

Trip Report: Vedder Loop on Sept. 29

Inbox



Barbara Waldern

6:43 PM (3
hours ago)

to me

The day began somewhat cool (8c) but transformed into a stunningly beautiful, warm day, allowing nature to show off the spectacular surroundings. The gorgeous mountains looking on, throngs of people lined the Vedder River to make the most of the salmon run. We were lucky to quickly find parking in the Vedder Park recreational and training grounds. Learning that much of the Vedder Rotary Trail on the TransCanada route were officially closed for flood repairs, we amended our plan. After walking westward halfway to the Great Blue Heron Nature Reserve, we turned around to take the Vedder Bridge. We took a short break there to enjoy the vantage from the south side. Next, we drove to the Nature Reserve, again lucky to find a spot to park right away. Few birds were around, though we spied various ducks, a Downy Woodpecker, a Siskin, a House Finch and a King Fisher. Following paths along the Lagoon, we wandered into some salmon spawning observation areas. No adult salmon did we see--only a few "fingerlings" (babies). After a bit of a walk through the forest, we took in another peaceful view of the Lagoon before starting the trip back to Burnaby around 1p.m. It only took 40 minutes as the traffic on Hwy 1 was clear and speedy.