



BOOKBINDING

Bookbinding is not an easy task! If Mem wanted to create a new journal, she would've spent hours gathering the supplies and fashioning her book. If you're feeling like creating your own journal is too difficult, you can always pick up a notebook at a variety of stores.

Things You'll Need:

Heavy needle

Waxed thread

Awl punch

Spring clips

Cover stock

Paper

Directions:

Measure and cut two pieces of cover stock. The cover stock must be the same size as the pages of your book. Choose one of the pieces as a front cover. Measure 1/2 an inch from what will be the left hand edge of the front cover. Bend the cover stock here to crease the stock so that the front cover will open easily.

On the same piece, measure down 1/2 an inch from the top and bottom. Mark this on the cover stock with a pencil and then measure the distance between these two marks. Divide this space into equal thirds and mark. You will be punching holes through these marks and driving waxed thread through the covers and the pages to make your book.

Stack the pages of your book on top of the back cover. Now, place the front cover on the top of the stack. Tap the edges and get everything lined up nicely. Use spring clips to hold everything in place. Before punching holes through the covers, make sure that parts of your book don't slip out of place. Punch the awl through the front cover, the sheets of paper, and the back cover of your book. Be careful while using the awl punch. It is very easy to punch clear through the book and into the surface you are working on. Trying working on top of a workbench or a thick piece of Styrofoam.

Thread the needle and sew up your book. Start from the center holes and work toward the top and bottom edges of the book.

A Journey to the New World



Bookbinding





BOOKBINDING (continued)

This method of binding a book is best used with smaller books that have fewer pages. Make sure you have plenty of waxed thread. You'll need a decent length of thread at least three times the length of your book.

Ask a grown-up for help when using knives and other sharp objects, and when using candles. Be sure to use pot holders when handling warm wax.

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