

Cypress Falls to Whyte Lake Trail

April 24, 2022 – Gerard Laman

With nine BOC members we started this hike on a sunny Sunday morning. This time we were lucky with good hiking weather, because the weather forecast had changed to some rain for Sunday.

We started at the Lower Falls trail which gave us a good view of the bottom of the Lower Falls. This trail joins later the main trail close to the top of the Lower Falls. There was an impressive volume of water rushing past the falls.

We continued our hike along the Cypress Creek, from the Lower Falls to the Upper Falls through forests of Douglas Fir and Western Red Cedar trees covered in lichens from the moist environment. It required to hike some steep sections to reach to top of the Upper Falls.

After the falls we followed an open forestry road to the west when we came again under cover of the forest. After about four kilometers we connected with the Whyte Lake Trail that follows the Nelson Creek that has a steep ravine crossed by falling trees. Along the creek stood some giant old growth trees.

Shortly after this we reached Whyte Lake. We decided to hike to the North side of the lake for our lunch break.

After lunch we followed the same route back to the parking lot at Cypress Falls Park.

We all had a great hike on a beautiful day.

Photos by Barbara and Gerard