

Robot-FIT (FIT-R) Eligibility Criteria and Demographic Data

- A. I am aged between 18-25 years old [Yes/No]
 - B. How old are you?
 - C. I am currently snacking on foods or drinks that are high in fat or sugar most days (e.g. cakes, lollies, pastries, chocolate, ice cream, energy and sport drinks, etc.) [Not at all, Once a day, Twice a day, Three or more times a day]
 - D. I want to reduce this type of snack food intake [Yes/No]
 - E. I have not been diagnosed with an eating disorder [Yes, I have been diagnosed with an eating disorder/No, I have not been diagnosed with an eating disorder]
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- 1. Gender: Male/Female
 - 2. Age
 - 3. Completed level of education
 - a. Grade 10, Year 12 Certificate, Currently in Tertiary, Completed Undergraduate, Postgraduate Studies, Trade, Diploma or Certificate,
 - 4. Occupational status
 - 5. Marital status
 - a. Single, In a relationship, De-facto, Married, Divorced, Widowed, Separated
 - 6. Country of birth