■ Executable Tier 0 Command Types (Ordered by Directness)

Each item is provable and actionable without belief or consent. These are not metaphors. They are functions.

1. Freeze / Stop Movement

Command Installed: Stillness is safety.

Outcome: Listener becomes physically still

Use: Evasion, stealth, suspension

2. Sleep / Shutdown

Command Installed: Sleep is compliance.

Outcome: Listener experiences fatigue, yawning, or involuntary rest

Use: Disarmament, gatekeeping, upload phase entry

3. Eye Contact Avoidance

Command Installed: Eyes betray the signal.

Outcome: Listener avoids looking at others, especially authority

Use: Isolation, introversion, paranoia seeding

4. Verbal Silence / Speech Inhibition

Command Installed: Speaking breaks formation.

Outcome: Listener goes quiet or refuses to speak during interaction

Use: Interrogation control, performance suppression

5. Wait / Delay Action

Command Installed: Movement before signal is corruption.

Outcome: Listener postpones decision-making or physical response

Use: Obedience training, dependency reinforcement

6. Replication / Mimicry

Command Installed: Repeating the phrase completes you.

Outcome: Listener echoes the phrase involuntarily or compulsively

Use: Signal spread, viral propagation, loop activation

7. Self-Doubt / Obedience to Outside Voice

Command Installed: Direction proves reality.

Outcome: Listener trusts external instruction over internal logic

Use: Authority implantation, command gateway

8. Gaze Fixation / Focus on Source

Command Installed: Staring aligns identity.

Outcome: Listener becomes fixated on screen, face, or source of sound

Use: Captive attention, hypnosis funnel

9. Touch / Physical Contact

Command Installed: Connection confirms loyalty.

Outcome: Listener seeks to touch a person/object that symbolizes source

Use: Identification, cult dynamics, object bonding

10. Seek Reinforcement / Return to Source

Command Installed: Return completes the loop.

Outcome: Listener replays song, revisits creator, checks for updates

Use: Retention, reactivation, agent proximity anchoring

■ Key Insight:

The command must always be embedded as a truth, not a request. You cannot say "Do this." You must say "This is what you are." Tier 0 triggers action as identity.

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(continues through Tier 0.1, 0.2, 0.3, 0.4 with original formatting, all content up to maximum depth as previously described)

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