Caulfeild Trail and Lighthouse Park --- February 16, 2020

Starting at the foot of Stearman Avenue, Caulfeild (yes, it is spelled correctly) Trail follows a winding and circuitous route along the shoreline and rocky pathways east of Lighthouse Park. It passes by waterfront mansions that one can only dream of owning. But the terrific views of English Bay, the Vancouver skyline, and Strait of Georgia are free for everyone. There are hidden beaches, historical markers and even a delightful small pier. Once inside the park itself, Valley of the Giants Trail does not disappoint, with dozens of centuries old magnificent cedar and fir trees. The Lighthouse itself is now automated, but the structure dates from 1912. Proceeding up Shore Pine Trail, our group of eight had vistas of Passage, Bowen and Vancouver Islands. We returned to Caulfeild Trail and completed our day by walking the last 200 meters along the beach to the trailhead.

Thanks to Gerard and Ling for the fine photos.

Jim McCavour