

Bowen Lookout Snowshoe Hike, Cypress Provincial Park

January 12, 2023 – Gerard Laman

On this Sunday morning seven BOC members and two guests started our first of the season's snowshoeing hike. The weather was much better than forecasted, no rain and even some blue sky. The rain in the last week had reduced the snow pack and there were some bare spots on the ski slopes.

The snowshoe trail was still well packed and easy to hike. We started at the Cypress Creek what is the outflow of Yew Lake and admired the scenery along the lake. We continued the trail through a small section of old growth trees. We soon had to start climbing the trail to the Bowen Lookout but close to the viewpoint we made a small detour to get a good look at the Two Lions. We stopped there for a short break and returned on our trail to the lookout trail. Only a few hundred meters and then we enjoyed the view of the Sunshine Coast across the water. We stopped here for lunch and to our surprise saw no birds that wanted to be fed. Halfway through our lunch the weather changed and we got a little bit of rain. We packed up and returned back to the parking lot.

For several of our group this was the first time on snowshoes, they liked it and signed up for the next snowshoeing hike. Thanks everyone to have made this a great snowshoeing hike.

Photo credits: Yoko, David and Gerard