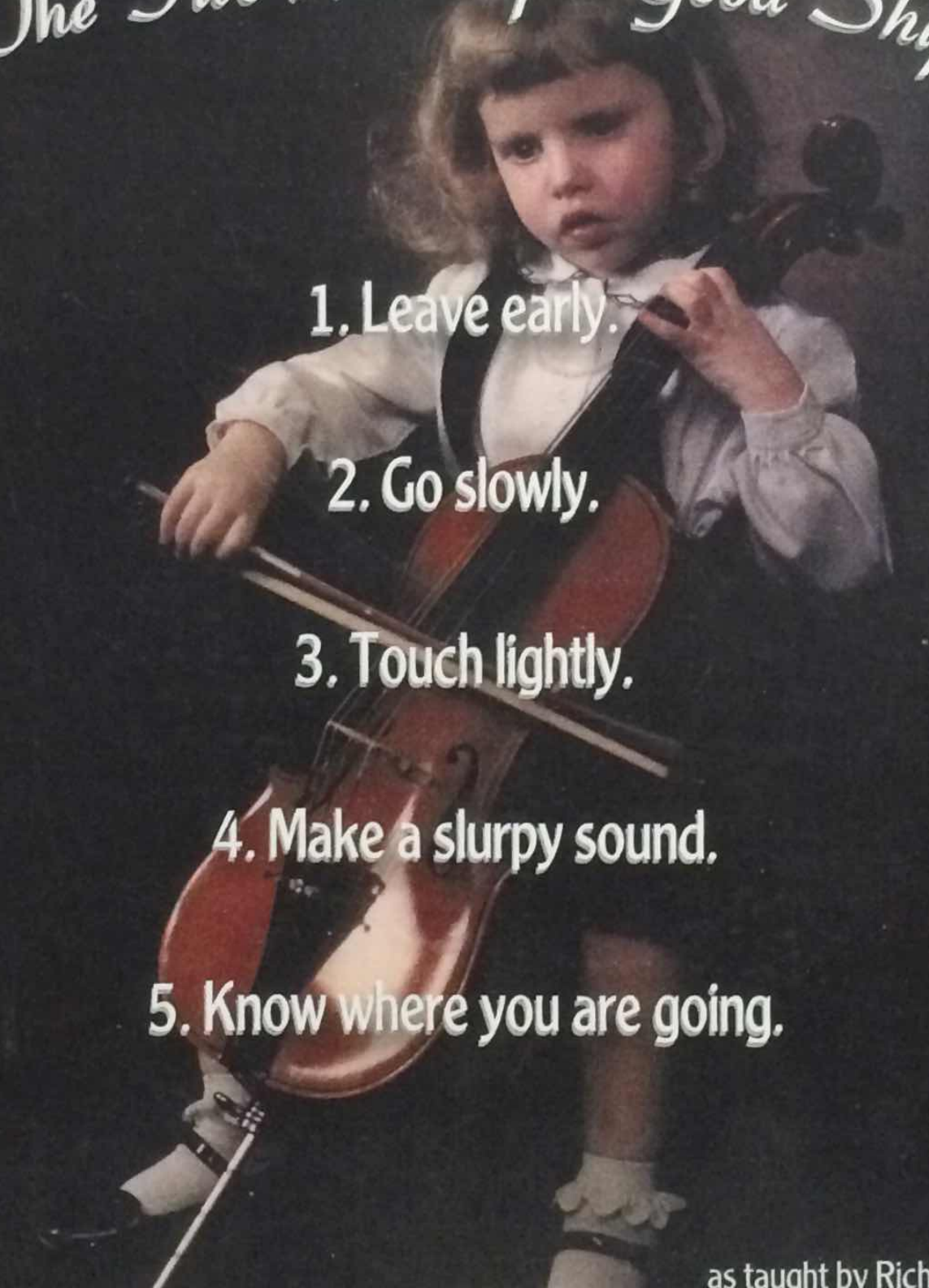


The Five Rules of a Good Shift



1. Leave early.

2. Go slowly.

3. Touch lightly.

4. Make a slurpy sound.

5. Know where you are going.

as taught by Richard Hoyt