

Minnekhada Regional Park – May 08

Gerard Laman

The weather was dry when we left home, and we thought that we would be lucky because the weather forecast was for rain. However, it started to rain when we got closer to the park and this turned into a solid rain at the parking lot. Time to put on the rain pants.

The five of us, properly dressed, started on the easy part of the trail. This changed at the first climbing part of the trail to rocks and slippery wet roots. Our first stop, for a quick break, was at the High Knoll. This will on a clear day provide a good view of the Pitt River with Burnaby Mountain in the distance. However, this was not a clear day and with low hanging clouds we only had a limited view.

We descended from the High Knoll and continued our hike to the Addington Lookout. The weather had cleared up and we stopped for an early lunch. After lunch we continued our hike on the Mid-Marsh trail. We had a nice view of a beaver lodge. After a good look at the Upper and Lower Marshes we continued the hike back to the parking lot.

We all agreed that this turned out to be a great hike.

Photo credits: Yuanyuan and Gerard