

Postpartum Depression Screening Report

Date: February 22, 2026 at 08:21 AM

Record ID: 3

User: test_user_001

Risk Assessment Summary

Metric	Result
Total Score	18
Risk Level	MODERATE

Current Emotional State

Question	Score
Interest/Pleasure	1
Depressed/Hopeless	2
Anxious/Worried	2
Irritable/Angry	1
Difficulty Enjoying Motherhood	1
Thoughts of Not Being Good Mother	2
Thoughts of Harming Self	0

Sleep & Anxiety Indicators

Question	Score
Can Sleep When Baby Sleeps	2
Worried About Baby Health	2
Physically Exhausted	2

Social Support & Relationships

Question	Score
Relationship with Partner	1
Emotional Support	1
Can Confide in Someone	1

Mental Health History

Question	Score
Depression Before Pregnancy	0
Depression During Pregnancy	0
Family History of Mental Illness	0
Experienced Abuse	0

Pregnancy & Postpartum Factors

Question	Score
Unplanned Pregnancy	0
Delivery Complications	0
Baby Health Problems	0