



The blue Morpho butterfly is indigenous to South and Central Mexico. The largest of the genus morpho has a wingspan of 8 inches. The butterfly feeds on the juices of fermenting fruit. The blue butterfly is now raised in commercial breeding programs.

Butterflies are not very filling.
Unless you are a small bird.



The tiger is largest of the four "big cats." Of the nine subspecies of tiger, three are extinct, and the remaining six are classified as endangered. Male tigers require a territory of 60 to 100 square kilometers, females about 20 square kilometers. 2010 is the Year of the Tiger

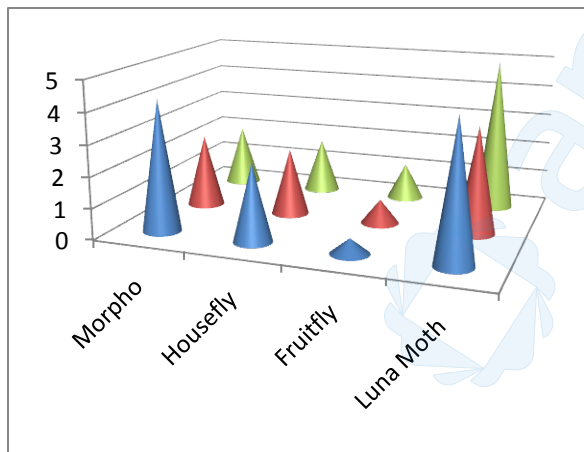


Figure 1: Estimated Calories per Bug

This is a simple ascii text file. It has long lines and explicit line breaks.

<http://www.fleurdelis.com/desiderata.htm>

Desiderata

-- written by Max Ehrmann in the 1920s --

Not "Found in Old St. Paul's Church"! -- see the website above

Go placidly amid the noise and the haste,
and remember what peace there may be in silence.

As far as possible, without surrender,
be on good terms with all persons.
Speak your truth quietly and clearly;
and listen to others,
even to the dull and the ignorant;
they too have their story.
Avoid loud and aggressive persons;
they are vexatious to the spirit.

If you compare yourself with others,
you may become vain or bitter,
for always there will be greater and lesser persons than yourself.
Enjoy your achievements as well as your plans.
Keep interested in your own career, however humble;
it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs,
for the world is full of trickery.
But let this not blind you to what virtue there is;
many persons strive for high ideals,
and everywhere life is full of heroism.
Be yourself. Especially do not feign affection.
Neither be cynical about love,
for in the face of all aridity and disenchantment,
it is as perennial as the grass.

Take kindly the counsel of the years,
gracefully surrendering the things of youth.
Nurture strength of spirit to shield you in sudden misfortune.
But do not distress yourself with dark imaginings.
Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline,
be gentle with yourself.
You are a child of the universe
no less than the trees and the stars;
you have a right to be here.
And whether or not it is clear to you,
no doubt the universe is unfolding as it should.

Therefore be at peace with God,
whatever you conceive Him to be.
And whatever your labors and aspirations,
in the noisy confusion of life,
keep peace in your soul.

With all its sham, drudgery, and broken dreams,
it is still a beautiful world.
Be cheerful. Strive to be happy.

