

Northstowe News

By Northstowe Residents – For Northstowe Residents

Issue 35

October / November 2024



News and Updates

EDITORS' WELCOME

The warm summer weather arrived so late this year that it hardly seems any time has passed at all since the warmest days. But we're undeniably at the end of the summer season: don't forget to wind back your clocks one hour on Sunday 27th October!

We will see the leaves on trees turning from green to their brilliant reds and ambers. We'll have to get ready for darker nights, but we'll celebrate our own light around Halloween, Fireworks Night, and of course our very own annual tradition of Light Up Northstowe and the start of the Winter Festival. As always, we look forward to meeting lots of people there!

Want to advertise in Northstowe News?

Over 1700 copies of each issue are delivered, a free magazine to every residence in Northstowe. If you want your business to be included, contact janetpendrill@gmail.com for more details. Annual discount rates are available.

Advertising Rates Per Insert (six issues annual discounted rate)

Ad Size	B&W Only	Colour
Eighth Page 95 mm x 64 mm	£20 (£108)	£26 (£140)
Quarter Page 95 mm x 132 mm or 194 mm x 64 mm	£40 (£216)	£52 (£280)
Half Page 194mm x 132mm	£80 (£432)	£104 (£560)
Full Page 194mm x 268mm	£160 (£864)	£208 (£1120)
Full Page Prime Position 216mm x 303mm	N/A	£270 (£1460)

Northstowe News is produced *right here in Northstowe* by a small group of volunteers. We're always looking for regular or one-off articles, photos, artwork, event reports, notices, and anything else that may be of interest to the community. If you would like to write in the magazine please email northstovenews@gmail.com with your questions, ideas and contributions.

The submission deadline for the December / January 2025 issue is November 1st.

HOUSEHOLD BIN COLLECTIONS

Friday 4 th October	Black Bin
Friday 11 th October	Blue and Green Bins
Friday 18 th October	Black Bin
Friday 25 th October	Blue and Green Bins
Friday 1 st November	Black Bin
Friday 8 th November	Blue and Green Bins
Friday 15 th November	Black Bin
Friday 22 nd November	Blue and Green Bins
Friday 29 th November	Black Bin



Report Missed bins at:
<https://www.scamps.gov.uk/bins/report-a-missed-collection/>

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Front Cover photo by Peter Cope

The Northstowe News editors are happy to acknowledge that the printing and distribution of this magazine was supported by a contribution from Homes England.



COMMUNITY DEVELOPMENT OFFICERS

Mihaela Stan and Michele Eidevik-Skinner



Northstowe Community Forums 2024

The next Forum will be on Wednesday 4 December at Western Park Pavilion starting with a drop-in at 6:30pm and presentations at 7pm. Agendas are usually advertised the week before and questions can be asked during the evening by attendees as well as submitted in advance to: northstowe.community@scambs.gov.uk



The Northstowe Running Festival

We had a very good morning helping as marshals for the 10K and Half Marathon, although Lottie, one of our dogs, would have preferred to be in the race rather than being an assistant.

Engaging New and Emerging Communities Conference

we helped organise this partnership event which took place on Saturday 5 October. The lead speaker was Cormac Russell from Nurture Development. The invitees included planners, developers, urban designers, landscape architects, youth engagement officers and community development officers.

Menopause Café

The Menopause Group meetings are free, and take place monthly on a Wednesday evening. The guest speaker for the last meeting was Ingrid from Midlife360 CIC, who spoke about supporting women returning to work and changing job roles whilst experiencing menopause symptoms. Future meetings will be advertised on Northstowe Facebook pages and community Noticeboards. Please contact us if you would like to help run the group.

Netball

We are really pleased to announce that Northstowe has its own Netball team, they will be training at Western Park Pavilion on Monday evenings. More information can be found on their Facebook page: Northstowe Netball Club

Junior Bowling

Thanks to the Kickstart Fund from Homes England, the Longstanton and Northstowe Bowls Club have had some fun sessions with juniors and family members. The lawn is now being prepared for next season which starts in April 2025.

Community Activation Grant Fund

SCDC are administering the Northstowe Community Activation Grant Fund on behalf of Homes England. Some applications have already been received and have been successful. These include the Midsummer Festival and Hindu Samaj's Ganesh Utsav, the events were open to the whole community.

www.scambs.gov.uk/community-safety-and-health/northstowe/northstowe-community-activation-fund



Photography Quiz

We organised a Photography Quiz which resulted in lots of beautiful photographs from around the world being submitted, people had to guess the location name. The quiz was available on the Northstowe Hub website and in printed format. The results can be found online at: northstowehub.org

Northstowe Events Channel on WhatsApp

There is a new WhatsApp channel where community groups and organisations can post information on events, these can be viewed by residents; there are almost 200 followers. To access the page, please go to:

<https://whatsapp.com/channel/0029VaaYjYdFCCoVVZZdih30>



Social Walking Group

The CDOs have been supporting and joining some of the walks. There was a very successful Treasure Hunt Walk during the summer holiday, with people of all ages joining in. Please look out for future dates, routes and themes on the Northstowe Community Facebook pages and the noticeboards at The Cabin and Western Park Pavilion.

Hallmaster

All room bookings for The Cabin are now made through Hallmaster, if you would like to see room availability, size and capacity or make a booking please go to:

www.scambs.gov.uk/community-safety-and-health/northstowe/the-cabin/



If you would like to get involved in any projects or activities, or help with other volunteering opportunities please contact us on northstowe.community@scambs.gov.uk

Northstowe Community Forum

Find out about ongoing development in Northstowe



Wednesday 4 December

Drop in: 6:30pm | Forum: 7pm
Western Park Pavilion,
Peppercorn Drive, Northstowe, CB24 1BF



Community Forums are free, open to all, public meetings bringing together residents, planners, developers and other stakeholders to discuss and share information about new development. The forum is open to everyone including young people/students who live in Northstowe or attend one of the schools.

NORTHSTOWE TOWN COUNCIL

TOWN MAYOR, CLLR PAUL LITTLEMORE

Hello Northstowe

In my last column I updated you that we were in the process of recruiting a new Market Manager. I'm pleased to report to you that in our July meeting we agreed the recruitment of Ola, and she has now started with us.

Also in our July meeting also discussed and agreed recruitment of a new role for the Council, an Assets and Estates Manager. This role is a key strategic role helping us make informed decisions about the various public buildings and open space that the Council will be able to consider management options for moving forward. The most immediate, is operation of the permanent community building in Phase 1 that will be located on the Green. Longer term, the role will be key in looking at how we move forward when the 10 year option on the public realm that is currently looked after by Greenbelt, future planned public buildings, and open space throughout Phases 2 and 3. This role was advertised in early August and by the time you are reading read this, I expect interviews to be well underway.

We also received and approved a grant application from Northstowe Arts to support Light Up Northstowe 2024. The event is in the diary for 23rd November 2024, it will as always be great to see everyone there. Just as a reminder, if you are part of a community group or community organisation that might need support in operating, do take a look at the grant awarding policy on our website, and reach out to Mark or myself if you would like to discuss further.

As always, if there are any topics that you'd like to raise with the Town Council, please do get in touch with myself (cllr.littlemore@northstowetowncouncil.gov.uk) or Mark our Town Clerk (townclerk@northstowetowncouncil.gov.uk), there is always our standing Public Participation item on all our meeting agendas. Full Council meetings run on the 4th Tuesday of the month, starting at 19:00 in the Cabin.

Cllr Paul Littlemore

Town Mayor

Northstowe Town Council



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Longstanton, Cambridge

TOWN CLERK AND DEPUTY CLERK

Hello to all Northstowe residents.

Northstowe Market

The New Market Manager started on the 15th August, her name is Ola.

She has experience and continues to also run other Markets in Cambridgeshire, so brings great knowledge with her in developing markets- Welcome Ola.

Monthly Northstowe Market Dates – on The Green and inside The Cabin, 10 am – 2pm:

27th October
24th November
22nd December

Please do look on our website or social media for any possible changes to the schedule. Please do come and support the local traders at your very own Market.

Mobile Food Hub

This is run by a Non-Profit Organization called Hope CIC.

They have started operating from the Green on Friday 23rd August 10.30-11.30am. They will be operating Every Friday from this location and time.

This is supported by Northstowe Town Council and Longstanton Parish Council.

'In June 2023, the Mobile Food Hub - Hope on the Go - was launched thanks to funding from South Cambridgeshire District Council, to support communities during the cost of living crisis.

Fresh produce and essential items – some of which will be free and everything else at below retail price – are being brought directly to villages around South Cambridgeshire to help residents with rising food prices. It is the first service of its kind in the district.'

For More information visit Hope on the Go — Hope Against Poverty <https://hopeagainst.org/hopeonthego>

Light Up Northstowe

Save the date- 23rd November. There will be more information coming out in the next couple of months, on social media, so please keep an eye out for further information.

Remembrance Sunday

Remembrance Sunday will take place on the 10th November- there will be further details on this in the next couple of months.

ParkPlay

This is a great way to get outside for an hour or 2. Sessions are free and are held every Saturday at The MUGA behind the Sports Pavilion, from 10.30-12.30, If you have not been and are interested or curious to see what this is all about please just pop along.

Community Lounge

There will be more events happening over the next few months. Look at Social Media to see what is coming up. Please pop along to The Cabin, every Thursday from 6-8pm. If you haven't been: it is free and all are welcome

GREENBELT GROUP

Many studies show on-your-doorstep green spaces, including trees, shrubs, wildflowers and children's play areas, can help alleviate mental health challenges, including depression.

Research also shows higher-quality environments, such as Greenbelt's, with their rich variety of grasses, shrubs, trees, birds and mammals, yield less anxiety and inspire better moods.

It's equally important to Greenbelt that, through community engagement, we create accessible Public Open Spaces in which the entire local community feels genuinely invested.

This is why we focus on nurturing outdoor habitats that are beautiful, biodiverse, sustainable and offer breathing spaces – balancing beneficial ecology with practical utility for local people.

As well as working with local communities such as Northstowe, we also work with expert groups such as the RSPB to maintain protected habitats.

Recently, Greenbelt Group's Sooh Boocock came to the rescue of a bird herself.

Carrying out her monthly site inspection of a Greenbelt development she spotted a baby owl balanced on fallen ivy, eight feet off the ground.

Sooh explains: "We realised the owl didn't have any adequate cover, if it rained. Also, with lots of vegetation reaching up to its perch, it was easy prey for cats or foxes."



Sooh immediately called South Hams Birds of Prey Rescue for advice and it was agreed the best course of action was to rescue the owl.

"There followed an interesting descent from its perch then the baby spent a few minutes tucked safely in my coat while we finished the tree inspection.

"We were lucky enough to meet the local nursery group, who were on a woodland outing, and who were, of course, super-excited to see a baby owl.

"We delivered our owl to Steve Hopper from the rescue centre, who confirmed we had made the right call – there was evidence of the poor bird having been attacked, probably by crows, and it was too young to be out of the nest."

Steve pledged to keep the baby owl safe until fully grown and ready to be released back into the wild.

Sooh said: "It's a great result. The baby owl will be in good company with the other owlets they are already caring for."

Of course, Greenbelt has been busy for more than 25 years looking after not only owls but all manner of wildlife who make their homes in our green spaces.

If you'd like to find out more you can visit greenbelt.co.uk



DISTRICT COUNCIL

CLLR NATALIE WARREN-GREEN



District Councillor for Longstanton Ward and Lead SCDC Cabinet Member for Environmental Services

I'm writing this the day after volunteering in the afternoon of Northstowe Running Festival and want to mention how uplifting it was to see so many happy runners of all ages participating in

the events. The positive vibes really represented the passion of the residents living here and I was so pleased to feel this first hand as this time I was unable to run myself. Well done to everyone involved.

As we enter autumn and winter, I'm focusing here on links to help keep the positive mood alive as days get shorter and the temperature drops and people feel the need for support to stay well:

Cost-of-living information

Visit <https://www.scamps.gov.uk/cost-of-living-support/> for information on: where to turn for benefits, money and debt advice; help with energy and water bills; help for parents and families; help with food and health costs; help with phone bills; help with making your home warmer; Age UK handyperson service and support if you are in distress.

Community Cooking Programmes

South Cambridgeshire District Council (SCDC), in partnership with Let's Cook Project, are delivering FREE sessions, aiming to support residents of South Cambridgeshire to improve their confidence and knowledge in healthy eating and cooking. We are looking to deliver 4 cohorts across the district, and we offer 2 different programs for adults and families. All equipment and ingredients will be provided. For more info please contact Emma Jarvis emma.jarvis@letscookproject.org

Community Hubs

Community Hubs offer residents somewhere to socialise, take part in new activities and to receive information on cost-of-living support such as how to reduce bills and access financial support, as well as how to stay healthy and well. A full list of Community Hubs, including the Northstowe Community Lounge and Hubs around local villages can be found at:

<https://www.cambsacre.org.uk/projects/cambridgeshire-community-hubs-network/>

South Cambs Business Support: Youth Engagement Programme

An SCDC Youth Enterprise Support Programme supports young people who want to start their own business, to get started. The programme will work with young individuals aged 16-25 to develop essential skills, knowledge and will include opportunities to gain real market experience. Candidates will also be eligible to apply for £1,000 grants to transform their business ideas into local market ventures. Young people who are interested in the Youth Enterprise Support Programme can register to start their journey from conception to commerce at <https://nxgconnect.co.uk/youth-enterprise-programme/> If you have any queries please contact Business Support Key Projects Team Leader: katherine.southwood@scamps.gov.uk

Please feel free to email me for support when you need me:
cllr.warren-green@scamps.gov.uk

CLLR HENRY BATCHELOR



Cabinet Lead for New Communities and Chair of Northstowe Delivery Group

I'm writing to introduce myself as the new cabinet member for Communities at South Cambridgeshire District Council. It was a pleasure to be appointed to the role back in May, taking over from Bill Handley, who I'd like to thank for his work with the Northstowe community over the last few years.

The reason the District Council created the Communities position within their Cabinet was because we put a lot of emphasis on the new and expanding towns and villages that sit within South Cambridgeshire, as our aim is to try to encourage community-led, vibrant places for the residents of the District to live and work in. Of course, Northstowe will become one of the largest new towns in the country, so we will certainly have the spotlight on us.

A brief piece about me – I've been a Councillor at SCDC for 10 years and represent the Linton ward. I've held a few roles over the years, including Chair of the Planning Committee and Cabinet member for Environmental Services (the bins). I've also been a County Councillor for the past 7 years, both of these experiences, I hope, will help in the Communities position that I'm delighted to have taken on.

A part of my role will be to chair the public Northstowe Forum, as well as the Northstowe Delivery Group – which is a consortium of local stakeholders, including your Town Council and elected councillors, and is designed to give updates on the projects that the District Council are directly involved in delivering, which include the new Town Hub, the Enterprise Zone and future sporting facilities.

I look forward to meeting more of you at these events but please do get in touch with me, via your District and County Councillors, if I can assist with anything.

CAMBRIDGESHIRE COUNTY COUNCILLOR**FIROUZ THOMPSON****County Councillor for Longstanton, Northstowe, Over, Oakington & Westwick**

Dear Residents

As autumn approaches, bringing cooler days and the start of a new school term, our community is seeing some exciting developments in both transportation and education.

Bus Petition Update: First Wins on the Busway!

We're pleased to report that our recent bus petition, supported by 550 residents, has led to significant improvements. Many of you expressed frustration about the difficulty in reaching work or school on time, often due to overcrowded buses. We timed the petition to align with the traffic commissioner's lead time of 6-8 weeks, ensuring changes could be implemented before the new school year.

In July, we met with Mayor Nik Johnson and the Cambridgeshire and Peterborough Combined Authority. The timing was fortunate, as they were already reviewing a Stagecoach proposal to enhance services on the southern end of the busway, serving Addenbrooke's Hospital.

The approved proposal includes:

- During morning and evening peaks, all Busway A (St Ives - Trumpington Park & Ride) and Busway B (Hinchingbrooke - Biomedical Campus) services will operate through to serve Addenbrooke's Hospital and the Cambridge Biomedical Campus.
- This will allow for 10-minute frequencies on either side of the track and introduce over 428 seats at peak times.
- All B services at morning and evening peaks will serve the hospitals on the Cambridge Biomedical Campus, and the B service will continue to serve Long Road College during college times.
- Busway B services will need to use Hills Road as double-decker buses cannot use the Southern Busway track due to a low bridge.

The Combined Authority has also agreed to conduct surveys at Longstanton Park & Ride to gather feedback and ensure these adjustments are effective. We have requested that this be extended to sixth-form colleges.

Education Campus: Preparing for the New School Term

The Education Campus is set to welcome 800+ students this September, including 170 new pupils ranging from nursery age to sixth form. This milestone for our community also brings challenges, as construction will continue throughout the autumn term. We urge everyone—students, parents, carers, staff, residents, and construction workers—to exercise extra caution, especially during drop-off and pick-up times.

Here's what to expect:

- New Nursery (awaiting Ofsted registration): 26 children, expanding to 78 in January.
- New Primary Reception: 22 pupils (aged 4).
- Secondary School: Year 7 – 180 students, Year 8 – 150, Year 9 – 135, Year 10 – 135, Year 11 – 120.
- New Sixth Form: 50 pupils.

While we encourage active travel—walking, cycling, or scooting—we understand this isn't always feasible. A new bus timetable, effective 2nd September, will provide 10-minute frequencies to and from Cambridge and St Ives during peak times. Students under 25 can also benefit from Tiger passes, offering £1 fares.

We appreciate everyone's cooperation during this transition and look forward to a successful term as we approach the full completion of the Education Campus by early 2025.

Contact: firouz.thompson@cambridgeshire.gov.uk

County Councillor for Longstanton, Northstowe, Over, Oakington & Westwick

<https://www.facebook.com/longstantonoakingtonnorthstowe>

COMMUNITY OPPORTUNITIES

On-call firefighter - have you considered doing this?

On-call firefighters are not based at a fire station. They carry a pager and respond to emergency incidents as and when they happen. They receive an annual wage to reflect the time they commit to being available plus additional payments for attending incidents and drill nights (one evening a week for two hours).

As well as being an on-call firefighter, many also have other jobs and are able to provide evening, daytime or weekend cover. When they are on-call they may be at home, working for themselves or for a nearby company, or out in their local community (staying within a five-minute travel time of the fire station). The role forms a vital part of today's fire and rescue service, providing emergency cover to more than 90 per cent of the UK. In Cambridgeshire, they make up more than half of the workforce and are generally located in rural communities, small towns and villages.

How do I become an on-call firefighter? We are generally looking for people aged 18 and over, with a good level of general fitness, that can respond within five minutes to emergencies. Please follow this link for Cambridgeshire On-call fire-fighters:

<https://www.cambsfire.gov.uk/careers/on-call-firefighter/>

Have you considered being a Special Constable?

Cambs Police have just launched a recruitment drive for Special constables - Specials have all the powers of a police officer and work alongside their regular colleagues. It only requires a minimum commitment of four hours a week and is a great opportunity to give something back to your community, while receiving professional training, skills and experience that can be used in everyday life and career progression.

Over the past 12 months, Specials have racked up more than 23,000 hours on the job, launched an impressive 400 investigations and stopped 1300 vehicles. If you, or residents, would like to find out more about becoming a Special, and maybe even apply, please visit the Police website pages:

<https://www.cambs.police.uk/police-forces/cambridgeshire-constabulary/areas/careers/careers/special-constables/apply-to-be-a-special-constable/>

Are you interested in fostering?

Are you interested in fostering? Visit our Nexus Fostering office to meet our team and find out how you can become a foster carer with an Ofsted outstanding fostering agency. Nexus Fostering is looking for people to support children and young people of all ages and help create positive outcomes. We are a friendly team who offer support right from the start with our mentor scheme. Everyone is welcome to come and say hello and begin your fostering journey and find out about the fostering process. If you can't make it but wish to know more you can phone us on 01223 903 503 or visit www.nexusfostering.co.uk

Come and say hello at our fostering information event.
Wednesdays: **16th October, 20th November & 18th December**
Time: 11am - 12pm
Nexus Fostering, 3 Hazlewell Court, Bar Road, Lolworth, CB23 8DS

Smart Journeys

smart journeys are the Travel Plan Co-ordinators for Northstowe and offer several travel initiatives and incentives to reduce the number of vehicle trips to the site. If you have any questions or need any travel advice, you can email smart journeys team at: northstowe@smartjourneys.co.uk, or simply go to Northstowe Travel website <https://www.northstowe.com/travel>, for local travel information.

The Northstowe Liftshare Community



Liftsharing (or car sharing) is when two or more people travel together in a car. The Community Liftshare Scheme enables organised liftsharing by connecting those travelling in the same direction, so they can arrange to travel together and share the costs. You can post your journey as either a passenger, driver or both.

By joining you may save hundreds in travel costs every year.

- Access priority Liftshare parking.
- Reduce your environmental impact.
- It's flexible (simply share when you can).
- Guaranteed Ride Home (ensuring you always get home).
- A great way of networking (meeting new colleagues, neighbours, and making new friends).

To sign up, scan the QR code or enter the URL northstowe.liftshare.com to join today. You can register your journey on the system as either passenger, driver or both.

All those registered will automatically be included in the launch prize draw and the winner will be the person who logs the most liftshares completed.

Enterprise Car Club



smart journeys are working in partnership with Enterprise Car Club to support in providing a discounted e-car hire membership scheme in Northstowe.

Local Northstowe residents have access to a 1-year's members at a discount price of £10 (from £60) plus £10 free driving credit and 10% off Enterprise Rent-A-Car. The E-vehicle, Nissan LEAF Auto EV, is located at Longstanton Park & Ride, Station Road, CB24 1DD, conveniently situated by an EV charging station. Take advantage of this great scheme and sign up now. To sign up go to <https://EnterpriseCarClub.co.uk/NSTOWE10> quoting the offer code, NSTOWE10.

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smart journeys are offering free E-Bike Confidence Training Sessions and Led Bike Ride Tours from Northstowe to Cambridge throughout the year. If you are interested in booking a place or would like more information, please contact northstowe@smartjourneys.co.uk. Terms & conditions apply.

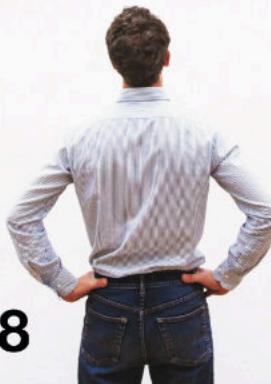


Free Bike Repair Services

This very popular free bike repair service is being offered to Northstowe residents. Our bike mechanic will conduct a full check of your bicycle and carry out minor repairs on site. The offer is on a first-come, first-served basis and there are limited slots available per session, so please book early. These services are either held at the Northstowe Cycle Hub, which is in the rear car park of Longstanton Park & Ride, or at the Northstowe Sunday Market. Please visit <https://www.northstowe.com/travel> to book, or contact northstowe@smartjourneys.co.uk, for more information.

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HOMES ENGLAND



Photo credit: Paper Films

Building and celebrating Northstowe's growing community

From celebrating the existing community to preparing to welcome more residents, the last few months have seen a flurry of activity for Northstowe. Here is a round-up of what has been taking place!

Sharing the stories of some of the first Northstowe Neighbours

Northstowe's community spirit has been palpable throughout 2024 to date, with various events and initiatives bringing residents together. The launch of Northstowe Neighbours, a campaign which celebrates the stories of families and individuals who have made Northstowe their home in its first phases, was a landmark moment for the community. The campaign is centred around a first-of-its-kind documentary film, developed by Homes England in collaboration with Northstowe Arts and Paper Films. Offering a window into the lives of people who have chosen to make Northstowe their home, many familiar faces in the local community have been involved in the initiative to date. The film is now available to view on the Northstowe.com website.

Celebrating the pioneering community

Earlier this year, Homes England launched the Northstowe Community Activation Fund, providing £120,000 of grant funding to help organisations promote community cohesion and enhance the vibrancy of life in Northstowe. South Cambridgeshire District Council (SCDC) is administering the fund, which is already being put to good use in the community, on behalf of Homes England.

Northstowe Hub CIO were the first recipients of the Fund, awarded over £7.7k to deliver the inaugural Midsummer Festival in June. The day brought together community groups, organisations, friends, and neighbours through an uplifting day of dance, music, heritage, games, food, and fun.

Later in the summer, Northstowe Arts received £7.5k to support the delivery of an outdoor community cinema event. Taking place alongside the popular annual Northstowe Running Festival, the event offered a free-to-view outdoor screening of Northstowe Neighbours and The Greatest Showman to round off the summer.

Hindu Samaj Northstowe also received £2,000 to support the Ganesh Utsav 2024, a three-day festival to celebrate Ganesh Chaturthi. Hosted at Western Park Sports Pavilion, the event was a vibrant celebration of culture and faith open to the whole community.

Building a bigger future

There has also been plenty of progress when it comes to preparing for the next phase of Northstowe's development.

First, Homes England signed a collaboration agreement with Keepmoat and Capital&Centric to accelerate the delivery of new homes and build a mixed-use town centre in Northstowe. The agreement will enable the creation of 3,000 new homes, 50% of which will be affordable, ensuring that local people have access to quality housing to rent or buy. It will also enable the creation of a new town centre that will provide local people and businesses with up to 50,000 square metres of commercial floor space including shops, workspace, and community facilities.

Further expanding the diversity of Northstowe's housing offer, Homes England also appointed profit-with-purpose developer, TOWN, to deliver a new cohousing community on plot 2D1, which lies directly to the south of the future town centre. Following the success of TOWN's Marmalade Lane cohousing project in Cambridge, the Northstowe development will bring together high-quality design, good placemaking principles, and a commitment to creating a close, connected community. The scheme will include 40% affordable housing, together with a range of communal spaces and facilities.

Keep your eyes peeled for more community updates in the months to come!



Over Road, Willingham, Cambridge, CB24 5EU.

Telephone 01954 260444

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Sports, Health and Wellbeing

HUNTINGDON AND NORTHSTOWE HOCKEY CLUB

Huntingdon and Northstowe Hockey Club invites supporters to come along and cheer us on to victory at our home matches this season. Here are details of the Saturday fixtures on the astro at Northstowe Secondary College for this autumn, including some double headers. We're looking forward to wearing our new home kit - black with orange flashes - kindly sponsored by Champneys. Any questions about playing, umpiring or supporting, please contact hello@huntingdonandnorthstowehockeyclub.com.

- 21st September, 10.00am and 11.45am
- 5th October, 10.00am and 11.45am
- 19th October, 10.00am and 11.45am
- 2nd November, 10.30am
- 9th November, 10.30am
- 16th November, 10.30am
- 30th November, 10.00am and 11.45am



Members of the hockey club enjoyed headlining at Northstowe's Bug Hunter Waters parkrun this August.

Mobile Food Hub at Northstowe

Every Friday,
10:30am-11:30am

The Green,
Pathfinder Way,
Northstowe,
CB24 1FD



We are bringing fresh produce and essential affordable items directly to your neighbourhood to help battle food waste and the rise in supermarket prices. Anyone is welcome!

Want to make a difference?

Volunteer: Join our team of friendly volunteers and help your community

Donate: Your contribution can help us reach more individuals and families in need. Consider monetary donations or non-perishable food items

Spread the word: Help us raise awareness, like us on Facebook and let people know we are stopping here To find out more, please contact us or visit our website.



Anyone can access this Mobile Food Hub, just turn up on the day.

hopeagainst.org | hopecic.uk@gmail.com
07474 725477 | Hope Against Poverty CIC



ParkPlay

park-play.com

Join ParkPlay

Make friends, have fun, get moving -
FREE every Saturday morning



Northstowe-Longstanton ParkPlay

Come and meet Hektor at
Western Park Sports Pavilion,
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ParkPlay welcomes everyone, so turn up for games, activities, fun and a community here for you.

Details and register at park-play.com



BABY AND POSTNATAL YOGA

Caring for Your Postnatal Body While Bonding with Your Baby

During pregnancy, your body undergoes significant changes due to weight gain and the hormone relaxin, which loosens ligaments. These changes, like a pronounced lower spine curve and forward-tilted pelvis, can lead to weaker abdominal muscles, lower back pain, and a less supportive pelvic floor. Postnatally, these issues often persist, with additional strain from everyday activities such as pushing a pram, carrying your baby, or bending over frequently.

Exercise is often recommended, but it's essential to approach it with care, as without proper guidance it can be ineffective or even harmful.

Baby and Postnatal Yoga classes offer a gentle, supportive way to recover physically while bonding with your baby.

For Baby:

Baby Yoga promotes development through touch, movement, and rhythm. It enhances flexibility, strength, and aids in better sleep and digestion, providing relief from issues like colic. Suitable from birth until about crawling age, it's a great way to support your baby's growth.

For You:

Postnatal Yoga focuses on reconnecting with your core and pelvic floor muscles through breathing techniques. This helps regain strength, improve posture, and tone the body after childbirth. You can start after your 6-8 week post-birth check.

For Both:

The classes incorporate adult yoga poses that also involve your baby, and end with a joint relaxation session. They also offer social interaction, allowing you to meet other new parents in a flexible, baby-friendly environment.

In conclusion, Baby and Postnatal Yoga provide a holistic approach to postnatal recovery, combining physical care with emotional support and social connection.

Cristina Freniche

*Baby Yoga instructor
Postnatal Yoga specialist
My Yoga Corner*



Friday
11th October

QUIZ NIGHT

Join us for our annual quiz night with raffle at OVER COMMUNITY CENTRE

Friday 11th October
7.30pm start

£8 per person
Up to 8 people per team

Payment by cash or credit card on the night
Please book in advance if you can by calling 01954 231807

Over Community Centre, 16 The Doles, Over, Cambridge CB24 5NW
Cash bar run by the Community Centre for evening refreshments, open from 7.00pm



Registered Charity No. 1196202.

Exercise 4 fun

A FREE 12 week exercise programme designed for those who are INACTIVE and adults with a BMI of 25 plus



The programme being delivered is:

- Adult (18+) programme for participants with a BMI 25+ (ethnic minority groups 23.5+) who are inactive.
- These programmes take place at leisure centres across the district. Visit our website for details.



The weekly programme could consist of group activities including:

- Wellbeing walks
- Yoga
- Swimming
- A motivate and inspire session
- Cricket
- Football
- Badminton
- New Age Kurling
- Boccia

For further information and to register for the programme visit www.scambs.gov.uk/exercise4fun



South
Cambridgeshire
District Council

WILLINGHAM & LONGSTANTON SURGERIES

Willingham 01954 260230 Longstanton 01954 207600 Dispensary 01954 207602

District Nurse Team: 0330 726 0077 Health Visitors: 0300 029 5050

Out of hours cover: Ring 111 Website: www.willinghammedicalpractice.nhs.uk**A&E IS NOT AN ALTERNATIVE TO A GP APPOINTMENT. IF WE ARE CLOSED, PLEASE CALL 111****SURGERY CLOSURES**

Please note the surgery will be **CLOSED** from 1pm on **WEDNESDAY 20TH NOVEMBER** for whole staff training.

Please plan ahead and make sure you have enough medication to last, remembering to order your repeats at least **THREE** working days before collection.

When the surgery is closed please call 111 for medical assistance, or 999 for a life threatening emergency.

For Urgent Mental Health Support, please call 111 and select option 2

NHS TALKING THERAPIES

Therapies (CPTT) provides a range of talking therapies for anxiety and depression.

If you're over the age of 16 years and registered with a GP then you can refer yourself through their online form. There is no upper age limit, the service actively encourage referrals from people aged 65 or over, and you do not need to have a diagnosis of a mental health condition to refer yourself.

For further information and to access the service, a self-referral can be completed by visiting <https://www.cptt.nhs.uk/self-refer-here> or by telephoning 0300 300 0055

WAITING TIMES

We apologise that, due to the increased demands on the GP's, there may be delays in being seen for your routine or emergency appointment. Please bear in mind that our staff are working hard to minimise this but it is always advisable to allow a little extra time, just in case.

CHANGE OF PERSONAL DETAILS

Please let us know if you change your name, address or telephone number. A change of address may mean that you are outside our practice area and our reception team will advise you on this. It is important we have your up to date contact details in case we need to contact you at any time. You are able to update us by visiting <https://www.willinghammedicalpractice.nhs.uk/practice-information/change-of-personal-details/> or popping into the surgery and completing a change of details form for you and other members of your household, remembering to bring your photo ID for identification.

PRIVATE INSURANCE WORK

The GPs will complete most private insurance documentation (e.g. claim forms for holiday cancellations, private healthcare questionnaires, factual medical reports etc) however, these are not covered under the NHS contract. As a result, because the GPs need to prioritise their clinical work, these types of requests may take a while so please allow 30 days for your request to be completed and be aware that charges will apply.

WE ARE A NEWLY REGISTERED VETERAN FRIENDLY PRACTICE

The Veteran Friendly GP Practice accreditation scheme supports practices to deliver the best possible care and treatment for patients who have served in the armed forces.

The scheme helps GP practices to identify and support their veteran patients, which is important as the healthcare needs of veterans can be different to the general population.

If you are ex-forces, please let your GP know.

Please visit www.willinghammedicalpractice.nhs.uk for further information and to let us know if you, or a close family member, has ever served or is currently serving in the UK Armed Forces.

VACCINATIONS**Over 65's Flu Clinics**

(eligible if you are turning 65 on or before 31/03/25)

Saturday 12/10/24

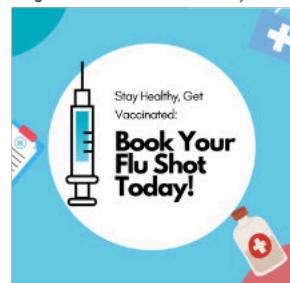
at the Willingham Medical Practice

Saturday 19/10/24

at the Longstanton Surgery

(please note

change of previously advertised dates)

**PATIENT PARTICIPATION GROUP (PPG) MEETINGS**

The PPG brings together patients, GPs and staff from a GP practice. They meet quarterly to discuss issues relating to their surgery and the services provided to patients. This allows GPs and staff to work with patients to plan services which best meet the needs of the people who use those services. All of our patients are welcome.

The next meeting will be on **Wednesday 6th November, 1.30pm** at the Longstanton Surgery

CARERS MEETING AT OUR NEW VENUE

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meetings on **Wednesday 2nd October** and **Wednesday 6th November**, at the **Wilford Furlong Centre in Willingham**, where we will be holding drop in sessions between 2pm and 4pm. Please come along and get some support from other people in the local community. Refreshments are provided, there's no need to pre-book and it's completely **FREE!** Meetings are held on the first Wednesday of every month and for more information please contact susan.lawson7@nhs.net

PLEASE REMEMBER TO TREAT ALL OUR STAFF WITH KINDNESS AND RESPECT

Willingham Medical Practice – October/November 2024

1ST NORTHSTOWE BEAVERS, CUBS AND SCOUTS

1st Northstowe Beavers, Cubs and Scouts are set for an adventurous Autumn. At the time of writing, Cubs are planning to leap in with a first session of laser tag, shortly followed by a sleepover at Clip n'Climb. Both Scouts and Cubs will be off camping, with our Scouts getting to go on a glider flight. Meanwhile, Beavers are hoping to go ice skating and to attend a sleepover at Shepreth Wildlife Park. We will be doing plenty of activities more locally as well; you may already have seen our Cubs and Scouts volunteering at the Northstowe Running Festival.

All three sections are uniting for a special family day in St Ives in October. We are also putting together plans for a special Christmas event for all three sections, as well as a joint camp in the Spring.

This year, we are proudly celebrating our five year anniversary. We are all set to start up a 2nd Northstowe Beavers, Cubs and Scouts, with many children waiting to join, but we require your help to do so. To find out more about what we do and to help expand Scouting in Northstowe, please contact info@1stnorthstowescouts.org.uk.

Hungry?**How to get help:**

We know that anyone can reach crisis point and we're here to help when that happens. Foodbank vouchers can be exchanged for a parcel of three days of emergency food, providing non-judgemental support at the point of crisis.

Vouchers are available from local agencies such as citizens advice, schools, and churches. Vouchers can be redeemed at Distribution Centres across Cambridge: there is always one open every day Monday-Friday. This includes the Northstowe centre in the new Northstowe Community Centre: The Cabin

Looking to donate?

The nearest collection point is at Bar Hill Tesco (for in store shoppers), or you can arrange to go to the Warehouse in town, or give financially. See cambridgecity.foodbank.org.uk/give-help/donate-food/

Want to volunteer?

We've a friendly local team, who are looking for more volunteers. Get in touch via cambridgecity.foodbank.org.uk



Like other agencies, Revds Beth and Stephen of Northstowe Church Network (Pathfinder Church, Little Explorers, Compline) can give vouchers: 01954 261 181 contact@northstowe.church



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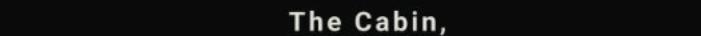
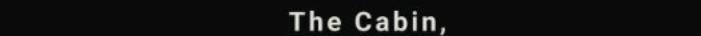
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and adults welcome

WEDNESDAYS 6.30PM - 7.30PM

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Northstowe New and Updated



What's On In Northstowe

MULTIPLE DAYS

Meet the Community Officers

Come to meet our council Community Development Officers, drop-in any time between 9:30am–4:40pm on Tuesdays–Thursdays, or to make an appointment email northstowe.community@scamps.gov.uk

Midwife and Community Health Services

Services available in the Cabin at various times all week, by appointment only

Food Trucks

Northstowe foodies hosts food trucks weekly at the Green, 5-8pm Wed-Sun. Line-ups can be viewed on their page on FB and Instagram [@NorthstoweFoodies](#)

MONDAYS

Tang Soo Do (£)

Family-friendly martial arts club. Classes for children ages 6-14, at 4:30pm in WPP. Email enquiries@Northstowetsd.co.uk

Beavers

Beaver Scouts aged 6-8 Years will get a chance to try a wide range of different activities. 17:45 - 18:45 at NSC. Email info@1stnorthstowescouts.org.uk

Over Power (£)

Fitness, Strength, Conditioning circuits. We help ladies to tone up, lose weight and feel great. PFPS playground, 6pm & 7pm. www.overpowerfitness.com overpowerfitness@outlook.com

Northstowe Badminton Club (£)

Adults social badminton. 18:30-20:00 at NSC.

Cubs

Excitement and adventure for Cub Scouts aged 8 to 10½, be creative and get involved in your local community. 19:00 - 20:15 at NSC. Email info@1stnorthstowescouts.org.uk

Football (£)

Turn up and play, welcome to everyone. 7 a side and 9 a side £6.25 per week. Adults session 19:15-20:15 at NSC george@kickstartactivelife.co.uk

Netball Club (£)

Meet a great group of women of all abilities who are learning to play netball. 7pm-8pm at WPP. Search Facebook for [Northstowe Netball Club](#)

Tai-Chi (£)

Weekly relaxation and inner peace. 19:30 at the PFPS. To book please email malcolmsavannah23@gmail.com

Social Run

Longstanton and Northstowe Limpers social run meeting on The Green at 19:30 facebook.com/LandNLimpers

Book Club

Meet to discuss books on Monday evenings once per month. New members always welcome. www.facebook.com/groups/607693023324785

Northstowe Jets Basketball (£)

Ball handling, shooting, positioning, attacking, defending, fitness. All skill levels welcome. 20:30-21:30 at NSC. northstowebasketball@gmail.com

TUESDAYS

Micro Library

Drop in at the Cabin any time 9:30-4pm, borrow a book or grab a drink from the hub café coffee machine

Stay and Play Group

Weekly play-based activities for families with children age 10 months or walking. 10-11:30am in the Cabin. Phone 01954 284 672 to book.

Baby Group

Weekly play-based activities for families with babies up to year or crawling. 1 - 2:30 pm in the Cabin. Phone 01954 284 672 to book.

Guides (Girlguiding) (£)

A group for girls aged 10 to 14 to explore the things they love and do stuff they've never done before. Activities, crafts, games and more. guiding@thehays.net

Fastbreak Basketball (£)

Indoor sessions in the NSC Sports Hall, 12 & Under at 6pm, 14 & Under at 7pm

northstowe@fastbreakbasketball.co.uk

Huntingdon and Northstowe Hockey Club (£)

NSC Astroturf, 7pm - 8:30pm

All abilities welcome. Contact

hello@huntingdonandnorthstowehockeyclub.com

Fireflies Netball Club (£)

A friendly 16+ netball club training 7:00-8:30pm year-round at NSC. Try first month free.

FirefliesNetballClub@gmail.com

Pregnancy Yoga (£)

Covering breathing techniques, warmup and yoga poses, deep relaxation with self hypnosis (hypnobirthing) and various birth and parenthood preparation topics. 7pm at Longstanton Village Institute. myyogacorner.uk

Northstowe Board Gamers

Join us to play modern-style strategy and tabletop games, anything from Alhambra to Ziemlich Zügig! 3rd Tuesday each month in the Cabin, other weeks at 21 Heron Road, CB24 1AS. Starts 7:30pm. northstowe.gamers@thecolliers.uk

WEDNESDAYS

Northstowe Hub Café

Make new friends – Take your time and relax – Meet with others. Open 9am-12:30pm and 3:30-5pm in the foyer at the Cabin.

The Baby Hub

Feeding and weaning, slings and carriers, cloth nappies and pottying, or just come along for a chat even if you don't need any specific support! 10:30-11:30am alongside the Northstowe Hub Café in the Cabin. babyhub@northstowehub.org

Little Stars (£)

Preschool ballet and dance with Stardust Dance Academy. 10am-11:15 in the Cabin. Book at www.stardustdanceacademy.com

Youth Drop In at Northstowe Hub Café

Youthwork run by Romsey Mill and Northstowe Youth Hive for school years 7-9. 4-5.30pm termtime. Free snacks, or add low cost treats from the café.

Rainbows

For girls aged 4-7. 5:15-6:15 in the Cabin.

Karate Club

Family friendly - Age 6+, children and adults welcome. 6.30-7:30pm in the Cabin.

www.northstowekarate.com

Longstanton and Northstowe Limpers

Session starting at 7.30pm for people that are new to running or getting back into it.

facebook.com/LandNLimpers

Dance Fit (£)

Adult class with Stardust Dance Academy. 7:30-8:30pm in the Cabin. Book at www.stardustdanceacademy.com

Over Power (£)

(See Monday's entry for details)

PFPS playground, 6pm & 7pm

THURSDAYS

Little Explorers

Time for you, your child, and God.

Breakfast from 9:15, main session 9:45-10:45am in PFPS www.northstowe.church/little-explorers

Micro Library

Drop in at the Cabin any time 9:30-4pm, borrow a book or grab a drink from the hub café coffee machine

Baby Massage and Yoga (£)

Drop in fun baby class. 11.15 at Northstowe Tap and Social. myyogacorner.uk

Yoga (£)

An hour to breathe, and be. Suitable for all levels. 12.15 at Northstowe Tap and Social.

myyogacorner.uk

Sling Library

Collection of slings and baby carriers, available to try and to hire. Ran by experienced babywearing consultant. 13:30-14:30 at Tap and Social myyogacorner.uk

Gymnastics (£)

Preschool gymnastics with Stardust Dance Academy. Book at www.stardustdanceacademy.com

Tang Soo Do (£)

(See Monday's entry for details)
4:30pm in WPP.

Northstowe Community Lounge

Socialise with neighbours and have access to free Wi-Fi, hot drinks and refreshments. 6-8pm every Thursday at the Cabin. Free for everyone. We're planning well-being sessions, language classes, games night and more activities.

www.northstowetowncouncil.gov.uk

Sustainable Northstowe

Making Northstowe a green, clean, biodiverse and interconnected place for current and future residents. 3rd Thursday of the month, 7pm in the Cabin. For more info see facebook.com/sustainablenorthstowe or email sustainable.northstowe@outlook.com

Northstowe Cricket Club

Outdoor season underway. Net practice at Fen Ditton Recreational ground, contact northstowecricket@gmail.com northstowe.play-cricket.com/home

Fastbreak Basketball (£)

Indoor sessions in the NSC Sports Hall, 10 & Under and 16 & Under at 7:15pm, Adult sessions at 8:20pm northstowe@fastbreakbasketball.co.uk

Over Power (£)

(See Monday's entry for details)
PFPS playground, 6pm and 7pm.

Scouts

For ages 10½ to 14. Build and develop young people's confidence, sense of adventure and outdoor skills. 19:15-20:30 at NSC. Email info@1stnorthstowescouts.org.uk

Northstowe's Compline (Night Prayer)

Stop, Breathe, Pray. Alternate Thursdays 8-9pm. www.northstowe.church/compline

FRIDAYS

Acrobatics and Dance

Pre-school class with Studio Fogg Dance. 9:45-10:45 in the Cabin. Book at studiofogg.co.uk

Walking for all

A social walk around Northstowe, followed by a free drink. 7 June and 5 July, starting 10:15 at the Cabin.

Baby and Postnatal Yoga (£)

Have fun with your baby while safely rebuilding your core and pelvic floor, stretching and strengthening. Suitable after your 6/8 week check. 11:30am at Longstanton Village Hall. myyogacorner.uk

Baby Massage 5 week course (£)

Learn techniques to help you bond with your baby, soothe them, help with wind and colic, as well as calming ideas and other topics. Suitable from birth. 1pm at Longstanton Village Hall. myyogacorner.uk

Mobile Library

2nd Friday each month, 3:20-4:20pm on The Green outside the Cabin. Free to all, join at the vehicle or online.

Arts Club (£)

Children's activity with Artastic Kids Club. 4-5pm in the Cabin, book at www.gorgeouslittlethingsuk.com

Sewing and Design (£)

Children's activity with Artastic Kids Club. 5-7pm in the Cabin, book at www.gorgeouslittlethingsuk.com

Judo (£)

Ages 5 to 105 from beginners to Dan grades. On Fridays at PFPS, 5-6pm (under 8s) and 6-7pm (over 8s). For more info contact colinhappidojo@gmail.com

Northstowe Badminton Club (£)

Adults social badminton. 18:00-19:30 at NSC.

SATURDAYS**ParkPlay @ Western Park Sports Pavilion**

FREE Healthy outdoor fun with games for everyone. Join us every Saturday any time between 10:30am and 12:30pm on the Multi-Use Games Area behind WPP. Please register at <https://park-play.com/register/>

My Yoga Corner Workshops (£)

Birth rehearsal - Breastfeeding - Babywearing and sling library - Starting solids. 10am-12 at Longstanton Village Institute. myyogacorner.uk

Catholic Mass

Visiting priest from Cambridge. 6pm in the Octagon at Bar Hill. For more details contact Bunty Waters 07734 690580 or Fr. Adrian Gates 01223 622699

Open Mic

Enjoy listening to some local musicians live, or bring your own act! 6pm-9:30pm (every other week) in the Cabin.

SUNDAYS**Sustainable Sundays**

Information stands, swap events and popup Refill Station with zero plastic waste. 4th Sunday of the month, on The Green.

See facebook.com/sustainablenorthstowe or email sustainable.northstowe@outlook.com

Northstowe Monthly Market

Brought to you by Northstowe Town Council. Variety of food and non-food traders. 4th Sunday of the month, 10 AM - 2 PM, inside (The Cabin) and outside (The Green) - YOUR local market!

www.northstowetowncouncil.gov.uk

Northstowe Hub Café

Drop in for a chat, use the micro library and have a drink! 10am-2pm in the Cabin

Emmanuel Church Northstowe

A growing gospel-centred church serving a growing new community. Sunday morning services for all ages at 10:30, at NSC. www.emmanuelchurchnorthstowe.org

ShapeXchange Functional Fitness Classes (£)

Fitness for real life - 45 minute classes to build your strength, stamina, balance and flexibility. 11am in WPP every Sunday morning. Find out more and book now at www.shapexchange.co.uk/classes

Pathfinder Church Sunday Gatherings

'Praying, exploring, and sharing' intergenerationally. 3.30-5pm PFPS during school term. (Church of England, United Reformed Church, Baptist Union: www.northstowe.church/Sundays)

Ignite Youth Group

Youth group from Emmanuel Church Northstowe for anybody ages 11-14. 5pm alternate Sundays in the Cabin. Email ignite.ecn@gmail.com or check [emmanuelchurchnorthstowe.org](http://www.emmanuelchurchnorthstowe.org)

LOCATION ABBREVIATIONS**Cabin**

The Cabin, 1 The Green, CB24 1FD

NSC

Northstowe Secondary College, CB24 1DJ

PFPS

Pathfinder Primary School, CB24 1AA

WPP

Western Park Pavilion, CB24 1DA

KEEP US UPDATED PLEASE! Spotted any errors, changes, or more groups to be included? Please email northstowenews@gmail.com



**Northstowe's
Act of Remembrance
with wreath laying
Sunday 10th Nov 10.45 AM**





Christmas
Fair

Sat 16th Nov
9am - 4pm

Festive gifts, food & crafts

OAKINGTON GARDEN CENTRE

NORTHSTOWE ADVENT WINDOWS

CAN YOU HELP US CREATE A FESTIVE ALPHABET?

B FOR BRUSSEL SPROUTS?
I FOR ICE SKATING?
C FOR CHRISTMAS CAKE?
F FOR ROARING FIRE?
A OR Z?

WITH EACH DAY'S WINDOW REPRESENTING A DIFFERENT LETTER

Read more at www.northstowe.church/advent
then sign up TODAY at advent@northstowe.church
to decorate your window over the advent period and light up Northstowe!
Hosted by the Northstowe Church Network

#NORTHSTOWEADVENTWINDOWS

NORTHSTOWE ARTS UPDATE

As always, we're busy with all sorts of creative projects, events and activities ready for you to join – here's just a taster of some of them!

Make & Mingle

Got a craft project on the go? Fancy spending some time on it every few weeks in the company of like-minded local residents?

We're thrilled to be collaborating with Northstowe Tap & Social on Make & Mingle: free sessions, no need to book – we'll have a table reserved, just look out for the Northstowe Arts flag!

Upcoming dates are 10am Monday 14th October, 7pm Wednesday 16th October, 10am Monday 11th November, and 7pm Wednesday 20th November.



Light Up Northstowe

With a lantern parade, festive lights switch-on, music, food trucks and more, Light Up Northstowe is back!

Working with Northstowe Town Council, Northstowe Foodies, Sustainable Northstowe and many other community partners, we're sure this is going to be another great event.

Make a lantern at home or school, or join one of the free workshops around Northstowe in the next few weeks, then bring it along to join the parade to the Green – or head straight there and enjoy the food and drink trucks, activities in the Cabin and performances by local musicians. Check our website for all the details!

We're grateful for funding from The National Lottery Community Fund and Northstowe Town Council for supporting Light Up Northstowe 2024.

Lake signs

Over the last few months, Northstowe Arts has been working with local sculptor Chloe Leaper and Homes England to create signs for two of Northstowe's new lakes: Unity Lake and Halcyon Mere. Have you had a wander down to take a look yet? Head to our website to download a trail map of things to spot on your way between the two!



The pentagons of Unity Wreath, near Lockhart Way, symbolise our united community and the relationship between nature and our man-made environment. Meanwhile, the birds on Halcyon Mere's sign at the far end of the water park, were inspired by the birds spotted around the lake and designed by residents at community workshops earlier this year.

For more details on all the above activities, visit northstowearts.co.uk – and sign up to our newsletter to receive everything directly in your inbox!

NORTHSTOWE CHESS CLUB

please email: chessnorthstowe@outlook.com
if you plan to join

<https://www.northstowechessclub.com>

WHERE: Tap & Social Upstairs mezzanine

£10 annual subscriptions
Refreshments available from the bar

WHEN: Every Tuesday September to March 7 - 9 pm

3 tables booked
Starting 10th of September



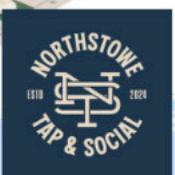
Together with Sport & Wellbeing

Huge thank you to Homes England for providing funding for the boards and the first sessions



All Levels welcome!
Practice friendly chess games
Anyone below 18 years old should be accompanied by an adult

Unit 2, The Mount, Station Rd, Northstowe, Cambridge CB24 3DS



SWAVESEY CAMERA CLUB

The club has restarted the new season in September 2024 - May 2025.

We are always keen to encourage new members to join and pride ourselves on being a very friendly, welcoming club with activities to suit all abilities.

We will have guest speakers at some of our meetings covering a variety of subjects eg, wildlife, infra red photography, long exposure photography, photography visits to Cuba & Africa and landscape photography. We also have internal and external competitions. There will also be members nights covering various topics - so something for everyone !

The full annual subscription this season (September 2024 - May 2025) is -

Adult £68
Concession £55 (Pension age)
Youth membership £20.
Guest visitor - £4 per meeting

Come along and try us out!

The Club meets in the "Carol Shaw" room at Swavesey Village College every Thursday during College term time 7pm - 9pm.

For further info and to see some of our members photos check out our website - www.swaveseycameraclub.co.uk

If you would like more information about the club or you are thinking about joining us please get in touch by filling in the "Contact Us" form on the website.

Maggie O'Moore
Committee member



Couch to Christian

Many people are looking for something more in life. Maybe your life plans are working, and yet you realise you are missing something. Maybe you can't achieve your life plans, and now you want to find something to make life worthwhile. Whether you are looking for a spiritual dimension to life, for ancient wisdom for life, or for something to give true hope and purpose, Jesus offers what the human heart longs for.

But if you are wondering whether Jesus, or religion more generally, is helpful, it can be hard to know where to start. It can be difficult to take the next step. You might be embarrassed to turn up to a church knowing nothing, assuming everyone else will know everything and know what to do.



Couch to Christian is a new initiative from Emmanuel Church Northstowe to help people interested in exploring or trying out Christianity. Like the famous Couch to 5k initiative, it does not assume any prior knowledge or "spiritual fitness level", it helps you learn and grow in small steps, and it offers a community to help encourage you as you learn

There are three key elements to beginning to follow Jesus, and Couch to Christian has all three.

Bible- a daily Bible reading going through Mark's Gospel, a biography of Jesus

Prayer- each week a prayer or guide for prayer to help talk to God

Fellowship- the Christian journey is meant to be in community with others, and each Sunday morning for October and November you can join others doing Couch to Christian and thinking more about Mark's account of Jesus' life together.

There is a fourth element for someone exploring religion: Is this true? So each week there is a link to a helpful video exploring some of the evidence for Christianity or answering some of the objections people raise to Christianity.

Whatever your background or experience, you are very welcome to join our Couch to Christian season. You can download a copy from our website, or email asking for a hard copy to be delivered.

Image credit: Pexels, Rachel Claire

Emmanuel Church normally meets every Sunday 10:30am at Northstowe Secondary College. If you have any questions about Emmanuel or want to get involved, please visit us any Sunday

You can find more information on our website: emmanuelchurchnorthstowe.org or email contact@emmanuelchurchnorthstowe.org



NORTHSTOWE CHURCH NETWORK

praying, exploring, and sharing

Registered Charity Number 1206577



As Autumn approaches, we look back at the highlights of a laid-back summer (with breakfasts, a trip to the Greenbelt music festival, taking the Deckchair Listening Project to the **Northstowe Running Festival** - inviting people to "put your feet up" and tell us what it feels like to pause - and wrapping up with a community BBQ.

Autumn brings many opportunities for community partnership. We look forward to standing alongside those of all religious and non-religious beliefs at **Northstowe's Act of Remembrance with Wreath Laying** on Sunday 10th Nov (10.45am at Bug Hunters' Water), before **partnering with Northstowe Arts for a Lantern Making Workshop at our next regular Afternoon Tea** at 3.30pm on the same day - a laid back opportunity to spend time with friends and soon-to-be-friends as we look forward to the Light Up Northstowe Parade!

Alongside this, all our worshipping communities continue to focus on "praying, exploring, and sharing" as together we encounter the ancient and eternal God who still changes lives today. We're church but perhaps not as you know it: so why not drop in one week? You are always welcome!



We're also preparing for Northstowe's Winter Festival season: we will be taking part in activities on **All Hallows' Eve**, as well as offering a special **Communion Meal** for the season of All Souls and All Saints on 7th Nov.

As we prepare for December, do sign up now to be part of this year's **#NorthstoweAdventWindows** - and keep an eye out for advertising about now-familiar Advent and Christmas activities with both a community and faith-based focus such as **Beer and Carols**, the **Scratch Nativity**, and **Midnight Campfire Communion** (www.northstowe.church/Christmas)



PATHFINDER CHURCH

Roots, path, and wings

Sundays 3.30-5pm

The Pathfinder CofE Primary School

Bringing together those of all ages and stages of life for interactive Sunday worship and through-the-week links with the primary school



LITTLE EXPLORERS

Time for you, your child, and God

Thursdays 9.15-10.45am

The Pathfinder CofE Primary School

Breakfast, storytelling, singing, and multisensory worship for babies, pre-schoolers, and their parents or carers



COMPLINE COMMUNITY

Stop, breathe, and pray

Every other Thursday 8-9pm

Contact us for this Northstowe address

Fortnightly gatherings to share in silence and the poetry of Compline ("Night Prayer"), as well as regular communion meals

The Northstowe Church Network (Pathfinder Church, Little Explorers, Compline... so far!), led by Revd Beth Cope and Revd Stephen Dove, is a partnership of the Church of England, United Reformed Church, and Baptist Union, and shares a vision with Methodists and Quakers. But we come from all Christian traditions as well as those new to Christianity: together we are pilgrims on a journey, asking questions and exploring the connections we find between everyday life and our spirituality.

T 01954 261 181 E contact@northstowe.church W www.northstowe.church

All Saints Church, Rampton Road, Longstanton is the neighbouring parish church of Pathfinder Church, Northstowe, within the Church of England.

Sunday services in All Saints are held at 9.30am as follows:

All Age service on 1st Sundays
Holy Communion on 2nd, 4th & 5th Sundays
Morning Praise on 3rd Sundays

The primary contact person is:

Rev'd Jenny Hill

Interim Leader of the 5folds team ministry

Serving in Longstanton, Over, Willingham and Swavesey.
T: (01954) 203459 E: admin@5folds.org.uk



Catholic Church

Parish Priest: Fr. Simon Blakesley

St Laurence's Church, 91 Milton Road, Cambridge CB4 1XB

Phone: (01223) 704640

Live streaming available.

Mon, Tues, Thurs, Sat: Mass 9.30am

Wed, Fri: Mass 12.30

Sat: Vigil Mass 6.00pm

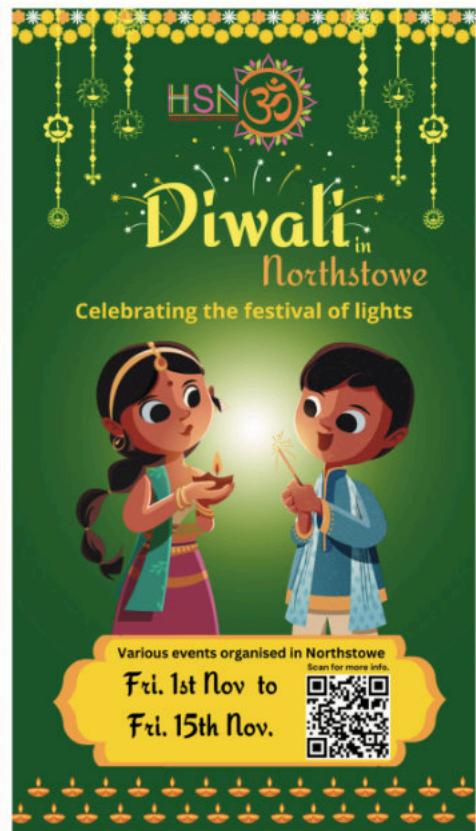
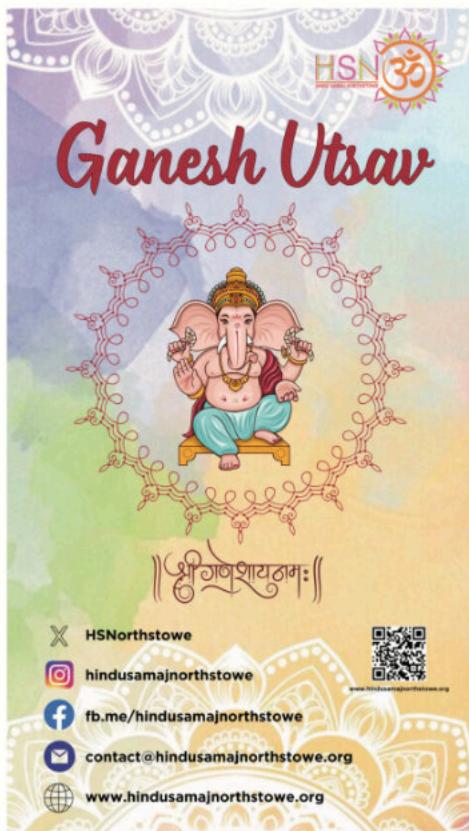
Sun: 0800, 9.30 and 11.00am

1st Friday of each month, House Mass locally 7.00pm.

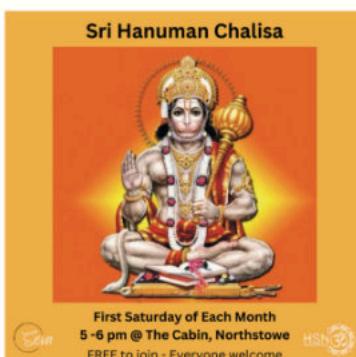
Please ring on above phone number for details of where this is being held.

Hindu Samaj Northstowe (HSN)

Ganesh Chaturthi, a vibrant festival honouring Lord Ganesha, the deity of wisdom and new beginnings, was recently celebrated with great enthusiasm in Northstowe. The festival marks the arrival of Ganesha and involves rituals, music, and communal activities that bring people together in a spirit of joy and unity. We are incredibly grateful to all the community groups and local businesses that supported our Ganesh Utsav. A special thanks to Homes England, whose Community Activation Fund made this event possible. Your contributions helped make this celebration a success, and we appreciate your continued support.



This year's celebration was truly special, as it saw participation from residents of all backgrounds. Families gathered for the Sthapna Puja, enjoyed delicious food, and engaged in cultural performances, games, and a lively Visarjan procession. It was heartwarming to see our diverse community come together to celebrate, learn, and share in the joy of this traditional festival. As we look forward, the Hindu Samaj Northstowe (HSN) is excited to invite everyone to join us in our upcoming celebrations, including Diwali and Sharad Utsav. These events are open to all, especially those who have always been curious about our traditions. We warmly welcome everyone to be a part of our cultural celebrations, share in the festivities, and learn more about the rich heritage that makes these events so meaningful.



- HSNorthstowe
hindusamajnorthstowe
fb.me/hindusamajnorthstowe
hindusamajnorthstowe@gmail.com
hindusamajnorthstowe.co.uk



Northstowe Muslims' Foundation Day (15th September 2024)

The months from July to August saw violence across the UK. In those tumultuous times, Northstowe witnessed different faith groups coming together and issuing a statement of peace and reason. It shows that faith collaboration is working in Northstowe and could be a model to replicate throughout UK. We appreciate and celebrate our differences.

"O humanity! Indeed, We created you from a male and a female, and made you into peoples and tribes so that you may get to know one another. Surely the most noble of you in the sight of Allah is the most righteous among you. Allah is truly All-Knowing, All-Aware. The Glorious Quran, Chapter 49, Verse 13

The months of August and September also witnessed the efforts of Northstowe Muslims to celebrate its annual foundation day on 15th September 2024. We invite the whole of Northstowe, to come and celebrate this day with us.

Northstowe Muslims will celebrate its Foundation Day to commemorate its establishment and reflect on its journey, achievements, and growth over the years. This day serves several important purposes:

1. **Historical Significance:** 15th September, which is the Foundation Day will mark the celebration of the beginning of Northstowe Muslims Charity's existence, acknowledging its history and the visionaries who played a crucial role in its inception. Only a few years ago, there was no community or faith group for Muslims in Northstowe or any of the adjoining villages, such as Willingham, Longstanton, Over, etc. It was then decided by a few Muslims in Northstowe, and the adjoining villages to come together and make their own faith group, which led to the creation of Northstowe Muslims (NM).
2. **Cultural Identity:** Celebrating the Foundation Day will help reinforce the charity's culture, values, and mission, fostering a sense of identity and continuity among its members. This is achieved by giving a platform to the Muslims in Northstowe & the adjoining villages, to come together and celebrate, as one united ummah.
3. **Members Morale:** The foundation day will provide an opportunity to recognize and appreciate the contributions of all members of Northstowe Muslims, boosting morale and fostering a sense of belonging, and togetherness, as one strong and united community.
4. **Public Relations:** Foundation Day will be a platform for enhancing the charity's public image, showcasing its achievements, milestones, and future goals to the broader community. This day is not just for Muslims, but for all the residents of Northstowe and the adjoining villages whether they are of faith or no faith, to come together, and celebrate this day. We are all different but we respect our differences.
5. **Strategic Reflection:** The foundation day will offer a moment for the charity to reflect on its past, assess its current position, and strategize for the future. This is necessary to ensure that we can fulfil all the social and the spiritual needs of our members.
6. **Networking and Collaboration:** The events organised on Foundation Day will bring the entire Northstowe and the adjoining villages together, fostering networking and collaboration opportunities, between the residents.

In essence, The Northstowe Muslims' Foundation Day or NM Day is a symbolic occasion that celebrates the organisation's past, strengthens its present, and inspire its future.

Come and be a part of our celebrations.



Website: www.northstowemuslims.org

Twitter: <https://twitter.com/NorthstoweM>

Facebook: <https://www.facebook.com/Northstowe-Muslims-111484854961736>

Instagram: https://www.instagram.com/northstowe_muslims/

GAME OF THE MONTH

Forbidden Jungle is a fun cooperative game where you explore an abandoned space station in an alien jungle, to find a way home. In this game you are working together against the board: you need to find a portal and the crystals to power it, then move them so they surround the portal. Meanwhile the native insects move around, multiply and try to sting you. Each player has a turn where they can take 4 actions, then you turn over cards from the Threat Deck to see what the creatures of the jungle will do. As with many cooperative games there are lots of ways to die but only one way to win; you need to work out what is your best approach - to prioritise the immediate threats or whether it is safe enough to pursue the ultimate goal.

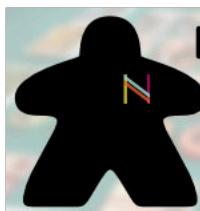


Forbidden Jungle is designed by Matt Leacock, and published by Gamewright.

This game was designed by *Matt Leacock* – a prolific games designer most known for his cooperative games. His most famous is Pandemic, we have previously reviewed one of his other games, Pandemic: Rising Tide (way back in issue 5). This is the forth in his series of “Forbidden ____” games as you explore different environments to escape them only to find yourself in another tricky fix. Although they are completely standalone games you can see artwork of elements from previous games to tie this loose story together. First you explore a sinking *Island* to collect hidden treasures, then a *Desert* to discover the parts and reconstruct a solar powered airship all while avoiding sand storms. Then you take to the *Skies* to power your rocket, creating a circuit so you can use the lightning to set off, being careful not to fall off or get struck by lightning yourself.

We would highly recommend the first 2 games for families and people getting into games as they are a nice simple introduction to cooperative games. They are especially good for playing with someone who is still learning how to win or lose well, as you all win and lose together. *Forbidden Sky* was also fun and had a great light up rocket that flashed and made noises when you won the game, but overall felt a bit too fiddly, and the circuit gimmick took over a bit. This fourth in the series feels like it is going back to its roots, although now with more elements that you have to focus on. The pieces and artwork are quite atmospheric and give the game a great sense of foreboding (some younger children may find the theme too scary, perhaps). There are quite a lot of suggested map layouts with varying difficulty, so it should remain a challenge even after many repeated plays.

Andrew and Sarah Collier



Northstowe Gamers
Online and in-person board gaming meet-ups
Tuesdays 7:30pm

facebook.com/groups/northstowegamers
northstowe.gamers@thecolliers.uk

We're in The Cabin on the third Tuesday each month, or at our home on other weeks. The next dates in The Cabin are: **October 15th and November 19th**

Plus! After the success of our first **Board Games Afternoon** in July, we're holding another on **Saturday October 19th** – 2pm-6pm in The Cabin, drop in at any time and stay as long as you like.

For details search FaceBook for “Northstowe Gamers” or email northstowe.gamers@thecolliers.uk



AlphaCEC
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Book your Airport or Long distance ride today!

We used AlphaCEC for a business transfer from Longstanton to London Heathrow for the first time this week. Brilliant service and a really lovely driver. Highly recommend for business and personal use.

***** (5* Facebook Review) Amy Moran

I've travelled with three different drivers from Richard's company this year. An extremely safe, comfortable, peaceful, punctual journey every time. I'm delighted to have found such a reliable service and look forward to using them for all my future journeys.

***** (5* Google Review) Jo Eadie



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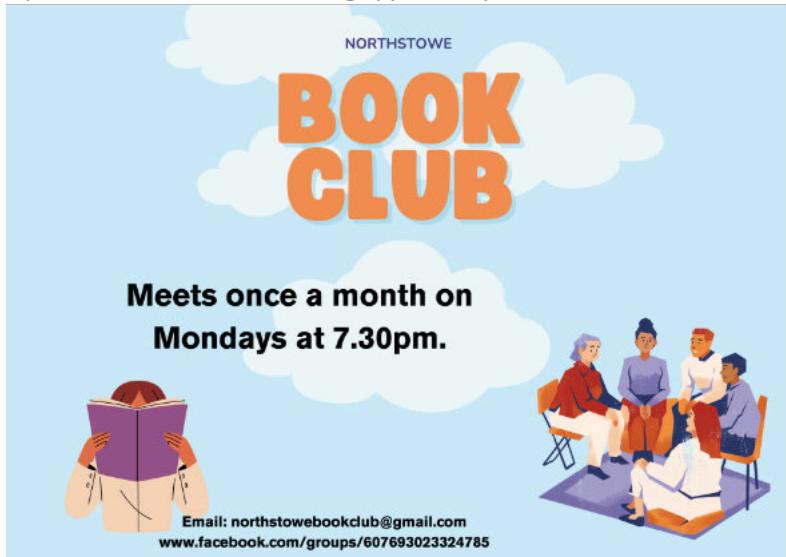
📍 Haddenham, Ely, Cambridgeshire, CB6



C2646

NORTHSTOWE BOOK CLUB

We have started to meet again in person to see if this is more popular. If you are someone who requested this do join us. We meet in different venues, so send a message to find out where we are next month. We read lots of genres, children's books, contemporary novels, classics and a wide variety of non-fiction. Do feel free to come along regularly, or when a particular book we are reading appeals to you.



Review: The Lion Above the Door by Onjali Q Rauf



Sometimes we select a children's book to read at book club, and this novel was enjoyed by all who came to our August meeting.

I love this author's books. They are full of characters who face challenges with good grace and humour. They're the sort of children you would like your offspring to choose as friends.

Leo and Sangeetha are studying World War 2 at school and preparing for a trip to see a war memorial at the cathedral. They fear that the focus will be on British heroes and doubt they will discover any war heroes from their Singaporean and Indian backgrounds. Did their ancestors join in the war effort, or remain passive, much as their parents do today when faced with discrimination in their rural village?

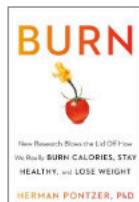
To Leo's surprise he spots his own name on the list of war heroes. Who is this other Leo, and how are they connected? Nobody in his family can provide answers, but Leo is desperate to find out.

I enjoyed Sangeetha and Leo's determination to find the truth. They are willing to break rules, both parental and societal in their quest for information, and the subsequent conclusion is satisfying without being unrealistic. They don't find all the answers, and the racist bullies in their class don't reform overnight, but the book is uplifting and sensitively written. I recommend this to anyone above the age of 8 or 9.

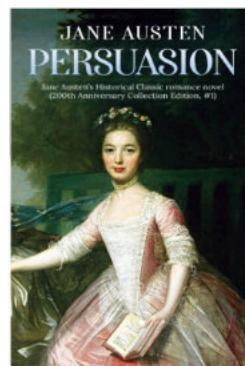
Next meetings

9th September – Burn: the Misunderstood Science of Metabolism by Herman Pontzer

Synopsis: A myth-busting tour of the body's hidden foundations from a pioneering evolutionary biologist. Why do so many diets lead to weight gain? Do more active people have faster metabolisms? Is exercise essential for weight loss?



BOOK REVIEW



Persuasion, by Jane Austen, is a romance novel following the trials of Anne Elliot, a relatively old spinster by the standards of Regency England, as she deals with her difficult family and the return to her life of the man she had once planned to marry.

Over the course of the book, she comes to terms with her own regrets and how she has changed as a person as well as getting to know her ex-fiancé again. Finally, despite the opposition of her family and thanks to her own sense and loyalty, Anne gets the happy ending she's been waiting for.

This was the final book Austen wrote before her death and feels much more world-weary than some of her other books, tinged with the tragedy of lost love and regrets. It wasn't long before I was starting to feel that the level of repressed Regency pining was reaching critical mass. However, it's very well crafted to never go over the top and instead kept me reading, longing for Anne to get a break for once as she was constrained by her situation and the mores of her society and her family continually looked down on and ignored her. Anne herself was very sympathetic and it was touching how she insisted on doing things like keeping in touch with an old friend her father and sister treated with scorn due to her poverty and disability.

I would recommend it for adults with a fair amount of patience for slow-building romance.

Becca Edney

14th October – Someone Else's Shoes by Jojo Moyes

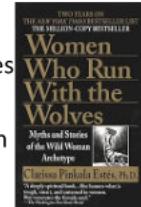
Who are you when you are forced to walk in someone else's shoes? This is the story of two very different women, one wealthy, one scraping by, both in crisis, whose lives collide when Sam accidentally picks up Nisha's gym bag at the gym.



11th November – Women Who Run With the Wolves by Clarissa Pinkola Estes

Synopsis: The "wild woman" is the wise and ageless presence in the feminine psyche that gives women their creativity, energy and power. This book aims to give contemporary readers a new sense of direction, self-confidence and purpose in their lives.

Kathy Fountain



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An update from
Fen Drayton Lakes



Fledged Hobby chicks – Henry Cook

As we head into autumn, another breeding season on the reserve has come to an end. Like in previous years, this one has had mixed success with some species doing well and others sadly not doing so well.

A pair of Grey Heron successfully nested on site for the first time, fledging three chicks. As birds that usually nest communally, it is going to be interesting to see if they return next year and have other pairs join them.

A Hobby pair once again nested on site, fledging two chicks. Despite being aerial predators that spend a lot of time in the sky, they are amazingly unobtrusive when nesting and we weren't aware of them until quite late in the breeding season.

Our pre-dawn bittern surveys back in April quickly picked up two booming males: one each on Holywell and Elney Lakes. We were unable to conclusively confirm if either had attracted a female, but it is likely that at least one of them did as a Bittern was seen regularly flying in and out of Holywell throughout the summer – behaviour typically associated with a female feeding young.

A Nightingale was present and singing beautifully for a week in May before going silent and not being seen or heard again. We will be carrying out habitat management work for this species over the winter to hopefully attract them back for next year.

Turtle Dove were once again present with two males calling on site and a third just south of the reserve. A family group was then seen in late August - fantastic news for one of the UK's most at-risk species.

Black-headed Gull and Common Tern had a hard time last year being severely affected by Avian Influenza. This, together with issues of flooding, resulted in numbers of breeding pairs plummeting from their 2022 levels. This year saw an increase of both species, although it will take some time to get back to pre-Avian Influenza levels.

As the autumn and winter progress over the next few months, we will be busy carrying out habitat management work around the reserve to get it into the best possible condition for the 2025 breeding season.

Upcoming events at Fen Drayton Lakes

Wednesday Wander Guided Walk - Ever thought you'd like to know more about the reserve and its wildlife? Volunteer-led guided walks take place once a month, usually on the second Wednesday.

To see further details and book, please visit:
events.rspb.org.uk/fendraytonlakes

Email: fendraytonlakes@rspb.org.uk

Visit rspb.org.uk/days-out/reserves/fen-drayton-lakes

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LDHS HERITAGE SOCIETY UPDATE: October - November 2024

RAF Oakington (1939 - 1945) Remembered

As is usual at this time of year, local residents and members of 7 Squadron Association come together in All Saints' church Longstanton to remember the contribution made by personnel from RAF Oakington during the Second World War. This Bomber Command airfield was constructed on the parish lands of Longstanton and Oakington so the airfield has always held an important social and military role within these communities. With phases 2 and 3 of Northstowe now being constructed on the former RAF Oakington site, it is important that the new town is at the forefront of efforts to ensure that this airfield and its history is not forgotten.

Since the launch of the Heritage Society in May 2007, LDHS has endeavoured to ensure that the shared social, rural and military heritage of the two villages and Northstowe is remembered locally; as can be seen from the many examples across Cambridgeshire. The LDHS Archives are a collection of information, stories and pictures put together over the last 15+ years. The importance of this archival collection was recognised in the Northstowe planning process, with the Phase 2 Section 106 planning agreement containing a commitment to the '*display and storage of the LDHS Archives within Northstowe*'. Realising this obligation following the collapse of the Heritage Annex building project is still undergoing discussion by members of the Heritage Steering Group. Whilst the latest meeting was positive there is still work to do prior to the 2024 AGM of the Heritage Society, which is expected to take place later this year.

In the meantime, we remain hopeful that Northstowe residents and the Town Council will realise the importance of these archives before it is too late. As part of our continuing optimism we endeavour to bring Northstowe residents historical information in a variety of ways, as illustrated by recent community events and by the regular Northstowe News articles that we continue to submit. As this edition coincides with 7 Squadron's Annual Memorial Service at All Saints' church and Remembrance Day itself, we thought that Northstowe residents would like to know a bit more about RAF Oakington's links to Stalag Luft III, known to many as the POW camp which featured in the film the 'Great Escape'



The photo below was taken within the Stalag Luft III camp and features POW's from 7 Squadron who flew from RAF Oakington. Squadron Leader Charles Lofthouse (4) was instrumental in ensuring that All Saints' church has the Memorial Window and Roll of Honour we see today. His navigator Dennis Cayford (6) was one of the original members of LDHS and he recounted how he was in the tunnel 'Harry', when it was discovered. Gillian Chesney-Green, another LDHS member, writes: 'Johnny' Travis (10) was on the same crew as Tayler, Spy, Earngey, MacNamara, Arnold, Henigman and Goodman (dad). All were crew of MG-J that took off from Oakington on 6/7 Jun 1942 for Emden but didn't return'.

More information can be found on the Heritage Society's Facebook page (see below), where you will find pinned posts providing information on LDHS member Ben's Facebook group. You will also find details on how to purchase Ben's latest book.

<https://www.facebook.com/profile.php?id=100068858171570>

Ben van Drogenbroek
The Stalag Luft 3 Archives of Holland



Ben van Drogenbroek
The Stalag Luft 3 Archives of Holland

Ben van Drogenbroek
The Stalag Luft 3 Archives of Holland



Stalag Luft 3
- North Compound -
photo taken in front of the entrance of the theatre

- 1) Edward Joseph Earngey ("Ted" Earngey) [AUS/402761]
- 4) Charles James Lofthouse ("Lofty" Lofthouse) [67052]
- 6) Berkeley Denis Cayford (Denis / "Cay" Cayford) [47518]
- 22) Harry Douglas Spy [78865] ???
- 23) Norman Leslie Tayler ("Buck" Tayler) [565003]

7 Sq. - Stirling W7471	6 June 1942	p.o.w. 547
7 Sq. - Lancaster JA678	23 August 1943	p.o.w. 12719
7 Sq. - Lancaster JA678	23 August 1943	p.o.w. 2355
7 Sq. - Stirling W7471	6 June 1942	p.o.w. 559
7 Sq. - Stirling W7471	6 June 1942	p.o.w. 560

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Youth Updates

from Northstowe Youth Hive and Romsey Mill



ROMSEY MILL

LOOKING BACK TO A GREAT SUMMER!

We enjoyed running drop in sessions over the summer where new year 7s were able to join with young people already familiar from Wednesday youth club. Emma and Sarah-Jayne were also around Northstowe doing some detached work - meeting young people out in the community. The young people had asked for a couple of trips: we had a wonderful time at the Aqua Park, sports on Western Park, and baking in our new air fryer.



YOUNG PEOPLE'S VOICES ARE HEARD

As a team we encourage young people to take leadership in what their youth club sessions and support look like. The ideas for activities, trips and resources come from the young people and we try our best to turn them into a reality. We are always keen to hear from young people about what is important to them and what they feel would be helpful within their community - do get in contact with us if you have new ideas!

Get in touch for more info: emma.whitbread@romseymill.org or youth@northstowe.info



The Northstowe Youth Hive is about more than just a youth club: we are here to empower young people of all genders, backgrounds, faiths, and sexualities to have fun, develop, and make a difference. We are a locally constituted charity, with volunteer trustees working in close partnership with the professional expertise of Romsey Mill through Emma Whitbread - Northstowe's Youth Development Worker

VACANCY: Treasurer needed*

The Youth Hive are looking for a volunteer to help establish local fundraising (including gift-aid), support grant applications, and fulfil treasurer responsible for our small local charity

*this light-weight role can be entirely behind-the-scenes and fit flexibly around your main work-life commitments

Youth Drop in

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ALL ARE WELCOME!

Get in touch for more info [@Northstowe_youth on Instagram](mailto:emma.whitbread@romseymill.org)

ROMSEY MILL

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JOIN THE BABY HUB: A COMMUNITY FOR NEW FAMILIES

Are you a new parent looking to connect with others in your community? The Baby Hub, hosted at The Cabin in Northstowe, offers a welcoming drop-in group designed just for you. This group provides a safe and inclusive space where parents and caregivers can come together, socialise, and build a supportive network.

The Baby Hub is an ideal place to make new friends and share your parenting journey with others who understand what you're going through. Whether you're looking to exchange advice, gain reassurance, or simply enjoy some adult conversation, this group is here to help you feel connected and supported.

Baby Hub provides an instant community for new parents. I've met such a lovely, inclusive and supportive group of ladies and would recommend it to any parents in or around Northstowe.

Z.

Each visit also includes a hot beverage from the Northstowe Hub café, so you can enjoy a warm drink while you connect with others. While the group is completely free to attend, we do welcome donations to help cover room hire and café costs.

**Find us in Assembly Room 1 The Cabin Weds 10:30-11:30
For any more information, please contact us at babyhub@northstowehub.org.
We look forward to welcoming you and your little one to the Baby Hub soon!**



“

I've only been able to attend the Baby Hub once but I felt instant support and have now been included in a WhatsApp group. It's lovely to have a little network of other parents in the area especially as a first time mum.

K.

“

Our lead volunteer for the Baby Hub can also offer expert guidance on key topics like breastfeeding, infant feeding, weaning, sleep, babywearing, and more. Additionally, a sling library is available, allowing you to explore different babywearing options. This support is offered in a relaxed, informal atmosphere, making it easy to get the help you need.

“

Attending Baby Hub has helped me a lot through my journey as a new mum. It's a support network close to home. We share tips, milestones, struggles. It's also a nice way to socialise and make friends during maternity leave.

R.

“



Pop into The Cabin on a Wednesday 9-12:30, 3:30-5pm or Sunday 10am-12pm
for a warm welcome, hot drinks and snacks

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Guy Fawkes Night (November 5th) Word Search

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