

Norvan Falls – December 1st, 2019

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Ten members of the Burnaby Outdoor Club started off their last month of the year with a hike to Norvan Falls. Our two cars (thank you Gerard and Jacques for driving us!) set out for the lush green forests of Lynn Headwaters Regional Park from the Burnaby City Hall on a cloudy morning. There were few distractions along the way, other than a two-car collision that slowed down traffic for a small portion of our commute.

Our hike started at the park entrance at the end of the Lynn Valley Road, North Vancouver. We followed the Headwaters Trail and returned via the Cedars Mill Trail for a total hiking time of about 5 hours 45 minutes. The total time included a snack break, a lunch break as well as a short detour to check-out an interesting-looking, giant boulder.

The hike offered some fantastic views of second growth Cedar as we passed over several small streams, pools of mud, and walked under or around small groves of trees. The trail was neither too busy nor completely isolated. Along the way, we encountered many polite runners and several well-behaved dogs. The surroundings were rich with moss that blanketed the forest floor and hung from tree branches. We also saw old buckets and some rusty old tools, left over from the logging operations of the early 1900's.

Just as a couple of members of our hiking group mentioned that they were getting hungry, the sound of rushing water signaled that we were getting close to Norvan Falls. We followed the path down to the rocky edge of the creek where we could get the best view of the waterfall and stopped to lunch under some freshly descending flurries. As soon as we finished our lunch, the flurries stopped as magically as they had started, and it was time for us to head back to the parking lot. On our way back we encountered a bridge that had collapsed under a fallen tree in a recent storm.

Overall, it was a great hike – nice weather, beautiful surroundings, and delightful company. Thank you Gerard and Rimka for co-leading our hike. A lovely start to the festive month of December!