**Step to push and pull code to and from git hub from macOS:**

1. Create a folder (git or GitHub) on your desktop or anywhere into your favorite location

2. Do right click on folder name and click on “New terminal at folder”

3. git clone <https://github.com/noureenshaik/JAVA-JDBC-BATCH.git> (Now you get all the folders and files from Noureen’s Repo into your local folder)

4. Add texts or files into your folder (your name folder)

5. Now do right click on JAVA-JDBC-BATCH folder and open new terminal at this location (like we did before)

6. git status (it will show your all changes in red color)

7. git add . (Which will add your all the changes or newly added files and folders to the staging area)

8. git status (now you could see all green which previously were red)

9. git commit -m “your message”

10. git pull (make sure your repo is up to date otherwise it will create merge conflict)

11. git push (Done now)

But to keep your local repo up to date open terminal at JAVA-JDBC-BATCH folder location and do “git pull” on some intervals or every day.