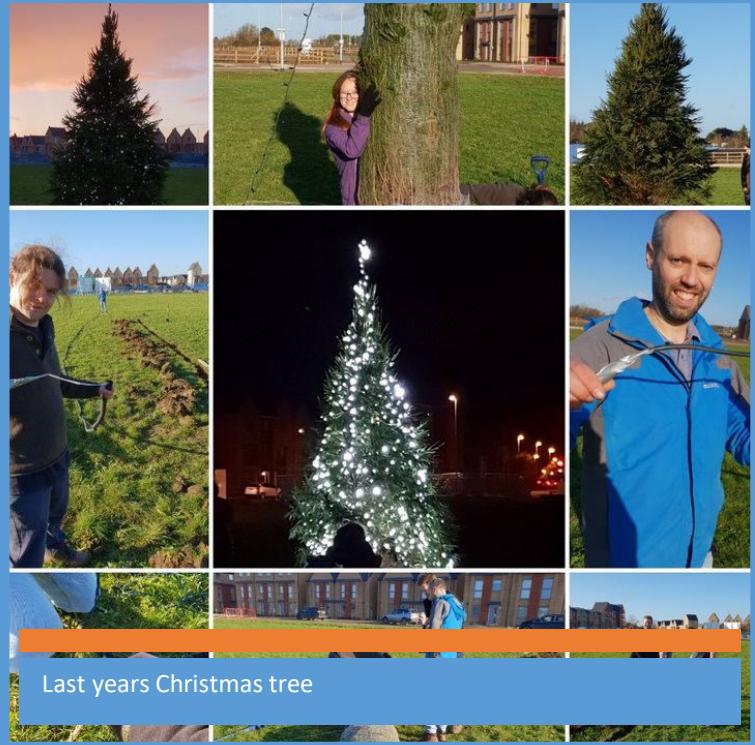


# Northstowe News

Issue 6

November/December



Last years Christmas tree

More writers needed!

If you want to learn more about Northstowe News or submit adverts, ideas or articles please email

[Northstovenews@gmail.com](mailto:Northstovenews@gmail.com)

## Advertising Rates (Black Only)

| Ad Size                         | Ad Cost Per insert |
|---------------------------------|--------------------|
| Eighth Page Ad<br>95mm x 64mm   | £15.00             |
| Quarter Page Ad<br>95mm x 132mm | £30.00             |
| Half Page Ad<br>194mm x 132mm   | £60.00             |
| Full Page Ad<br>194mm x 269mm   | £120.00            |

Want to advertise in Northstowe News?

Contact [adverts@pendrill.net](mailto:adverts@pendrill.net) for more details



## CHRISTMAS EVENTS

Look at our events page events on

So much happening over November and December. Don't miss out!



Christmas Wing Wednesday 2018

Pathfinder Church, Northstowe,  
A Toy's Life and Beyond and the  
Sustainability Working Group  
invite you to join the first

# Northstowe Sustainability Day

Sunday 24<sup>th</sup> November 10am—1 pm  
Pathfinder CofE Primary School, Northstowe, CB24 1AA

- "Leave It or Take It" book, toy & clothes swap
  - Circular Economy Trail
  - Cloth Nappies
  - Food Hub
  - All-age Plastic Waste Talk from Prof James Elliott (Cambridge University)
  - Hands-on Composting
  - Plastic Reduction
  - Community Action: get involved!
  - Pop up Café
  - Storytelling
- ...and much more!



Suitable for all ages

Read more:

<https://atoyslifeandbeyond.org/lets-get-circular>

Followed by  
Forest Church: 3.30-5pm  
[www.northstowe.church](http://www.northstowe.church)



## Firework Wordsearch



|              |           |           |
|--------------|-----------|-----------|
| FIREWORKS    | GUNPOWDER | GUYFAWKES |
| SPARKLER     | ROCKET    | BONFIRE   |
| ROMAN CANDLE | FUSE      | SMOKE     |

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# Northstowe's Advent Adventure around the World

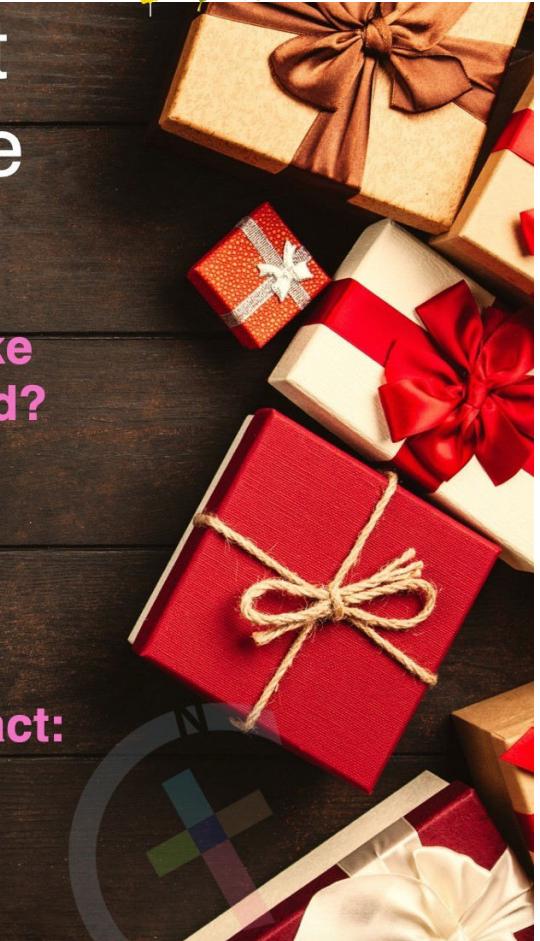
24 Windows  
over 24 Days

Would you like  
to get involved?

Day 1 Launch at the Northstowe  
Christmas Tree Light up

To sign up or for more details contact:  
[advent@northstowe.church](mailto:advent@northstowe.church)

In collaboration with Northstowe Social Committee & Pathfinder Church Northstowe



# Editors Welcome

Michelle Kemp

Welcome to issue 6 of Northstowe News! It's been a whole year since Northstowe News first went to print and what an incredible year it has been. We've had a fantastic international wing Wednesday with over 30 countries represented in Northstowe, we've had the opening of The Green and a wonderful Easter egg hunt. We've seen the first food vans arrive in Northstowe and a truly explosive science themed Wing Wednesday, but this has always been my favourite time of year. Last winter we had a calming mindfulness Wing Wednesday in November followed by all the chaos of the holiday season. The Christmas tree was put up, then blew down, then was put up again. We had several great events round the tree including the lighting up ceremony, the carols round the tree and a guerrilla New Years Eve party. Look on our events page to see what the Social committee have planned for this year.

## District Council

At the end of August, we met with the Northstowe developers. We had requested a meeting to discuss the ongoing issues with construction noise, breaches of permitted working hours and construction traffic. Developers were invited to attend by our Lead Member for Planning, Cllr Tumi Hawkins, and our Enforcement Officers. Representatives from Bovis, Linden, Taylor Wimpey, Barratt Homes (including David Wilson), L&Q and Homes England attended. The following was agreed:

- They will write to contractors and subcontractors reminding them of their obligations to abide by the transport plan (i.e. not to use B1050 through Willingham).
- They will provide senior level contacts to whom breaches of any planning conditions should be reported.
- To research options for CCTV at the entrance to Northstowe to monitor traffic entering and leaving.
- To implement either a log system or CCTV to monitor the individual sites for incoming and outgoing traffic. These would be used in conjunction with the CCTV at the entrance and would be available to SCDC Enforcement Officers.
- To ensure white-noise reversing alarms are installed on all vehicles.
- To proactively manage the noise issues and ensure construction is done only within the permitted times.

We reiterated that the issues with noise continue to be a problem for existing residents, but also cause concern for potential house buyers who see complaints on social media. We are hoping this will act as motivation to resolve these issues! After the meeting, we had a useful conversation with the Head of Homes England Northstowe, Philip Harker. Although house building for this phase has not started, it was reassuring that he was there to hear the concerns. He said that he would accelerate plans to implement CCTV for Phases 2 and 3. We both felt that this was a very constructive meeting and we are hopeful that an agreement can now be reached to improve things for residents. We will keep residents updated on the follow-up from the meeting.

It was recently announced that SCDC has purchased 81 new council properties as part of the first new neighbourhood of 406 homes to be built on Northstowe Phase 2a. These apartments will be either 1- or 2-bed and available at affordable rent. 60 will be apartments for the over-55s and we are particularly pleased that this will encourage inter-generational living.

The apartments will be built using Modern Methods of Construction (MMC). The homes are produced in factories and assembled on-site. MMC enables home building to be quicker and more efficient and will provide energy efficient homes which will be more affordable to heat. SCDC is now aiming to build or acquire over 70 council houses each year and have so far exceeded that target.

As you are probably aware, there has been a public campaign from Northstowe residents to get L&Q to get on with building Pioneer Park. Behind the scenes we have also been working with the Council to put pressure on them. Ultimately the strongest action we can take is to issue a stop notice on the entire development which would halt development of all houses and infrastructure until we are sure L&Q are keeping to their promises. The council, with our full support, are quite prepared to issue this but it is a final ultimatum and we hope the positive steps the developers have made will continue.

As a reminder Homes England have launched their pre-application engagement which can be seen on Northstowe.com together with the chance to provide feedback – do please give your views. Those of you who were engaged in the original consultation will see many of the residents views incorporated into this design which has been very exciting to see.

For more news & updates go to: [https://www.sclibdems.org.uk/longstanton\\_news](https://www.sclibdems.org.uk/longstanton_news)

Please do get in touch if we can help in any way.

Sarah Cheung Johnson: [cllr.cheungjohnson@scambs.gov.uk](mailto:cllr.cheungjohnson@scambs.gov.uk) 01954 489089

Alex Malyon: [cllr.malyon@scambs.gov.uk](mailto:cllr.malyon@scambs.gov.uk) 01954 202859



# County Councillor's update

## Divisional Highways meeting

This is a meeting where all the local highway issues are discussed by the Parish Clerks and Chairs of Northstowe/Longstanton, Over, Oakington and Westwick with the County's highways team. It is held once a quarter the last one being held on 20<sup>th</sup> September.

## Pedestrian Crossing.

At long last, we are in receipt of pedestrian crossing warning signs for the crossings on the B1050.



## Housing Minister

It was a pleasure to meet and speak to Esther McVey, the Housing Minister, at Northstowe on the 23<sup>rd</sup> September. We met many residents who spoke about their experiences living within the building of a new town, and working in the local area.

## A new plan agreed to reduce falls

A new plan to help older residents improve their health and stay independent, by reducing their risk of a serious fall. The aim of the Falls Prevention Programme, agreed by the County Council's Health Committee, is to prevent any increase in the rate of serious falls and improve quality of life and health outcomes. Worth more than £800,000, the new plan will focus on hotspots where falls and hip fractures amongst older people are most prevalent. The programme is forecast to reduce falls by up to 26 percent – that's around a 1000 falls over the three year period. The Falls Prevention Programme is part of the County Council's investment in prevention services to keep people well, healthy and independent in their own homes. It builds on a two year programme including the Stronger for Longer campaign signposting people to strength and balance activities, and the introduction of integrated high quality assessments of those at risks of falls across Cambridgeshire.

## Cambridgeshire schools on the up!

In the week that applications for primary and secondary schools open there was good news about Cambridgeshire's schools. Four years ago, less than 50% of our schools were graded as good or better by Ofsted. This figure today sits at 93.5% of schools meaning that Cambridgeshire is ranked 16th out of 150 local authorities nationally. Moreover, this year saw improvements in results at both Key Stage 2 (end of primary school) and GCSEs. The Pathfinder School is going from strength to strength under the expert guidance of the head Steph Redgate and I'm looking forward to working with our new secondary school.

## Powering up St Ives Park & Ride

An energy project transforming St Ives Park & Ride into a renewable energy generator is getting closer. The project will see solar panels on carports generating renewable electricity, powering not only the site, but also electric vehicle charge points and allow the sale of power to local businesses, including battery storage housed in container-sized cabinets. The £3.6million project will be one of the first of its kind in the country and will avoid the release of nearly 2,400 tonnes of CO2 with construction to start in later this year. The Council's vision is to secure renewable and resilient energy supplies that can support local needs, whilst maximising the commercial benefit to support front line services.

## Record year for Music Live!

Music Live, a festival run by the County Councils music tuition team Cambridgeshire Music, brings bands and orchestras into the county's schools where they give live performances, reached a record audience of 16,000 young people this year – many of whom have been inspired to take their music further. They included concerts, musical workshops, and masterclasses in which young musicians in Cambridgeshire were able to learn in small groups with the professional musicians involved. In total, over 16,000 young people experienced live music in their school, while more than 6,700 young musicians took part in workshops with leading professionals. These events included at least 2,200 young people with special educational needs and disabilities.

The feedback from the schools themselves was overwhelming, describing the events as 'excellent' with one teacher saying that it had created "a buzz of excitement and enthusiasm in the school".

Peter Hudson  
County Councillor for  
Northstowe, Longstanton, Over, Oakington, and Westwick.



# Parish Council

## Chairman's Update

Longstanton Parish Council is now back in full-swing after the summer break. Our first meeting since the summer holidays was on 9th September and had a full agenda. As always, every month there is a 10-minute session for parishioners, and members of the public to raise subjects they feel need presentation to the Council. We are always happy to help directly, but you will be most welcome at any meeting to speak or present on a topic that concerns you! Remember that once a quarter the meeting is held in the Community Wing at Northstowe.

## Kingfisher Pond Update

Some of you attended the September meeting where we were joined by Michael Huntingdon of South Cambs to review the situation with the water levels since the construction work started on Northstowe. While we received a relatively comprehensive update, disappointingly some information had not been passed on to the council for review, and we will be expecting a further update in coming months. This remains an issue that many members of the parish are very engaged with, and we will continue to work with SCDC and other parties to establish the cause and any actions that can be taken as a result.

## Community Events

We hosted a couple of CPR and Defibrillator training events in September (one in Longstanton and one in Northstowe). We would like to thank Magpas for the free training they provided.

There will be a Remembrance Sunday parade (10<sup>th</sup> November) again this year from the Village Green (Nelson Crescent) in Longstanton to the war memorial at All Saints. After the Act of Remembrance, everyone is welcome to continue in the church for the service to follow.

Longstanton Parish Council have agreed to purchase a 20ft Christmas Tree to be placed on The Green for the festive period. We have approached the housebuilders for support with this and understand that they are keen to contribute towards this year's decorations.

## Sustainability

We recently set up a new Working Group of the Parish Council with members consisting of residents from Northstowe and Longstanton. We will be working closely with them to support sustainable initiatives to the community. Please do keep an eye on your parish council Facebook page <https://www.facebook.com/longstantonpc/>, for information as it is released.

Until the next update, if your Parish Council can help you in any way, feel free to contact us.

Thanks

**Dan delaMare-Lyon**

Chairman, Longstanton Parish Council

## Bin collections

Report missed bins at:

<https://www.scambs.gov.uk/bins/report-a-missed-collection/>

Thursday 7<sup>th</sup> November Blue and Green

Thursday 14<sup>th</sup> November Black

Thursday 21<sup>st</sup> November Blue and Green

Thursday 28<sup>th</sup> November Black

Thursday 5<sup>th</sup> December Blue and Green

Thursday 12<sup>th</sup> December Black

Thursday 19<sup>th</sup> December Blue and Green



*Christmas and New Year Collections not yet released by SCAMBS*

## Northstowe Wheelers

Darren Calvert



The Northstowe Wheelers are a group of local cyclists who meet regularly to do group rides. The group has been going since 2013 when we used to meet in Longstanton, but with so many of our cycling chums moving into Northstowe, we now start all of our rides from The Green in Northstowe.

We are very much a group of causal cyclists and the group has a strong social element. The Sunday rides always involve a coffee stop (and sometimes a cheeky pint at the end!). We also take part in sportives and do cycling trips together such as going to Mallorca for some sun and hills.

We meet on Tuesday and Thursday evenings at 7.15pm for a 30 mile ride. The Sunday ride usually meets at 8.30am and will be somewhere between 50 and 80 miles. Our rides will normally have an average speed of around 17-19 mph, so our group would be most suitable for cyclists with a little bit of experience. From time to time we will put on more accessible rides for newcomers who are a bit unsure of their abilities.

If you'd be interested in meeting up with us for an upcoming ride, you can find out more by joining our Facebook group. We hope to see you on a ride soon!

<https://www.facebook.com/groups/northstowewheelers/>

<https://www.strava.com/clubs/northstowewheelers>

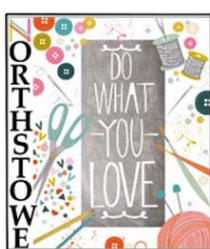
An exciting new club has popped up in Northstowe. The Northstowe Community Crafters Club is encouraging Crafters of all ages, levels and craft types from Northstowe and surrounding Villages to join the group each week at varying Hosted Events. Meet new friends, learn new Crafts and be part of a new and vibrant group of like-minded people like yourself. To find out more contact Karen:

Uniting Local Communities through the Love of Craft.

 LIKE & Join our Facebook group @ <https://www.facebook.com/northstowecommunitycraftersclub/>

 Follow us on Twitter @ <https://twitter.com/NCCraftersClub>

 Keeping up with trends on Instagram @ <https://www.instagram.com/northstowecommunitycrafters/>



Uniting Local Communities through the Love of Craft



GET  
**active**  
in Northstowe



Follow us:

 @Active\_NC

 @ActiveNewCommunities

**NORTHSTOWE COMMUNITY  
BADMINTON**

**SUNDAYS 5.30-7.30PM**

**STARTS 8TH SEPTEMBER**

**Pathfinder School Hall  
£3 to play**

**Just come along!  
Rackets & shuttles provided**



## Free Friday stroll

Free on a Friday ? We meet at 10.15 on the Green for a social stroll - buggies and dogs welcome. Walking at a gentle pace there is time for a chat and get to know your neighbours.

Then we head to the community wing at 11.30 for a free cuppa and socialising some more. Table tennis/snooker/childrens' toys are available here.

Join us for either or both ! Just turn up.



## Christmas Pop-up Choir

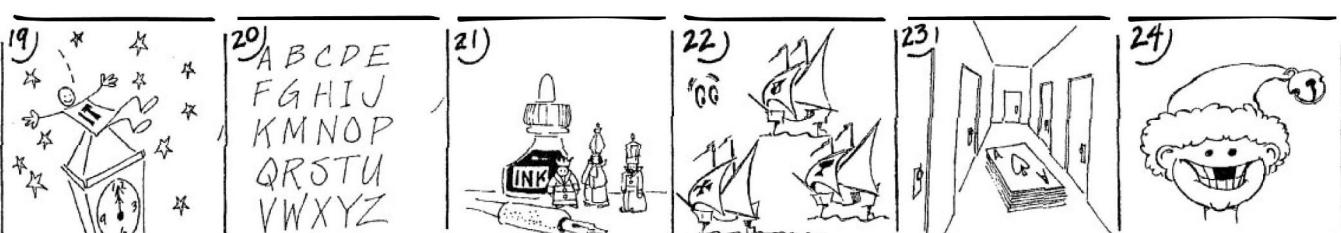
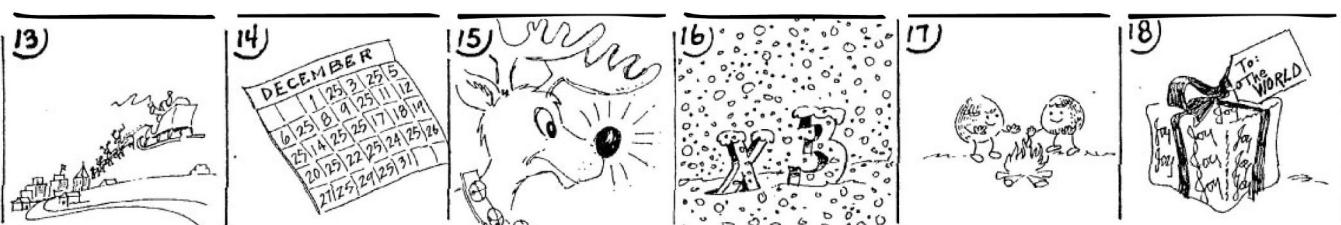
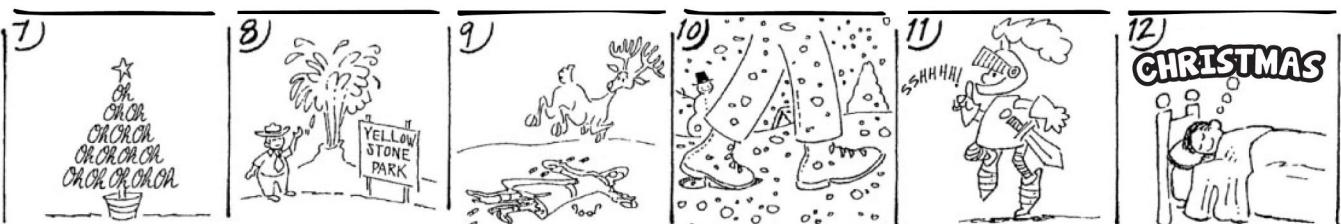
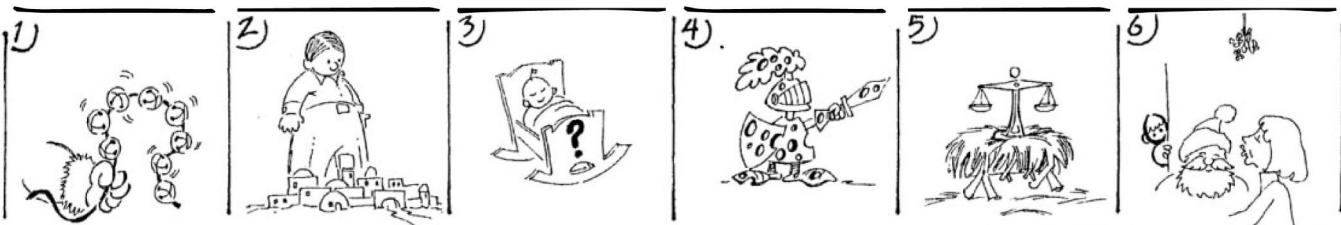


Would you like to join a Christmas choir?

We're planning to bring together a group of people to sing some Christmas Carols and other festive music at the Wing Wednesday on December 11th.

Rehearsals beforehand will be at 21 Heron Road, CB24 1AS (in the Linden area of Northstowe), on every Saturday morning starting from November 16th. Arrive from 10am for coffee and pastries – we'll try to start singing at 10:30 and be all done by noon. You don't have to be able to make every week and you don't have to be able to read music. The more the merrier so come along and have fun raising our voices!

Name these Christmas songs— answers near the back.....



**WILLINGHAM & LONGSTANTON SURGERIES**

**Reception Tel: Willingham 01954 260230 Longstanton 207600 Dispensary 207602**

**District Nurse Team: 01223 726469 Option 2    Health Visitors: 0300 029 50 50**

**Out of hours cover: Ring 111    Website: [www.willinghammedicalpractice.nhs.uk](http://www.willinghammedicalpractice.nhs.uk)**

**Think you need medical help right now? NHS 111 is now available online**

All patients now have access to NHS 111 online at 111.nhs.uk, as well as over the phone.

Just like the phone service, NHS 111 online takes you through questions about your symptoms to receive tailored advice on what to do next and where to go, and if necessary, can arrange for you to speak to a healthcare professional.

You can access NHS 111 online on a smartphone, tablet or computer - 24 hours a day, 7 days a week – and if needed you will be connected to a nurse, emergency dentist or GP.

So, if you think you need urgent medical help, call NHS 111 or visit 111.nhs.uk.

**Don't swallow up your NHS - use it wisely this winter**

Winter illnesses such as colds and coughs, sore throats, and upset stomachs can easily be treated at home with medicines available at low cost from your local pharmacy - no GP appointment or prescription required.

Winter self care essentials include:

pain relief (paracetamol)

cough and sore throat remedies

first aid kit

upset stomach treatment

rehydration treatment

heartburn and indigestion treatment

Having these winter essentials at hand will not only save you time and help you to feel better quicker, but help save the NHS much needed resources.

Your local pharmacist can also offer you advice and guidance on the best treatment for you – no appointment needed. Pharmacists are available on every high street and in supermarkets with many open evenings and weekends.

**Evening and weekend appointments available**

All our patients now have access to more pre-bookable evening and weekend GP and nurse appointments.

To book an appointment, contact our reception team who will be able to book an appointment for you, or direct you to where you can do this online.

Appointments may not be at this practice, but if you talk to our receptionists, they will help you find the right service and at a time that is convenient.

**Carers Support Meetings** Meetings held on the first Wednesday of every month. If you are a carer, please pop along and get some support from other people in the local community. Refreshments provided no need to pre-book and completely FREE! Please contact Sue Lawson at the surgery or email her at [susan.lawson7@nhs.net](mailto:susan.lawson7@nhs.net) for more information.

**Cambridgeshire Hearing Clinics** The next Hearing Aid Clinics at Willingham Surgery are on 20<sup>th</sup> November & 18<sup>th</sup> December from 2:00pm-4:00pm. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

***A&E is not an alternative to a GP appointment. If we are closed, please call 111.***

*Lisa Smith –Assistant Practice Manager– November 2019*



## HOPE BABY MASSAGE

### Benefits of Infant massage

- Promotes relaxation for both parent and child
- Supports bonding and secure attachment
- Stimulation of bodily systems beneficial for general wellbeing
- Supports baby's brain development-language, communication and improved learning ability
- Can aid in the relief of teething pain, colic and physical and psychological tension.

Sessions will be held once a week for 5 weeks blocks starting on

**Wednesday 6<sup>th</sup> November, 10-11am**  
Northstowe Community Wing, CB24 1AA

Each session will include: theory behind infant massage, the teaching and practice of massage strokes using the IAIM curriculum, group discussion and refreshments.

Sessions will be relaxed in nature where you can care for your baby's needs as you wish during the session.

Babies will only be massaged by their parents.

£38.00 for 5 sessions

For more information please send an email to [hopebabymassage@outlook.com](mailto:hopebabymassage@outlook.com), Facebook: [fb.me/hopebabymassage](https://fb.me/hopebabymassage) or via the IAIM website - [iaim.org.uk](http://iaim.org.uk) using the find a massage class link under the name Claire, or via HOOP app.

## Phase 1 Neighbourhood

### watch

Join the group on the Facebook page.

Free window stickers available at the community wing



### Stay safe over winter

Keep your money and belongings safe during the busy shopping days before Christmas

Keep Christmas presents and other valuables away from windows at home. Make sure packaging is cut up and placed in bins and not on view

When shopping by car put valuable purchases out of sight in the boot

When celebrating the season enjoy a drink or two but don't drink and drive and don't handle fireworks after a drink

When you go out leave a light on – dark properties are more likely to be targeted by burglars

Pedestrians and cyclists make sure you're seen – wear bright colours and use your bike lights



everyone  
HEALTH

**ARE YOU AGED 40-74?  
HAVE YOU HAD YOUR  
FREE NHS HEALTH CHECK?**

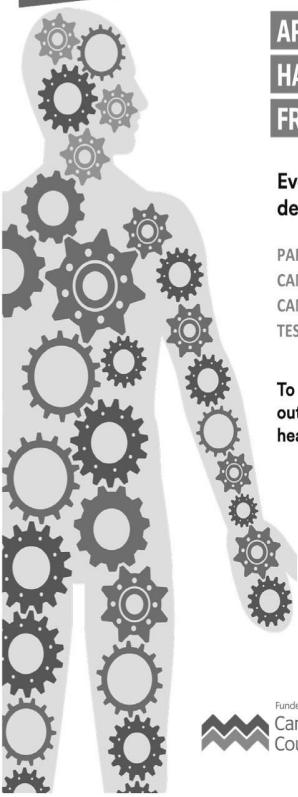
Everyone Health will be delivering them here at:

PAPWORTH VILLAGE HALL  
CAMBOURNE BOWLS PAVILION  
CAMBOURNE FITNESS & SPORTS CENTRE  
TESCO COMMUNITY ROOM BARHILL

To make an appointment or find out more about this important health check contact:

0333 005 0093

evening appointments available



The NHS Health Check is a national programme offering a health check-up every five years to adults in England aged 40 to 74 without a pre-existing cardiovascular condition. One of the largest prevention programmes of its type in the world, the programme is designed to help prevent and detect early signs of heart disease, stroke, kidney disease, type 2 diabetes and dementia.

As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower the risk. If you are in the 40-74 age group without a pre-existing condition, you should have an NHS Health Check every five years.

Your GP may have written to you inviting you for your NHS Health Check. Everyone Health provide the same NHS Health Checks in the community which you can access if it is more convenient for you.

Everyone Health delivers these important checks in local, easily accessible community clinics across Cambridgeshire, you will find us in libraries, community centres, at local events, church halls, Pop up Shops in town centres- we also deliver in workplaces.

Plenty of appointments are available to suit your needs. The check takes about 20-30 minutes. You will meet with a trained professional who will check your blood pressure and cholesterol, they will record your height, weight, age, gender and ethnicity. You'll also be asked some simple questions about your family history and choices that may put your health at risk.

Once you've had your NHS Health Check, your results will be discussed with you, you'll be given personalised advice on how to maintain or improve your health, which will help you lower your risk of developing any of the conditions screened for.

Andy H, who had an NHS Health Check at our Pop up Shop in Huntingdon earlier this year was informed his Cholesterol was high and would need to visit his GP for discussion and medical advice about how this could affect him. Andy also took advice away with him from the Everyone Health practitioner about changes he could implement in the meantime to improve his health & lifestyle.

At the GP appointment after a further fasting blood test Andy's results from the NHS Health Check were confirmed and it was agreed he would return after 3 months to see if the changes in lifestyle he was implementing would improve his results enough to avoid medication. Andy returned after 3 months to find his GP happy as he confirmed his cholesterol had reduced to a healthier level and he had lost 9.1kg, meaning he would not need medication – just to continue with what he was doing!

Andy said: "Everyone Health provided a very beneficial and good service, a worthwhile visit that has turned things around for me".

How can you get involved? You can make an appointment for your NHS Health Check by: Tel: 03330 050093 Email: [eh.changepointcambs@nhs.net](mailto:eh.changepointcambs@nhs.net)



everyone  
HEALTH  
CAMBS

## A place to play—Pioneers Park

If you've walked round Northstowe you'll have seen the scrubby land in front of the primary school and between the different housebuilder parcels. If you've looked at the maps in the Community Wing or read the plans for Phase 1 of Northstowe you'll know there's supposed to be a formal park called Pioneer Park with the main children's play area for this part of the new town, and several smaller play areas. And if you're really geeky and have read the Section 106 planning agreement you'll know that it should have been finished some time ago! L&Q the master developer for Phase 1 were obliged to complete Pioneer Park and 4 other smaller play areas when 350 houses are occupied. At the time of writing over 450 homes are occupied and the work hasn't started on any of the play areas or park.

We set up the Place to Play campaign to hold L&Q to their obligations and represent the views of the children of Northstowe's new community who badly need space to run around and play safely. We've been encouraging children in Northstowe to draw a picture of themselves in their ideal park and then get an adult to upload it to the campaign Facebook page (which now has over 140 members). In September at the Little Learners stay and play at the community wing Monique from the children's centre set up a beautiful sensory craft activity to make "park plates", and we sent links to all the lovely pictures to L&Q to show them how much the community needs public play space!

At the same time, Sarah Cheung Johnson and Alex Malyon our district councillors, Andrew Thompson (not my husband, a different one!) who is the council's planning enforcement officer, Jon London and others have been upping the pressure on L&Q and the other housebuilders with the threat of "robust enforcement action", and at the end of September L&Q promised they would start work on Pioneer Park on 14th October to be finished in the spring. All fine, then?

Well not exactly. While it's encouraging that the campaign and the council actions have got things moving, L&Q are shamefully late in delivering their obligations and it is not clear when they are going to start work on the smaller play areas or indeed on the "greenways" through Northstowe. If you'd like to get involved and keep the pressure up to help make Phase 1 of the town the healthy green place we hope it will be, can I ask you to take three actions!

- 1) Like and follow the Facebook page at [www.facebook.com/pioneerparkplease](https://www.facebook.com/pioneerparkplease) to demonstrate the strength of resident feeling on the issue.
- 2) If you have children ask them if they'd like to draw a picture of how they imagine themselves playing in a Northstowe play area - the more exciting the better (toddler Florence S insisted her mum draw a picture of a gorilla in the park - now that would be amazing!) and upload it onto the page (or send to me at [rosalindthompson86@gmail.com](mailto:rosalindthompson86@gmail.com)).
- 3) Come along to the Community Forum on 6th November to ask L&Q in person when they intend to catch up with delivering the community amenities and spaces we need.

Thanks so much to everyone who's already been involved in the campaign - it's been a lot of fun and together with the council approach is starting to deliver results - let's keep it going!

Rosie Thompson

### Christmas Open House at the Colliers

Saturday 21st December, starting 2pm  
21 Heron Road, CB24 1AS (in the Linden area of Northstowe)



We would love to welcome you into our home for a Christmas themed afternoon. Drop in whenever you want and stay as long as suits you.

We will have plenty of traditional Christmas snacks, warming Christmas Drinks including mulled wine and fruit juices, themed Christmas Crafts and other activities, and festive Christmas music.

We would love to see you, no need to bring anything – just yourself and your family or partner.

# The Micro Wing Thing

Every Wednesday during School Term, 3.30-4.30pm

Drop in to The Wing for **Micro-library book-borrowing, Xbox playing ( Just Dance, Guitar Hero, etc ), pool, table football... or simply hanging out with Northstowe Neighbours of all ages.**

Contact: Jon London (northstowe.community@scambs.gov.uk) or Beth Cope (PioneerMinister@Northstowe.church)



## Music and Movement

At Northstowe for under 5s

Every Thursday 2pm - 3pm

Join us for music and movement suitable for under 5s. These sessions are energetic and fun, combining music, dance and storytelling to get little bodies moving!

Just £2 per family. No need to book but for more information call 01954 284672

@ Northstowe Community Wing- same grounds as Pathfinder School, Pathfinder Way, Northstowe, CB24 1AA

**THIS MY  
THEATRE**



presents

***The Snow Queen***

**St Michael's Church  
Longstanton**

**Saturday 30<sup>th</sup> November, 1pm**

**Saturday 14<sup>th</sup> December, 7.30pm**

Tickets: [www.thisismytheatre.com](http://www.thisismytheatre.com)

For discounted tickets please contact [fosm2017@gmail.com](mailto:fosm2017@gmail.com)

## Book review

Becca Edney

Ivanhoe by Sir Walter Scott is a classic chivalric romance in both senses of the world. It follows the adventures of Sir Wilfred of Ivanhoe as he returns to England from the Crusades and attempts to not only reclaim his manor but also reconcile with his father and marry the woman he loves.

That having been said, for the most part Ivanhoe himself is not a central character but the story instead follows the events surrounding his quest, starring not only his father and family but also a Jewish woman named Rebecca who helps him because of a service he did for her father, two of his father's serfs with Views on their Norman overlords, various villainous characters with an eye on either his inheritance or his fiancee, and even well-known figures such as Prince John and Robin Hood!

It's a long-time favourite of mine in part because of the setting: a highly-romanticised version of the middle ages which almost feels like fantasy. The villains are enjoyably diabolical and the heroes are pure of heart, while at the same time for the most part they're genuinely enjoyable and interesting characters and the story is fast-paced and well-woven, including issues such as historical antisemitism and political tension.

I recommend it for anyone who enjoys chivalry, from YA up.



## Book Review

Kathy Fountain

### **The Hiding Place** by Corrie Ten Boom

This is the remarkable true story of Corrie Ten Boom, who worked with the Dutch underground, hiding and helping many Jews and others escape from the Gestapo in World War II. It is an account of enormous courage shown by an ordinary watchmaker's family who put their own lives in danger without hesitation to help those in need.

Corrie tells her story with both humility and humour, noting little acts of kindness performed by many others along the way. Her Christian faith shines through and surely enabled her to forgive and assist former collaborators after the war.

This is a book that should feel grim and depressing, but instead manages to be uplifting and even joyful at times.

### **The Rosie Project** by Graeme Simsion

**The Rosie Project** is the thoroughly enjoyable story of Don Tillman and his mission to find a wife. Don knows he is socially inept so devises a demanding questionnaire to find his perfect match. Surprisingly, quite a few ladies apply, but Rosie isn't one of them. Rosie has her own agenda, but will true love win despite all the misunderstandings?

This is certainly one of the funniest novels I have read in recent years. It makes you ponder about whether opposites do attract and if any of us really fit into societal norms. I can't wait to read the sequels.

These two books were both enjoyed by Northstowe book club members and provoked interesting discussions. We meet once a month in local homes. If you are interested in joining us email [kmfountain74@hotmail.com](mailto:kmfountain74@hotmail.com)

Our next few meetings will be as follows:

Monday 4<sup>th</sup> November 7pm **Long Ships** by Frans G. Bengtsson

Monday 2<sup>nd</sup> December 7pm **Eleanor Oliphant is Completely Fine** by Gail Honeyman



# Secondary School update

Northstowe Secondary College finally opens!

Smart new uniform, smiling faces, and pride in a new community; NSC gets off to a flying start. On Wednesday 4<sup>th</sup> September we welcomed 70 students into our temporary home at Pathfinder School and began a learning journey that will take students on to Post 16.

They looked fantastic, with shiny new shoes, a very smart uniform that many of them had been involved in choosing and huge enthusiasm right from the off at 8.15. Students conducted themselves beautifully, demonstrating our school values of 'Kindness, Hard work and Curiosity' from the start. I have seen young people looking after each other and helping with nervous new beginnings; new friendships being made on bus journeys, in the canteen and the playground; as well as my talented footballers managing to lose 2 of the 3 balls we had on day 1 - much laughter resulted. It has been lovely to see how well students have interacted with each other, no matter what primary school they have come from. After school clubs have also started with over 60% of students staying to a club in the first week, to ICT, Performing Arts, Art, Football, Tag rugby and Origami club!

We are really looking forward to getting into our new building on the 30<sup>th</sup> September and working with our community, many of whom are hoping to offer clubs and make use of the facilities. We hope to see many of you on our Open Day (date to be confirmed) and you are welcome to our Christmas Concert in December. Please follow us on Facebook, search for Northstowe Secondary College.



## September BBQ

In September the social committee hosted a bring and share BBQ on the Green. A beautiful day encouraged approximately 60 residents to come across and join the FREE event. Outdoor games were provided by the sports and wellbeing committee and SCAMBs and everyone had a great time getting to know their neighbours. The social committee will continue to host a range of different free events in Northstowe with the aim of encouraging a vibrant strong community. Look on our events page for an idea of what is happening this month. Or on the Facebook page "The Northstowe Pioneers".





## DAILY MILE

On Thursday 19th October, we held the launch of the Pathfinder Daily Mile. The Daily Mile is an initiative that takes place across the country, aiming to increase the daily physical activity levels of children in order to benefit both their physical and mental well-being.

We were lucky enough to welcome GB Paralympian, Sam Ruddock, to our school to help us with the launch. Sam delivered an inspiring and energetic assembly to the children, telling his story of success and how he overcame barriers and coped with his disability of cerebral palsy.



## INTERNET LEGENDS

On Friday 20th September 2019 we had our E-Safety assembly. Google Internet Legends came into school and discussed with Key Stage 2 children the skills they need to be safe and confident explorers of the online world, in an interactive and positive way.

The assembly focused on the five core pillars of the 'Be Internet Legends' educational programme, incorporating characters from an imaginary world called Interland.

## MACMILLAN COFFEE MORNING:

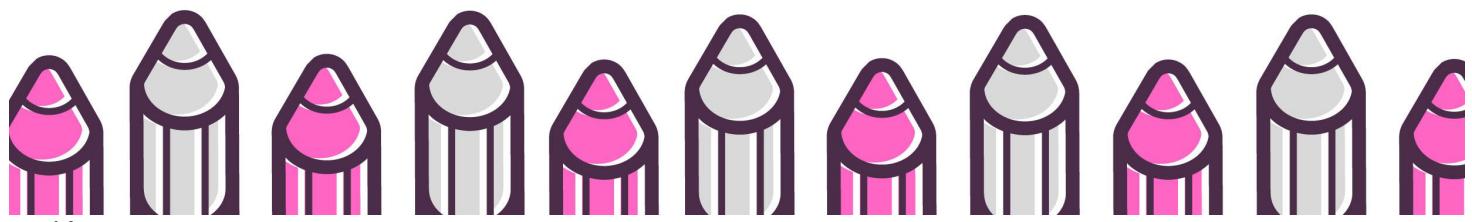


We had a lovely turnout for our **MacMillan Coffee Morning** on Friday 27th September with both Pathfinder families and members of the wider community coming together for a piece of cake and a cuppa. **Thank you to those who donated** items to be sold, these were very gratefully received and a huge thank you to the **generosity shown by those who attended**. We are yet to confirm a final total as we are awaiting our text donation total, however we are thrilled to announce that **we raised in excess of £500!** If you were unable to attend but still wish to donate you can **text YUM EAV8 to 70550** which will send a donation of £5 and will be logged under the total raised by The Pathfinder. **A final total will be revealed in our November newsletter.**

## JUDO TASTER DAY

Across the school, all the children took part in a Judo session. Reception right through to Year 6, thoroughly enjoyed this experience as they had the opportunity in a controlled manner to explore how to use their bodies to manoeuvre their friends to the ground.

It was great to see our school values in action across all classes with all individuals having trust in each other to perform the moves in a safe manner and nurture by offering each other encouragement and improvement points.





genie-us of a pantomime!

This is a show to be enjoyed by all ages, with plenty of hearty laughs to lighten anyone's winter evenings. Ben Crocker's script is a traditional pantomime based on the Arabian Nights that has been lovingly re-invented. Director and Choreographer Jack Stinton with Production Manager Helen Foster and Musical Director Mike Bernard have created a spectacular show fizzing with energy accompanied by a live band. Show dates 10<sup>th</sup>-14<sup>th</sup> December at the Community Centre in Over and there is more information and a link to book online on our website at [www.overplayers.uk](http://www.overplayers.uk). The Over Players is your local drama group drawing members from Over, Willingham, Northstowe, Longstanton, Barhill, Swavesey and even Chatteris! We are committed to providing good quality shows for our area and have held our ticket prices for the third year running to ensure that our pantomime is great value for local families.

#### Other News from TOPs

This year was the first time The Over Players have attended three drama festivals in one year and the first time we have had an original new script as our Drama Festival entry! 'The Play's the Thing' is a one-act play written especially for us by local author Kirsty Smillie - who believed that we could master Shakespearean dialogue! In April we took part in the Sawston Drama Festival, where it was awarded the Bonner Trophy for Best New Play, and in May the Welwyn Drama Festival, where Kirsty was nominated for The Derek Jacobi award – a national competition for unpublished plays and to new playwrights. In September we performed at the Cambridge Festival of Drama at the ADC Theatre in Cambridge and were delighted that Matt Sweeney was nominated for Best Actor and Chas Barclay for Best Supporting Actor (who was brave enough to appear in his underwear)! We all learnt a tremendous amount from this experience and it's great to see the society growing and tackling new challenges.



#### The Friends OF Pathfinder School

#### FOPS

The Friends of Pathfinder School (FOPS) has had a successful year fundraising. As a result of this they will be putting some of the money earnt into creating the "Forest School". FOPS are currently researching prices for a fire pit, fencing and purchasing some large trees so the project can get underway soon.

The new committee established in September has decided to focus its fundraising on raising money to go towards musical instruments and outdoor shade for the pupils of Pathfinder School.

On Saturday the 7<sup>th</sup> of December Santa has kindly agreed to come for breakfast with the children of Northstowe, to book your place and to keep up to date with the events FOPS will be hosting, follow us on our Facebook page @FOPS.pathfinder

You can also continuously support FOPS by registering to have an Easy Fundraising Account, this way every time you shop online FOPS receives a small percentage of this. Details about this can be found on our Facebook page.

All that is left to say is a massive thank you for your continual support and we look forward to welcoming you to our future events.

#### The Over Players

Join Aladdin for a fun filled magical adventure from Old Peking to the sands of Arabia as he bids to save the beautiful Princess Jasmine from the clutches of the wicked Abanazar! Expect all the traditional panto ingredients - toe tapping tunes, a laundry-full of laughs (guaranteed with Northstowe resident Matt Sweeney in the role of Widow Twankey), loads of audience participation - and a very, very badly-behaved panda! It's a

# What's on at the Wing?



| Mondays                                      |   |
|--|---|
| Micro-library & Café<br>9:30am—4:30pm        | Come in to read a book, play a game of table tennis or just relax with a coffee. Also a great time to meet Jon to talk about Northstowe issues  |
| Under 5's Stay and Play<br>10:00am—11:30am   | A chance for you and your children to meet new friends And access support from Centre staff. We offer a Welcoming environment to help you relax and enjoy.  |
| Under 1's Baby Group<br>1:00pm—2:30pm        | Drop in sessions, for more information call 01954 284672  |
| Northstowe Scout Group                       | Beavers (age 6-8) 5:45pm—6:45pm<br>Cubs (age 8-10%) 7:00pm—8:30pm<br>Marina.deller@1stNorthstoweScouts.org.uk   |
| Tuesdays                                     |   |
| Micro-library & Café<br>9:30am—4:30pm        | Come in to read a book, play a game of table tennis or just relax with a coffee. Also a great time to meet Jon to talk about Northstowe issues  |
| Wednesdays                                   |   |
| Micro-Wing Thing<br>3:15pm—4:30pm            | The closest thing Northstowe has to a youth club, come in for a coffee, game of pool or steam!  |
| Welcome Pack Delivery<br>Leaves at 4:30pm    | You got yours, now help other people get involved in Northstowe e-mail Jon.london@scamps.gov.uk to learn more   |
| Wing Wednesday<br>2nd Wednesday of the month | Wing Wednesday is organised by all the social groups and clubs in Northstowe together. From community meals to pop-up food vans, from fiery science experiments to the international dance of peace this is the main social event in Northstowe. Come along and meet the other residents, make friends and even bring a bottle if you wish. |
| Thursdays                                    |   |
| Story & Rhyme<br>1:00pm—3:00pm               | A chance for you and your baby to meet new friends and access support from Centre staff. We offer a welcoming environment to help you relax and enjoy your baby   |
|  | Drop in session, for more information call 01954 284672   |

| Fridays   |  |
|---|--|
| Friday Walk<br>10:15 @ the Green                              | Meet at the Green for a peaceful stroll, then pop back to the Wing at 11:30 for a coffee and a natter  |
| Sundays   |  |
| Emmanuel Church<br>10:30 am                                   | We are a group of ordinary people living in Northstowe and the surrounding area who have met someone extraordinary: Jesus! Through the Bible, God's message for us, we've found Jesus to be good news for us - indeed the ultimate good news. So we are a community that seeks to live with Jesus at the in-centre of all we are and do. |
| Ignite!<br>4:45pm-7:15pm<br>Every Other Week                  | A Christian youth group for 11-14 year olds  |
| One-off Events  |  |
| Rising Stars<br>10 am—12 Noon<br>26 Oct & 23 Nov              | Rising Stars, a relaxed group for diagnosed or undiagnosed children with SEND, each month there will be a different theme with sensory experiences alongside. For more information please call 01954 2845672   |
| Halloween Craft Session<br>12:30pm-3:30pm<br>30th Oct         | Get Crafty at the wing this Halloween! For more information please call 01954 2845672  |
| Halloween Craft Session<br>5:00pm-8:00pm<br>31st Oct          | Get crafty making amazing seasonal decorations such as autumn leaf activities, paper pumpkins and decorated milk bottles. There will be candy and hot soup! Suitable for young children  |
| Northstowe Community Forum<br>6:00pm-9:00PM<br>4 times a year | The Northstowe Community Forum is YOUR chance to speak to the planners, builders and decision makers of Northstowe. If you want to know what is happening, why it is happening or bring issues to light this is the place to come to. NOTE: As a special one-off the Nov 6th Forum is being held at the Secondary School.                |
| How To Book   | Just go to <a href="http://www.scamps.gov.uk">www.scamps.gov.uk</a> and search for "Wing". We are now open for bookings every day (subject to conditions)  |



## Other Venues

| Pathfinder Primary School |   | Times  | Contact details  |
|---------------------------|---|--|--|
| Day                       | Event                                       | 7:00-8pm   | 07885415831 <a href="http://bouncefitbody.com">http://bouncefitbody.com</a>    |
| Monday                    | Bounce                                      | Mornings (call for times)  | 07732380191  |
| Thursday                  | Sing and sign<br>Babies 6 months -2 yrs old | 6-7pm & 7-8pm  | <a href="http://www.singandsign.co.uk">www.singandsign.co.uk</a>               |
| Thursday                  | Bounce                                      | 9:30- 10am   | 07885415831 <a href="http://bouncefitbody.com">http://bouncefitbody.com</a>    |
| Friday                    | Mini Moovers (1-4 yrs)                      | 10am   | <a href="http://www.stardustdanceacademy.com">www.stardustdanceacademy.com</a> |
| Friday                    | Baby ballerinas (2-4 yrs)                   | 17:00-18:00 (4-7yr olds)<br>18:00-19:00 (8-seniors)  | <a href="http://www.stardustdanceacademy.com">www.stardustdanceacademy.com</a> |
| Friday                    | Happidojo Judo                              | 7-8pm  | <a href="http://www.happidojo.co.uk">www.happidojo.co.uk</a> 07905278857       |
| Friday                    | Fitness session                             | 9-10am   | 07885415831 <a href="http://bouncefitbody.com">http://bouncefitbody.com</a>    |
| Saturday                  | Bounce                                      | 10:30am and 3:30pm   | Beth Cope <a href="http://www.northstowe.church">www.northstowe.church</a>     |
| Sunday                    | Pathfinder church                           |  |  |
| 21 Heron road             |   | Northstowe Secondary College run a wide variety of events from Pilates to beginners Spanish to yoga.<br>Please go to: <a href="http://www.swaveseyvc.co.uk/northstowe-classes">www.swaveseyvc.co.uk/northstowe-classes</a> to find out more! |  |
| Tuesday                   | Games night                                 | 19:30-23:30  | The Colliers - FB Northstowe Gamers page                                       |

## Community events

### Community Forum

Wednesday November 6<sup>th</sup>

6-9pm

Northstowe Secondary College

### November Mindfulness Wing Wednesday

November 13<sup>th</sup> 6-9pm

body shop, mindfulness colouring and jigsaws  
“The Wandering Yak food van” will be outside  
Community Wing, Pathfinder Way



### Northstowe Advent Windows

Starting 1<sup>st</sup> December throughout Northstowe, throughout December – theme is Christmas round the world. Find them all scattered round Northstowe. Guess the country and the carol.



### Lighting up the Christmas tree

Sunday 1<sup>st</sup> December 5pm-6pm. On the Green. Hot chocolate and minced pies served.

### Meet Santa for Breakfast

7th December

Pathfinder Primary School

Contact FOPS for details

### December Wing Wednesday

Wednesday Dec 11<sup>th</sup> 3:30-9pm

Free community event, carol singing with the choir, crafts, decorate the wing, good food to share with neighbours, food craft – a huge hit last year! Northstowe Community Wing

### Secondary school concert

Tuesday 17<sup>th</sup> December at 6.30pm



### Carols round the Tree

20<sup>th</sup> December 7pm

Minced pies and hot chocolate round the Christmas tree on the Green  
Join in with the carol singing

### Blue Christmas service

With Pathfinder Church Dec 22<sup>nd</sup>

For those who find Christmas hard

The Community Wing 8pm

### Midnight Campfire Communion

With Pathfinder Church

December 24th

11:30pm outside The Community Wing

### Christmas Morning Community Breakfast with Carols

9.30-10.30am December 25<sup>th</sup> Don't be alone unless you want to be! Those of all traditions and none are invited to a free breakfast (sponsored by local organisations) and light-hearted carol singing. The Wing, Pathfinder Way

### Boxing Day Community Walk

December 26<sup>th</sup> meet at the Green at 10am



### Guerilla New Years Eve party

by the Christmas tree 23:50 New Years Eve, bring your favourite drink and welcome the New year in together as a community

### New Years Day Community walk,

meet at the Green at 10am



### January Wing Wednesday

Jan 8th 5:30-9pm

Free community event, theme TBC

Northstowe community wing, Pathfinder Way

### Pathfinder school Christmas Fayre

Date TBC

For more information about events look on The Northstowe Pioneers Facebook page or email northstowesocialcommittee@gmail.com

Or sign up to our mailing list

[Bit.ly/WhatsOnNorthstowe](http://Bit.ly/WhatsOnNorthstowe)



## What is Wing Wednesday?

Wing Wednesday is a free monthly event put on by the various committees in Northstowe. Each month has a different theme but every month there is the opportunity to have a cup of tea with neighbours, find out about Northstowe, visit the microlibrary and play with the table tennis, snooker and table football kits.

About 80 residents had a fantastic time at our explosive September Wing Wednesday. They were able to enjoy science themed board games, red cabbage pH indicators, matchstick speedboats. They could make playdough brains, extract DNA from strawberries and find out more about Antarctica. Jon helped about 30 children make and set off rockets and I think it is safe to say a fantastic time was had by all. It was also the first time a food van had visited Northstowe and over 60 residents purchased Italian treats from them. This has encouraged more to come and will hopefully promote more businesses to move into Northstowe.

Look out for a Mindfulness November Wing Wednesday with manicures, mindfulness colouring, a fudge stand, massages, jigsaws and the usual games available and a Christmas themed December Wing Wednesday with carol singing and Christmas crafts.



## Game of the Month

(by Andrew and Sarah Collier)

We're all looking forward to winter and Christmas here at the Northstowe News, so what better game to look at this month than the icy-cold and snow-covered "Hey, That's My Fish!"

Set on an Antarctic ice floe, the board is set up roughly in a rectangle with fish randomly distributed. After placing penguins on the board, players take turns to move one penguin in a straight line. Whenever you move away from a tile you pick it up – you keep whatever fish were on it, but nobody can move past the gaps that are left as the ice gradually breaks apart.



It's bright and colourful, the penguin playing pieces are hilarious, it doesn't take long to play and the rules are so easy to understand that even quite young children will enjoy playing this game. But don't be fooled! Beneath the surface you'll find it is a fiendishly tactical game with plenty enough depth to satisfy any regular gamer. Once the board is set up there is no luck involved, no dice rolls to blame for your failure, simply a question of your tactics and skill.

Do you make a quick grab for the spaces with three fish? As you get more experienced playing, you will start spotting opportunities to be the last penguin standing on a large iceberg and collect all the fish that are left on it. Or will your opponents block your route, leaving you trapped and hungry?

Come along and play Hey, That's My Fish! or choose from over 150 other games, on Tuesday evenings at 21 Heron Road – for details search FaceBook for "Northstowe Gamers" or email [northstowe.gamers@thecolliers.uk](mailto:northstowe.gamers@thecolliers.uk)

## October - December

### Land of Festivals – INDIA



#### Dussehra/ Navratri/Durga Pooja/ Bathukamma/ Bommalata Koluva

- Significance: It celebrates the death of the demon king Ravana at the hands of Lord Rama. It represents the celebration of the Goddess Amba (Power) in nine different forms.
- Key attractions: Hustle bustle of the decorated markets, Ram-Leela acts, and the big event of the burning of effigies of Ravana, Meghnath, and Kumbhakaran. The 9 days of festival is celebrated by dance (dandiya/garba), setting up flower arrangements, decorating toys and handicrafts in tiered stands, plush pandals, incredibly beautiful ten armed Durga idols, and the puja.

***Hum Logon Ko Samajh Sako To Samjho Dilbar Jaani  
Jitna Bhi Tum Samjhoge Utni Hogi Hiraani...***

(Try and Understand us as much as you can, the more you understand the more surprised you will be...)

India, one of the most diverse, republic, secular and democratic countries in the South Asian continent, is known widely as a “land of festivals”. We celebrate festivals from different religions, faiths and customs. Indians give special importance to their festivals as they are known for its varied culture heritage, faith in each other’s belief’s, mutual harmony among the people and their love for nation.

Indians love to celebrate even the less significant ones with great enthusiasm, faith and belief. Every religion has its own festivals and customs. We have festivals almost every month and each one of these is celebrated with great spirit and pomp. The entire atmosphere is filled with joy during the festive season. Special arrangements are made for the celebration of various festivals each year. Be it the villages or the big cities, there is joy all-around.

People of India also hold great regard for the National festivals of the country. Gandhi Jayanti, Independence Day and Republic Day are the three main national festivals of our country. These festivals are a symbol of unity and progress. They remind us of our patriotic leaders who served the country selflessly. National festivals are celebrated with equal zeal. The entire atmosphere is filled with the feeling of patriotism and pride for the nation during these festivals.

There are many state and religious festivals that I have not mentioned here, as it might take whole newsletter describing them. The main reason we celebrate festivals is because most of them are religiously centred and we honour our religions. But festivals also give a sense of enjoyment, relaxation and offer the time needed to bond with family members, friends and relatives whom we seldom see.

***Aisa des hai mera, haan... aisa des hai mera***

(this is how my Country is... This is our Country!)

#### **Northstowe Rocks!**

Join the hunt : Facebook

NorthstoweRocks

**Paint your own rocks and hide around Northstowe for people to find. When you find one put a picture on the Facebook page. Happy hunting!**





## Active New Communities in Northstowe

**Do you want to be more active?**

**Do you want to help others to be more active?**

**We want to know what sport and activities you want to see in Northstowe, and we need your support to make it happen!**

We are looking for people to get involved in shaping the future of sports and physical activities in Northstowe - Would you like to get involved as a volunteer on the Sports & Wellbeing Committee or do have an interest in leading a particular sports activity or getting some coaching qualifications?

We can offer support and training bursaries to help you to set up new sports activities in Northstowe!

Christine Spowell from Living Sport manages the project and is working with the Northstowe Sports & Wellbeing Committee to set up new opportunities based on feedback from residents.

**Want to know more?** Please contact Christine Spowell on [info@activenewcommunities.com](mailto:info@activenewcommunities.com)

A new **community badminton club has been launched in Northstowe**, everyone over the age of 18 is very welcome on Sunday evenings at Pathfinder School – To get involved please come along between 5.30-7.30pm it's only £3 to play! Rackets and shuttles provided.

Are you free **Friday mornings for a social stroll, coffee and chat?** Meet at the Green at 10.15am or just join us for a coffee and chat 11.30-12.30pm at the Northstowe Community Wing – Everyone is very welcome and you can even play some table tennis as we have a new community table tennis table!

Check out our website for clubs in the local area to suit all ages and abilities: [www.activenewcommunities.com/northstowe](http://www.activenewcommunities.com/northstowe)

Activities available on site - Community Badminton, Community Walk, Judo, ((Bounce)), Over Power Fitness

There is a survey on the website that is designed to identify your current level of physical activity along with the sports and activities you take part in or would like to take part in. Please complete the survey to tell us what you would like to see in Northstowe: [www.activenewcommunities.com/northstowe](http://www.activenewcommunities.com/northstowe)

To keep up to date - **Like our Facebook page Active New Communities & Visit the Active New Communities website to find out what's on offer:** [www.activenewcommunities.com/northstowe](http://www.activenewcommunities.com/northstowe)

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## Travel Update

Prajina Baiiset

### Northstowe Cycle Hub is now Open

Northstowe cycle hub which is located at the rear Longstanton P&R site (G1) carpark officially opened on 11<sup>th</sup> November. There are 10 ebikes in this hub which residents will be able to book through an app based system which Cambridge Electric Transport are providing through SharedBike and this would allow the residents to hire an ebike for few hours, half a day or for a full day. There will be another 10 ebikes on the greenway adjacent to the Primary School before the end of the year. Some of these ebikes will eventually have child seats. This service will be available to Northstowe residents 7 days a week. For more information, contact [Prajina.Baisyet@cambridgeshire.gov.uk](mailto:Prajina.Baisyet@cambridgeshire.gov.uk)



### New route, extra services and more seats from Cambridge North

Rail passengers using Cambridge North will benefit from a new route, extra services and more seats later this year, as Greater Anglia continues its transformation of the railway in East Anglia, linked to the introduction of a complete fleet of new trains.

The start of the December timetable on Sunday 15 December will herald the introduction of a brand-new direct service between Cambridge North and Stansted Airport.

Seven services will operate in each direction Mondays to Fridays, 15 on Saturdays and 13 on Sundays.

There will also be more trains to London serving the station with services between London Liverpool Street and Cambridge extended to Cambridge North seven days a week.

From now until the end of 2020, new trains are due to replace the existing fleet on every route - providing more seats, more comfort, air conditioning, plug sockets, USB points and better accessibility. They will also be more reliable.

### New Northstowe residents! Don't miss out!

Don't forget you can claim: a free cycling course,



£50 sports equipment voucher **and** 1 month free guided busway tickets



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Zumba 7.30pm Wednesday

Aerobics 'n' tone 9.30am Friday (children welcome)

Pilates 10.40am Friday

#### Cambourne timetable

Zumba Monday 7.30pm The Blue School

Fitness Pilates Tuesday 9.15am The Hub

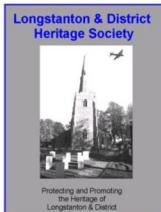
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## LDHS NEWS - NORTHSTOWE



The Longstanton and District Heritage Society was founded in May 2007 to record the history of Longstanton and Oakington villages, RAF Oakington and Oakington Barracks. Faced with the imminent disappearance of their rural villages, due to the development of Northstowe, local residents decided to create a record of what went before.

**LDHS** is dedicated to recording a shared history and making it available for public enjoyment and education. The society continues to monitor the Northstowe development and is working cooperatively with the developers, local government and others to help protect the site's heritage. 9 out of 10 of the rare "Oakington" pillboxes associated with RAF Oakington have been given Grade 2 listed status as a result of the work of the society. LDHS is represented on the Heritage Core Group which is working towards the establishment of a Heritage Facility on the site of RAF Oakington (Phase 2).

**MEMBERS** enjoy an annual newsletter summarizing the work of the society. The LDHS website provides both members, and non-members, with free world-wide access to information and samples of an ever growing archive. Members and non-members are encouraged to contact the society at any time and we aim to answer queries where we can. There is much to be done and more help is always needed if we are to realize our full potential. Copies of the membership form can be found on-line; alternatively please email us and we will send you a copy.

**THE SOCIETY** holds 6 public talks each year. Details of these talks and other events can be found on our website at [www.ldhs.org](http://www.ldhs.org), on our Facebook page or in the local village magazines. Alternatively, information can be sent via e mail on request. Entry to the talks for non-members is normally £2 and light refreshments are served afterwards. Our AGM takes place on the first Friday in September prior to the first talk of the autumn season.

**LDHS** has worked hard for well over a decade to protect and promote the heritage of the existing villages and what is destined to become Northstowe. The aim of the heritage society is to ensure that future generations will have the opportunity to witness not only our ancient past but also the birth of the largest new town since Milton Keynes.

**UNDERSTANDING** our shared history and working together to preserve our heritage will help bind the new and existing communities together. We share a truly exceptional past (which the heritage society is determined will be preserved) and an exciting future. It's Northstowe's heritage, born out of the historic pasts of Longstanton and Oakington that will ensure the new town has a unique identity and sense of place; a promise that formed part of the rationale behind the development of this new town.

Hilary Stroud (Secretary)

**Hilary Stroud**, Secretary, Longstanton & District Heritage Society, The Manor, Woodside, Longstanton, Cambridge. CB24 3BU  
For more information on any of the above, please contact us on: Tel: 01954 782560 or e-mail [ldhssec@hotmail.co.uk](mailto:ldhssec@hotmail.co.uk)

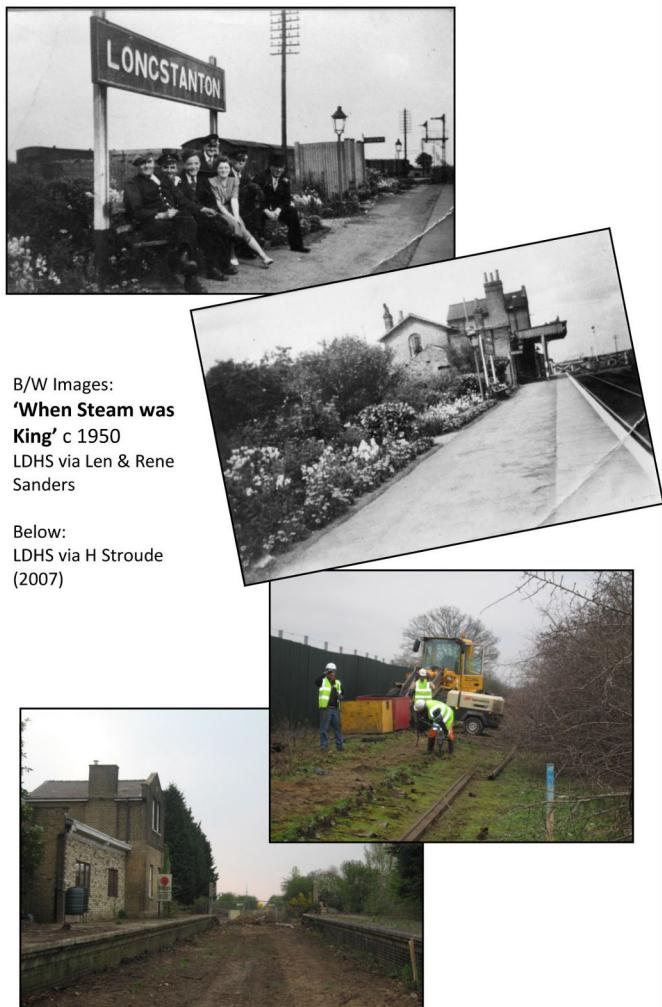
### Knitting a simple poppy

Last year Longstanton and Northstowe made hundreds of poppies for Armistice and decorated the villages with them throughout November. If you would like to make some yourself this year here is how to knit a simple poppy:

Cast on 60 sts using 4mm needles and DK red yarn. Rows 1-8 (K2, P2) to end. Row 9 (K2tog) end. [30 sts] Row 10 (S2kpo) to end. [10 sts] Break off yarn, leaving a long tail. Thread tail through remaining 10 sts and pull tight, then fasten off yarn. Join the edges of the poppy together and sew the black button in the centre of the poppy.

### RAILWAY TO BUSWAY

The St Ives - Cambridge branch line now the Guided Busway



B/W Images:

'When Steam was King' c 1950  
LDHS via Len & Rene Sanders

Below:

LDHS via H Stroud (2007)

### REMEMBER: TODAY IS THE HISTORY OF TOMORROW.

Please support our work by joining the society or by taking photos and sending them to us to archive.

Thank You.



Mark Fountain, a member of Emmanuel church writes:

Our interest in living in the new town of Northstowe, or at least in the area, began in August 2016, when our daughter married in Bar Hill and quickly resolved to start a family. We had lived almost all our lives in West London, but with retirement we found few ties to keep us there. We had other wants of course. I am a keen chess player, but that is easily satisfied in Cambridge; we both wanted a church where could feel at home, but online we found information about one forming; and my wife in particular wanted to be involved in the community. After many house moving traumas we exchanged suburban Ruislip for new town Northstowe, and the A40 for the A14 in June 2018.

First, some moans: it seemed like we were living on a building site! This may seem a ridiculous moan, because we were! But the houses around us were complete, yet there was always building noise and dust. Then there was the shopping. We needed to use online shopping, but Google maps had not learnt of Northstowe's existence. This meant we often received phone calls from delivery drivers who were hopelessly lost! Such problems are temporary trials of course, and such irritations began to dissipate.

We have no regrets about moving to Northstowe. Our daughter moved to Northstowe last December, a month before giving birth to her second child, and our son moved to Northstowe in the spring. My wife found her community involvement and we found a church which is a great community and believes in community involvement. We love the people we have met and the part of the country we now live in.



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6.00pm Every Sunday for traditional evening worship

All Welcome

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### Getting together with Northstowe

Our commitment to exploring and sharing has found us partnering with other local organisations to help build community amongst those of all faiths and none on **Sunday Mornings at 10.30am**, meeting at Pathfinder School. We've been apple picking, played games, and baked. Regular events include a **Monthly Litter Pick** on the 3rd Sundays. Watch social media for more...

### Encountering God in Northstowe

Join us for interactive all-age conversation, prayer, exploration and worship every Sunday afternoon during school term. Experience rooted faith, shaped for this time and this place. Church, but not as you know it. Pathfinder Primary School Hall: 3.30-5pm

**Fancy a family breakfast with a little bit extra?** On first Sundays (3rd Nov; 1st Dec; 5th Jan) simply come for breakfast, or join in with a range of optional activities including a short act of worship in a 'chapel space'. Something for everyone. 10.30am-12noon

### Christmas with Pathfinder Church

#### 22nd December:

12-2pm Advent Communion Lunch Pathfinder School Hall  
8-9pm Blue Christmas (for anyone finding Christmas difficult, with songs, poems, and prayers): The Wing

#### 24th December (Christmas Eve):

3.30-5pm Messy Church Christingle  
Pathfinder Primary School Hall

11.30pm-12.30am 'Midnight' Campfire Communion  
outside The Wing (inside if wet)

#### 25th December (Christmas Morning):

9.30-10.30am Community Breakfast with Carols Don't be alone unless you want to be! Those of all traditions and none are invited to join us for a free breakfast (sponsored by local organisations) and light-hearted carol singing. The Wing

#### 10.30-11am Christmas Morning Celebration

An opportunity to sing, pray, and celebrate Christmas in a relaxed informal setting. The Wing

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**Revd Dr Beth Cope** is the Pioneer Minister and Priest for Northstowe: your first port of call for Church of England Weddings, Baptisms and Funerals in Northstowe and the surrounding villages (the 5 Folds Family of Churches).

Church House, 6 Woodpecker Close, Northstowe, CB24 1AW (01954 261 181) [contact@northstowe.church](mailto:contact@northstowe.church); [www.northstowe.church](http://www.northstowe.church)  
Follow our social media ([fb.me/PathfinderChurch](https://fb.me/PathfinderChurch)) or newsletter ([bit.ly/PathfinderChurchNews](https://bit.ly/PathfinderChurchNews)) to see pictures, news, and more.

## Northstowe Nature Notes October 2019

Hugh Venables

As ever, things are changing around Northstowe. With the secondary school opening, Phase 2 is becoming a reality and the new lakes there are also filling up now we finally have rain again. The Sand Martin's temporary colony is now empty but other birds are starting to turn up. Green Sandpipers have been passing through, between their breeding grounds in Scandinavia and wintering grounds in the Mediterranean and West Africa. Wildfowl numbers are building, with a roving flock of a hundred Greylag Geese around Northstowe or the Longstanton drainage lagoons by the B1050 (part of the Northstowe works managing runoff). The Phase 1 lake is still holding good numbers and variety of other waterbirds.

The remaining fallow areas around Phase 1 often look quiet, but there are still a few hares around. There are also some partridges, three roosting on a half-built house being a slightly incongruous sight one evening. The regular presence of Kestrels hovering over the areas and Tawny Owls calling from the edges suggest a good number of mice or voles around, which is fine so long as they stay out there. A couple of young grass snakes swam across the pond near Linden, with late dragonflies still there on sunny days.



**Green Sandpiper**



**Grass Snake**

Things are progressing with the allotments, orchard and community garden. Local varieties of fruit trees have been identified and will hopefully be acquired and planted this winter. It will be a slow process with the trees maturing, but the sooner we start the better!

Did you guess them all ?

|                                    |   |                                       |  |  |  |
|------------------------------------|---|---------------------------------------|--|--|--|
| 1) Jingle Bells                    | 2) O Little Town of Bethlehem   | 3) What Child is This?                | 4) O, Holy Night                           | 5) Away in a Manger                    | 6) I Saw Mommy Kissing Santa Clause                |
| 7) Oh Christmas Tree               | 8) O Come All Ye Faithful   | 9) Grandma Got Run Over by a Reindeer | 10) Walking in a Winter Wonderland         | 11) Silent Night                       | 12) CHRISTMAS<br>I'm Dreaming of a White Christmas |
| 13) Santa Clause is Coming to Town | 14) The 12 Days of Christmas  | 15) Rudolph the Red-Nosed Reindeer    | 16) Let it Snow, Let it Snow, Let it Snow. | 17) Chestnuts Roasting on an Open Fire | 18) Joy to the World                               |
| 19) It Came Upon a Midnight Clear  | 20) A B C D E F G H I J K M N O P Q R S T U V W X Y Z<br>The First Noel | 21) We Three Kings                    | 22) I Saw Three Ships                      | 23) Deck the Halls                     | 24) All I Want for Christmas is My Two Front Teeth |



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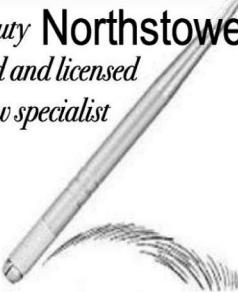
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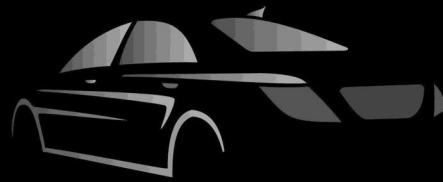


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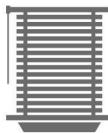
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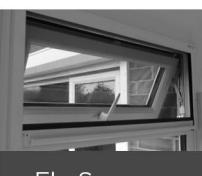
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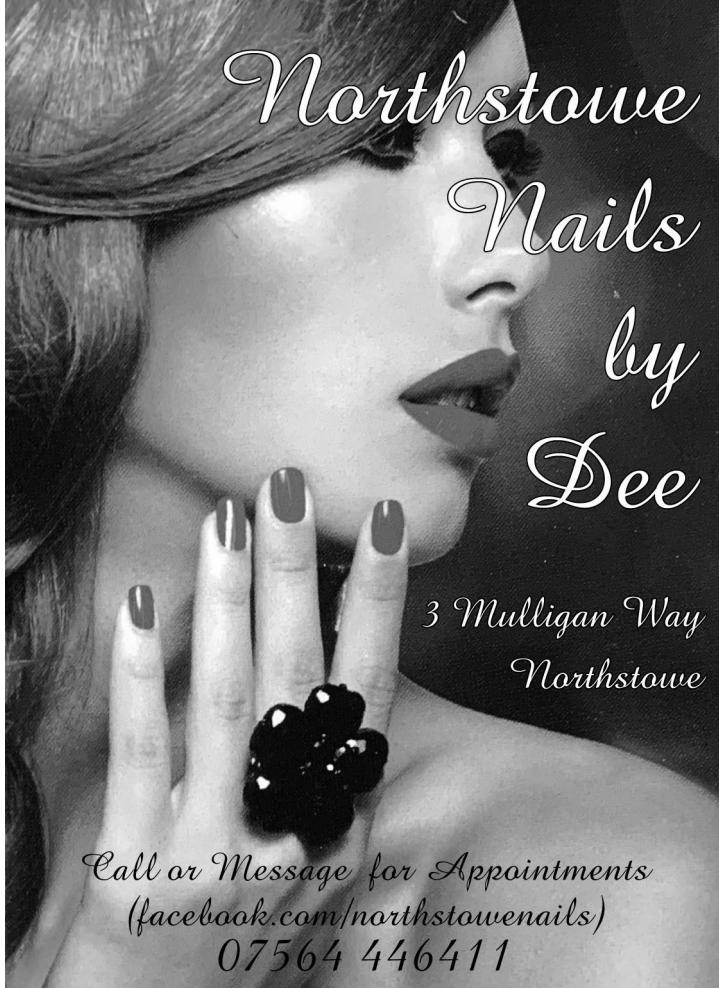
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