Despite the day being heavily overcast, a rarity in the preceding fifty days, seven members headed out on the Howe Sound Crest Trail.

The path is well constructed and maintained for the first three kilometers or so. We passed by Strachan Meadows, enjoying a few blueberries and huckleberries as they started to ripen. Later the trail becomes more challenging with plenty of exposed roots and rocks on steeper terrain. Finally the peak appeared, still draped in cloud, so the Howe Sound views will have to be imagined for now. On the return journey we stopped at Bowen Lookout where chipmunks, Grey Jays and Stellar Jays entertained us.

Thanks to Gerard for the great photos.

Jim McCavour