

Trip Report for Pacific Spirit Park and beach Aug. 11

Inbox



**Barbara Waldern**

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hours ago)

to me

There were only two of us ready to go on the scheduled BOC Pacific Spirit Park hike by the morning of August 11. Therefore, we tagged along with the Vancouver Venturers Walking Club, which had a similar route planned in that area that same day. The VVWC hosts were very welcoming.

We met at Locarno Beach and headed along the beach path to the trail head at Spanish Banks West. (Note that parking is no longer free as of a week ago.) The weather was pleasant at 24C with a slight breeze. We climbed the stairs up the Banks following Admiralty Trail, rolling and winding, until we turned at Sword Fern Trail. We crossed Chancellor Drive and headed towards West 10th Avenue through the trees and ferns. First Nations residences are being developed there along 10th. Beginning the return trip, we took Salish Trail at the golf course fence.

Many hikers gathered on the grass in a shady spot on Locarno Beach to eat their packed lunches together. It was quite pleasant chatting, seated in a circle, and enjoying the ocean scenery.