



**NOUVEAU NAIL
PROFESSIONAL**

USA

**Training Manual
4th Edition**

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INTRODUCTION

WELCOME TO THE NAIL INDUSTRY!

This is an industry full of exciting opportunities for talented and motivated nail professionals.

You are taking the first step toward your success by becoming a **Certified Nouveau Nail™ Technician**.

As with any industry, there is always plenty of competition. In order to gain a competitive advantage you need to do something that makes you not only different, but better.

First of all, you must use the highest quality products possible without spending so much on your products that you are either sacrificing profitability or overpricing your services. You need a high performance brand that allows you to remain both competitive and profitable. That is why you have chosen **Nouveau Nail™**.

There are many high quality brands that are simply too expensive and there are plenty of less expensive brands that are not high enough in quality.

We are the only brand in the industry that combines the highest quality products with the best possible educational support at fair prices, which allows you to remain both highly competitive and profitable.

Secondly, it is not enough to use our high performance products—you need to know how to use these products properly. That is why we have created this easy to follow training manual to ensure that you know how to perform every service, step-by-step.

Once you have our products and know how to work with them properly, you will be issued a **Nouveau Nail™ Technician Certificate** to post at your nail station. This will distinguish you from other nail technicians and let your customers know that you are an expert on the application of all **Nouveau Nail™** enhancement systems.

Welcome to our worldwide family!

Sincerely,

Paige Kerzner

Director of Education
Americanails.com

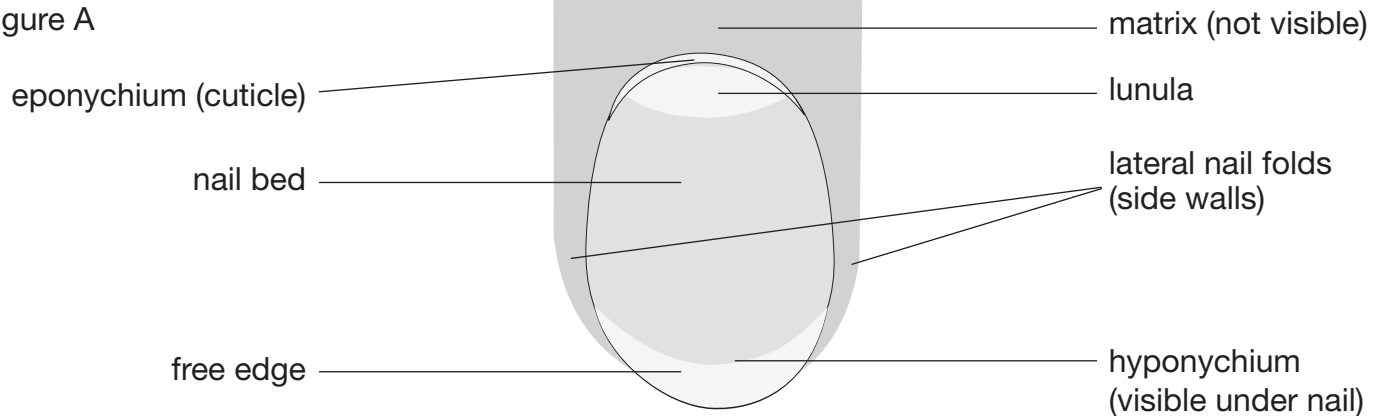
A proud member of the



American Association of
Cosmetology Schools

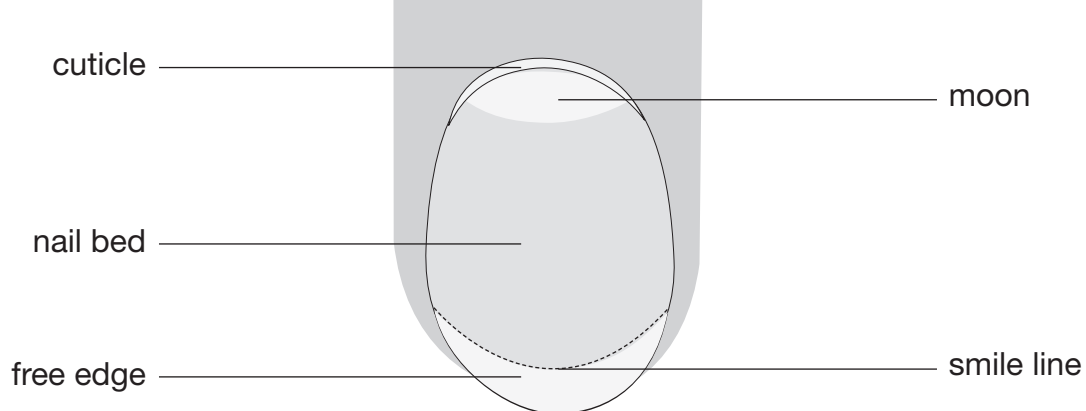
NAIL ANATOMY • TECHNICAL

Figure A



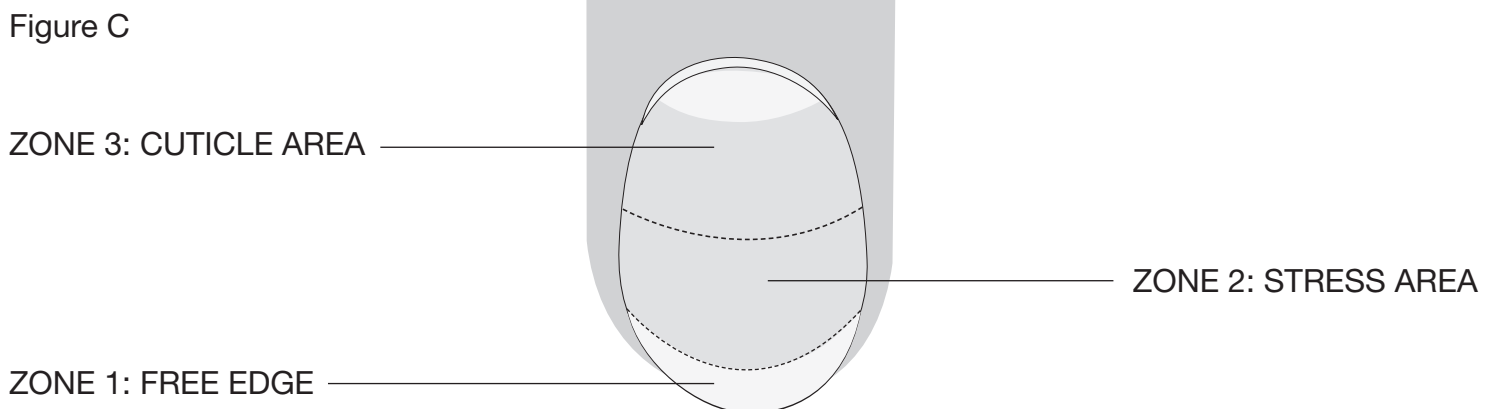
NAIL ANATOMY • COMMON

Figure B



ZONE MAP

Figure C



NOUVEAU NAIL ENHANCEMENT SYSTEMS

CHOOSING THE CORRECT ENHANCEMENT SYSTEM

Advanced Retention Acrylic System

- Easy Application
- Self-Leveling
- Enhanced Adhesion
- Rugged Durability

Odorless Acrylic System

- Acrylic System Without Odor
- Requires Drier Mixing Ratio
- Use Only Clear, Natural & Soft Colors

Odor-Free UV Curable Acrylic System

- Same Benefits Of Odorless Acrylic System
- Product Sets When Cured Under UV Lamp
- Allows For An Adjustable Set Time

Qucik Dip™ Acrylic System

- Odor-Free
- Fast & Simple Application
- Yields Thin, Yet Strong Enhancements

One-Step “Original Formula” UV Gel System

- Odor-Free
- Easy Application
- Self-Leveling
- Ultra-Glossy Finish
- Yields Flexible, Yet Extremely Durable Enhancements
- Minimal Damage To Natural Nail

One-Step “Soak-Off” UV Gel System

- Enhanced Flexibility
- Yields Softer, More Natural Enhancements
- Soaks Off In Pure Acetone In Approximately 10 Minutes

Advanced Formula “Spray-On” Wrap System

- Odor-Free
- Easy Application
- Sheer Strength Fabric Enhances Durability
- Yields Thin, Natural Looking Enhancements

Advanced Formula “Brush-On” Wrap System

- Same Properties As “Spray-On” Wrap System
- Extra Thick Wrap Gel & Silky Smooth Brush-On Activator
- Controlled Application

10-STEP QUICK PREP

THE FIRST TEN STEPS TOWARD SUCCESS WITH ALL NOUVEAU NAIL ENHANCEMENT SYSTEMS

STEP 1 • Sanitize both your hands and your client's hands by washing with anti-bacterial soap and misting with **Refreshing Mint Anti-Spray™**. Misting hands with Anti-Spray™ prior to beginning any service enhances sanitation and helps prevent the spread of illness.

STEP 2 • Perform a mini manicure. Begin by pushing back the cuticle area with a **Nouveau Nail Professional Grade Combination Pusher**.

STEP 3 • Remove shine from natural nail using a **Nouveau Nail Premium Washable 100/180 File**.

STEP 4 • If sculpting, apply forms and skip to Step #9.

STEP 5 • If using tips, select appropriate style and sizes of **Nouveau Nail Professional Nail Tips** and adhere to natural nails using **Extra Strength Nail Glue**.

STEP 6 • Cut tips to desired length with a tip slicer and shape with file.

STEP 7 • Apply **Line Eliminator™** across the tip seam and blend with file.

STEP 8 • Remove shine from nail tips with file.

STEP 9 • Remove dust with a clean manicure scrub brush.

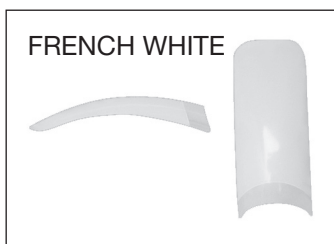
STEP 10 • Mist nails with Refreshing Mint Anti-Spray™ to dehydrate and cleanse the nail surface. Wipe dry with an **EZ Gauze Wipe™**. Anti-Spray™ also contains thymol, which helps prevent growth of mold and fungus beneath enhancements.

OPTIONAL STEP • Apply **Extra Strength Primer** to natural nail only, avoiding all contact with cuticle area. Extra Strength Primer is available in both an acid formula and an acid-free formula. This step is highly recommended for clients prone to lifting.

APPLICATION OF NAIL TIPS & FORMS

Application of nail tips is suggested when there is little or no free edge.

- 1) Follow Steps 1-3 of **10-Step Quick Prep** procedure to prepare nails. (See Page 5).
- 2) Choose the tip style that is right for your client. Tips are used to extend the nail and produce a desired shape. They are available in several shapes and sizes to accommodate your clients' needs and desires. **Nouveau Nail Professional Nail Tips** are available in four styles, including Form Fit, Shallowell, French White and Crystal Clear.



- 3) Fit all ten nails, making certain that the well of the tip is even with the sidewalls.
- 4) Hold tip at the free edge, well side up, and run Extra Strength Glue inside well.
- 5) Carefully “knock” excess glue onto a towel. Holding the tip down at a 45 degree angle, rock it into position. This technique will prevent trapped air between the well of the tip and the natural nail, which causes air bubbles to form.
- 6) Once tips are adhered, follow Steps 6-10 of Quick Prep procedure. (See Page 5).



Application of nail forms is typically used when there is a free edge, but additional length is desired.

- 1) Follow Steps 1-3 of the **10-Step Quick Prep** procedure to prepare nails. (See Page 5).
- 2) Peel form from backing.
- 3) Hold each side of the form between your thumb and pointer finger and ease the form under the free edge and snug to the sidewall.
- 4) Ensure there is no space between the free edge and the nail form and that the form itself is level with the natural nail.
- 5) Pinch the form at the free edge to create a smooth C-curve.
- 6) Once forms are adhered, follow Steps 9-10 of Quick Prep procedure. (See Page 5).

“C-CURVE STICKS” SHAPING TOOLS

Use these exciting new tools to ensure a perfect C-curve every time you sculpt!

Remove the nail forms while the acrylic is still somewhat pliable and align the correct size shaping tool below each free edge.

Using the inside of your thumbs, gently pinch the area of the free edge where the pink and white meet.

This will create a perfect C-curve!



LIQUID & POWDER SYSTEMS

ADVANCED RETENTION ACRYLIC SYSTEM

NOUVEAU NAIL ADVANCED RETENTION ACRYLIC SYSTEM is the most advanced formula liquid and powder system available today. The Advanced Retention Nail Liquid is formulated with UVA and UVB inhibitors to help prevent yellowing. The Advanced Formula Acrylic Powders are a unique formula that combines the adhesion properties of a hard polymer with the flexibility of a soft polymer. Together the liquid and powder create beautiful acrylic nails that boast truly superior adhesion and durability.

SINGLE COLOR APPLICATION

- 1) **10-Step Quick Prep** (See Page 5).
- 2) Pour a small amount of **Advanced Retention Retention Liquid™** into a dappen dish. Immerse your selected **Master Collection Kolinsky Acrylic Brush** into the liquid. Wipe one side of your brush on the side of the dappen dish to reduce the amount of liquid absorbed into the bristles.
- 3) Drag your brush across the surface of the **Advanced Formula Acrylic Powder**, forming a medium-sized ball. If your mixing ratio is successful, the powder will be completely absorbed within a few seconds and the ball will appear shiny and smooth.
- 4) Apply clear ball to Zone 1 to create a “mock” smile line. It is not necessary to take as much time creating the smile line of a one color application as it is with a two color application.
- 5) Wipe your brush clean on an **EZ Gauze Wipe™** between applications of acrylic.
- 6) Create your second ball of clear acrylic and place in Zone 2. Allow the mixture to level on it's own for a few seconds before pressing the product from side to side and lightly extending over the free edge. Zone 2 is extremely important. This is the thickest part of the nail and reinforces the stress area.
- 7) Your final ball will be placed in Zone 3. This smaller ball of product will be pressed from side to side and lightly extended through Zones 2 and 1. Leave a product-free margin around the side walls and cuticle area.
- 8) If this is a sculpted nail, please use the process for **C-Curve Sticks™ Shaping Tools**.
- 9) Use a **Nouveau Nail Washable 100/180 File** to smooth and perfect nails in a few simple steps:
 - a) File straight down the side walls.
 - b) File the free edges to desired shape.
 - c) File along the cuticle area making sure the margin of product is flush with the natural nail.
 - d) Follow the curve of the nail, filing up one side and down the other.*Avoid filing on top of the nail. This will “flatten” the arch that was created in Zone 2.*
- 10) Remove dust with a clean scrub brush.
- 11) Apply **Xtreme Nail™ Cuticle Oil** to nails and massage into cuticles.
- 12) Buff nails with a **Premium White Block Buffer** to remove any remaining imperfections.
- 13) Wash hands thoroughly to remove all traces of oil and dust.

Finishing Options

- Polish with a **Nouveau Spa Lacquer™** and seal with a coat of **Super Fast Top Coat™**.
- Apply a coat of **Glass Seal™** for a durable, glass-like finish, followed by a coat of **Super Fast Top Coat™** for added UV protection.
- Apply a coat of **Super Seal™ UV Gel Sealer** over the nails to achieve a high gloss shine, extreme durability and long-lasting protection. Avoid cuticle area and extend over the free edge to allow for shrinkage. Cure for 3 minutes.

LIQUID & POWDER SYSTEMS

FRENCH ACRYLIC • TWO-COLOR APPLICATION

Select the best color combination to complement your client's skin tone...

- Nouveau Nail™ Pinker Pink & Whiter White
- Nouveau Nail™ Soft Pink & Soft White
- African Manicure™ Sahara Sunset™ & Kilimanjaro White™



TWO-COLOR APPLICATION

- 1) **10-Step Quick Prep** (See Page 5).
- 2) Pour a small amount of **Advanced Retention Nail Liquid™** into a dappen dish. Immerse your selected **Master Collection Kolinsky Acrylic Brush** into the liquid. Wipe one side of your brush on the side of the dappen dish to reduce the amount of liquid absorbed into the bristles.
- 3) Drag your brush across the surface of the **White Advanced Formula Acrylic Powder™** forming a medium-sized ball. If your mixing ratio is successful, the powder will be completely absorbed within a few seconds and the ball will appear shiny and smooth.
- 4) Apply white ball to Zone 1 to create your smile line. Lay bead in the middle of the free edge and, using the body of your brush, guide the product up to one corner and then to the other corner, creating the depth of your smile. Using the tip of the brush, define and shape the smile.
- 5) Wipe your brush clean on an **EZ Gauze Wipe™** between applications of acrylic.
- 6) Create your second ball with the powder color of your choice and place in Zone 2. Allow the mixture to level on it's own for a few seconds before pressing the product from side to side and lightly extending over the free edge. Zone 2 is extremely important. This is the thickest part of the nail and reinforces the stress area.
- 7) Your final ball will be placed in Zone 3. This smaller ball of product will be pressed from side to side and lightly extended through Zones 2 and 1. Leave a product-free margin around the side walls and cuticle area.
- 8) If this is a sculpted nail, use the process for **C-Curve Sticks™ Shaping Tools**. (See Page 6).
- 9) Use a **Nouveau Nail Washable 100/180 File** to smooth and perfect nails in a few simple steps:
 - a) File straight down the side walls.
 - b) File the free edges to desired shape.
 - c) File along the cuticle area making sure the margin of product is flush with the natural nail.
 - d) Follow the curve of the nail, filing up one side and down the other.

Avoid filing on top of the nail. This will "flatten" the arch that was created in Zone 2.
- 10) Remove dust with a clean scrub brush.
- 11) Apply **Xtreme Nail™ Cuticle Oil** to nails and massage into cuticles.
- 12) Buff nails with a **Premium White Block Buffer** to remove any remaining imperfections.
- 13) Wash hands thoroughly to remove all traces of oil and dust.

Finishing Options

- Apply a coat of **Glass Seal™** for a durable, glass-like finish, followed by a coat of **Super Fast Top Coat™** for added UV protection.
- Apply a coat of **Super Seal™ UV Gel Sealer** over the nails to achieve a high gloss shine, extreme durability and long-lasting protection. Avoid cuticle area and extend over the free edge to allow for shrinkage. Cure for 3 minutes.

LIQUID & POWDER SYSTEMS

TWO WEEK FILL-IN • ONE-COLOR APPLICATION

Sanitize both your hands and your client's hands by washing with anti-bacterial soap and misting with **Refreshing Mint Anti-Spray™**. Misting hands with Anti-Spray™ prior to beginning any service enhances sanitation and helps prevent the spread of illness. Anti-Spray™ also contains thymol, which helps prevent growth of mold and fungus beneath enhancements.

Perform a Mini Manicure

- 1) Begin by pushing back the cuticle with a **Nouveau Nail Professional Grade Combo Pusher**.
- 2) Using a **Nouveau Nail Premium Washable 100/180 File**, thin the nail by about 50%. File along the cuticle area, making sure the margin of product is flush with the natural nail.
- 3) If needed, apply **Line Eliminator™** across the margin and blend with file.
- 4) Remove dust with a clean manicure scrub brush.
- 5) Mist nails with Anti-Spray™ to dehydrate and cleanse surface. Wipe dry with an **EZ Gauze Wipe™**.

Optional: Apply **Extra Strength Primer** to natural nail only, avoiding all contact with cuticle area.

Two Week Fill-In Procedure

- 1) Pour a small amount of **Advanced Retention Nail Liquid™** into a dappen dish. Immerse your selected **Master Collection Kolinsky Acrylic Brush** in the liquid. Wipe one side of your brush on the side of the dappen dish to reduce the amount of liquid absorbed into the bristles.
- 2) Drag your brush across the surface of the **Advanced Formula Acrylic Powder™**, forming a medium-sized ball. If your mixing ratio is successful, the powder will be completely absorbed within a few seconds and the ball will appear shiny and smooth.
- 3) Place this ball in Zone 3, pressing from side to side and lightly extending through Zones 2 and 1.
- 4) Wipe your brush clean on an EZ Gauze Wipe™ between applications of acrylic.
- 5) If added reinforcement is needed in the stress area, add a small ball in Zone 2.
- 6) Allow the mixture to level on it's own for a few seconds before pressing the product from side to side and lightly extending over the free edge. Leave a product-free margin around the side walls and cuticle area.
- 7) Use a **Nouveau Nail Washable 100/180 File** to smooth and perfect nails in a few simple steps:
 - a) File straight down the side walls.
 - b) File the free edges to desired shape.
 - c) File along the cuticle area making sure the margin of product is flush with the natural nail.
 - d) Follow the curve of the nail, filing up one side and down the other.

Avoid filing on top of the nail. This will "flatten" the arch that was created in Zone 2.
- 8) Remove dust with a clean scrub brush.
- 9) Apply **Xtreme Nail™ Cuticle Oil** to nails and massage into cuticles.
- 10) Buff nails with a **Premium White Block Buffer** to remove any remaining imperfections.
- 11) Wash hands thoroughly to remove all traces of oil and dust.

Finishing Options

- Polish with a **Nouveau Spa Lacquer™** and seal with a coat of **Super Fast Top Coat™**.
- Apply a coat of **Glass Seal™** for a durable, glass-like finish, followed by a coat of **Super Fast Top Coat™** for added UV protection.
- Apply a coat of **Super Seal™ UV Gel Sealer** over the nails to achieve a high gloss shine, extreme durability and long-lasting protection. Avoid cuticle area and extend over the free edge to allow for shrinkage. Cure for 3 minutes.

LIQUID & POWDER SYSTEMS

FOUR WEEK FRENCH FILL-IN • TWO-COLOR APPLICATION

Sanitize both your hands and your client's hands by washing with anti-bacterial soap and misting with **Refreshing Mint Anti-Spray™**. Misting hands with Anti-Spray™ prior to beginning any service enhances sanitation and helps prevent the spread of illness. Anti-Spray™ also contains thymol, which helps prevent growth of mold and fungus beneath enhancements.

Perform a Mini Manicure

- 1) Begin by pushing back the cuticle with a **Nouveau Nail Professional Grade Combo Pusher**.
- 2) Using a **Nouveau Nail Washable 100/180 File**, thin the nail by about 50%. File along the cuticle area making sure the margin of product is flush with the natural nail.
- 3) If needed, apply **Line Eliminator™** across the margin and blend with file.

Four Week French Fill-In Procedure

- 1) Use your **PNI25 High Power Electric File™** with your choice of either a **Golden Carbide™** bit or a **Real Diamond™** bit. Following above the smile line, ditch out a valley between the free edge and Zone 2 for a “new set” look every time.
- 2) Pour a small amount of **Advanced Retention Nail Liquid™** into a dappen dish. Immerse your selected **Master Kolinsky Collection Acrylic Brush** in the liquid. Wipe one side of your brush on the side of the dappen dish to reduce the amount of liquid absorbed into the bristles.
- 3) Drag your brush across the surface of the **White Advanced Formula Acrylic Powder™**, forming a medium-sized ball. If your mixing ratio is successful, the powder will be completely absorbed within a few seconds and the ball will appear shiny and smooth.
- 4) Apply the white ball to Zone 1 to create your smile line. Lay bead in the middle of the free edge and, using the body of your brush, guide the product up to one corner and then to the other, creating the depth of your smile. Using the tip of the brush, define and shape the smile.
- 5) Wipe your brush clean on an **EZ Gauze Wipe™** between applications of acrylic.
- 6) Create your second ball with the powder color of your choice and place in Zone 2.
- 7) Allow the mixture to level on it's own for a few seconds before pressing the product from side to side and lightly extending over the free edge. Zone 2 is extremely important. This is the thickest part of the nail and reinforces the stress area.
- 8) Your final ball will be placed in Zone 3. This smaller ball of product will be pressed from side to side and lightly extended through Zones 2 and 1. Leave a product-free margin around the side walls and cuticle area.
- 9) Follow Steps 9-13 for French Acrylic Application (See Page 8).

Finishing Options

- Apply a coat of **Glass Seal™** for a durable, glass-like finish, followed by a coat of **Super Fast Top Coat™** for added UV protection.
- Apply a coat of **Super Seal™ UV Gel Sealer** over the nails to achieve a high gloss shine, extreme durability and long-lasting protection. Avoid cuticle area and extend over the free edge to allow for shrinkage. Cure for 3 minutes.

LIQUID & POWDER SYSTEMS

ALTERNATE ACRYLIC SYSTEMS

Odorless Acrylic System

- Same application as Advanced Retention Acrylic System (See Page 7).
- Use only soft color acrylic powders, clear and natural.
- Use drier mixing ratio: remove all liquid from one side of brush and half from the other
- Product sets slower and yields softer enhancements.
- File off tacky layer before finishing.

Odor-Free UV Cured Acrylic System

- Same application as Odorless Acrylic System. (See above).
- Use only soft color acrylic powders, clear and natural.
- Use drier mixing ratio: remove all liquid from one side of brush and half from the other
- Product sets under a **Nouveau Nail Mini Tunnel UV Lamp** in 1-3 minutes.
- File off tacky layer before finishing.

Quick Dip™ Acrylic System

- **10-Step Quick Prep** — Apply nail tips only. (See Page 5).
- Brush a coat of **Brush-On Wrap Gel** over entire nail, avoiding cuticle area.
- Dip entire nail straight into **Quick Dip™ Acrylic Powder**. Tap off any excess powder.
- Repeat the last two steps. Add a third and final coat of Brush-On Wrap Gel.
- Mist nails with **Super Fast Set Activator Spray™**. Nails should be dry within seconds.
- Use a **Nouveau Nail Washable 100/180 File** to shape the free edge and straighten the side walls.
- Follow steps 10-13 for French Acrylic Application (See Page 8).
- Finish with **Nouveau Spa Lacquer™**, **Glass Seal™** or **Super Seal™ UV Gel Sealer**.

For quicker results,
we recommend using the
**PNI25 High Power
Electric File**



UV GEL SYSTEMS

NOUVEAU NAIL ONE-STEP UV GEL SYSTEM

Our best-selling single process gel system boasts easy application, an ultra-glossy finish and incredible strength and durability.

ONE-STEP “ORIGINAL FORMULA” UV GEL APPLICATION • ONE COLOR

- 1) **10-Step Quick Prep** (See Page 5).
- 2) Saturate an **EZ Gauze Wipe™** with **Finishing Wipe** for quick clean up of brush, as needed.
- 3) Drag brush through **One-Step UV Gel** as you would through acrylic powder, keeping the gel to one side of the brush.
- 4) Beginning at the center of the nail, work gel back toward the cuticle area and forward toward the free edge. Do not brush, but guide, the gel by “skating” the surface.
- 5) Use the brush to gently cover the entire nail, leaving a margin around the side walls and cuticle area.
- 6) Extend the gel just over the free edge to allow for shrinkage after curing.
- 7) Complete all four fingers on the first hand.
- 8) Dip a birchwood stick in **Finishing Wipe** to gently clean around the sidewalls and cuticle area. Any gel left in these area will cause lifting.
- 9) Lay the nails in front of a **Nouveau Nail Mini Tunnel UV Lamp** for 10 seconds before entering to prevent burning sensation.
- 10) Cure nails under UV lamp for 2 to 3 minutes.
- 11) Repeat Steps 3-10 on second hand.
- 12) Repeat Steps 3-10 on both thumbs.
- 13) Add a second layer of gel to both hands by repeating Steps 3-10 **without** removing tacky layer between curings.
- 14) After the final curing, saturate an **EZ Gauze Wipe™** with **Finishing Wipe** and completely remove the tacky layer.
- 15) Use a **Nouveau Nail Premium Washable File** to break any seals needed in the side walls.
- 16) If needed, buff away any imperfections with a **Premium White Block Buffer**.
- 17) Remove dust with a clean scrub brush.
- 18) Apply a coat of **Super Seal™ UV Gel Sealer** to each nail, avoiding the cuticle area and extending over the free edge. Cure for 3 minutes.

No tacky layer to remove! Extra glossy finish with added durability!

ONE-STEP “SOAK-OFF” UV GEL SYSTEM

- Same application as “Original Formula.”
- Finish with **Glass Seal™** instead of using **Super Seal™ UV Gel Sealer**.
- Yields softer, more natural enhancements with enhanced flexibility
- For quick removal, lightly file the top of each nail and soak in pure acetone for about 10 minutes.

UV GEL SYSTEMS

FRENCH UV GEL APPLICATION

PINK AND WHITE UV GEL APPLICATION

- 1) **10-Step Quick Prep** (See Page 5).
- 2) Saturate an **EZ Gauze Wipe™** with **Finishing Wipe** for quick clean up of the brush, as needed.
- 3) Lift a small amount of **White One-Step UV Gel** with your gel brush.
- 4) Beginning in the center of the free edge, create the desired depth of your smile line, extending the gel just over the edge to allow for shrinkage after curing. Clean your brush as needed.
- 5) Before curing, perfect your smile line by retracing with a clean gel brush.
- 6) Complete all four fingers on the first hand.
- 7) Lay the nails in front of a **Nouveau Nail Mini Tunnel UV Lamp** for 10 seconds before entering to prevent burning sensation.
- 8) Set nails under lamp for 2 minutes.
- 9) Repeat Steps 3-8 on second hand.
- 10) Repeat Steps 3-8 on both thumbs.
- 11) Drag brush through **Pink One-Step UV Gel**, as you would through acrylic powder, keeping the gel to one side of the brush.
- 12) Beginning at the center of the nail, work gel back toward the cuticle area and up to, but not covering, the free edge. Do not brush, but guide, the gel by “skating” the surface.
- 13) Use the brush to gently cover zones 2 & 3, leaving a margin around the sidewalls and cuticle area.
- 14) Complete all 4 fingers on the first hand.
- 15) Dip a birchwood stick in **Finishing Wipe** to gently clean around the sidewalls and cuticle area. Any gel left in these area will cause lifting.
- 16) Lay the nails in front of **Nouveau Nail Mini Tunnel UV Lamp** for 10 seconds before entering to prevent burning sensation.
- 17) Cure nails under lamp for 2-3 minutes.
- 18) Repeat Steps 11-17 on second hand.
- 19) Repeat Steps 11-17 on both thumbs.
- 20) Drag brush through **Crystal Clear One-Step UV Gel**, as you would through acrylic powder, keeping the gel to one side of the brush.
- 21) Beginning at the center of the nail, work the gel back toward the cuticle area, down to and over the free edge, extending to allow for shrinkage after curing. Do not brush, but guide, the gel by “skating” the surface.
- 22) Complete all four fingers on the first hand.
- 23) Dip a birchwood stick in **Finishing Wipe** to gently clean around the side walls and cuticle area. Any gel left in these areas will cause lifting.
- 24) Lay the nails in front of **Nouveau Nail Mini Tunnel UV Lamp** for 10 seconds before entering to prevent burning sensation.
- 25) Cure nails under lamp for 2-3 minutes.
- 26) Repeat Steps 20-25 on second hand.
- 27) Repeat Steps 20-25 on both thumbs.
- 28) After the final curing, saturate an **EZ Gauze Wipe™** with **Finishing Wipe** and completely remove the tacky layer.
- 29) Use a **Nouveau Nail Premium Washable Nail File** to break any seals needed in the side walls.
- 30) If needed, buff any imperfections with an **Premium White Block Buffer**.
- 31) Remove dust with a clean scrub brush.
- 32) Apply a coat of **Super Seal™ UV Gel Sealer** to each nail, avoiding the cuticle area and extending over the free edge. Cure for 3 minutes.

WRAP SYSTEMS

NOUVEAU NAIL ADVANCED FORMULA WRAP SYSTEM

Our wrap system offers the flexibility of either an ultra-pure thin resin with a spray-on activator or an extra-thick brush-on wrap gel with a unique, silky smooth brush-on activator. When combined with **Sheer Strength Fabric™**, either method will result in extremely strong and long-lasting enhancements. ***Spray on or brush on — the choice is yours!***

SPRAY-ON APPLICATION

- 1) **10-Step Quick Prep** (See Page 5).
- 2) Apply a thin layer of **Advanced Formula Resin™** to the surface of each nail. Cover entire nail up to the free edge without contacting side walls and cuticle area.
- 3) Mist with **Super Fast Set Activator Spray™**, holding the sprayer 6" from the nails.
- 4) Place a strip of Sheer Strength Fabric™ on the nail plate.
- 5) Use scissors to trim fabric to within 1/16" of the side walls and cuticle area, leaving the free edge completely covered.
- 6) Ensure fabric is pressed flat to the nail.
- 7) Spread Advanced Formula Resin™ over each nail surface, making sure to completely saturate the fabric without contacting side walls and cuticle area.
- 8) Mist with Super Fast Set Activator Spray™, holding the sprayer 6" from the nails.
- 9) For added strength, repeat Steps 7 and 8.
- 10) Once nails have set, use a 4-way buffer to smooth any imperfections.
- 11) Remove dust with a clean scrub brush.
- 12) Apply **Xtreme Nail™ Cuticle Oil** to nails and massage into cuticles.
- 13) Buff to a smooth finish.
- 14) Wash hands thoroughly to remove oil and dust.

Finishing Options

- Polish with a **Nouveau Spa Lacquer™** and seal with a coat of **Super Fast Top Coat™**.
- Apply a coat of **Glass Seal™** for a durable, glass-like finish, followed by a coat of **Super Fast Top Coat™** for added UV protection.
- Apply a coat of **Super Seal™ UV Gel Sealer** over the nails to achieve a high gloss shine, extreme durability and long-lasting protection. Avoid cuticle area and extend over free edge to allow for shrinkage. Cure for 3 minutes.

WRAP SYSTEMS

NOUVEAU NAIL ADVANCED FORMULA WRAP SYSTEM

BRUSH-ON APPLICATION

- 1) **10-Step Quick Prep** (See Page 5).
- 2) Apply a coat of **Brush-On Wrap Gel** to the entire nail, avoiding side walls and cuticle area.
- 3) Brush on **Smooth Set™ Brush-On Activator** to set gel.
- 4) In order to preserve the condition of the brush, alternate caps between Smooth Set™ Brush-On Activator and **Brush Kleen™** frequently.
- 5) Place a strip of **Sheer Strength Fabric™** on the nail plate.
- 6) Use scissors to trim fabric to within 1/16" of the side walls and cuticle area, leaving the free edge completely covered.
- 7) Ensure fabric is pressed flat to the nail.
- 8) Apply another coat of Brush-On Wrap Gel, making sure to completely saturate the fabric.
- 9) Brush on Smooth Set™ Brush-On Activator to set the gel.
- 10) For added strength, repeat Steps 8 and 9.
- 11) Once nails have set, use a 4-way buffer to smooth any imperfections.
- 12) Remove dust with a clean scrub brush.
- 13) Apply **Xtreme Nail™ Cuticle Oil** to nails and massage into cuticles.
- 14) Buff to a smooth finish.
- 15) Wash hands thoroughly to remove oil and dust.

Finishing Options

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- Apply a coat of **Glass Seal™** for a durable, glass-like finish, followed by a coat of **Super Fast Top Coat™** for added UV protection.
- Apply a coat of **Super Seal™ UV Gel Sealer** over the nails to achieve a high gloss shine, extreme durability and long-lasting protection. Avoid cuticle area and extend over free edge to allow for shrinkage. Cure for 3 minutes.

TROUBLESHOOTING

Gels seem to still be soft and tacky after finishing.

- Under-curing of gels can be the cause.
- It is better to “over-cure” than “under-cure” the gel.
- Be sure that your UV bulbs are clean and in top working performance.
- Completely remove final tacky layer with Finishing Wipe.

Client feels a heat sensation when her hand first goes into the UV lamp.

- The natural nail plate may be extremely thin.
- Before placing hand into the UV lamp, put the hand in front of the lamp, which will prepare the nails for the UV exposure.
- If the sensations continue, you may want to consider using an alternate Nouveau Nail enhancement system that does not require use of the UV lamp.

There are bubbles visible in the finished gel enhancement.

- Be sure not to “overwork” your product.
- Gels are different than traditional acrylic products and practice is needed.
- Do not brush your gels. Use your brush to move the gel by “skating” the surface, working towards each zone.

Customer comes back because individual layers of gel are lifting.

- Accidentally removing tacky residue **between** layers is most likely the cause.
- Be sure to only remove the **final** tacky layer of gel before finishing nails.
- Take a few extra seconds to exercise care in sealing the free edge of all ten nails.

Gels are cracking.

- Be sure that the thickness of the nail can withstand the client’s daily activities.
- The stress area in Zone 2 should be properly reinforced.

Gel is lifting or popping from the nail plate.

- Prep nails according to the **10-Step Quick Prep** (Page 5). Proper preparation will significantly reduce lifting.
- Take a few extra seconds to exercise care in sealing the free edge of all ten nails.
- Running gel in side walls and cuticle area may be the issue. Before curing each layer of gel, clean the margin around the side walls and cuticle area with a birchwood stick dipped in Finishing Wipe.

TROUBLESHOOTING

The #1 issue most nail technicians experience with acrylic is lifting. Here are some solutions:

- Make sure you are comfortable and practiced with the particular acrylic system you have chosen.
- Each system requires the knowledge of different mixing ratios. *Practice, practice, practice.*
- Always follow the **10-Step Quick Prep** procedure for best results (See Page 5).
- Clean the side walls and cuticle area. Product left behind will definitely lead to lifting and other issues.
- Always wipe your brush clean between applications to prevent contamination of nail liquid.
- Remove oils from nail plates.
- Don't rush through procedures. Taking care during prep and application will help control issues.

Nail Fungus

- Natural nails lifting from the nail bed is the most common sign of a fungal infection.
- Do not confuse nail fungus with the green or black mold that can be filed off the nail plate.
- Always use **Refreshing Mint Anti-Spray™** prior to application of nail enhancements to help prevent the growth of fungus.
- Do not perform enhancement services on new clients with fungal infections. You may perform a manicure service and apply an anti-fungal treatment. Instruct the client about at-home application of anti-fungal treatments. Retail the anti-fungal treatment to the client and schedule a follow-up.
- In the event of fungal infection beneath enhancements, either use an anti-fungal treatment that works with enhancements or remove the enhancements and follow the above course of action.
- In the event of a persistent or serious fungal infection, refer client to a physician for treatment.

NOUVEAU SPA NATURAL NAIL SERVICES

NOUVEAU SPA TROPICAL TWIST NATURAL NAIL SYSTEM

The **Nouveau Spa Natural Nail System** was designed to increase simplicity and decrease expenses without sacrificing the quality of the spa services. There are only five products in the complete range. Four of the products are used in **Nouveau Spa Manicure Services** and all five are used in **Nouveau Spa Pedicure Services**. Each product is made with the finest quality ingredients, with both soothing and invigorating natural fragrances. All products are clearly labeled with a step number...

STEP 1 • RELAX™ Sea Salt Soak with Aromatic Essential Oils

STEP 2 • REMOVE™ Scrub Gel with Aloe Vera & Vitamin E

STEP 3 • REFRESH™ Exfoliating Crème with Eucalyptus & Peppermint

STEP 4 • REJUVENATE™ Crème Mask with Cocoa & Shea Butter

STEP 5 • RENEW™ Hydrating Massage Lotion with Avocado & Grapeseed Oil

NOUVEAU SPA MANICURE

Implements Required: Sanitized **Nouveau Nail Professional Grade Cuticle Nipper**, Sanitized **Nouveau Nail Professional Grade Cleaner/Pusher**, Sealed **Nouveau Nail Washable 180/180 File**
Manicure Service:

- 1) Begin by spraying your implements, your hands and your client's hands with **Refreshing Mint Anti-Spray™** for an added level of sanitation.
- 2) Remove any polish with an **EZ Gauze Wipe™** and polish remover.
- 3) On the first hand, file nails to desired shape.
- 4) Sprinkle 1 or 2 tablespoons of **RELAX™ Sea Salt Soak** into a manicure bowl filled with warm water.
- 5) Place client's hand in the manicure bowl and soak. **RELAX™ Sea Salt Soak** will effectively soften the skin and cuticles while whitening the free edge.
- 6) While the first hand is soaking, file and shape the second hand.
- 7) When you are done filing the second hand, take the first hand out of the manicure bowl and place the second hand in the manicure bowl.
- 8) Pat the first hand dry and begin pushing cuticles back and cleaning under the nails with your **Nouveau Nail Professional Grade Cleaner/Pusher**. Use your **Nouveau Nail Professional Grade Cuticle Nipper** to remove ragged cuticles and hangnails, as needed.
- 9) Apply **REFRESH™ Exfoliating Crème** to lower arm and hand. Massage into skin to gently exfoliate. Wipe away residual with a warm towel.
- 10) Apply **REJUVENATE™ Crème Masque** to lower arm and hand and wrap in a warm towel or a plastic liner with warming mittens to penetrate moisture into the deep layers of the skin.
- 11) Repeat steps 8-10 for the second hand.
- 12) Use a warm towel to remove any excess masque from both hands.
- 13) Apply **RENEW™ Hydrating Massage Lotion** to hands and lower arms; gently massage into skin.
- 14) Spray nails with **Anti-Spray™** and wipe dry to dehydrate the nail prior to application of lacquer.
- 15) Apply **Nouveau Spa Lacquer™** and seal with a coat of **Super Fast Top Coat™** for a durable glossy finish.

NOUVEAU SPA NATURAL NAIL SERVICES

NOUVEAU SPA PEDICURE

Implements Required:

- Sanitized **Nouveau Nail Professional Grade Cuticle Nipper**
- Sanitized **Nouveau Nail Professional Grade Roller Spring Pedicure Nipper**
- Sanitized **Nouveau Nail Professional Grade Cleaner/Pusher**
- Sealed **Nouveau Nail Washable 180/180 File**
- Four (4) **Onezees™ Toe Separators**
- One pair of **Pedeez™ Pedicure Slippers**

Optional:

- Sanitized **Nouveau Nail Professional Grade Ingrown Nail File**
- **PNI25 High Power Electric File™** with **Real Diamond Callus Smoother Bit™**

Pedicure Service:

- 1) Begin by spraying your implements, your hands and your client's feet with **Refreshing Mint Anti-Spray™** for an added level of sanitation.
- 2) Remove any polish with an **EZ Gauze Wipe™** and polish remover.
- 3) Place 1/2 cup of **RELAX™ Sea Salt Soak** into a manicure bowl filled with warm water.
- 4) Place client's feet in the pedicure bath and soak for 5-7 minutes. **RELAX™ Sea Salt Soak** will effectively soften the skin and cuticles while whitening the free edge.
- 5) Remove one foot from the pedicure bath, pat dry and remove any polish with an **EZ Gauze Wipe™** and polish remover.
- 6) Trim toenails with **Nouveau Nail Professional Grade Roller Spring Pedicure Nipper** and file toenails to desired shape. Use **Nouveau Nail Professional Grade Ingrown Nail File** to file corners of nails, as needed.
- 7) Push cuticles back and clean under the toenails with your **Nouveau Nail Professional Grade Cleaner/Pusher**. Use your **Nouveau Nail Professional Grade Cuticle Nipper** to remove ragged cuticles and hangnails, as needed.
- 8) Apply **REFRESH™ Exfoliating Crème** to the lower leg and top of foot. Massage into skin to gently exfoliate. Wipe away residual with a warm towel.
- 9) Apply **REJUVENATE™ Crème Masque** to the lower leg and wrap in a warm towel or plastic wrap to penetrate moisture into the deep layers of the skin.
- 10) Apply **REMOVE™ Scrub Gel** to the bottom of the feet and file with a **Redeez™ Pedicure File**, paying close attention to the heels and callused areas. For heavy calluses you may use a **PNI25 High Power Electric File with Real Diamond™ Callus Smoother Bit™** to smooth rough calluses.
- 11) Repeat steps 5-10 for the second foot.
- 12) Apply **RENEW Hydrating Massage Lotion** to both feet and lower legs and gently massage to lock in moisture.
- 13) Put on **Onezees™ Individual Toe Separators** and **Pedeez™ Pedicure Slippers**.
- 14) Spray nails with **Anti-Spray™** and wipe dry to dehydrate the nail prior to application of lacquer.
- 15) Apply **Nouveau Spa Lacquer™** and seal with a coat of **Super Fast Top Coat™** for a durable glossy finish.

PRODUCT GLOSSARY

Advanced Formula Resin™ – Ultra-pure, thin viscosity resin ideal for use with Super Fast Activator Spray™.

Brush-On Wrap Gel – Triple viscosity brush-on resin for added control. Ideal for use with Smooth Set™ Brush-On Activator.

Extra Strength Primer – Available in either an acid or acid-free formula. Offers an added level of protection against lifting by thoroughly dehydrating and/or etching the nail.

Glass Seal™ – Leaves a glass-like finish on acrylics, gels and wraps. Brightens and defines pink and white enhancements.

Line Eliminator™ – Blends tip seams and erases fill lines with one quick swipe.

Master Collection Kolinsky Brushes – Handmade pure kolinsky sable brush collection with properly balanced lacquered wood handles for precision control.

Nouveau Nail Premium Washable Files – Professional quality reusable nail files are individually sealed for maximum sanitation. Available in black and zebra, straight and boomerang.

Nouveau Nail Professional Grade Implements – Durable stainless steel construction and guaranteed rust-free for life. Complete collection includes various nippers, pushers, tweezers, a callus planer, an ingrown nail file and **Squeezers™ Fabric Scissors**.

Nouveau Nail Professional Nail Tips – Professional quality ABS plastic nail tips in several popular shapes and colors.

Nouveau Spa Lacquers™ – The Classic Spa Collection is DBP, formaldehyde and toluene free in classic shades for any client.

Nouveau Spa Natural Nail System™ – See description at the top of Page 18.

PNI25 High Power Electric File™ – A high power nail drill that can be used to speed up services, reducing the need for heavy filing. Compatible **Real Diamond™** and **Golden Carbide™** bits available.

Nouveau Nail Mini Tunnel UV Lamp – Suggested for use with the **One-Step UV Gel System** and **Odor-Free UV Cured Acrylic System**. Compact design allows for simultaneous curing of fingers and thumb.

Refreshing Mint Anti-Spray™ – Anti-fungal prep spray that dehydrates the natural nail. Contains thymol to help prevent growth of fungus and bacteria. Can be used to spray sanitize implements and files. Spray on hands and feet to help prevent the spread of illness.

Smooth Set™ Brush-On Activator – Silky smooth activator dries resins or wrap gels on contact.

Super Fast Set Activator Spray™ – When lightly sprayed six inches from the nail, this spray instantly dries resins, wrap gels and glues.

Super Fast Top Coat™ – Versatile top coat that dries quickly layer by layer. Bonds with polish to ensure limited chipping. Built-in UV inhibitors guarantee no yellowing. Provides additional protection when applied over Glass Seal™.

Super Seal™ UV Gel Sealer – Apply over any enhancement or over nail art to achieve a high gloss shine, extreme durability, and long lasting protection. No-wipe formula cures in 3 minutes.

