

Minnekhada Park Hike

About 10 BOC members carpooled to Sasamat Lake on Sunday, November 21. The weather surprised us by becoming sunny by noon, which made it great for photo shots and lingering along the trail.

First, we circled the small lake, where swimmers in wet suits and not were traversing the water. Then we started the climb up the side of Buntzen Mountain to Diez Vistas Lookout. The path was a little challenging, for it got steeper and narrower to the top and required extra caution and a few grabs at roots and rocks for support. The effort was well worth it, as it usually is, for we enjoyed a spectacular vista of Sasamat and Buntzen Lakes, Burrard Inlet and several municipalities from high above as we ate lunch together. We completed the 12 km course in good time.



Sasamat Lake



Sasamat Lake and Burrard Inlet, viewed from Diez Vistas



Our happy gang at the summit.