

Norvan Falls hike

April 28, 2024 – Gerard Laman.

We started the hike with six BOC members on this rainy Sunday in April 28th. The trail to the Norvan Falls is in the Lynn Headwaters Regional Park. We started on the Lynn Loop Trail and the Cedars Mill Trail that follows the Lynn Creek. The area along the Lynn Creek was logged in the 1900 and we could still see some remnants of this activity. After about 4km we stopped for a quick snack break under the cover of the trees to stay dry before we entered the open area of the Third Debris Chute. From here we followed the Headwaters Trail to the Norvan Falls. This part of the trail has several difficult sections with flowing creeks crossing and we all got wet feet at the end of the hike. The forest is very green with a moss-covered forest floor. When we reached the Norvan Creek, we hiked for about 200m upstream to get to the base of the Norvan Falls. The Falls were spectacular with a high volume of water coming down. We stopped here for lunch and then we had to return on our steps to the parking lot. Some time on the way back the sun started to shine, but shortly after this it turned in a hard downpour. After six hours we returned to our cars, wet but happy that we had a good day.

Thanks to the drivers: Jacques and Gerard