

Northstowe News

Issue 10

July/August 2020



VE day—Duck Hook Walk

More writers needed!

If you want to learn more about Northstowe News, ideas or articles please email

Northstowenews@gmail.com



The drainage ditch by the white path



Want to advertise in Northstowe News?

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Advertising Rates (Black Only)

Ad Size	Ad Cost Per insert
Eighth Page Ad 95mm x 64mm	£15.00
Quarter Page Ad 95mm x 132mm	£30.00
Half Page Ad 194mm x 132mm	£60.00
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Northstowe in the sunshine

You can still get Advice during Covid-19

We had an Outreach at **Willingham and Longstanton GP**. This is currently suspended, but you can still get help. You can speak to the medical staff for a referral or contact the Advisor directly:

Liz Banks
Cambridge and District Citizens Advice
Email:elizabethb@cambridgecab.org.uk
Phone:01223 222696

Please be patient with all services and staff at this time due to reduced staff and overwhelming number of visitors. The Guidance is always changing; please check online for current advice

<https://www.citizensadvice.org.uk/health/coronavirus-what-it-means-for-you/>

In addition we've closed all of our face-to-face advice sessions but we are still **Open for Advice** as follows:

- General advice is available via our **Adviceline 0344 848 7979**. This is open Monday to Friday from 9am to 5pm (we now have lots more people answering so it is easier to get through than before)
- You can **email us for advice** or to request a call-back by visiting the website at <https://www.cambridgecab.org.uk/help-advice/get-advice>
- Anyone seeking to make a new claim for Universal Credit should call our **FREE Universal Credit Help to Claim line on 0800 144 8444** (Monday – Friday 8am – 6pm)
- For advice on consumer issues (e.g. issues related to products or services you've purchased, cancelled holidays etc.) can contact the Citizens Advice **Consumer Helpline on 0808 223 1133 for FREE or chat online to an advisor.**

Clients in need of a **Foodbank voucher** should call or e-mail us. We can send a code-only referral to a mobile phone so there is no need for us to print and you to collect a voucher.



Editor's Welcome

The last few months have been challenging as everyone has come to terms with lockdown Britain. There have been real struggles with maintaining social distancing with the risk of increasing social isolation and several events planned for the summer have been cancelled or postponed. However, amongst the gloom, the positivity of the people of Northstowe shines through spreading joy across the town.



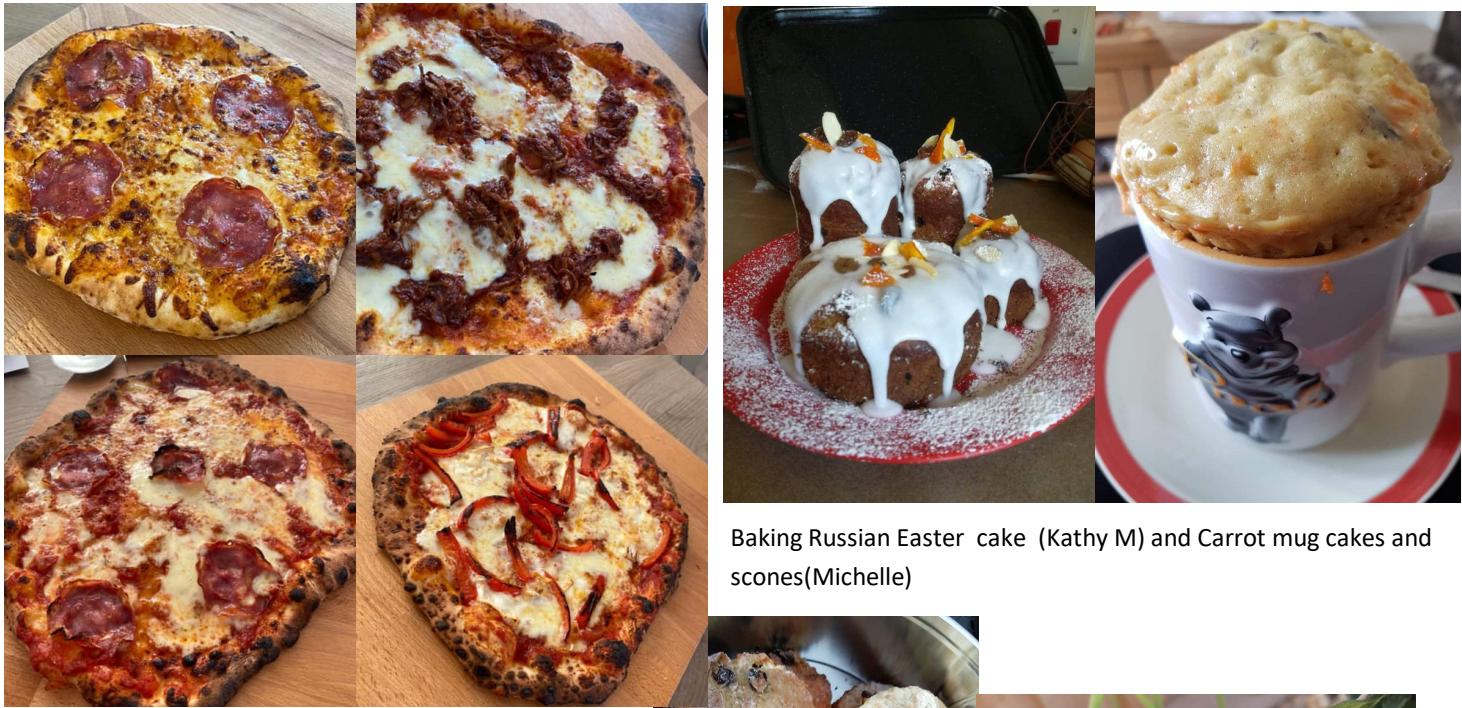
The Covid snake was a fantastic idea designed to give a little happiness to those out enjoying the sunshine on their daily walks and many people enjoyed adding to it. If you haven't spotted it yet head to the white path by Pathfinder Primary school. If you want to "feed" the snake bring along a painted stone to add to its tail.



People in Northstowe have also done an amazing job of decorating their houses with rainbows, pictures and thank you notes for key workers. It also looks like a lot of people have been keeping busy making their gardens look beautiful and learning new recipes . Some recipes even contained ingredients grown in Northstowe gardens. At Easter a few of us took part in a challenge to learn to bake Russian Easter cakes and the other day I came home to the wonderful surprise gift of jam tarts on my doorstep. Books were also left scattered over Northstowe and Longstanton for children to find and enjoy.

#ILoveNorthstowe





Baking Russian Easter cake (Kathy M) and Carrot mug cakes and scones(Michelle)

Experimenting with a new Pizza oven in Northstowe (Steph Dorling) and vegetarian salads (Kathy M)



Gardening in Northstowe (Aji Phillips and Michelle)

Do YOU need help during the Coronavirus Outbreak?



Longstanton Parish Council has put in place an Emergency Operational Plan to help vulnerable residents* during the Coronavirus outbreak.

If you need urgent support while self-isolating during the Coronavirus outbreak for external tasks such as:

- Collection of prescriptions
- Collection of small items of shopping, etc.
- Telephone support

Please contact Libby at the parish office on 01954 782323 or by email:
clerk@longstanton-pc.gov.uk

NOTE:

Contact will only be made by the phone or email. We will **NOT** be knocking on the door asking if you need anything.

Latest information can be found on
www.longstanton-pc.gov.uk



Advertising Space Available

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Make an edible pond



You will need:

- 500ml pack of lime jelly*
- Sachet of blackcurrant jelly*
- Sachet of gelatine*
- Blue food colouring
- Dragon fruit or cooked tapioca
- Jelly worms, bugs or fish*
- Green apple fruit bars
- Green grapes
- Chocolate frogs
- 1 litre clear bowl
- Measuring jugs
- Sieve
- Scissors

*There are vegetarian alternatives that you can use.

Follow packet instructions to mix each colour of jelly in a jug. Allow jelly to cool (but not set) before pouring it into the bowl to create a new layer.

In your bowl, allow each new layer of jelly to set for an hour in the fridge before adding another layer.

Add a chocolate frog near the spawn and enjoy!

A clump of chopped dragon fruit or tapioca (frogspawn) with some sliced green grapes (lily pads).

Stick the remaining reed shapes upright into the jelly

Another layer of worms or bugs and half of reed shapes cut from the apple fruit bar

A layer of jelly worms

- LAYER FOUR
Half a pint of gelatine, add a few drops of blue food colouring
- LAYER THREE
Remaining green jelly
- LAYER TWO
Half the green jelly + two drops of blue food colouring
- LAYER ONE
Make up the blackcurrant jelly, pour it into the bowl, and leave to set.



Illustration: Corinne Welch © Copyright Royal Society of Wildlife Trusts 2015

Parish Council

Chairman's Update

Hello everyone, despite challenging times I hope that this finds you safe and well, and weathering the very strange year 2020 has turned out to be so far.

Community Support for Covid-19

I want to start this update by thanking both our Parish Clerk, Libby White, but also members of the Parish Council, volunteers and the many, many of you reading this for the help that you are affording our community as we navigate the difficulties and overcome the challenges created by Covid-19. Libby has been spearheading our community response to help ensure that those considered vulnerable have access to help and support as we progress through lockdown, enforced isolation, and in some cases the direct effects of the virus. Libby will update further on this elsewhere, but I wanted to say a huge **"Thank You!"** to everyone who has been giving their time to help other residents during this difficult time.

Community Events

It is with regret that we've had to cancel some events through to the end of June due to the situation with the virus. Situation permitting, we might try to re-schedule some of them for the later part of summer/autumn, but we will have to monitor the situation and adjust accordingly.

The Kingfisher Pond and Water Levels in the Village

Following my last report, I can confirm that 3 experts in the field of hydrology have been asked to tender to look in detail at the dewatering in the parish. We hope to hear soon who will be working on this project and will keep you informed of all progress.

Remembering VE Day

While we weren't able to celebrate in the way we had planned on the weekend of 8/9/10th May, many of you will have doubtless been invited to "front garden" events or similar in your street and will have been remembering and celebrating this pivotal event in the history of the UK and our neighbours across Europe. It is heartening that, despite the challenges we face with social distancing that we still want to recognise the event. Let us not forget that conflict continued in the Far East for some time after victory in Europe, and not forget to remember the fallen a second time on 15th August.

Until the next update, please stay safe, stay healthy and if you need help and support while we remain challenged by coronavirus, your Parish Council will try to help. Call the parish office on 01954 782323 or contact Libby our Parish Clerk by email at clerk@longstanton-pc.gov.uk.

Thanks

Dan delaMare-Lyon

Chairman, Longstanton Parish Council

District Council

We are so proud of how our community has been pulling together to support one another during these very difficult times. We have seen a fantastic local response. We'd like to take this opportunity to thank Longstanton Parish Council and the team of volunteers who have been helping the more vulnerable members of our community.

If you need help or support, you can contact the Parish Council via email clerk@longstanton-pc.gov.uk or on 01954 782323.

South Cambs District Council (SCDC) also have dedicated coronavirus pages with lots of information and support, which can be accessed here: <https://www.scambs.gov.uk/coronavirus/>

Support for local business During the pandemic

One of SCDC's main roles during the crisis has been to provide support for local businesses. For the most up to date information on the support available to business or the self-employed, we recommend checking the Council website: <https://www.scambs.gov.uk/business/coronavirus-information-for-businesses/>

It is also possible to sign up for the regular South Cambs 'Open for Business' newsletter via the website link.

Community Governance Review for Longstanton Oakington and Northstowe

As you are probably already aware, all the public engagement events that were planned as part of the second stage of the CGR review had to be cancelled. A proposal went to the Civic Affairs Committee at the beginning of June to extend the consultation period for 3 months until mid-September. It is hoped that this will give an opportunity for further public engagement as lock-down restrictions are removed. You can still view the proposed options, maps and submit comments via: <http://bit.ly/NorthstoweABC>

As a reminder the three proposed options are: Option A - All phases of Northstowe create a new parish. Oakington & Westwick remains its own parish with boundaries to include the green separation land with Northstowe. Longstanton Parish would remain the same up to the roundabout separating Station Road and the B1050 towards Willingham. Land north of the Guided Busway will go to Willingham Parish.

Option B - As above but land north of the Guided Busway to go to Northstowe.

Option C - Only Northstowe phases east of the B1050 would go to create a Northstowe Parish. Longstanton Parish would retain all land to the west of the B1050 which would include Northstowe Phase 3b and Bloor homes.

As District Councillors we do not support option C, as this could eventually add over 2000 Northstowe residents to Longstanton Parish. However as this was a preference expressed by a number of residents we are keen for this to be included in the next round of consultation so that Northstowe residents can express their views on this option - we know that in the first phase of consultation residents expressed a strong preference to be part of any newly created Northstowe Parish.

Plans for Northstowe Phases 3A and B

The government has made it clear that the planning process should continue even during the current crisis and so plans for Northstowe Phases 3A and B have gone out to consultation.

The outline plans for 3A (the phase closest to Oakington, on the south of the site) include 4000 homes, 2 new primary schools, a local centre, including shops, offices and research and development space, open spaces and lakes and community and sports facilities. The consultation on 3A is due to run until July 6th.

Phase 3B (the phase west of the B1050, next to Bloor) includes plans for an additional 1000 homes, a primary school, local centre and orchard and allotments. The consultation for Phase 3B is due to close on 23rd June. Closing dates for both consultations will be kept under review considering current restrictions and can be extended.

We are encouraging residents to submit their comments via the formal consultation process and the easiest way to this is online via <https://applications.greatercambridgeplanning.org/online-applications/> You can search for the plans using keywords 'Northstowe Phase 3A' and 'Northstowe Phase 3B'.

Homes England have also produced some short videos explaining the plans which you can access here: www.northstowe.com/phase3

If residents have any questions or comments, they can contact the planning department via planningcomments@greatercambridgeplanning.org or as ever, please feel free to contact us.

Phase 1 Local Centre

We received an update from L&Q regarding their plans for the Local Centre in Phase 1. They say they are currently working up a comprehensive design for the mixed-use Local Centre which will include up to 1,950sqm of A-Class uses (including some, but not all, shops) and the community building. This may consist of a single larger convenience store, plus 4 smaller units for other commercial / retail / leisure / food and drink / community uses. It is important to consider the character, siting, orientation and access and parking arrangements of all these uses as one, in accordance with the Design Code. They anticipate starting pre-application discussions with Planning Officers in June. As ever, feel free to contact us about these or any other issues on:

Sarah Cheung Johnson: cllr.cheungjohnson@scambs.gov.uk

Alex Malyon: cllr.malyon@scambs.gov.uk

County Councillors update

County Council Co-ordination Hub

The county council co-ordination hub team have been very busy, and are doing a remarkable job. The numbers are important as they show the extent of the impact of Coronavirus on our communities.

The numbers also mask the realities for every single individual who is having to shield, and especially those without their own support network in place. Every one of the 18,166 people that are registered as shielding is an individual with their own circumstances and needs, and in fact there are over 31,000 people across the county that should be shielding right now. They are the ones the hub staff are most determined to help. They have been contacting people who should be shielding but who haven't responded to the formal contact they've had from the NHS or the national shielding team. They have managed to reach the majority of these people now, which is a huge relief, but in so doing have come across people who were without support and didn't know where to turn. Some people were rapidly running out of food and other essential supplies, and there were some who couldn't read or write and who therefore hadn't understood the letters they'd received from the Government saying they should be shielding. The County Council Hub staff have of course been able to put all the support they need in place now. So, as the lockdown measures continue to be eased, for many people there is no change.

Delivering thousands of items of PPE to key workers every day - Ensuring a steady flow of the right kit at the right time has been the challenge of the local PPE team Over 40,000 items of PPE are distributed across Cambridgeshire and Peterborough each day to a wide range of organisations including GPs, pharmacies, prisons, hospices, care homes, domiciliary care agencies, emergency dentists, children's homes, residential special schools, children's social care services, funeral services, hospital social care discharge teams, the fire service, highways and many others. At the PPE warehouse, the team is working with members of the NHS Cambridgeshire and Peterborough CCG to organise thousands of pieces of PPE, taking orders from over 1,000 different service users, picking, packing and distributing PPE for next day delivery.

Home Learning Hub offers comprehensive emotional and physical support for children and parents

Resources and links to help support the mental health and wellbeing of children and parents during Covid-19 has been rolled out by Cambridgeshire County Council. Education and Public Health leads at the council have joined forces to provide a range of trusted and wide-ranging resources and links, giving children and parents somewhere to turn if they need help. The resources offer easy access to a range of free, confidential support services which are on hand to help anyone dealing with emotional or physical issues, abuse, substance misuse, or mental health problems. Some of the services offer support over the phone, giving you a chance to have a chat with a professional, while others are available online, via text, or even through a dedicated app. Children and parents can find the resources through the county council's popular Home Learning Hub, which offers activities, challenges and lessons plans from across the curriculum – helping those currently learning at home. Covid-19 is having a profound impact on our lives and few of us will have ever experienced such a dramatic and enforced change to our daily routines. While it is great to see how schools, parents and school-aged children are adapting and keeping their spirits up, there is no doubt many of us are finding things a bit tough without our usual routine or social circles. People need to know the services are still here. Whether online, on the phone or over text, professionals are there and ready to help.

County Council leaders working with schools for pupils to return 'when it is safe to do so'

Education leads at Cambridgeshire County Council are working with schools, Academy Trusts and the Diocese from across the region to look at bespoke plans for the safe return of pupils – based on Government scientific advice which is expected to be released on 28 May. While the final decision on when and how to open individual schools rests with their head teachers and the governing bodies who run them, the Government has asked schools to consider beginning to re-open education provision from 1 June. This will mean additional Primary provision for Reception, Year 1 and Year 6 pupils and Secondary schools working with pupils from Year 10 and Year 12 to ensure they are supported for important exams next year. Special schools will also begin to welcome more pupils. In Cambridgeshire the education leads have confirmed, 'the safety of our children, their families and school staff is always our number one priority and we are supporting schools to make decisions based on their individual circumstances'. Schools have said it will be difficult to maintain the two-metre social distance guidelines at all times, particularly very young children, leading to problems with the number of children allowed on-site. There are also concerns about staff and children who fall into the very vulnerable 'shielded' groups.

Clear in the knowledge that there is no 'one size fits all solution', council education leads have been working with schools to create bespoke plans specific to each one and their circumstance, which include revised cleaning regimes, sourcing appropriate PPE, and allowing for phased re-openings. The council has confirmed that – in line with government guidance – no penalty fines will be issued to any parent or carer who doesn't send their child to school between now and the start of the next school year. Clarification is also being sought from Government about the extension of free school meals for eligible children whether in or out of school. Nursery and early year's settings are also being encouraged to re-open from 1 June, and have been asked

to prioritise places for three and four year olds – along with vulnerable children and those of key workers. Please visit the Cambridgeshire county council website for more information.

New website will support shielded residents to keep busy

A new interactive website, believed to be the first of its kind in the country, has been launched by the County Council for people who are shielding to help them combat loneliness, keep busy and learn new skills. The idea for the website was borne out of the fact that one of the challenges for people who are self-isolating is being able to keep busy in their own home.

The website will offer a set of leisure, pleasure and learning opportunities for shielded people to take part in.

This will include aligning the food deliveries from the county hub to a healthy eating class, either online or via recipe cards for those that don't have digital access. The food delivery from the county hub will include all the ingredients needed to cook the meal that will be taught online or via the recipe card.

In addition, there will be sewing classes taught through instruction cards for those that have no internet access that would include a delivery of materials and instructions to learn how to sew alongside the food deliveries.

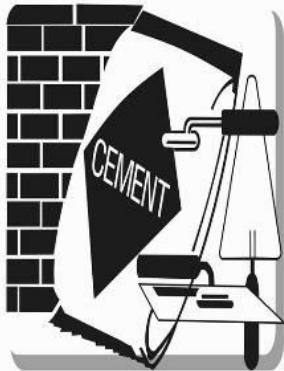
There is also a section of the website which supports families of pre-school children to help their children prepare to start school in September. For those people who don't have access to a computer, information that is on the website will be sent through the post.

This new website will allow everyone who is shielding, regardless of whether they have asked for help or not, to take part in a whole range of activities and sessions, whether it's cooking, learning a new skill or supporting our NHS by sewing masks and other items. Details of the website and how people can log in will be shared with those on the shielding list.

Creative at Home aims to provide residents with a positive distraction from the most serious and challenging aspects of coronavirus, as well as a productive focus for managing time and isolation during this period of social distancing.

Peter Hudson

County Councillor



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WILLINGHAM & LONGSTANTON SURGERIES

Reception Tel: Willingham 01954 260230 Longstanton 207600 Dispensary 207602

District Nurse Team: 01223 726469 Option 2 **Health Visitors:** 0300 029 50 50

Out of hours cover: Ring 111 Website: www.willinghammedicalpractice.nhs.uk

COVID19

The information in this publication is correct as of the time of writing on 15th May 2020. The most recent updates will always be published on the Practice website:

www.willinghammedicalpractice.nhs.uk

Immunisations

It is important during this pandemic that children continue to receive their routine vaccinations. New babies should receive vaccinations at 8, 12 and 16 weeks. Boosters are also scheduled at 12 months of age and Pre-school age which includes the MMR vaccine. You should be notified by the Health Authority when vaccinations are due.

Please contact reception if you believe your child's vaccinations are due and make an appointment.

Sick notes – MED3

You do not need a MED3 or sick note from the GP for self-isolation. Those who have COVID-19 or are advised to self-isolate can obtain an "isolation note" by visiting NHS 111 online and completing an online form, rather than visiting a doctor.

For COVID-19 cases this replaces the usual need to provide a "fit note" after seven days of sickness absence. If your COVID 19 symptoms have not resolved, you can print off another certificate and re-date it.

Citizens Advice - Outreach service

It is a very challenging and difficult time for everyone and citizens advice are available to help. Although the outreach service has been suspended at the surgery, they can still provide you with information and support with your financial problems, claiming benefits, employment rights and much more.

FAQ's and useful links can be found on the Willingham Medical Practice website. Alternatively you can contact Liz Banks on 01223 222 696 or elizabethb@cambridgecab.org.uk.

Bereavement Support during COVID-19

There are many agencies and charities available to support you in your loss and bereavement during this difficult period. For further information please visit:

https://www.keep-your-head.com/assets/2/bereavement_support_in_cambridgeshire_and_peterborough_-_april_2020.pdf

New: Maternity leaflets

NHS England have developed new information leaflets for expectant and new parents.

[Coronavirus: Planning your birth](#)

[Coronavirus: New born baby information](#)

These leaflets and further information for pregnant and postnatal women during Covid-19 including appointments, attending the hospital and infant feeding is available on the CCG website:

<https://www.cambridgeshireandpeterboroughccg.nhs.uk/news-and-events/latest-news/novel-coronavirus-covid-19-information/coronavirus-advice-and-guidance-for-pregnant-and-postnatal-women/>

Online booking

Please note all online appointments with the GP are telephone appointments. You should only attend the surgery if you have spoken with a clinician and been invited to attend.

Payments for prescriptions

We are now able to accept card payments at Longstanton Surgery and Willingham Reception if you need to pay for your prescription.

Urine Samples

Please do not drop off urine specimens for testing at this time. If you are symptomatic and believe you have a urinary tract infection (UTI), please call reception who will arrange for you to speak with a clinician over the phone.

Cambridgeshire Hearing Clinics

Drop ins are currently cancelled for the foreseeable. Please note they will send new batteries to your home address. Please visit <https://www.cambridgeshirehearinghelp.org.uk/> or call 01223 416141

Thank you!

We would like to thank Mr and Mrs Alam for the delicious food that they made and delivered for the Surgery staff. All staff were very grateful and enjoyed this special treat!

And finally, a big thank you for all the support shown by our patients at this difficult time. Many patients have taken the time to thank us for simply doing our job, which is very humbling and a tremendous boost for us all during this challenging time. We are truly very grateful to all of you, and will continue to do our very best in the weeks and months ahead.

Lisa Smith –Assistant Practice Manager–June 2020



Now, more than ever

**For simple steps to look after your mental wellbeing
search Every Mind Matters**



Phase 3 plans released for Northstowe

For more details please visit www.scambs.gov.uk



Phase 3b and the area next to the busway

Phase 1

Secondary school campus

Phase 2 and the town centre

Phase 3a will be between the town centre and Oakington on what used to be the old Airfield



Phase 3b (next to Bloor on the other side of the B1050) includes a primary school

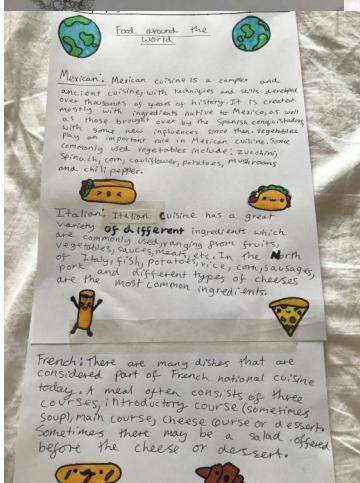


Plans for the area between the busway and phase 3b.



Northstowe Secondary College

It has been a very unusual time for us all at NSC as it has been for everyone. Not quite how we thought our first year would be! My thanks goes to all of my staff who have been working very hard preparing resources and monitoring the progress of students working at home. These have focused firstly and most importantly on mental well-being and maintaining English and Maths skills, secondly on subject specific work and thirdly offering a series of projects for students who wanted to have a go at something different. This has led to an amazing array of work being produced, a flavour of which is detailed below.



We have tried to keep in touch with our families, ringing fortnightly to talk to the children and their families and emailing or talking on Teams group chat to keep our NSC family together. We also went out to homes to deliver laptops to students who did not have their own access to IT. We have had so

many lovely comments and emails from parents thanking us for the work we have been doing and we are really grateful for their continued support. We have been so proud of how hard our students have been working and the kindness they have been showing each other and their communities.

In addition to that we have been offering provision to key worker and vulnerable children at Swavesey Village College, until the 1st of June, when we re-opened provision at NSC. We have had a great deal of fun, this week we made wooden cars, samosas and carrot cake muffins, as well as taking part in a tower building competition which our students won. We also made posters as part of our CMAT trust wide video to commemorate the sacrifices made by those brave men and women who served their country, commemorated on the 8th in VE day.

While students have been at home, they have been busy making and learning and we have been sharing these successes on our Facebook page.

We have also been working hard on our transition remotely, with our new year 7 students. Updating our Year6-7 section on our website, recording welcome videos and resources to help students get to know the staff and the building. The senior team have also written individually to all the students who are on our list to join us in September.

These are unusual times for us all and ones that have seen tragic loses of loved ones. However we have also seen kindness and thoughtfulness making a huge difference to families and communities, the picture below is of origami flowers made for a family who sadly lost their cherished loved one to Covid 19, made by one of our Year 7 students. We have also begun a project called 'Letters of Hope' where we are pairing up young people with vulnerable members of the community who are unable to leave their homes, via Care Network UK, who will send letters to each other to try and bring hope and joy to each other in uncertain times. Furthermore, we have had students support others less fortunate by making charitable donations, in the form of activities for a local care home and others making cakes to cheer up friends and neighbours.



NSC wishes all good wishes to its families but also to the wider community it serves. Take care and stay well.

 Fitzwilliam House Care Home - Excelcare
1 May at 12:02 ·

We are extremely grateful to David (Geoff's Grandson) and his family for this amazing bundle of crafty bits. We cannot wait to use them and have lots of fun. Thank you 😊



 You and 11 others  1 comment

 Like  Comment  Share 



Pathfinder Pre-school

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preschool@pathfinderschool.org.uk

Opening September 2020

Now accepting applications for

2-4 year olds

Open
Monday-Friday,
7.30am - 6.00pm,
50 weeks of the
year!

Places available
for 30 hours
funding and
'funded 2s'

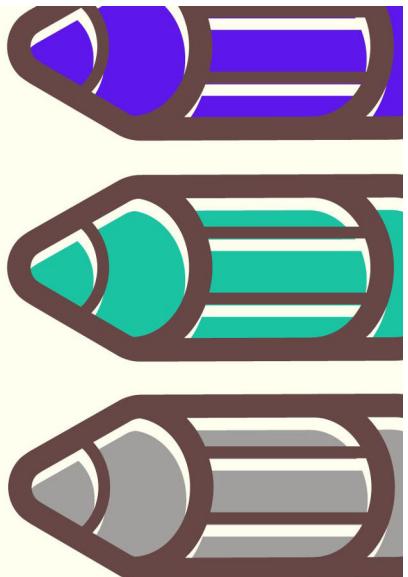
3 hour sessions:
£18 for 2-3 year olds
£15 for 3-4 year olds

Daily rates inc.
breakfast and wrap
around care from
£50

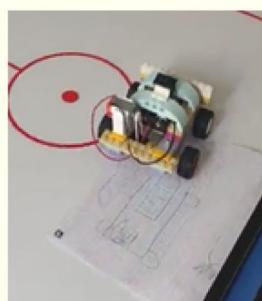
Respect ~ Optimism ~ Nurture ~ Success



Pathfinder News



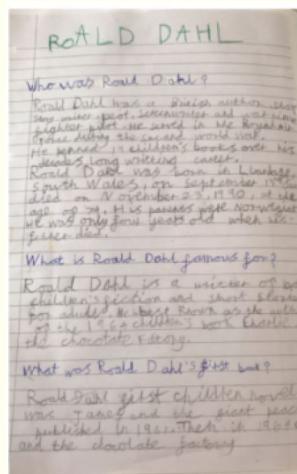
The last few weeks have certainly been different for our school community, saying 'See you soon' to children back in March and turning to online learning. We have remained open throughout to our key worker and vulnerable families and are glad to now be making the first steps in returning to some sort of normality, by opening to some of our Reception, Year 1 and Year 6 children. We would like to thank all of our families for their support, well wishes and patience whilst we continue to navigate this unprecedeted time.

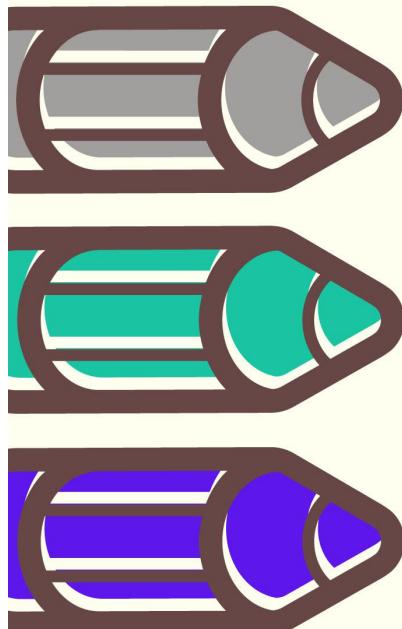


In Reception, as part of our half term topic, "Can I switch it on?", the children looked at the different types of technology that surround us and how each is used. We asked questions, such as "why do items need a switch?" and "are all switches the same?". To investigate these questions, children took to their grown-up's computers, tablets, phones and cameras to type out words, draw pictures using the 'paint' application, make mini movies and take photos of nature. We were particularly impressed with some of the amazing ideas and creations the children came up with as we challenged them to make an invention that would help make life easier or more fun.

In addition to our topic work, the children have continued to practise their reading and writing at home through a variety of fun activities. They have also been developing their maths skills from counting and sorting coins, to investigating which shapes roll better than others down ramps. As part of our learning, we have also introduced a weekly science tasks which the children have loved getting involved in, we've enjoyed seeing the children having fun making boats from junk material to flying parachutes to celebrate VE Day.

In Year 3 our topic was 'Scrumdiddlyumptious!' We did lots of learning about food including finding out about the journey a banana takes to get to our supermarkets. We also did lots of baking, using our measuring skills to help us and either reading or writing recipes. We also read Charlie and the Chocolate Factory, found out about Roald Dahl and designed our own rooms for Mr. Willy Wonka's factory!





Larson Class (Y4) did not have a usual start to our topic about the year of 1066. However, our class like true warriors themselves, embraced the challenge and braved the battle of learning from home. Our topic took us all on different adventures. As part of our weekly tasks, we had children who explored the feelings of the soldiers in the Battle of Hastings and wrote diary entries as if they had experienced it. Some of us researched Norman castles and built our own. We had children who after discovering the hidden treasures of the Bayeux Tapestry put their embroidery skills to the test.

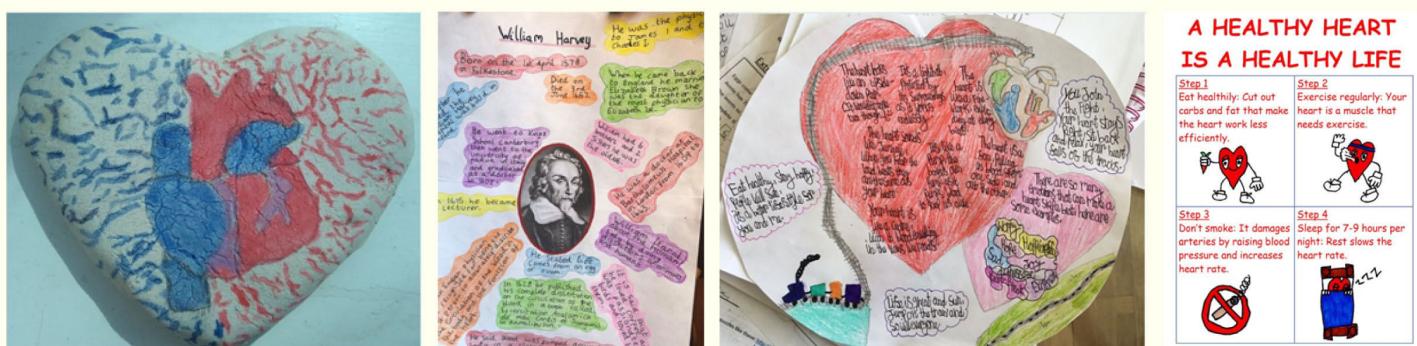
In addition, together, using video technology, we carried on sharing a class book and delved deep into the story of How to Train Your Dragon. Many of us used this as a stimulus to write some fantastic non-chronological reports about a dragon of our imagination. We finished the half term wondering if sometime in the future, children would be writing about the year 2020?



St Louis (Y6) class spent our time in Lockdown completing work centering around our topic of "Blood Heart". We produced a range of different writing inspired by our hearts, ranging from poetry to information texts on how to stay healthy, to pieces of personification; writing as if the heart itself had its own voice!

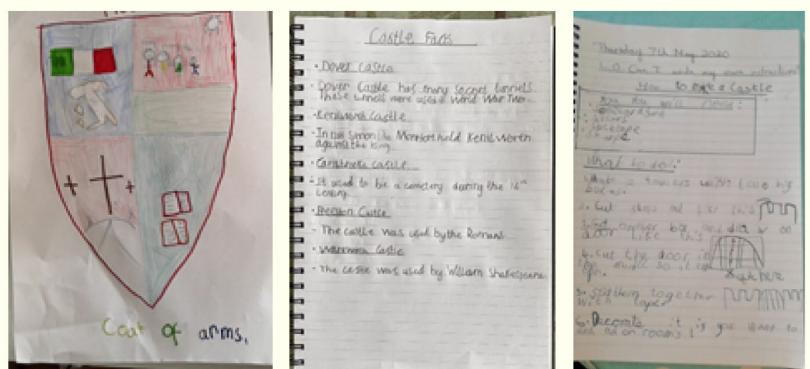
We completed a range of science based activities such as making a stethoscope, researching healthy living and making our own models of the blood using household item. Many pieces of abstract art, models and graphic designs we created illustrated the heart in different styles using different mediums.

All of the children really rose to the challenge to produce a fantastic range of work, some of which is shown below - we hope you enjoy it!



Year 2 delved into the past, exploring all sorts of facts and trivia about castles! They discovered how castles were used in the past for living in and for defence.

From this they created their own castles and coat of arms. Then wrote clear instructions of how to make their castle.



Nature Notes

Hugh Venables

With birds coming back for spring and more access routes opening up, the list of birds recorded in Northstowe has grown considerably, passing the milestone of 100 species, more than many other birdwatchers thought the site would hold. The 100th species was a Common Tern over the phase 1 lake. Like a slighter version of a gull, they dive into the water for fish and nest of gravelly islands and floating rafts at nearby Fen Drayton Lakes RSPB reserve. If we were to provide rafts here they would likely breed on them – something to follow up with the reserve wardens when they come back from furlough to get a design.

On a less positive note about the lakes, there have been considerable concerns about phase 2 works carrying on through the breeding season, especially with regards to the displaying Little Ringed Plovers on site. These are a strongly protected species against intentional or reckless disturbance to a nest and the extensive works around the lakes in obvious nesting habitat do not seem consistent with this. The county bird club and police wildlife liaison officer have been involved in monitoring developments. Potential Sand Martin breeding areas have also been bulldozed very late in the season. Hopefully Homes England put in a bank for them so we can have a colony long term.

Spring also brings dragonflies, emerging from lakes, ponds and ditches where they have developed as aquatic larvae. Adult dragonflies and damselflies feed on other flying insects and then mate and lay eggs to start the cycle over. My garden pond has been in for a year and there are already several species emerging from it, though other larvae have themselves been eaten by the newts. Different species emerge through the summer, with the last adults flying until early November.



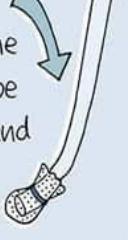
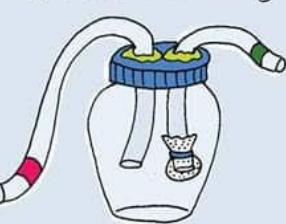
How to make a pooter

wildlife
watch



What you need:

- plasticine
- jar with lid
- 40cm of clear, flexible plastic tubing, 7-10mm wide (try a big DIY store)
- a small piece of gauze, net curtains or tights
- elastic band
- green and red stickers or tape

- 1 Make 2 holes in the lid (ask an adult to help with this) 
- 2 Cut 2 lengths of tubing about 15cm and 25cm long and poke them through the holes. 
- 3 Put the gauze over the end of the shorter tube and mark the other end with a green sticker/tape. 
- 4 Mark the longer tube with a red sticker/tape (red means 'don't suck this tube'). 
- 5 Put some plasticine around the tube holes to make them airtight. 

Now you're ready to pooter!



Northstowe tomato sauce for pasta

1kg cherry tomatoes (Any variety should work dependent on taste, I've only done with cherry or cherry vine!)

1 white onion

3 garlic cloves (more or less to suit taste)

1 tablespoon brown sugar (more or less to suit taste)

Salt & pepper

Fresh basil

Olive oil.

1 - Finely chop the onion & garlic. Heat a little oil in a large pan and fry the onion for 2-3 minutes, then add the garlic and fry together until the onion is browning.



2 - Cut tomatoes in half. Doesn't need to be precisely half, and no need to remove seeds or skin! Add tomatoes along with 300ml of water, the sugar and a pinch of salt and pepper to the pan with onion and garlic. Stir to ensure even spread of ingredients.

3 - Simmer on a low to medium heat for around 1 hour. Stir periodically, and as the tomatoes start to break down, gently squash any large pieces. If the sauce is looking too thick for your liking, stir through a little more water.



4 - Once tomatoes have broken down, and thickness is to your liking, serve with fresh basil.

Enjoy!

- I found this was enough for 4 portions of pasta, however you can keep chilled for a tasty lunch option next day.

- Don't forget to plan in the pasta, meat or veg to go with it!

Alex & Kirsty



Plastic Free Northstowe

Hello! I'm delighted to introduce to you a new idea that everyone can get involved with - Plastic Free Longstanton and Northstowe. Are you fed up with unnecessary packaging? Tired of plastic bottles? Worried about where it all goes when you put it in the bin and whether it's recyclable or not?

You will be pleased to hear the your local community is working to become single use plastic free, to start tackling the wider problems of litter and recycling. Using the Surfers Against Sewage scheme, Longstanton and Northstowe are aiming to achieve the Plastic Free Communities certification. This means teaming up with the Parish Council, local businesses, and community groups to take action and reduce single use plastic. Things like plastic bottles, crisp packets, packaging, bags all cause problems for the environment and can find their way into local drains and watercourses, and then make their way into rivers and then the sea, where they take a long time to break down (if they do at all!).

So far we've been busy putting the things in place and speaking to people to promote what we're doing. We have a facebook page set up so we can tell you what we're up to, and an email so you can get in touch...are you doing something locally that helps? A litter-pick, reducing your own plastic use, committing to remove single use plastic from your business? Let us know as it all helps and there's already a lot going on and more will help us get certified quicker, and clean up our area and improve our environment. We've been working with the local schools, the pop-up cafe, running club, and collaborating with the Northstowe Foodies on some very exciting ideas! In the next issue we'll say more about all this but in the meantime check us out or get in touch at:

PlasticFreeLandN@gmail.com or

Facebook @PlasticFreeLongstantonandNorthstowe



Northstowe Phase 1:
Community Orchard and Allotments
Concept Plan



Interested in an allotment or what's happening with the community orchard ?

To express an interest in joining the allotment and orchards working group or to register for an allotment on Phase 1, please contact Northstowe.Community@scambs.gov.uk

Or Visit the Horticultural associations facebook page

<https://www.facebook.com/NorthstoweHorticulturalAssociation/>

Bin collections

Report missed bins at:

<https://www.scambs.gov.uk/bins/report-a-missed-collection/>



Thursday 2nd July green and blue bins

Thursday 9th July black bin

Thursday 16th July green and blue bins

Thursday 23rd July black bin

Thursday 30th July green and blue bins

Thursday 6th August black bin

Thursday 13th August green and blue bins

Thursday 20th August black bins

Thursday 27th August green and blue bins

Friday 4th September black bin



SUMMER WORD SEARCH



A R E F J E T R I S U M M E R M I S
U S E S T O R Y W H P P O O I N O V
P E T F U N O I W O S R K T B H S M
S E A N I V M R U R N V I N A R E T
R M T O L M I D O T T P A N U L D I
C A M P I N G R O S P O S Y K R M Y
P X O N E E U I L K T O H N U F N N
L N G F S C R C I N P L V K D P S Z
E J A S U D G U H B L H O T Q N K V
I V W S E R Y M Z R K R J G S U M A
L L X A E U O R E L K N I R P S F C
F R U I T L G L N G T H A P O T D A
S S M R D E X H V N O O I A P H J T
S A D E O P R E H R B U E K S I O I
P I T D F I O M W V T K L B I I S O
D T K I O R T D E C L E F O C N G N
G R A S S S O Y A L P I S S L S G N
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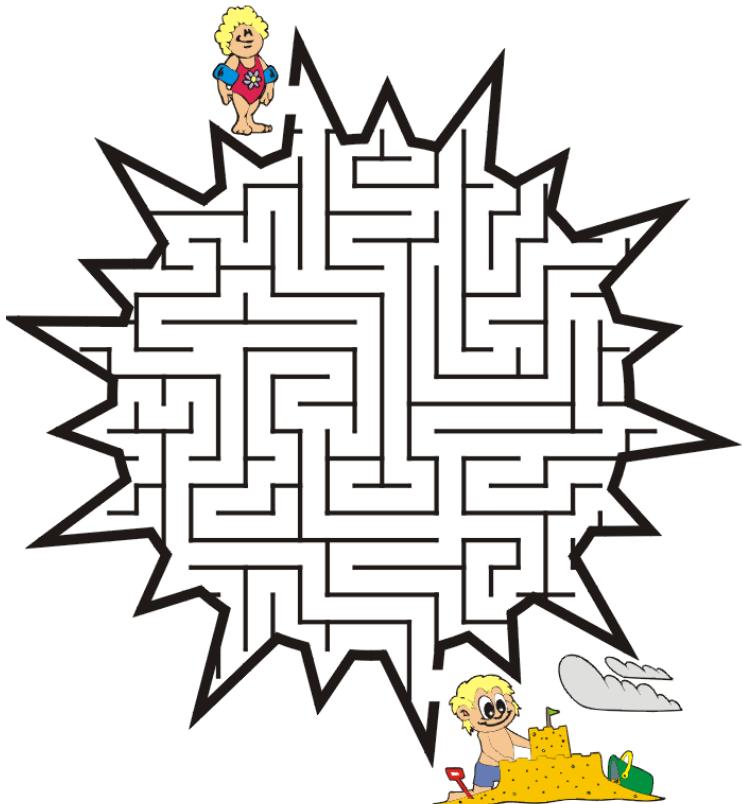
summer
pool
swimming
camping

fun
sun
grass
outside

hot
sprinkler
picnic
road trip

shorts
vacation
watermelon
play

fruit
hiking
popsicle
lemonade



Game of the month

by Andrew and Sarah Collier

We thought that this month, we would talk about some two player games. During this continuing period of Covid-19 restrictions, we're able to use video conferencing to play board games with friends online, but our face-to-face board gaming is limited to those in our own households. We hope that some of these games, designed specifically for two players, might help you continue playing until it's possible for larger groups to start meeting together again.

"Star Realms" is one of our favourite card games to play together. You each command a fleet of starships, represented by a deck of cards. You start with very basic ability and a weak attack against your opponent, but you can buy more powerful ships and add them to your deck. Each turn you draw a new hand of your cards, and as the number of good cards increases, so your power builds as you play through the game. The ships belong to one of four factions with different specialities, and if you play multiple ships with the same faction they can sometimes ally together to enable even more powerful effects. The blue cards tend to be good at defence, green good for attacking, yellows let you draw more cards every turn while reds can remove the weaker cards from your deck so you can use the strongest ones more often. Can you wear down your opponent's defences before they destroy yours?



In "Lost Cities" the conflict is less direct. You are rival explorers setting off on expeditions and trying to find the most valuable artefacts. This means playing tiles (or cards – depending which edition you get) in piles in increasing order. You have to manage your hand very carefully, because you don't want to discard a tile which your opponent would find helpful, but you also don't want to play high cards too early because then you'll be unable to play the lower ones. There is also a push-your-luck element to the game because you often have to start playing an expedition before you really know whether it will turn out to be profitable in the end.

If all this rivalry is too much, instead you could try "Codenames Duet" which is a cooperative game about word associations. There is a grid of words you can both see, and a card you get to see one side of which tells you which of those words you must highlight to your partner. Each turn you give them a single word clue, linking together as many of those selected words as you can, so they can pick out the correct ones and avoid the wrong ones. For example the grid might have "piano", "lock" and "open" in it, but if only two of those words are selected on the card then it might not be a great idea to say "key"! You have a fixed number of turns to complete the game, and if you like you can play a campaign sequence of games which ramps the challenge up gradually.

Do any of these sound like they're up your street while you're staying indoors? You can play Lost Cities at boardgamearena.com, as well as many other games for two or more people, and we're still playing games online on Tuesday evenings – for details search FaceBook for "Northstowe Gamers" or email northstowe.gamers@thecolliers.uk



Dungeons and Dragons

An online Dungeons & Dragons group will be starting for residents of Northstowe and environs. This will take place on Wednesday evenings and we will be using version 3.5. Anyone interested, please e-mail baroque.mongoose@gmail.com.



Keeping Active in Lockdown and beyond

Kathy Males

As lock down became inevitable and with concern about my own symptoms, I began a week before the official date of March 23rd.

Sport has always been a major part of my life (since leaving school many years ago and I could choose what I wanted to do). I spent the first week looking for online yoga classes and for less busy short cycle routes. I also discovered that Joe Wickes was hosting a daily PE session on YouTube at 9am.

I decided that although I'm not particularly young or fit, I needed to establish some kind of routine and a reason to be up, doing something at a regular time. So, I've been joining Joe and thousands of others every morning. I adapt or miss some of the exercises to better suit me. And always feel better afterwards.

My online zoom yoga classes have been split between a local teacher and a studio in Torquay. It's great to have other yogis online.

I've been increasing my range of cycling and whilst it may not seem much to others I'm pleased with myself that I no longer have any qualms about making it into Cambridge or St Ives and back.

When it's been too windy for my cycling I've tried to find quiet places for walking and as soon as we were allowed to drive a short distance for exercise I've rediscovered places like Knapwell Woods and Wicken Fen. Finding some green spaces with few people and being able to sit with a book and my flask of coffee in the sunshine has helped with overthinking and anxiety around us.

I usually swim 2 or 3 times a week and that's something I really miss. I've managed a sea swim once so far, but have booked in for open water swimming at Milton Country Park in June - who even knew that was there?

Sadly we are not able to get back to badminton just yet; maybe I could spend this time practicing my serve? Hmm, there's a thought...

What have you all been doing to keep active and boost your spirits?

Northstowe Rocks!

Enjoying the Covid snake? Join the hunt : Facebook NorthstoweRocks

Paint your own rocks and hide around Northstowe for people to find. When you find one put a picture on the Facebook page. Happy hunting!





Dealing with debt after the lockdown

This year has been a challenging one to say the least, and we're only halfway through it! Everyone has been affected by the coronavirus outbreak and the consequent lockdown, but the ways in which we've been affected individually may be very different.

If you previously had debt that you were managing well, it may be that a change in circumstances means this has now become a problem. You may no longer be able to make your regular repayments. However, there are helpful steps you can take to deal with it.

How to deal with problem debt

- Make a budget detailing your current income and expenditure (both essential and non-essential). There's a great budget planner on moneyadviceservice.org.uk which you could use to help with this.
- Check what help or benefits you may be eligible to claim at turn2us.org.uk.
- Look at what's left over in your budget. If you have more going out than coming in, where could you realistically cut back to free up some money? This might mean switching to a cheaper energy tariff or cancelling unused subscriptions.
- If your budget is too tight, make a list of all the companies/people you owe money to.
- Contact each one, explain the situation and ask about any payment holiday schemes they offer.

If you need extra support, take the step to seek professional advice from a debt advice charity such as Christians Against Poverty – see capuk.org for more information.

How paying down debt saves money

Alternatively, the lockdown may have seen you save on costs such as travel, eating lunch out, childcare and school trips. If this is the case, it may be possible to save what you would have normally spent and use it to pay down debt.

If you have savings at the moment, it's likely the interest you earn on them is almost nothing, so all you're doing is keeping the money in the bank and not actually getting anything for it. However, interest will continue to be added to any debts you owe every month, which means that having the debt could be costing you money right now.

It makes sense to decrease the amount of debt you have and lower the interest, if you're able to. There's lots of information on how to do this at moneysavingexpert.com.

Remember to keep a savings buffer for emergencies and unexpected costs.

Other ways to save money during (and after) the lockdown

You may find that you have more time to save for annual expenses such as your vehicle MOT. The DVLA has given an extension of up to six months for vehicles with an MOT expiring after 30 March – see gov.uk/dvla for more details.

If your vehicle is parked on the road, legally you need to keep it taxed and insured. If you have a garage or driveway available, you could declare your vehicle off the road with a Statutory Off-Road Notice (SORN). This means you won't have to pay for the road tax. See gov.uk/make-a-sorn for more information.

Christians Against Poverty (CAP) is a UK charity which, through local churches, delivers debt counselling, money management, job clubs, life skills groups, and support for people breaking habitual dependencies. Visit capuk.org to find out more. If you are in debt we are working locally so you can either contact Jo Scoones on 07770884570 or email johannascoones@capuk.org





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www.northstowe.church Social media (fb.me/PathfinderChurch; bit.ly/PathfinderChurchYouTube)



How can we pray for you? Drop Revd Beth a line, confidentially. #YouAreNotAlone

Pastoral and Bereavement Support: The Church of England system means your local church is here for you whether you are a churchgoer or not. In Northstowe, Revd Beth is here to offer pastoral support, including support for those working on the frontline and after bereavement. While we hope you won't need it, Beth and the local clergy are available to lead small, moving, and personal Graveside and Crematorium funerals for anyone living locally, and can provide support and resources to use at home for the wider family and friends.



It's a challenging time for everyone at the moment as the coronavirus pandemic unfolds. **If you, or someone you know here in the Northstowe and Longstanton area, cannot afford food**, we hold Cambridge City Food bank vouchers - a different venue is open each weekday. You will get 3 days emergency supplies for your household. We are in touch with a network of volunteers who can help if you can't travel. Please ring or message us in confidence. <http://cambridgecity.foodbank.org.uk>

Public gatherings may be limited, but that hasn't stopped Pathfinder Church from doing everything that matters... just in a different way! We've celebrated major festivals together. We've grieved and lamented together. We've challenged each other to make kites and cakes, or to read new things or try new ways of praying. We're even starting new online groups... You can dip into much of what we've been up to on our YouTube Channel, or by following us on Social Media. In particular, if you need some space to breathe this month, why not visit one of our "**Chicken Soup for the Soul**" Mindful Reflections—each a YouTube Playlist (bit.ly/PathfinderChurchPlaylists)—drawing together contemporary reflections and ancient monastic wisdom?



Living with uncertainty



singing together and eating a meal together.

Almost all of us have had plans disrupted by the Coronavirus and the lockdown. It has affected our work, school, holidays, and activities. And it's affected Emmanuel as a church. We've no idea when we will be able to meet again physically. And while online services have been much better than nothing, we long to gather together as church family in one room, welcoming visitors, learning together,

But the future was never certain, and this present uncertainty has reminded us of a bigger uncertainty. We have been reading through Matthew's account of Jesus' life in our Sunday gatherings. And we recently read these words from Jesus: *But about that day or hour no one knows, not even the angels in heaven, nor the Son, but only the Father* (Matthew 24:36). There is a day coming which will be far more disruptive to our plans than Coronavirus. On that day Jesus will return to wrap up our messy history, remove all that is wrong and renew the world.

If you want to learn more about how to be ready for that day, you could:

email us contact@emmanuelchurchnorthstowe.org

join us on a Sunday 10:30am All Age Zoom Gathering Meeting ID 279-430-555

8pm Evening Zoom Service Meeting ID 921-6783-6654

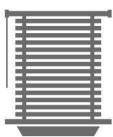
(Password for both is Emmanuel)

Watch on Facebook Livestream <https://www.facebook.com/emmanuelchurchnorthstowe/>

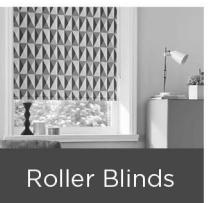
Watch in your own time on YouTube <https://www.youtube.com/channel/UCjNHF9T-TJk-IRN33Cb9QA>

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Venetian Blinds



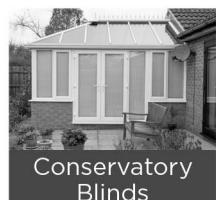
Roman Blinds



Shutters



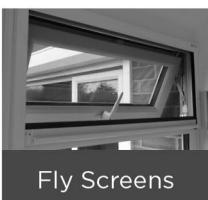
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Housebuilders launch a new fund to support community projects in Northstowe

Beyond building new homes in Northstowe, the group of housebuilders behind the Cambridgeshire development is launching a dedicated fund to support the new town's growing community.

Established by Barratt Homes, Bovis Homes, David Wilson Homes, Domovo Homes, Linden Homes and Taylor Wimpey, the Northstowe Developers Community Fund will provide grants of up to £500 for local groups and organisations.

The housebuilders hope that the new community fund will help to build a special relationship with the people who live and work in Northstowe, while forming a lasting legacy that benefits everyone connected to the project.

On behalf of the developer group, Will Phair, Sales Director at David Wilson Homes said: "Northstowe is much more than bricks and mortar. Together we are creating a brand new town that will become an exciting place to live, work and play for thousands of people.

"All the housebuilders here at the development are keen to support community projects that will directly benefit people of Northstowe. We hope that the new fund will help the community to go from strength to strength as building progresses."

To apply to the Northstowe Developers Community Fund, visit: www.northstowe.com/communityfund

Reviving the site of the former RAF Oakington, Northstowe is a new sustainable development located between Cambridge and Huntingdon. Surrounded by farmland and steeped in local history, Northstowe has an identity that is entirely unique and one that promotes health and sustainability for its residents.

Northstowe includes a variety of housing types, including affordable homes, suiting a range of buyers and budgets.

For more information visit [@Northstowe](http://www.northstowe.com) on Facebook or @NorthstoweTown on Twitter.

Northstowe Wheelers Cycling Group

We hope you've been getting out on your bike and enjoying the lovely weather of late. Obviously, with the coronavirus restrictions in place, we've had to put our regular group rides on hold. However, by the time you read this, things may have relaxed a bit allowing us to do organised rides in one form or another.

Despite all the restrictions, cycling has never been more popular if our Facebook group is anything to go by. We've seen lots of questions about turbo trainers and Zwift, tips on how to maintain your bicycle and exciting new developments like the new pedestrian bridge in Swavesey which goes over the A14.

Search 'Northstowe Wheelers' on Facebook and join our friendly group to stay in touch with what's happening. We're always happy to help with any questions which you might have about getting into cycling.



Northstowe Neighbourhood Watch

Measures to stay at home have led to a surge in neighbourliness as people look out for the vulnerable and talk to those next door more than ever before, according to a new study released by Co-op Insurance.

Almost three quarters (72%) of UK adults can now identify which of their neighbours are vulnerable and over a quarter (26%) have checked in on those whom they know are in the last two weeks.

"We have seen communities come together during times of need. Resilience and compassion, when needed and offered, are what makes communities special"

Cheryl Spruce, Head of Membership and Engagement at Neighbourhood Watch Network

Neighbourhood watch isn't just about preventing crime, it also focuses on building a strong, welcoming community.

Here in Northstowe we believe this is important too and we've set up a Phase 1 Northstowe Neighbourhood watch Facebook page to help fulfil this mission. Join us there or at www.ourwatch.org.uk

Land of Festivals – INDIA (contd...)

Pahoonchoon jahan bhi main... meri buniyaad rahe tu...
(wherever I reach, my foundation will always be rooted to you... my country!)

And we are back again with yet another article on the festivals we celebrate in India. This time it is bit weird as well as strange to put in writing on what we did last quarter and what we will be looking forward in the coming months. Obvious reason being the Lockdown. But, this does not dampen the spirits and as everyone does, we do try our best to maintain the festivity in our own little way, away from the limelight, gatherings, pompous celebrations, family and friends. In the current pandemical situations, we are all stuck in the new normal and to the basics at home. No big and grand celebrations were carried out at homes. But the below major festivals were part of us during April-May-June-July-August-September.

Hope this article has cheered some of you, brought positive vibes for some and motivated some in this era of fear, cautions and safety.



Easter

Significance: Resurrection of Lord Jesus
Key attractions: Folk songs and



Raksha Bandhan

Significance: It symbolizes the strong bonding of a brother and sister.

Ugadi/ Gudi Padwa/ Yugadi/ Cheti Chand
Significance: Spring-time festival that marks the traditional new year for Telugus, Marathis, Kanadigas, and Sindhis.
Key attractions: Arranging Gudi at home;



Janmashtami

Significance: It is the annual celebration of the birthday of Lord Krishna.
Key attractions: The Janmashtami puja



Baisakhi

Significance: Welcoming the harvest season
Key attractions: Folk dance like Bhangra



Ganesh Chaturthi

Significance: It's the birthday of Lord Ganesha, the elephant-headed God.
Key attractions: The beautifully crafted life

Bohag Bihu

Significance: It's the traditional new year celebration of Assamese.
Key attractions: The Bihu dance and the



Onam

Significance: It celebrates the homecoming of the legendary king Mahabali.
Key attractions: The spectacular Snake Boat



Eid-Ul-Fitr/ Ramzan

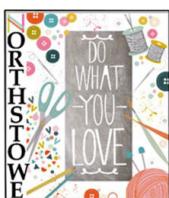
Significance: It celebrates the conclusion of the holy month of fasting called Ramadan.

Gurupurab

Significance: It is the celebration of the anniversaries of the ten Sikh Gurus.
Key attractions: The soulful Bhajan-Kirtan



Ghoonghat mein rang, Panghat mein rang, Cham Cham Chamkeela.. Des mera Rangeela-Des mera Rangeela!
(Colour in the veil, colour on the bank of river, brightness all around... this is how colourful my land is!)



Uniting Local Communities through the Love of Craft

An exciting new club has popped up in Northstowe. The Northstowe Community Crafters Club is encouraging Crafters of all ages, levels and craft types from Northstowe and surrounding Villages to join the group each week at varying Hosted Events. Meet new friends, learn new Crafts and be part of a new and vibrant group of like-minded people like yourself. To find out more contact Karen:

Uniting Local Communities through the Love of Craft.



LIKE & Join our Facebook group @ <https://www.facebook.com/northstowecommunitycraftersclub/>



Follow us on Twitter @ <https://twitter.com/NCCraftersClub>



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The Friends of St. Michael's Church



It has been very satisfying to see so many people coming through Longstanton, and to St. Michael's, over the last two months. Of course, one unfortunate aspect is they cannot enter the church to enjoy the tranquillity, and coolness, offered inside this lovely historic building. Quiet roads, a lack of traffic and beautiful weather have all combined to put families on their bikes and walkers out to enjoy their

opportunity to exercise. It has been tempting to invite them in to the church to explain our events and to promote what happens within. We, the Friend's group, regret the fact that we could not hold our planned events at St. Michael's [over this period of lockdown](#). Conversations through the hedge reassure us that there is a potential audience out there for our theatre events, and generous residents ready to come along to support us for the purpose of preserving this beautiful building, whilst enjoying the company of others.

This is My Theatre have, like so many small companies, suffered the financial loss of a program of cancelled events. However, hope is in the air. We have shown our support for their initiative to present ***The Three Musketeers*** outside in an open-air location, with *social distancing*. How apt it should be in these times, '*all for one, and one for all*'. At present, we are in the planning stage and will be advertising the actual date, when further government guidelines are established. The date is likely to be August.

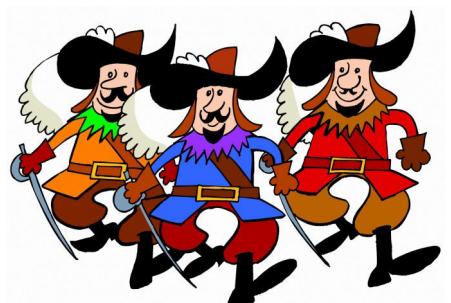
So, with fingers crossed for a safe return to a 'new normal', we list our planned events for the remainder of the year.

Keep well,

The Friends of St. Michael's

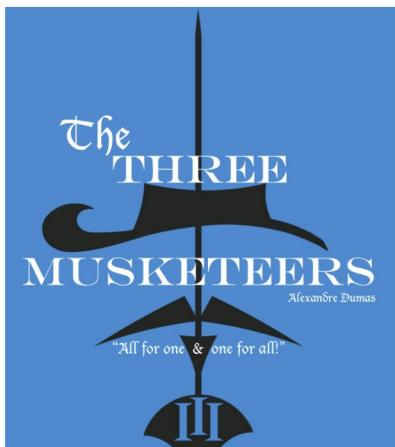
2020 Events

<i>The Three Musketeers</i>	Late August	TBA
Michaelmas Medieval Fair	Sun 27 th Sept	2-5pm
Autumn <i>socially distanced</i> bulb planting	October	TBA
<i>A Christmas Carol</i>	Sat Dec 12 th	7.30pm



THIS MY THEATRE

Plans are underway to stage this show in late August.



Watch for advertisements from July onwards.

St. Michael's Church
Longstanton

Government guidelines will be observed.



NORTHSTOWE SOCIAL

time a shopper uses their Co op membership card in store and has chosen our committee as one of their favoured groups to support.

We are very grateful for the funds which will go towards hosting future events for the town and community, and the purchase of some larger items that we need in order to run events smoothly - for example outdoor shelters and signage , tables and chairs.

If you would like to sign up to the scheme and help raise more money that will be spent entirely back in the community please sign up at <https://www.coop.co.uk/membership>. It will cost you nothing and you also get cashback through the scheme.

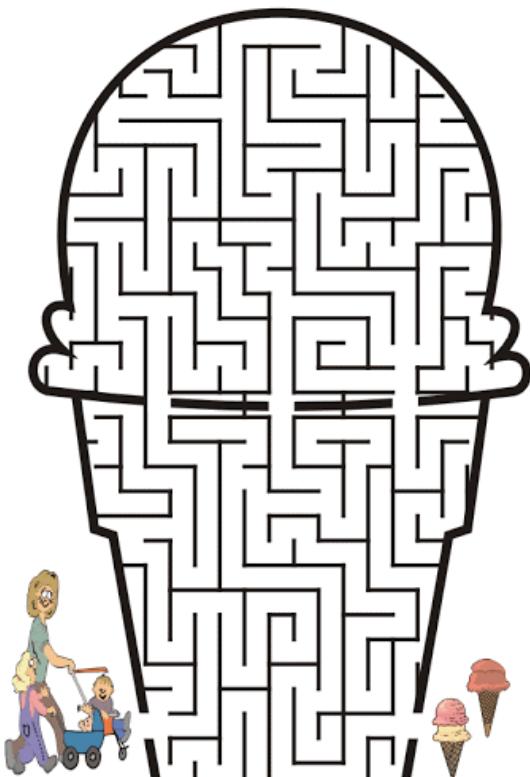
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Book Club

Kathy Fountain

One of the best things about belonging to a book club, (apart from the very important social aspect), is the opportunity to read books you would never normally pick up, the ones you would dismiss as “not my type of thing”. We’ve read such a wide variety of genres at book club, memoirs, classics, children’s books, alongside modern titles and the only common element is that we have generally enjoyed them all.

Three book club members, Karin, Lorraine and Natalie review some of our recent titles below:

.....
“A cover is not the book” is rightly said in Mary Poppins return.

If not for the Northstowe book club I would have never read our latest book “The Guernsey literary & potato peel pie society”.

Behind a seemingly plain and indeed very long title, hides a truly touching story, that lifts the spirit and fills the heart.

It is a story where books bring ordinary people together, it is about souls who act extraordinarily in times of crisis.

It is witty and moving.

A timely book when being part of a community feels like sitting at a nice fireplace.

You just won’t stay cold.

.....
I have really enjoyed being part of the Northstowe book club over the last few months. Recently we read a book called ‘A piece of cake’ by Cupcake Brown. It’s not a book I had heard of or would probably have read otherwise however I was glad I did. Although a very tough read it is an inspirational autobiography of personal tragedy, struggles and abuse and how Cupcake overcame and triumphed. Well worth a read, but be prepared to be moved to tears more than once!

.....
In the game of choosing a suitable book to read, I’m not sure what makes me look at a book’s cover or hear a book’s title and think, “No, that’s not for me,” but more often than not I am wrong. For this reason I’m always delighted when I do my duty to the book group and am rewarded with a treasure.

A children’s book about the relationships built between a group of school friends with a refugee who joins their class, written from the perspective of a child does not sound quite like the heartwarming adventure that it is.

But ‘The Boy at the Back of The Class’ is packed with humour,

tragedy and love.

I enjoyed it so much I read it twice, once for me and once to my children. I dare say I will read it again.

Thank you Northstowe Book Group

.....
If you are interested in joining us we meet monthly (online during lockdown). Look for Northstowe Book Club on Facebook for details.

Book review

Becca Edney

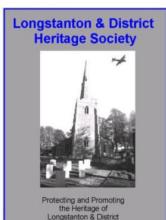
A Wizard of Earthsea by Ursula K. Le Guin is a short fantasy novel about the adventures of a wizard named Ged, also known as Sparrowhawk. The story follows him from childhood through his discovery of his magical powers and search for a mentor. Due to his prickly personality and ambition, he makes enemies and ends up trying a forbidden ritual to prove himself, accidentally summoning an evil spirit. The rest of the book follows his attempts to defeat the evil spirit.

This is a wide-ranging and very personal story, closely following Ged as he comes of age and learns to handle his great power and the consequences of abusing it. His development is carefully charted as he comes to terms with his responsibility and comes to accept both death and his own identity. The tone is sometimes difficult and the story is very slow-moving, which can make it difficult to read, but the slow style fits with the themes of the book and the ending is very satisfying, presenting an appropriate conclusion to Ged’s character development though the metaphor of a long ocean voyage and his final confrontation with the spirit.

I’d recommend it for the older end of YA and adults.



LDHS NEWS - NORTHSTOWE—July/August2020



ANNUAL REPORT

No. 13 (1 April, 2019 - 31 March, 2020)

LDHS is an independent society, launched at an inaugural meeting held at Longstanton Village Institute on 11th May, 2007. Governed by our constitutional obligations, LDHS is run by a committee elected by Society members. 50% of the committee must stand for election at the Society's AGM, normally held each September.

Membership prior to renewals on 1 April 2020, stood at **65** although this number does not reflect family memberships which include more than one adult. This level of membership is slightly lower than last year. As membership subscriptions are currently the only source of income for the Society we need an increase in membership numbers, not only across the communities of Longstanton, Northstowe and Oakington but beyond too.

The **Heritage Annex** is on the verge of becoming a reality after years of work and lobbying by LDHS. Still in the planning stage it will be a temporary facility next to the Homes England offices, off Rampton Road. But this facility is only a **first step!** If we are to ensure that the Homes England Section 106 commitment for the display and storage of the LDHS archives is to be met there is much work that needs to be done. Long term funding is also needed and we hope that the Northstowe developers will assist with this. Secure funding and storage are vital if we are to ensure that the archives have the long term, safe, secure and local home that we have worked so hard for.

As usual our primary objectives have been met, with the LDHS archives becoming increasingly important and recognised as such by professionals. The archives continue to grow and contain photographs, memories, film, interviews as well as a plethora of other local memorabilia.

The archives represent not just the local villages but Northstowe, RAF Oakington and Oakington Barracks too.

Going forward, LDHS needs to have the continued support of local government and the wider communities if we are to succeed in protecting the heritage of Northstowe and the local villages for the long term and ensure that the archives can be displayed and stored locally. This is a massive task but one that will benefit all our communities for generations to come.

The LDHS archives are a community archive and it is important that control of them remains in the hands of the local communities via a strong membership base. We are

working hard to ensure that happens - any archive material that is exhibited in the County Council managed Heritage Annex will be on loan only. But there is more to do - it is clear that this community archive is unique and it will take resources, work and community support to protect the archive to a professional standard.

Over the last year the Society has yet again hosted its program of talks, open to members and non-members. Unfortunately, at the time of writing the UK and the rest of the world remains in the grip of a global coronavirus pandemic. Sadly the March talk of the Spring 2020 season of talks was the only one that has gone ahead. Inevitably this year's **AGM**, will have to be postponed until later in the year because of the pandemic. Members will be advised of the new arrangements in due course. Despite the lock-down and social distancing LDHS continues to do what we can to protect and promote our heritage. We continue to work as part of the Heritage Content Group and are currently putting together our contributions for the Heritage Annex which we anticipate will be open by Spring next year. Rest assured **IT'S ON ITS WAY!**

Community Engagement over this last year has included, amongst other things, a local history presentation which is on show at the Homes England offices. In addition, LDHS has worked with the Northstowe Secondary College history teacher to enable the national curriculum for history to be enhanced with local historical information.

Next Year will see our work carry on. We will continue to work on the first exhibitions for the Heritage Annex and we will continue to ensure that the LDHS archives are protected for the future. But we cannot do this alone -

PLEASE JOIN THE HERITAGE SOCIETY TODAY AND HELP PROTECT OUR SHARED HISTORY!

MEMORY LANE - DO YOU KNOW WHERE THIS WAS TAKEN?



Hilary Stroud, Secretary, Longstanton & District Heritage Society, The Manor, Woodside, Longstanton, Cambridge. CB24 3BU
For more information on any of the above, please contact us on **01954 782560** or e-mail **ldhssec@hotmail.co.uk**



