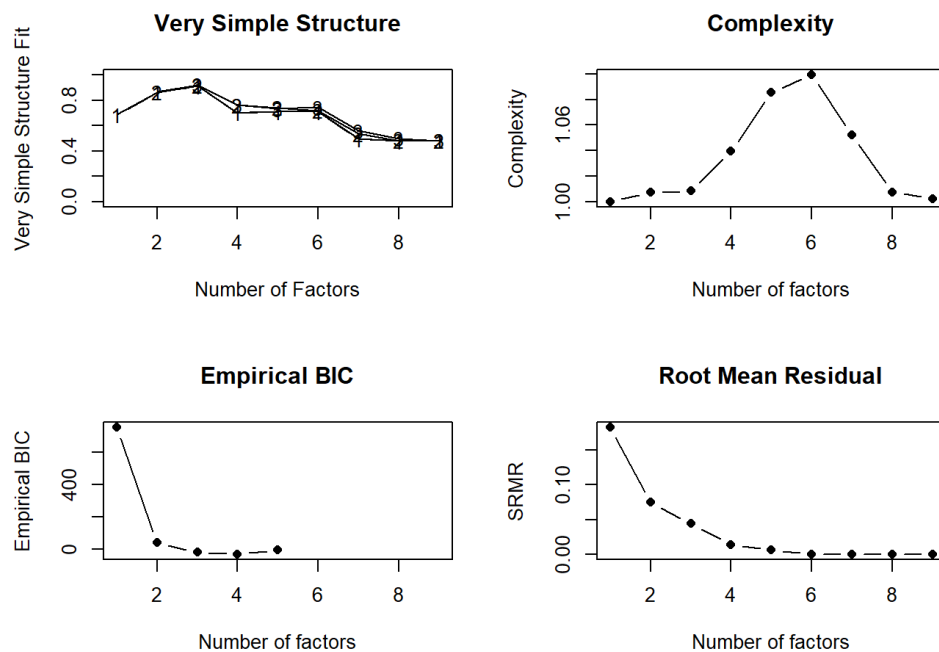


Supplementary Material - Growth mindset and mindfulness inductions to facilitate effort after negative feedback

Data processing is available in "script/data_processing.R".

S1. Exploratory factor analysis of the experiences after the experiment

After the last IQ performance was measured, we asked nine questions from the participants about their experiences during the study. We used exploratory factor analysis to extract the main factors from these questions. Based on multiple factor number estimating methods, we chose a three factor solution.



```
##
## Number of factors
## Call: vss(x = x, n = n, rotate = rotate, diagonal = diagonal, fm = fm,
##       n.obs = n.obs, plot = FALSE, title = title, use = use, cor = cor,
##       max.iter = 500)
## VSS complexity 1 achieves a maximum of 0.91 with 3 factors
## VSS complexity 2 achieves a maximum of 0.92 with 3 factors
## The Velicer MAP achieves a minimum of 0.07 with 2 factors
## Empirical BIC achieves a minimum of -30.24 with 4 factors
## Sample Size adjusted BIC achieves a minimum of 7.14 with 5 factors
##
## Statistics by number of factors
##   vss1 vss2  map dof   chisq    prob sqresid  fit RMSEA  BIC SABIC complex
## 1 0.69 0.00 0.082 27 7.2e+02 2.7e-134 6.7 0.69 0.26 559.2 644.9 1.0
## 2 0.86 0.87 0.068 19 3.5e+02 3.0e-62 2.9 0.87 0.21 234.7 295.0 1.0
## 3 0.91 0.92 0.122 12 2.4e+02 6.2e-44 1.7 0.92 0.22 165.9 203.9 1.0
## 4 0.70 0.76 0.133 6 2.9e+01 6.4e-05 5.1 0.76 0.10 -6.8 12.2 1.0
## 5 0.71 0.74 0.181 1 9.9e+00 1.6e-03 5.3 0.75 0.15 4.0 7.1 1.1
## 6 0.71 0.72 0.302 -3 1.0e-05 NA 5.1 0.76 NA NA NA 1.1
## 7 0.49 0.54 0.482 -6 4.0e-08 NA 9.5 0.56 NA NA NA 1.1
## 8 0.48 0.48 1.000 -8 2.3e-11 NA 10.8 0.49 NA NA NA 1.0
## 9 0.48 0.48 NA -9 0.0e+00 NA 11.0 0.48 NA NA NA 1.0
##   eChisq SRMR eCRMS eBIC
## 1 9.1e+02 1.8e-01 0.210 754.4
## 2 1.5e+02 7.5e-02 0.103 41.0
## 3 5.4e+01 4.4e-02 0.076 -17.8
## 4 5.4e+00 1.4e-02 0.034 -30.2
## 5 1.1e+00 6.3e-03 0.038 -4.9
## 6 1.6e-06 7.7e-06 NA NA
## 7 4.3e-09 3.9e-07 NA NA
## 8 1.7e-12 7.9e-09 NA NA
## 9 2.5e-27 3.0e-16 NA NA
```

Five questions loaded to the first factor (stress), and three questions loaded to the second factor (task boredom). Only one item loaded to the third factor, that we didn't analyze. Factor scores for task boredom and stress were calculated using the regression method, and were used in the later analyses.

EFA Factor loadings

	Factor 1	Factor 2	Factor 3	Communality
How boring was the IQ test for you?	0.03	0.96	0.02	0.91
How exciting was the IQ test for you?	0.02	-0.65	-0.01	0.43
How bored were you filling the survey?	-0.04	0.76	-0.03	0.59
How nervous were you filling the survey?	0.82	-0.07	0.06	0.72
How stressful did you find the IQ test?	0.86	-0.01	0.05	0.77
How calm were you during the IQ test?	-0.79	-0.01	0.04	0.62
Did stress affect your performance on the IQ test?	0.83	-0.01	-0.02	0.66
To what extent has stress worsened your performance on the IQ test?	0.83	0.08	-0.05	0.64
How challenging was the IQ test for you?	0.00	0.01	0.96	0.92
Total Communalities				6.25

S2. Compare baseline characteristics

Number of participants in each group, and by gender.

Number of participants by group			
Fixed - Control	Fixed - Mindfulness	Growth - Control	Growth - Mindfulness

Number of participants by group				
	90	102	101	90
Number of participants of each gender by group				
Gender	Fixed - Control	Fixed - Mindfulness	Growth - Control	Growth - Mindfulness
Female	74	79	82	71
Male	16	23	19	19

Compare baseline characteristics by group

Measure	Group			
	Fixed-Control	Fixed-Mindfulness	Growth-Control	Growth-Mindfulness
Gender: Male	18.0%	23.0%	19.0%	21.0%
Age	21.94 (2.38)	22.28 (4.33)	22.86 (4.89)	22.14 (4.63)
Prior growth mindset	4.02 (1.03)	3.90 (1.10)	4.14 (0.93)	3.97 (1.07)
Trait mindfulness	2.80 (0.39)	2.78 (0.46)	2.84 (0.40)	2.83 (0.38)
Ego-resilience	2.78 (0.50)	2.78 (0.42)	2.87 (0.48)	2.77 (0.43)
Grit	2.73 (0.68)	2.65 (0.75)	2.63 (0.70)	2.62 (0.67)
Self-compassion	3.00 (0.64)	2.98 (0.66)	3.00 (0.58)	3.00 (0.65)
Global self-esteem	1.92 (0.52)	2.04 (0.57)	2.08 (0.55)	2.04 (0.54)

None of the groups differed in any trait characteristics. The following table shows the results of the linear models that were used for the comparisons.

term	estimate	std.error	statistic	p.value
Gender: Male				
(Intercept)	0.18	0.04	4.19	0.0000
mindsetGrowth	0.01	0.06	0.18	0.8594
interventionMindfulness	0.05	0.06	0.82	0.4129
mindsetGrowth:interventionMindfulness	-0.02	0.08	-0.30	0.7644
Age				
(Intercept)	21.94	0.44	49.50	0.0000
mindsetGrowth	0.92	0.61	1.50	0.1334
interventionMindfulness	0.34	0.61	0.56	0.5766
mindsetGrowth:interventionMindfulness	-1.06	0.86	-1.23	0.2205
Prior growth mindset				
(Intercept)	4.02	0.11	36.95	0.0000
mindsetGrowth	0.12	0.15	0.80	0.4262

term	estimate	std.error	statistic	p.value
interventionMindfulness	−0.12	0.15	−0.80	0.4221
mindsetGrowth:interventionMindfulness	−0.05	0.21	−0.25	0.8057
Trait mindfulness				
(Intercept)	2.80	0.04	64.71	0.0000
mindsetGrowth	0.04	0.06	0.66	0.5102
interventionMindfulness	−0.02	0.06	−0.35	0.7302
mindsetGrowth:interventionMindfulness	0.02	0.08	0.20	0.8448
Ego-resilience				
(Intercept)	2.78	0.05	57.48	0.0000
mindsetGrowth	0.09	0.07	1.31	0.1924
interventionMindfulness	0.00	0.07	0.03	0.9793
mindsetGrowth:interventionMindfulness	−0.10	0.09	−1.02	0.3094
Grit				
(Intercept)	2.73	0.07	36.46	0.0000
mindsetGrowth	−0.10	0.10	−1.01	0.3112
interventionMindfulness	−0.08	0.10	−0.79	0.4308
mindsetGrowth:interventionMindfulness	0.08	0.14	0.53	0.5958
Self-compassion				
(Intercept)	3.00	0.07	45.00	0.0000
mindsetGrowth	0.00	0.09	−0.02	0.9830
interventionMindfulness	−0.03	0.09	−0.30	0.7658
mindsetGrowth:interventionMindfulness	0.03	0.13	0.23	0.8217
Global self-esteem				
(Intercept)	1.92	0.06	33.04	0.0000
mindsetGrowth	0.16	0.08	1.96	0.0505
interventionMindfulness	0.12	0.08	1.46	0.1442
mindsetGrowth:interventionMindfulness	−0.15	0.11	−1.35	0.1789

S3. Determinants of the task performance

Besides pre-induction mindset beliefs and dispositional mindfulness, other individual differences may also play a role in the effect of inductions on task persistence. For example, high ego-resilience is associated with resourcefulness and adaptivity in stressful situations (Farkas & Orosz, 2015). Furthermore, individuals characterized by higher levels of grit — as defined as the trait level of persistence on tasks — were more likely to engage in deliberate practice even after failure (Duckworth et al., 2011). Concurrently, high self-esteem participants persisted more than low self-esteem participants after a single failure (Di Paula & Campbell, 2002). Kernis defined non-contingent self-esteem as self-compassion (Kernis, 2003); thus, it may have a more powerful bolstering effect relating to a failure experience.

Additional measures

Grit. We used the Short Grit Scale (Duckworth et al., 2011) to measure individuals' tendency to endorse persistence for long-term goals. The scale consists of 8 items such as "I am diligent" ($\alpha = .81$). Items are rated on a 5-point Likert scale from not like me at all (1) to very much like me (5).

Ego-Resilience. The Ego-Resiliency Scale (Farkas & Orosz, 2015) was used to measure the capacity that enables individuals to adapt to constantly changing environmental demands. It consists of 11 items such as "I enjoy dealing with new and unusual situations" ($\alpha = .70$). Items are rated on a 4-point Likert scale, ranging from does not apply at all (1) to applies very strongly (4).

Global Self-Esteem. The Rosenberg Self-Esteem Scale (Rosenberg, 1979) was used to measure global self-esteem. The unifactorial structure is associated with a set of feelings of self-esteem and self-acceptance that evaluates overall self-esteem. This scale consists of 10-items such as "On the whole, I am satisfied with myself". In our study, we accidentally left out one item from the questionnaire: "I certainly feel useless at times". However, this did not affect the good internal reliability of the scale ($\alpha = .89$). Items are rated on a 4-point Likert scale from strongly disagree (1) to strongly agree (4).

Self-Compassion. The Short Self-Compassion Scale (Raes et al., 2011) is a 12-item measure assessing the ability to show kindness and humanity towards ourselves when facing undesirable experiences. Participants indicated how often they behave in a certain way like "When I'm going through a very hard time, I give myself the caring and tenderness I need" ($\alpha = .81$). Items are rated on a 5-point Likert scale from almost never (1) to almost always (5).

The table below shows the the moderating effect of trait characteristics of the aforementioned constructs on the relationship between the inductions and task persistence. We found no significant effects.

Predictors	Grit				Ego-resilience				Self-compassion				Global self-esteem			
	Incidence				Incidence				Incidence				Incidence			
	Rate Ratios	CI	Statistic	p	Rate Ratios	CI	Statistic	p	Rate Ratios	CI	Statistic	p	Rate Ratios	CI	Statistic	
(Intercept)	4.45	3.48 – 5.69	11.95	<0.001	4.36	3.40 – 5.59	11.62	<0.001	4.35	3.40 – 5.56	11.73	<0.001	4.45	3.48 – 5.70	11.85	<0
mindset [Growth]	1.15	0.88 – 1.49	1.04	0.300	1.18	0.91 – 1.53	1.23	0.220	1.14	0.88 – 1.48	0.99	0.324	1.18	0.91 – 1.54	1.26	0.
moderator	0.98	0.76 – 1.27	-0.14	0.888	1.08	0.85 – 1.37	0.64	0.525	0.91	0.74 – 1.11	-0.93	0.353	1.06	0.84 – 1.34	0.49	0.
intervention [Mindfulness]	0.94	0.73 – 1.22	-0.46	0.649	0.93	0.71 – 1.21	-0.53	0.593	0.95	0.73 – 1.24	-0.36	0.722	0.90	0.69 – 1.16	-0.83	0.
mindset [Growth] * moderator	0.97	0.75 – 1.25	-0.27	0.791	0.91	0.70 – 1.17	-0.74	0.458	0.92	0.72 – 1.17	-0.66	0.509	0.86	0.67 – 1.10	-1.19	0.
moderator * intervention [Mindfulness]	0.96	0.74 – 1.24	-0.32	0.747	1.13	0.87 – 1.47	0.95	0.343	1.23	0.96 – 1.56	1.66	0.096	1.23	0.95 – 1.58	1.58	0.
Zero-Inflated Model																
(Intercept)	0.28	0.14 – 0.56	-3.56	<0.001	0.26	0.12 – 0.56	-3.44	0.001	0.27	0.13 – 0.57	-3.49	<0.001	0.28	0.14 – 0.57	-3.53	<0
mindset [Growth]	1.01	0.50 – 2.06	0.03	0.972	1.06	0.52 – 2.19	0.17	0.869	0.96	0.47 – 1.97	-0.11	0.909	1.02	0.51 – 2.04	0.04	0.
moderator	1.01	0.51 – 1.97	0.02	0.985	1.16	0.60 – 2.28	0.45	0.655	1.03	0.59 – 1.78	0.09	0.926	1.15	0.61 – 2.15	0.42	0.
intervention [Mindfulness]	0.93	0.45 – 1.95	-0.18	0.858	1.01	0.49 – 2.08	0.04	0.969	1.00	0.48 – 2.09	0.01	0.992	0.99	0.49 – 1.99	-0.04	0.
mindset [Growth] * moderator	0.97	0.48 – 1.96	-0.09	0.926	0.87	0.43 – 1.78	-0.37	0.711	1.12	0.58 – 2.19	0.34	0.732	1.07	0.54 – 2.12	0.20	0.
moderator * intervention [Mindfulness]	0.49	0.23 – 1.03	-1.87	0.061	1.38	0.68 – 2.79	0.90	0.369	1.48	0.75 – 2.92	1.14	0.254	1.21	0.60 – 2.41	0.53	0.
Observations	381				383				383				381			

R ² / R ² adjusted	0.133 / 0.119	0.127 / 0.113	0.244 / 0.232	0.243 / 0.231
AIC	1807.297	1817.919	1815.638	1808.473
log- Likelihood	-890.648	-895.959	-894.819	-891.237

S4. Moderators between the inductions and task performance

Here we only found that the score on the “real” IQ test was weakly associated with the grit score (the upper row means the name of the moderator, that is used in the table as “value”).

term	estimate	conf.low	conf.high	statistic	p.value
Age					
(Intercept)	-0.52	-2.46	1.41	-0.53	0.5943
mindsetGrowth	1.10	-1.06	3.25	1.00	0.3171
interventionMindfulness	1.43	-0.76	3.62	1.29	0.1990
Age	0.03	-0.06	0.11	0.59	0.5579
mindsetGrowth:interventionMindfulness	-1.62	-4.21	0.98	-1.23	0.2210
mindsetGrowth:Age	-0.05	-0.15	0.04	-1.08	0.2811
interventionMindfulness:Age	-0.06	-0.16	0.03	-1.28	0.2029
mindsetGrowth:interventionMindfulness:Age	0.07	-0.05	0.19	1.19	0.2363
Dispositional mindfulness					
(Intercept)	0.05	-0.16	0.25	0.43	0.6704
mindsetGrowth	-0.09	-0.38	0.20	-0.62	0.5355
interventionMindfulness	0.03	-0.26	0.31	0.18	0.8571
Dispositional mindfulness	-0.13	-0.35	0.09	-1.18	0.2379
mindsetGrowth:interventionMindfulness	-0.06	-0.47	0.34	-0.31	0.7549
mindsetGrowth:Dispositional mindfulness	0.19	-0.10	0.49	1.28	0.2021
interventionMindfulness:Dispositional mindfulness	0.20	-0.08	0.48	1.42	0.1560
mindsetGrowth:interventionMindfulness:Dispositional mindfulness	-0.15	-0.56	0.26	-0.71	0.4780
Grit					
(Intercept)	0.06	-0.15	0.26	0.54	0.5884
mindsetGrowth	-0.10	-0.38	0.19	-0.67	0.5025
interventionMindfulness	0.01	-0.27	0.29	0.07	0.9471
Grit	0.22	0.00	0.43	1.99	0.0468
mindsetGrowth:interventionMindfulness	-0.04	-0.44	0.36	-0.20	0.8449
mindsetGrowth:Grit	-0.17	-0.46	0.12	-1.18	0.2378

term	estimate	conf.low	conf.high	statistic	p.value
interventionMindfulness:Grit	-0.07	-0.35	0.21	-0.50	0.6182
mindsetGrowth:interventionMindfulness:Grit	0.19	-0.22	0.59	0.91	0.3654
Pre-induction growth mindset					
(Intercept)	0.05	-0.16	0.26	0.48	0.6331
mindsetGrowth	-0.07	-0.35	0.22	-0.46	0.6424
interventionMindfulness	0.01	-0.27	0.30	0.10	0.9181
Pre-induction growth mindset	-0.09	-0.30	0.12	-0.83	0.4068
mindsetGrowth:interventionMindfulness	-0.08	-0.48	0.33	-0.38	0.7005
mindsetGrowth:Pre-induction growth mindset	-0.10	-0.40	0.20	-0.64	0.5206
interventionMindfulness:Pre-induction growth mindset	0.09	-0.19	0.37	0.62	0.5377
mindsetGrowth:interventionMindfulness:Pre-induction growth mindset	-0.02	-0.42	0.39	-0.08	0.9359
Ego-resilience					
(Intercept)	0.05	-0.16	0.26	0.48	0.6288
mindsetGrowth	-0.08	-0.37	0.20	-0.57	0.5659
interventionMindfulness	0.01	-0.27	0.30	0.10	0.9217
Ego-resilience	0.04	-0.15	0.24	0.44	0.6588
mindsetGrowth:interventionMindfulness	-0.06	-0.46	0.35	-0.27	0.7861
mindsetGrowth:Ego-resilience	-0.10	-0.37	0.17	-0.75	0.4538
interventionMindfulness:Ego-resilience	-0.04	-0.33	0.25	-0.25	0.7995
mindsetGrowth:interventionMindfulness:Ego-resilience	0.14	-0.28	0.55	0.65	0.5172
Self-compassion					
(Intercept)	0.05	-0.16	0.26	0.47	0.6405
mindsetGrowth	-0.09	-0.38	0.20	-0.62	0.5382
interventionMindfulness	0.02	-0.27	0.30	0.11	0.9139
Self-compassion	-0.02	-0.22	0.19	-0.16	0.8718
mindsetGrowth:interventionMindfulness	-0.05	-0.46	0.35	-0.26	0.7945
mindsetGrowth:Self-compassion	-0.10	-0.39	0.20	-0.65	0.5163
interventionMindfulness:Self-compassion	0.01	-0.27	0.29	0.07	0.9408
mindsetGrowth:interventionMindfulness:Self-compassion	0.19	-0.22	0.60	0.93	0.3555
Global self-esteem					
(Intercept)	0.11	-0.10	0.32	1.04	0.3007
mindsetGrowth	-0.15	-0.43	0.14	-0.99	0.3214

term	estimate	conf.low	conf.high	statistic	p.value
interventionMindfulness	-0.05	-0.33	0.24	-0.33	0.7415
Global self-esteem	0.08	-0.14	0.30	0.74	0.4588
mindsetGrowth:interventionMindfulness	0.00	-0.40	0.41	0.02	0.9831
mindsetGrowth:Global self-esteem	-0.16	-0.45	0.13	-1.06	0.2901
interventionMindfulness:Global self-esteem	-0.01	-0.30	0.27	-0.09	0.9245
mindsetGrowth:interventionMindfulness:Global self-esteem	0.10	-0.30	0.51	0.49	0.6232

S5. Secondary outcomes

Task boredom

We fitted a linear model to predict out_2 with mindset. The model's explanatory power is very weak ($R^2 = 2.02e-03$, adj. $R^2 = -5.88e-03$). The model's intercept is at -0.02 (95% CI [-0.22, 0.18]). Within this model:

- The effect of mindset [Growth] is statistically non-significant and positive (beta = 0.09, 95% CI [-0.18, 0.37], $t(379) = 0.67$, $p = 0.500$, Std. beta = 0.10)
- The effect of intervention [Mindfulness] is statistically non-significant and positive (beta = $1.56e-03$, 95% CI [-0.27, 0.28], $t(379) = 0.01$, $p = 0.991$, Std. beta = $1.62e-03$)
- The interaction effect of intervention [Mindfulness] on mindset [Growth] is statistically non-significant and negative (beta = -0.11, 95% CI [-0.50, 0.28], $t(379) = -0.54$, $p = 0.587$, Std. beta = -0.11) and We fitted a linear model to predict out_2 with intervention. The model's explanatory power is very weak ($R^2 = 2.02e-03$, adj. $R^2 = -5.88e-03$). The model's intercept is at -0.02 (95% CI [-0.22, 0.18]). Within this model:
- The effect of mindset [Growth] is statistically non-significant and positive (beta = 0.09, 95% CI [-0.18, 0.37], $t(379) = 0.67$, $p = 0.500$, Std. beta = 0.10)
- The effect of intervention [Mindfulness] is statistically non-significant and positive (beta = $1.56e-03$, 95% CI [-0.27, 0.28], $t(379) = 0.01$, $p = 0.991$, Std. beta = $1.62e-03$)
- The interaction effect of intervention [Mindfulness] on mindset [Growth] is statistically non-significant and negative (beta = -0.11, 95% CI [-0.50, 0.28], $t(379) = -0.54$, $p = 0.587$, Std. beta = -0.11)

Boredom				
Predictors	std. Beta	standardized CI	Statistic	p
(Intercept)	-0.02	-0.23 – 0.18	-0.22	0.824
mindset [Growth]	0.10	-0.19 – 0.38	0.67	0.500
intervention [Mindfulness]	0.00	-0.28 – 0.29	0.01	0.991
mindset [Growth] * intervention [Mindfulness]	-0.11	-0.52 – 0.29	-0.54	0.587
Observations	383			
R ² / R ² adjusted	0.002 / -0.006			

Stress

We fitted a linear model to predict out_1 with mindset. The model's explanatory power is very weak ($R^2 = 0.01$, adj. $R^2 = 2.48e-03$). The model's intercept is at 0.12 (95% CI [-0.08, 0.32]). Within this model:

- The effect of mindset [Growth] is statistically non-significant and negative (beta = -0.23, 95% CI [-0.50, 0.05], $t(379) = -1.63$, $p = 0.104$, Std. beta = -0.24)
- The effect of intervention [Mindfulness] is statistically non-significant and negative (beta = -0.20, 95% CI [-0.47, 0.07], $t(379) = -1.44$, $p = 0.152$, Std. beta = -0.21)

- The interaction effect of intervention [Mindfulness] on mindset [Growth] is statistically non-significant and positive (beta = 0.38, 95% CI [-1.92e-03, 0.77], t(379) = 1.96, p = 0.051, Std. beta = 0.40) and We fitted a linear model to predict out_1 with intervention. The model's explanatory power is very weak (R2 = 0.01, adj. R2 = 2.48e-03). The model's intercept is at 0.12 (95% CI [-0.08, 0.32]). Within this model:
- The effect of mindset [Growth] is statistically non-significant and negative (beta = -0.23, 95% CI [-0.50, 0.05], t(379) = -1.63, p = 0.104, Std. beta = -0.24)
- The effect of intervention [Mindfulness] is statistically non-significant and negative (beta = -0.20, 95% CI [-0.47, 0.07], t(379) = -1.44, p = 0.152, Std. beta = -0.21)
- The interaction effect of intervention [Mindfulness] on mindset [Growth] is statistically non-significant and positive (beta = 0.38, 95% CI [-1.92e-03, 0.77], t(379) = 1.96, p = 0.051, Std. beta = 0.40)

Stress/anxiety				
Predictors	std. Beta	standardized CI	Statistic	p
(Intercept)	0.13	-0.08 – 0.33	1.21	0.226
mindset [Growth]	-0.24	-0.52 – 0.05	-1.63	0.104
intervention [Mindfulness]	-0.21	-0.49 – 0.08	-1.44	0.152
mindset [Growth] * intervention [Mindfulness]	0.40	-0.00 – 0.80	1.96	0.051
Observations	383			
R ² / R ² adjusted	0.010 / 0.002			

Achievement goals

We fitted everal independent linear regressions with each achievement goal scale as the outcome. None of the achievement goal variables were associated with the manipulated variables.

term	estimate	conf.low	conf.high	statistic	p.value
agq_oap					
(Intercept)	3.76	3.37	4.14	19.23	0.0000
mindsetGrowth	-0.37	-0.90	0.15	-1.39	0.1641
interventionMindfulness	-0.02	-0.54	0.51	-0.06	0.9543
mindsetGrowth:interventionMindfulness	0.32	-0.42	1.07	0.85	0.3950
agq_oav					
(Intercept)	4.47	4.07	4.87	22.02	0.0000
mindsetGrowth	-0.07	-0.62	0.48	-0.25	0.8002
interventionMindfulness	0.13	-0.42	0.67	0.45	0.6497
mindsetGrowth:interventionMindfulness	0.32	-0.45	1.10	0.82	0.4144
agq_sap					
(Intercept)	4.55	4.23	4.87	28.06	0.0000
mindsetGrowth	-0.22	-0.66	0.22	-0.98	0.3281
interventionMindfulness	-0.03	-0.46	0.41	-0.11	0.9088
mindsetGrowth:interventionMindfulness	0.34	-0.28	0.96	1.09	0.2757
agq_sav					

term	estimate	conf.low	conf.high	statistic	p.value
(Intercept)	5.54	5.26	5.83	38.54	0.0000
mindsetGrowth	-0.12	-0.51	0.27	-0.60	0.5488
interventionMindfulness	0.05	-0.34	0.44	0.25	0.8053
mindsetGrowth:interventionMindfulness	0.23	-0.32	0.77	0.81	0.4200
agq_tap					
(Intercept)	5.62	5.36	5.88	42.54	0.0000
mindsetGrowth	0.19	-0.17	0.54	1.02	0.3081
interventionMindfulness	0.29	-0.07	0.64	1.57	0.1161
mindsetGrowth:interventionMindfulness	-0.38	-0.88	0.13	-1.47	0.1433
agq_tav					
(Intercept)	4.77	4.45	5.10	28.68	0.0000
mindsetGrowth	0.05	-0.40	0.50	0.22	0.8286
interventionMindfulness	0.31	-0.14	0.76	1.36	0.1737
mindsetGrowth:interventionMindfulness	-0.11	-0.74	0.53	-0.33	0.7452
agt_p_oap					
(Intercept)	3.61	3.13	4.08	14.98	0.0000
mindsetGrowth	-0.36	-1.00	0.29	-1.09	0.2772
interventionMindfulness	-0.14	-0.80	0.51	-0.44	0.6630
mindsetGrowth:interventionMindfulness	0.83	-0.08	1.75	1.80	0.0732
agt_p_oav					
(Intercept)	4.22	3.71	4.73	16.23	0.0000
mindsetGrowth	-0.23	-0.93	0.46	-0.66	0.5074
interventionMindfulness	-0.13	-0.83	0.58	-0.35	0.7257
mindsetGrowth:interventionMindfulness	0.89	-0.10	1.88	1.78	0.0767
agt_p_sap					
(Intercept)	4.58	4.16	5.00	21.31	0.0000
mindsetGrowth	-0.09	-0.66	0.49	-0.30	0.7673
interventionMindfulness	0.12	-0.46	0.71	0.42	0.6747
mindsetGrowth:interventionMindfulness	0.48	-0.34	1.29	1.15	0.2494
agt_p_sav					
(Intercept)	5.46	5.07	5.84	28.12	0.0000
mindsetGrowth	-0.12	-0.64	0.40	-0.45	0.6545

term	estimate	conf.low	conf.high	statistic	p.value
interventionMindfulness	0.04	−0.49	0.56	0.14	0.8926
mindsetGrowth:interventionMindfulness	0.32	−0.41	1.06	0.87	0.3870
agt_p_tap					
(Intercept)	5.45	5.11	5.79	31.75	0.0000
mindsetGrowth	0.12	−0.34	0.58	0.51	0.6100
interventionMindfulness	0.34	−0.12	0.81	1.45	0.1488
mindsetGrowth:interventionMindfulness	−0.21	−0.86	0.44	−0.63	0.5266
agt_p_tav					
(Intercept)	4.71	4.30	5.12	22.74	0.0000
mindsetGrowth	0.09	−0.46	0.64	0.32	0.7464
interventionMindfulness	0.32	−0.24	0.88	1.13	0.2613
mindsetGrowth:interventionMindfulness	0.27	−0.52	1.05	0.67	0.5062

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