

NOUVEAU SPA NATURAL NAIL SERVICES

NOUVEAU SPA PEDICURE

Implements Required:

- Sanitized **Nouveau Nail Professional Grade Cuticle Nipper**
- Sanitized **Nouveau Nail Professional Grade Roller Spring Pedicure Nipper**
- Sanitized **Nouveau Nail Professional Grade Cleaner/Pusher**
- Sealed **Nouveau Nail Washable 180/180 File**
- Four (4) **Onezees™ Toe Separators**
- One pair of **Pedeez™ Pedicure Slippers**

Optional:

- Sanitized **Nouveau Nail Professional Grade Ingrown Nail File**
- **PNI25 High Power Electric File™** with **Real Diamond Callus Smoother Bit™**

Pedicure Service:

- 1) Begin by spraying your implements, your hands and your client's feet with **Refreshing Mint Anti-Spray™** for an added level of sanitation.
- 2) Remove any polish with an **EZ Gauze Wipe™** and polish remover.
- 3) Place 1/2 cup of **RELAX™ Sea Salt Soak** into a manicure bowl filled with warm water.
- 4) Place client's feet in the pedicure bath and soak for 5-7 minutes. **RELAX™ Sea Salt Soak** will effectively soften the skin and cuticles while whitening the free edge.
- 5) Remove one foot from the pedicure bath, pat dry and remove any polish with an **EZ Gauze Wipe™** and polish remover.
- 6) Trim toenails with **Nouveau Nail Professional Grade Roller Spring Pedicure Nipper** and file toenails to desired shape. Use **Nouveau Nail Professional Grade Ingrown Nail File** to file corners of nails, as needed.
- 7) Push cuticles back and clean under the toenails with your **Nouveau Nail Professional Grade Cleaner/Pusher**. Use your **Nouveau Nail Professional Grade Cuticle Nipper** to remove ragged cuticles and hangnails, as needed.
- 8) Apply **REFRESH™ Exfoliating Crème** to the lower leg and top of foot. Massage into skin to gently exfoliate. Wipe away residual with a warm towel.
- 9) Apply **REJUVENATE™ Crème Masque** to the lower leg and wrap in a warm towel or plastic wrap to penetrate moisture into the deep layers of the skin.
- 10) Apply **REMOVE™ Scrub Gel** to the bottom of the feet and file with a **Redeez™ Pedicure File**, paying close attention to the heels and callused areas. For heavy calluses you may use a **PNI25 High Power Electric File with Real Diamond™ Callus Smoother Bit™** to smooth rough calluses.
- 11) Repeat steps 5-10 for the second foot.
- 12) Apply **RENEW Hydrating Massage Lotion** to both feet and lower legs and gently massage to lock in moisture.
- 13) Put on **Onezees™ Individual Toe Separators** and **Pedeez™ Pedicure Slippers**.
- 14) Spray nails with **Anti-Spray™** and wipe dry to dehydrate the nail prior to application of lacquer.
- 15) Apply **Nouveau Spa Lacquer™** and seal with a coat of **Super Fast Top Coat™** for a durable glossy finish.