Use case	View warm-up suggestions
Summary	The user wants to view the suggestion for warming up
Actors	User, web platform
Preconditions	The user is on the web platform and has selected warm-up suggestions
Basic sequence	<ol> <li>The user goes into the website</li> <li>The user clicks on "view warmup suggestions."</li> <li>User selects one</li> <li>The user goes back to home</li> </ol>
Exceptions	The user is not connected to the internet; won't be able to get suggestions
Postconditions	The user is warmed up and ready to use the joint tracker for his run.