## Gold Creek Canyon Trail – Golden Ears Park, September 1st, 2019

## Gerard Laman

With seven BOC members and one guest we traveled to the Gold Canyon Creek trail in Golden Ears Park. First on the East side and returned on the West side of the creek.

We started the hike from the West Canyon Parking Lot. First we traveled for a short distance on the West Canyon Trail but then followed a small trail to the Lower Falls Trail that is on the East side of the canyon. This trail is easy walking and took us to an area above the Lower Falls. We explored this beautiful area with great views of the falls. The next trail that connects to the East Canyon Trail was a real scramble but fortunately not too long. A few years ago a new bridge was constructed (the old bridge was destroyed many years ago) and this has created a hiking loop from the East side to the West side of the canyon.

After crossing the Gold Creek, we had to hike up to the West Canyon Trail. On this trail we had a good view of the Gold Creek and the canyon. In the distance we could see the new bridge. After lunch we decided to have also a look of the Lower Falls, but this time from an area at the bottom of the falls.

After a five hour hike we returned to the parking lot where we had started. Our guest was very happy with the hike and became a member. The weather forecast was not too good for Sunday but fortunately the weather improved during the hike and we had sun shine most of the time. We finished our day with some snacks and drinks at Timmies.