



Soap Making

Things You'll Need:

Glycerin soap, clear or white (this only works with glycerin soap — do not substitute)

Soap dye in colors of your choice

Soap or candy molds

Microwave-safe liquid measuring cup

Spoon

Popsicle stick or coffee stirrer

Knife (adults only)

Directions:

If you are using bars of soap, cut into three pieces. If you are using purchased glycerin blocks, cut off 2-3 pre-measured chunks. Put the glycerin soap into a measuring cup, and microwave according to package directions (or 20 seconds), then in 10-second intervals until melted. If you want colors, this is the time to add the dye. Add a few drops and stir with a spoon. If you want the color darker, simply add more dye.

Slowly pour the liquid soap into the mold. Set aside to harden for 45 minutes to an hour. Some soaps may harden sooner than others. Rinse out the measuring cup and repeat this process for other colors.

After the soap has cooled completely, pop it out of the molds. If you find this difficult, you can place the soap into the freezer for ten minutes and try again.

Ask a grown-up for help when using knives and other sharp objects. Be sure to use potholders when handling hot soap.

I Thought My Soul Would Rise and Fly



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