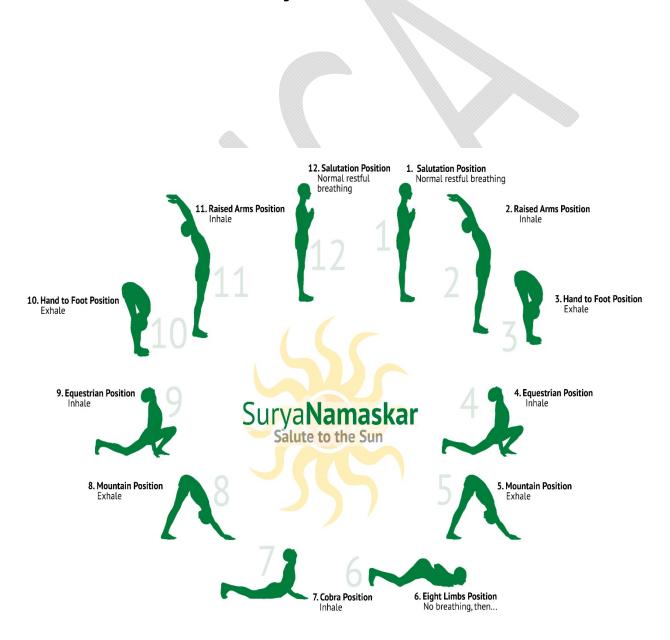


Maharshi Karve Stree Shikshan Samstha's

Dr. B. N. College of Architecture Karvenagar, Pune-411052

Suryanamskar





ॐ मित्राय नमः

om mitrāva namah

Prostration to Him who is affectionate to all.

ॐ रवये नमः

om ravaye namah

Prostration to Him who is the cause for change.

ॐ सूर्याय नमः

om sūrvāva namah

Prostration to Him who induces activity.

ॐ भानवे नमः

om bhānave namah

Prostration to Him who diffuses Light.

ॐ खगय नमः

om khagaya namah

Prostration to Him who moves in the sky.

ॐ पूष्णे नमः

om pūşņe namah

Prostration to Him who nourishes all.

30 हिरण्यगर्भाय नमः

om hiraņyagarbhāya namaḥ

Prostration to Him who contains everything.

ॐ मरीचये नमः

om marīcaye namah

Prostration to Him who possesses rays.

🕉 आदित्याय नमः

om ādityāya namah

Prostration to Him who is God of gods.

30 सवित्रे नमः

om savitre namah

Prostration to Him who produces everything.

ॐ अर्काय नमः

om arkāya namah

Prostration to Him who is fit to be worshipped.

३७ भास्कराय नमः

om bhāskarāya namah

Prostration to Him who is the cause of lustre.

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