

# MaternaMind Chat Transcript

Exported: 20260222\_100925

**You:**

hey there

**Assistant:**

Hello! It looks like you're working on a postpartum depression (PPD) detection and support system—great focus on a critical issue. The retrieved documents highlight some strong elements of your approach, like:

1. **Multimodal Inputs**: Using questionnaires (like the EPDS), wearables, voice journals, and health history for comprehensive screening [source p.1].
2. **Safety & Ethics**: Judges appreciate clear crisis detection (e.g., self-harm language), escalation protocols, and disclaimers about AI not being a diagnostic tool [source p.3].
3. **Clinical Integration**: Your use of risk scoring, ICD mapping, and outputs for doctors/patients/family shows real-world applicability [source p.2].

**Quick tip**: Emphasize the **Edinburgh Postnatal Depression Scale (EPDS)** as your core screening tool—it's widely recognized [source p.3].

If you're seeking support for yourself or someone with PPD, please reach out to a healthcare provider or crisis hotline if there's immediate concern. Let me know if you'd like help refining any part of your project!

\*(Note: The documents don't cover medical advice, only project feedback.)\*

**You:**

Hello there

**Assistant:**

Hello! How can I support you today?

\*(Note: The retrieved documents discuss a PPD detection system for a hackathon but don't contain medical advice. If you're seeking postpartum mental health help, let me know—I can guide you to resources.)\*