Dog Mountain & Suicide Bluffs Trails – August 21, 2022

Gerard Laman

We had 12 full time hikers for this hike and one, only for the Dog Mountain section. It was a cool Sunday morning with low hanging clouds at the parking lot that limited our views. The Dog Mountain Trail has for a major section lots of roots and rocks to scramble over. The water level at First Lake was lower than normal due to the dry summer we have had. At the Dog Mountain Bluffs, we had to share the view many other hikers. Unfortunately, the view was limited due to the low clouds.

After our little snack break, we returned via the Suicide Bluffs trail. The trailhead is hidden and the sign that this was not the trail to the parking lot was just fine for us. This trail is more enjoyable because it's not as badly eroded as the Dog Mountain trail. However, it has some steeper sections where at two places ropes have been installed that help to make the climb easier. We had our lunch at the second peak on the Suicide Bluffs that is higher than Dog Mountain, and when we arrived, we had a bit of a view but this didn't last too long. After lunch we continued our hike with many down and uphill sections to the Mount Seymour trail. We followed this trail downhill till to the parking lot.

This was a great hike with great people.

Photo credits: Barbara Waldern & Gerard Laman