

Burnaby Mountain Loop, Friday November 11th, 2022

Six BOC members carpooled from the Burnaby City Hall parking lot and met up with five other BOC members at Burnaby Mountain at 9:45 am on a crisp, Friday morning.

With ample, excited, chatting throughout the trip, Gerard had to blow his whistle a couple of times to get everyone's attention. Needless to say, the group of eleven had a fantastic time doing the Burnaby Mountain loop!

From the parking lot, we walked next to the Playground of the Gods (Kamui Mintara) sculptures, spotted the Velodrome below and descended the 516 stairs.

There were lots of leaves on the ground and we saw some breathtaking views of Burrard inlet, Indian arm and Belcarra regional park along the way.

Just before 11:00 am the group discussed the importance of Remembrance Day and then at exactly 11:00 am we stopped and paid our respects to everyone impacted by wars and observed a minute of silence and reflection.

As we continued our hike, we started encountering some other hikers - young families and dog walkers - as well as a few lone cyclists along the way.

At 11:45 am we stopped for lunch and by 1:15 pm we were back in the parking lot that we started from.

It was a short and sweet hike, and we couldn't have asked for better weather or company!

Huge thanks to the two carpool drivers - Jim and Gerard.

Trip Report by Monisha
Pictures by Gerard