

Historic Mushroom Hike

October 26, 2021 – Gerard Laman

With 10 people we started our hike on the Baden Powell trail at the Hyannis Point. The weather forecast was rain, turning into heavy rain and strong winds in the afternoon. Fortunately, it was dry in the morning so the hike was a go. However, as a precaution we all put our raingear on at the trailhead.

The first part of the BP Trail was easy but turned into a section that is steep and required some hand and foot work. Most members of the group didn't know that the Historic Mushroom was the former site of the Mushroom Parking Lot, which was both the road's end and highest parking for Mount Seymour Provincial Park until the 1950s. A commemorative display which shows the parking lot's past, provided us with the historical information.

After this historical note we continued our hike to a parking lot across the Mt Seymour Rd that has also picnic tables. We stopped here for a short break, but at this time we had a light rain so we didn't use the picnic tables but took shelter under the trees. The rain however stopped shortly after our break.

We continued our hike via the Old Buck Connector Trail to the Old Buck Trail. Later we followed the BP trail and stopped for lunch at a nice clearing along the trail. We finished our hike having to scramble down the steep sections before we reached end of our hike. It had just started to rain when we got in to our cars and when we arrived back in Burnaby the rain turned into a cloud burst.

We were happy that we had ignored the weather forecast and had not cancelled our hike.