

Bowen Lookout - Snowshoe Hike

January 16, 2022 – Gerard Laman

The weather forecast for this Sunday was changing every day during the week and not for the better. Fortunately, on Sunday the weather had cleared up and with seven BOC members and one guest we started our snowshoeing hike on Cypress Mountain. The weather was good with the temperature around 0° C with overcast clouds high in the sky. For several members of our group this was their first experience going on snowshoes. The first part of the Bowen Lookout Trail goes along Yew Lake. This lake was frozen over and covered with snow but the outflow creek was still open. After about 30 minutes on this level trail, we had to start to climb to get to the Bowen Lookout. When we reached the lookout, we had a great view of Howe Sound with Bowen Island and Gambier Island and the Sunshine Coast in the distance. The Whiskey Jacks and Stellar Jays were eating out of our hands. The Stellar Jays also had to bite in the hand that feed them.

After this short break for a drink and a snack we continued our hike via the Howe Sound Crest Trail to a great viewpoint of the snow peaked Lions. This location gives a different view of the Lions than man normally gets and from close by. We returned for a short distance on the HSCT till we had an open section on the trail and had our lunch in the sunshine. We returned following the same trail, but easy going down, to the parking lot.

This was a great day to get used to snowshoeing on an easy trail and with good weather.

Photos by: Barbara, Ellen and Gerard

Drivers: Catherine and Gerard