

$$1.2) \quad M = \int_{-\pi}^{\pi} p \cdot d\theta \longrightarrow \left\| \frac{d\psi(\theta)}{d\theta} \right\| \cdot d\theta$$

$$\begin{aligned} \frac{d\psi(\theta)}{d\theta} &= \frac{d}{d\theta} \left(a \cdot \cos \theta (1 + \cos \theta), a \sin \theta (1 + \cos \theta) \right) \\ &= \left(a \sin \theta (-1 - 2 \cos \theta), (2 \cos \theta)^2 \sin \theta - a \right) \end{aligned}$$

$$\begin{aligned} M &= \int_0^{\pi} \left\| \frac{d\psi(\theta)}{d\theta} \right\| \cdot d\theta \\ &= \int_0^{\pi} d\theta = \sqrt{2} \sqrt{a^2 (1 + \cos \theta)} \end{aligned}$$

$$\begin{aligned} &= \int_0^{\pi} d\theta = 4a \cos \left(\frac{\alpha}{2} \right) \end{aligned}$$

$$\rightarrow M_{\alpha} = \frac{1}{4a \cos \left(\frac{\alpha}{2} \right)} \int_0^{\pi} d\theta \cdot \frac{1}{2} = \frac{4a}{5} \quad \left(\frac{\pi}{2}, \frac{4a}{5} \right)$$

$$\rightarrow M_{\pi} = \frac{1}{4a \cos \left(\frac{\pi}{2} \right)} \int_0^{\pi} d\theta \cdot \frac{1}{2} = \frac{4a}{5}$$