beaver Scouts aged 6-8 Years will get a chance to try a wide range of different activities. 17:45 - 18:45 at NSC. Email [info@1stnorthstowescouts.org.uk](mailto:info@1stnorthstowescouts.org.uk)

### Over Power (£)

Fitness, Strength, Conditioning circuits. We help ladies to tone up, lose weight and feel great. PFPS playground, 6pm & 7pm. [www.overpowerfitness.com](http://www.overpowerfitness.com) [overpowerfitness@outlook.com](mailto:overpowerfitness@outlook.com)

### Cubs

Excitement and adventure for Cub Scouts aged 8 to 10%, be creative and get involved in your local community. 19:00 - 20:15 at NSC. Email [info@1stnorthstowescouts.org.uk](mailto:info@1stnorthstowescouts.org.uk)

### Football (£)

Turn up and play, welcome to everyone. 7 a side and 9 a side £6.25 per week. Adults session 19:15-20:15 at NSC [george@kickstartactivelife.co.uk](mailto:george@kickstartactivelife.co.uk)

### Tai-Chi (£)

Weekly relaxation and inner peace. 19:30 at the PFPS. To book please email [malcolmsavannah233@gmail.com](mailto:malcolmsavannah233@gmail.com)

### Social Run

Longstanton and Northstowe Limpers social run meeting on The Green at 19:30 [facebook.com/LandNLimpers](https://facebook.com/LandNLimpers)

### Book Club

Meet to discuss books on Monday evenings once per month. New members always welcome. [www.facebook.com/groups/607693023324785](https://www.facebook.com/groups/607693023324785)

### Northstowe Jets Basketball (£)

Ball handling, shooting, positioning, attacking, defending, fitness. All skill levels welcome. 20:30-21:30 at NSC. [northstowebasketball@gmail.com](mailto:northstowebasketball@gmail.com)

## TUESDAYS

### Micro Library

Drop in at the Cabin any time 9:30-4pm, borrow a book or grab a drink from the hub café coffee machine

### Postnatal Yoga with Baby (£)

Safely rebuild your core and pelvic floor, while allowing your body to release tensions, relax, stretch and strengthen. You can attend at any time after your 6/10' week check, and for as long as baby will stay put. 10:30am at Longstanton Village Hall. [myyogacorner.uk](http://myyogacorner.uk)

### Baby Massage 5 week course (£)

Learn techniques to help you bond with your baby, soothe them, help with wind and colic, as well as calming ideas and other topics. You can attend at any time before baby starts crawling, but you will get more benefits the younger they are. 11:45am at Longstanton Village Hall. [myyogacorner.uk](http://myyogacorner.uk)

### Stay and Play Group

Weekly play-based activities for families with children age 10 months or walking. 10-11:30am in the Cabin. Phone 01954 284 672 to book.

### Baby Group

Weekly play-based activities for families with babies up to year or crawling. 1 - 2:30 pm in the Cabin. Phone 01954 284 672 to book.

### Huntingdon and Northstowe Hockey Club (£)

NSC AstroTurf, 7pm - 8:30pm  
All abilities welcome. Contact [huntingdonhockeyclub@gmail.com](mailto:huntingdonhockeyclub@gmail.com)

### Fastbreak Basketball (£)

Indoor sessions in the NSC Sports Hall, 12 & Under at 6pm, 14 & Under at 7pm. [northstowe@fastbreakbasketball.co.uk](mailto:northstowe@fastbreakbasketball.co.uk)

### Northstowe Board Games

Join us to play modern-style strategy and tabletop games, anything from Alhambra to Ziemlich Zügig! 3rd Tuesday each month in the Cabin, other weeks at 21 Heron Road, CB24 1AS. Starts 7:30pm. [northstowe.gamers@thecolliers.uk](mailto:northstowe.gamers@thecolliers.uk)

## WEDNESDAYS

### Northstowe Hub Café

Make new friends – Take your time and relax – Meet with others. Open 9am-12:30pm and 3:30-5pm in the foyer at the Cabin.

### Baby Group

Feeding and weaning, Slings and carriers, Cloth nappies and pottyng, or just come along even if you don't need any specific support! 9am - 10:30 alongside the Northstowe Hub Café in the Cabin. [myyogacorner.uk](http://myyogacorner.uk)

### Little Stars (£)

Preschool ballet and dance with Stardust Dance Academy. 10am-11:15 in the Cabin. Book at [www.stardustdanceacademy.com](http://www.stardustdanceacademy.com)

### Youth Drop In at Northstowe Hub Café

Youthwork run by Romsey Mill and Northstowe Youth Hive for school years 7-9. 3.30-5pm termtime. Free snacks, or add low cost treats from the cafe.

### Rainbows

For girls aged 4-7. 5:15-6:15 in the Cabin.

### Longstanton and Northstowe Limpers

Session starting at 7pm for people that are new to running or getting back into it. [facebook.com/LandNLimpers](https://facebook.com/LandNLimpers)

### Northstowe Arts Creative Get-Togethers

Time for you to bring your own craft or try something new. 7-9pm in the Cabin. [northstowearts.co.uk](http://northstowearts.co.uk)

### Dance Fit (£)

Adult class with Stardust Dance Academy. 7:30-8:30pm in the Cabin. Book at [www.stardustdanceacademy.com](http://www.stardustdanceacademy.com)

### Over Power (£)

(See Monday's entry for details)  
PFPS playground, 6pm & 7pm

## THURSDAYS

### Little Explorers

*Time for you, your child, and God.*

Breakfast from 9:15, main session 9:45-10:45am in PFPS [www.northstowe.church/little-explorers](http://www.northstowe.church/little-explorers)

### Micro Library

Drop in at the Cabin any time 9:30-4pm, borrow a book or grab a drink from the hub café coffee machine

### Baby Massage 5 week course (£)

(See Tuesday's entry for details)

10:30am at Longstanton Village Hall.

### Gymnastics (£)

Preschool gymnastics with Stardust Dance Academy. Book at [www.stardustdanceacademy.com](http://www.stardustdanceacademy.com)

### Tang Soo Do (£)

(See Monday's entry for details)

4:30pm in the Cabin.

### Northstowe Community Lounge

Socialise with neighbours and have access to free Wi-Fi, hot drinks and refreshments. 6-8pm every Thursday at the Cabin. Free for everyone. We're planning well-being sessions, language classes, games night and more activities.

[www.northstowetowncouncil.gov.uk](http://www.northstowetowncouncil.gov.uk)

### Sustainable Northstowe

Making Northstowe a green, clean, biodiverse and interconnected place for current and future residents. 3rd Thursday of the month, 7pm in the Cabin. For more info see [facebook.com/sustainablenorthstowe](https://facebook.com/sustainablenorthstowe) or email [sustainable.northstowe@outlook.com](mailto:sustainable.northstowe@outlook.com)

### Pregnancy Yoga (£)

Covering breathing techniques, warmup and yoga poses, deep relaxation with self hypnosis (hypnobirthing) and various birth and parenthood preparation topics. 7pm at Longstanton Village Institute. [myyogacorner.uk](http://myyogacorner.uk)

### Northstowe Cricket Club

Outdoor season underway. Net practice at Fen Ditton Recreational ground, contact [northstowecricket@gmail.com](mailto:northstowecricket@gmail.com) [northstowe.play-cricket.com/home](http://northstowe.play-cricket.com/home)

### Fastbreak Basketball (£)

Indoor sessions in the NSC Sports Hall, 10 & Under and 16 & Under at 7:15pm, Adult sessions at 8:20pm. [northstowe@fastbreakbasketball.co.uk](mailto:northstowe@fastbreakbasketball.co.uk)

### Over Power (£)

(See Monday's entry for details)  
PFPS playground, 6pm and 7pm.

### Scouts

For ages 10½ to 14. Build and develop young people's confidence, sense of adventure and outdoor skills. 19:15-20:30 at NSC. Email [info@1stnorthstowescouts.org.uk](mailto:info@1stnorthstowescouts.org.uk)

### Northstowe's Compline (Night Prayer)

Stop, Breathe, Pray. Alternate Thursdays 8-9pm.

[www.northstowe.church/pray](http://www.northstowe.church/pray)

## FRIDAYS

### Acrobatics and Dance

Pre-school class with Studio Fogg Dance. 9:45-10:45 in the Cabin. Book at [studiodogg.co.uk](http://studiodogg.co.uk)

### Postnatal Yoga with Baby (£)

(See Tuesday's entry for details)  
11:30am at Longstanton Village Hall.

### Mobile Library

2nd Friday each month, 3:20-4:20pm on The Green outside the Cabin. Free to all, join at the vehicle or online.

### Arts Club (£)

Children's activity with Artastic Kids Club. 4-5pm in the Cabin, book at [www.gorgeouslittlethingsuk.com](http://www.gorgeouslittlethingsuk.com)

### Sewing and Design (£)

Children's activity with Artastic Kids Club. 5-7pm in the Cabin, book at [www.gorgeouslittlethingsuk.com](http://www.gorgeouslittlethingsuk.com)

### Judo (£)

Ages 5 to 105 from beginners to Dan grades. On Fridays at PFPS, 5-6pm (under 8s) and 6-7pm (over 8s). For more info contact [colin.happidojo@gmail.com](mailto:colin.happidojo@gmail.com)

## SATURDAYS

### ParkPlay @ Western Park, Northstowe

FREE Healthy outdoor fun with games for everyone.

Join us every Saturday @ 9:30am to 11:30am. Please register: <https://park-play.com/register/>

### My Yoga Corner Workshops (£)

Birth rehearsals - Breastfeeding - Babywearing and sling library - Starting solids. 10am-12 at Longstanton Village Institute. [myyogacorner.uk](http://myyogacorner.uk)

### Catholic Mass

Visiting priest from Cambridge. 6pm in the Octagon at Bar Hill. For more details contact Bunt Waters 07734 690580 or Fr. Adrian Gates 01223 622699

### Open Mic

Enjoy listening to some local musicians live, or bring your own act! 6pm-9:30pm (every other week) in the Cabin.

## SUNDAYS

### Sustainable Sundays

Information stands, swap events and popup Refill Station with zero plastic waste. 4th Sunday of the month, on The Green. See [facebook.com/sustainablenorthstowe](https://facebook.com/sustainablenorthstowe) or email [sustainable.northstowe@outlook.com](mailto:sustainable.northstowe@outlook.com)

### Northstowe Weekly Market

by Northstowe Town Council. Wide variety of food and non-food stalls including local businesses. 10am-2pm weekly – large indoor market (The Cabin) 4<sup>th</sup> Sunday each month; all other weeks indoors and outdoors (The Cabin and The Green) [www.northstowetowncouncil.gov.uk](http://www.northstowetowncouncil.gov.uk)

### Northstowe Hub Café

Drop in for a chat, use the micro library and have a drink! 10am-2pm in the Cabin

### Emmanuel Church Northstowe

A growing gospel-centred church serving a growing new community. Sunday morning services for all ages at 10:30, at NSC. [www.emmanuelchurchnorthstowe.org](http://www.emmanuelchurchnorthstowe.org)

### Pathfinder Church Northstowe

Praying, exploring, and sharing. Main intergenerational Sunday Gatherings/Wild Church 3.30-5pm. Normally PFPS, check [www.northstowe.church](http://www.northstowe.church) (Church of England and Baptist, with an inclusive ecumenical welcome)

### Ignite Youth Group

Youth group from Emmanuel Church Northstowe for anybody ages 11-14. 5pm alternate Sundays in the Cabin. Email [ignite.ecn@gmail.com](mailto:ignite.ecn@gmail.com) or check [emmanuelchurchnorthstowe.org](http://emmanuelchurchnorthstowe.org)

### KEEP US UPDATED PLEASE!

Spotted any errors, changes, or more groups to be included? Please email [northstovenews@gmail.com](mailto:northstovenews@gmail.com)

## LOCATION ABBREVIATIONS

Cabin  
*The Cabin, 1 The Green, CB24 1FD*

NSC  
*Northstowe Secondary College, CB24 1DJ*

PFPS  
*Pathfinder Primary School, CB24 1AA*

**NORTHSTOWE TOWN COUNCIL**

**Join us every Thursday from 6 pm - 8pm**

**Games**

- Table Tennis
- Table Football
- Free Refreshments
- Mini Pool
- Mahjong
- Chess

**At the Community Lounge**  
The Cabin, Assembly Room 1  
1 The Green, Pathfinder Way, Northstowe CB24 1FD

DELIVERED BY

**CAMBRIDGESHIRE ACRE COMMUNITY ACTION**

Cambridgeshire & Peterborough Integrated Care System

Little Explorers, alongside Pathfinder Church Northstowe, is part of the Northstowe Church Network, an ecumenical partnership of the Baptist Union, United Reformed Church, and Church of England

[www.northstowe.church/little-explorers](http://www.northstowe.church/little-explorers)  
[contact@northstowe.church](mailto:contact@northstowe.church)

For babies, Pre-schoolers, and their Parents or carers.

**Little Explorers**

Time for you, your child, and God

Thursday Mornings at The Pathfinder CofE Primary School  
9:15am: free-flow & breakfast  
9:45-10:45am: main session

**ParkPlay**

[park-play.com](http://park-play.com)

## Join ParkPlay

Make friends, have fun, get moving  
- FREE every Saturday morning.

#MeetMovePlay

**Northstowe-Longstanton ParkPlay**

Come and meet Jolynn at Western Park every Saturday from 9:30am

ParkPlay welcomes everyone, so turn up for games, activities, fun and a community here for you.

Register at [park-play.com](http://park-play.com)

# STAY AND PLAY

Contact us to Book

**Cambridgeshire Child and Family Centres**

- For families with children aged 10 months or walking
- Weekly play-based activities and themes
- Learn about your child's development and enjoy time together
- Meet other parents

Tuesdays 10am  
The Cabin, Northstowe  
CB24 1FD

TELEPHONE: 01954 284 672  
[CHILDANDFAMILYCENTRE.SOUTH@CAMBRIDGESHIRE.GOV.UK](mailto:CHILDANDFAMILYCENTRE.SOUTH@CAMBRIDGESHIRE.GOV.UK)

## NORTHSTOWE ARTS UPDATE

This autumn we've really enjoyed settling into weekly Creative Get-Togethers at The Cabin (Northstowe's temporary community centre on the Green) and there are still a few sessions before Christmas. It's lovely to see friendships forming amongst regular attendees and welcome new faces each time. Whether you're a musician and fancy developing your jazz and improvisation skills, or midway through a craft project and fancy bringing it along to share a space with likeminded people, do come and join us on Wednesday evenings. Please check out our website for the schedule and more information: [northstowearts.co.uk/projects/creative-get-togethers](http://northstowearts.co.uk/projects/creative-get-togethers)

*Work produced by participants of Arts on Prescription in Northstowe*



It's been a pleasure to introduce Arts & Minds to Northstowe this autumn, bringing their Arts On Prescription programme to support adults in our community experiencing mental health challenges. We hope to continue this vital work that can make such a difference to people's everyday lives, as well as expand on this collaborative model of bringing experienced and well-respected creative organisations to work in our community.

We're thrilled to have been chosen as one of the Co-op's Local Causes! If you shop at Co-op, please consider becoming a member and choosing us as the organisation you would like to support. It means that – at no cost to you – we will receive money to enable us to continue offering creative activities for free to people of all ages in our community.

Although there's no lantern parade this year, please join us to Light Up Longest Night! As in previous years, we'll be providing fully-subsidised lantern-making materials to local schools, and running free workshops for you to make lanterns this November and December. On 21st December we'd love to see lanterns, candles and festive lights shining out into the darkness of longest night from front gardens and windows across Northstowe – you could even win a prize if you enter our competition for most creative display! Find out more at [northstowearts.co.uk/projects/light-up-longest-night](http://northstowearts.co.uk/projects/light-up-longest-night)

Sign up to our newsletter for the latest details on all our activity:  
[northstowearts.co.uk/news/join-our-mailing-list](http://northstowearts.co.uk/news/join-our-mailing-list)

## GCSE English Tutoring

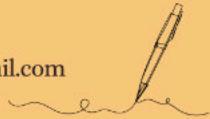
*Tutoring to help develop your child's skills and confidence in preparation for their exams.*

Contact Lucy for more details and availability.

- \*8 years of teaching experience
- \*PGCE Secondary English with QTS
- \*DBS check

Email: lucy.shaw.tutoring@gmail.com

Tel: 07311 813760



## Black Bull Longstanton

open every day from 4.30 - 9.30

### Chinese & Pizza Take-away

download our menu from  
[www.blackbullongstanton.co.uk](http://www.blackbullongstanton.co.uk)  
Delivery Service Available  
**Tel: 01954 789589**

## ONAM FESTIVAL

### Kerala diaspora of Northstowe celebrates Onam festival

A joyful social festival originating from the South Indian state of Kerala was celebrated by the Kerala diaspora of Northstowe & neighbouring villages, on the 23rd September 2023. The festival of Onam originates partly from the abundance of annual harvest as well as the eagerly awaited annual visit of the mythical and legendary king Mahabali.



Legend goes that this virtuous and generous king (though originating as an Asura- from a demonic clan), ruled the region of Kerala justly and brought great prosperity to the land that the gods in heaven (Devas) felt incredibly jealous. The Devas, who were plotting a long time to cause his downfall, determined one day that the best way to get rid of the king was to trick him for the generosity he was known for. So, they sent a god- Lord Vishnu in a disguise of a dwarf (Vamana) to visit the king, seeking his kindness. On being requested by Vamana for just three feet of land, the king, deceived by his visibly diminutive stature, readily obliged for Vamana to take the land where he pleased. Vamana lost no time to immediately transition to a giant that he could step over all the world in just two easy steps until finally there was no room for him to step a third time.



The king then willingly offered his own head to place the third step. The continued benevolence of king Mahabali was pleasing to Vamana that instead of destroying him, he let the king go unharmed to the nether world. As sorrow filled the hearts of the people of his land, king Mahabali was allowed to make an annual visit to be with the people who loved and cherished him. Hence each year the people of Kerala dress up traditionally, prepare a feast using choice from the plentiful harvest and come together to celebrate the legendary king's arrival with music, flowers, and fun.



The 2023 Onam event of the Kerala diaspora of Northstowe & Neighbouring villages [nicknamed NANMA] took place at Rampton village hall. Flower petals were used for a decorative show piece- a traditional art created for this festival to welcome the legendary king. The visit of King Mahabali was re-enacted, followed by traditional music, dance, and performances. Children were encouraged to share their talents. A grand and elaborate vegetarian feast served on banana leaves, reflecting the harvest season, was shared. This was followed by time for fun and games, such as tug of war, involving all age groups. It was a memorable day to be happy and thankful while celebrating the joy of harvest and the virtue of generosity.



# Hindu Samaj Northstowe (HSN)

Greetings, Northstowe Neighbours! Our Hindu community group is excited to share how we've been weaving the colourful threads of our culture into the vibrant tapestry of Northstowe. Over the past few months, we've been on a journey of connections and celebrations.



One highlight was our Ganesh Utsav event at The Cabin, our new community centre. For three joyous days, the venue echoed with laughter and devotion as we marked this significant festival.

The celebration culminated in a lively parade that wound through the town, sharing the spirit of Ganesh with everyone.



Our community also played a role in the grand opening of The Cabin. We set up a photo booth that quickly became a local favourite, capturing the smiles and camaraderie that defines our community.



Sharad Utsav saw us celebrating Navratri with immense enthusiasm, filling the air with music and dance. Beyond festivals, we've been actively involved in workshops and volunteering for various projects, fostering connections beyond our immediate community.

We also organised some interesting competitions that has kept all our members involved and entertained.

Looking ahead, we are eagerly anticipating Diwali in Northstowe. Stay tuned for our next newsletter, where we'll share the vibrant snapshots from the festivities and unveil our exciting plans for 2024. As we embark on this journey together, we extend warm wishes to all for the upcoming festivals, celebrations, and the approaching new year. May the light of unity and joy shine brightly in every corner of Northstowe!



## NORTHSTOWE MUSLIMS

### The Importance of Muslim Zakat: A Guiding Light of Compassion and Social Justice



Zakat, one of the Five Pillars of Islam, holds a central place in the lives of Muslims. Derived from the Arabic word "zakāh," meaning purification, it serves as both an act of worship and a tool for social justice. Zakat is the obligatory practice of giving a portion of one's wealth to those in need, making it a fundamental aspect of Muslim life. Mandated by the Quranic verse 'Sadakat (Zakat), it is only for the poor and the needy, for those employed to administer it, for those whose hearts are attracted to the faith, for freeing slaves, for those in debt, for Allah's cause, and for needy travellers. This is an obligation from Allah. And Allah is All-Knowing, All-Wise' (Tawbeh 64: verse 60)

At its core, Zakat represents a spiritual duty, emphasising the significance of helping those less fortunate. Muslims are required to donate a specific percentage (usually 2.5%) of their accumulated wealth annually. This wealth includes savings, investments, and assets beyond what is necessary for daily living expenses.

Zakat acts as a mechanism for wealth re-distribution and social equity. It helps reduce poverty and bridge the economic gap among members of the community. In addition, Zakat promotes empathy and compassion, fostering a sense of unity among Muslims. It reminds believers that their prosperity is a blessing from Allah and that they have a moral obligation to share with those who are struggling.

Furthermore, Zakat extends to various aspects of life. It can be used to support the poor, orphans, widows, and those in debt, as well as to fund public infrastructure projects, education, and healthcare. The funds are collected and distributed through local Zakat organizations, ensuring that they reach the most deserving recipients.

Zakat is not just a charitable contribution; it's an act of worship that purifies the giver's soul and strengthens their faith. It serves as a reminder of the interconnectedness of the Muslim community, with the privileged helping the less fortunate, fostering a sense of brotherhood and sisterhood.

*'Northstowe Muslims Charity' have plans to start receiving Zakat from willing Northstowe Muslims to be used for the objectives set out in Islam. Further details will be published in due course.*

*Meanwhile, Northstowe Muslims are reminded that there is a daily Isha (evening) prayer by congregation held at the Temporary Community Centre at 8 pm.*



Website: [www.northstowemuslims.org](http://www.northstowemuslims.org)

Twitter: <https://twitter.com/NorthstoweM>

Facebook: <https://www.facebook.com/Northstowe-Muslims-111484854961736>

Instagram: [https://www.instagram.com/northstowe\\_muslims/](https://www.instagram.com/northstowe_muslims/)



## PATHFINDER CHURCH NORTHSTOWE

*praying, exploring, and sharing*

[www.northstowe.church](http://www.northstowe.church)

## Celebrating Community

Back in September, we took the Deckchair Listening Project to the opening celebrations for the new community centre (The Cabin), asking "**what do you love about Northstowe**" and "**what are your dreams?**" Our giant map was soon decorated with wild flowers, shops, a youth centre, more community spaces, sculptures, and a Christmas Tree planted now in Phase Three so it will be big enough to sing carols round by the time people move in!

On All Hallows' Eve, the Deckchairs were out again, this time asking "**what is this night to you?**" We enjoyed seeing all the costumes as many families stopped by our multicoloured campfire, decorating lanterns to take out into the excitement of the dark night. See [www.northstowe.church/all-hallows-eve](http://www.northstowe.church/all-hallows-eve)

November also saw those of many worldviews come together to remember those who made the ultimate sacrifice and those who work for peace, with the uniformed organisations parading around the lake, before we shared in silence together.

We now look forward to more community events as part of the Northstowe Winter Festival, as well as opportunities for worship and celebration during the Advent and Christmas seasons. For Christians, this is when we celebrate the coming of the Light that shines in the Darkness: Jesus, Son of God, Messiah. You are welcome and invited to join us! Full details on [www.northstowe.church/Christmas](http://www.northstowe.church/Christmas)



## Advent & Christmas

Friday 15th December:

- 7-7.45pm: **Northstowe's Beer and Carols** led by a local Brass Band around the Christmas Tree on The Green, with Northstowe Foodies' Food and Drink trucks (5-8pm), and free Hot Chocolate from Northstowe Hub Café before the carols (6.30-7.30pm)

Longest Night (21st December):

- **From Dusk:** #LightUpLongestNight  
Join us and others as we display lanterns or light up windows all over Northstowe.
- **8-8.30pm, Campfire Compline:** acknowledging that things can still feel dark even in this season of light. Outside Church House, 6 Woodpecker Close

Christmas Eve (24th December)

- **3.30-4.30pm Scratch Nativity** - Come dressed as a Nativity character to The Pathfinder CofE Primary School Hall
- **11.40pm-12.20am Midnight Campfire Communion** outside The Pathfinder CofE Primary School [inside if wet]

Christmas Day (25th December)

- **9.30-10.30am Christmas Celebration** with pastries, carols, and storytelling in The Pathfinder CofE Primary School

## Growing partnerships

Whatever your background, now is the perfect time to join us in *praying, exploring, and sharing...* whether with Pathfinder Church, who meet at 3.30pm on Sunday Afternoons in The Pathfinder CofE Primary School, or the other new missional and worshipping communities starting to develop - such as Little Explorers (Thursday mornings 9.15am in The Pathfinder CofE Primary School), the group who gather to pray Compline (night prayer) on Thursday evenings (see [www.northstowe.church/pray](http://www.northstowe.church/pray)), or something new that you want to help shape. Over all these, a new umbrella organisation is being formed, called the **Northstowe Church Network** - a partnership of the Church of England, Baptists Together, and the United Reformed Church. We have a growing friendship with the Quakers, as well as ongoing links with other Christian traditions involved in Churches Together. In all this, we are excited to see how those new to faith and from across the Christian traditions are putting down roots in Northstowe, finding ways of being church in this time and place. Speak to Revd Beth or Revd Stephen to find out more: [contact@northstowe.church](mailto:contact@northstowe.church)



# Emmanuel

CHURCH  
NORTHSTOWE

Christmas comes at the darkest time of the year. But the long dark nights make the Christmas lights around Northstowe shine out more beautifully. And that is also true of the first Christmas. Centuries before Jesus, a prophecy speaks of his coming:

The people walking in darkness  
have seen a great light;  
on those living in the land of deep darkness  
a light has dawned. (Isaiah 9:2)

This coming light, a child who would be called Mighty God, would be good news because the world has so much darkness in it. Isaiah 8:22 *Then they will look towards the earth and see only distress and darkness and fearful gloom, and they will be thrust into utter darkness.* Whether it is personal darkness like bereavement, illness, poverty or loneliness, or national and international darkness with wars and injustice, there is real darkness in the world. So Christmas, the coming of God into this world as one of us is really good news. We need hope and a rescue, to bring us to everlasting peace and joy.

Our Christmas events are creative, a mix of traditional and contemporary, and we welcome everyone to join us. There are usually free refreshments as part of the event. We also have an event planned for the January blues as well...

**10<sup>th</sup> December Crafts (9:30am) and Family Carol service (10:30am)**  
Northstowe Secondary College

**17<sup>th</sup> December Traditional Carol service** 6pm around the tree on Northstowe Green (The Cabin, The Green, Northstowe, wet weather option)

**24<sup>th</sup> December Christmas around the World service** 10:30am The Cabin, The Green, Northstowe

**25<sup>th</sup> December Christmas morning service** 10:30am around the tree on Northstowe Green (The Cabin, The Green, Northstowe wet weather option)

**12<sup>th</sup> January January Blues Jazz and Pudding event** (with short talk) 7:45pm  
The Cabin, The Green, Northstowe



## MERRY CHRISTMAS

From Emmanuel Church Northstowe



Emmanuel Church normally meets every Sunday 10:30am at Northstowe Secondary College. If you have any questions about Emmanuel or want to get involved, please visit us any Sunday

You can find more information on our website: [emmanuelchurchnorthstowe.org](http://emmanuelchurchnorthstowe.org) or email [contact@emmanuelchurchnorthstowe.org](mailto:contact@emmanuelchurchnorthstowe.org)

All Saints Church, Rampton Road, Longstanton is the neighbouring parish church of Pathfinder Church, Northstowe, within the Church of England.

Sunday services in All Saints are held at 9.30am as follows:

All Age service on 1<sup>st</sup> Sundays  
Holy Communion on 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sundays  
Morning Praise on 3<sup>rd</sup> Sundays

The primary contact person is:  
Rev'd Lucy Cleland  
Team Vicar in 5folds  
Serving in Longstanton, Over, Willingham and Swavesey.  
T: (01954) 277758 E: [lucy@5folds.org.uk](mailto:lucy@5folds.org.uk)



### Catholic Church

Parish Priest: Fr. Simon Blakesley  
St Laurence's Church, 91 Milton Road, Cambridge CB4 1XB

Phone: (01223) 704640

#### Live streaming available.

Mon, Tues, Thurs, Sat: Mass 9.30am  
Wed, Fri: Mass 12.30  
Sat: Vigil Mass 6.00pm  
Sun: 0800, 9.30 and 11.00am

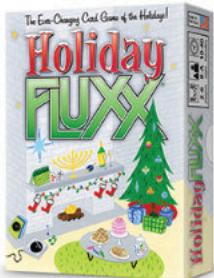
1<sup>st</sup> Friday of each month, House Mass locally 7.00pm.  
Please ring on above phone number for details of where this is being held.

## GAME OF THE MONTH

"Deck the Halls with Boughs of Holly", they say. But whether or not you'll be joining in singing the Christmas carols this year, it's still "the season to be jolly" if you play Holiday Fluxx - a fun card game for 2-6 players which features nearly all the winter festivals.



The rules are disarmingly simple (at first). Each turn, you draw a card, and then you play a card. Some of the cards are actions, and you immediately do what they say. Some of the cards are Keepers, objects you place on the table in front of you. Some of the cards are goals - usually a combination of Keepers, and if you have them you win the game. But then a lot of the cards are New Rules - and that's what changes everything! Suddenly you might find yourself drawing and playing many more cards in a turn, moving keepers around the table, setting up new ways to gain or play more cards, and ... occasionally accidentally forcing yourself to play a goal which causes someone else to win. Oops!



Holiday Fluxx is designed by Andrew Looney and published by Looney Labs

Depending on what kind of games you normally like, you might need to get into the right frame of mind for this – it's hugely random, you can't plan your strategies at all in advance, and a game might last anywhere from two minutes to twenty. But once you've accepted the game for what it is, there's a lot of chaotic fun to be had in the huge chains of action cards you can play, snatching a victory away from your opponents and maybe, just maybe, meeting the goals yourself. And if you didn't win this time? It's short, just play again. I'm sure the deck will be on your side next time.

As you might have guessed by the name "Holiday Fluxx", this is just one of several "Fluxx" games with different themes. In fact there are more than 40 so far, including "Marvel Fluxx", "SpongeBob Fluxx", "Doctor Who Fluxx", "Chemistry Fluxx" and many more – so you can probably find one with a theme you'll find interesting or fun.

**Andrew and Sarah Collier**



## Northstowe Gamers

Online and in-person board gaming meet-ups

Tuesdays 7:30pm

facebook.com/groups/northstowegamers  
northstowe.gamers@thecolliers.uk



You can play Fluxx online at [boardgamearena.com](http://boardgamearena.com), or join us from 7:30pm on a Tuesday evening.

We're in The Cabin on the third Tuesday each month, or at our home on other weeks.  
The next dates in The Cabin are:

**December 19<sup>th</sup> and January 16<sup>th</sup>**

For details search FaceBook for "Northstowe Gamers" or email [northstowe.gamers@thecolliers.uk](mailto:northstowe.gamers@thecolliers.uk)




Boiler Installations  
Bathroom Installations  
Underfloor Heating Installations  
Central Heating Installations  
Boiler Servicing  
Gas Safety Checks / Landlords  
Boiler Breakdown  
Emergency Call-outs

Mobile: 07496 503 770  
Office: 01954 781 478  
[drakehandp@icloud.com](mailto:drakehandp@icloud.com)

Find us on  [Facebook.com/drakehandp](https://www.facebook.com/drakehandp)



For all your decorating needs,  
Cambridge and beyond.

**Pattersons**  
PAINTING AND DECORATING SERVICES

**Free Estimates & Advice**  
**Call Now: 07754 712 287**

**pattersonspandd@yahoo.com**

## BOOK REVIEWS

### The Diamond Eye by Kate Quinn

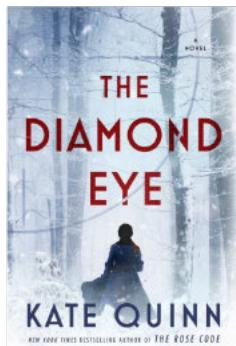
Based on the life of Kyiv-born Lyudmyla Pavlichenko, this is a gripping war story, well-researched, and full of sympathetic characters. Lyudmyla, or Mila, though a timid history student at heart decides to train as a marksman to stand up to her bullying husband who deserted them when their son was a baby.

Through determination and hard work she excels in this role and when war is declared leaves her research job in Odessa to join up and become a very successful female sniper.

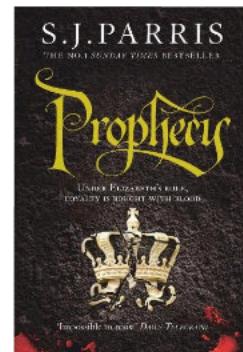
After 309 confirmed kills Mila is sent to the USA on a goodwill tour to encourage President Roosevelt and the American people to open a European front. A reluctant public speaker, Mila still befriends The First Lady and wins over the American people.

I really enjoyed this book. It is an intriguing combination of war story, historical romance and spy thriller. There is enough real history to be informative, whilst the fictional additions make for an exciting and satisfying novel.

**Kathy Fountain**



**Prophecy** by S.J. Parris is a spy thriller and murder mystery set in Elizabethan England. It follows the adventures of Dominican monk turned spy Giordano Bruno as he investigates the murder of two of the queen's ladies in waiting, especially since the murder scenes are staged in a way that ties into prophecies about the death of the queen. As well as investigating the murders, Bruno is also trying to get information on a threatened invasion of England, dealing with the fact that his friend John Dee is implicated in treason and avoiding the attentions of the French Ambassador's wife.



It's a very busy book, with a lot of entangled subplots, but Bruno himself provided a very compelling constant point between them. I enjoyed him as a character; he comes across as intelligent and likeable and the conflicts he faces feel realistic. He and the world Parris creates feel very grounded and gritty without crossing the boundary into sordid. I especially enjoyed his conflicts of loyalty between his friends, people he respects, and the work he has to do and themes of divided loyalty and betrayal come into play throughout the plot, into the climax and the reveal of the murderer.

The book has multiple violent scenes on top of the murders themselves, after which the bodies of the deceased are described in some detail. I would also warn for some sexually explicit content. Overall I recommend it for adults with an interest in murder mysteries and the Elizabethan era.

**Becca Edney**

## BOOK CLUB

*Meets on Zoom once a month on Mondays at 7.30pm.*

Email: northstowebbookclub@gmail.com  
www.facebook.com/groups/607693023324795

All welcome to join us at book club. We read a different book each month and meet on Zoom for about an hour to discuss the current book. We meet on Monday evenings from 7.30pm. Zoom details can be found on our Facebook page or by emailing [northstowebbookclub@gmail.com](mailto:northstowebbookclub@gmail.com).

Monday December 11th

**City of Stolen Magic** by Nazneen Ahmed Pathak

Monday January 15<sup>th</sup>

**Lessons in Chemistry** by Bonnie Garmus



### Willingham Post Office

15 High Street, Willingham CB24 5ES

01954 260331

Mon – Fri 08:30 – 18:00 Sat 08:30 – 13:00

- All mail services, including special delivery
- Travel Currency – US Dollar and Euro plus others in branch. Fast Travel Currency order service available!
- Travel Money Cards, Travel Insurance and MoneyGram
- Digital Passport Photographs, Passport Check and Send Service
- International Driving Permits and Vehicle Tax
- Financial Products – Insurance, ISA, Growth Bonds
- Phone Top-Ups, Bill payments and Gift Cards for most occasions
- CRB/CQC DBS validation/certification service
- Document Certification Service
- Free Cash withdrawals for most major Banks as well as Cash & Cheque Deposit
- Great range of Greeting Cards, Stationery and Pack & Post Items

# C & C BLINDS

VERTICAL BLINDS

ROLLER BLINDS

VENETIAN BLINDS

REPAIRS

FREE ESTIMATES

Tel: 01223 211171 Mobile: 07761 262070

[www.freewebs.com/candcblinds](http://www.freewebs.com/candcblinds)

# NORTHSTOWE HUB Café

Make new friends

Take your time and relax

Meet with others

Explore the micro library

**NOW OPEN**

**Wednesday**

9am-12:30pm

3:30-5pm

**Sunday**

10am-2pm

Thanks to Northstowe Kickstart Fund and Northstowe Foodies we now have a coffee machine serving all your favourite coffees\* plus hot chocolate, tea, milkshakes and more!

\*Coffee now also available for self service outside café hours

Find us in the foyer of The Cabin, 1 The Green, Northstowe



Interested in joining the team? Hub Café is run entirely by volunteers.

We would love to open more frequently. Scan the QR code to get in touch!



## Longstanton Village Christmas Lights & Market



Saturday 2nd December, 3pm-6pm  
On Longstanton Village Green (next to the Co-op)



A visit from Santa  
Fairground rides  
Brass band



Hot food & drinks  
Christmas gifts  
Local crafts

## Youth Drop in

Open Wednesdays  
during school term  
3:30-5pm

A SPACE TO HANG OUT WITH FRIENDS

FREE SQUASH AND TOASTIES

LOW COST HOT DRINKS AND MILKSHAKES FROM THE NORTHSTOWE HUB CAFÉ

TABLE TENNIS, CRAFT ACTIVITIES & BOARD GAMES

NORTHSTOWE TEMPORARY COMMUNITY SPACE

EVERY WEDNESDAY DURING TERM TIME

3:30-5PM

FOR SCHOOL YEARS 7-9

ALL ARE WELCOME!

Get in touch for more info  
[emma.whitbread@romseymill.org](mailto:emma.whitbread@romseymill.org)  
[@Northstowe\\_youth](#) on Instagram



## HERITAGE SOCIETY UPDATE: December 2023 - January 2024

### VISITORS TO THE SITE OF RAF OAKINGTON

Over the last few weeks the Heritage Society, along with Homes England, has facilitated visits to the former site of RAF Oakington by members of 7 Squadron Association and others. One visitor flew into the country from Denmark so that he could visit RAF Oakington. His companion's uncle, F/O A Crockford, flew with No. 7 Squadron PFF from the Bomber Command base in 1943. Sadly, the crew was lost when the plane crashed into the sea just off the Danish coast. Parts of the aircraft have been retrieved and it was identified by the serial number on one of the engines.

Shortly after the Heritage Society launched in May 2007, it became clear how many stories regarding RAF Oakington aircraft and crew are still being remembered across Europe, and it is only fitting that these histories should be remembered here also. Over the years the work of the Heritage Society has recorded many memories and stories and it is important that this information is safeguarded for future generations. These recent visits show how the history of RAF Oakington, and indeed the histories of the original villages of Longstanton and Oakington, will encourage descendants, veterans families and other visitors to the new town. The original planning documentation for Northstowe contained the requirement that Northstowe should have a *unique identity and sense of place*. The heritage of the two villages, RAF Oakington and Oakington Barracks provides the new town with just that.

We are grateful to 7 Squadron Association for their recent Letter of Support, both for the work of the Heritage Society and for the establishment of a Heritage Facility on the former site of RAF Oakington. 7 Squadron was based at RAF Oakington for the duration of the war and the Squadron was part of Bomber Command's Pathfinder Force. Northstowe has a primary school and a road named after the Pathfinders and this makes it more important that the children of Northstowe and the surrounding villages have an understanding of the history of the town and its environs. Northstowe Town is yet another chapter in the interesting and complex heritage of this historically important site.



7 Squadron Association visit to the former site of RAF Oakington (Oct 2023)

### WHAT NEXT FOR THE ARCHIVES?

Since the announcement of the collapse of the Heritage Annex, LDHS has been seriously concerned by recent publicity which appears to show a disregard for the Phase 2 Section 106 obligation for the display and storage of the LDHS Archives within Northstowe. The Heritage Annex was to provide both display and storage for the archives, yet no mention of LDHS has been made in any of the recent communications that we have seen. We have raised our concerns and our expectations regarding the Homes England planning obligation with both Homes England themselves, Anthony Browne MP and others. Homes England provided substantial funding towards the Heritage Annex building and it is important that Northstowe benefits from their contribution.

The lack of consideration being shown to the historical importance of the LDHS Archives is disappointing. Unfortunately, despite our efforts over the years, it has become increasingly apparent that the Heritage Society cannot safeguard the LDHS Archives alone. Determined and active support has to be forthcoming from local residents, councillors, council officers and Homes England, if the heritage of the Northstowe site is to be part of the town's future. We are hopeful that Northstowe Town Council, our Parish Councils and others will work jointly with the Heritage Society to put forward a workable community-led plan for the future, and that plan will be supported by the County Council heritage team and SCDC.

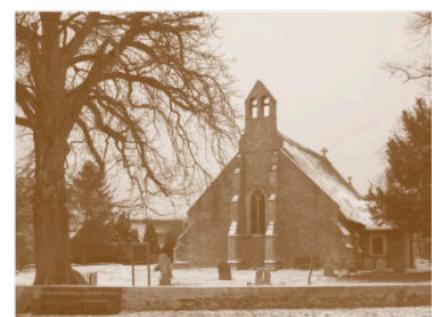


English and Danish visitors to the site of RAF Oakington (Sept 2023)

### FESTIVE GREETINGS FROM THE HERITAGE SOCIETY

As we approach the festive season once again, the Heritage Society would like to wish all residents of Northstowe a *Happy Christmas and Best Wishes for 2024*.

The new town has made great progress since residents first moved into the town in 2017, and we are sure that despite the current difficult economic climate and tumultuous world events Northstowe will make great strides in the year ahead.



Hilary Stroud

# GAS MONSTER

Professional Plumbing and Heating Services

**Gas Monster** are Cottenham-based gas engineers for all your gas installation, maintenance, plumbing & heating needs.

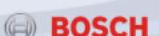
- Boiler repairs and upgrades
- Servicing
- Plumbing tasks
- Full Heating system installation
- Wet Underfloor Heating specialists
- Landlord home safety checks
- Air Source Heat Pump – installation, servicing and maintenance
- LPG
- Swimming Pool Boilers

**01954 253999**

[www.gasmonster.co.uk](http://www.gasmonster.co.uk)  
[info@gasmonster.co.uk](mailto:info@gasmonster.co.uk)



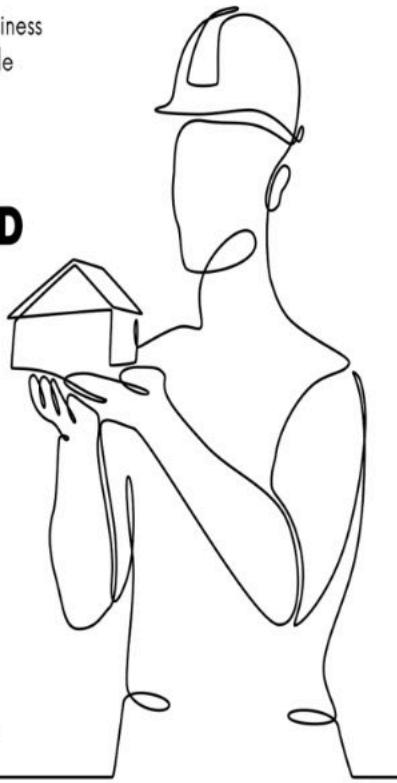
**Excellent Service, Reasonable Prices**



533615

Local Family Run Business  
Friendly & Reliable

## OVERALL BUILDING LTD



### Our Service

- Extensions
- Garage Conversions
- Garden Rooms
- Hard Landscaping

### contact us

07905891474 Robert

07402046462 Ed

[overallbuildingltd@gmail.com](mailto:overallbuildingltd@gmail.com)



**ENERGYWORX UK LTD**  
ELECTRICAL CONTRACTORS

## ELECTRICAL CONTRACTORS SPECIALISING IN DOMESTIC & COMMERCIAL ELECTRICAL SERVICES

- 💡 Installing of electrical vehicle chargers
- 💡 Landlord Tests
- 💡 Homebuyer Tests & Consumer units
- 💡 Rewires (Lights, cookers, showers, sockets etc)
- 💡 PAT testing (Immersion Heaters, Boilers, CCTV, Fire & Intruder)
- 💡 EICR Certificates
- 💡 Breakdowns & Maintenance
- 💡 18th edition consumer unit
- 💡 Emergency call-outs

Get in touch:  
Email: [info@energyworxuk.co.uk](mailto:info@energyworxuk.co.uk)  
Telephone: 01480 599400  
[www.energyworxuk.co.uk](http://www.energyworxuk.co.uk)  
Follow us:



GET IN TOUCH:  
E: [info@waterworxplumber.co.uk](mailto:info@waterworxplumber.co.uk)  
T: 01223 622486 / 01480 465427  
W: [www.waterworxplumber.co.uk](http://www.waterworxplumber.co.uk)

FOLLOW US:

**WHEN YOU NEED A PLUMBER OR HEATING ENGINEER -  
GET IN TOUCH WITH US, WE'RE YOUR LOCAL EXPERTS!**

- 💡 24/7 EMERGENCY PLUMBING & HEATING CALLOUTS
- 💡 BOILER REPAIRS, INSTALLATIONS (GAS, OIL & LPG)
- 💡 BOILER & CYLINDER SERVICES (GAS, OIL & LPG)
- 💡 PLUMBING WORK (INCLUDING: REPAIRS & INSTALLATIONS FOR BATHROOMS, IMMERSION HEATERS, WATER PUMPS, RADIATORS & MORE)
- 💡 GAS SAFETY INSPECTIONS
- 💡 VARIOUS SPECIAL OFFERS ON SMART CONTROLLERS (REDUCE HEATING & HOT WATER BILLS!)

COVERING CAMBRIDGESHIRE & THE SURROUNDING AREAS

GET PEACE OF MIND WITH OUR BOILER PLAN..  
**CAMBRIDGESHIRE PRIORITY 24/7 PLAN**

- ☑ 2 CALLOUTS PER ANNUAL SUBSCRIPTION
- ☑ 1 ANNUAL BOILER SERVICE OR GAS SAFETY INSPECTION
- ☑ ACCESS TO OUR 24/7 PLAN AND MORE!

CONTACT US  
FOR MORE  
DETAILS!

HAVE YOU TRIED OUR SISTER  
COMPANY...

LOOKING FOR A LOCAL & RELIABLE  
ELECTRICIAN?

OUR TEAM ARE PROFESSIONAL, FULLY  
QUALIFIED & HERE FOR ALL OF YOUR  
ELECTRICAL NEEDS.

**ENERGYWORX UK LTD**  
ELECTRICAL CONTRACTORS

E: [info@energyworxuk.co.uk](mailto:info@energyworxuk.co.uk)  
T: 01480 599400  
W: [www.energyworxuk.co.uk](http://www.energyworxuk.co.uk)  
FOLLOW US:



- LANDSCAPING
- DRIVEWAYS
- PROPERTY MAINTENANCE
- INTERNAL RENOVATIONS

01954 720 222



## Cambs Lock & Safe Ltd

Master Locksmiths & Engineers



24 HOUR EMERGENCY CALL OUT SERVICE : 01223 353 077

- FULL LOCKSMITHING/SECURITY SERVICE
  - ACCESS CONTROL
  - MASTER KEY SYSTEMS
- UPVC DOOR & WINDOW REPAIRS
- SAFE SALES, FITTING, OPENING & REPAIRS
  - SECURITY UPGRADES
  - KEY CUTTING SERVICE
- RETAIL SHOP



93 KING STREET, CAMBRIDGE, CB1 1LD



### Alpha Car Taxi Service

Alpha Cars are a local reliable private hire taxi service based in Longstanton. We can transport you and your friends or family to the airport ready for your holiday, take you to an event in London or even transport you locally into the heart of Cambridge. We will cater for all your transport needs however long, short or complicated they may be.



Think Taxi Think Alpha Cars

ENTIRE  
GROUP



Water  
Safe  
QUALITY ASSURED



The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas  
Bathrooms • Water Softeners  
Property Maintenance

Tel: 01954 204044 • Web: [www.entiregroup.co.uk](http://www.entiregroup.co.uk)  
Email: [service@entiregroup.co.uk](mailto:service@entiregroup.co.uk)

# ~ Electrician ~

**Do you find it difficult to find someone to come and do a small job?**

- Quick response
- Qualified electrician
- Reliable service
- Tidy work
- Honest assessment



Rapid response and reasonably priced service

- One man band so I can guarantee you will receive a great service.
- Know what you are paying for, I will give you a free quote before commencing any work.

**Call Sam on: 07 500 500 506**

For more information check out our website

[www.peacock-elec.co.uk](http://www.peacock-elec.co.uk)

Email: [peacock.elec@gmail.com](mailto:peacock.elec@gmail.com)



Cambridge Cats Protection volunteers take in cats, rehome them, and promote neutering and microchipping.

**Call 01223 528312 to rehome cats or kittens.** We also have stable or barn mousers looking for work.

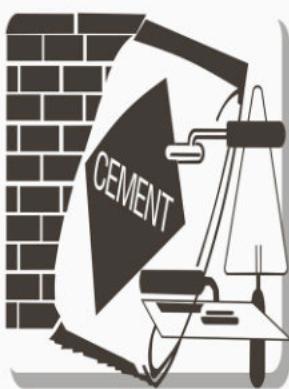
All cats need a cat flap providing access to a safe garden. We don't home near busy roads.



We support neutering costs for local families on benefits: only £10 including a free microchip.

**For neuter vouchers, call 01223 236188.**

We are run solely by volunteers and appreciate your patience at busy times.  
01223 241371 [enquiries@cambridge.cats.org.uk](mailto:enquiries@cambridge.cats.org.uk) [cats.org.uk/cambridge](http://cats.org.uk/cambridge)



# A.R. ASPINALL & SONS LTD

Locally run family business for your  
one stop DIY , Trade shop / Yard



Natural Paving • Garden Landscaping • Timber & Sheet Material  
Power Tools & Hand Tools • Workwear PPE • Painting & Decorating  
Heating & Plumbing • Ironmongery

Unit 11 , Norman Way Ind Est , Over , Cambridge , CB24 5QE

Tel : 01954 234966

[www.araspinall.co.uk](http://www.araspinall.co.uk) • email:[sales@araspinall.co.uk](mailto:sales@araspinall.co.uk)



Trex composite decking stocked here.



Can't fall asleep or stay asleep? ☯

Pain or night sweats waking you ?

Worries going round & round?

Acupuncture can help you relax & cope better with troublesome symptoms.

To find out more,

book your free 20-minute phone/online consultation with local acupuncturist

Kaye Rooney Lic. Ac. B.A Hons. MBAcC

**07593 058748**

[kaye@kr-acupuncture.com](mailto:kaye@kr-acupuncture.com)



☯ Visit [kr-acupuncture.com](http://kr-acupuncture.com) ☯

TOP UP YOUR INCOME  
WITH AN EXTRA

**£1000+**  
PER MONTH

**HOST  
FAMILIES  
REQUIRED**

**Homestay Consultancy is a professional organisation seeking additional host families for our students.**

We require host families all year round with single or twin room accommodation for both male and female students from all over the world. Bookings vary from one week to several months (long term).

Contact us now for further information:

**Homestay Consultancy**



“  
I will never forget my time in cambridge with my host family

**T: 01223 367450**

E: [info@homestayconsultancy.com](mailto:info@homestayconsultancy.com)  
W: [www.homestayconsultancy.com](http://www.homestayconsultancy.com)



# GM SHARP LANDSCAPES LTD

## ALL ASPECTS OF HARD & SOFT LANDSCAPING

FENCING & DECKING  
PATIOS & GARDEN WALLING  
BLOCK PAVING & DRIVEWAYS  
PONDS & WATER FEATURES  
TURFING & ARTIFICIAL LAWNS  
GARDEN DESIGN & LIGHTING  
COMPLETE GARDEN MAKEOVERS

### FREE ESTIMATES & ADVICE

01223 751175 07800 577617  
gmsharplandscapes@googlemail.com

SEE OUR WORK ON 

[www.gmsharplandscapes.co.uk](http://www.gmsharplandscapes.co.uk)

# JASON KIRBY

*Professional Painting  
& Decorating Ltd*

*A Professional Service  
from Start to Finish*

Tel: 01954 211775

[www.jasonkirbyltd.co.uk](http://www.jasonkirbyltd.co.uk)



Plumbing and heating supplies  
to the trade and public



We are a local independent company supplying  
all your plumbing & heating needs, including:

**Bathroom Taps • Boilers • Bathroom Suites  
Underfloor Heating • Central Heating Radiators  
Heated Towel Rails • Showers • Kitchen Taps  
Sinks • Baths • Sanitaryware  
Plastic Plumbing Systems • Fittings**

*Do not hesitate to ring, email or visit...*

Unit 10, Norman Way Industrial Estate, Over, Cambridge CB24 5QE.  
Tel: 01954 230268. E-mail: [info@dandtsupplies.co.uk](mailto:info@dandtsupplies.co.uk). [www.dandtsupplies.co.uk](http://www.dandtsupplies.co.uk)

## Puzzles and Colouring

# CHRISTMAS countdown calendar



 Image provided courtesy of Crayola LLC and used with permission.  
© 2019 Crayola. Serpentine Design®  
Find everything imaginable at [Crayola.com](https://www.crayola.com)

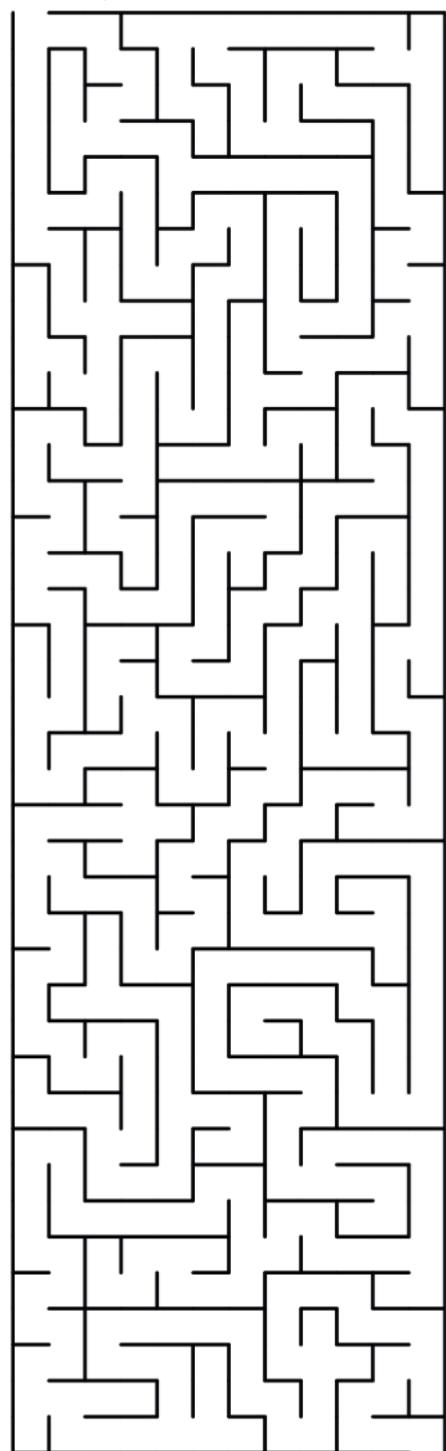
### New Year Word Search

New Year's Eve  
Celebration  
Party  
Countdown  
Midnight  
December  
January  
Fireworks  
Twelve o' clock  
Mistletoe  
Auld Lang Syne  
Out with the old  
In with the new  
Resolution

V	N	N	G	D	E	C	E	M	B	R	C	E	E
J	D	M	I	D	N	I	G	H	T	B	V	M	F
S	H	J	U	G	C	Y	R	A	U	N	A	J	W
W	C	Q	N	E	W	Y	E	A	R	S	E	V	H
C	E	L	E	B	R	A	T	I	O	N	U	N	I
C	O	M	D	R	E	S	O	L	U	T	I	O	N
S	C	T	W	E	L	V	E	O	C	L	O	K	V
T	O	W	I	N	W	I	T	H	T	H	E	N	E
K	U	D	M	K	K	F	F	S	M	X	V	Y	U
K	N	D	L	O	E	H	T	H	T	I	W	T	O
H	T	H	L	S	Y	T	R	A	P	K	P	R	X
W	D	R	Z	F	I	R	E	W	R	O	S	Y	Y
S	O	L	O	Q	T	R	K	I	K	K	Q	F	E
S	W	A	R	N	J	E	O	T	E	L	T	S	I
H	N	A	U	L	D	L	A	N	G	S	Y	N	E

### Hanukkah Maze

Carry a match through the maze to light a candle in the Menorah



# A.G. motors



## OVER



Norman Way Industrial Estate, Over - 01954 770777



Servicing



MOT



Diagnostics



Repairs



Air Conditioning



Tyres

Free Collection & Delivery Service | Courtesy Cars Available \*

\*subject to availability.



10% OFF  
MOT & LABOUR  
CHARGES  
WHEN MENTIONING  
THIS ADVERT



ALL NHS Staff receive 10% discount on  
MOTs and Labour charges at all times\*  
\*ID badge needs to be shown

Units 4 & 5 Arthur Court  
Norman Way Industrial Estate  
Over, Cambridgeshire, CB24 5AL

01954 770777  
over@agmotors.net  
www.agmotors.net

agmotors\_net