## **NOUVEAU SPA NATURAL NAIL SERVICES**

## **NOUVEAU SPA TROPICAL TWIST NATURAL NAIL SYSTEM**

The Nouveau Spa Natural Nail System was designed to increase simplicity and decrease expenses without sacrificing the quality of the spa services. There are only five products in the complete range. Four of the products are used in Nouveau Spa Manicure Services and all five are used in Nouveau Spa Pedicure Services. Each product is made with the finest quality ingredients, with both soothing and invigorating natural fragrances. All products are clearly labeled with a step number...

- STEP 1 RELAX™ Sea Salt Soak with Aromatic Essential Oils
- STEP 2 REMOVE™ Scrub Gel with Aloe Vera & Vitamin E
- STEP 3 REFRESH™ Exfoliating Crème with Eucalyptus & Peppermint
- STEP 4 REJUVENATE™ Crème Mask with Cocoa & Shea Butter
- STEP 5 RENEW™ Hydrating Massage Lotion with Avocado & Grapeseed Oil

## **NOUVEAU SPA MANICURE**

<u>Implements Required:</u> Sanitized **Nouveau Nail Professional Grade Cuticle Nipper**, Sanitized **Nouveau Nail Professional Grade Cleaner/Pusher**, Sealed **Nouveau Nail Washable 180/180 File Manicure Service:** 

- 1) Begin by spraying your implements, your hands and your client's hands with *Refreshing Mint*\*\*Anti-Spray™ for an added level of sanitation.
- 2) Remove any polish with an *EZ Gauze Wipe™* and polish remover.
- 3) On the first hand, file nails to desired shape.
- 4) Sprinkle 1 or 2 tablespoons of *RELAX*™ *Sea Salt Soak* into a manicure bowl filled with warm water.
- 5) Place client's hand in the manicure bowl and soak. RELAX™ Sea Salt Soak will effectively soften the skin and cuticles while whitening the free edge.
- 6) While the first hand is soaking, file and shape the second hand.
- 7) When you are done filing the second hand, take the first hand out of the manicure bowl and place the second hand in the manicure bowl.
- 8) Pat the first hand dry and begin pushing cuticles back and cleaning under the nails with your Nouveau Nail Professional Grade Cleaner/Pusher. Use your Nouveau Nail Professional Grade Cuticle Nipper to remove ragged cuticles and hangnails, as needed.
- 9) Apply **REFRESH™ Exfoliating Crème** to lower arm and hand. Massage into skin to gently exfoliate. Wipe away residual with a warm towel.
- 10) Apply **REJUVENATE™ Crème Masque** to lower arm and hand and wrap in a warm towel or a plastic liner with warming mittens to penetrate moisture into the deep layers of the skin.
- 11) Repeat steps 8-10 for the second hand.
- 12) Use a warm towel to remove any excess masque from both hands.
- 13) Apply **RENEW™ Hydrating Massage Lotion** to hands and lower arms; gently massage into skin.
- 14) Spray nails with Anti-Spray<sup>™</sup> and wipe dry to dehydrate the nail prior to application of lacquer.
- 15) Apply **Nouveau Spa Lacquer**™ and seal with a coat of **Super Fast Top Coat**™ for a durable glossy finish.