

## **Norvan Falls hike**

November 2<sup>nd</sup>, 2024 – Gerard Laman.

We started the hike on Saturday morning with nine BOC members and one guest on this cloudy but dry day. The trail to the Norvan Falls is in the Lynn Headwaters Regional Park. We started on the Lynn Loop Trail and the Cedars Mill Trail that follows the Lynn Creek. The creek was flowing fast and was full due to the heavy rain of the past week. After about 4km we stopped for a quick snack break at the Third Debris Chute. We decided at this point to continue our hike to the Norvan Falls because the rain that had been forecasted had not materialized. From here we followed the Headwaters Trail to the Norvan Falls. This part of the trail has several difficult sections with flowing creek crossings. The forest was very green with moss-covered trees. When we reached the Norvan Creek, we hiked for about 200m upstream to get to the base of the Norvan Falls. The Falls were spectacular with a high volume of water coming down. We stopped here for lunch after which we retraced our steps to the parking lot. After just over five hours we returned to our cars,

Thanks to the drivers: Yoko and Gerard

Photos by Lina and Gerard