

Buntzen Lake to Sasamat Lake

September 12, 2021 – Gerard Laman

On a heavy overcast Sunday morning five BOC members gathered at Buntzen Lake for a hike to Sasamat Lake. We started crossing the floating bridge where the old tree stumps standing in the water were shrouded in the mist. The first part of the hike was the Diez Vistas Trail. There was a sign at the beginning of the trail that the upper section of this trail was closed for work by BC Hydro. Fortunately, our hike was only on the lower section of the Diez Vista Trail.

The rain, as was forecasted, started at the beginning of the hike so we put on some rain gear. When we reached the junction of the Sugar Mountain Trail that would lead us to Sasamat Lake we saw through the trees linemen working on the power pole.

After hiking for a short time on this trail we followed a much smaller trail, named Ted's Triple Trail. On this trail there were some remnants of an old car and it's a mystery how it ended up here.

The weather had improved in the meantime and the sun started to peak through the clouds. We reached Sasamat Lake at about 11:30am and because it was too early for lunch we decided to hike around the lake. When we had completed our walk around the lake Jim went for a swim and he declared that the water temperature was great. A flock of Canadian Geese provided us with a show of washing and playing.

After lunch we returned via the same route back to Buntzen Lake.