## Norvan Fall Hike, May 22, 2022

After raining for some time, we finally have an awesome weather over the Victoria long weekend. Probably due to the nice weather, the registration start picking up since Wednesday and we have a big hiking group this time with 16 energetic hikers and hiking persistently for over 5 hours.

We started from the rice lake parking log and hike all the way up to Norvan fall by the time we got there, it started to rain a bit but feel refreshing. All the hard work of the hike is worth once we saw the amazing fall and breath the clean fresh air up in the mountain.

Kudo to two newcomers as this might seem to be a long hike but they are awesome and followed the group to the end with the same pace. Good job and hope to see them often in our future BOC hikes.

The Google fit app show we did 23K for 31,000 steps. Maybe some discount need to be applied as the figure seems on the high side. Good motivation though.

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Photos: Shirley Fong, Gerard Laman