

# NORTHSTOWE

## News

ISSUE 40

AUGUST / SEPTEMBER 2025

By Northstowe's Community – For Northstowe's Community



# NEWS AND UPDATES

## EDITORS' WELCOME

The summer celebrations got off to a brilliant start this year with another fantastic Midsummer Festival. There was music, dancing, food and entertainment galore — many thanks and congratulations to everyone involved in the mammoth task of putting that on! But there's even more to come before summer is over... look out for the running festival, the art show and lots of other activities going on right here in Northstowe.

It's time for teachers and students to take a well-earned break. To anyone going on holiday we hope you have a safe and restful trip, or for those here why not enjoy a BBQ with your neighbours and other families? Whatever you do we hope you have a super summer, and hopefully you'll find a way to keep cool through the heatwaves!

## WANT TO ADVERTISE IN NORTHSTOWE NEWS?

Over 1700 copies of each issue are delivered, a free magazine to every residence in Northstowe. If you want your business to be included, contact [janetpendrill@gmail.com](mailto:janetpendrill@gmail.com) for more details.

Annual discount rates are available.

### Advertising Rates Per Insert (six issues annual discounted rate)

Ad Size	B&W Only	Colour
Eighth Page 95 mm x 64 mm (L)	<b>£20 (£108)</b>	<b>£26 (£140)</b>
Quarter Page 95 mm x 132 mm (P) or 194 mm x 64 mm (L)	<b>£40 (£216)</b>	<b>£52 (£280)</b>
Half Page 194mm x 132mm (L)	<b>£80 (£432)</b>	<b>£104 (£560)</b>
Full Page 194mm x 268mm (P)	<b>£160 (£864)</b>	<b>£208 (£1120)</b>
Full Page Prime Position 216mm x 303mm (P)	N/A	<b>£270 (£1460)</b>

Northstowe News is produced right here in Northstowe by a small group of volunteer residents. We're always looking for regular or one-off articles, photos, artwork, event reports, notices, and anything else that may be of interest to the community. If you would like to write in the magazine please email [northstovenews@gmail.com](mailto:northstovenews@gmail.com) with your questions, ideas and contributions.

The submission deadline for the October/November issue is **September 1<sup>st</sup>**.

Views expressed in contributed articles are solely those of their author and do not necessarily reflect the opinions of the Northstowe News editors.

## HOUSEHOLD BIN COLLECTIONS

Friday 1 <sup>st</sup> August	Blue and Green Bins
Friday 8 <sup>th</sup> August	Black Bin
Friday 15 <sup>th</sup> August	Blue and Green Bins
Friday 22 <sup>nd</sup> August	Black Bin
Friday 29 <sup>th</sup> August	Blue and Green Bins
Friday 5 <sup>th</sup> September	Black Bin
Friday 12 <sup>th</sup> September	Blue and Green Bins
Friday 19 <sup>th</sup> September	Black Bin
Friday 26 <sup>th</sup> September	Blue and Green Bins



Report Missed bins at:  
<https://www.scamps.gov.uk/bins/report-a-missed-collection/>

## NEWS AND UPDATES

Editors' Welcome	2
Household Bin Collections	2
Greenbelt Group	3
Member of Parliament	4
District Council	4
Cambridgeshire County Council	5
Community Development Officers	6
Northstowe Town Council	7

## SPORTS, HEALTH AND WELLBEING

Bug Hunter Waters parkrun	10
Northstowe Running Festival	10
Longstanton Tennis Club	11
Babywearing	11
Willingham & Longstanton Surgeries	12
Social walks	13
Free Local Wellbeing Support	13

## WHAT'S ON IN NORTHSTOWE

Northstowe Arts	20
Over Day Centre	20
Northstowe Players	21
Shire of Flintheath	21
Northstowe Nature Matters	23
RSPB Fen Drayton	23
Northstowe Gamers	24
Swavesey Camera Club	24
Book Reviews	25
Book Club	25
Poetry Corner	25
Heritage Society	26
Hindu Samaj Northstowe	28
Northstowe Muslims	29
Bethel Revival Church	30
Emmanuel Church	30
Pathfinder Church (Northstowe Church Network)	31

## YOUTH AND SCHOOLS

2524 (Oakington) Squadron Air Cadets	32
Junior parkrun	32
Friends of the Rosie Hospital	33
Beavers, Cubs and Scouts	33
Northstowe Learning Community	34

Front Cover photo by Yona Nokkert

The Northstowe News editors are warmly grateful to the community groups and other organisations who have made donations towards our printing and distribution costs.



## GREENBELT GROUP

### COMMUNITY AND CARE SHAPE OUR GREEN SPACES

When it comes to successful land stewardship, even the little things can make a huge difference. Whether that's planting shrubs to enhance biodiversity and help wildlife thrive, or joining a local residents' group, small actions can ripple out in powerful ways.

They nurture healthier and more biodiverse ecosystems, building stronger communities . . . and even raising property values.

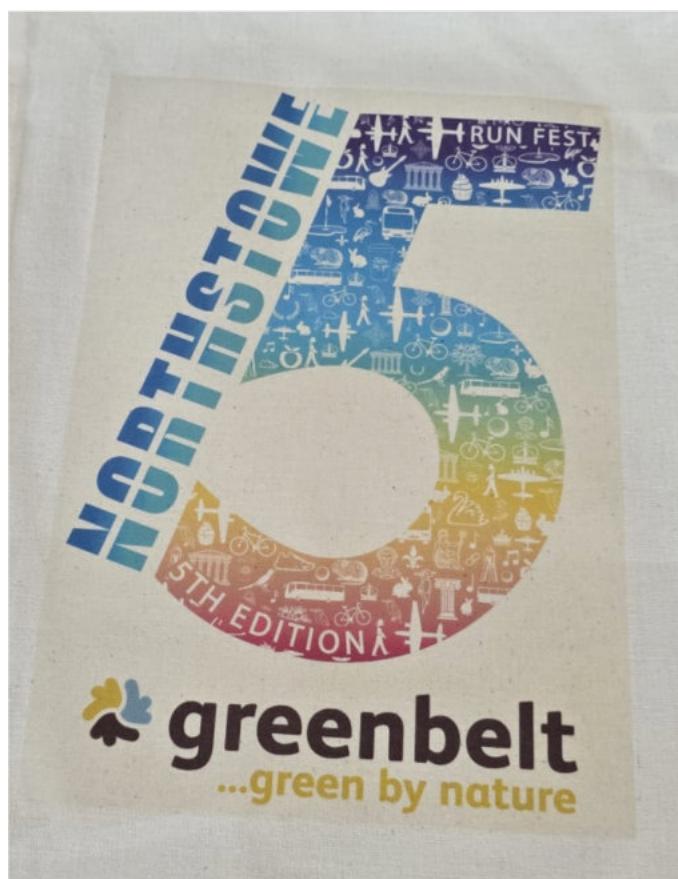
When neighbours connect through wonderful events such as Northstowe's Midsummer Festival, which Greenbelt Group was thrilled to support, amazing things really do happen: communities bloom!

From the joyful sounds of the Northstowe Chorus to the flair of Stardust Dance Academy, this latest event wasn't only a lot of fun but also showcased how Northstowe's community spirit and environmental care always go hand in hand.

When people come together, we share more than stories: we swap ideas, best practices and inspiration for the younger generation. We believe this kind of outdoors exchange helps Northstowe residents feel more confident in making smart, sustainable choices.



The recent Northstowe Midsummer Festival was yet another triumph of community involvement



Greenbelt Group is once more helping to support the popular Running Festival

Of course, the beauty of land stewardship also lies in its accessibility for all.

And guess what? It pays off for everyone too. Thoughtful stewardship doesn't only lower maintenance costs but, through green and multi-functional green spaces, can also boost the value of local homes.

So here's to the summer of 2025: the outdoor meet-ups, the inclusion of all-important pollinator plants, the sustainable land management . . . together, they all help to shape a resilient, beautiful and connected community – one small but important step at a time.

That's why we're very much looking forward to the Fifth Anniversary of the Northstowe Running Festival in August. This is yet another major milestone in the local community's amazing schedule of planned events.

Are you or someone you know at Northstowe planning a similar community event this August, September or indeed at any time of the year?

Whether it's a social get-together, a charity fundraiser or something different entirely, Greenbelt Group's dedicated Community Liaison team can help.

You can find out more at [greenbelt.co.uk/my-community](http://greenbelt.co.uk/my-community)

## MEMBER OF PARLIAMENT

IAN SOLLOW MP



### ONE YEAR AS MP FOR ST NEOTS AND MID CAMBRIDGESHIRE

In the run up to the first anniversary of the 2024 general election, I spent time reflecting on the events of the year, the people I have met and supported, and my plans for the next year.

Particularly significant moments have included seeing the Government U-turn on the Winter Fuel Allowance after months of campaigning; successfully lobbying for work coaches to be based in St Neots after raising this directly with the DWP meaning many local people no longer need to get to the Job Centre in Huntingdon; pushing the Government to provide free school meals for all children in families in receipt of Universal Credit; and securing new accommodation for a constituent who was living in appalling conditions for five years in a Places for People housing association property – although I recognise there are far more people who are continuing to have this issue, and my work on this is ongoing.

Fuel Allowance after months of campaigning; successfully lobbying for work coaches to be based in St Neots after raising this directly with the DWP meaning many local people no longer need to get to the Job Centre in Huntingdon; pushing the Government to provide free school meals for all children in families in receipt of Universal Credit; and securing new accommodation for a constituent who was living in appalling conditions for five years in a Places for People housing association property – although I recognise there are far more people who are continuing to have this issue, and my work on this is ongoing.

### HEALTHCARE

Improving access to NHS services was central to my election campaign, and over the past year I have visited a range of GP surgeries (including Maple Surgery in Bar Hill and Willingham Surgery) to understand what issues are holding them back from providing the best service they can. I have regularly made representations to our Integrated Care Board on behalf of local GPs, but without suitable funding from the Government, infrastructure and capacity issues cannot be resolved. Over the coming year, I will continue to push for a fair deal for Northstowe – both for GPs and dentists. Residents must be able to access good care, quickly and easily, and our NHS must be in a state to serve our population for years to come.

### EDUCATION

I am pleased to have visited every secondary school in the constituency – including the Northstowe Learning Community, which was recently named Best Education Project at the UK Property Forums East of England Property Awards – as well as primary schools and special schools in the area. I've met a range of staff and pupils and witnessed the great work that many of the schools are doing. However, they are continually struggling with funding, and the strain they are under to provide for children with SEND. I continue to work with the Liberal Democrats nationally to press the Government to increase funding for SEND provision, so that children get the education they deserve.

### REPRESENTING RESIDENTS

I continue to hold regular in person and online surgeries, where I hear from residents about problems they face and where I can provide help.

Sometimes that has meant taking action in Parliament, such as hosting a debate on the failings of the Child Maintenance Service; proposing amendments to the upcoming Mental Health Bill on emergency placements for autistic people; fighting for recognition of those affected by the Infected Blood Scandal; and pressing the Education Secretary to improve standards of past papers for braille students.

### THE NEXT YEAR...

While progress has been made, there is still work to do. Thank you to everyone who has been in touch with me over the past year, I do my best to deal with every message I receive and look forward to continuing to represent St Neots and Mid Cambridgeshire.

## DISTRICT COUNCIL

CLLR NATALIE WARREN-GREEN



What an amazing Summer we're having. Many sunny days meaning lots of activity outside in the countryside, and green spaces around Northstowe. I enjoy walking and running around the lake areas at different times of day spotting the many birds of Northstowe. I also enjoyed the sunshine of the Holi Event in Northstowe, and seeing the successful Summer Solstice event, and hearing about the fabulous Eid Al Adha festival. Northstowe community groups are thriving, and the weather has been kind to everyone. During the break in August and as we prepare for Autumn too, I look forward to being involved in another running festival and other events.

Some news from South Cambs District Council:

### UNITY CENTRE NORTHSTOWE

You'll have noticed the progress being made on the Permanent Community Centre on The Green. As we get closer to completion, SCDC has agreed in-principle to the transfer of this to Northstowe Town Council, and discussions are underway to define specifics. If you want to know more do contact the Town Council or come along to the monthly meetings at the Cabin on the last Tuesday of the month at 7pm.

### EXPIRY OF POSTAL VOTES AFTER THREE YEARS

Following a change to the law as part of the Elections Act, postal votes no longer apply indefinitely. They now expire after a period of three years. Due to the timing of the reapplication legislation, around 15,000 South Cambridgeshire postal votes are due to expire at the end of January 2026. The South Cambs Elections Team has just started the process of contacting residents whose postal vote will be expiring. If this is likely to affect you, and you want to know more, please email [elections@scambs.gov.uk](mailto:elections@scambs.gov.uk).

### LOCAL NATURE RECOVERY STRATEGY

I know people in Northstowe are passionate about the environment, so I'm hoping you'll contribute to this consultation happening in August. Cambridge & Peterborough Combined Authority (CPCA), of which SCDC is a member, has approved a draft Local Nature Recovery Strategy. Public consultation is for 8 weeks from 18th July. The link to the draft strategy is: <https://democracy.cambridgeshirepeterborough-ca.gov.uk/ieDecisionDetails.aspx?AId=1575> and you'll hear more from CPCA in communications going out to residents across the region.

### LOW-INCOME FAMILY TRACKER (LIFT) EVENTS AND CONTACT

South Cambridgeshire District Council has helped residents on lower incomes secure up to £3.6 million in benefits they're entitled to – but weren't claiming. The Council's innovative Low-Income Family Tracker (LIFT) software identifies households likely to be eligible for benefits but not claiming them. They are then sent a letter or text encouraging them to apply – with follow-up phone calls also made. If you want to know more about benefits you think you may be eligible for and haven't been contacted please do contact me or use the contact us link below to get directly to council officers.

### NEED HELP FROM SCDC?

In addition to contacting me (see below), for any resident needing help from SCDC, the new website is excellent and intuitive. For specifics about how to contact a service, go to <https://www.scambs.gov.uk/your-council-and-democracy/contact-us>. Also, a useful SCDC contact number for all the District Council services is 01954713000. This is open 8am to 5:30pm on Monday, Tuesday, Thursday and Friday and on Wednesday, from 8am to 6:30pm.

Contact: [cllr.warrengreen@scambs.gov.uk](mailto:cllr.warrengreen@scambs.gov.uk).

District Councillor for Longstanton, Northstowe, Oakington & Westwick. SCDC Cabinet Member for Environment

## CAMBRIDGESHIRE COUNTY COUNCIL

CLLR LUIS NAVARRO



### PUBLIC HEALTH INVOLVEMENT IN NORTHSTOWE

To ensure the future Town Hub meets the community's health and wellbeing needs, the Public Health Service are working to support the Integrated Care Board and Cambridgeshire

South Care Partnership with conducting a Community Health and Wellbeing Needs Assessment for Northstowe. The concept of this assessment, presented at the Northstowe Community Forum on June 4, will use qualitative data and Appreciative Enquiry approaches to understand the community's strengths, resources, and needs. The team will initially engage with residents at the Northstowe Midsummer Festival on June 21 and through surveys and local groups to gather insights and pilot the Standard Place Tool for measuring community wellbeing.

### GUIDED BUSWAY SAFETY

By historical accident, the Cambridgeshire Guided Busway is regulated by the Health & Safety Executive, rather than as a typical highway or a typical railway. Following the recent prosecution relating to three tragic deaths between 2015 and 2021, the council has agreed to fence its entire length and remediate flooding at three key points.

### A14 RETROSPECTIVE

There is unanimous agreement across the council about the unsatisfactory performance of National Highways in its improvement programme on the A14. The project left a very large number of unresolved issues in its wake, and the council is continuing to engage with National Highways to seek resolutions to these.

### BAR HILL BRIDGE

Councillors in the area (Cllrs Murphy, Hathorn, Poulton, Deter and me) have been working to make sure that the surface of the bridge is always kept levelled and safe for all users. National Highways have installed monitors on the Bar Hill Bridge and data will be analysed over 12 months to understand the settlement condition and action based on resulting data. I will follow these developments closely and keep you informed.

### LOCAL GOVERNMENT REORGANISATION

Proposals for new 'unitary' councils to replace our county and district councils continue to be developed and have been narrowed down to three options. All three divide Cambridgeshire & Peterborough into just two councils, as follows.

#### Option A

- East Cambridgeshire, Cambridge and South Cambridgeshire
- Huntingdonshire, Fenland and Peterborough

#### Option B

- Cambridge and South Cambridgeshire
- East Cambridgeshire, Huntingdonshire, Fenland and Peterborough

#### Option C

- Huntingdonshire, Cambridge and South Cambridgeshire
- East Cambridgeshire, Fenland and Peterborough

The County Council will be supporting further work on Option A. Final power rests with the Government, who may choose or amend any of the above proposals or even substitute them with a proposal of their own. The Government must consult on whatever it proposes.



- LANDSCAPING
- PROPERTY MAINTENANCE
- DRIVEWAYS
- INTERNAL RENOVATIONS

**01954 720 222**



## COMMUNITY DEVELOPMENT OFFICERS



Mihaela Stan and  
Michele Eidevik-Skinner

### NORTHSTOWE COMMUNITY FORUMS

The next Forum will be on Wednesday 10 September at Western Park Pavilion starting with a drop-in at 6:30pm and presentations at 7pm. Agendas are usually advertised the week before and questions can be asked during the evening by attendees as well as submitted in advance to

[northstowe.community@scambs.gov.uk](mailto:northstowe.community@scambs.gov.uk). The meeting will be broadcasted live on Microsoft Teams. The link will be available on the forum page nearer the time

[https://www.scambs.gov.uk/community-and-people/  
community-forums/northstowe-community-forum](https://www.scambs.gov.uk/community-and-people/community-forums/northstowe-community-forum)

### CLIMATE ACTION

We are organising a training session on Climate Action which will be delivered by the Climate and Environment Team at South Cambs on 8 July 5-7pm. No need to sign up, just drop in on the day. This is supported by Sustainable Northstowe. At the end of the workshop participants will have the opportunity to make pledges in support of sustainability. A separate workshop will be organised for a local artist to support participants to create an art piece out of the pledges.

### 60+ GROUP, 'COME AND SAY HELLO', NORTHSTOWE

The group has got off to lovely start with information being shared on arts and craft hobbies, travels to Europe, Scandinavia and Africa, gardening tips, family and friend visits, and book recommendations. The group meets every couple of weeks on a Thursday morning and is open to residents from Northstowe, the surrounding villages and anyone interested in finding out more about the area. Future dates will be advertised on community noticeboards and Northstowe Facebook pages.

### NORTHSTOWE ART SHOW

We are working with Northstowe Arts to host an exhibition that provides an opportunity for local residents to display their artistic talents whether they are a total beginner, a seasoned pro or something in between. There was an artist's workshop in June with follow up advice session. The final exhibition takes place on Saturday 27 September with a private viewing the evening before. The event is supported by the Homes England Community Activation Fund. For more information, please go to:

[www.northstowearts.co.uk/projects/northstowe-art-show](http://www.northstowearts.co.uk/projects/northstowe-art-show)

### DIGITAL ASSISTANCE

The digital assistance sessions are designed to offer support such as using/downloading apps, searching information online, email accounts and more. We have agreed on regular digital assistance sessions on the first Wednesday of every month 1-2pm.

### COGNITIVE TRAINING FOR THE ELDERLY

Drop-in sessions for elderly focused on preventing cognitive geriatric illnesses with a local volunteer who has experience in cognitive training. Sessions are held every Tuesday 10-11am in the café area at The Cabin.

### MENOPAUSE MEETINGS

In June the guest speaker was Dr Stevens from Willingham Medical Practice who gave advice and answered questions on the peri-menopause and menopause. The meetings are free and take place monthly on a Wednesday evening. Future meetings will be advertised on Northstowe Facebook pages and community noticeboards. Please contact Northstowe Sports & Wellbeing Group if you would like to help run the group or have any questions about attending [northstoweswgroup@gmail.com](mailto:northstoweswgroup@gmail.com)

### NORTHSTOWE PLAYERS

This drama group meet every Thursday at The Cabin from 7pm - 9pm. They delivered their first show, Alice in Wonderland, at the Midsummer Festival which was a success and received great feedback from the audience. The group are excited to start preparing their next show, a Christmas Play.

### HALLMASTER

All room bookings for The Cabin are made through Hallmaster, if you would like to see room availability, size and capacity or make a booking please go to:  
[https://www.scambs.gov.uk/planning/new-communities/northstowe/  
the-cabin-northstowe-temporary-community-centre](https://www.scambs.gov.uk/planning/new-communities/northstowe/the-cabin-northstowe-temporary-community-centre)

If you would like to talk to a CDO, get involved in any projects or activities, or help with other volunteering opportunities please contact us on [northstowe.community@scambs.gov.uk](mailto:northstowe.community@scambs.gov.uk)

### Hungry?

### How to get help:

*We know that anyone can reach crisis point and we're here to help when that happens. Foodbank vouchers can be exchanged for a parcel of three days of emergency food, providing non-judgemental support at the point of crisis.*



Vouchers are available from local agencies such as citizens advice, schools, and churches. Vouchers can be redeemed at Distribution Centres across Cambridge: there is always one open every day Monday-Friday. This includes the Northstowe centre in the Northstowe Community Centre: The Cabin

### Looking to donate?

The nearest collection point is at Bar Hill Tesco (for in store shoppers), or you can arrange to go to the Warehouse in town, or give financially. See [cambridgecity.foodbank.org.uk/give-help/donate-food/](http://cambridgecity.foodbank.org.uk/give-help/donate-food/)

### Want to volunteer?

We've a friendly local team, who are looking for more volunteers. Get in touch via [cambridgecity.foodbank.org.uk](http://cambridgecity.foodbank.org.uk)



Like other agencies, the Northstowe Church Network's Revd Beth Cope can give vouchers during office hours :  
01954 261 181 [contact@northstowe.church](mailto:contact@northstowe.church)



## NORTHSTOWE TOWN COUNCIL

### TOWN MAYOR

It's a privilege to write to you for the first time as Town Mayor. I've lived in Northstowe since November 2020 and have been proud to serve on the Town Council since its formation in 2021. Outside of council life, I work as an IT Consultant and Architect, helping businesses make complex systems run smoothly, skills I'm keen to bring into our work for Northstowe.

I'd like to begin by sincerely thanking Cllr Paul Littlemore for his dedication as Mayor over the past year, and Cllr Shola Delip for her commitment as Deputy-Mayor. Their hard work and leadership have been invaluable in helping the Council navigate a period of rapid growth and change.

I'm also delighted to introduce our new Vice-Chair/Deputy-Mayor, Cllr Carla Bros-Sabria, who brings great energy and experience to the role. I look forward to working closely with her and the rest of the Council to serve our community in the months ahead.

We are at an exciting point in Northstowe's development. A significant milestone has been reached with Northstowe Town Council receiving agreement in principle for the transfer of the Unity Centre from SCDC. This brings us closer to opening a permanent space that will support residents, community groups, and local services. By the time you read this, we hope to be well on the way to appointing, or even having appointed, a new Assets and Estates Manager, who will help ensure the Centre is ready to open and thrive. If you have any ideas for the new Unity Centre please do reach out to the council to express interest in what you would like to see, or any activities you may wish to host within the building.

As always, we welcome your ideas and involvement. Whether through attending meetings, volunteering, or sharing feedback, your voice matters. This is your town, and we're here to represent you. If you would like to get in touch please with myself ([Cllr.Benedicic@northstowetowncouncil.gov.uk](mailto:Cllr.Benedicic@northstowetowncouncil.gov.uk)) or our Town Clerk ([townclerk@northstowetowncouncil.gov.uk](mailto:townclerk@northstowetowncouncil.gov.uk)), and there is always our standing item for Public Participation at council meetings on our agendas. Full Council meets on the 4th Tuesday of the month, starting at 19:00 at The Cabin.

**Cllr Jason Benedicic**

### TOWN CLERK AND DEPUTY CLERK

Dear Northstowe residents! I hope you have been enjoying the lovely warm weather.

Since our last article, at the Annual Meeting of the Town Council on the 27th of May the election of Chair / Mayor of Northstowe Town Council has taken place with Cllr Jason Benedicic voted in, and the Vice-Chair / Deputy Mayor now being Cllr Carla Bros Sabria. Congratulations to you both!

We would also like to thank the outgoing Chair / Mayor Cllr Paul Littlemore and the outgoing Vice-Chair / Deputy-Mayor Cllr Shola Delip for their service.

At the Full Council meeting held on the 24th of June it was decided to co-opt for the current Northstowe Town Councillor vacancy. This will be advertised on social media and on our website from the end of August with the closing date being Sunday 14th September 5pm. The co-option will take place at the Full Council meeting on the 23rd of September. If you are interested please contact [townclerk@northstowetowncouncil.gov.uk](mailto:townclerk@northstowetowncouncil.gov.uk) or [deputyclerk@northstowetowncouncil.gov.uk](mailto:deputyclerk@northstowetowncouncil.gov.uk).

### NORTHSTOWE MONTHLY MARKET

At the Full Council meeting held on the 24th of June, the Town Council deliberated about the Northstowe market, and collectively decided to **pause any market activity** in order to take stock and reevaluate the situation.

The Town Council has invested significantly in setting up and running the market, but the attendance numbers from residents and traders were not as promising as we had hoped, and thus we felt that this was the right decision for both residents and traders operating in the market, for the time being.

Residents or businesses with an interest in the market are also welcomed to **join the market working group** discussions. Please contact our team at: [markets@northstowetowncouncil.gov.uk](mailto:markets@northstowetowncouncil.gov.uk)

### NORTHSTOWE COMMUNITY LOUNGE – EVERY THURSDAY EVENING

Please pop along to The Cabin where the Community Lounge is on every Thursday from 6 – 8 pm, with a wide range of board games, table tennis, new mahjong table and refreshments. It is free and all are welcome. The Community Lounge team looks forward to welcoming you. This is funded with support from a grant from Cambridge ACRE.

### MOBILE FOOD HUB – EVERY FRIDAY MORNING

This is run by the Non-Profit Organisation Hope CIC. They operate on The Green every Friday morning from 10:30 – 11:30 am. Fresh produce and essential items are on offer – some of which are free; everything else offered at below retail price – to help residents with rising food prices.

### NORTHSTOWE – LONGSTANTON PARKPLAY – EVERY SATURDAY MORNING

ParkPlay is a wonderful way to get outside for an hour or two. Sessions are free and continue to be held every Saturday at The MUGA behind the Sports Pavilion, between 10:30 am and 12:30 pm. Hektor is your Park Play Leader; do pop along to join in and see what it is all about.

# O'DELL RENEWABLES

- Air Source Heat Pump Installation
- £7,500 Grants Available
- Fully Insured and Licensed
- From Design to Installation
- Ofgem Bus Upgrade Scheme Registered

Office 01954 781 568

Mobile 07880 714 143

[Info@odellrenewables.co.uk](mailto:Info@odellrenewables.co.uk)



CERTIFIED



# D&T SUPPLIES LTD

Plumbing and heating supplies  
to the trade and public



We are a local independent company supplying  
all your plumbing & heating needs, including:

**Bathroom Taps • Boilers • Bathroom Suites  
Underfloor Heating • Central Heating Radiators  
Heated Towel Rails • Showers • Kitchen Taps  
Sinks • Baths • Sanitaryware  
Plastic Plumbing Systems • Fittings**

*Do not hesitate to ring, email or visit...*

Unit 10, Norman Way Industrial Estate, Over, Cambridge CB24 5QE.  
Tel: 01954 230268. E-mail: [info@dandtsupplies.co.uk](mailto:info@dandtsupplies.co.uk) [www.dandtsupplies.co.uk](http://www.dandtsupplies.co.uk)

# \*\* PIANO Lessons for Kids – LOCALLY ! \*\*

Perfect for young beginners ready to dive into the world of piano!

## \*\* What's included \*\*

- A solid foundation in piano technique, theory, and musical understanding.
- Step-by-step guidance in reading music and playing the piano.
- Learning to play favourite songs that keep kids engaged and motivated.
- In-person lessons for a hands-on, personalised experience.

**£25 / 45min lesson. Free trial lesson.**

**Tel./WhatsApp: 079808 91431**

**E-mail: elinadp@yahoo.com**



# SPORTS, HEALTH AND WELLBEING



## BUG HUNTER WATERS PARKRUN

A YEAR OF COMMUNITY,  
MILESTONES & MAGIC

As we wrap up a fantastic year at Bug Hunter Waters parkrun, it's time to celebrate the achievements, milestones, and the moments that make our lakeside 5k so special. Nestled in the heart of Northstowe, our course has become part of Saturday morning for runners, walkers, and volunteers alike.

From our bug-themed birthday bash to the weekly rhythm of cheers, high-fives, and finish-line sprints, this year has been a celebration of community spirit and movement. Whether you joined us for your first-ever 5K or your 250th, every step added to the story. If you haven't tried it yet then come and see us on Saturday mornings, 9am!

At the heart of our parkrun is the volunteers. Whether marshalling in the rain, scanning barcodes with a smile, or cheering from the finish funnel, their energy and commitment has turned our event into a thriving community experience.



We've also welcomed tourists from across the UK and beyond, many of whom left glowing reviews about our friendly atmosphere and scenic route. We've had over 5,000 people take part with us, enjoying an active and healthy start to their weekends... and let's not forget the post-run coffee at the Tap & Social.

We've linked up with the local GP surgery as they've become a parkrun practice, we're giving young people a chance to shine with our excellent Duke of Edinburgh scheme participants, and we've collaborated with Plastic Free Longstanton and Northstowe, and Sustainable Northstowe with a litter pick and a kit recycle. It's been a busy year!

Here's to the next chapter: more milestones, more memories, and maybe even a few more bug costumes...and watch out for a junior parkrun event coming soon...

See you next Saturday?

**Chris Poultnay**, Co-Event Director  
<https://www.parkrun.org.uk/bughunterwaters/>

## NORTHSTOWE RUNNING FESTIVAL



A COMMUNITY CELEBRATION ON SATURDAY, 30 AUGUST 2025

The popular **Northstowe Running Festival** returns this summer on **Saturday, 30 August 2025**, marking its 5<sup>th</sup> edition as a lively, inclusive event in the heart of Northstowe. To celebrate our 5<sup>th</sup> year, our event merchandise is made up of images inspired by Northstowe's street names - can you spot your road name?

The festival offers a variety of race distances to suit all ages and fitness levels, including the **Half Marathon, 10K, 5K**, and the **Little Bundles Family Mile**.

These multi-terrain, flat, and scenic routes wind through Northstowe's greenways, around the lakes, and past the surrounding countryside, finishing at Western Park's vibrant runners' village.

Families can enjoy outdoor activities, a street food market, local craft stalls and free entertainment, with live music between 5 and 8pm by Park Lane Band - back by popular demand!

This community-driven event supports local charities, having raised over **£20,000 to date**, and brings together runners, spectators, volunteers, and local businesses in a festive atmosphere. Whether you're chasing a PB, encouraging a child to complete their first mile, or joining the crowd for a scenic jog, this festival is for everyone.

**Entries are open now at [northstowerunfest.co.uk](http://northstowerunfest.co.uk).** Don't miss out on this fun-filled day celebrating health, community, and the sheer joy of running. Lace up and be part of Northstowe's summer highlight!



## BABYWEARING

### BABYWEARING THROUGH THE SEASONS: STAYING CLOSE, STAYING COMFORTABLE

Whether you're cheering at the Northstowe Festival of Running or heading out for an autumn forest walk, a sling or carrier is a brilliant way to stay connected and hands-free - just be mindful of the weather!



#### HOT WEATHER:

- Stay hydrated. Breastfed babies may need to feed more often, and bottle-fed babies might appreciate some cooled, boiled water. Don't forget to drink yourself!
- Dress both of you in breathable fabrics like cotton or linen, and remember the sling counts as a layer.
- Offer sun protection with hats, muslins, and shade whenever possible.
- A damp muslin or handheld fan can help everyone stay cool.

#### AS IT COOLS:

- Skip snowsuits, which can compromise positioning, airflow, and comfort.
- Layer up with thin clothes instead. Baby can share your coat or stay cosy with a blanket over the sling.
- Keep little hands, feet, and heads warm - but avoid anything that might slip over their face, including your own scarf.

Always follow safe carrying guidelines (TICKS): baby should be upright, tight, in view at all times, close enough to kiss, keep their chin off their chest, and support their back.

Slings are versatile companions from sun-drenched walks to crisp autumn afternoons. They support bonding, regulation, and napping on the go, and many grow with your baby too.

#### TRY BEFORE YOU COMMIT:

If you'd like help finding the right sling or carrier, or want to build your confidence using one, we run a **sling library** on Fridays at Longstanton Village Institute.

Please check actual dates and pre-book a slot via [myyogacorner.uk](http://myyogacorner.uk).

**Cristina Freniche,**  
Babywearing consultant, sling library owner and more  
at My Yoga Corner, Northstowe and Longstanton

## LONGSTANTON TENNIS CLUB

Longstanton Tennis Club is a friendly and social club on Longstanton Recreation Ground.

We have 2 Floodlit Hard Courts that are available to play on all year round. These are free to use at any time for club members or Pay and Play for non members.

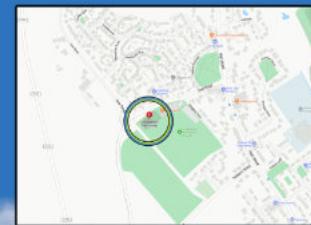
New members are always welcome regardless of ability! We have WhatsApp groups where you can organise all kinds of matches and meet new people!

Please see our website for further information including Court Bookings, Membership Details, Coaching, League Fixtures and more:

[www.longstantontennis.co.uk](http://www.longstantontennis.co.uk)

Or email us directly for any further questions:

[info@longstantontennis.co.uk](mailto:info@longstantontennis.co.uk)



We run a number of Coaching Sessions for Juniors and Adults of any level.

#### Members Social Club Sessions:

Tuesday: 6 - 9pm  
Friday: 6 - 9pm  
Sunday: 11am - 1:30pm

Please come along to a Club Session free of charge to meet us!

Facebook: LongstantonTennis



## Are you 60 or over?

Would you like to meet other residents and have a chat over a tea or coffee?



If yes, Come and Say Hello on:

Thursday 7 and 21 August

Thursday 4 and 18 September

10am - 11am

The Cabin, Northstowe

(Community Centre, Pathfinder Way, CB24 1FD)

Come and tell others about your hobbies, travel stories, activities or where you lived before. Would you like to recommend a book, share a recipe or have some gardening advice.



If you have any questions, please email [northstowe.community@scamb.gov.uk](mailto:northstowe.community@scamb.gov.uk)



## WILLINGHAM & LONGSTANTON SURGERIES

Willingham 01954 260230 Longstanton 01954 207600 Dispensary 01954 207602

Community (District) Nurses: 0330 726 0077 Health Visitors: 0300 029 5050

**Out of hours cover: Ring 111 Website: [www.willinghammedicalpractice.nhs.uk](http://www.willinghammedicalpractice.nhs.uk)**

**A&E IS NOT AN ALTERNATIVE TO A GP APPOINTMENT.**

WHEN THE SURGERY IS CLOSED PLEASE CALL 111 FOR MEDICAL ASSISTANCE, OR 999 FOR A LIFE THREATENING EMERGENCY  
FOR URGENT MENTAL HEALTH SUPPORT, PLEASE CALL 111 AND SELECT OPTION 2



We're proud to be a parkrun practice!

Join in the fun at ParkRun: walk, jog, run, volunteer or spectate

- Free and easy to take part
- Make new friends and feel part of your local community
- Every Saturday morning

If you would like to be a little more active, be outside and connect with others why not think about walking, jogging or volunteering at parkrun? The events are totally free to take part in and are open to everyone: you definitely don't need to run! Our nearest is **BUG HUNTERS WATERS PARKRUN**, at Bug Hunters Waters Waterpark, Northstowe. It starts at **9am**.

Find out more at [parkrun.org.uk](https://parkrun.org.uk) | 

Please see <https://www.parkrun.org.uk/bughunterwaters/> for more details or speak to a member of practice staff.

### WEIGHT MANAGEMENT INJECTIONS

Despite recent media attention, our GPs are currently unable to prescribe weight management injections directly to our patients. Only a very small number of people will meet the strict eligibility criteria for the initial NHS roll out of this medication. These criteria have been set nationally:

- You have a BMI of 40kg/m<sup>2</sup> or above (or 37.5 kg/m<sup>2</sup> for people from South Asian, Chinese, other Asian, Middle Eastern, Black African or African-Caribbean ethnic backgrounds)

AND at least FOUR out of the following five health conditions which have already been diagnosed by your GP or other health professional:

- Established Type 2 diabetes
- Hypertension requiring blood pressure lowering therapy
- Atherosclerotic cardiovascular disease
- Obstructive sleep apnoea where treatment is indicated i.e. continuous positive airway pressure (CPAP)
- Dyslipidaemia requiring treatment

If you meet these criteria, your GP can refer you to the Tier 3 Weight Management Service provided by Healthy You. **Patients not meeting the criteria listed above should not seek referral for Tirzepatide (Mounjaro®) at this time.**

### HEALTHY YOU WEIGHT MANAGEMENT

Would you like help to lose weight? Healthy You offer a weight management service **FREE** of charge for those that are residents of Cambridgeshire. If eligible, you can register for Slimming World, Weight Watchers or the Healthy You programme for a duration of 12 weeks. To refer into this programme please call 0333 005 0093 or fill in the self-referral form via their website [HealthyYou.org.uk](http://HealthyYou.org.uk)

### REPEAT PRESCRIPTIONS

Repeat medication can be ordered via SystmOnline, using the NHS App or by handing in paper repeat prescription slips to the surgeries at Willingham or Longstanton as well as the Willingham Pharmacy.

Despite any notifications received after ordering electronically, our current turnaround for regular repeat prescriptions is **THREE WORKING DAYS** (this DOES NOT include weekends) so please be aware of this when ordering and give yourself plenty of time to ensure you don't run out of medication.

We will always help where we can with urgent orders. However, this is always subject to stock availability so we cannot guarantee we can fulfil a prescription quickly. In these circumstances we will be in contact to advise.

### HOSPITAL BLOODS

Unfortunately the surgery does not have the capacity to carry out hospital requested blood tests. If you have been asked by your hospital consultant/clinic to arrange a blood test then please use the Phlebotomy Clinic at the hospital or the drive-through Outpatient Phlebotomy Service at the Newmarket Road Park & Ride, referring to your hospital clinic letter for further information. Please also note that the surgery does not carry out blood tests requested by private consultants or that are required for private appointments.

### WE'RE PROUD TO BE A PARKRUN PRACTICE!

Join in the fun at ParkRun: walk, jog, run, volunteer or spectate

- Free and easy to take part
- Make new friends and feel part of the local community
- Every Saturday morning

If you would like to be a little more active, be outside and connect with others why not think about walking, jogging or volunteering at parkrun? The events are totally free to take part in and are open to everyone: you definitely don't need to run! Our nearest is **BUG HUNTERS WATERS PARKRUN**, at Bug Hunters Waters Waterpark, Northstowe. It starts at **9am**.

### PRIVATE INSURANCE WORK

The GPs will complete most private insurance documentation (e.g. claim forms for holiday cancellations, private healthcare questionnaires, factual medical reports etc.) however, these are not covered under the NHS contract. As a result, because the GPs need to prioritise their clinical work, these types of requests may take a while so please allow 30 days for your request to be completed and be aware that charges will apply.

### IN CASE OF AN EMERGENCY

Please do not present at the GP surgery if you suspect that you are having a heart attack, a stroke or any other medical emergency. The surgery does not offer a walk-in, emergency service and we do not have the lifesaving equipment or medication that is needed in such circumstances. In the case of an emergency dial 999 immediately or present at Accident & Emergency at the hospital. Alternatively the Minor Injuries Unit at the Princess of Wales Hospital Ely is open for patients with injuries that need attention but are not critical or life threatening.

### VACCINATIONS

The **Pneumococcal Vaccine** is available year round for everyone who is aged 65 years and over.

The **RSV (Respiratory Syncytial Virus) Vaccine** is available year round for everyone who is aged between 75 and 79 years of age and for all pregnant women who are over 28 weeks.

The **Shingles Vaccine** is available year round for everyone who is aged between 70 and 79 years of age and have never received a shingles vaccine, for individuals who reach the age of 65 or 70 years of age during the period 01/09/23 and 31/08/2028 (these individuals should be vaccinated on or after (but not before) their 65th or 70th birthday), individuals who are aged 50 years and above and meet the definition of severe immunosuppression and for those who are aged between 18 and 49 years and receiving a stem cell transplant. Please note, when booking your second (booster) shingles vaccination, that this cannot be administered any sooner (even by one day) than six calendar months after the first vaccination was given.

### ALZHEIMER'S SOCIETY - CAMBRIDGESHIRE DEMENTIA SUPPORT SERVICE

**Dementia Support Cambridgeshire** 

Providing services and support for everyone living with dementia, their family and carers.



Could we help you?

Contact your local team today on 01223 620962 or email [cambidgeshiredementia@alzheimers.org.uk](mailto:cambidgeshiredementia@alzheimers.org.uk)

National helpline is also available on 0333 150 3456.  
(Opening hours: Mon to Weds 9am-8pm, Thurs and Fri 9am-6pm, Sat and Sun 10am-4pm)

If you need dementia support, we're here for you. Our Dementia Adviser work with people with dementia, their families, and carers, to provide a highly responsive and individualised information, support and signposting service. This service is free and confidential.

As trusted experts in dementia, our advisers offer advice and support with all aspects of dementia, including: understanding the diagnosis; practical tips of living with and caring for a love one with dementia; understanding symptoms and changes in behaviour; advice on hospital stays and discharge; provide emotional support; planning for the future.

### Get in touch today

Cambridgeshire Dementia Support Service

Email: [Cambidgeshiredementia@alzheimers.org.uk](mailto:Cambidgeshiredementia@alzheimers.org.uk) Tel: 01223 620962

National Dementia Support Line: Tel: 0333 150 3456

### CARERS MEETINGS

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meetings on **Wednesday 6th August and Wednesday 3rd September**, at the **Wilford Furlong Centre in Willingham**, where we will be holding drop in sessions between 2pm and 4pm. Please come along and get some support from other people in the local community. Refreshments are provided, there's no need to pre-book and it's completely **FREE**! Meetings are held on the first Wednesday of every month and for more information please contact [susan.lawson7@nhs.net](mailto:susan.lawson7@nhs.net)

Willingham Medical Practice - August/September 2025

## SOCIAL WALKS

Our usual monthly walk from the Cabin starts at **10.15am** on **Friday August 22<sup>nd</sup>**. Whether you are new to Northstowe, or new to walking, you will be very welcome to join us. If this time does not suit you we have another walk on **Tuesday 30<sup>th</sup> September** starting at NSC café at **5pm**. Buy a quick cuppa from Northstowe Hub café before you start or after we finish. All welcome.

**Walking for all in Northstowe**

Come and join us for a social walk around Northstowe on:

**Friday 22 August**

The walk will start at 10:15am from The Cabin, (Community Centre on The Green, Pathfinder Way), Northstowe

Everyone Welcome

The walk will be followed by a free drink

**RAMBLERS**

northstoweswgroup@gmail.com

Anxious?  
Stressed out?  
In pain?

Let acupuncture help you find some calm

Find out more - text or email to book a free 20-minute phone consultation with local acupuncturist  
Kaye Rooney Lic. Ac. B.A Hons. MBAcC

07593 058748  
kaye@kr-acupuncture.com  
Visit kr-acupuncture.com  
**KAYE ROONEY**

**FIVE ELEMENT ACUPUNCTURE**

British Acupuncture Council Member

professional standards authority accredited register

## FREE LOCAL WELLBEING SUPPORT

Would You or Someone You Know Benefit From Wellbeing Support?



Care Network Cambridgeshire's **Wellbeing Service** offers **free, short-term** support for adults (18+) in South Cambs who may be struggling with confidence, isolation, illness, or low mood. Our friendly team can provide **one-to-one support** and match individuals with **trained volunteers** who can offer companionship through phone calls or accompanying them to access the community. Support is tailored over **6–8 sessions**, helping people regain independence and feel more connected.

If you or someone you know could benefit, making a referral is easy — just visit [care-network.org.uk/wellbeing](http://care-network.org.uk/wellbeing) or contact us at [wellbeing@care-network.org.uk](mailto:wellbeing@care-network.org.uk) or 0330 094 5750.

**Greenwood homecare**

**Award-winning home care in the Cambridge area**

- ⦿ Personal Care
- ⦿ Companionship
- ⦿ Complex Care
- ⦿ Medication Support
- ⦿ Live-In Care

**01223 850938**  
cambridge@greenwoodhomecare.co.uk  
[www.greenwoodhomecare.co.uk](http://www.greenwoodhomecare.co.uk)

# Paying too much for your glasses?

## Save Money - Buy Direct!

Visit our factory shop to see our fabulous range of Discount Prescription Eyewear

- Hundreds of frames to choose from, including designer frames from Ray-Ban, Polo Ralph Lauren, Oakley, PRADA, Ted Baker and Versace
- Specialists in high and complex prescriptions
- Same-day or next-day service available\*
- Save up to 75%
- Huge range of designer sunglasses
- Full range of sports eyewear

Official stockists

\*subject to prescription and availability



**POLO**  
RALPH LAUREN

**OAKLEY**

**PRADA**  
EYEWEAR

**TED BAKER**  
LONDON

**VERSACE**



We are open 9am to 5pm Monday to Friday, and 9am to 1pm Saturday



Call us

**01954 231545** [www.all-eyes.co.uk](http://www.all-eyes.co.uk)

20 Norman Way Industrial Park, Over, Cambridge CB24 5QE

Pregnancy, Birth, Babies and Beyond in Northstowe

### Pregnancy

Pregnancy Yoga  
Birth Preparation  
Support groups



### Baby

Postnatal Yoga with Baby  
Starting Solids (weaning)  
Cloth Nappies



Contact Cristina at

<https://myyogacorner.uk/>  
[MyYogaCorner@gmail.com](mailto:MyYogaCorner@gmail.com)  
text/WhatsApp: 07765211807



TOP UP YOUR INCOME  
WITH AN EXTRA

**£1000+**  
PER MONTH

**HOST  
FAMILIES  
REQUIRED**

Homestay Consultancy is a professional organisation seeking additional host families for our students.

We require host families all year round with single or twin room accommodation for both male and female students from all over the world. Bookings vary from one week to several months (long term).

“  
I will never forget my time in cambridge with my host family

Contact us now for further information:

**Homestay Consultancy**

**T: 01223 367450**

E: [info@homestayconsultancy.com](mailto:info@homestayconsultancy.com)  
W: [www.homestayconsultancy.com](http://www.homestayconsultancy.com)



**MORGAN LANDSCAPES**



We offer all types of landscaping & maintenance:

Fencing • Turfing • Patios • Decking • Driveways • Roofing  
Pressure Washing • Garden Clearances & Maintenance









**PILATES CLASSES IN LONGSTANTON**

**RECLAIM YOUR BODY  
121 PERSONAL TRAINING**

Take some time to look after yourself with Reimagined Pilates! Where relaxation meets Pilates, you'll leave the class feeling relaxed empowered and strong in your mind and body.

Classes are with Zoe, a qualified Pilates instructor, and are suitable for all levels no matter your Pilates experience!

60+ and Mixed Ability classes available at Longstanton Wellness.

No matter your goals, your body type, or your experience, I can help you improve all aspects of your fitness - with sessions available both at your home and at a new private studio space in collaboration with Longstanton Wellness!





 **ENTIRE**  
GROUP

 **Gas Safe**  
REGISTERED  
300007

 **Water Safe**  
QUALITY STANDARDS  
Approved

The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas  
Bathrooms • Water Softeners  
Property Maintenance

Tel: 01954 204044 • Web: [www.entiregroup.co.uk](http://www.entiregroup.co.uk)  
Email: [service@entiregroup.co.uk](mailto:service@entiregroup.co.uk)

**DRAKE**  
Heating and Plumbing



Boiler Installations  
Bathroom Installations  
Underfloor Heating Installations  
Central Heating Installations  
Boiler Servicing  
Gas Safety Checks / Landlords  
Boiler Breakdown  
Emergency Call-outs

Mobile: 07496 503 770  
Office: 01954 781 478  
[drakehandp@icloud.com](mailto:drakehandp@icloud.com)

Find us on   
[Facebook.com/drakehandp](https://Facebook.com/drakehandp)

 **BLUE HOUSE**  
Computer Help

SPEED UP, FIX UP, OR UPGRADE YOUR COMPUTERS

 WE CAN HELP YOU WITH COMPUTER RELATED PROBLEMS AROUND YOUR HOME OR HOME OFFICE

**HOW WE CAN HELP**

- Fixing Windows Startup Problems
- More Space on your Computer
- Faster Computer Speeds
- Transfer Apps & Files to New Computers
- Setting Up & Repairing Networks
- Fixing Wi-Fi Dead Spots
- Sync all your Devices around the Home
- Virus & Malware Clean Up
- General Maintenance
- Optimisation & Upgrade Services

**WHY PEOPLE LOVE WORKING WITH US**

We are meticulous, friendly and tidy up after our work

You are safe with our 100 day guarantee

You are protected by our professional indemnity and public liability cover

We can work either in your home or remotely

We can loan you a laptop while we work on your computer

 **BOOST YOUR SPEED!**  
We can make your computers work even better and faster than when they were brand new!

**TO GET HELP NOW, CALL MICHAEL ON**  
**01223 85 30 20**

[hello@bluehouse.help](mailto:hello@bluehouse.help) • [www.bluehouse.help](http://www.bluehouse.help)

We get 5 star reviews on 

Blue House Computer Help, Cambridge Road, Oakington

DON'T NEED HELP AT THE MOMENT? SAVE ME FOR LATER, JUST IN CASE!

## S. B. Turf

Supplied and Laid



All overgrown gardens rotovated, cleared, levelled and laid with cultivated lawn turf

Turf collection available

Grass seeding and tree service also available

Block paving and patio service

All work carried out by experienced staff with recommendations and portfolios of work available

FREE ESTIMATES - 07966 523239 or 01487 740578

# FLOOR COVERINGS

Cambridgeshire's largest flooring showroom est. 1996

FREE no obligation quotes.

**01223 233233**

[www.floor-coverings.net](http://www.floor-coverings.net)



Unit 31-32 Dry Drayton Industries, Scotland Road,  
Dry Drayton, Cambridge CB23 8AT  
Open: Mon - Sat 9-5



Open 08:00-18:00

Monday-Friday

01223 982460

[northstowenursery@outlook.com](mailto:northstowenursery@outlook.com)

Places available for full day and preschool hour sessions

Funded hours for children aged 9 months +

Our state-of-the-art facility offers early years education for up to 80 children within a warm and nurturing environment

Conveniently located next to Northstowe Primary School

Call us today to register your child and visit the nursery



**Safe Seal**  
WINDOWS & DOORS

Family owned & operated

A++ Energy Rating

Friendly, personal service

Highest security standards

10-year insurance-backed guarantee

**01223 881748**

[www.safeseal.co.uk](http://www.safeseal.co.uk)

**MANUFACTURED LOCALLY  
IN OUR CAMBRIDGE FACTORY**



**H** HATTONS  
FENCE POST REPAIR

**ROTTEN, LEANING,  
BROKEN FENCE POSTS FIXED**

Fixed Price. Fully Inclusive of Labour & Materials

Visit [www.hattonspostrepair.co.uk](http://www.hattonspostrepair.co.uk)

Email [hello@hattonspostrepair.co.uk](mailto:hello@hattonspostrepair.co.uk)

Call Now: 07724 115 263



open every day from 4.30 - 9.30

**Chinese & Pizza  
Take-away**

download our menu from  
[www.blackbullongstanton.co.uk](http://www.blackbullongstanton.co.uk)

**Delivery Service Available**

**Tel: 01954 789589**

# ~ Electrician ~

**Do you find it difficult to find someone to come and do a small job?**

- Quick response
- Qualified electrician
- Reliable service
- Tidy work
- Honest assessment



Rapid response and reasonably priced service

- One man band so I can guarantee you will receive a great service.
- Know what you are paying for, I will give you a free quote before commencing any work.

**Call Sam on: 07 500 500 506**

For more information check out our website

[www.peacock-elec.co.uk](http://www.peacock-elec.co.uk)

Email: [peacock.elec@gmail.com](mailto:peacock.elec@gmail.com)



# Monster

HEATING COOLING

**Monster** are fully qualified engineers for all your heating, cooling, gas and plumbing needs.

- |  |  |
|--|--|
| - Boiler servicing                           | - Wet underfloor heating specialists         |
| - Boiler repairs and replacements            | - Plumbing tasks                             |
| - Radiator replacements                      | - Landlord gas safety checks                 |
| - Air conditioning                           | - Air source heat pumps                      |
| <small>Install, service &amp; repair</small> | <small>Install, service &amp; repair</small> |



01954 253999 [info@monsterhc.co.uk](mailto:info@monsterhc.co.uk) [monsterhc.co.uk](http://monsterhc.co.uk)



- Media walls
- Understairs storage
- Kitchen installations
- Bespoke wardrobes



**"FROM YOUR  
IMAGINATION TO OUR HANDS"**

Phone: 07754 573876  
 Email: [matt@msscarpentry.com](mailto:matt@msscarpentry.com)  
 Website: [msscarpentry.com](http://msscarpentry.com)  
 Instagram: @msscarpentry



**Looking for the holiday of your dreams?  
A family holiday in the sun?  
A weekend away?**

Ponders Travel is your local award winning Travel Agent.  
Free parking and right on your doorstep.

A warm welcome awaits.

We offer such a range of holidays including;

River Cruising – Cruising – Safari – Short Breaks – Adventures – Far Eastern Experiences – Once in a lifetime – Sun Sea and Sand – Hotel Breaks – to name but a few.

With over 35 years' experience in tailor making holidays our award winning team can help you plan everything including all those little added extras that make your holiday dreams a reality.

[www.ponderstravel.co.uk](http://www.ponderstravel.co.uk) | 01954 232 802

Ponders Travel, The Gallery, 25 High Street, Over, Cambridge, CB24 5BN

## WHAT'S ON IN NORTHSTOWE

## MULTIPLE DAYS

## MEET THE COMMUNITY OFFICERS

Come to meet our council Community Development Officers, drop-in any time between 9:30am-4:40pm on Tuesdays-Thursdays, or to make an appointment email [northstowe.community@scamps.gov.uk](mailto:northstowe.community@scamps.gov.uk)

## MIDWIFE AND COMMUNITY HEALTH SERVICES

Services available in the Cabin at various times all week, by appointment only

## FOOD TRUCKS

Northstowe foodies hosts food trucks weekly at the Green, 5-8pm Wed-Sun. Line-ups can be viewed on their page on FB and Instagram @NorthstoweFoodies

## MONDAYS

## MAKE &amp; MINGLE

Bring your latest craft projects and meet up with other crafty locals. 2<sup>nd</sup> Monday of the month, 10am at Tap & Social. [northstowearts.co.uk](http://northstowearts.co.uk)

## BABY MASSAGE 5 WEEK COURSE (£)

Learn techniques to help you bond with your baby, soothe them, help with wind and colic, as well as calming ideas and other topics. Suitable from birth. 1pm at Longstanton Village Hall. [myyogacorner.uk](http://myyogacorner.uk)

## TANG SOO DO (£)

Family-friendly martial arts club. Classes for children ages 6-14, at 4:30pm in WPP. Email [enquiries@Northstowetsd.co.uk](mailto:enquiries@Northstowetsd.co.uk)

## BEAVERS

Beaver Scouts aged 6-8 Years will get a chance to try a wide range of different activities. 17:45 - 18:45 at NSC. Email [info@1stnorthstowescouts.org.uk](mailto:info@1stnorthstowescouts.org.uk)

## ADULT DANCE (£)

Explore a mixture of dance styles. 17:45-18:35 at Tap & Social. Book: [app.classfit.com/Studio/179657](http://app.classfit.com/Studio/179657)

## OVER POWER (£)

Fitness, Strength, Conditioning circuits. We help ladies to tone up, lose weight and feel great. PFPS playground, 6pm & 7pm. [www.overpowerfitness.com](http://www.overpowerfitness.com) [overpowerfitness@outlook.com](mailto:overpowerfitness@outlook.com)

## NORTHSTOWE BADMINTON CLUB (£)

Adults social badminton. 18:30-20:00 at NSC.

## BODYBURN (£)

Low impact workout. 18:45-19:35 at Tap & Social. To book visit [app.classfit.com/Studio/179657](http://app.classfit.com/Studio/179657)

## CUBS

Excitement and adventure for Cub Scouts aged 8 to 10½, be creative and get involved in your local community. 19:00 - 20:15 at NSC. Email [info@1stnorthstowescouts.org.uk](mailto:info@1stnorthstowescouts.org.uk)

## FOOTBALL (£)

Turn up and play, welcome to everyone. 7 a side and 9 a side £6.25 per week. Adults session 19:15-20:15 at NSC [george@kickstartactivelife.co.uk](mailto:george@kickstartactivelife.co.uk)

## NETBALL CLUB (£)

Meet a great group of women of all abilities who are learning to play netball. 7pm-8pm at WPP. Search Facebook for [Northstowe Netball Club](#)

## TAI-CHI (£)

Weekly relaxation and inner peace. 19:30 at the PFPS. To book please email [malcolmsavannah233@gmail.com](mailto:malcolmsavannah233@gmail.com)

## SOCIAL RUN

Longstanton and Northstowe Limpers social run meeting on The Green at 19:30 [facebook.com/LandNLimpers](http://facebook.com/LandNLimpers)

## BOOK CLUB

Meet to discuss books on Monday evenings once per month. New members always welcome. [www.facebook.com/groups/607693023324785](http://www.facebook.com/groups/607693023324785)

## NORTHSTOWE JETS BASKETBALL (£)

Ball handling, shooting, positioning, attacking, defending, fitness. All skill levels welcome. 20:00-21:00 at NSC. [northstowebasketball@gmail.com](mailto:northstowebasketball@gmail.com)

## TUESDAYS

## MICRO LIBRARY

Drop in at the Cabin any time 9:30-4pm, borrow a book or grab a drink from the hub café coffee machine

## STAY AND PLAY GROUP

Weekly play-based activities for families with children age 10 months or walking, 10-11:30am in the Cabin. Phone 01954 284 672 to book.

## BABY GROUP

Weekly play-based activities for families with babies up to year or crawling, 1-2:30 pm in the Cabin. Phone 01954 284 672 to book.

## GUIDES (GIRLGUIDING) (£)

A group for girls aged 10 to 14 to explore the things they love and do stuff they've never done before. Activities, crafts, games and more. [guiding@thehays.net](mailto:guiding@thehays.net)

## NORTHSTOWE HUB CAFÉ

Make new friends – Take your time and relax – Meet with others. 4pm-6:30pm at NSC.

## FASTBREAK BASKETBALL (£)

Indoor sessions in the NSC Sports Hall, 12 & Under at 6pm, 14 & Under at 7pm [northstowe@fastbreakbasketball.co.uk](mailto:northstowe@fastbreakbasketball.co.uk)

## HUNTINGDON AND NORTHSTOWE HOCKEY CLUB (£)

NSC Astroturf, 7pm - 8:30pm All abilities welcome. Contact [hello@huntingdonandnorthstowehockeyclub.com](mailto:hello@huntingdonandnorthstowehockeyclub.com)

## FIREFLIES NETBALL CLUB (£)

A friendly 16+ netball club training 7:00-8:30pm year-round at NSC. Try first month free. [FirefliesNetballClub@gmail.com](mailto:FirefliesNetballClub@gmail.com)

## PREGNANCY YOGA (£)

Covering breathing techniques, warmup and yoga poses, deep relaxation with self hypnosis (hypnobirthing) and various birth and parenthood preparation topics. 7pm at Longstanton Village Hall. [myyogacorner.uk](http://myyogacorner.uk)

## NORTHSTOWE CHORUS

A new community choir for anyone who enjoys singing. 7pm one Tuesday a month at NSC, check dates at [northstowearts.co.uk](http://northstowearts.co.uk)

## NORTHSTOWE BOARD GAMERS

Join us to play modern-style strategy and tabletop games, anything from Alhambra to Ziemlich Zügig! From 7:30pm every Tuesday 21 Heron Road, CB24 1AS. [northstowe.gamers@thecolliers.uk](mailto:northstowe.gamers@thecolliers.uk)

## WEDNESDAYS

## NORTHSTOWE HUB CAFÉ

Make new friends – Take your time and relax – Meet with others. Open 9am-12:30pm and 3:30-5pm in the foyer at the Cabin.

## THE BABY HUB

Feeding and weaning, slings and carriers, cloth nappies and pottying, or just come along for a chat even if you don't need any specific support! 10:30-12pm alongside the Northstowe Hub Cafe in the Cabin. [babyhub@northstowehub.org](mailto:babyhub@northstowehub.org)

## LITTLE STARS (£)

Preschool ballet and dance with Stardust Dance Academy. 10am-11:15 in the Cabin. Book at [www.stardustdanceacademy.com](http://www.stardustdanceacademy.com)

## YOUTH DROP IN AT NORTHSTOWE HUB CAFÉ

Youthwork run by Romsey Mill and Northstowe Youth Hive for school years 7-9, 4-5, 30pm termtime. Free snacks, or add low cost treats from the cafe.

1<sup>ST</sup> NORTHSTOWE RAINBOWS

For girls aged 4-7. 5:15-6:15 in Hatton Park School.

## OVER POWER (£)

(See Monday's entry for details) PFPS playground, 6pm & 7pm

## KARATE CLUB

Family friendly - Age 6+, children and adults welcome. 6.30-7:30pm in the Cabin. [www.northstowekarate.com](http://www.northstowekarate.com)

## MAKE &amp; MINGLE

Bring your latest craft projects and meet up with other crafty locals. 3<sup>rd</sup> Wednesday of the month, 7pm at Tap & Social. [northstowearts.co.uk](http://northstowearts.co.uk)

## LONGSTANTON AND NORTHSTOWE LIMPERS

Session starting at 7:30pm for people that are new to running or getting back into it. [facebook.com/LandNLimpers](http://facebook.com/LandNLimpers)

## DANCE FIT (£)

Adult class with Stardust Dance Academy. 7:30-8:30pm in the Cabin. Book at [www.stardustdanceacademy.com](http://www.stardustdanceacademy.com)

## THURSDAYS

## LITTLE EXPLORERS

Time for you, your child, and God. Breakfast from 9:15, main session 9:45-10:45am in PFPs [www.northstowe.church/little-explorers](http://www.northstowe.church/little-explorers)

## BPHA DROP-IN SESSIONS

Second Thursday of the month at the Cabin 9:30am-11:30am. To talk about any community matters, difficulties, challenges, suggestions or feedback.

## MICRO LIBRARY

Drop in at the Cabin any time 9:30-4pm, borrow a book or grab a drink from the hub café coffee machine

## THOUGHTFUL THURSDAYS

Emotional support, case management and life admin. From Cambridge Acorn Project. 9:30-11am, (term times) in the Cabin.

## SLING LIBRARY

Collection of slings and baby carriers, available to try and to hire. Run by experienced babywearing consultant. 13:30-14:30 at Tap and Social [myyogacorner.uk](http://myyogacorner.uk)

## GYMNASTICS (£)

Preschool gymnastics with Stardust Dance Academy. Book at [www.stardustdanceacademy.com](http://www.stardustdanceacademy.com)

## TANG SOO DO (£)

(See Monday's entry for details) 4:30pm in WPP.

## NORTHSTOWE COMMUNITY LOUNGE

Socialise with neighbours and have access to free Wi-Fi, hot drinks and refreshments. 6-8pm every Thursday at the Cabin. Free for everyone. We're planning well-being sessions, language classes, games night and more activities. [www.northstowntowncouncil.gov.uk](http://www.northstowntowncouncil.gov.uk)

## SUSTAINABLE NORTHSTOWE

Making Northstowe a green, clean, biodiverse and interconnected place for current and future residents. 4<sup>th</sup> Thursday of the month, 7pm in the Cabin. For more info see [facebook.com/sustainablenorthstowe](http://facebook.com/sustainablenorthstowe) or email [sustainable.northstowe@outlook.com](mailto:sustainable.northstowe@outlook.com)

## NORTHSTOWE CRICKET CLUB

Outdoor season underway. Net practice at Fen Ditton Recreational ground, contact [northstowecricket@gmail.com](mailto:northstowecricket@gmail.com) [northstowe.play-cricket.com/home](http://northstowe.play-cricket.com/home)

## FASTBREAK BASKETBALL (£)

Indoor sessions in the NSC Sports Hall, 10 & Under and 16 & Under at 7:15pm. Adult sessions at 8:20pm [northstowe@fastbreakbasketball.co.uk](mailto:northstowe@fastbreakbasketball.co.uk)

## OVER POWER (£)

(See Monday's entry for details) PFPS playground, 6pm and 7pm.

## SCOUTS

For ages 10½ to 14. Build and develop young people's confidence, sense of adventure and outdoor skills. 19:15-20:30 at NSC. Email [info@1stnorthstowescouts.org.uk](mailto:info@1stnorthstowescouts.org.uk)

## NORTHSTOWE'S COMPLINE (NIGHT PRAYER)

Stop, Breathe, Pray. Thursdays 8-9pm. [www.northstowe.church/compline](http://www.northstowe.church/compline)

**FRIDAYS****ACROBATICS AND DANCE**

Pre-school class with Studio Fogg Dance. 9:45-10:45 in the Cabin. Book at [studiofogg.co.uk](http://studiofogg.co.uk)

**WALKING FOR ALL**

A social walk around Northstowe, followed by a free drink. 14 February and 14 March, starting 10:15 at the Cabin.

**MOBILE FOOD HUB**

Low cost fresh produce and essential items, from Hope on the Go. No voucher or referrals needed, simply drop by. 10:30-11:30 on The Green.

**BABY AND POSTNATAL YOGA (£)**

Have fun with your baby while safely rebuilding your core and pelvic floor, stretching and strengthening. Suitable after your 6/8 week check. 11:30am at Longstanton Village Hall.

[myyogacorner.uk](http://myyogacorner.uk)

**BABY MASSAGE 5 WEEK COURSE (£)**

(See Monday's entry for details)

1pm at Longstanton Village Hall.

**MOBILE LIBRARY**

2nd Friday each month, 3:20-4:20pm on The Green outside the Cabin. Free to all, join at the vehicle or online.

**ARTS CLUB (£)**

Children's activity with Artastic Kids Club. 4-5pm in the Cabin, book at [www.gorgeouslittlethingsuk.com](http://www.gorgeouslittlethingsuk.com)

**SEWING AND DESIGN (£)**

Children's activity with Artastic Kids Club. 5-7pm in the Cabin, book at [www.gorgeouslittlethingsuk.com](http://www.gorgeouslittlethingsuk.com)

**JUDO (£)**

Ages 5 to 105 from beginners to Dan grades. On Fridays at PFPS, 5-6pm (under 8s) and 6-7pm (over 8s). For more info contact [colinhappidojo@gmail.com](mailto:colinhappidojo@gmail.com)

**NORTHSTOWE BADMINTON CLUB (£)**

Adults social badminton. 18:00-19:30 at NSC.

**SATURDAYS****BUG HUNTER WATERS PARKRUN**

A free, fun and friendly weekly 5k. 9am at Bug Hunter Waters, near the bridge. Please register at [www.parkrun.org.uk/bughunterwaters](http://www.parkrun.org.uk/bughunterwaters)

**PARKPLAY @ WESTERN PARK SPORTS PAVILION**

FREE Healthy outdoor fun with games for everyone. Join us every Saturday any time between 10:30am and 12:30am on the Multi-Use Games Area behind WPP. Please register at <https://park-play.com/register/>

**MY YOGA CORNER WORKSHOPS (£)**

Birth rehearsals - Breastfeeding - Babywearing and sling library - Starting solids. 10am-12 at Longstanton Village Hall.

[myyogacorner.uk](http://myyogacorner.uk)

**CATHOLIC MASS**

Visiting priest from Cambridge. 6pm in the Octagon at Bar Hill. For more details contact Bunty Waters 07734 690580 or Fr. Adrian Gates 01223 622699

**SUNDAYS****NORTHSTOWE HUB CAFÉ**

Drop in for a chat, use the micro library and have a drink! 10am-12pm in the Cabin

**PATHFINDER CHURCH SUNDAY MORNINGS**

'Praying, exploring, and sharing' intergenerationally. 9:30am PFPS (Church of England, United Reformed Church, Baptist Union) [www.northstowe.church/pathfinder](http://www.northstowe.church/pathfinder)

**BETHEL REVIVAL CHURCH**

You're warmly invited to join us for our Sunday services. Every Sunday 10am at WPP

**EMMANUEL CHURCH NORTHSTOWE**

A growing gospel-centred church serving a growing new community. Sunday morning services for all ages at 10:30, at NSC. [www.emmanuelchurchnorthstowe.org](http://www.emmanuelchurchnorthstowe.org)

**IGNITE YOUTH GROUP**

Youth group from Emmanuel Church Northstowe for anybody ages 11-14. 5pm alternate Sundays in the Cabin. Email [ignite.ecn@gmail.com](mailto:ignite.ecn@gmail.com) or check [emmanuelchurchnorthstowe.org](http://emmanuelchurchnorthstowe.org)

**LOCATION ABBREVIATIONS**

**Cabin** The Cabin, 1 The Green, CB24 1FD

**NSC** Northstowe Secondary College, CB24 1DJ

**PFPS** Pathfinder Primary School, CB24 1AA

**WPP** Western Park Pavilion, CB24 1DA

**KEEP US UPDATED PLEASE!** Spotted any errors, changes, or more groups to be included? Please email [northstowenews@gmail.com](mailto:northstowenews@gmail.com)

[www.northstowearts.co.uk/projects/northstowe-art-show](http://www.northstowearts.co.uk/projects/northstowe-art-show)

# NORTHSTOWE ART SHOW

## Show it. Share it.

For artists at every stage, this is the perfect opportunity to exhibit your work—whether it's your first time or your fiftieth.

Submission deadline 12 September  
Celebration & Preview 6:30-8:30pm Friday 26 September  
Art Show Exhibition 10am-5pm Saturday 27 September

Supported by the Homes England Community Activation Fund administered by South Cambridgeshire District Council



Scan for info & updates



## Walking for all in Northstowe

### Come and join us for an

Evening Social Walk around the lakes in Northstowe

Tuesday 30 September

The walk will start at 5pm from The Café at Northstowe Secondary College Stirling Road, CB24 1DJ Everyone Welcome



[northstoweswgroup@gmail.com](mailto:northstoweswgroup@gmail.com)

## Northstowe Community Forum

Wednesday 10 September  
Drop in: 6:30pm | Forum: 7pm  
Western Park Pavilion, Peppercorn Drive, Northstowe, CB24 1BF



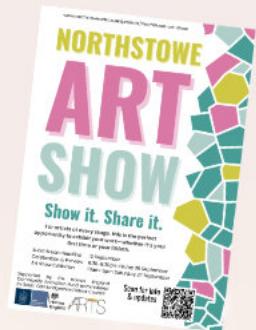
## NORTHSTOWE ARTS

CREATIVITY CONTINUES TO FLOURISH IN NORTHSTOWE – BE A PART OF IT!

### NORTHSTOWE ART SHOW – TRY IT. SHOW IT. SHARE IT.

With an open theme and a warm welcome for artists at every stage, this is the perfect opportunity to exhibit your work – whether it's your first time or your fiftieth. New to exhibiting? We'll guide you through the process so you feel confident now and in future shows. Artwork submission deadline: 12 September.

Join us for a celebration of creativity at the Northstowe Art Show! The exhibition – open to everyone and free to attend – runs 10am-5pm on 27 September at the Cabin, with a special celebration evening on 26 September.



**Supported by** Homes England

# MAKE & MINGLE

**NORTHSTOWE TAP & SOCIAL**  
STATION ROAD, NORTHSTOWE CB24 3DS  
2ND MONDAY - 10AM  
3RD WEDNESDAY - 7PM  
**THE CABIN**  
PATHFINDER WAY, NORTHSTOWE CB24 1FD  
1ST SUNDAY - 10AM

Bring your latest creative project and spend a couple of hours on mindful crafting and chat with other creative locals!

[northstowearts.co.uk](http://northstowearts.co.uk)

### NORTHSTOWE MAKERS

#### 1-3pm; 11 September, 9 October, 13 November The Cabin, Pathfinder Way, Northstowe CB24 1FD

Join us for a series of three relaxed, welcoming sessions where you'll be introduced to a new craft. You'll have the chance to make beautiful pieces to enjoy at home – and work on collaborative artworks for the wider community.

Our first series focuses on Willow and Wool Weaving.

Free to attend and open to everyone, with materials provided and no prior experience needed. Please book in advance, then just bring your curiosity and a willingness to create!

### MAKE & MINGLE

#### 10am; 7 September The Cabin, Pathfinder Way, Northstowe CB24 1FD

#### 10am; 11 August, 8 September | 7pm; 20 August, 17 September Northstowe Tap & Social, Station Road, Northstowe CB24 3DS

If you're the crafty type, don't miss our Make & Mingle sessions: a friendly, informal meet-up for makers of all kinds to chat, paint, knit or noodle on new ideas.

For more details on the above and much more, visit [northstowearts.co.uk](http://northstowearts.co.uk) – and sign up to our newsletter to receive everything directly in your inbox!

## OVER DAY CENTRE

OVER DAY CENTRE BIKE RIDES AND SOCIAL, SUNDAY 29TH JUNE 2025

### 76 riders raise £3,017.35 for the Day Centre

Such amazing support from our local cycle club members, families and individuals who enjoyed three rides though the South Cambridgeshire countryside, with a sunny day, gentle breeze and cloud keeping temperatures reasonable. The 100k ride worked its way from Over to Wilburton, Elsworth, Haslingfield, Bourn, Fen Drayton and back to Over for the after-rides BBQ, bar and live music at the Over Community Centre. The 50k from Over went through Cottenham, Boxworth, Cambourne and Fen Stanton to return to Over for the social. And, the family ride followed the busway cycle track from Over to St Ives and back to join the party. All children who completed a ride were presented with a finisher medal, to help make the event a memorable day.

Very grateful thanks must go to our most generous sponsors : Law & Lewis, Joiners; All Eyes, spectacle makers; Redmayne, Miller, Rees, estate agents, and Highgate Veterinary Practice whose funds met all event expenses so that every penny of rider donations will go to the Day Centre, this year to enhance client activities and for capital items. Riders and friends made very generous donations. Very grateful thanks too to the providers of raffle prizes, the rides marshalls, sweepers, registration teams, Tesco Bar Hill for drinks and snacks for the family ride, first-aid, mechanical and broom-wagon supporters, sweepers and graphic designer; and Willingham Wheels and Swavesey & Over Cycling Club who planned the ride routes, risk-assessed and signed them. In all, 110 signs were positioned to mark the various routes, with all collected in for next year!!

In all, a lovely day, testimony to great community and local business involvement in support of the Over Day Centre charity. We look forward to seeing you at future events.



## SHIRE OF FLINTHEATH

If you were at the Northstowe Midsummer festival in the afternoon, you may have encountered a group of people in medieval costume and been shown our crafts and weaponry and you may even have caught the afternoon display of renaissance fencing. We are members of the Shire of Flintheath, the local branch of the Society for Creative Anachronism, or SCA.

While often referred to as reenactors, we're actually a living history group. We don't pretend to be specific historical figures and don't recreate specific historical events. Instead, we research and recreate aspects of medieval life and combine the results with light-hearted historical roleplay in a mixture of education, creativity, and fun. We have our own prince and princess and king and queen (other gender and title combinations are available) selected regularly through tournaments, and hold courts at our events. There, we also hold more tournaments, contests, and classes interspersed with feasting (usually with real medieval recipes) and merrymaking with medieval music and dance as well as our own poetry and storytelling.



Any hobby can find a place in the group, from archery to weaving, and if you're interested in trying something new or expanding a skill you already love you're bound to find someone to talk to.

We call ourselves the modern middle ages, since we do our best to be inclusive and we're always looking for new friends! If you have an interest in medieval history or just want to know more, we meet on Waterbeach Recreation Ground every Saturday afternoon or you can visit our website at <https://www.flintheath.org.uk>.

## NORTHSTOWE PLAYERS

THE PLAY'S THE THING...

The newly-formed drama group Northstowe Players put on its inaugural performance at the recent Midsummer Festival, a 20-minute version of *Alice in Wonderland*. Despite the blazing heat and an unfortunate accident with the tablecloth, it was a great success. The next play is being written specially for the group, and is likely to be performed around Christmas. The details are not yet fully established, but it is certainly going to be a family-friendly comedy, and rumour has it that it may involve pirates!

New members are very welcome, and no experience is required. Whether you want to act, take a backstage role, help with costumes (especially if you have a sewing machine), do make-up, or just meet a fun and friendly bunch of people, the group can be contacted at [northstoweplayers@gmail.com](mailto:northstoweplayers@gmail.com), or on Instagram at @TheNorthstowePlayers.

If you're on Instagram, you can follow the group to stay abreast of what's going on, and catch a few sneaky rehearsal photos as a bonus. There is no official membership fee, but at the moment a small donation is required for room hire (if this is a problem for you, please mention it when contacting the group). The group is under the umbrella of Northstowe Arts, who help with promotion and administration.

Act quickly and you, too, can get yourself written in, with a role that is tailor-made to suit you!

**Makepeace McEvoy**





## Cabin Café, NSC Café and Baby Hub!



### SURVEY

At the Midsummer Festival we asked you what you love most about Northstowe! Here's what 100 people chose:



- Green spaces and lakes (45%)
- Community groups (29%)
- Cultural diversity (25%)

Watch this space for more detailed analysis of the surveys you completed!

#### Suggestions included:



#### Hub Café at the Cabin Community Centre & Northstowe Secondary College

The Hub Cafés are welcoming spaces where the community comes together for a cosy coffee, a sweet treat, and friendly conversation - to meet friends, relax, and enjoy some quality time. Our volunteers are taking a break for the summer to recharge to bring the Hub Cafés back better than ever in September!



**Reopening: 3rd Sep**  
**Wednesdays 9am-12.30pm / 3.30-5pm**  
**Sundays 10am-12pm**



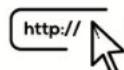
**Reopening: 2nd Sep**  
**Tuesdays 4-6.30pm**



#### Baby Hub Support Group

The Baby Hub offer a safe, inclusive space for parents and carers to connect, share experiences, and build lasting friendships. Returning every Wednesday 10.30 - 12.00 at the Cabin from September.

**Reopening: 3rd Sep**  
**Wednesdays 10.30am-12pm**



[northstowehub.org](http://northstowehub.org)



[info@northstowehub.org](mailto:info@northstowehub.org)



[northstowehub](#)

## NORTHSTOWE NATURE MATTERS

It is heartening to see that recent editions of Northstowe News have contributions that celebrate the natural world and in the June/July edition we had several including Greenbelt, who manage the Northstowe green spaces; Oakington Garden Centre, with their passion for encouraging pollinating insects; and, adorning the front cover, Nicky de Groot's great shot of a beautiful Goldfinch. For the latter though I have tied myself in knots trying to identify the plant the bird is perched on! Any ideas anybody? My tentative thought was Meadowsweet.

Much is written lately about the benefits to human well-being that connecting with nature brings but maybe we need to not just connect or engage but rather immerse ourselves in something we are actually part of, without which we are impoverished but even worse cannot survive.

I usually try to stay away from numbers but here are some thoughts to hold: we struggle to know how many millions of species there are on earth or indeed, how many we have driven to extinction; only 3% of species are vertebrates, like the Goldfinch; up to 90% could be insects of which about a quarter are beetles! According to The Living Planet Report (2024) published by the World Wide Fund for Nature, there has been a 73% decline in wildlife populations in the past 50 years. Whilst all these numbers are estimates there is definitely a cause for concern in the last one. However, my hope remains strong enough to dispel any sense of despair that could creep in. Look around you at Northstowe for example, and there is ample evidence that if we leave space and allow nature to be free of excessive disturbance and limit our chemical inputs to the environment then it will flood back in and thrive. It's ability to recover is astonishing but we have to have the will to let it. Please dear government, bats and newts do matter as they indicate something far greater as well as having value in themselves.

Anyway, let's look at some reasons to hopeful (cheerful even!) about our resilient nature as it exploits the space left for it at Northstowe.

I love the way that Ox-eye Daisy surges into areas of disturbed ground here or along the A14. It is a sight to behold in Spring and early summer. And of course it is a valuable native pollen and nectar source for insects as can be seen by the visiting hoverfly, one of the bee mimicking *Eristalis* species (known as Drone Flies). Excuse my phone photos please...

And to finish, the main reason to be cheerfully hopeful is the fertility and fecundity of nature as shown here by these *Nephrotoma* Crane-flies mating in early May, whose larvae are now munching their way unseen through plant roots underground all around Northstowe.

**Mark Prina**



A Drone Fly feeding at a flower (Ox-eye daisy) and pollinating it in return



Craneflies mating to ensure the next generation.



## An update from Fen Drayton Lakes



There's a network of channels to explore by canoe

This September, on two dates only, we are bringing canoeing back to Fen Drayton Lakes. You will be led on an exploratory journey around islands and need to experience the reserve from an angle rarely seen by visitors.

We are working in partnership with a well-respected water sports company to deliver this exciting event so no previous experience of canoeing is required. You will be in expert hands and guided by a reserve warden with many years knowledge of the site and its wildlife.

As you paddle gently through the waterways, you'll find yourself immersed in a world teeming with life. Majestic bitterns stand sentinel in the reeds, their long legs perfectly adapted for wading through shallow waters as they hunt for fish. Moorhens dart among the reeds, their distinctive red bills and black plumage adding splashes of colour to the landscape. With patience and a keen eye, you may also catch a glimpse of an otter moving through the water, a real highlight of any visit to the reserve.

Canoeing offers a sustainable way to explore these delicate ecosystems without disturbing the wildlife. The quiet, non-intrusive nature of a canoe allows you to observe animals in their natural habitat without causing undue stress or disruption. It's a chance to become a mindful observer, blending seamlessly into the environment and experiencing nature in its purest form.

So, consider grabbing a paddle, embarking on an adventure and letting the wonders of the natural world unfold before you.

To see further details and book tickets for this event and all other upcoming events, please visit: [events.rspb.org.uk/fendraytonlakes](http://events.rspb.org.uk/fendraytonlakes)

### Other upcoming events at Fen Drayton Lakes

**Wednesday Wander Guided Walk** - Ever thought you'd like to know more about the reserve and its wildlife? Volunteer-led guided walks take place once a month, usually on the second Wednesday.

### Volunteering Opportunities

We have a variety of different volunteer roles on the reserve including our practical work groups, visitor engagement and breeding bird surveys. If you would like to find out how you could get involved, please get in touch.

Email: [fendraytonlakes@rspb.org.uk](mailto:fendraytonlakes@rspb.org.uk)

**Visit [rspb.org.uk/days-out/reserves/fen-drayton-lakes](http://rspb.org.uk/days-out/reserves/fen-drayton-lakes)**

The Royal Society for the Protection of Birds (RSPB) is a registered charity: England and Wales no. 207076, Scotland no. SC037654

## SWAVESEY CAMERA CLUB

### WELCOME NIGHT

The club will restart the new season on Thursday 4th September 2025. The Welcome night is FREE to attend to find out more about the club, meet members, see some images from over the summer break. There will be wine and nibbles!

We are always keen to encourage new members to join and pride ourselves on being a very friendly, welcoming club with activities to suit all abilities.

We will have guest speakers at some of our meetings covering a variety of subjects eg, wildlife, creative photography, landscapes and travel photography and more. We also have internal and external competitions. There will also be members nights covering various topics, camera gear, software, practical sessions and more - so something for everyone!

The full annual subscription this season (September 2025 - May 2026) is -

Adult £68  
Concession £55 (Pension age)  
Youth membership £20.

Guest visitor - £4 per meeting

Come along and try us out!



The Club meets in the "Carol Shaw" room at Swavesey Village College every Thursday during College term time 7pm - 9pm.

For further info and to see some of our members photos check out our website -

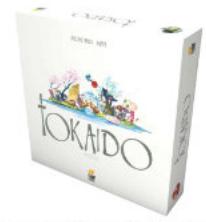
[www.swaveseycameraclub.co.uk](http://www.swaveseycameraclub.co.uk)

If you would like more information about the club or you are thinking about joining us please get in touch by filling in the "Contact Us" form on the website.

**Maggie O'Moore**  
Committee member, Swavesey Camera Club

## NORTHSTOWE GAMERS

It's Summer, the time of year when many people seek to escape their responsibilities of work and school, and head out for a well-deserved holiday. Perhaps you'll be thinking about foreign travel, to reach a different climate and have experiences outside our normal environment. But even while you're here in Northstowe, we'd like to share with you Tokaido, a brutally competitive game about relaxing on holiday as you make your journey along the famous Tokaido road from Kyoto to Edo (or Tokyo as it is known today - the game is set in the 17th Century).



Tokaido is designed by Antoine Bauza and published by Fun Forge



At every stage of the route, you see interesting things to do. You could go into the village and buy souvenirs. You might see a beautiful mountain panorama and sit down to paint it. You might encounter another interesting character to share the journey with you. You can take a bath in the hot springs and get a chance to maybe see some monkeys. If you need to earn more money you can do a bit of work at a local farm, or if you are blessed with riches you can donate some to a temple. And finally, at four Inns along your journey you will stop for a well-earned rest and sample the local culinary delights.

Each space can only take a certain number of tourists, and other players occupying them may block you from being able to do everything you want to. But this game has an unusual and clever feature that it is always the person at the back who takes the next turn, and you go as far forward as you like. If you move slowly you may end up being able to take multiple turns in a row. If you jump ahead you perhaps have fewer turns, but you get first choice of spots and can make sure to finish that Panorama you have been working on so hard.

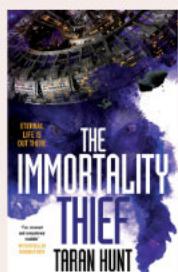
The game has a quite striking art style, very clear and bold spaces on a clean white background. If Apple Computer published a board game it might look like this. The rules are easy and turns are quick, and there are a number of special abilities to play with, which keeps things fresh and ensures the game isn't the same every time you play. The most surprising aspect, however, is the level of interaction between players; anticipating which spaces are about to get blocked is crucial to success. You need to balance which experiences you'll specialise in, as you just won't manage to do everything, but it can be just as important to be aware of the spaces your opponents need and rush ahead to take them.

**Andrew and Sarah Collier**



Will you have an unforgettable journey or will your learning be faded before the end of the road? Find out by joining us from **7:30pm on a Tuesday evening** to play Tokaido, or any of our other games! For details email [northstowegamers@thecolliers.uk](mailto:northstowegamers@thecolliers.uk) or search FaceBook for "Northstowe Gamers"

## BOOK REVIEWS



**The Immortality Thief** by Taran Hunt is a sci-fi mystery/adventure novel following a smuggler and linguist named Sean Wren as he is forced onto a quest to retrieve the "Philosopher's Stone", which the human Republic believes may turn the tide in their long-running war against the alien Ministers. On the way, Sean uncovers and faces truths about the origins and motivations of the Ministers and forms a plan to try to end the war.

This book is very long and the pacing flags in some places, especially in the middle. However, the worldbuilding and the monsters Sean encounters while making his way through the massive abandoned spaceship on which the Philosopher's Stone was developed are interesting and extremely creepy. Sean himself is an appealing character and I really enjoyed watching his creative problem-solving, his curiosity about the world, and the way he interacts with the other characters, especially those he teams up with for most of the story; those relationships were my favourite part. Unfortunately, there are very few details I can give about the plot or the ending without spoiling it!

There are a lot of scenes that can be difficult to read and parts of the book, including flashbacks to the massacre of Sean's hometown in which his younger sister died, are extremely violent. There are also some graphic body horror moments and scenes of religious practices that involve self-harm. I would recommend it for adults who enjoy atmosphere, mystery, vivid worldbuilding, and a casual narrative style.

**Becca Edney**

## BOOK CLUB

We meet in different venues, as there aren't enough of us to warrant hiring the Cabin, so send a message to find out where we are next month. We read lots of genres, children's books, contemporary novels, classics and a wide variety of non-fiction. Do feel free to come along regularly, or when a particular book we are reading appeals to you.

Email: [northstowebookclub@gmail.com](mailto:northstowebookclub@gmail.com)  
[www.facebook.com/groups/607693023324785](https://www.facebook.com/groups/607693023324785)



### NEXT MEETINGS

Books we plan to read this year

11 <sup>th</sup> August	Sense and Sensibility by Jane Austen
15 <sup>th</sup> September	Jurassic Park by Michael Crichton
October	Wild Swans: three daughters of China by Jung Chang
November	possibly something by Elif Shafak, TBC



### The Great Darkness

by Jim Kelly

Set in Cambridge during the early days of World War Two, this is the first of a series featuring Detective Inspector Eden Brooke, a wounded veteran of World War One, whose eyesight limitations compel him to work mainly at night. As the first blackout is lifted a corpse is revealed, but is this an accident or murder? The answer is unclear. The police force is short of personnel, but Brooke has many fellow nighthawks to assist in his investigation.

This is quite a complex detective story, made more difficult by political and military tensions, and the newness of the war. It reminded me a bit of the TV series Foyle's War. I found it refreshing to have a likeable, happily married detective as the main character. I also liked the local setting. The author obviously has a great affection for Cambridge.

Although there are plenty of plot twists Jim Kelly works hard to set the scene in an unhurried manner and helps us understand what life in Cambridge in 1939 would have been like.

I will look out for other books in the series.

**Kathy Fountain**

## POETRY CORNER

### A HANDFUL OF ASHES

A TRIBUTE TO ALL THE VICTIMS OF THE RECENT PLANE CRASH IN INDIA

What dreams do I have, a 10th failure student? I just need to find a job, make some money, then marry someone and live with him. Simple and beautiful!

It was during that dull, slow-burning summer when my maternal uncle mentioned the kitchen assistant job at a hostel in the city. I decided to join the job on Monday.

And today? Today is my first day at work.

Time feels strange here. Unlike home, I feel seconds rushed faster than minutes. What a funny feeling! May be it is the excitement driving my thoughts.

There's not much to do in this kitchen. Just chopping the vegetables.

I've got a kilo of ivy gourd in front of me. If I were home, I'd be fuming—I hate ivy gourd curry. But here, that doesn't matter. Phew, it is for someone else

I washed them and started to cut them precisely – each piece clean and precise, like a machine. I want to get it right. It's my first job. I focus, I work slowly. Half done. I transfer them into a bowl, proud of the uniformity.

Suddenly—  
A deafening sound... fire... smoke.  
The plane crashed, right on top of me.

I had never dreamed of flying in the sky. Aeroplanes were nowhere in my life or dreams. And yet it came for me.

This is how it ends.  
No farewells. No goodbyes. Just fire.  
It descended from the sky to the earth and turned me into ashes. A handful of ashes in a place I just started my life.

- caterpillar

A memorial event for the victims was held in Northstowe in June. See page 28

## HERITAGE SOCIETY UPDATE: August - September 2025

### LDHS Supports

#### Northstowe's Midsummer Festival

The Heritage Society was delighted to support Northstowe's Summer Festival which was held on 21st June. Particular thanks must go to LDHS Committee members Roger Hetherington and Jane Stoner for their organisation prior to the day.

Our contribution centred on a gazebo kindly lent to the Heritage Society by Northstowe Community Hub. One table exhibited local information produced by the Society and various publications produced by other local organisations. The second table displayed a selection of artefacts displayed by the County Council Historic Environment Team. Our thanks go to the team for supporting our heritage theme with a selection of pottery, bone and metal artefacts. What they displayed and how they engaged younger and older members of the public made a very valuable contribution on the day.

On display was also an old Royal Enfield bike that was found abandoned on the Longstanton - Oakington Road, two decades ago. The bike dates from 1940-1960, but its history beyond this approximate date of manufacture is unclear. It was found not far from St Michael's Mount and close to the location where RAF security would have controlled access to the airfield road. Also on display was the RAF uniform of Squadron Leader Charles Lofthouse. In 1943, Charles and his crew found themselves held in the 'Great Escape' Prisoner of War camp, Stalag Luft 3. His Navigator Dennis Cayford was in the tunnel 'Harry' when it was discovered but he was lucky enough to get back into the hut before the guards entered. Dennis was one of the original members of the Heritage Society and we are grateful to both him and the Lofthouse family for their support over the years and the chance to share their stories.

Of course, as has been the case from the outset, the Heritage Society welcomes stories and information on RAF Oakington, particularly during the war years, from across Europe where inevitably there is a mixture of information and opinion; all of which has validity and should be equally promoted.



Sqd. Leader C. Lofthouse (left) and his Navigator D. Cayford. This photo was taken in the Stalag Luft 3 POW camp, after their plane was shot down in 1943

As part of the Midsummer Festival, we were delighted to have been alongside an East of England based "Living History" group called Flintheath. They don't re-enact famous battles as such but, focussing on the period 600 - 1600AD, they dress in costume, give small combat displays and demonstrate medieval crafts. This follows last year's event where the Heritage Society arranged for 'Hereward-the Wake' to attend to recount the story of his defence of Aldreth Causeway from the advance of William the Conqueror and his army. It is clear from the enthusiastic interest of the children to these 'living history' events that it is a great way to stimulate an interest in history at a young age.

The Heritage Society was delighted by the interest being shown towards our work by many Northstowe residents and we encourage everyone to join the Society.

LDHS is currently waiving this year's membership fees so now is a great time to join us. This will ensure we can work together to help develop a community led Heritage Strategy for Northstowe. The Heritage Society has a role within the Northstowe and Longstanton Heritage Steering Group and we welcome the opportunity to represent the views of Northstowe, Longstanton and Oakington residents on all heritage matters.



### LDHS Archival Storage

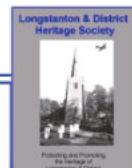
The Heritage Society is pleased to announce that the Committee has taken the necessary steps to relocate the LDHS Archives to a new storage facility at Bar Hill. This move currently comes at an expense to the Heritage Society but we hope that the cost will be refunded by the County Council. This move to a storage facility must be temporary and short term. Delivery of display and storage facilities for the LDHS Archives within Northstowe, as per the Phase 2 Section 106 planning obligation, is essential. If this commitment is not met and the County Council cannot fund temporary storage as we have been given to understand they will, then there will be no choice but to break up the physical archives in due course, with a view of handing the material over to Longstanton Parish Council (for inclusion in their new building on the Over Road) and / or the Cambridgeshire Collection.

The Heritage Society wishes to thank Charlie of CB Storage (Bar Hill) and his team for their help and support in organising a suitable store for the LDHS Archives and we are grateful that their storage facility can offer the temporary home that the LDHS Archives need.

### LDHS AGM

The 2025 AGM will take place before the end of year, with the date yet to be decided. As usual, members will be advised of the details prior to the meeting taking place. Please contact us if you would like further information or would be interested in joining the committee.

### Hilary Stroud



For all your decorating needs,  
Cambridge and beyond.

# Pattersons

PAINTING AND DECORATING SERVICES

**Free Estimates & Advice**  
Call Now: 07754 712 287

pattersonspandd@yahoo.com

# JASON KIRBY

*Professional Painting  
& Decorating Ltd*

All Aspects of Internal & External Decorating

Period, Residential & Commercial Properties.

Wallpaper & Mural Install

Kitchen Cabinet & Furniture Re-Sprays.

Floor Sanding & Restoration.

City & Guilds, NVQ Qualified.

Service, Quality & Reliability.



01954 211775  
[www.jasonkirbyltd.co.uk](http://www.jasonkirbyltd.co.uk)

## Host International Students

Are you looking to make a positive impact while earning extra income?

EngXcel invites you to become a host in our popular homestay programme!



From  
**£175  
PER WEEK**

**COMPETITIVE RATES,  
PAID PROMPTLY!**

- Flexible hosting
- Supportive community
- Make lifelong connections
- Extra income

Find out more about hosting with EngXcel:



[engxcel.com/host-with-us](http://engxcel.com/host-with-us)



**Your Local Vehicle MOT & Service Centre in Cambridge**

***Our Histon workshop is reliable for all kinds of Repair***

We focus on personalised customer service as well as ensuring fair transparent prices and guaranteeing quality work

All mechanical and MOT repairs take place at the workshop and your vehicle will be maintained exclusively by highly qualified mechanics

**New Road, Impington, Cambridgeshire, CB24 9PJ**

**01223 232 082 - [info@srg-histon.co.uk](mailto:info@srg-histon.co.uk)**

**[www.srg-histon.co.uk](http://www.srg-histon.co.uk)**



**AlphaCEC**  
Leading the Pack in Airport & Long Distance Travel

**Book your Airport or Long distance ride today!**

*We used AlphaCEC for a business transfer from Longstanton to London Heathrow for the first time this week. Brilliant service and a really lovely driver. Highly recommend for business and personal use.*

**\*\*\*\*\* (5\* Facebook Review) Amy Moran**

*I've travelled with three different drivers from Richard's company this year. An extremely safe, comfortable, peaceful, punctual journey every time. I'm delighted to have found such a reliable service and look forward to using them for all my future journeys.*

**\*\*\*\*\* (5\* Google Review) Jo Eadie**



[www.cambridgeexecutivecars.com](http://www.cambridgeexecutivecars.com)  
01954 232300 / 01954 720720



# Hindu Samaj Northstowe (HSN)

At Hindu Samaj Northstowe (HSN), we've been busy these past months, bringing people together, sharing our traditions, and creating new opportunities for learning and connection.



We hosted an interfaith prayer ceremony by Northstowe Lake to mark the tragic Air India Flight AI171 crash. This reflective gathering brought together people of different faiths to offer prayers, share messages of unity, and honour the lives lost, reminding us of the importance of compassion and standing together as one community.



We had a wonderful time at the **Northstowe Midsummer Festival** this June! To mark **International Yoga Day**, we hosted a fun Yoga Pose Challenge for all ages and ran a hands-on sundial activity exploring ancient timekeeping. It was a great chance to share our vision for a much-needed wellbeing space in the town and connect with the community. Thanks to all who joined and helped!

Our **Pop-Up Temple** has quietly become a space of peace, reflection, and togetherness. Whether you come to pray, pause, or simply share a moment of calm with others, all are welcome. It takes place every weekend at The Cabin. This is our small way of keeping a sense of home and community alive in Northstowe.

**Ganesh Utsav** brings together Northstowe families for a joyful celebration. This year, it's bigger and brighter as we join hands with the Cambridgeshire Marathi Families. Everyone is warmly invited to share the music, food, and festive spirit! The high energy Visarjan Procession is not to be missed.

CAMBRIDGESHIRE **Ganesh Utsav** in NORTHSTOWE

All are invited: Celebrate Ganesh Chaturthi with us!

**31st Aug '23 10 am - 5 pm**

**Western Park Pavilion**  
Northstowe CR24 1BF

9:30 - 10 am - Welcome Shri Ganesh  
10 - 11 am - Shri Ganesh Installation  
12 - 1 pm - Cultural Event Performances & Activities  
1 - 3 pm - Mahaprasad/Community Meal  
4 - 5 pm - Visarjan Procession (from venue to lakes)

Scan for more details & to register  
Voluntary donation of £5 per family towards the Hindu Temple Project and to cover costs

**HSN**   
**CAMBRIDGESHIRE MARATHI COMMUNITY**

Contact: Rahul - 07511707874, Neal - 07773 775012  
[fb.me/hindusamajnorthstowe](http://fb.me/hindusamajnorthstowe) [www.hindusamajnorthstowe.org](http://www.hindusamajnorthstowe.org) [hindusamajnorthstowe@gmail.com](mailto:hindusamajnorthstowe@gmail.com)

Our recent **Guru Purnima** celebration was truly special, with many teachers from local schools joining us. The children from our 'Dharma for Kids & Teens' were delighted to see their mentors there, making the event even more meaningful. It sent a positive message of respect and appreciation for teachers, highlighting the important role they play in shaping young lives.



This summer, HSN, Bright Sparks Lab & CamCare UK are launching **FREE STEM workshops** for children and young people in Northstowe! Explore coding, robotics, and engineering challenges. It's open to all! Let's build skills and community together. Registrations open soon. Follow us on social media and look out for posters around town!

**Bright Sparks LAB**

**Pop-up Temple**  
at The Cabin every Sunday



[fb.me/hindusamajnorthstowe](http://fb.me/hindusamajnorthstowe)

[hindusamajnorthstowe@gmail.com](mailto:hindusamajnorthstowe@gmail.com)

[hindusamajnorthstowe.org](http://hindusamajnorthstowe.org)



# A Jolly June

## For Northstowe Muslims



Northstowe Muslims marked this year's Eid al-Adha with a series of joyful and inclusive events that brought together residents of Northstowe and surrounding villages in a spirit of celebration, unity and friendship.

Eid al-Adha, which means "Festival of Sacrifice" in English, is one of the most important holidays in the Islamic calendar. It commemorates the willingness of Prophet Ibrahim (Abraham) to sacrifice what was dearest to him in obedience to God. The festival reminds Muslims of the virtues of selflessness, generosity and compassion—values that inspire acts of service and care for others, especially those in need.

The first event was the historic Eid al-Adha prayer held on 6 June – the first of its kind in Northstowe. Despite the drizzles earlier that morning, the skies cleared just in time, allowing worshippers to gather in a rare window of sunshine for a heartfelt communal prayer. Following the prayer, attendees shared traditional baklava, adding a sweet touch to this memorable occasion.



On 21 June, Northstowe Muslims took part in the town's **Midsummer Festival**, reflecting the community's strong sense of belonging and shared identity. Volunteers ran a vibrant stall offering free water, juice, watermelon and biscuits to festival-goers. The gesture was warmly received and appreciated as a sign of goodwill, generosity and commitment to community cohesion.



The month's celebrations culminated on 29 June with a festive community gathering in honour of **Eid al-Adha**. This lively event was attended by families from across Northstowe, friends from other faith communities, and local councillors. A range of activities delighted children, including games and a bouncy castle, while adults enjoyed an array of delicious food, tea, coffee, desserts, and refreshing ice cream under the bright summer sun. The atmosphere was one of warmth, joy and shared celebration.



These three events not only celebrated a significant religious occasion but also highlighted the positive role Northstowe Muslims play in building a connected, inclusive, and vibrant town. Through acts of service, hospitality, and celebration, the group continues to strengthen bonds within Northstowe and beyond.



Website: [www.northstowemuslims.org](http://www.northstowemuslims.org)

Twitter: <https://twitter.com/NorthstoweM>

Facebook: <https://www.facebook.com/Northstowe-Muslims-111484854961736>

Instagram: [https://www.instagram.com/northstowe\\_muslims/](https://www.instagram.com/northstowe_muslims/)

# Emmanuel

CHURCH  
NORTHSTOWE

"We sent Timothy, who is our brother and co-worker in God's service in spreading the gospel of Christ, to strengthen and encourage you in your faith" – 1 Thessalonians 3:2

The Christian Church has a rich history of calling and sending ministers to strengthen and encourage local churches. Emmanuel Church Northstowe recently called John Brown to join their staff team.

### Tell us a bit about your background. Have you always been a Christian?

"I grew up in California, raised by my Dad and three older brothers in a non-religious home. I was bit of a Jack-the-lad but began asking the big questions of life as a teenager and became a Christian at 18 years old."

**How did you get from California to Northstowe?** "I served on staff at a church in California for several years before my wife, Sarah, and I were called to move to England to serve a church in London. From there, we started a church in Norwich and, after several years, handed it over to capable, local leaders. Emmanuel Northstowe offered me a position, and I happily said, Yes!"

### What are you most looking forward to about living in Northstowe?

"Those from Northstowe that we've communicated with are so positive about what Northstowe is becoming. And Emmanuel Church has such a clear commitment to help Northstowe develop into the best community possible. It's exciting to move into Northstowe at such a positive stage of development! If you see me at Bug Hunter Waters parkrun, please say hi. I'll be the one sweating profusely and gasping for breath."



Emmanuel Church normally meets every Sunday 10:30am at Northstowe Secondary College.

There are a range of children's groups for 0–11yrs during the sermon, unless it is an all-age service when children stay in throughout. There is usually live music during the service, and free refreshments after the service. If you have any questions about Emmanuel or want to get involved, please visit us any Sunday.

You can find more information on our website: [emmanuelchurchnorthstowe.org](http://emmanuelchurchnorthstowe.org) or email [contact@emmanuelchurchnorthstowe.org](mailto:contact@emmanuelchurchnorthstowe.org)

## BETHEL REVIVAL CHURCH

### A Joyful Beginning – Bethel Revival Church Northstowe

What a powerful and joyful start to the journey God has called us to in Northstowe! Our opening service was a beautiful time of live worship, filled with God's presence from start to finish. We gathered in prayer for our town asking for healing, deliverance, salvation, and for many to grow in the love and knowledge of God. The message focused on "Who Are God's People?", a look at the spiritual DNA of those He calls: A people who practice living Daily with God, who are transformed as a New creation in Christ, and who walk in the full Assurance of his unfailing presence and faithfulness. We also enjoyed hearty fellowship, getting to know one another and building lasting relationships in Christ. We're excited to serve our community by sharing the Good News of Christ, helping others meet Him personally, and growing together in faith.

We know we live in uncertain times surrounded by war, disease, broken relationships, and a world that often feels out of control. Many of us have put our trust in people, systems, or ideas hoping they'll bring peace, only to be left disappointed. But what if we told you there is one who never will?

The God of peace, justice, and love is real - not just a story or tradition, but someone you can actually know. Not second-hand, but for yourself. **What if you met Him? What have you got to lose?**



### You're warmly invited to join us for our Sunday services.

Every Sunday at 10am at Western Park Pavilion, Northstowe

**We'd love to see you there!**  
For more info, feel free to contact us anytime at [bethelrevivalchurchuk@gmail.com](mailto:bethelrevivalchurchuk@gmail.com) or call 07399467660.





## NORTHSTOWE CHURCH NETWORK

praying, exploring, and sharing  
Registered Charity Number 1206577



# The Music That Brings Us Together

**Have you ever noticed how music can connect us even before we know each other's names?**



We recently saw this in action. Over one summer weekend, families shared the songs that lift them up at our "Music Means Something" stall at The Pathfinder School Fayre, then we welcomed Northstowe friends and neighbours to hear Cambourne Community Gospel Choir and The Pathfinder School choir at our Afternoon Tea. As scones were shared and music filled the room, something happened: neighbours clapped along, smiled, and found themselves part of something bigger than any one of us.



We've seen this in our worship gatherings too. At Pathfinder Church and in the Compline Community we've been exploring Psalms: ancient songs of raw emotion and faith. They remind us that music helps us bring our real selves to God — joyful, weary, hopeful, honest. Even toddlers at Little Explorers seem to know this instinctively, belting out redubbed nursery rhymes with full-hearted delight that flows into the week.

We believe music can hold what words alone cannot. It brings us into the present moment, helps us feel less alone, and often stirs something holy. Whether in worship, in school, or at a local event, music can help us listen to each other, and perhaps to God.

That's one reason we're hoping to build the Chapel by the Lake. It will bring together a beautiful chapel for Christian worship and a flexible community centre, all nestled in nature. Spaces for prayer, for performances, for creativity, for connection. A space where music — and life — can flourish.

Read more:  
[www.northstowe.church/chapel](http://www.northstowe.church/chapel)



Revd Beth Cope is Northstowe's vicar and part of the ecumenical Northstowe Church Network team. She's often in The Pathfinder School or at community events — pictured here from the Midsummer Festival. She's your first port of call for Northstowe weddings, baptisms, and funerals.



**PATHFINDER CHURCH**  
praying, exploring, and sharing  
Sundays 9.30-11am  
The Pathfinder School  
  
Bringing together those of all ages and stages of life for interactive Sunday worship and through-the-week links with the school



**LITTLE EXPLORERS**  
time for you, your child, and God  
Thursdays 9.15-10.45am  
The Pathfinder School  
  
Breakfast, storytelling, singing, and multisensory worship for babies, pre-schoolers, and their parents or carers



**COMPLINE COMMUNITY**  
stop, breathe, and pray  
Thursdays 8pm  
Local Homes  
  
Contemplative gatherings, alternating between poetic prayer evenings and spacious discussions, with regular communion meals



Revd Beth Cope is Northstowe's vicar and part of the ecumenical Northstowe Church Network team. She's often in The Pathfinder School or at community events — pictured here from the Midsummer Festival. She's your first port of call for Northstowe weddings, baptisms, and funerals.

T 01954 261 181 E [hello@northstowe.church](mailto:hello@northstowe.church) W [www.northstowe.church](http://www.northstowe.church)

All Saints Church, Rampton Road, Longstanton is the neighbouring parish church of Pathfinder Church, Northstowe, within the Church of England.

Sunday services in All Saints are held at 9.30am as follows:

All Age service on 1st Sundays  
Holy Communion on 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sundays  
Morning Praise on 3<sup>rd</sup> Sundays

Team Rector:  
Rev'd Stephen Dove  
serving Longstanton, Over, Willingham and Swavesey.  
T: (01954) 203459 E: [admin@5folds.org.uk](mailto:admin@5folds.org.uk)



## CATHOLIC CHURCH

Parish Priest: Fr. Simon Blakesley  
St Laurence's Church, 91 Milton Road, Cambridge CB4 1XB

Phone: (01223) 704640

Live streaming available.

Mon, Tues, Thurs, Sat: Mass 9.30am  
Wed, Fri: Mass 12.30  
Sat: Vigil Mass 6.00pm  
Sun: 0800, 9.30 and 11.00am

1st Friday of each month, House Mass locally 7.00pm.  
Please ring on above phone number for details of where this is being held.

## YOUTH AND SCHOOLS

# junior parkrun

## Coming soon to Northstowe!

Free, fun, 2k for 4-14 year olds  
Every Sunday at 9am  
Autumn start date targeted

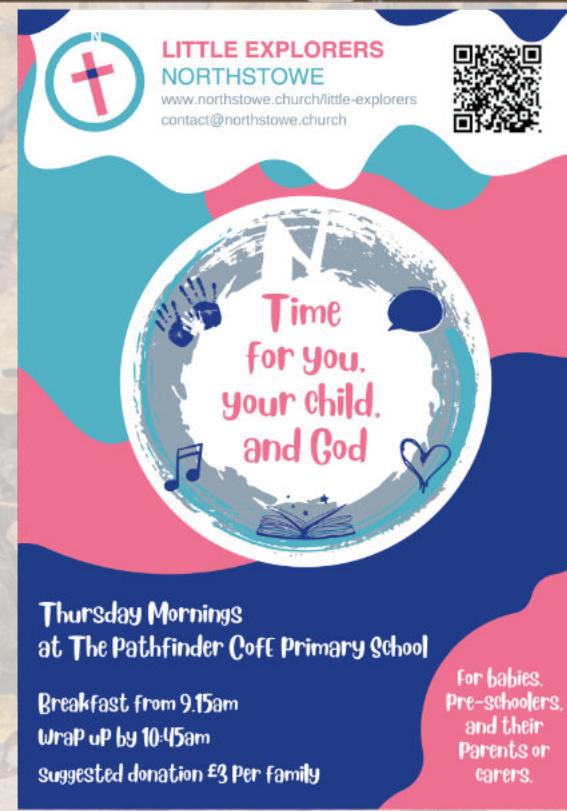
For all the latest news follow us on Facebook  
<https://www.facebook.com/share/g/1JnmB/Gwg/7mibextid=wwXlr>  
(search for Northstowe Juniors)

Interested in helping? Contact us through Facebook or at  
[Northstowejuniors@gmail.com](mailto:Northstowejuniors@gmail.com)  
(Facebook & email for use during the planning phase only)

### 2524 (OAKINGTON) SQUADRON AIR CADETS

2524 (Oakington) Squadron Air Cadets is actively recruiting both cadets and volunteer staff. Our next open evening for new cadets is on the **23rd September 2025**, and we are always seeking to recruit new staff. If you are interested, please contact us via email at [2524@rafac.mod.gov.uk](mailto:2524@rafac.mod.gov.uk).

To find out more about us, please visit [www.raf.mod.uk/aircadets](http://www.raf.mod.uk/aircadets), or follow our Instagram at [@2524.oakington](https://www.instagram.com/2524.oakington)



**LITTLE EXPLORERS NORTHSTOWE**  
[www.northstowe.church/little-explorers](http://www.northstowe.church/little-explorers)  
[contact@northstowe.church](mailto:contact@northstowe.church)

**Time for you, your child, and God**

Thursday Mornings  
at The Pathfinder CofE Primary School

Breakfast from 9.15am  
Wrap up by 10.45am  
Suggested donation £3 per family

For babies, Pre-schoolers, and their Parents or carers.



# AIR CADETS

Aged 12-17 **JOIN US - CADET**

Adventure Training, Flying & Gliding, STEM & Space, DofE Award, Drill & Parades

VISIT OR CALL US TO FIND OUT MORE  
[www.raf.mod.uk/aircadets](http://www.raf.mod.uk/aircadets)  
0345 6006601

#REACHINGFORTHESTARS

**ROYAL AIR FORCE AIR CADETS**  
the next generation.

## BEAVERS, CUBS AND SCOUTS

1st Northstowe Beavers, Cubs and Scouts have been as busy as ever this Summer. You may have seen us recently at both the Hatton Park and Pathfinder School fêtes: many thanks to both schools, our many supporters and to our generous donor Tesco's for all their support. The money raised will be going towards archery kit for the group to allow us to expand the provision we currently offer even further.

In May, our Cubs and Beavers got together for a weekend of camping at Copley Scouting Centre in St Ives. The campfire was a real highlight, with some very silly singing and some tasty marshmallows. Activities included sling-shots, archery and caving, with parents and siblings also able to join in on our Family Day on the Sunday.

Many of our Beavers also attended a trip to Gilwell Park, the home of Scouting, for a fabulous day of adventurous activities, including high ropes, rafting and laser tag, which proved very popular! Back in Northstowe, they have navigated around the lakes, made bee hotels and tie-dyed their own bespoke t-shirts. We are looking forward to our sleepover at the National Space Centre after the Summer.

You may have seen our Cubs out and about around Northstowe recently. Not only have they been hiking locally and joined in with the Bowls Club, they've also had a session on an obstacle course and visited Pets at Home, where they learned how to care for and handle a guinea pig and a rat. In September, some of our older Cubs will be participating in a Cub County Challenge Day, where they will have the opportunity to try out activities our Scouts do, such as climbing and canoeing.

Scouts have been even further afield, travelling to the Brecon Beacons for a weekend of hiking. We were proud to place a team in the Forward 10 Hike in May, which was an all-day 10 mile incident hike. As part of our regular sessions we have been at the rifle range, doing backwoods cooking and bushcraft at our field, completing CPR training with Magpas Air Ambulance and competing in a sports day with Willingham Scouts. Our biggest event coming up is the highly-anticipated Gliding Camp in September.

All three sections will be getting together in July at Skreens Park near Chelmsford, for a weekend of camping, archery, high ropes, raft-building, caving, bushcraft, air rifles and plenty of other adventures.

In Autumn, we are hoping to open a 1st Northstowe Squirrels section for children aged 4-6 years old, and are seeking volunteers to help make this a reality. Please contact [info@1stnorthstowescouts.org.uk](mailto:info@1stnorthstowescouts.org.uk) to find out more about volunteering with us.





**ParkPlay**

**Join ParkPlay, FREE every Saturday morning!**



**Make friends, have fun, get moving!**

**ParkPlay** is two hours of FREE community play every week, with active and inclusive games for all generations to play together! SATURDAYS from 10:30am, on the MUGA behind the Western Park Sports Pavilion. Feel free to come along to try it out and join in there and then. See you soon!

## FRIENDS OF THE ROSIE HOSPITAL



We wish all our customers and supporters an enjoyable summer. With your help we are raising money to make the Rosie a more comfortable environment for mothers and babies.

Thank you for your support at the Bar Hill Fête and Festival last month.

If your best friend is using the summer break to try a new hobby, we probably have some of the equipment and materials you could buy them as a gift. We are sharing our extensive catalogue on our facebook page so you can grab yourself locally sourced, unique, beautifully crafted gifts and accessories for special friends and family. By using our online stores you will be avoiding the crowded shops and keeping yourself safe. You can shop for new items on our website [www.rosieinstitches.org.uk](http://www.rosieinstitches.org.uk) or donated items in our [rosieinstitches2010.ebay.com](http://www.rosieinstitches2010.ebay.com) charity store, and vintage knitting patterns on our facebook page.

Thank you to everyone for raising donations for Friends of the Rosie Hospital with #easyfundraising! If you haven't signed up yet, it's easy and completely FREE. 8,000 shops (many with 50% sales) and sites will donate to us when you use easyfundraising to get summer-ready with selected retailers at no extra cost to you! Every donation you raise makes a difference to us so please sign up and share [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk) today.

New members are always welcome, whether to contribute financially, to join our team of crafters, join our committee, provide transport for our volunteers or display a small selection of our wares. If you would like to donate some of your spare time check out our website's volunteering page for some ideas.

Thank you for your continued support and we wish you all the very best for the summer.

Stay safe  
**Avril Williams**  
 07493692010  
[avril@rosieinstitches.org.uk](mailto:avril@rosieinstitches.org.uk)

and Jo Hall  
 01954 780304





# Northstowe

## Learning Community

As we step into a new academic year, there's a real sense of excitement across the Northstowe Learning Community. From our youngest pupils starting their school journey to our Sixth Formers preparing for their next steps, the year ahead promises growth, opportunity, and memorable experiences.

### **NORTHSTOWE PRIMARY SCHOOL**

The end of the summer term was packed with excitement and celebration. Our pupils took part in a fantastic Sports Day in July, where they demonstrated incredible teamwork, enthusiasm, and determination. It was wonderful to see so many families join us to cheer on the children and share in the fun.

Another highlight was Bikeability for our Reception pupils, giving them the opportunity to develop their cycling confidence and safety awareness. It was a joy to watch their pride as they gained new skills and independence.

As we look ahead, we are thrilled to welcome a brand-new cohort of Reception pupils in September. With numbers growing and new faces joining our community, it's set to be a brilliant start to the year. Meanwhile, our former Reception pupils are now moving up to Year 1, supported by their new teacher, Mr Aguda, and ready for the next exciting stage of their learning journey.



### **NORTHSTOWE SECONDARY COLLEGE**

We are very excited to welcome our new Year 7s in September. Just before the end of term, many joined us for a Meet the Tutor evening and an Induction Day. It was an excellent opportunity to meet staff and fellow pupils before starting their secondary school adventure. We look forward to seeing them grow in confidence as they settle into life here.

We would also like to say a huge well done to our Year 11 students, who completed their GCSEs in the summer term. Their hard work and resilience was impressive, and we wish them the very best of luck for GCSE results day and for whatever exciting paths lie ahead.

Year 10s wrapped up last term with a valuable week of work experience, giving them a real insight into the world of work and helping them prepare for future opportunities beyond school. Thank you to all employers who supported our work experience programme. Our Year 10s also sat their GCSE Ethics exam earlier in the summer, which was an important milestone in their academic journey.

Our summer term was filled with enriching activities and trips. Year 7's enjoyed their first residential camp, followed by a day trip to Warwick Castle. Year 8's had a magical time exploring Harry Potter World, bringing learning to life in a fun and engaging way.



In June, we proudly hosted a fabulous Art Exhibition in our Sixth Form atrium, showcasing an impressive range of work from Year 7 through to Year 12. The creativity and talent on display were a real testament to our students' hard work and imagination.

We were also proud to host the Meridian Trust East Hub Primary and Secondary Showcases, along with the Grand Finale Showcase, which was a vibrant celebration of creativity and talent involving many schools across the Trust and the Northstowe Chorus choir. It was a truly memorable event for everyone involved.

### **NORTHSTOWE SIXTH FORM**

As we begin the new academic year, we are excited to welcome a new group of students into Year 12, joining a growing and ambitious Sixth Form. Back in July, we were delighted to host our Year 11 Welcome Day, where we saw lots of familiar faces, ones we hope to see again as they take their next steps with us.



We're also excited to see our current Year 12s progress into Year 13, ready to embrace their final year with focus and ambition. Before the summer break, our Year 12 geographers headed out on a coastal field trip, and all of our Year 12 students completed up to two weeks of work experience placements, gaining valuable professional insights and preparing for life after Sixth Form. We hope all of our Sixth Formers had a restful and enjoyable break, and we look forward to a successful year ahead.

Finally, we send our very best wishes to all Year 11 students receiving their results this summer - whether they are joining us at Sixth Form or pursuing new paths, we are proud of everything they have achieved and excited for their next chapter.

Here's to a fantastic academic year ahead for all our Northstowe learners! We hope to see you soon either as a pupil, parent, or visitor. Do look out for Northstowe Learning Community job vacancies via MyNewTerm.

Independent Day School



## WHITEHALL SCHOOL

A small class size makes a big difference

"Outstanding and Excellent" ISI Inspection

Nursery & Pre School  
30 Free Hours Funding Available

We welcome visits & admissions throughout the year

 [www.whitehallschool.com](http://www.whitehallschool.com)

 [office@whitehallschool.com](mailto:office@whitehallschool.com)

 +44 (0) 1487 840966

Enquiries: Deborah Parker, Whitehall School,  
Somersham, Cambridgeshire PE28 3EH





Norman Way Industrial Estate, Over - 01954 770777



Servicing



MOT



Diagnostics



Repairs



Air Conditioning



Tyres

Free Collection & Delivery Service | Courtesy Cars Available \*

\*subject to availability.



10% OFF  
MOT & LABOUR  
CHARGES  
WHEN MENTIONING  
THIS ADVERT



ALL NHS Staff receive 10% discount on  
MOTs and Labour charges at all times\*  
\*ID badge needs to be shown

Units 4 & 5 Arthur Court  
Norman Way Industrial Estate  
Over, Cambridgeshire, CB24 5AL

01954 770777  
over@agmotors.net  
www.agmotors.net

agmotors\_net