# Neural Networks: Optimization & Regularization

Shan-Hung Wu shwu@cs.nthu.edu.tw

Department of Computer Science, National Tsing Hua University, Taiwan

Machine Learning

#### **Outline**

## Optimization

- Momentum & Nesterov Momentum
- AdaGrad & RMSProp
- Continuation Methods & Curriculum Learning
- Cyclic Learning Rates
- NTK-based Initialization\*
- Batch Normalization

## ② Regularization

- Weight Decay
- Data Augmentation
- Self-Supervised Pre-training
- Dropout
- Manifold Regularization
- More Domain-Specific Models

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# Challenges

• NN a complex function:

$$\hat{\mathbf{y}} = f(\mathbf{x}; \mathbf{\Theta})$$
  
=  $f^{(L)}(\cdots f^{(1)}(\mathbf{x}; \mathbf{W}^{(1)}); \mathbf{W}^{(L)})$ 

• Given a training set X, our goal is to solve:

$$\begin{split} \arg\min_{\boldsymbol{\Theta}} C(\boldsymbol{\Theta}) &= \arg\min_{\boldsymbol{\Theta}} -\log P(\boldsymbol{\mathbb{X}} \,|\, \boldsymbol{\Theta}) \\ &= \arg\min_{\boldsymbol{\Theta}} \sum_{i} -\log P(\boldsymbol{y}^{(i)} \,|\, \boldsymbol{x}^{(i)}, \boldsymbol{\Theta}) \\ &= \arg\min_{\boldsymbol{\Theta}} \sum_{i} C^{(i)}(\boldsymbol{\Theta}) \\ &= \arg\min_{\boldsymbol{W}^{(1)}, \dots, \boldsymbol{W}^{(L)}} \sum_{i} C^{(i)}(\boldsymbol{W}^{(1)}, \dots, \boldsymbol{W}^{(L)}) \end{split}$$

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• What are the challenges of solving this problem with SGD?

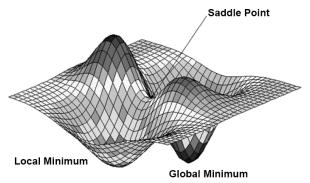
# Training 101

- Before training a feedforward NN, remember to standardize (z-normalize) the input
  - Prevents dominating features
  - Improves conditioning

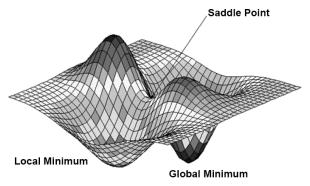
# Training 101

- Before training a feedforward NN, remember to standardize (z-normalize) the input
  - Prevents dominating features
  - Improves conditioning
- When training, remember to:
- 1 Initialize all weights to small random values
  - Breaks "symmetry" between different units so they are not updated in the same way
  - Biases  $b^{(k)}$ 's may be initialized to zero (or to small positive values for ReLUs to prevent too much saturation)
- 2 Early stop if the validation error does not continue decreasing
  - Prevents overfitting

• The loss function  $C^{(i)}$  is **non-convex** 

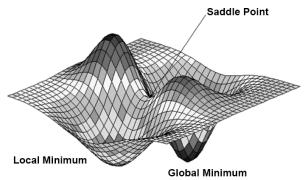


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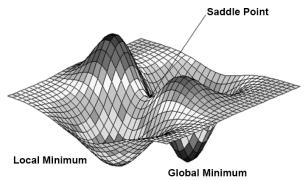
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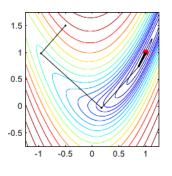
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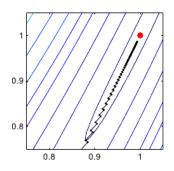


- SGD stops at local minima or saddle points
- Prior to the success of SGD (in roughly 2012), NN cost function surfaces were generally believed to have many non-convex structure
- However, studies [2, 4] show SGD seldom encounters critical points when training a large NN

# **III-Conditioning**

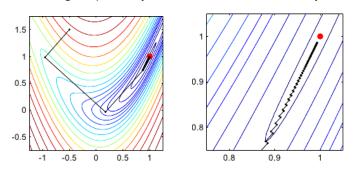
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  - ullet Due to, e.g., dependency between  $oldsymbol{W}^{(k)}$ 's at different layers





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SGD has slow progress at valleys or plateaus

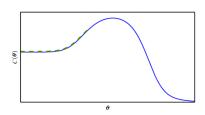
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  - But *not* actually reaching zero
  - SGD may proceed along a direction forever
  - Initialization is important



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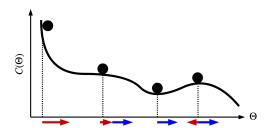
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#### Momentum

• Update rule in SGD:

$$\boldsymbol{\Theta}^{(t+1)} \leftarrow \boldsymbol{\Theta}^{(t)} - \boldsymbol{\eta} \boldsymbol{g}^{(t)}$$

where 
$$oldsymbol{g}^{(t)} = 
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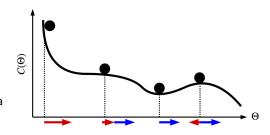
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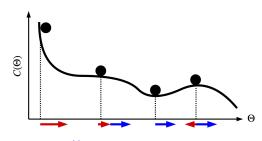
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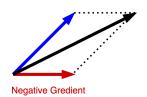
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Momentum: make the same movement v<sup>(t)</sup>
in the last iteration, corrected by negative
gradient:

$$\mathbf{v}^{(t+1)} \leftarrow \lambda \mathbf{v}^{(t)} - (1 - \lambda) \mathbf{g}^{(t)}$$
$$\mathbf{\Theta}^{(t+1)} \leftarrow \mathbf{\Theta}^{(t)} + \eta \mathbf{v}^{(t+1)}$$

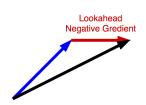
•  $\mathbf{v}^{(t)}$  is a moving average of  $-\mathbf{g}^{(t)}$ 



#### **Nesterov Momentum**

 Make the same movement v<sup>(t)</sup> in the last iteration, corrected by lookahead negative gradient:

$$\begin{split} \tilde{\Theta}^{(t+1)} \leftarrow \Theta^{(t)} + \eta v^{(t)} \\ v^{(t+1)} \leftarrow \lambda v^{(t)} - (1 - \lambda) \nabla_{\Theta} C(\tilde{\Theta}^{(t)}) \\ \Theta^{(t+1)} \leftarrow \Theta^{(t)} + \eta v^{(t+1)} \end{split}$$

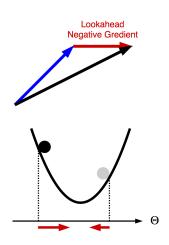


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#### **Nesterov Momentum**

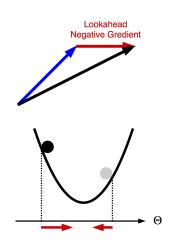
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$$\mathbf{v}^{(t+1)} \leftarrow \lambda \mathbf{v}^{(t)} - (1 - \lambda) \nabla_{\mathbf{\Theta}} C(\tilde{\mathbf{\Theta}}^{(t)})$$

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- Faster convergence to a minimum
- Not helpful for NNs that lack of minima



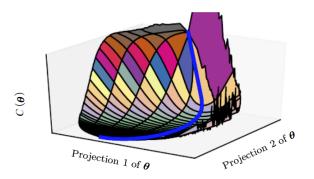
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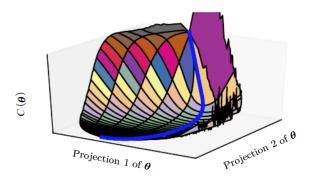
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# Where Does SGD Spend Its Training Time?

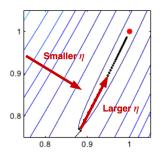


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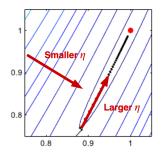
- Detouring a saddle point of high cost
  - Better initialization
- 2 Traversing the relatively flat valley
  - Adaptive learning rate

# SGD with Adaptive Learning Rates



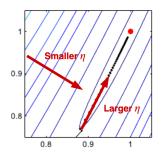
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- How?

Update rule:

$$m{r}^{(t+1)} \leftarrow m{r}^{(t)} + m{g}^{(t)} \odot m{g}^{(t)}$$
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- $r^{(t+1)}$  accumulates squared gradients along each axis
- Division and square root applied to  $r^{(t+1)}$  elementwisely
- We have

$$\frac{\eta}{\sqrt{r^{(t+1)}}} = \frac{\eta}{\sqrt{t+1}} \odot \frac{1}{\sqrt{\frac{1}{t+1}r^{(t+1)}}} = \frac{\eta}{\sqrt{t+1}} \odot \frac{1}{\sqrt{\frac{1}{t+1}\sum_{i=0}^{t} g^{(i)} \odot g^{(i)}}}$$

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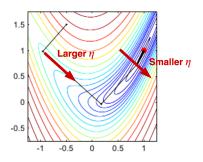
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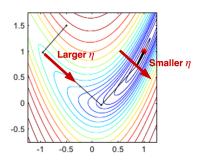
- Smaller learning rate along all directions as t grows
- 2 Larger learning rate along more gently sloped directions

### Limitations



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- In AdaGrad,  $\mathbf{r}^{(t+1)}$  accumulates squared gradients from the beginning of training
  - Results in premature adaptivity

### **RMSProp**

• *RMSProp* changes the gradient accumulation in  $r^{(t+1)}$  into a moving average:

$$\begin{aligned} & \boldsymbol{r}^{(t+1)} \leftarrow \boldsymbol{\lambda} \boldsymbol{r}^{(t)} + (\boldsymbol{1} - \boldsymbol{\lambda}) \boldsymbol{g}^{(t)} \odot \boldsymbol{g}^{(t)} \\ & \boldsymbol{\Theta}^{(t+1)} \leftarrow \boldsymbol{\Theta}^{(t)} - \frac{\boldsymbol{\eta}}{\sqrt{\boldsymbol{r}^{(t+1)}}} \odot \boldsymbol{g}^{(t)} \end{aligned}$$

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$$\Theta^{(t+1)} \leftarrow \Theta^{(t)} - \frac{\eta}{\sqrt{\mathbf{r}^{(t+1)}}} \odot \mathbf{g}^{(t)}$$

 A popular algorithm Adam (short for adaptive moments) [7] is a combination of RMSProp and Momentum:

$$\begin{aligned} & \boldsymbol{v}^{(t+1)} \leftarrow \boldsymbol{\lambda}_1 \boldsymbol{v}^{(t)} - (1 - \boldsymbol{\lambda}_1) \boldsymbol{g}^{(t)} \\ & \boldsymbol{r}^{(t+1)} \leftarrow \boldsymbol{\lambda}_2 \boldsymbol{r}^{(t)} + (1 - \boldsymbol{\lambda}_2) \boldsymbol{g}^{(t)} \odot \boldsymbol{g}^{(t)} \\ & \boldsymbol{\Theta}^{(t+1)} \leftarrow \boldsymbol{\Theta}^{(t)} + \frac{\boldsymbol{\eta}}{\sqrt{\boldsymbol{r}^{(t+1)}}} \odot \boldsymbol{v}^{(t+1)} \end{aligned}$$

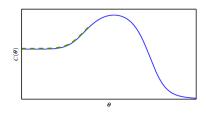
• With some bias corrections for  $v^{(t+1)}$  and  $r^{(t+1)}$ 

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### Parameter Initialization

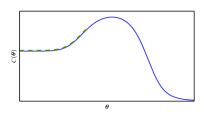
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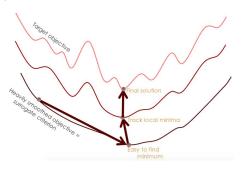
- How to better initialize  $\Theta^{(0)}$ ?
- Train an NN multiple times with random initial points, and then pick the best
  - Slow
- Design a series of cost functions such that a solution to one is a good initial point of the next
  - Solve the "easy" problem first, and then a "harder" one, and so on
- 3 Calculate initial gradients carefully
- MTK-based initialization

### Continuation Methods I

 Continuation methods: construct easier cost functions by smoothing the original cost function:

$$\tilde{C}(\Theta) = \mathrm{E}_{\tilde{\Theta} \sim \mathscr{N}(\Theta, \sigma^2)} C(\tilde{\Theta})$$

- ullet In practice, we sample several  $ilde{\Theta}$ 's to approximate the expectation
- Assumption: some non-convex functions become approximately convex when smoothen



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- Cost function might not become convex, no matter how much it is smoothen
- Designed to deal with local minima; not very helpful for NNs without minima

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  - E.g., by assigning them larger weights in the new cost function
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  - Face image recognition: front view (easy) vs. side view (hard)
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- Learn simple concepts first, then learn more complex concepts that depend on these simpler concepts
  - Just like how humans learn
  - Knowing the principles, we are less likely to explain an observation using special (but wrong) rules

### **Outline**

## Optimization

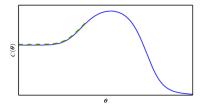
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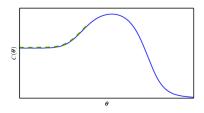
# SGD Gradients are Noisy

- Initialization is important
- SGD gradients may not be representative in the beginning (and in the end)

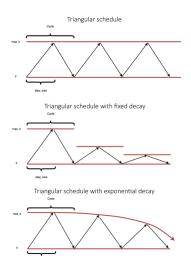


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 Use a small learning rate in the very beginning [10]



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### Prior Predictions of NTK-GP

• Prior (unconditioned) mean predictions for training set:

$$\hat{\mathbf{y}}_N = (\mathbf{I} - e^{-\eta \mathbf{T}_{N,N}t})\mathbf{y}_N$$

• Prior mean predictions for test set:

$$\hat{\mathbf{y}}_{M} = \mathbf{T}_{M,N} \mathbf{T}_{N,N}^{-1} (\mathbf{I} - e^{-\eta \mathbf{T}_{N,N} t}) \mathbf{y}_{N}$$

• Given a training set, the  $T_{N,N}$  and  $T_{M,N}$  depends only on the network structure and hyperparameters of initial weights

## **Trainability**

Prior (unconditioned) mean predictions for training set:

$$\hat{\mathbf{y}}_N = (\mathbf{I} - e^{-\eta \mathbf{T}_{N,N}t})\mathbf{y}_N$$

- where  $\eta < \frac{2}{\lambda_{\max} + \lambda_{\min}} \approx \frac{2}{\lambda_{\max}}$
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## **Trainability**

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$$(\boldsymbol{U}\hat{\boldsymbol{y}}_N)_i \approx ((\boldsymbol{I} - e^{-2\frac{\lambda_i}{\lambda_{\max}}t})\boldsymbol{U}\boldsymbol{y}_N)_i$$

• It follows that if *the conditioning number*  $\kappa = \frac{\lambda_{max}}{\lambda_{min}}$  *diverges*, the NN becomes untrainable

### Generalization

- ullet Prior mean predictions for test set:  $\hat{m{y}}_M = m{T}_{M,N} m{T}_{N,N}^{-1} (m{I} e^{-\eta m{T}_{N,N}t}) m{y}_N$
- As  $t \to \infty$  (trained), we have

$$\hat{\mathbf{y}}_{M} = \mathbf{T}_{M,N} \mathbf{T}_{N,N}^{-1} \mathbf{y}_{N}$$

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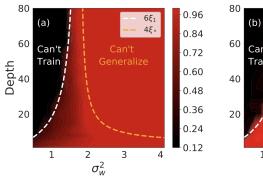
- Prior mean predictions for test set:  $\hat{y}_M = T_{M,N} T_{N,N}^{-1} (I e^{-\eta T_{N,N}t}) y_N$
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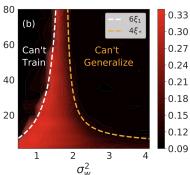
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- If  $T_{M,N}T_{N,N}^{-1}$  is a data-independent constant matrix, then the NN will fail to generalize
  - Constant rows  $\Rightarrow$  independent with  $\mathbb X$
  - ullet Constant columns  $\Rightarrow$  independent with  $X_M$
  - If  $y_N$  has zero mean, this implies that  $T_{M,N}T_{N,N}^{-1}y_N=0$

#### Results

- The training and test accuracy (color) of a fully-connected NN trained with SGD
  - (a) The NN is untrainable because  $\kappa$  is too large
  - (b) The NN is ungeneralizable because  $T_{M,N}T_{N,N}^{-1}y_N$  is too small





### **Outline**

- Optimization
  - Momentum & Nesterov Momentum
  - AdaGrad & RMSProp
  - Continuation Methods & Curriculum Learning
  - Cyclic Learning Rates
  - NTK-based Initialization\*
  - Batch Normalization
- 2 Regularization
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  - Manifold Regularization
  - More Domain-Specific Models

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- Can we modify the model to ease the optimization task?
- What are the difficulties in training a deep NN?

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- The curvature of f with respect to any two  $w^{(i)}$  and  $w^{(j)}$  is

$$\frac{\partial f}{\partial w^{(i)} \partial w^{(j)}} = (w^{(i)} + w^{(j)}) \cdot x \prod_{k \neq i,j} w^{(k)}$$

- Very small if L is large and  $w^{(k)} < 1$  for  $k \neq i, j$
- Very large if L is large and  $w^{(k)} > 1$  for  $k \neq i,j$

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- Can we change the model to make this assumption not-so-wrong?

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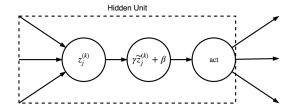
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A hidden unit now looks like:



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- The weights  $W^{(k)}$  at each layer is easier to train now
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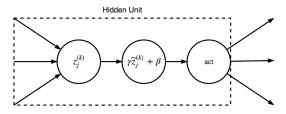
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- Observe that there is no need to insist a  $\tilde{z}^{(k)}$  to have zero mean and unit variance
  - We only care about whether it is "fixed" when calculating the gradients for other layers

### Expressiveness II

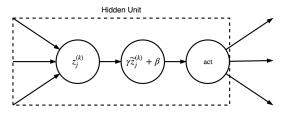


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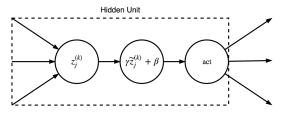
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- In these domains, the best fitting model (with lowest generalization error) is usually a larger model regularized appropriately

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- A deep NN is likely to separate a dataset and has the similar issue

#### **Outline**

- Optimization
  - Momentum & Nesterov Momentum
  - AdaGrad & RMSProp
  - Continuation Methods & Curriculum Learning
  - Cyclic Learning Rates
  - NTK-based Initialization\*
  - Batch Normalization

#### 2 Regularization

- Weight Decay
- Data Augmentation
- Self-Supervised Pre-training
- Dropout
- Manifold Regularization
- More Domain-Specific Models

### Weight Decay

To add norm penalties:

$$\arg\min_{\Theta} C(\Theta) + \alpha \Omega(\Theta)$$

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- Limiting column norms  $\Omega(W_{:,i}^{(k)})$ ,  $\forall j,k$ , is preferred [5]
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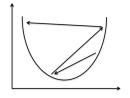
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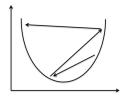
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- Advantage?
- Prevents dead units that do not contribute much to the behavior of NN due to too small weights
  - Explicit constraints does not push weights to the origin

# **Explicit Weight Decay II**



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- Hinton et al. [5] recommend using:

explicit constraints + reprojection + large learning rate

to allow rapid exploration of parameter space while maintaining numeric stability

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- E.g., in OCR tasks, avoid:
  - Horizontal flips for 'b' and 'd'
  - $\bullet$  180° rotations for '6' and '9'

#### Noise and Adversarial Data

- NNs are **not** very robust to the perturbation of input  $(x^{(i)})$ 's
  - Noises [12]
  - Adversarial points [3]



 $\boldsymbol{x}$ 

y ="panda" w/ 57.7% confidence



 $\mathrm{sign}(\nabla_{\pmb{x}} \textit{C}(\pmb{\theta}, \pmb{x}, y))$ 

"nematode" w/ 8.2% confidence

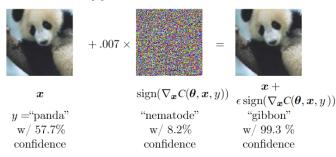


 $x + \epsilon \operatorname{sign}(\nabla_{x} C(\theta, x, y))$ "gibbon"

"gibbon" w/ 99.3 % confidence

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# Structured Data & Self-Supervised Learning

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"I am selling these fine leather jackets"

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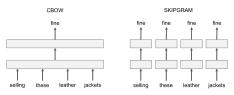
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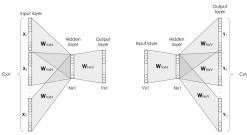
- Can we learn the grammar first to make model perform better on targeted task?
- **Self-Supervised learning**: learning the structure of  $\mathbf{x}$  via  $\{\mathbf{x}^{(i)}\}_i$  by creating **virtual labels**

# Example: Word2vec Language Model

- Contrastive loss for a virtual multi-lass classification task:
  - Positive examples: ("I", "am"), ("am", "selling"), ("selling", "fine"), ...
  - Negative examples: ("I", "dog"), ("I", "cat"), ...
- Models & weight tying:



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  - Fine-tune the pre-trained model using  $\{(x^{(i)},y^{(i)})\}_i$

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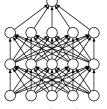
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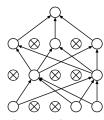
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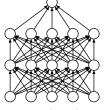
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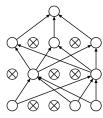




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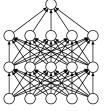
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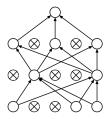




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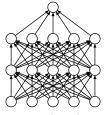
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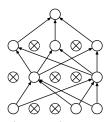




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  - No need to retrain unmasked units
  - Exponential number of voters

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- For example, in face image recognition:
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- Dropping the unit encourages the model to learn mouth (or nose again) in another unit

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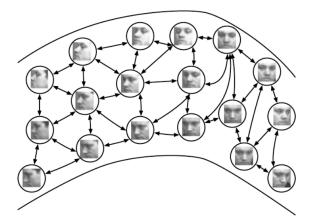
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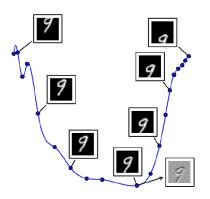
#### Manifolds I

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- A manifold is a topological space that are linear locally



#### Manifolds II

- For each point x on a manifold, we have its tangent space spanned by tangent vectors
  - ullet Local directions specify how one can change  $oldsymbol{x}$  infinitesimally while staying on the manifold



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- Tangent Prop [9] trains an NN classifier f with cost penalty:

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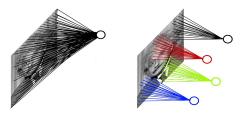
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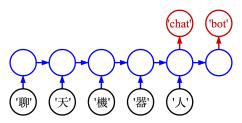
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- Dropout
- Manifold Regularization
- More Domain-Specific Models

# **Domain-Specific Models**

Convolutional Neural Networks (CNNs) for image processing:



 Recurrent Neural Networks (RNNs) for sequential data (e.g., natural language) processing:



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