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**Rationale and Objectives:** We propose an automated segmentation pipeline based on deep learning for proton lung MRI segmentation and ventilation-based quantification which improves on our previously reported methodologies in terms of computational efficiency while demonstrating accuracy and robustness. The large data requirement for the proposed framework is made possible by a novel template-based data augmentation strategy. Supporting this work is the open-source *ANTsRNet*—a growing repository of well-known deep learning architectures first introduced here.

**Materials and Methods:** Deep convolutional neural network (CNN) models were constructed and trained using a custom multilabel Dice metric loss function and a novel template-based data augmentation strategy. Training (including template generation and data augmentation) employed 205 proton MR images and 73 functional lung MRI. Evaluation was performed using data sets of size 63 and 40 images, respectively.

**Results:** Accuracy for CNN-based proton lung MRI segmentation (in terms of Dice overlap) was left lung: 0.87 0.03, right lung: 0.88 0.02, and whole lung: 0.88 0.02. Although less accurate than our previously reported joint label fusion (JLF) approach (left lung: 0.95 0.02, right lung: 0.96 0.01, whole lung: 0.96 0.01), processing time is 1 second per subject for the proposed approach versus ~30 minutes per subject using JLF. Accuracy for quantifying ventilation defects was determined based on a consensus labeling where average accuracy (Dice multilabel overlap of ventilation defect regions plus normal region) was 0.94 for the CNN method; 0.92 for our previously reported method; and 0.90, 0.92, and 0.94 for expert readers.

**Conclusions:** The proposed framework yields accurate automated quantification in near real time. CNNs drastically reduce processing time after offline model construction and demonstrate significant future potential for facilitating quantitative analysis of functional lung MRI.

**Key Words:** Advanced Normalization Tools, ANTsRNet, hyperpolarized gas imaging, neural networks, proton lung MRI, U-net

# INTRODUCTION

Probing lung function under a variety of conditions and/or pathologies has been significantly facilitated by the use of hyperpolarized gas imaging and corresponding quantitative image analysis methodologies. Such developments have provided direction and opportunity for current and future research trends [1]. Computational techniques targeting these imaging technologies permit spatial quantification of localized ventilation with potential for increased reproducibility, resolution, and robustness over traditional spirometry and radiological readings [2, 3].

One of the most frequently used image-based biomarkers for the study of pulmonary development and disease is based on the quantification of regions of limited ventilation, also known as *ventilation defects* [4]. These features have been shown to be particularly salient in a clinical context. For example, ventilation defect volume to total lung volume ratio has been shown to outperform other image-based features in discriminating asthmatics vs. non-asthmatics [5]. Ventilation defects have also demonstrated discriminative capabilities in chronic obstructive pulmonary disease (COPD) [6] and asthma [7]. These findings, along with related research, has motivated the development of multiple automated (and semi-automated) segmentation algorithms which have been proposed in the literature (e.g., [8–12]) and are currently used in a variety of clinical research investigations (e.g., [13]).

Despite the enormous methodological progress with existing quantification strategies, recent developments in machine learning (specifically “deep learning” [14]) have generated new possibilities for quantification with improved capabilities in terms of accuracy, robustness, and computational efficiency. The outgrowth of research, in conjunction with advances in computational hardware, has resulted in significant developments in various image research areas including classification, segmentation, and object localization and has led to co-optation by the medical imaging analysis community [15].

In this work, we develop and evaluate a convolutional neural network segmentation framework, based on the U-net architecture [16], for functional lung imaging using hyperpolarized gas. As part of this framework we include a deep learning analog to earlier work from our group targeting segmentation of proton lung MRI [17]. This is motivated by common use case scenarios in which proton images are used for quantifying corresponding ventilation images (i.e., masking regions of interest a la [8–10]).

One of the practical constraints to adopting deep learning techniques is the large data requirements for the training process oftentimes necessitating ad hoc strategies for simulating additional data from available data—a process termed *data augmentation* [18]. While common approaches to data augmentation include the application of randomized simulated linear (e.g., translation, rotation and affine) or elastic transformations and intensity adjustments (e.g., brightness and contrast), we advocate a tailored paradigm to commonly encountered medical imaging scenarios in which data is limited but is assumed to be characterized by a population-wide spatial correspondence. In the proposed approach, an optimal shape-based template is constructed from a subset of the available data. Subsequent pairwise image registration between all training data and the resulting template permits a “pseudo-geodesic” transformation [19] of each image to every other image thus potentially converting a data set of size to an augmented data set of size . In this way, transformations are constrained to the shape space representing the population of interest.

To enhance relevance to the research community, we showcase this work in conjunction with the introduction of *ANTsRNet*—a growing open-source repository of well-known deep learning architectures which interfaces with the Advanced Normalization Tools (ANTs) package [20] and its R package, ANTsR [21]. This permits the public distribution of all code, data, and models for external reproducibility which can be found on the GitHub repository corresponding to this manuscript [22]. This allows other researchers to apply the developed models and software to their data and/or use the models to initialize their own model development tailored to specific studies.

In the work described below, we first provide the acquisition protocols for both the proton and ventilation MR images followed by a discussion of the analysis methodologies for the proposed segmentation framework. This is contextualized with a brief overview of existing quantification methods (including that previously proposed by our group and used for the evaluative comparison). We also summarize the key contributions of this work viz., the template-based data augmentation and the current feature set of ANTsRNet.

# MATERIALS AND METHODS

## *Image acquisition*

Both proton and ventilation images used for this study were taken from current and previous studies from our group. Ventilation images comprised both Helium-3 and Xenon-129 acquisitions as our current segmentation processing does not distinguish between ventilation gas acquisition protocols and we expected similar agnosticism for the proposed approach.

Hyperpolarized MR image acquisition was performed under an Institutional Review Board (IRB)-approved protocol with written informed consent obtained from each subject. In addition, all imaging studies was performed under Food and Drug Administration (FDA)-approved physician’s Investigational New Drug applications for hyperpolarized gas (either Helium-3 and Xenon-129). MRI data were acquired on a 1.5 T whole-body MRI scanner (Siemens Sonata, Siemens Medical Solutions, Malvern, PA) with broadband capabilities and corresponding hyperpolarized-gas chest radiofrequency coils (Rapid Biomedical, Rimpar, Germany; IGC Medical Advances, Milwaukee, WI; or Clinical MR Solutions, Brookfield, WI).

Two imaging protocols were used to acquire the MR images. Both of them are combined hyperpolarized gas (helium-3 or xenon-129) and proton imaging acquisitions. Protocol 1 uses 3-D balanced steady-state free-precession or spoiled gradient-echo pulse sequences with isotropic resolution = 3.9 mm, TR = 1.75–1.85 ms, TE = 0.78–0.82 ms, flip angle= 9-10, bandwidth per pixel=1050-1100 Hz/Pixel, total duration = 10–20 seconds. Protocol 2 uses a contiguous, coronal, 2-D gradient-echo pulse sequence with interleaved spiral sampling scheme, in-plane resolution = 2–4 mm, slice thickness = 15 mm, TR = 8–8.5 ms, TE = 0.8–1.0 ms, flip angle = 20 interleaves = 12–20 (plus 2 for field map), total duration = 3–8 seconds. All subjects provided written informed consent and the data were de-identified prior to analysis.

## *Image processing and analysis*

We first review our previous contributions to the segmentation of proton and hyperpolarized gas MR images [8, 17] as we use these previously described techniques for evaluative comparison. We then describe the deep learning analogs (including preprocessing) extending earlier work and discuss the proposed contributions which include:

* convolution neural networks for structural/functional lung segmentation,
* template-based data augmentation, and
* open-source availability.

An overview of the resulting framework is provided in Figure . The most computationally intensive portion is the offline processing for model training for both structural and functional imaging. However, once that is complete, individual processing consists of a couple of preprocessing steps followed by application of the models which has minimal computational requirements.

### Previous approaches from our group for lung and ventilation-based segmentation

The automated ventilation-based segmentation, described in [8], employs a Gaussian mixture model with a Markov random field (MRF) spatial prior optimized via the Expectation-Maximization algorithm. The resulting software, called Atropos, has been used in a number of clinical studies (e.g., [7, 23]). Briefly, the intensity histogram profile of the ventilation image is modeled using Gaussian functions with optimizable parameters (i.e., mean, standard deviation, and normalization factor) designed to model the intensities of the individual ventilation classes. At each iteration the resulting estimated voxelwise labels are refined based an MRF spatial regularization. The parameters of the class-specific Gaussians are then re-estimated. This iterative process continues until convergence. We augment this segmentation step by iterating the results with application of N4 bias correction [24]. Unlike other methods which rely solely on intensity distributions which discards spatial information, (e.g., K-means variants [9, 11] and histogram rescaling and thresholding [10]), our technique employs both spatial and intensity information for probabilistic classification.

Because of our dual structural/functional acquisition protocol [25], we also previously formulated a joint label fusion (JLF)-based framework [26] for segmenting the left and right lungs in proton MRI as well as estimating the lobar volumes [17]. This permits us to first identify the lung mask in the proton MRI. This information is transferred to the space of the corresponding ventilation MR image via image registration. The JLF method relies on a set of atlases (proton MRI plus lung labels) which is spatially normalized to an unlabeled image where a weighted consensus of the normalized images and labels is used to determine each voxel label. Although the method yields high quality results which are fully automated, one of the drawbacks is the time and computational resources required to perform the image registration for each member of the atlas set and the subsequent voxelwise label consensus estimation.

Note that we have provided self-contained examples for both of these segmentation algorithms using ANTs tools: lung and lobe estimation [27] and lung ventilation [28]. However, given the previously outlined benefits of deep learning approaches to these same applications, we expect that adoption by other groups will be greatly facilitated by the proposed algorithms described below.

### Preprocessing

Because of the low-frequency imaging artifacts introduced by confounds such as radiofrequency coil inhomogeneity, we perform a retrospective bias correction on both proton and ventilation images using the N4 algorithm [29]. These are included in our previously proposed ventilation [8] and structural [17] segmentation frameworks. Since the initial release of these pipelines we have also adopted an adaptive, patch-based denoising algorithm specific to MR [30] which we have reimplemented in the ANTs toolkit. The effects of these data cleaning techniques on both the proton images and ventilation images are shown in Figure .

### U-net architecture for structural/functional lung segmentation

Deep learning, a term denoting neural network architectures with multiple hidden layers, has seen recent renewed research development and application. In the field of image analysis and computer vision, deep learning with convolution neural networks (CNNs) has been particularly prominent in recent years due, in large part, to the annual ImageNet Large Scale Visual Recognition Challenge [31]. Specifically, one of the participating groups in the 2012 ImageNet challenge was the earliest adopter of CNNs. The resulting architecture, colloquially known as “AlexNet” [32], surpassed any approach that had been proposed previously and laid the groundwork for future CNN-based architectures for image classification such as VGG [33] and GoogLeNet [34]. The recent successes of CNNs are historically rooted in the pioneering work of LeCun et al. [35] and Fukushima [36] and others which drew inspiration from earlier work on the complex arrangement of cells within the feline visual cortex [37]. CNNs are characterized by common components (i.e., convolution, pooling, and activation functions) which can be put together in various arrangements to perform such tasks as image classification and voxelwise segmentation.

The U-net architecture was introduced in [16] which extended the fully convolutional neural network (FCN) approach introduced by Long, Shelhamer, and Darrel [38]. U-net augments the “encoding path” (see left side of Figure ) common to such architectures as VGG and FCN with a symmetric decoding path where the corresponding encoding/decoding layers are linked via skip paths for enhanced feature detection. The nomenclature reflects the descending/ascending aspect of its architecture. Each series in both encoding and decoding branches is characterized by two convolutional layers sandwiching an optional dropout layer. This latter modification from the original is meant to provide additional regularization for over-fitting prevention [39]. Output consists of a segmentation probability image for each label from which a segmentation map can be generated.

We used the U-net architecture to build separate models for segmenting both structural and functional lung images. For cases where dual acquisition provides both images, we use the structural images to provide a mask for segmentation of the ventilation image. We used an open-source implementation written by our group and provided with the ANTsRNet R package [40] which is described in greater detail below. We also implemented a multi-label dice coefficient loss function along with specific batch generators for generating augmented image data on the fly.

### Template-based data augmentation

The need for large training data sets is a well-known limitation of deep learning algorithms. Whereas the architectures developed for such tasks as the ImageNet competition have access to millions of annotated images for training, such data availability is atypical in medical imaging. In order to achieve data set sizes necessary for learning functional models, various data augmentation strategies have been employed [18]. These include application of intensity transformations, such as brightening and enhanced contrast. They might also include spatial transformations such as arbitrary rotations, translations, and even simulated elastic deformations. Such transformations might not be ideal if they do not represent shape variation within the range within the population under study.

We propose a template-based data augmentation approach whereby image data sampled from the population is used to construct a representative template that is optimal in terms of shape and/or intensity [41]. In addition to the representative template, this template-building process yields the transformations to/from each individual image to the template space. This permits a propagation of the training data to the space of each individual image. In the simplest case, the training data is used to construct the template and then each individual training image and corresponding labels are propagated to the space of every other image. In this way, a training data set of size can be expanded to a data set of size (see Figure ). A slight variation to this would be to build a template from data sets (where ). Transformations between the training data and the template are then used to propagate the training data to the spaces of the individual members of the template-generating data for an augmented data set size of .

### ANTsRNet

In addition to the contributions previously described, we also introduce ANTsRNet [40] to the research community which not only contains the software to perform the operations specific to structural and functional lung image segmentation but also performs a host of other deep learning tasks wrapped in a thoroughly documented and well-written R package. The recent interest in deep learning techniques and the associated successes with respect to a variety of applications has motivated adoption of such techniques. Basic image operations such as classification, object identification, and segmentation (as well as more focused techniques) have significant potential for facilitating basic medical research. ANTsRNet is built using the Keras neural network library (available through R) and is highly integrated with the ANTsR package, the R interface of the ANTs toolkit. Consistent with our other software offerings, ongoing development is currently carried out on GitHub using a well-commented coding style, thorough documentation, and self-contained working examples [40].

It should be noted that various implementations of different deep learning architectures exist and are largely available to the public. However, we feel that ANTsRNet fills an unmet need. Based on our own search, many publicly available implementations, while functional, are not developed with large-scale distribution and application as end goals. There is little, if any, coding consistency between the various implementations leading to non-standardized APIs and difficulties in code navigation for debugging and/or didactic reasons. In addition, the vast majority employ the Python language which is understandable given its widespread usage by data scientists. However, this work makes these powerful new developments available through a major platform heavily used by statisticians and data scientists. In addition, the R-based interface to the ANTs toolkit allows for preprocessing and data augmentation strategies specific to medical imaging.

Several architectures have been implemented for both 2-D and 3-D images spanning the broad application areas of image classification, object detection, and image segmentation (cf. Table ). It should be noted that most reporting in the literature has dealt exclusively with 2-D implementations. This is understandable due to memory and computational speed constraints limiting practical 3-D applications on current hardware. However, given the importance that 3-D data has for medical imaging and the rapid progress in hardware, we feel it worth the investment in implementing corresponding 3-D architectures. Each architecture is accompanied by one or more self-contained examples for testing and illustrative purposes. In addition, we have made novel data augmentation strategies available to the user and illustrated them with Keras-specific batch generators.

### Processing specifics

205 proton MR images each with left/right lung segmentations and 73 ventilation MR images with masks were used for the separate U-net model training. These images were denoised and bias corrected offline (as described above) and required < 1 minute for both steps per image using single-threading although both preprocessing steps are multi-threading capable. An R script was used to read in the images and segmentations (available in our GitHub repo [22]), create the model, designate model parameters, and initialize the batch generator.

For the proton data we built a 3-D U-net model to take advantage of the characteristic 3-D shape of the lungs. This limited the possible batch size as our GPU (Titan Xp) is limited to 12 GB although this can be revisited in the future with additional computational resources. We built a 2-D U-net model for the ventilation images as the functional image segmentation does not take advantage of obvious anatomical factors.

Image size was not identical across both image cohorts so we settled on a common resampled image size of for the proton images and for the ventilation images. Resampling of each image and segmentation was handled internally by the batch generator after transformation to the reference image using ANTsR functions [21]. Additionally, during data augmentation for proton model optimization, a digital “coin flip” was used to randomly vary the intensity profile of the warped proton images between their original profiles and the intensity profile of the randomly selected reference image. The latter intensity transformation is the histogram matching algorithm of Nyul et al. [42] implemented in the Insight Toolkit. Specific parameters for the U-net architecture for both models are as follows (3-D parameters are included in parentheses):

* Adam optimization:
  + proton model learning rate = 0.00001
  + ventilation model learning rate = 0.0001
* Number of epochs: 150
* Training/validation data split: 80/20
* Convolution layers
  + kernel size:
  + activation: rectified linear units (ReLU) [43]
  + number of filters: doubled at every layer starting with (proton) and (ventilation)
* Dropout layers
  + rate:
* Max pooling layers
  + size:
  + stride length:
* Upsampling/transposed convolution (i.e., deconvolution) layers
  + kernel size:
  + stride length:
  + activation: rectified linear units (ReLU) [43]

Training took approximately 10 hours for both models. After model construction, prediction per image (after preprocessing) takes < 1 second per image. Both model construction and prediction utilized a NVIDIA Titan Xp GPU.

# RESULTS

## Proton MRI lung segmentation

203 proton MRI with corresponding left/right lung segmentations were used to build the 3-D U-net model described in the previous section. These data were split into 80% “training” and 20% “validation” sets. Batch size was 8 images with 150 epochs with 16 steps per epoch.

After constructing the model, we applied it to the evaluation data consisting of the same 62 proton MRI used in [8]. We performed a direct comparison with the joint label fusion (JLF) method of [8] with an adopted modification that we currently use in our studies. Instead of using the entire atlas set (which would require a large number of pairwise image registrations), we align the center of the image to be segmented with each atlas image and compute a neighborhood cross-correlation similarity metric [20]. We then select the 10 atlas images that are most similar for use in the JLF scheme. The resulting performance numbers (in terms of Dice overlap) are similar to what we obtained previously and are given in Figure along with the Dice overlap numbers from the CNN-based approach.  
Accuracy for the latter was left lung: 0.87 0.03, right lung: 0.88 0.02, and whole lung: 0.88 0.02. The analagous JLF numbers were more accurate (left lung: 0.95 0.02, right lung: 0.96 0.01, whole lung: 0.96 0.01) although the processing time is significantly greater—less than 1 second per subject for the proposed approach versus ~25 minutes per subject using JLF using 4 CPU threads running 8 parallel pairwise registrations per evaluation image.

## Ventilation MRI lung segmentation

The U-net ventilation model was generated from 73 ventilation MRI. The smaller data set size was a result of data pruning to ensure class balance. Given the smaller data set size, the availability of lung masks, and the intuitive lack of utility of morphological cues in ventilation-based segmentation, we used 2-D modeling for ventilation-based segmentation. The template-based data augmentation scheme was also used here. After transforming a randomly selected 3-D source ventilation image to the reference space, we randomly sampled slices in the coronal direction using a specified sampling rate ( 0.5). Once the model was complete, we performed prediction on the evaluation data slice-by-slice and then collated the slices for a single subject into probability volumetric images. We then converted these probability images into a single segmentation image which were then compared with the manual segmentation results and Atropos results from our previous work [8] using the same data. Note that the Otsu thresholding and K-means thresholding were omitted as they were the poorest performers and, as mentioned previously, discard spatial information in contrast to both computational methods and the human readers.

In the absence of ground truth, the STAPLE algorithm [44] was used to create a consensus labeling. The Dice overlap coefficient was used to quantify agreement between each of the segmentation raters and the consensus labeling as an indicator performance. The results are shown in Figure . Mean values ( standard deviation) were as follows (total, normal lung, ventilation defect):  
Reader 1: 0.89 0.07, 0.91 0.06, 0.6 0.3; Reader 2: 0.92 0.05, 0.94 0.04, 0.57 0.3; Reader 3: 0.94 0.03, 0.96 0.03, 0.63 0.3; Atropos: 0.92 0.03, 0.94 0.03, 0.71 0.3; and U-net: 0.94 0.03, 0.96 0.03, 0.70 0.3. Computational time for processing was slightly less than a minute per subject for Atropos, between 30–45 for the human readers, and less than a second for the U-net model.

# DISCUSSION

Significant progress has been made from earlier quantification approaches in which human labelers manually identified areas of poor ventilation or applied simple thresholding techniques. More sophisticated automated and semi-automated techniques have advanced our ability to investigate the use of hyperpolarized gas imaging as quantitative image-based biomarkers. Deep learning techniques can further enhance these methodologies by potentially increasing accuracy, generalizability, and computational efficiency. In this work, we provided a deep learning framework for segmentation of structural and functional lung MRI for quantification of ventilation. This framework is based on the U-net architecture and implemented using the Keras API available through the R statistical project.

There are several limitations to the proposed framework. The most obvious is that it only leverages the full 3-D nature of the image data collected for the proton segmentation. The trained models for ventilation image segmentation were based on 2-D coronal slices and therefore subsequent prediction is limited to those views. Even though good results were achieved in this study, even better results might be achieved by training 3-D models for the latter. Also, evaluative comparison was made using manually-refined segmentations which is certainly useful but additional evaluations using various clinical measures would also be helpful in determining the relative utility of various segmentation approaches. For example, how does the performance of the various methods translate into utility as an imaging biomarker for lung function?

Despite these limitations of the proposed framework, there are also limitations of previously reported methods. For example, in addition to the significant time requirements for JLF of lung images, shown in is an example where difficult pairwise image registration scenarios can cause algorithmic failures. In contrast, the trained U-net model is capable of learning features which can potentially circumvent registration failures. Similarly, the online feature capabilities of deep learning can overcome some of the drawbacks to more conventional segmentation approaches of ventilation lung images. A well-known artifact for these approaches are partial voluming effects which can confound unsophisticated intensity-based segmentation approaches. Although spatial regularization (e.g., Markov random fields) can reduce some of these effects, these are based on relatively simplistic assumptions and it is possible that more complicated modeling can reduce these effects (see Figure ).

Future research will certainly look into these issues as potential improvements to the existing framework. As a surrogate for full 3-D models, we are looking into developing additional 2-D U-net models for the axial and sagittal views. Since slice-by-slice processing is computationally efficient in the deep learning paradigm, we can process 3-D images along the three canonical axes and combined the results for increased accuracy. More broadly, it would be of potential interest to investigate the use of image classification techniques (e.g., VGG [33]) for classifying lung disease phenotype directly from the images.

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