

## Baden Powell Trail to Quarry Rock – Nov. 3, 2019

Rimka Laman

Ten of us met at Burnaby City Hall & piled into two cars while the other four hikers were waiting for us at the trailhead. The weather was cloudy with sunny periods. Right at the trailhead we noticed some trail building equipment and sure enough, not long after we started hiking, we were followed by 4 energetic young persons who were going to fix up the Bridal Trail. We are so thankful for people like them.

The hike started with quite a bit of boardwalks to walk on so some of our group was very happy for the easy going till we hit a rocky & rooty hill. A great way to warm up though! Off came jackets and such. When we caught our breath we continued on and met quite a few mountain bikers pedaling uphill as there are many bike trails in the area. We crossed the main road, stopped for some snacks and water, and continued on to Quarry Rock. We stopped there for lunch while watching the views and enjoying the sunshine. After lunch we retraced our steps back to our cars.

Great day, great company!

Thanks to Sue, Su-Jane & Gerard for driving!