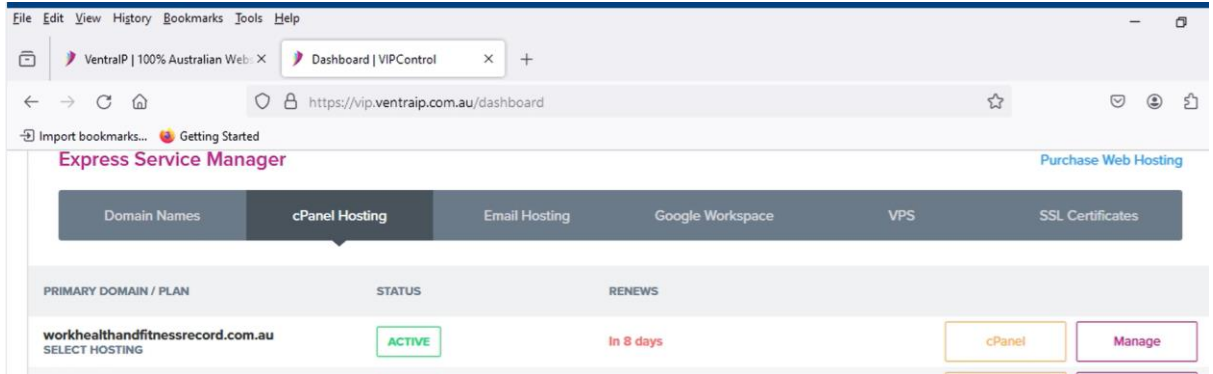


Adding Assessment Pages to Work Health & Fitness Record

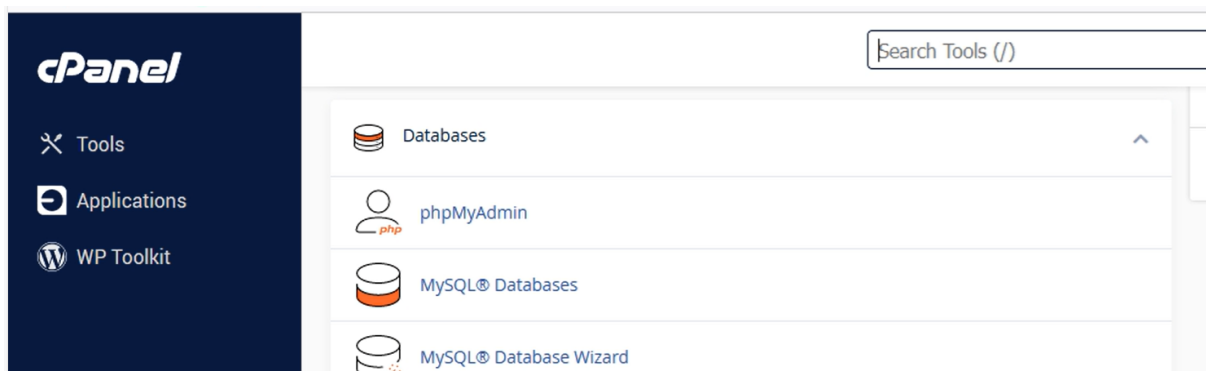
1. Accessing cPanel

- 1) Login into VentralIP
- 2) Go to cPanel for Work Health and Fitness Record

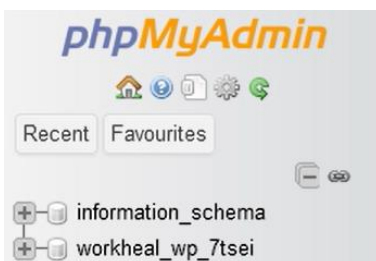


2. Setup the database

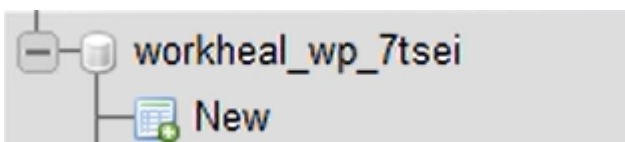
2.1) once in cPanel, scroll down to databases and click 'phpMyAdmin'



2.2) Expand the database by clicking the plus button next to 'workheal_wp_7tsei'



2.3) Click 'New'



2.4) Create the table as needed.

- Give the table a name
- the first column should be id. It should also have Auto Increment turned on as well
- the next column should be user_id
- next column should be date with type as date
- The next columns should be called q1, q2 etc. You can add more columns by entering the number of columns needed on the top near name your table.
- the last column in the table should be total and the type is integer.

The screenshot shows the MySQL Table Designer interface for a table named 'diet_survey'. The table has five columns: 'id' (INT, PRIMARY, AUTO INCREMENT), 'user_id' (INT), 'q1' (INT), 'q2' (INT), and 'total' (INT). The 'id' column is marked as the primary key and has the 'PRIMARY' index. The 'user_id' column is marked as a foreign key. The 'q1' and 'q2' columns are marked as foreign keys. The 'total' column is marked as a foreign key. The interface includes tabs for Structure, SQL, Search, Query, Export, Import, Operations, Routines, Events, Triggers, and Designer. The 'Add' button is visible next to the 'column(s)' label.

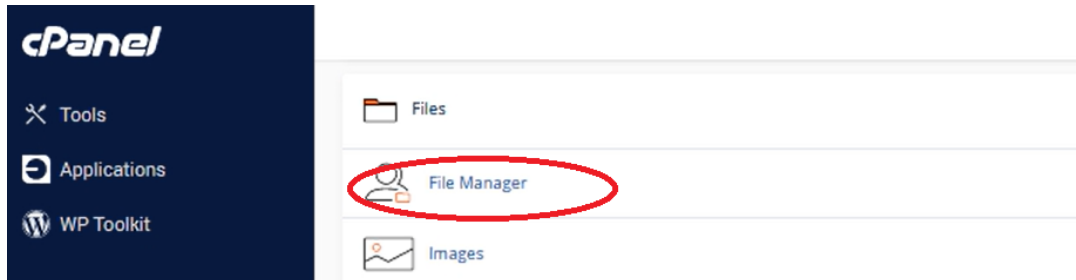
2.5) Once you have created columns, scroll down to the bottom of the page and click 'Save'

The screenshot shows the MySQL Table Designer interface for a table named 'diet_survey'. The table has five columns: 'q2' (INT), 'id' (INT, PRIMARY, AUTO INCREMENT), 'user_id' (INT), 'q1' (INT), and 'total' (INT). The 'id' column is marked as the primary key and has the 'PRIMARY' index. The 'user_id' column is marked as a foreign key. The 'q1' and 'q2' columns are marked as foreign keys. The 'total' column is marked as a foreign key. The interface includes tabs for Structure, SQL, Search, Query, Export, Import, Operations, Routines, Events, Triggers, and Designer. The 'Add' button is visible next to the 'column(s)' label. At the bottom, there are buttons for 'Preview SQL' and 'Save'.

You have now created the table for the page.

3. Create the Assessment Form:

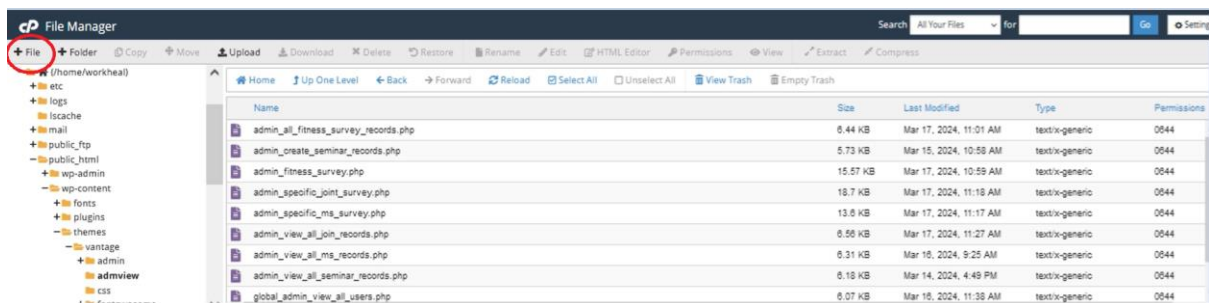
3.1) Go back to cPanel and select 'File Manager'



3.2) In the file structure page, go to:

Public_html -> wp-content -> themes -> vantage -> admview

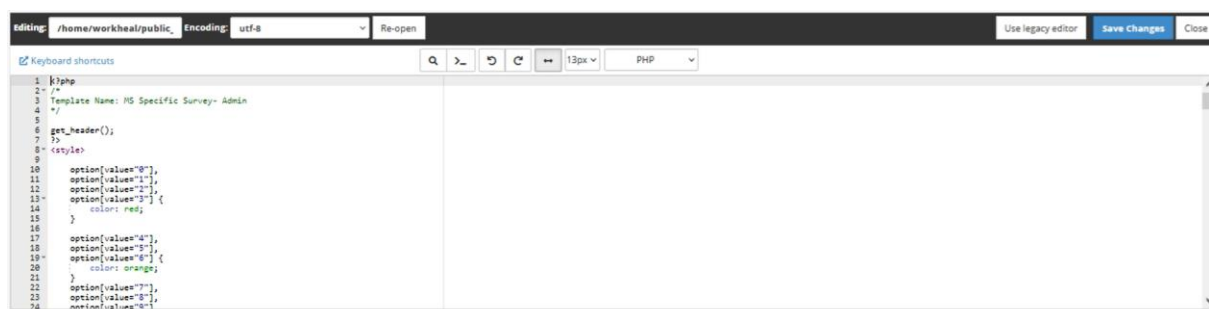
3.3) Click 'File' on the top menu.

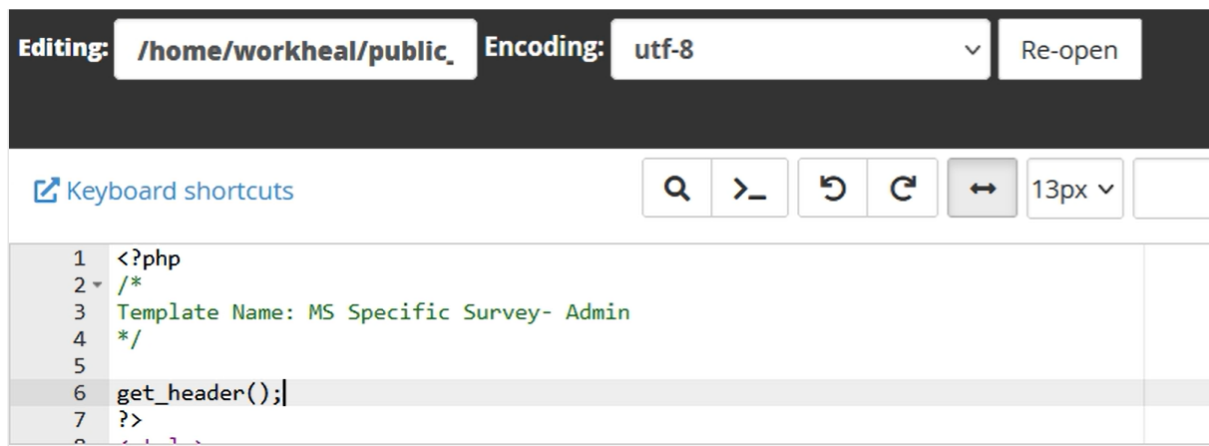


3.4) Give the file a name using this format:

Admin_assessmentname_survey.php

3.5) Go to a previous assessment survey file, click edit on the top menu and it should open up a HTML editor version of the code. Press Ctrl and A to copy the code.

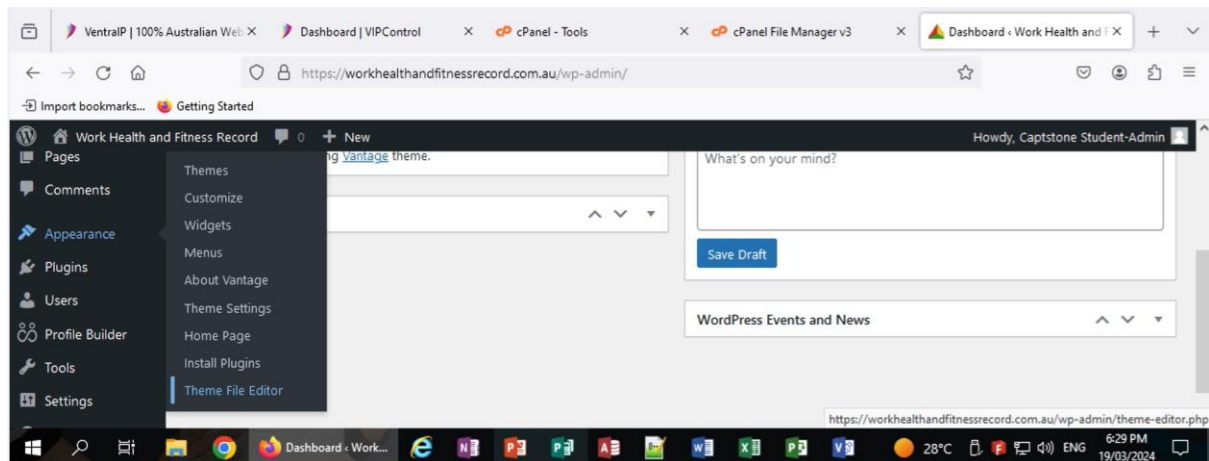




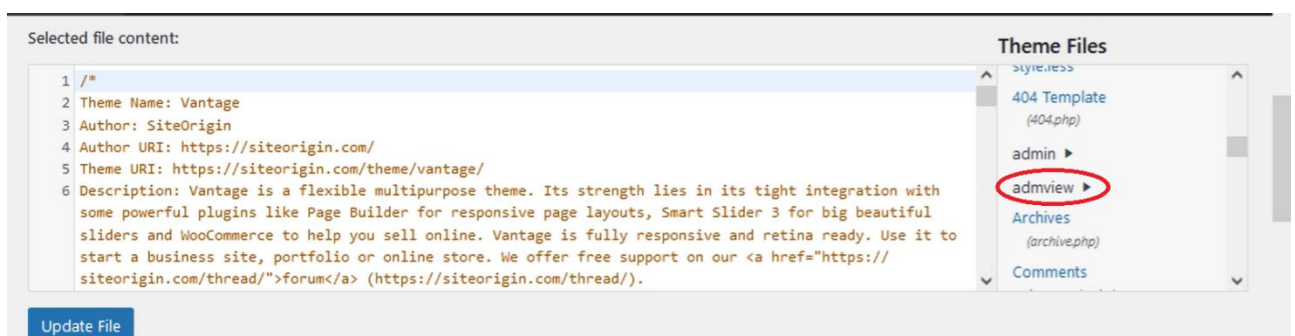
3.9) Click 'Save'

3.10) Now go to WP-Admin for the site (workhealthandfitnessrecord.com.au/wp-admin) and login with admin credentials.

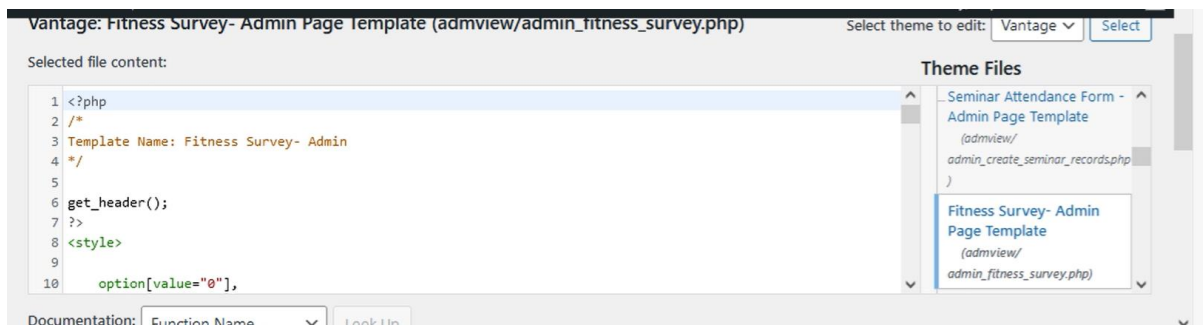
3.11) On the navigation menu, go to appearances -> Theme File Editor and click on that option.



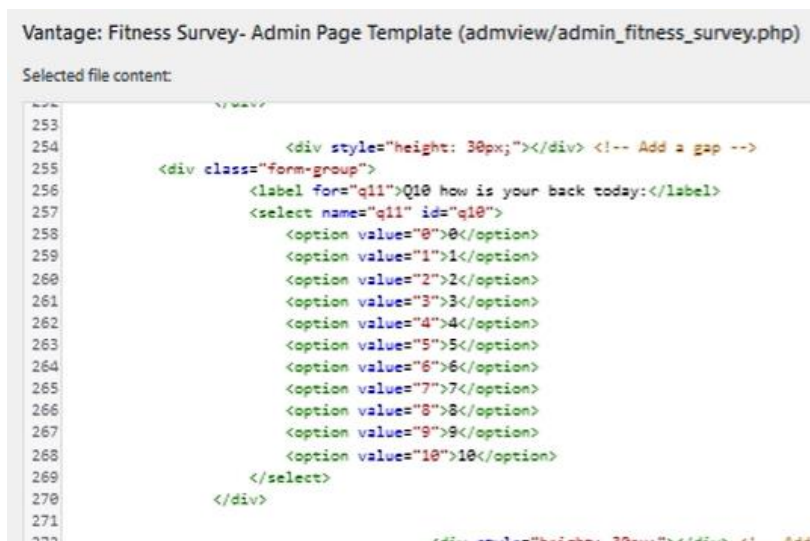
3.12) Scroll down to admview folder.



3.13) Expand it, and find the template that you have created for the survey page.



3.13) Scroll down until you find the question form and you get to the last question.



Copy that section and paste it however many times you need to.

In the questions that you have duplicated, updated the

<label> - for field

<select> - name and id field

With an incremented number

```

<div style="height: 30px;"></div> <!-- Add a gap -->
<div class="form-group">
    <label for="q12">Q10 how is your back today:</label>
    <select name="q12" id="q12">
        <option value="0">0</option>

```

See as above the initial question we copied all has the q11 in those fields, just increment by 1.

3.14) Once you have done this for all the questions, scroll down a bit further till you get to the PHP section

```

// Process form submission
if (isset($_POST['submit_attendance'])) {
    global $wpdb;

    $user_login = sanitize_text_field($_POST['staff_name']);
    $user_id = get_user_by('login', $user_login)->ID;
    $q1 = sanitize_text_field($_POST['q1']);
    $q2 = sanitize_text_field($_POST['q2']);
    $q3 = sanitize_text_field($_POST['q3']);
    $q4 = sanitize_text_field($_POST['q4']);
    $q5 = sanitize_text_field($_POST['q5']);
    $q6 = sanitize_text_field($_POST['q6']);
    $q7 = sanitize_text_field($_POST['q7']);
    $q8 = sanitize_text_field($_POST['q8']);
    $q9 = sanitize_text_field($_POST['q9']);
    $q10 = sanitize_text_field($_POST['q10']);
    $q11 = sanitize_text_field($_POST['q11']);
    $q12 = sanitize_text_field($_POST['q12']);
    $date = sanitize_text_field($_POST['date']);
    $total = $q1 + $q2 + $q3 + $q4 + $q5 + $q6 + $q7 + $q8 + $q9 + $q10 + $q11 + $q12;
}

```

Depending on however many questions you have added, please use the template to create more of the following code for the questions you have added. In our cases, we have added Q12 and Q13 so we must add the additional code in.

```
$q12 = sanitize_text_field($_POST['q12']);
```

```
$q13 = sanitize_text_field($_POST['q13']);
```

Also add \$q13 to the \$total line as well. It will then look like this:

```
$total = $q1 + $q2 + $q3 + $q4 + $q5 + $q6 + $q7 + $q8 + $q9 + $q10 + $q11 + $q12 + $q13;
```

3.15) scroll down a bit further to update the array as well

```

$stable_name,
array(
    'user_id' => $user_id,
    'date' => $date, // Corrected variable name
    'q1' => $q1, // Corrected variable name
    'q2' => $q2, // Corrected variable name
    'q3' => $q3, // Corrected variable name
    'q4' => $q4, // Corrected variable name
    'q5' => $q5, // Corrected variable name
    'q6' => $q6, // Corrected variable name
    'q7' => $q7, // Corrected variable name
    'q8' => $q8, // Corrected variable name
    'q9' => $q9, // Corrected variable name
    'q10' => $q10, // Corrected variable name
    'q11' => $q11, // Corrected variable name
    'q12' => $q12, // Corrected variable name
    'total' => $total, // Corrected variable name
),
array('%d', '%s', '%s', '%s', '%s', '%s', '%s', '%s', '%s', '%s', '%s', '%s', '%s', '%s', '%s')

```

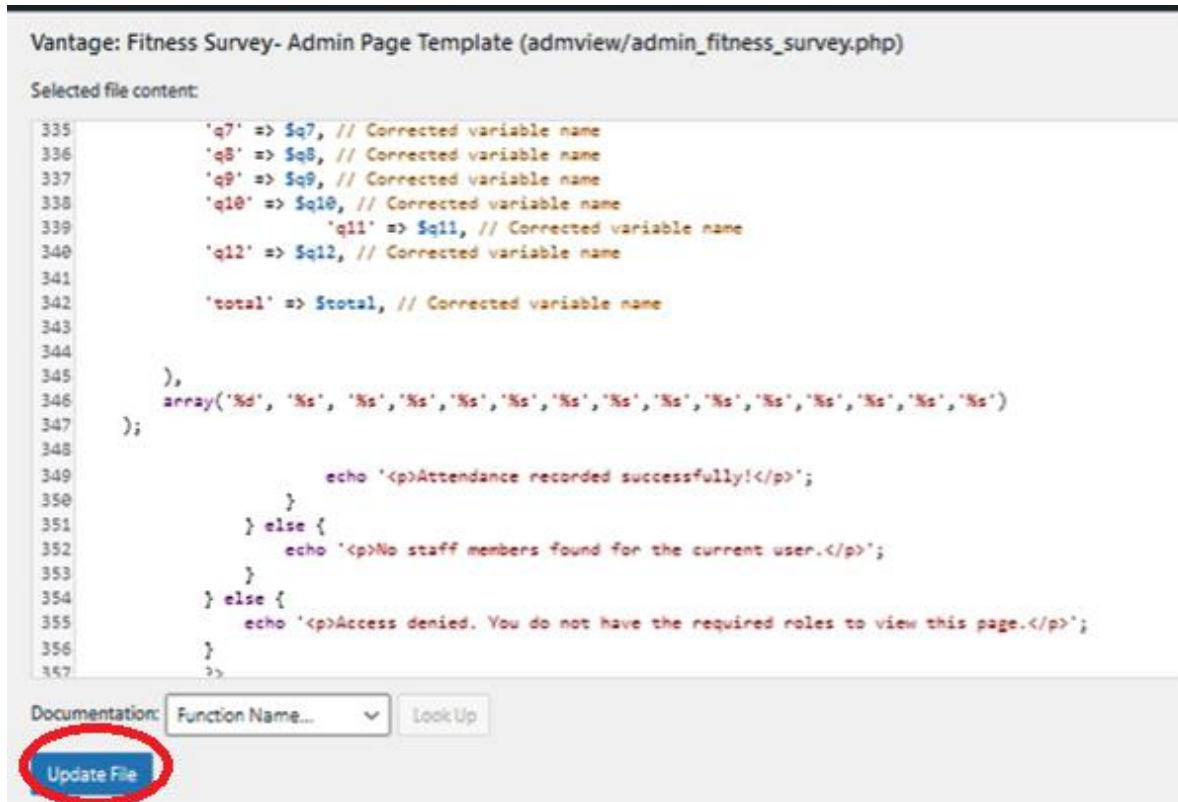
Update the array with the questions you have added in using this format:

'q13' => \$q13,

Then for the second array, add an extra '%s', for however many questions you have added in.

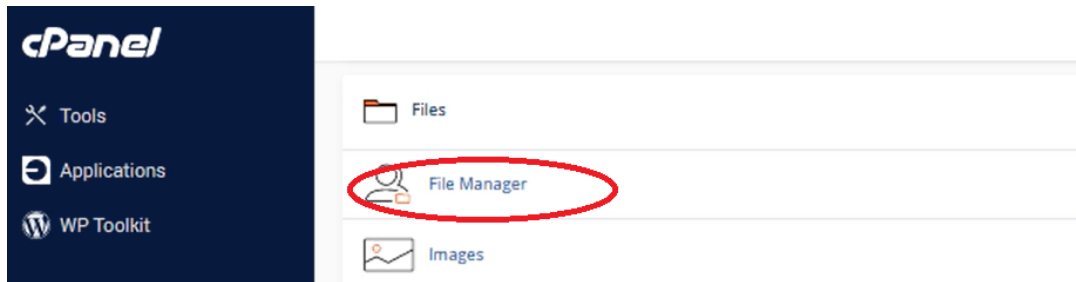
```
array('%d', '%s', '%s','%s','%s','%s','%s','%s','%s','%s','%s','%s','%s','%s','%s')
```

3.16) Once all done, click 'Update file'



4. Create the Org-Wide Records page:

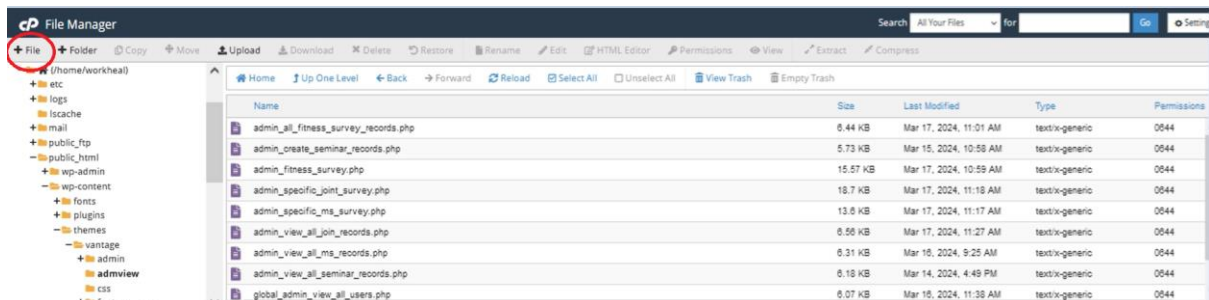
4.1) Go back to cPanel and select 'File Manager'



4.2) In the file structure page, go to:

Public_html -> wp-content -> themes -> vantage -> admview

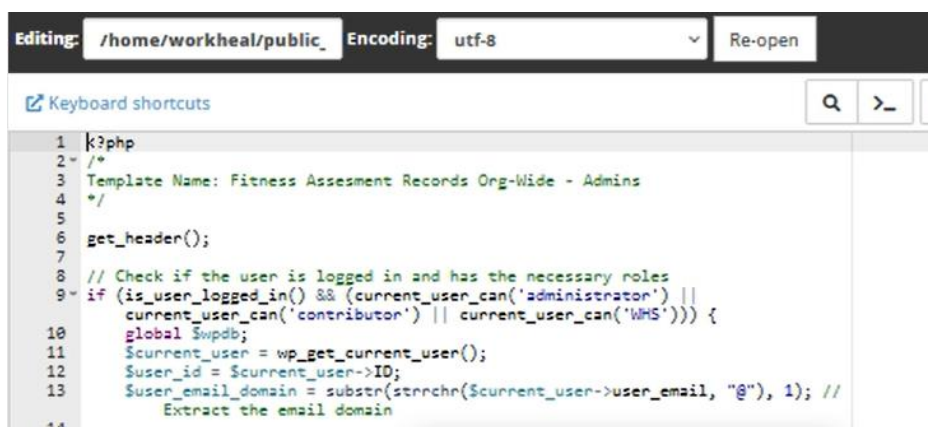
4.3) Click 'File' on the top menu.



4.4) Give the file a name using this format:

Admin_assessmentname_record.php

4.5) Go to a previous records file, click edit on the top menu and it should open up a HTML editor version of the code. Press Ctrl and A to copy the code.



4.6) Click 'Save Changes'

4.7) Click on the file you have just created, click 'Edit' and then paste your code in to the HTML editor.

4.8) Change the template name to the new assessment name and Click 'Save Changes'



4.13) Expand it, and find the template that you have created for the Org-Wide results page.

4.14) Update the text after FROM in the below area with the name of the table that you have created for the assessment.



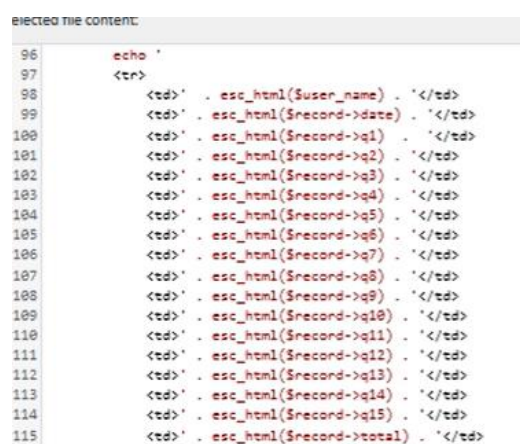
4.15) scroll down further and you should see Table information. Update the Table Header information with names of the questions.



4.16) Scroll down further, till you get to table row area. For this part, add or remove the record field as to however many questions there. Update q15 or whatever number by incrementing up if you have more questions.

<td>' . esc_html(\$record->q15) . '</td>

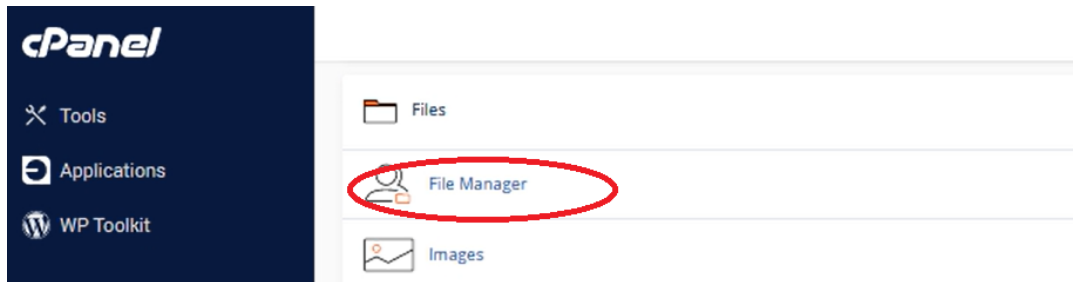
<td>' . esc_html(\$record->q16) . '</td>



4.17) Click Update File at the bottom of the page.

5. Create the User View Records page of an assessment:

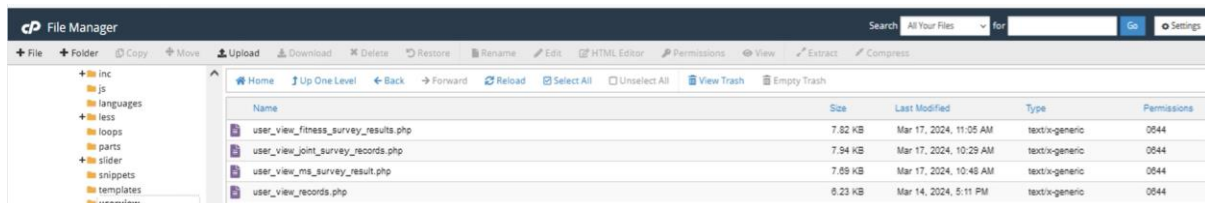
5.1) Go back to cPanel and select 'File Manager'



5.2) In the file structure page, go to:

Public_html -> wp-content -> themes -> vantage -> userview

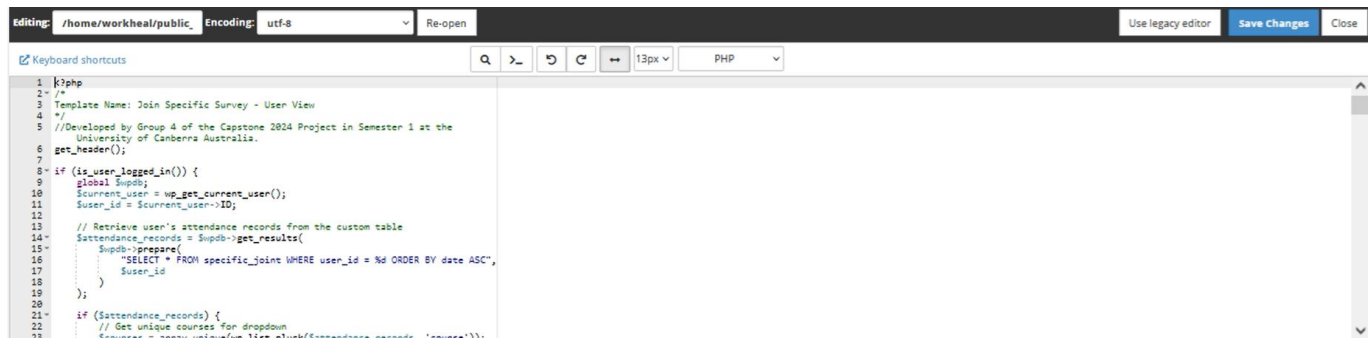
5.3) Click 'File' on the top menu.



5.4) Give the file a name using this format:

user_assessmentname_result.php

5.5) Go to a previous records file, click edit on the top menu and it should open up a HTML editor version of the code. Press Ctrl and A to copy the code.



5.6) Click 'Save Changes'

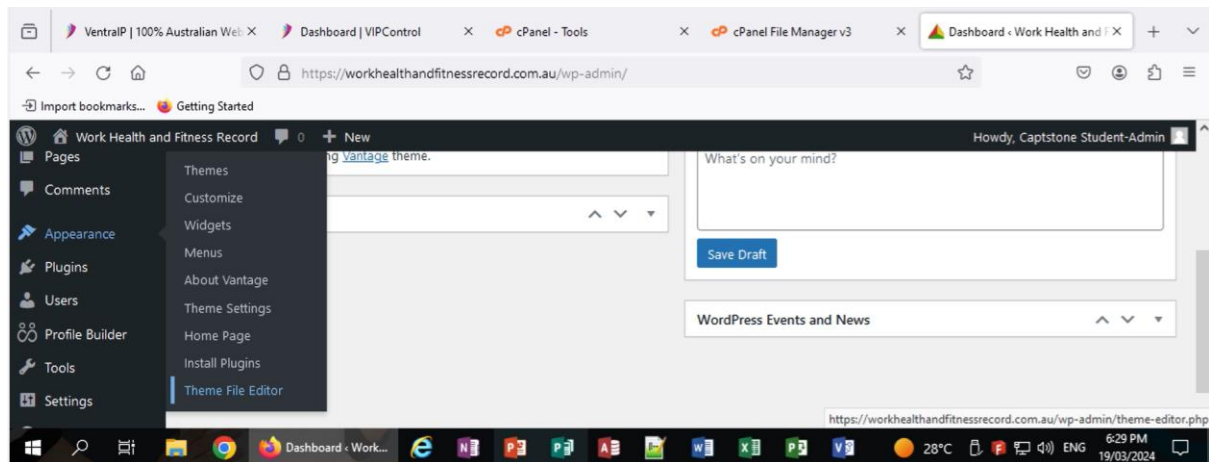
5.7) Click on the file you have just created, click 'Edit' and then paste your code into the HTML editor.

5.8) Change the template name to the new assessment name

5.9) Click 'Save Changes'

5.10) Now go to WP-Admin for the site (workhealthandfitnessrecord.com.au/wp-admin) and login with admin credentials.

5.11) On the navigation menu, go to appearances -> Theme File Editor and click on that option.



5.12) Scroll down to userview folder.

5.13) Expand it, and find the template that you have created for the Assessment results page.

5.14) Update the text after FROM in the below area with the name of the table that you have created for the assessment.

Selected file content:

```

13 // Retrieve user's attendance records from the custom table
14 $attendance_records = $wpdb->get_results(
15     $wpdb->prepare(
16         "SELECT * FROM specific_joint WHERE user_id = %d ORDER BY date ASC",
17         $user_id
18     )

```

5.15) scroll down further and you should see Table information. Update the Table Header information with names of the questions.

```

36 echo '
37     <thead><tr><th>User Name</th><th>Date</th><th>Lower Back</th><th>Upper Back</th><th>Neck</th><th>Right Shoulder</th><th>Left Shoulder</th><th>Right Wrist</th><th>Left Wrist</th><th>Right Hip</th><th>Left Hip</th><th>Right Knee</th><th>Left Knee</th><th>Right Leg</th><th>Left Leg</th><th>Right Food</th><th>Left Foot</th><th>Total</th></tr></thead>'; // Table Header Names
38
39     <tbody>
40         '

```

5.16) Scroll down further, till you get to table row area. For this part, add or remove the record field as to however many questions there. Update q15 or whatever number by incrementing up if you have more questions.

```
<td>' . esc_html($record->q15) . '</td>
```

```
<td>' . esc_html($record->q16) . '</td>
```

Selected file content:

```
96      echo '
97      <tr>
98          <td>' . esc_html($user_name) . '</td>
99          <td>' . esc_html($record->date) . '</td>
100         <td>' . esc_html($record->q1) . '</td>
101         <td>' . esc_html($record->q2) . '</td>
102         <td>' . esc_html($record->q3) . '</td>
103         <td>' . esc_html($record->q4) . '</td>
104         <td>' . esc_html($record->q5) . '</td>
105         <td>' . esc_html($record->q6) . '</td>
106         <td>' . esc_html($record->q7) . '</td>
107         <td>' . esc_html($record->q8) . '</td>
108         <td>' . esc_html($record->q9) . '</td>
109         <td>' . esc_html($record->q10) . '</td>
110         <td>' . esc_html($record->q11) . '</td>
111         <td>' . esc_html($record->q12) . '</td>
112         <td>' . esc_html($record->q13) . '</td>
113         <td>' . esc_html($record->q14) . '</td>
114         <td>' . esc_html($record->q15) . '</td>
115         <td>' . esc_html($record->total) . '</td>
```

5.17) Click Update File at the bottom of the page.