

Trip Report: Norvan Falls, April 29th, 2023

At 8:30 am, 12 BOC members gathered at the Burnaby City Hall, excited about the perfect hiking weather conditions.

Gerard, Su-Jane and Monisha drove the group to Lynn Headwaters Regional Park for the 14+ kms hike.

After crossing the Lynn Creek bridge we walked through the groves of second growth Cedar on the Cedar Mills Trail.

As we got deeper into the forest, we had a lovely and safe encounter with a nonchalant black bear, who sauntered off from the trail into the nearby river.

We continued our walk hugging the river and saw several people and pets, of various ages and abilities, all taking advantage of the beautiful weather to spend their day out in nature.

After a light snack at the clearing of Third Debris Chute, we started our ascend towards the waterfall.

We reached Norvan Falls just after noon. With the spring melt underway, the falls were brimming with gushing water. We took a break to have our lunch and enjoyed the sights and sounds of the beautiful and thunderous waterfall.

After lunch, several hikers walked across and back on the suspension bridge, while some stayed on shore and watched.

We took another short break at the Third Debris Chute on our way back and returned to the parking lot around 3:00 pm, after a thoroughly satisfying and fun hike!

Trip Report by Monisha
Pictures by Gerard