



## Sweet Potato Coffee

## Ingredients You'll Need:

2 sweet potatoes, peeled and sliced thin.

## Directions:

Preheat the oven to 350°F. Lay out the sweet potato slices on a cookie sheet and place in the oven. Allow the sweet potatoes to completely dry out in the oven for a few hours.

After the potatoes are dried, take them out and place the slices in a coffee grinder. Three table-spoons of ground sweet potato "coffee" will make 5-6 cups of coffee.

Always wash your hands before you start preparing food. Ask a grown-up for help when using knives, can openers, choppers, blenders, mixers, ovens or burners. Use pot holders when touching hot pans or trays. Ask a grown-up to help you check to see if your food is completely cooked.

I Thought My Soul Would Rise and Fly

