

Burnaby Mountain, December 26, 2019

A bright day greeted 12 of us at the Cameron Recreation centre, where we had arranged to meet on Boxing Day for the 13th annual jaunt up and around Burnaby Mountain.

Fearing that we had got into a bit of a rut over the past 12 years, this year we elected to loop around the mountain in a clockwise direction. The route we followed was a mix of mountain trails, Burnaby's Urban Trail and a few short stretches of sidewalk. After we started to gain a bit of elevation, Vincent soon decided it was warm enough for shorts and struggled to unzip the lower half of his convertible pants. Help was fortunately close to hand (or foot) and soon the breeze was blowing around his exposed knees.

Shortly before noon we arrived at the high point of our walk, not far from Horizons Restaurant. Here, we sat at the benches and picnic tables to eat lunch while enjoying views across Burrard Inlet and up Indian Arm to snow covered peaks to the north.

From there we followed a trail which winds around the west and north sides of Burnaby Mountain, gradually descending on the east side along a BC Hydro line. Strangely, it seemed that everyone else out walking was heading in the opposite direction – counter-clockwise – perhaps there was some reason we have always done it in that direction? One of the mysteries of life.

Back at the parking lot, some of us headed over to Timmies, while others departed in different directions.

Photo credits: David Cater