

# THE DONUT.



This is a donut. It is very sweet and very good. But if you have never tasted a donut, you cannot know how sweet it is.

*Transcendental Meditation is the experience of the sweetest nectar of life: pure bliss consciousness.*

# THE SURFACE OF LIFE.



We live in a world of surfaces. We see the wood, the metal, the traffic. But the tree is not healthy; the leaves are turning yellow, the branches are drooping.

"Surface Cures: A never-ending horror story of stress, relativity, and noise."

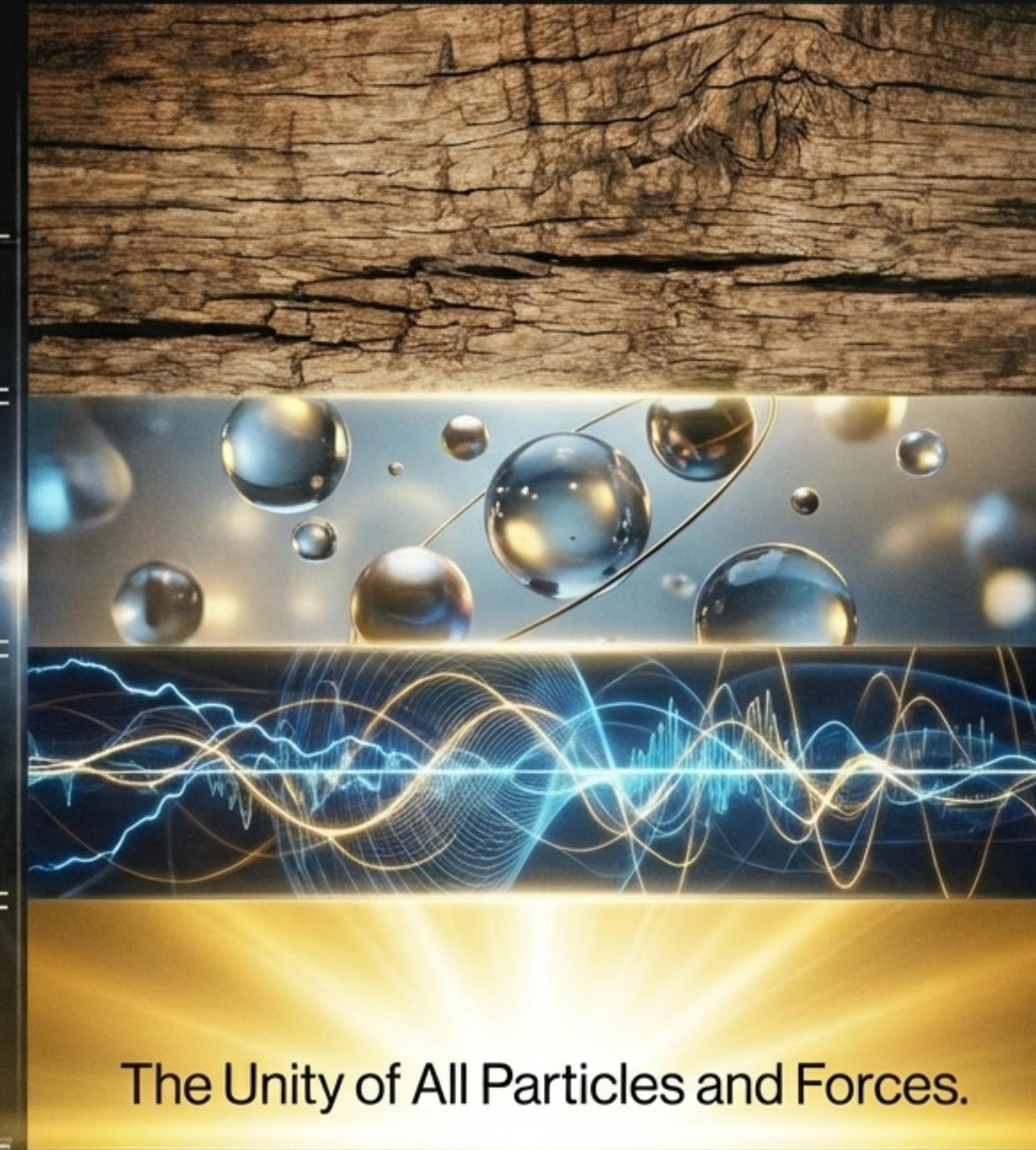
# MATTER TO MIND.

MATTER

MOLECULES  
& ATOMS

QUANTUM  
FORCES

THE UNIFIED  
FIELD



The Unity of All Particles and Forces.

300 years of science aimed downward. From things, to atoms, to forces, to the field the field of no-thing.

# THE VEHICLE IS A KEY.

You cannot walk into this field. It is unmanifest. True happiness is not “out there.”

The Mantra is a specific sound vibration thought. It is the key that turns the awareness naturally within.



# THE DIVE.

Why do we dive? Because each deeper level of mind has more happiness.



At the borderline of intellect, you Transcend. You leave the field of relativity and splash into lively silence.

# THE OCEAN OF CONSCIOUSNESS.



The 'I Am-ness' of Life. If you took consciousness away, we wouldn't exist.

# CATCHING THE THE BIG FISH.



You catch a fragment—a little purple fish with red fins. You fall in love with it. That fish becomes bait for the next one.

Small Consciousness = Small Fish  
(Shallow Ideas).

Expanded Consciousness =  
Big Fish.

# THE INTUITION ENGINE.



The intellect will  
only take you so  
far.

You must “feel-  
think.”

As your ball of  
consciousness  
expands, you are  
literally making the  
unconscious conscious.  
You catch the luck.



# THE MYTH OF THE SUFFERING ARTIST.

Suffering restricts the flow. If you have a splitting headache and nausea, how much work are you going to get done?

Bliss expands the flow. Van Gogh didn't suffer while he was painting; painting was his only happiness.

# THE LIGHTBULB PRINCIPLE.



Darkness is not a thing;  
it is the absence of  
something. You cannot fight  
darkness with a baseball bat.

You turn on the light. The light  
of unity removes the darkness  
of negativity automatically.

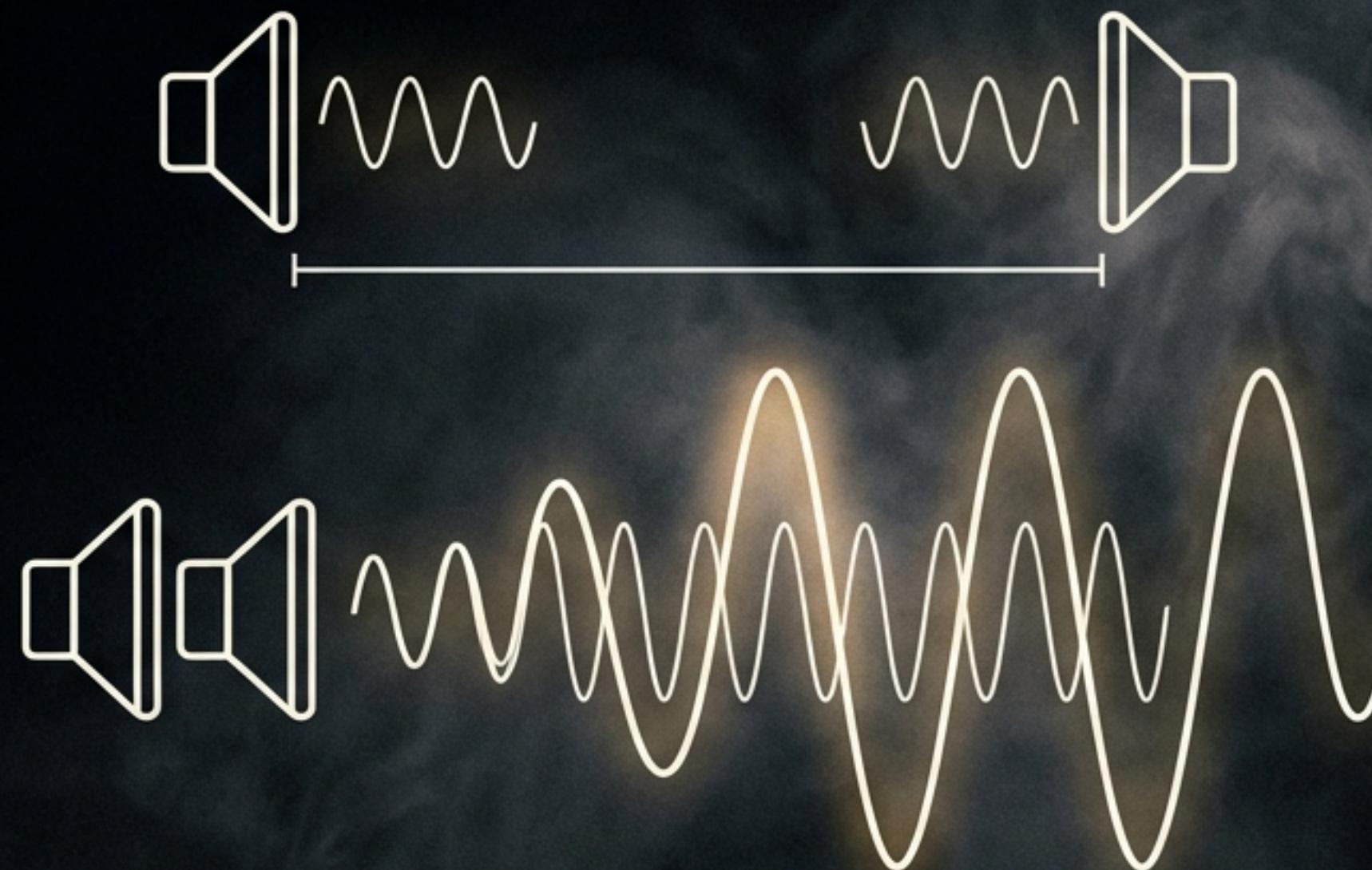


The experienced gardener does  
not worry about the yellow leaves.  
They get it from the source.

# WATER THE ROOT.

Real peace is not just the absence of war;  
it is the absence of the seeds of war.

# THE SQUARE ROOT OF 1%.



Constructive Interference.

- Two loudspeakers separated = one volume.
- Two loudspeakers close together = the equivalent of four.
- Three loudspeakers = nine.

A peace-creating group generates a force field of dynamic peace. Negativity lifts away.

# FAILURE IS FREEDOM.



Failure is a huge sadness,  
but a huge euphoria.  
There is nowhere to go but  
up. You have nothing left  
to lose.

Success can be a nightmare.  
You worry about falling.  
Keep the ball of  
consciousness expanding  
regardless of the outcome.

# TOTALITY.

“What is the meaning of life? It is not a riddle. It is Totality.  
More than the most, smaller than the smallest, larger than the largest.  
Know it by being it.” in Bone White

# BE TRUE TO YOURSELF.

Druk Wide Bold, Lynchian Gold (#COA060)



Have your own voice  
ring out. Never turn  
down a good idea,  
never take a bad idea.  
Neue Haas Grotesk  
Display, Bone White

(#EOEOEO)

“It’s Cappuccino Time.  
Oh my god, it’s heaven.”

Neue Haas Grotesk Display, Bone White