

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

## THIS IS A CONFIDENTIAL QUESTIONNAIRE.

Please fill out and give back to your  
counselor by **May 31, 2013**

This questionnaire will be used to gather valuable information to assist your counselor in writing the counselor statements. Please complete the questionnaire thoughtfully and thoroughly. Feel free to use a separate sheet of paper, if necessary. This form must be returned to your counselor by **May 31, 2013**.

## All About You

What 3 adjectives would you use to describe yourself?

\_\_\_\_\_

What 3 adjectives would a teacher use to describe you?

\_\_\_\_\_

What 3 adjectives would a friend use to describe you?

\_\_\_\_\_

What have you accomplished that makes you feel good or proud of yourself? Please describe in detail. (Can be a non-academic accomplishment).

What sets you apart as an individual, in L-S and in the community?

Discuss a leadership role or significant responsibilities you have demonstrated in your life.

Describe the most meaningful volunteer experience and how it impacted you and/or others.

What hobby or endeavor are you most passionate about? Why?

Have there been changes positive or negative, or a particular situation that has occurred in your high school years that you feel affected you, your grades, or your participation in school? (Example: illness in family or self, family hardships, summer experiences).

## **School Information and Career Information**

How have you taken advantage of the L-S Curriculum? Which courses have you enjoyed the most? Why?

Which courses have given you the most difficulty? What steps did you take to overcome the challenge?

Do you want to remind me of a course conflict, specific grade, or academic incident that you would want mentioned in your counselor statement? (Example: could not take a certain course due to scheduling conflicts or enrollment size).

Do you have a disability including a learning disability, health disability (ADHD etc.) or an emotional disability (depression etc.) that has warranted special accommodations? If yes, do you want this information in your counselor statement to provide the context for you academic performance for colleges? College representatives report that they find it helpful to have this information addressed in the counselor statement.

What are your current career and/or life goals?

## Self-Evaluation

Please read the statements below and carefully rate yourself accordingly. Be honest and realistic!

<b>Ratings:</b>	<b>Below Average</b>	<b>Average</b>	<b>Good</b>	<b>Excellent</b>	<b>Outstanding</b>
ability to organize and use time					
self-confidence					
desire to learn new things					
willingness to take risks					
ability to get along with others					
willingness to work hard					
imagination/creativity					
ability to express self					
sense of humor					
concern for others					
emotional maturity					
reaction to setbacks					
ability to understand new concepts					
self-discipline					
growth potential					
leadership					
energy					
motivation					
warmth of personality					
personal initiative					