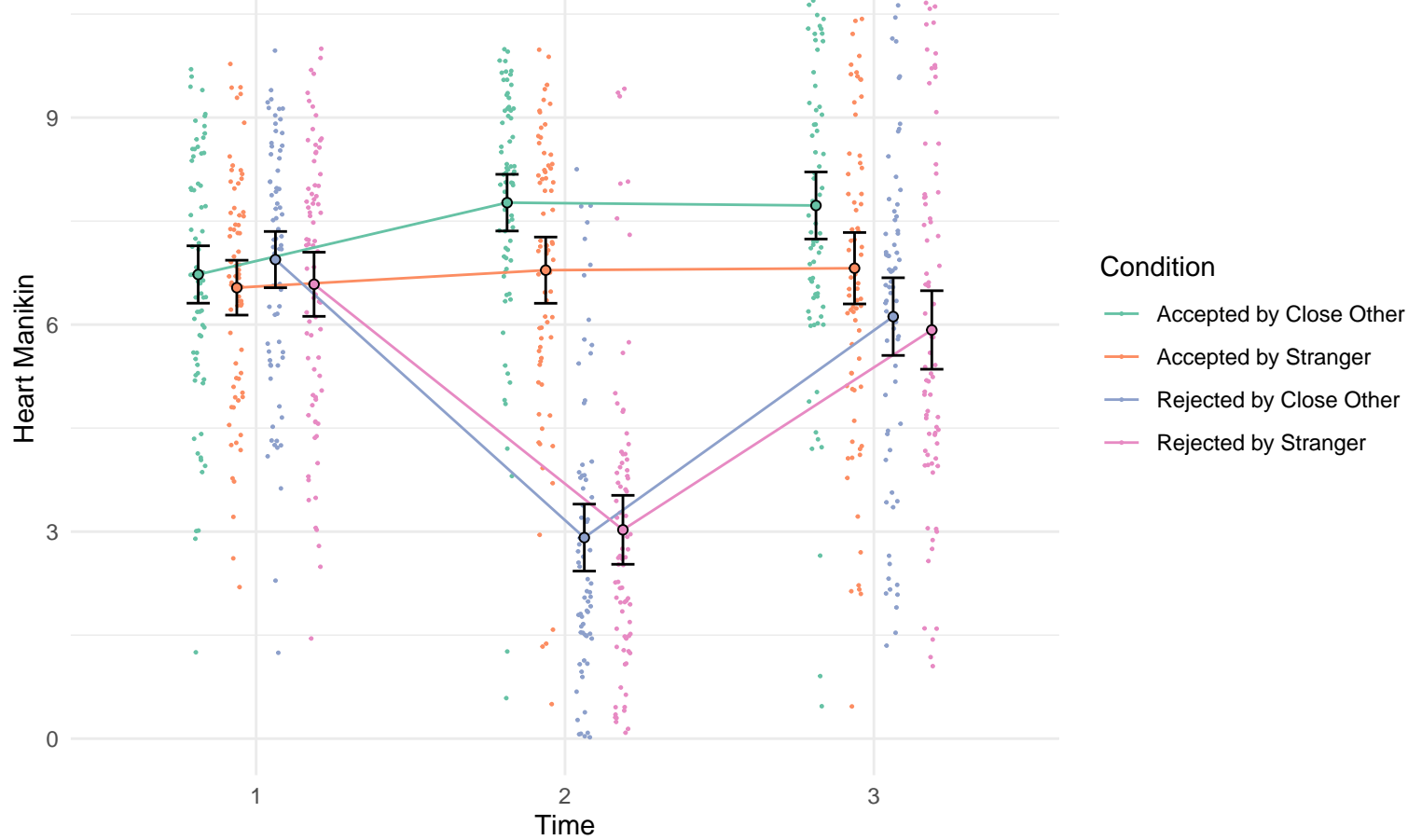
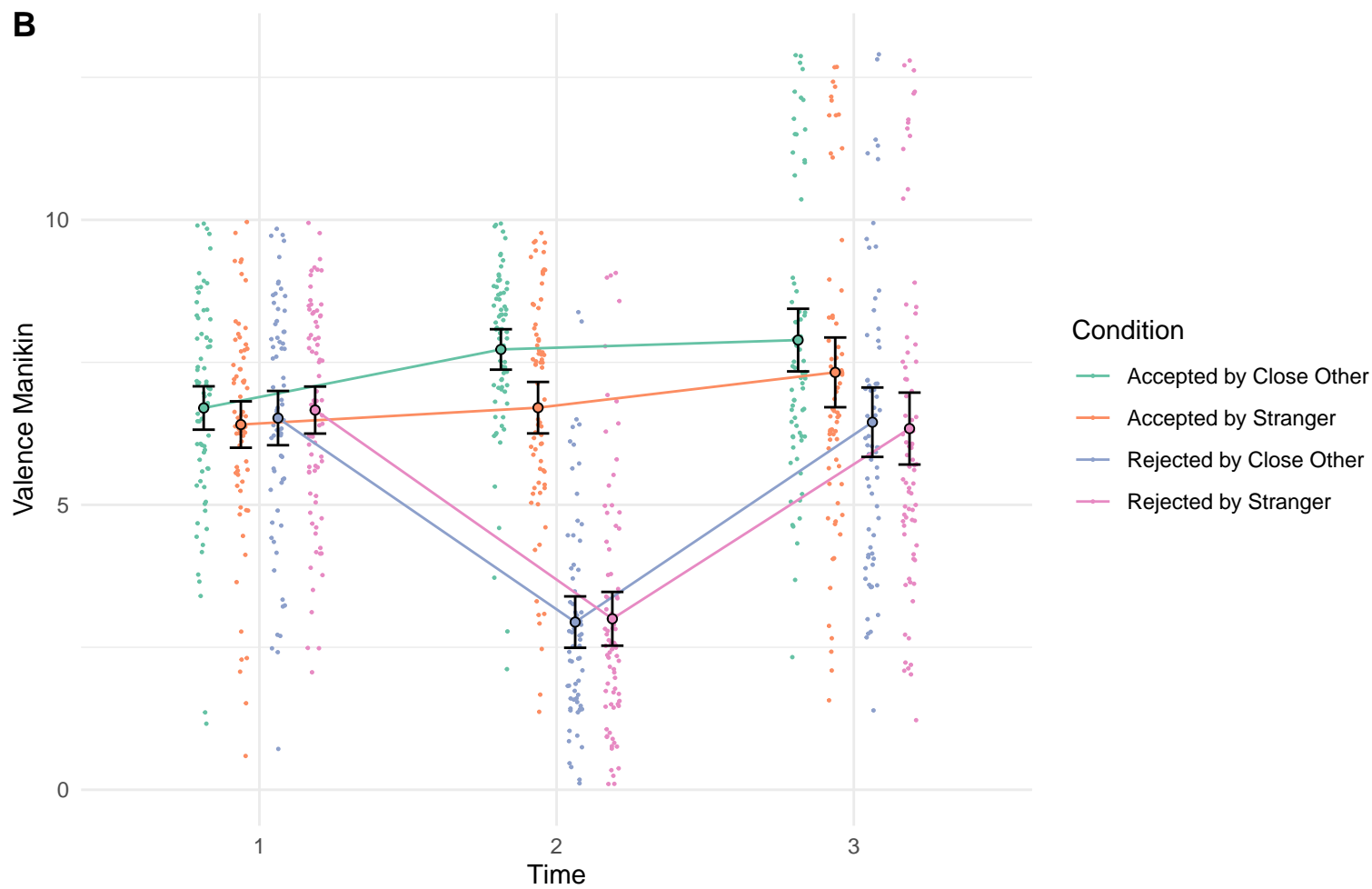


A

Participants completed the essay between Time 1 and Time 2.
Errorbars represent 95% confidence intervals

B

Participants completed the essay between Time 1 and Time 2.
Errorbars represent 95% confidence intervals