

## Lynn Creek and Seymour River Hike

November 27, 2022 – Gerard Laman

The basic numbers for this hike:

- One creek and one river crossing twice
- 2 suspension bridges
- 2 pipe bridges
- More stairs and steps than we could count
- Elevation gain 170 meters, times two will make it a cumulative gain of 340 m

With seven club members on this sunny Sunday morning, we started our creek and river crossing hike from the Rice Lake parking lot. At the beginning we crossed the Lynn Creek on the Pipeline Bridge and started the hike on the Baden Powell trail along the west side of the creek. At the Lynn Creek Suspension Bridge, we crossed the creek to go to the East side. Along the Lynn Creek we stopped for a snack and enjoyed the view of the fast-flowing water.

We had been going down to the water level for a while and it was time to continue our hike but we had to go back-up to the elevation that we had lost via many stairs. In order to cross the Seymour River, we had to descent via switch backs and a steep stairs. We crossed the river via the Pipe Bridge and followed the trail on the East side. After some time, we reached the Seymour River Suspension Bridge, crossed the bridge and continued till we found our spot for lunch along the Seymour River.

After lunch we hiked back up from the water level to the parking lot to complete our hike.

We all had a great time on this hike in the sunshine.