

Daily Log - 2026-02-03 (Tuesday)

2026-02-04T01:15:51+05:30

1. Faith Protocol (The Non-Negotiables)

Salah (5/5 Required)

- ☐ [Dawn] Fajr
- ☐ [Noon] Dhuhur
- ☐ [Afternoon] Asr
- ☐ [Sunset] Maghrib
- ☐ [Night] Isha

Recurring Rituals

- ☐ [04:00] Salatut Tahajjud (Wake Up)
- ☐ [04:30] Surah Al-Baqarah (If due today)

2. Daily Discipline (The Grind)

- ☐ [05:30] Morning Meditation
- ☐ [05:45] Exercise / Ruck
- ☐ [07:00] Deep Work (Target: 2 Hours)
- ☐ [18:00] Programming Practice / Interview Prep

3. Interview Prep

- ☐ Solved Problems / Questions
 - **Company / Bank:**
 - **Link/Resource:**

4. Reflections

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5. Ad-hoc Tasks