

## STUDENT QUESTIONNAIRE FOR COUNSELOR RECOMMENDATION

As you know, part of the college application process involves a recommendation by your counselor and your teacher(s), where he/she summarizes your personal and academic strengths and weaknesses. Frequently additional insights help to give an even broader picture of our accomplishments. This questionnaire is designed to solicit your help and acquire a comprehensive picture of you. In addition, it will prepare you for college interviews as well as job interviews. Please complete this form as thoroughly as possible, answering as many questions as you can and return it to your counselor as soon as possible. Feel free to use additional paper, if needed. **Please keep in mind that if you do not submit this questionnaire, a letter of recommendation will not be written on your behalf.**

### PERSONAL

1. List three adjectives that describe how you see yourself. Give examples to explain why you chose these adjectives.

2. What would your closest friends say your three best qualities are? Explain.

3. How would you describe your role within your family?

4. How have you changed as a person/student since freshman year?

5. Describe any unusual circumstances that may have shaped your character, personality or attitudes.

6. What is the most difficult obstacle that you have had to overcome thus far in your life?

7. Do you have any special circumstances which may impact your concerns about college or the cost of college (parent deceased, unemployed, ill, personal issues, health, etc.) about which your counselor should know?

8. What special interests, talents, skills, and hobbies do you have or what do you do with your out-of-school time? How long have you maintained these hobbies/interests? How have these contributed to making you the person you are?

## ACADEMIC

1. How would you describe the classes you have taken at NBTHS in comparison to your peers?

☐ most demanding ☐ very demanding ☐ demanding ☐ average ☐ less than demanding

2. Describe your outstanding achievements that have meant the most to you. (Honor roll, National Honor Society, black belt in karate, etc.)

3. What motivates you to do well in school/succeed?

4. Describe your approach to learning. What kind of student are you in class/out of class? What are your strengths? What have you worked on?

5. In what academic and non-academic areas have you shown the most development and growth during high school?

6. Why do you want to go to college? What do you hope to gain or contribute to this experience? If you have plans other than attending college, what do they include?

7. Do you have an intended major/career? What is it? Did you have a major event or experience that contributed to your choice of major or career objective? If you are undecided, what classes do you find the most interesting?

8. If you had a particularly bad academic year (9, 10, 11 or 12), please explain why.

9. Which courses have you enjoyed most? Why?

10. Which courses have given you the most difficulty? Why? How did you handle this situation?

## **LEADERSHIP, EXTRACURRICULARS & SERVICE ACTIVITIES**

1. How have you reached out and provided service on a voluntary basis to family, friends, school, community, church, neighbors, etc. (i.e. Elijah's Promise, Rock-a-thon, , Habitat for Humanity, Special Olympics etc)? What were your responsibilities? How many hours per school year did you spend in each service or activity? Please be specific.

2. Which volunteer activity/community service project has meant the most to you and why?

3. In what ways have you demonstrated leadership in school, at home, or in the community?

4. List and describe your work experiences. What were your responsibilities? How have they impacted your academic performance?

5. What extra-curricular activity or experience that has been the most important to you? Please explain why.

6. List school and community activities in which you have participated in.  
Use the following “Key Symbols” when completing this form.

P-President

VP-Vice President

S-Secretary

T-Treasurer

M-Member

ED-Editor-in-chief

C-Captain

CC-Co-Captain

MGR- Manager

V-Varsity

JV- Junior Varsity

9th	10th	11th	12th	Activity

7. Please attach a resume listing all extracurricular activities (i.e. sports, clubs, work, community service) that you have been involved in since your freshman year. **A letter of recommendation will not be written if you do not submit a resume.**

### **Additional**

What would you most like your counselor/ teacher to highlight in his/her letter of recommendation? Is there anything else you would like them to know?

*\* Any information you provide may be used by your counselor in his/her recommendation.*

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*\*This form can be downloaded from the NBTHS Guidance Website. If you prefer you may also e-mail your responses to your counselor.*

**THANK YOU!**