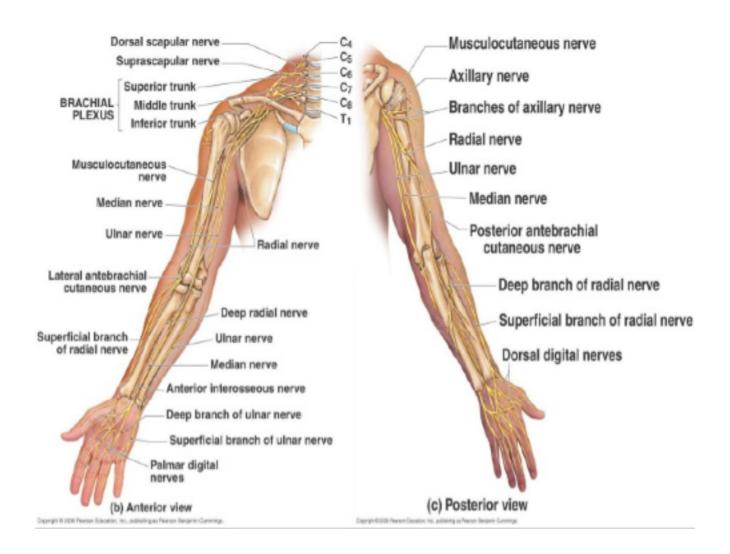
what are these five tiny arms that protrude from the end of my larger arm

- a delicate instrument
- you are an athlete
- who sits on your ass all day
- ruining your hands athletically
- athletes stretch and go to physical therapy!



- your hand nerves come from your neck
- ask your neighbor to move your head
 - oh no they can't