

Example :

$$\dot{Q} = kA \frac{\Delta T}{L} = 0.78 * 20 * \frac{25}{0.4} = 975 \text{ W}$$

Harder Way :

$$R_{wall} = \frac{L}{kA} = \frac{0.4}{0.78 * 20} = 0.0256 \text{ } ^\circ\text{C/W}$$

$$\dot{Q} = \frac{\Delta T}{R_{wall}} = \frac{25}{0.0256} = 976.5625 \text{ W}$$