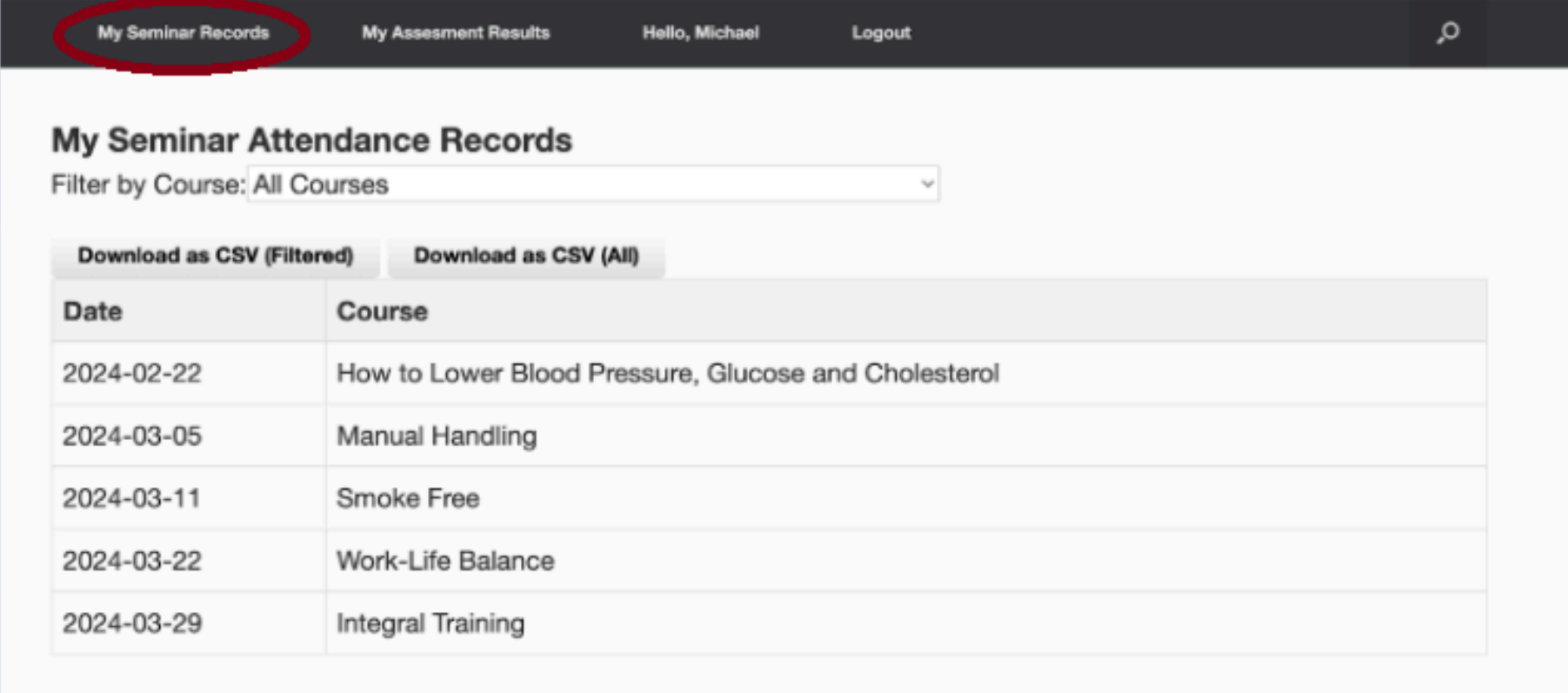


Users - How to view seminar attendance

Users can select “My Seminar Records” via the navbar to view all their seminar attendance records. It shows the user the date completed and the course title.



My Seminar Attendance Records

Filter by Course: All Courses

Download as CSV (Filtered) **Download as CSV (All)**

Date	Course
2024-02-22	How to Lower Blood Pressure, Glucose and Cholesterol
2024-03-05	Manual Handling
2024-03-11	Smoke Free
2024-03-22	Work-Life Balance
2024-03-29	Integral Training

You may also filter by course completed using the dropdown feature.

My Seminar Attendance Records

Filter by Course

Download as CSV

Date	
2024-02-22	
2024-03-05	Manual Handling
2024-03-11	Smoke Free
2024-03-22	Work-Life Balance
2024-03-29	Integral Training

✓ All Courses

How to Lower Blood Pressure, Glucose and Cholesterol

Manual Handling

Smoke Free

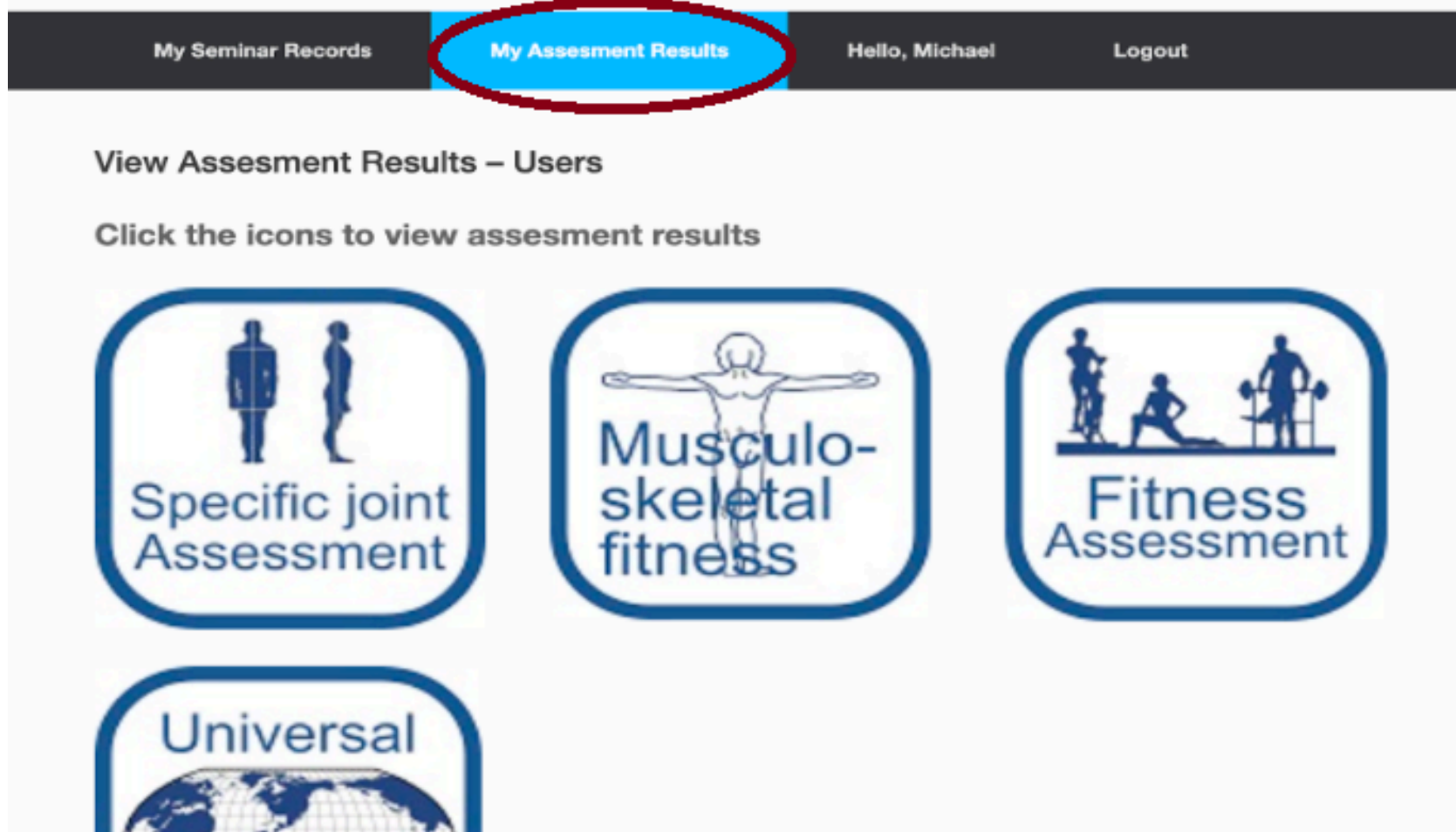
Work-Life Balance

Integral Training

sterol

Users - How to view your assessment records

Select “My Assessment Results” on the navbar to be directed to the assessment results page.



You can select any of the following assessments to view your records and results, you may also select “Download as CSV” to instantly download a CSV file of your results for that assessment. You can also select “View Questions” to open a PDF of the assessment selected.

My Musculoskeletal Assessment Records

Download as CSV

[View Questions](#)

[illegible]

Users - How to edit your details

You can edit your profiles details via the following tab.



Work Health and Fitness Record

[My Seminar Records](#)[My Assesment Results](#)[Hello, Chris](#)[Logout](#)

Edit Profile

Name

First Name

Last Name

Display name publicly as

Chris Evans

▼

Contact Info

E-mail *

Password

Repeat Password